



HEARTBEAT

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly 1st and 15th of the month. It is available at the following locations: **Birch Hills Recreation Office**, Lake Country Co-op, Grumpy's Confectionary, Quayle's Pharmacy, and other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to **birchhillsrec@sasktel.net**

June 1st, 2023

Issue 307

Birch Hills Brewers Baseball is Back!

Schedule for the upcoming Season:

June 6th—@ Tisdale 6:30 PM

June 13th—@ Prince Albert 6:30 PM

June 20th—VS Humboldt 6:30 PM

June 27th—@ Humboldt 6:30PM

July 4th—VS Tisdale 6:30 PM

July 8th— VS Nipawin (in Tisdale) TBD

July 8th—vs Hudson Bay (in Tisdale) TBD

July 11th—VS PA 6:30PM

We look forward to another exciting season!

June issues of this Birch Hills activity newsletter are sponsored by:

BIRCH HILLS LIBRARY
BIRCH HILLS SENIOR CLUB

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact 306-749-7451/ birchhillsrec@sasktel.net. The cost is \$100 by 3 sponsors (\$300/month) for printing, advertising and ensuring that the newsletter stays free for everyone.

Pickleball Beginner Course

Hosted by Terry Malone

@ Tennis courts

Sunday June 18th

2-4:30PM (Weather Permitting)

We ask that you pre-register please
call Terry @ 306-749-2219

2023 SUMMER PLAYGROUND PROGRAM

Help Support your Playground Program:
There are plans in place again for a playground program this summer. This program has been free to all kids ages 5-12yrs and we would like to continue the program at no charge. There are grants available but not all costs are covered. In the past businesses and individuals have donated towards this program for nutrition snacks, craft supplies, tons of fun Mon-Fri (Jul/Aug) and competitive wages for our leaders. If you are interested in assisting with budget requirements, please contact Rec Office for more info.

JOB OPPORTUNITY: Applications are being accepted at the Rec Office for Play Leaders and assistants this summer. Hours vary with positions. Must be available June 19th through Aug 25th, Monday to Friday. Must be 14 yrs+, a current full time student returning to school in the fall.. Please submit your application to the rec office by June 10th.

June Newsletter Sponsor:

Birch Hills Senior Recreation Club

We are a Club that is open to anyone over the age of 50 who would like to become a member. Membership for 2023 is \$20. We currently have 67 members.

We have been quite active as we have held several events over the last few months that have been both fun and educational and some that were available to everyone – not just members or seniors!!

We have had a multi-cultural potluck lunch, a Telemiracle Lunch, a Ham and Scalloped Potatoe Supper, and a member only soup and sandwich lunch. We have also hosted the following information sessions: Wills and Estates, Parkland Ambulance first aid and AED demo, fraud and theft prevention, and the ABC's of Dementia. We went on an overnight bus trip to Moose Jaw to see and hear one of our own – Lorne Deason, play and sing at The Grant Hall Hotel (it was a super trip) and we also just hosted a talent show where we had 17 acts from singing and dancing to a fencing demonstration. It was attended by about 100 people.

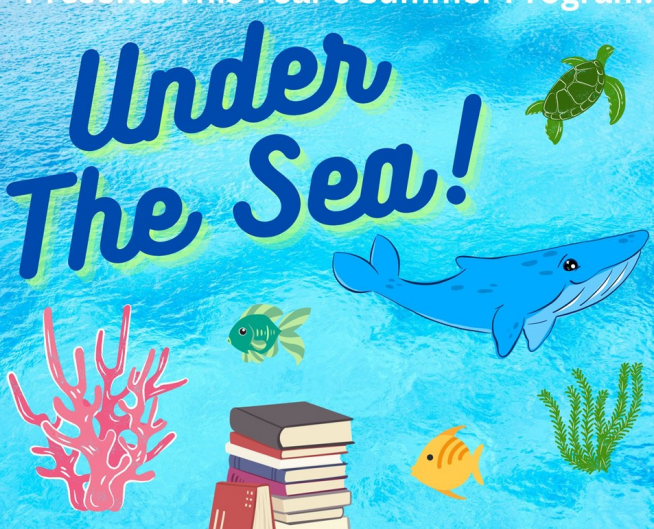
Our club has combined forces with SHA and SPRA to bring Forever In Motion (fitness for older adults) to Birch Hills!!! This is a low impact fitness class for older adults of ALL fitness levels and aimed at increasing balance, reaction time and strength with the goal of helping seniors to stay in their own homes longer. It is a volunteer led program and we now have two leaders, Iris Fjeld and Lorisa Ganes, who share in leading this much needed class. We have an average of 16-18 participants each class and each class is only \$2 to attend and you need NOT be a seniors member. We will however be taking the summer off of this program and resuming classes on Tuesday, September 5. For more information please contact Iris Fjeld @ 306-749-7377.

Our Rec club meets on Tuesday and Thursday afternoons at the Duane Lowe Community Centre on Bellamy St. In Birch Hills from 2-4pm for games, coffee and treats. Games can be anything from various card games, corn hole, Crokinole, carpet bowling, board games, etc..


Keep an eye on the Heartbeat paper and our Facebook page "Birch Hills Senior Recreation Club" for future info and upcoming events!

Birch Hills Library
Presents This Year's Summer Program:

Under The Sea!



Courtesy of the Community Initiatives Fund



The Community Initiatives Fund contributes to the quality of life of Saskatchewan's residents by providing grants for programs supporting healthy growth and development of children and youth, individual and community wellbeing, and nonprofit and community leadership.

ABCmouse.com®
is **FREE** at this library!



Digital learning resource for children ages 2–8+

With more than **8,500** Learning Activities and **850** lessons, ABCmouse.com is the most comprehensive early learning curriculum available online!

Ask your librarian for more details.

Preschool through 2nd Grade

TM & © 2017 Age of Learning, Inc. All rights reserved.

Birch Hills Library Report

135 Bellamy Ave
(306)749-3281

bircirc@wapitilibrary.ca

Open Tuesday: 11-5 and 6-8

Wednesday: 12 - 5

Thursday: 1 - 6

Friday: 9 - 1

Saturday: 10 - 2

Masks are encouraged.

Join our Facebook group at: <https://www.facebook.com/groups/289306315777789/>

Special events:

Thursday, June 1st @ 1:00 pm. The butterflies have emerged and will be released in the parking lot beside the DLCC! Everyone Welcome!!!

Saturday, June 3rd @ 8:00 am. GARAGE SALE DAY! Tables will be set up outside selling books, DVD's, and much more!!

Tuesday, June 6th. The library is excited to have chicks all this week! Stop in to view and interact with baby chicks!

June – August, our summer program has officially started!! Get your kids registered for a lot of fun this summer, with our kick off party happening Thursday, June 29th @ 1:00 pm!

June – August – Birch Hills Library is participating in Notice Nature, a program that encourages kids and families to get outside, enjoy nature, and have outdoor play!

Weekly events:

Tuesdays – afterschool crafts.

Fridays at 10:00 am Story time with craft and snack. All ages welcome.

Saturday at 10:30 am Story Sack Interactive Reading and snack. All ages welcome.

Contact the library if you have a book you would like to recommend for others to read

Check out our artist of the month! This month features Lil Wudrich.

Nadia's Pick

Ring Master's Daughter

By: Carly Schabowski

Who doesn't like a circus/circus story? This a particularly special and unique story set in France during

the beginnings of WWII and is based on a true story.

Michael Bonnet, a very young man with no family, escapes the siege of Paris by the Germans. He does

this by getting on a passing train heading south. Unknown to him, this special train is carrying a circus troupe.

Needless to say, the adventures he encounters are many and challenging!

Butterflies Are Being Released!!!

The library is excited to announce that the

Butterflies have emerged and are being released!

Join us on Thursday, June 1st @ 1:00 pm

In the parking lot beside the DLCC.

Baby Chicks

The library will be getting chicks!

Stop in the week June 5 – 10th,

To see and interact with

Brand new baby chicks!!

Garage Sale Day!

Stop on by the library on garage sale day!

We will have tables set up outside,

Selling books, DVD's, and much more!!

Saturday, June 3rd from 8:00 am – 2:00 pm

See you there!!

Artist of the Month

We have a very talented community,

And the library is looking for you!!

Would you like to display your art??

Contact the library for details!

Crystal Springs Rec Co-op

Every TUESDAY is BINGO at Crystal Springs Hall



Tonight's Pots

Lucky 7 - \$118 in 27#s

Bonanza - \$100 in 50#s

Jackpot - \$300 in 53#s

Tuesday, May 2nd

Crystal Springs Hall

Doors open @ 6:15 pm

Bingo starts @ 7:00 pm

50/50 Draw ~ Free Coffee & Treats

Queen/King for the Night

Weekly Door Prize ~ Monthly Loyalty Draw

**St. Mary's Anglican Church, 279 McCallum Avenue,
Birch Hills, SK**

All events at **St. Mary's, Birch Hills** unless otherwise indicated. Contact Father Jordan to attend an event via **Zoom**.

Thursday, June 1st – **Summer Vacation Bible School Job Application Deadline** (see poster in Heartbeat for details)

Friday, June 2nd – Camp Okema in the City **Youth Group Pizza / Prayer / Pool** (5:00PM drop off @ All Saints Anglican Church, Melfort; 8:30PM pickup at Northern Palace Pool, Melfort); Free for ages 9 to 18 years

Sunday, June 4th 9:00AM – **Trinity Sunday; Sunday School**

Sunday, June 11th 9:00AM – **St. Barnabas the Apostle / First Sunday After Trinity; Sunday School**

Tuesday, June 13th 6:00PM – **St. Mary's Potluck & Vestry Meeting @ the Rectory**

Thursday, June 15th 5:00-7:00PM – **St. Mary's / St. Anne's Church BBQ** (see poster in Heartbeat for details)

Friday, June 16th to Sunday, June 18th – **Youth Retreat @ Camp Okema**; \$50 for ages 13 to 18 years. Click this [link](#) to register or visit our Facebook page – see below – to find the link.)

Tuesday, June 20th 7:00PM – **Parish Council Meeting @ St. James's, Muskoday**

Reach Out – Thanks to all who have contributed to Reach Out; this program is on a seasonal hiatus, but they will be accepting clothing donations again in the fall.

Contact Ethel Rutherford (306-749-7444) regarding Sunday School.

Contact Fr Jordan to arrange for Holy Communion at home or private confession by appointment.

Reach Fr Jordan by phone: (306) 749-2229 or email: jordan.g.t.draper@gmail.com

For more information about youth activities and other events:



Follow us on Facebook [Parish of Birch Hills, Kinistino & Muskoday | Facebook](#)

Thanks to everyone who has attended our
monthly Community Luncheons.
We will resume the luncheons in September
– Have a wonderful summer!

CHURCH SERVICES:

Glad Tidings Tabernacle - Sunday services at 11:00 am.



St. Anne's Roman Catholic Parish

"A Small Congregation With A Big Heart"

Parish Priest: Father Phong Tran

NOTE:

Commencing Sunday June 4th, mass will be Sundays at 4:00 P.M.

Mark your calendars! June 15th: St. Anne's/St. Mary's Annual BBQ

Every Sunday Children's Liturgy and Sacrament preparation is available.

Contact Person: Donna 306 314 5672

Christ Alone Lutheran Brethren Church

(Formerly called Birch Hills Community Church)

Sunday Service 11:00 am

Corner and 4th of Bellamy

Bible Study Thursday Evenings 7:30 pm

Saron Lutheran Church

Hagen, Sk

Sunday Service 9:20 am

June 4

June 18

Lake Park Baptist Church

Sunday

Sunday School for all ages 10 AM

Worship Service 11 AM

Tuesday

Youth Bible Study 7 PM - Grades 7-12

Friday

Youth Events 7 PM

**Contact James Banman for information
at lakeparkyouth@gmail.com**

Weldon and Community Garage Sale Day

Saturday, June 10th, 8 am

Watch for signs in and around the community of Weldon. BBQ lunch for sale at Weldon Auditorium starting at 11 am. Bring your wares and set up in Auditorium parking lot. Table space available for rent inside. Brenda, 306 960 8335.

STRUTHERS LAKE REGIONAL PARK

2023 JOB VACANCY

WE ARE HIRING!

JOIN OUR TEAM

POSITIONS AVAILABLE:

Campground Attendants
Student Positions

APPLY TODAY!

FOR MORE INFORMATION EMAIL
strutherslakerp@gmail.com

REGIONAL PARKS OF SASKATCHEWAN



APRIL 1st 2023


BOOK YOUR CAMPSITE OR RENTAL CABIN

STRUTHERS LAKE REGIONAL PARK

CALL US @ (306) 864-3240

REGIONAL PARKS

STAY SAFE 






*Weddings
Reunions
Birthday Parties*

RESERVATIONS
306-864-3240

GAZEBO RENTAL

STRUTHERS LAKE REGIONAL PARK
Available May 19, 2023 to September 3, 2023

Rental : Daily \$200.00 Half Day \$100.00 (stove, bbq, fridges)
strutherslakerp@gmail.com for more info.

Struthers Lake Regional Park

Registration Opens	Lessons	Registration Fees
June 1, 2023	July 31-Aug 4, 2023	30-minute lessons \$78 45-minute lessons \$94 60-minute lessons \$110

Swimmer 5/6	Swimmer 3
9:15-10:00am 1:15-2:00pm	9:15-9:45am 1:15-1:45pm

Swimmer 4	Swimmer 2
10:10-10:55am 2:10-2:55pm	9:55-10:25am 1:55-2:25pm

Swimmer 1	Swimmer 1
11:10-11:40am 3:10-3:40pm	10:35-11:05am 2:35-3:05pm

Preschool 2	Preschool 1
11:50-12:20pm 3:50-4:20pm	11:20-11:50am 3:20-3:50pm

Preschool 3/4
12:00-12:30pm 4:00-4:30pm



STRUTHERS LAKE REGIONAL PARK
is offering.....

SWIMMING LESSONS 2023



Lesson Schedule <http://www.swimsafe306.com/struthers-schedule>
Registration Link: <http://www.swimsafe306.com/struthers-registration>

JULY 31 to AUGUST 4

- ✓ LEARN TO SWIM
- ✓ SWIMSAFE306.COM
- ✓ SELECTED LEVELS/AGES
- ✓ REGISTRATION OPENS 60 DAYS PRIOR TO LESSONS

EMAIL: swimsafe306@gmail.com

2023 UPCOMING EVENTS



MAY 19 **CAMPING SEASON OPENS**
PROGRESSIVE 50/50 STARTS

JULY 1 **CANADA DAY CELEBRATIONS**
TO BE DETERMINED

JULY 28 & 29 **SLO-PITCH TOURNAMENT**
DRAW FOR BOOZE BASKET
MORE INFORMATION TO COME

JULY 31-AUG 4 **SWIMMING LESSONS**
WWW.SWIMSAFE306.COM

AUG **TO BE ANNOUNCED AT A LATER DATE**

SEPT 4 **CAMPING SEASON CLOSED**
DRAW FOR 50-50

STRUTHERS LAKE REGIONAL PARK



Our golf season is off to a great start. We are so happy to see familiar and new faces. The course is in fabulous condition – more rain would be nice though as it has been very hot and dry.

Lessons are available for anyone who would like to learn how to golf or to improve their game. We also have rental clubs available should you need them. It has been very encouraging to see so many youth at the course and to have so many people use the driving range.

Half-price adult memberships are available until June 15th, 2023 IF you haven't had a membership in the previous 5 years. These memberships don't include the Golf Canada membership (you may purchase separately) and must be paid in full at time of purchase. Loyalty card stamps may not be used towards this membership.

June 15, 2023 is also the last day to convert 2023 loyalty card stamps to a full-priced membership and to pay for cart storage.

We are open from **7:00am until sunset, weather permitting**. Book on-line at www.birchhillsgolfcourse.ca or call 306-749-2211 to reserve your tee time.

Ladies Night (Monday tee times starting at 6:00pm; not held on statutory holidays), **Ladies Day** (Tuesday tee times starting at 9:24am) and **Men's Night** (Thursdays with shotgun tee off at 6:00pm) have started. **Junior Nights** will be held after ball season and we are entertaining the idea of a **Couples Night** if people are interested. We are looking for someone to organize Ladies Night and Ladies Day – please call the clubhouse 306-749-2211 if you are interested.

For this year's **Club Championship**, if you want to be entered to win the Men's "Net Trophy" (low handicap), you will be required to have an up-to-date handicap. This would require at least 10 rounds in the past calendar year in the calculation. If you have the regular priced \$635 membership, the Golf Canada membership is included. They have a handicap calculator and a dedicated app. This is the preferred method as it is easy to check. For the ½ price memberships, you can pay for a Golf Canada membership (also includes insurance), or use another app as long as you can show your rounds when requested.

We hope that you can get out and enjoy a round of golf on our beautiful course. Or at least come out and enjoy the view from the deck...the sunsets are spectacular. We are licensed and we have a limited menu for you to enjoy (homemade buns...mmmm)! We are offering a daily **Lunch Special** this season:

Our Bunwiches are always available!

11:30AM – 1:00PM; Call 306-749-2211 to preorder

All prices include GST and PST

Menu is subject to change

Keep up to date with the Birch Hills Golf Course - Follow us on Facebook Birch Hills SK Golf Course | Facebook and check out our website www.birchhillsgolfcourse.ca

June 1 – Beef Dip (w veggies or chips)

June 9 – Chef Salad

June 2 – Taco Salad

June 10 – Taco in a Bag

June 3 – Hot Dog (on a homemade bun)

June 11 – Smokies (on a homemade bun)

June 4 – Burgers (on a homemade bun)

June 12 – Chili & a Bun

June 5 – Pulled Pork (on a homemade bun)

June 13 – Clubhouse (on a homemade bun)

June 6 – Turkey Caesar Salad

June 14 – Taco Salad

June 7 – Toasted Denver (w veggies or chips)

June 15 – Beef Dip (w veggies or chips)

June 8 – Beef Dip (w veggies or chips)



DON'T HESITATE, **VACCINATE**

PFIZER (5 yrs+), Bivalent COVID (12 yrs+)

Birch Hills Primary Care Clinic

May 19, 2023

June 16, 2023

By appointment only—call (306) 749-3331

* All adults 65 years and up are eligible to receive their **second** bivalent booster dose six or more months from their last COVID-19 booster dose or COVID-19 infection (whichever interval is longer).

* Adults 18 years of age and older who are moderately to severely immunocompromised.

* For children aged 6 months to 4 yrs of age, please contact public health at 306-765-6510 for clinic options for COVID vaccine.



Birch Hills Upcoming Events

June

1-30—Birch Hills walking Challenge

1—Library releases butterflies

3—Birch Hills Garage Sales Day

6—The library gets baby chicks

15— St. Mary's St. Anne's BBQ

18— Learn to play Pickleball

20—Birch Hills Brewers VS Humboldt

24—Town vs Country Golf Tournament

July

1—Canada Day Parade + Fireworks

Priority Cones – Grand Opening June 3, Just in time for Town of Birch Hills Town Wide Garage Sale Day!

In our store we will have:

-Hard Ice Cream- Bubblegum, Blueberry Cheesecake, Butterscotch Ripple, Cotton Candy, Chocolate, Grape, Mint Chip, Orange Swirl, Rainbow, Strawberry, Tiger, Vanilla and Chocolate chip Cookie Dough

- Sundaes – Pineapple, Strawberry, Chocolate or Caramel-Chips

-Pop

-Candies Bags for the Kids

- Coffee / Tea

- Chocolate Bars

Hours of Operation:

Sat June 3- 8am-5pm.

Mon-Fri 8am-8pm (11-2 we will offer a soup and sandwich deal.)

Sat- 8am-5pm

Come on Down and Check us Out June 3

3 Great Businesses in 1 Location

Priority Computers

Priority Up In Smoke

Priority Cones

146 Bellamy Ave

The Crystal Springs Rec Co-op will be hosting a “coffee row” from 2:00 P.M. to 4:00 P.M. the first Wednesday of the month at the Crystal Springs Hall. Coffee, tea, and snacks are provided.

It is a wonderful opportunity for friends, neighbours and acquaintances to get together.

The next gathering will be Wednesday June 7th.

For more information call Donna at 306 314 5672



Priority Computers
Computer Sales and Repair
Priority Up In Smoke
Vape Product sales



Priority Cones
Ice Cream, Candy, Soup and Sandwich

BIRCH HILLS ANNUAL GARAGE SALE DAY

WHEN
Saturday
June 3rd

WHERE
Community Wide!
Birch Hills, SK



Garage Sales all over town

Grab a table, tail gate, or garage. Pin-up balloons and set-up your items to sell anywhere you can in town.

Out of town visitors and vendors welcome.

Town Council Pancake Breakfast at DLCC on Bellamy Avenue

BlackHawks Grab & Go Breakfast – 7am to 10am

Special Sales at the Birch Hills Co-op

Book Sales at the Birch Hills Library

TLC Granny's BBQ beside the Rink

In store sales at Quayle's Pharmacy

Regular Menu at the Birch Hills Golf Course

Stop for refreshments at Rosa's KG Bar & Grill

Features in store at Priority Computers

BBQ at Christ Alone Church – 10am to 2pm

General Quarters Paintball BBQ – 11am to 2pm

EVERY WEEK IN THE HILLS

Open to Community

Monday

Fire Dept Meeting (every 2nd Mon) 7:00 pm @ Fire Hall

Tuesday

2PM-4PM Senior Games @ DLCC

Wednesday

Thrift Shop/Museum Open and Coffee 10:00 am-4:00 pm

9 am @ Civic Centre Line Dancing

Thursday

2PM-4PM Senior Games @ DLCC

7 PM R. C. Legion #122 Meeting (second Thursday of the Month)

Saturday

Thrift Shop/Museum Open and Coffee 10:00 am-2:00 pm

Thank You!

As I look at my Birthday Cards again and remember all the good wishes I received on my 85th Birthday, I am so thankful for all of you.

I have to really stop and think about being 85, quite a high number really, I wonder what's ahead? I want you all with me going forward and Thank You so much for the good Years.

Thanks to Craig, Kevin, Brent and Leanne for making the party and all of you for coming.
Best Regards Shirley Ulvild

John Herd receiving Her Majesty's Platinum Jubilee Medallion April 21, 2023 in Prince Albert. Presented by MP Randy Hoback





REGIONAL KIDSFIRST IS BACK!
& HEADING TO BIRCH HILLS!!!

**JOIN THE FUN
 AS WE LEARN THROUGH PLAY**

Mobile Workshops aimed at promoting *Healthy Development in Early Childhood*, by supporting families through various programs & events.

ALL FAMILIES ARE WELCOME

- Free Programming to families with children
- 0-5 years
- Story Time
- Songs, Activities & more...

• March 10th
 • April 14th
 • May 12th
 • June 9th

All workshops Start at 10-11:30

CONTACT CHANTELE 1(306) 922-3247



2023 CRYSTAL SPRINGS COFFEE ROW

Jan 4th Feb 1st Mar 1st
 Apr 5th May 3rd Jun 7th
 Jul 5th Aug 2nd Sep 6th
 Oct 4th Nov 1st Dec 6th

**Please join us at Crystal Springs Hall
 Bring a friend -- it's a wonderful
 opportunity for friends & neighbours
 to get together!!**

**For more information,
 call Donna 306-314-5672**

Made with PosterMyWall.com



St. Mary's - St. Anne's Church

It's Joint BBQ Time!

Thursday June 15th
5pm-7pm
at the Church

Adults: \$15.00/plate
Children (7yrs & younger) \$5.00

****Take out orders available
 for pick up only call (306)749-7444****



Birch Hills Golf Course Fundraiser

**JACK & JILL
 SCRAMBLE**

JULY 16th – 10:00AM SHOTGUN START

\$200 PER TEAM – 1ST 36 PAID TEAMS ACCEPTED
Must be paid by July 12th, 2023

**INCLUDES 18 HOLES OF GOLF, STEAK SUPPER \$10,000
 HOLE-IN-ONE AND PRIZES**

***CARTS EXTRA**

CALL 306-749-2211 TO REGISTER

Garage Sale Day Grab & Go Breakfast



**Ham & Eggers
Sausage & Eggers
Juice, Coffee, Water**
2nd Street by Arena

Sat
3
Jun
2023

Time | **7:00AM – 10:00AM**

Birch Hills Arena 2nd Street



Town vs.
Country
June 24

Hunter
Nelson
Memorial
July 8

Jack & Jill
(Proceeds to
new Clubhouse)
July 16

Royal
Canadian
Legion
July 22

Birch Hills
Blackhawks
Aug 19

Club
Championship
Aug 20

Junior /
Senior
August 27

Battle of
the Hills
TBD

Ladies Golf:

Mondays starting at 6:00pm (1/2 price green fees for non-members)
Tuesdays starting at 9:24am

Men's Night Thursdays 6:00pm
\$5.00 annual membership; \$5 - \$7 nightly fee
plus green fees / cart rental if applicable
Prebooking is recommended for Ladies & Men's Golf



2023 Memberships



If you had a membership in the previous 5 years, the amount payable is \$635.00

For new adult members (haven't had a membership in the previous 5 years 2018-2022), the amount payable in full is \$317.50

The deadline to pay for cart storage, 1/2 price memberships and to transfer 2023 loyalty card stamps to a full price membership is June 15th.



Meal reservations required by **Tuesday noon** prior to Men's Night

Bratwurst
& Perogies
May 18

Pulled
Pork
May 25

Burgers
June 1

Buffalo
Chicken
June 8

Beef Dip
June 15

Chicken
Wrap
June 22

Pork Chops
June 29

Taco in a
Bag
July 6
Wade's
Bday

Men's Night Thursdays 6:00pm:
\$5.00 annual membership; \$5.00 games & \$2.00 deuce pot
plus green fees / cart rental if applicable
Prebooking is required for Men's Golf Meals



Daily Special



- June 1** – Beef Dip (w veggies or chips)
- June 2** – Taco Salad
- June 3** – Hot Dog (on a homemade bun)
- June 4** – Burgers (on a homemade bun)
- June 5** – Pulled Pork (on a homemade bun)
- June 6** – Turkey Caesar Salad
- June 7** – Toasted Denver (w veggies or chips)
- June 8** – Beef Dip (w veggies or chips)
- June 9** – Chef Salad
- June 10** – Taco in a Bag
- June 11** – Smokies (on a homemade bun)
- June 12** – Chili & a Bun
- June 13** – Clubhouse (on a homemade bun)
- June 14** – Taco Salad
- June 15** – Beef Dip (w veggies Or chips)

Our Bunwiches are always available!
 11:30AM – 1:00PM; Call 306-749-2211 to preorder
 All prices include GST and PST
 Menu is subject to change

Father's Day

Steak Tenderloin

Barbecue

June 18th

1:00 -3:00 p.m.

\$20.00 per adult

\$10.00 per child 14 yrs and under

Weldon Auditorium

Proceeds to the Weldon Cooperative Care Home Ltd.

The Birch Hills Sportsground has seasonal employment opportunities for 2023 as follows: sportsgrounds workers (full time & part time) - must be physically fit and experience with riding mowers, tractors and other "farm related" equipment would be a definite asset.

Please submit resumes to email address: birchhillsrec@sasktel.net or golf no later than June 15, 2023, or drop off at Birch Hills Recreation Office by June 15th, 2023.

Blackhawks Windup & Golf Tournament

**Open to all current and past
 Blackhawks players, volunteers
 sponsors and fans**
1st 72 paid accepted

Golf & Supper - \$45 (Carts Extra)
Steak Supper Only - \$25
 Mail cheques to Box 783 Birch Hills, SK
 or etransfer to
blackhawksgolf@gmail.com
Entries accepted until August 12, 2023

Sat
19
 August
 2023

9 holes Golf | 1:00 PM
Supper | 6:00 PM

Golf - Birch Hills Golf Course
 Supper to follow

RECYCLE

Please Share your Newsletter with a friend.
 Send request to birchhillsrec@sasktel.net to
 receive the news letter online.



**BIRCHVIEW
 HOME
 IS TURNING 40!!**

**Calling All Staff and
 Volunteers~**

Throughout All the years

Would you like to come and be a part of
 our Birchview float, for the Threshing Day
 Parade on Sunday, August 13th??

40 years of wonderful service and
 commitment to the Town of Birch Hills!

More details to follow





The Birch Hills Dance Centre competed in their third and final competition of the dance season in Tisdale at the end of April. The dancers received 12 silvers, 18 golds, and 8 platinum's. They also took home several awards. BHDC dancers then participated in the Birch Hills Talent Show on May 7th, and will be performing in PACI Dance Program's annual show at the Rawlinson Centre on May 25th. Please continue to check the BHDC's social media accounts for upcoming workshops and camps. Online registration opens on June 15th.

End-of-Session Awards:

Most Outstanding Hip Hop Solo – Mallie Mitchell

Most Outstanding Modern/Contemp – Duet – Madelyn Ranford/Brynlee Carrier

Most Outstanding Musical Theatre Solo – Elin Cochrane

Adjudicator's Choice (Hip Hop) – Julia Ross

Adjudicator's Choice (Jazz) – Party Go Boom

You Stood Out (Lyrical Duet) – Olivia Harvey/Hadley Gariepy

Made Me Smile (Lyrical Duet) – Callie Braaten/Jaelynne Fjeld

Made Me Smile (Hip Hop) – Barbie Girlz

Made Me Smile (Jazz) – Brynlee Carrier

Made Me Smile (Ballet) – Prime Delivery

June is Recreation Month!

Once again our Mayor Stewart Adams is hosting the Mayor walking Challenge. Starting June 1st and ending at the end of June 30th log your hours and get active for a chance to win a prize.

Use the chart on the following page and log your hours or stop in at the rec office or town office to pick one up.

Turn in your sheet no later than July 7th to the rec office or text a picture to 306-749-7451.

- Additionally to your daily exercise if you meet someone while out exercising, that you don't know (or have forgotten their name) introduce yourself
- And if we're walking, can I ask while your being active and you happen to find trash laying around please pick it up and keep our town looking its best.

If you have any questions contact Zac at the Rec office @ 306-749-7451



Birch Hills Summer 2023 Walkathon

Name:		Age Grouping:					
Record your activities in Kilometres		under 14: under 30: under 60: Seniors					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
2023 June					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	
Walking		25 minutes = 2 km		1 hour = 4.8 km	1. Self Satisfaction		
Cycling		25 minutes = 2 km		1 hour = 4.8 km	2. Getting know your neighbours		
Exercising		25 minutes = 2 km		1 hour = 4.8 km	3. Vlt. D and fresh air		
Aquacizing		25 minutes = 2 km		1 hour = 4.8 km	4. To be determined		
Swimming		25 minutes = 2 km		1 hour = 4.8 km			
Dancing		25 minutes = 2 km		1 hour = 4.8 km	Join us for the next 4 weeks and		
Bowling		3 games = 3.2 km			enjoy the beautiful summer days and		
Gardening		25 minutes = 2 km		1 hour = 4.8 km	lets see how many kilometres		
Sports		25 minutes = 2 km		1 hour = 4.8 km	our community can walk		