



HEARTBEAT

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly 1st and 15th of the month. It is available at the following locations: **Birch Hills Recreation Office**, Lake Country Co-op, Grumpy's Confectionary, Quayle's Pharmacy, and other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

July 15th, 2023

Issue 310

Birch Hills Sr. Brewers Baseball

Results for the Season:

June 6th—@ Tisdale 6:30 PM	L 14-6
June 13th—@ Prince Albert 6:30 PM	W 2-0
June 20th—VS Humboldt 6:30 PM	W 11-10
June 27th—@ Humboldt 6:30PM	W 6-3
July 4th—VS Tisdale 6:30 PM	W 17-5
July 8th— VS Nipawin (in Nipawin)	W 5-3
July 8th—vs Hudson Bay (in Nipawin)	W 21-4
July 11th—VS PA 6:30PM	W 13-3

Playoffs Begin This Sunday!

July 16th—VS Hudson Bay 5:30PM
July 18th—@ Hudson Bay 6:30 PM
July 20th—VS Hudson Bay (If Needed)

July issues of this Birch Hills activity newsletter are sponsored by:



If you would like to be a sponsor of the 'Heartbeat' newsletter, contact 306-749-7451/ birchhillsrec@sasktel.net. The cost is \$100 by 3 sponsors (\$300/month) for printing, advertising and ensuring that the newsletter stays free for everyone.

Thank you to everyone that came out on Canada Day. As well a big thank you to my helpers Alex, John, Iris, Kathy, Stewart, Louis and Kalem. Also a thank you to Quayle's Pharmacy for your Donation of the Fireworks (Although we didn't get to fire them off Canada Day) . We'll set them off during Threshing Days Aug 13th.



July Newsletter Sponsor:



WHO WE ARE

We are a Saskatchewan-based company founded in 2016. There are two facilities dedicated to producing H-Start: the pellet-based inoculant that can be broadcasted or applied in-furrow with seed and fertilizer.

WHAT WE DO

We produce broad-spectrum, living microbial soil inoculants to help rebuild soils in agriculture, forest and reclamation systems.

GET IN TOUCH

As a small company, we are dedicated to providing the best customer experience possible. Visit our website, send us an email, or give us a call with any questions you have.

Birch Hills Library Report

135 Bellamy Ave
(306)749-3281

bircirc@wapitilibrary.ca

Open Tuesday: 11-5 and 6-8

Wednesday: 12 - 5

Thursday: 1 - 6

Friday: 9 - 1

Saturday: 10 - 2

Masks are encouraged.

Join our Facebook group at: <https://www.facebook.com/groups/289306315777789/>

Special events:

June – August, our summer program has officially started!!

June – August – Birch Hills Library is participating in Notice Nature, a program that encourages kids and families to get outside, enjoy nature, and have outdoor play!

July 18th at 2:00 pm – Fun with Perler Beads! Come and create your own Under the Sea Beaded Artwork! Register at the library!

July 21st at 11:00 am – Chantelle from Regional Kids 1st is roaring it up Dino Style, with story time, activities, and more! Register today!

July 31st to August 4th – Birch Hills Library is hosting a 5 Day Club by CEF from 3:00 pm – 4:00 pm. Ages 5 – 13.

Weekly events:

Tuesdays – afterschool crafts.

Saturday at 10:30 am Story Sack Interactive Reading and snack. All ages welcome.

Contact the library if you have a book you would like to recommend for others to read. Check out our artist of the month! This month features Ryan Mulligan.

Myrdena's Pick

The Glass Castle

By: Jeannette Walls

The Glass Castle is a spectacular memoir of resilience and redemption.

When sober, Jeannette's brilliant and charismatic father captured his children's imagination, teaching them physics, geology, and how to embrace life fearlessly. But when he drank, he was dishonest and destructive. Her mother was a free spirit who abhorred the idea of domesticity and didn't want the responsibility of raising a family.

The Walls children learned to take care of themselves. They fed, clothed, and protected on another, and eventually found their way to New York. Their parents followed them, choosing to be homeless even as their children prospered.

Perler Beads

Do you love making things?

Do you like under the sea creatures and more?

Join us at the library to create your very own

Perler beaded artwork!

July 18th at 2:00 pm

Contact the library to register today!

Artist of the Month

We have a very talented community,

And the library is looking for you!!

Would you like to display your art??

Contact the library for details!

Notice Nature

The library is participating in Notice Nature

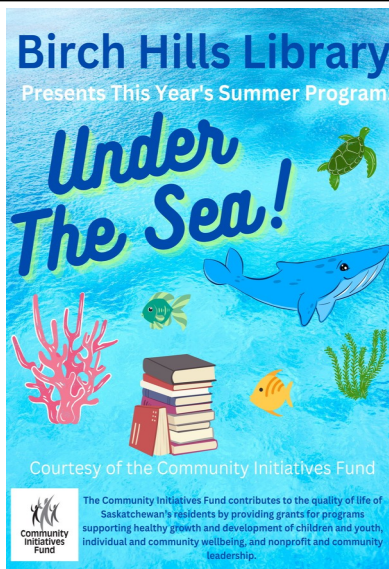
A program that encourages children and families

To get outside, enjoy nature, and have outdoor play!

Stop in from June – August to pick up your passport.

Complete activities, have fun and win prizes!

(While supplies last)



RAWR!



Join PA Regional KidsFirst
for Story Time & a Craft



DATE: July 21st

TIME: 11am-12pm

VENUE: Birch Hills Library

Regional
KidsFirst
Prince Albert



5-DAY
CLUBS

AGES:
5-13

**AGAPE
VOYAGE**
FOR GOD SO LOVED...
JOHN 3:16

WHERE: Birch Hills Public Library
135 Bellamy Ave
WHEN: July 31 to Aug 4
TIME: 3:00 to 4:00pm

PHONE: 1-800-561-5315
WEBSITE: 5DAYCLUBS.COM

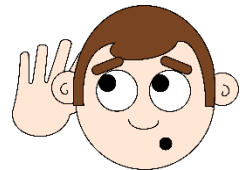


CEF AB & SK
Caring, Loving, and Safe

HEY LISTEN EVERYONE...

HAVE YOU HEARD???

Birchview is Turning 40!!!



40 whole years our wonderful community Home has been caring for all the beautiful residents who have come through our doors, a caring, Loving Home Like no other!!

For those of you that have worked, volunteered, or supported the Birchview Home in anyway over the last 40 years come and celebrate by being a part of the Threshing day Parade on Sunday, August 13th

Meet at the front of Birchview Home between 11-11:30 to either walk in the parade with us, or sit in the front of Birchview and experience the parade in the best spot in Town. (Bring your own Chair)



Our color theme for the day is

Green and Yellow

Please Dress in these Colors

40

St. Mary's Anglican Church, 279 McCallum Avenue, Birch Hills, SK

All events at **St. Mary's, Birch Hills** unless otherwise indicated. Contact Father Jordan to attend an event via **Zoom**.

Sunday, June 16th 9:00AM – **Sixth Sunday After Trinity**

Wednesday, July 19th 7:00PM – **Holy Trinity Evening Service @ Holy Trinity, Brancepeth**

Saturday, July 22nd 2:00PM – Service @ **Epiphany, Glen Mary**

Sunday, July 23rd 9:00AM – **Seventh Sunday After Trinity**

Wednesday, July 26th 7:00PM – **Holy Trinity Evening Service @ Holy Trinity, Brancepeth**

Sunday, July 30th 9:00AM – **Eighth Sunday After Trinity**

Sunday, July 30th 3:00PM - **Memorial Service** with potluck to follow @ St. Saviour's

Saturday, August 26th 2:00PM – Service @ **Epiphany, Glen Mary**

Sunday, August 27th 2:00PM - **Holy Communion & Baptism** with potluck to follow @ St. Philip's

Reach Out – Thanks to all who have contributed to Reach Out; this program is on a seasonal hiatus, but they will be accepting clothing donations again in the fall.

The **Diocesan Archives** are searching for volunteers with a desire to help in cataloguing, preserving, and managing valuable collections of historical information, and assist others in their search for Baptism, Marriage & Burial Records. We are flexible in the time commitment and provide opportunities for training! If you could share 4-6 hours, or a morning/afternoon a week (more or less) please contact the Synod Office (306-763-2455) for more information.

Contact Ethel Rutherford (306-749-7444) regarding Sunday School.

Contact Fr Jordan to arrange for Holy Communion at home or private confession by appointment.

Reach Fr Jordan by phone: (306) 749-2229 or email: jordan.g.t.draper@gmail.com

For more information about youth activities and other events:



Follow us on Facebook [Parish of Birch Hills, Kinistino & Muskoday | Facebook](#)

CHURCH SERVICES:

Glad Tidings Tabernacle -
Sunday services at 11:00 am.



St. Anne's Roman Catholic Parish

St. Anne's Roman Catholic Parish
"A Small Congregation With A Big Heart"

Parish Priest: Father Phong Tran

-Mass: Sundays at 4:00 P.M.

-August 1st: Birchview Ecumenical Service
2:30 P.M.

Every Sunday Children's Liturgy and Sacrament preparation are available.

Contact Person: Donna 306 314 5672

Christ Alone Lutheran Brethren Church
(Formerly called Birch Hills Community Church)

Sunday Service 11:00 am

Corner and 4th of Bellamy

Bible Study Thursday Evenings 7:30 pm

Saron Lutheran Church

Hagen, Sk

Sunday Service 9:20 am

July 16

July 30

Aug 13

Aug 27

Sept 10

Sept 24

Lake Park Baptist Church

Sunday Worship 11 AM

Youth: Events are being planned for the summer. Contact James Banman for more information
at lakeparkyouth@gmail.com

2023 UPCOMING EVENTS



MAY 19 ✓ **CAMPING SEASON OPENS**
PROGRESSIVE 50/50 STARTS

JULY 1 **CANADA DAY CELEBRATIONS**
PLANNING IN PROGRESS

JULY 28 & 29 **SLO-PITCH TOURNAMENT**
DRAW FOR BOOZE BASKET
MORE INFORMATION TO COME

JULY 31-AUG 4 **SWIMMING LESSONS**
WWW.SWIMSAFE306.COM

JULY & AUGUST **FRIDAYS 1-4 Forest Therapy Walks and Kids Mindfulness Day Camp**
Must be pre-registered

SEPT 4 **CAMPING SEASON CLOSED**
DRAW FOR 50-50

STRUTHERS LAKE REGIONAL PARK

STRUTHERS LAKE REGIONAL PARK

is offering.....

SWIMMING LESSONS 2023



Lesson Schedule <http://www.swimsafe306.com/struthers-schedule>
Registration Link: <http://www.swimsafe306.com/struthers-registration>

JULY 31
to
AUGUST 4

✓ LEARN TO SWIM
✓ SWIMSAFE306.COM
✓ SELECTED LEVELS/AGES
✓ REGISTRATION OPENS 60 DAYS
✓ PRIOR TO LESSONS

EMAIL: swimsafe306@gmail.com

STRUTHERS LAKE REGIONAL PARK JULY 28 & 29 SLO-PITCH TOURNAMENT



6 TEAM TOURNAMENT

50/50 TICKETS & MUSIC

FOOD SPECIALS & BEER GARDENS
BOOZE BASKET DRAW

TOURNAMENT SCHEDULE WILL BE POSTED

SAT. PIG ROAST SUPPER- FIREWORKS

COME CHEER ON A TEAM More info
306-961-0392

STRUTHERS LAKE REGIONAL PARK IS OFFERING



Connect with Nature
The Forest is the Therapist
Enhance your physical
and mental health
For all fitness levels

FOREST THERAPY WALKS

Free to attend

- REGISTER "for each walk" BY CALLING 306-280-0957
- MUST BE 18 + MAXIMUM PARTICIPANTS IS 15

**Every Friday in
July and August
1:00-4:00 Pm**

Thank you to our
sponsors Sask
Lotteries and Sask
Parks and Recreation



meet @ grassy area by play park!


**Struthers Lake
Regional Park**

**PIG
ROAST**
Sat. July 29
6:00- 8:00pm

PURCHASE 50/50 tickets and Draw for Booze	ADULTS: \$15.00 Ages 6-12 yrs \$10.00 	HOT DOG MEAL 6 and under \$5.00
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Enjoy some slo-pitch ball games all day
 Beer Gardens- Food Specials
**COME ON OUT AND SUPPORT
THE REGIONAL PARK**
Fireworks @ Dusk




Birch Hills Upcoming Events

July

- 1—Canada Day Parade + Fireworks
- 4—Birch Hills Sr. Brewers VS Tisdale
- 8—Hunter Nelson Memorial Golf Tournament
- 11—Birch Hills Sr. Brewers VS P.A.
- 11—Go! Science @ The Library
- 15—Battle of the Hills Golf Tournament
- 16—Jack&Jill Golf Tournament
- 18—Crafts @ The Library
- 21—PA Reginal Crafts and Storytime @ Library
- 22—Royal Legion Golf Tournament

STRUTHERS LAKE REGIONAL PARK
 IS OFFERING
KIDS DAYCAMP
NATURE CONNECTIONS

EVERY FRIDAY in JULY AND AUGUST
1:00-4:00 pm
 Open to ages **6-12 yrs**
 No COST TO ATTEND



What will we do?
 Nature games, Music,
 Mindfulness-Movement
 Visual Arts, Literacy
 STEM Activities
Call 306-280-0957

We will meet @ the grassy area by play park



REGIONAL PARKS OF SASKATCHEWAN

SPONSORED BY:



MUST BE PRE REGISTERED EACH DATE

Seats are limited! Maximum 15

STRUTHERS LAKE REGIONAL PARK
PROGRESSIVE 50-50 FUNDRAISER
STARTING MAY 1, 2023
 TICKETS AVAILABLE @ GATEHOUSE or ANY BOARD MEMBER





TICKETS
1-\$10 OR 3-\$20
 Lotto License #RR23-0007

GET YOUR TICKETS THIS SUMMER

DRAW WILL BE ON SEPTEMBER 4TH, 2023
@ 12:00 NOON at THE PARK GAZEBO

ALL PROCEEDS GOING TO THE PARK
 For more information or tickets call (306) 290-8882-(306) 280-0957
 Maximum retail value of the draw is \$20,000 if all 5997 tickets are sold



Wes Petterson
Memorial July 7-19, 2023
FISHING TOURNAMENT

REGIONAL PARKS
In memory of a retired park manager whose life was tragically taken in the summer of 2022.

STRUTHERS LAKE REGIONAL PARK

Free Entry SPECIES: Northern Pike & Yellow Perch

PLAQUE POSTED IN CONCESSION WITH WINNERS NAME
PRIZES
1st place
2nd place
3rd place

- Weigh in @ gatehouse during office hours
- All Sask Sport Fishing regulations apply
- Rules must be followed or disqualified
- All other species must be released
- Permit approved by Ministry of Environment

Birch Hills Golf Course Fundraiser

JACK & JILL SCRAMBLE

JULY 16th – 10:00AM SHOTGUN START

\$200 PER TEAM – 1ST 36 PAID TEAMS ACCEPTED
Must be paid by July 12th, 2023

INCLUDES 18 HOLES OF GOLF, STEAK SUPPER \$10,000
HOLE-IN-ONE AND PRIZES

*CARTS EXTRA

CALL 306-749-2211 TO REGISTER

Ladies Golf Mexican Night



Mexican Themed Menu
Margaritas
Games and Lots of Fun

Mon 14 Aug 2023	Golf 6:00PM Supper to follow
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Call 306-749-2211 by **Aug 9** to register



Town vs. Country June 24	Hunter Nelson Memorial July 8	Two Hills Cup July 15	Jack & Jill (Proceeds to new Clubhouse) July 16
Royal Canadian Legion July 22	New Date Birch Hills Blackhawks Aug 12	Club Championship Aug 20	Junior / Senior August 27

Ladies Golf:
Mondays starting at 6:00pm (1/2 price green fees for non-members)
Tuesdays starting at 9:24am

Men's Night Thursdays 6:00pm
\$5.00 annual membership; \$5 - \$7 nightly fee
plus green fees / cart rental if applicable
Meal reservations required by Tuesday 12:00pm
Prebooking is recommended for Ladies & Men's Golf

facebook 

16 Smokies Jack & Jill Tourn Sign up for Jr Meal & Legion Tournament	17 Mac & Cheese Casserole Ladies Night 6pm (Chef's Salad)	18 Clubhouse Ladies Day 924am Jr Night 530pm (Pizza) Sign up for Men's Night Meal	19 Turkey Caesar Salad	20 Beef Dip Men's Night 6pm (Ham & Swiss Bunwich)	21 Chef's Salad	22 Hot Dogs Birch Hills Legion Golf Tournament Sign up for Ladies Night Meal
23 Taco in a Bag	24 Cold Plate Ladies Night 6pm (Pulled Pork)	25 Paninis Ladies Day 924am Sign up for Men's Night Meal	26 Taco Salad	27 Beef Dip Men's Night 6pm (Ribs)	28 Turkey Caesar Salad Sign up for Ladies Night Meal	29 Smokies
30 Burgers Sign up for Jr Meal	31 Pulled Beef Ladies Night 6pm (Steak)	1 Chicken Wraps Ladies Day 924am Jr Night 530 (Taco in a Bag) Sign up for Men's Night Meal	2 Chef's Salad	3 Beef Dip Men's Night 6pm (Baked Ham)	4 Taco Salad	5 Hot Dogs Sign up for Ladies Night Meal

BIRCH HILLS ROYAL CANADIAN LEGION #122
VETERAN'S MEMORIAL **OPEN** GOLF TOURNAMENT
Members and Non Members WELCOME!



JULY 22nd, 2023 1:00 PM TEE OFF

**** NOTE** REGISTRATION CUT OFF DATE IS JULY 16th ****

9 HOLE - BEST BALL, Rules of the Day - Special hole Prizes T.B.A.

GREEN FEES & BEEF SUPPER \$50./SUPPER ONLY \$25.00 /PERSON(Cart Rental Not Included)

Carts can be booked 306-749-2211 or www.birchhillsgolfcourse.ca (follow on Facebook)

Auto e-Transfer payment birchhillsgolf@gmail.com (Your info in message box please)

Call John Herd - 306-749- 7337 Legion #122 Sports Chairma

SIGN UP TODAY FOR THIS YEARS OPEN TOURNAMENT

Blackhawks Windup & Golf Tournament

Open to all current and past
Blackhawks players, volunteers
sponsors and fans

1st 72 paid accepted

Golf & Supper - \$45 (Carts Extra)

Steak Supper Only - \$25

Mail cheques to Box 783 Birch Hills, SK
or etransfer to

blackhawksgolf@gmail.com

Entries accepted until August 5, 2023

Sat

12

August
2023

**9 holes Golf | 1:00 PM
Supper | 6:00 PM**

Golf - Birch Hills Golf Course
Supper to follow

New Date

Birch Hills Historical Society
 24th Annual Threshing Day & Family Fun Day
 Sunday, August 13, 2023
 Free Admission



Be sure to mark your calendars and invite friends and family to come out for this year's 24th annual Threshing Day!!

Schedule of Events

7:30am-9:30am • Pancake Breakfast at the Duane Lowe Center (Put on by Town Council)
 10:00am-11:00am • Church Service in coverall building on Museum grounds
 (Collection proceed will go to The Ministerial Association)
 12:00 • Parade (Put on by the Museum with Stuart Matice as Parade Marshal)
 Participants should be there right after the church service (11:00) Please meet at Simpson Ave near the grain elevators.
 *Phone your entry to Stuart Matice, Parade Marshal at 306-314-2378
 11:30-3:00 • Food Concessions: BBQ (Put on by the Historical Society)
 11:30-3:00 • Pie, Ice Cream, Coffee and Lemonade
 12:00-3:30 • Silent Auction (in Large metal shed on Museum grounds)
 12:00-3:30 • Photo contest entries and winners displayed in large metal shed on museum grounds *See contest details below
 1:00-3:30 • Classic Car show (in front of museum)
 1:00-3:00 • Children's events
 1:15-3:30 • Musical Entertainment – The Dean Smith Band
 1:00-3:30 • 50/50 Raffle. Draw done at 3:45 (Bob McRury)
 3:00 • Threshing Demonstration
 Dusk: Fireworks at Driving Range

The Museum will be open for touring until 3:00pm, It's a great chance to visit the exhibits.
 There will also be Birch Hills History books for sale in the large metal shed on the grounds. (Donations gratefully accepted)



EVERY WEEK IN THE HILLS

Open to Community

Monday

Fire Dept Meeting (every 2nd Mon) 7:00 pm @ Fire Hall

Tuesday

2PM-4PM Senior Games @ DLCC

6PM Drop in Pickleball

Wednesday

Thrift Shop/Museum Open and Coffee
 10:00 am-4:00 pm

9 am @ Civic Centre Line Dancing

Thursday

2PM-4PM Senior Games @ DLCC

7 PM R. C. Legion #122 Meeting (second Thursday of the Month)

Saturday

Thrift Shop/Museum Open and Coffee
 10:00 am-2:00 pm

Dorraine Macfie
 passed away July 10th.
 On Friday July 28th at
 4 PM there will be a
 graveside service in
 Birch Hills Cemetery.
 Lunch to Follow at the
 Civic Center

St. Savior's
 Memorial Service
 Sunday July 30
 3:00PM
 Potluck to Follow
 Everyone Welcome!

Threshing Days 1st annual Photo Contest!

We are pleased to introduce a new event for Threshing days.

What: Photo contest for all ages! Prizes and ribbons awarded for the winners.

Who: There are 2 categories for each age group.

Adults - 18+

Kids 17 and younger

Categories:

- Farming and Agriculture

- Community Faces

When: photos can be dropped off at the museum any Wednesday or Saturday with the deadline being Saturday August 5th. Please include your name, phone number, age and which category you wish to enter in.

Where: Photos and winners will be displayed in the metal shed on the museum grounds along with the silent auction.

If you have any questions please call or text Erin Kernaleguen at 306-241-2185

Drop in PickleBall @ Tennis Courts
contact the Rec office for more in-
formation about dates and times.



















RECYCLE

Please Share your Newsletter with a friend.
Send request to birchhillsrec@sasktel.net to
receive the news letter online.



Playground Program Schedule

July 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Canada day Face paint (@1-2) Games & Activities @1 -5
2	3 Sun painting 	4 Paint with bubbles 	5 Make your own slime 	6 Library Day Meet @ sportsgrounds pick up @ library 	7 Dream catchers 	8
9	10 Paper airplanes and race 	11 Tie Dye Day  Bring white clothes (t- shirt,socks,etc)	12 Ballon tennis 	13 Library Day Meet @ sportsgrounds pick up @ library	14 Rock photo holders 	15
16	17 Homemade bouncy balls 	18 Frozen t-shirt race 	19 Keychain making 	20 Library Day Meet @ sportsgrounds pick up @ library	21 Sun catcher 	22
23	24 Wind chimes 	25 Paper Spinner 	26 Pinch pots 	27 Library Day Meet @ sportsgrounds pick up @ library	28 Rock crystals 	29
30	31 make your own frisbee 	Hours of programing @ 1 till 4 Ages 5-12	Make sure your child is dressed for the weather.	Please bring a hat, water bottle, wear sunscreen (bug spray if wanted)	Pick up & drop off will be @ the sportsgrounds if otherwise will be posted	Any updates and plans will be posted on Facebook.

CRYSTAL SPRINGS REC CO-OP
2023 MUDFEST
SUNDAY, AUG 6, 2023
 4 WD Trucks / ATVs / Side x Sides
 Early Registration \$20 (call 306-864-8013 by Aug 1st)
 Day of Event Registration \$25 from 12 pm to 1 pm
 HEATS START @ 1 pm
 Prizes & 50-50 Draw
 Beer Gardens / Burgers, Fries & Poutine / Concession
 Bring a Lawn Chair!! Entry - Donation to Children's Hospital
 Tug-o-War - 4-person \$20 Tug-o-War - Family Team \$10
 DJ Donnie Seaborne -- Great Tunes!
CRYSTAL SPRINGS, SK | 12 pm - 6 pm

STUTHERS LAKE REGIONAL PARK
ANNUAL SLO-PITCH TOURNAMENT
BOOZE BASKET
FUNDRAISER RAFFLE
 ALL PROCEEDS GO TO THE PARK
DRAW 29 JULY
TICKETS
 1-\$5.00
 3-\$10.00
 TICKETS available from board members STARTING MAY 19TH
 FOR MORE INFO CALL: (306) 290-8882