

rcharts HEARTBEAT

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly 1st and 15th of the month. It is available at the following locations: Birch Hills Recreation Office, Lake Country Co-op, Grumpy's Confectionary, Quayle's Pharmacy, and other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

February 15th, 2023

Issue 300

The walking club is back! Monday, Tuesday and Thursday Mornings 9AM-12PM at the civic centre. Please remember to bring inside shoes.



Free Curling Lessons Grade 5 and up Wednesday March 1st after school For info contact Hugh Samson 306-551-8921

Hi Everybody,

I just want to jump in and say thank you, to everyone that reads the heartbeat on our 300 issue anniversary. Here's to 300 more!

-Zac



February issues of this Birch Hills activity newsletter are sponsored by:

JOHN HERD ACCOUNTING **BIRCH HILLS SNOW POSSE** STEEN AGENCIES INC.

If you would like to be a sponsor of the 'Heartbeat 'newsletter, contact 306-749-7451/ birchhillsrec@sasktel.net. The cost is \$100 by 3 sponsors (\$300/month) for printing, advertising and ensuring that the newsletter stays free for everyone.

2023 Memberships



If you had a membership in the previous 5 years, the amount payable is \$635.00

For new adult members (haven't had a membership in the previous 5 years 2018-2022), the amount payable in full is \$317.50 (Deadline to be determined)

How to Pay:

- Leave post-dated cheques payable to the Birch Hills Golf Course at the Recreation Office (125 McCallum
- E-transfer to birchhillsrec@sasktel.net (include golfer's name and what you are purchasing so we can track it
- Stop at the Recreation Office and pay with cash or a cheque (open 9 to 5 M-F)
- (Price valid until 2023 AGM held in April)

February Heartbeat Sponsor

JOHN HERD IT'S INCOME TAX TIME

DEADLINE for contributing to your 2022 RRSP is MARCH 01, 2023.

DEADLINE for filing and paying your taxes is May 1 (April 30 is a Sunday) or June 15 if you are selfemployed.

PLEASE SEE SEPARATE
PAGE for details of the
changes to the tax rules

I have my own spreadsheet which can calculate the TAX savings for different RRSP contributions IN-STANTLY. This is a FREE service for my clients. Please contact me before February 24 to give you time to make an additional contribution.

FREE FOR SENIORS: If you live in Birch Hills and you have a SIMPLE TAX RE-



TURN (Old Age Slip, Canada Pension Slip, 1 Bank Slip and/or 1 Pension from work Slip)

I WILL DO YOUR TAXES FOR FREE.

I will pick them up, prepare them, give you a copy, get you to sign the page I need for my files and e-file them for you.

THERE IS NO CATCH — COMPLETELY FREE

In addition to all sorts of PERSONAL TAX RETURNS, I do SMALL CORPORATIONS and FARMS.

Give me a call at 306-749-7337 to set up an appointment.

- St. Mary's Anglican Church, 279 McCallum Avenue, Birch Hills, SK
- St. Mary's service time is 9:00AM effective February 5th!

All events at **St. Mary's, Birch Hills** unless otherwise indicated. Contact Father Jordan to attend an event via **Zoom**.

The wearing of masks and social distancing, while not mandated, is encouraged.

Wednesday, February 15th 6:00PM – **PA Youth Group** (ages 13-16; over the season of Lent, youth from our Parish will be teaming up with the Anglican Youth Group in PA each Wednesday evening. If you / your youth need transportation from Kinistino, Birch Hills, or Muskoday, contact Fr Jordan, and drives to and from PA can be arranged: (306) 749-2229)

Saturday, February 18th 10:00AM @ the Rectory – **The Meaning of Holy Week**

Sunday, February 19th 9:00AM – **Quinquagesima**; no Sunday School

Tuesday, February 21st 5:00PM – 7:00PM – **Shrove Tuesday Pancake Supper**

Wednesday, February 22nd 12:00PM – **Ash Wednesday** (with Imposition of Ashes)

Wednesday, February 22nd 6:00PM – **PA Youth Group** (see February 15th for more information)

Saturday, February 25th 10:00AM @ the Rectory – **The Meaning of Holy Week**

Sunday, February 26th 9:00AM – **First Sunday in Lent**; no Sunday School

Wednesday, March 1st 6:00PM - **PA Youth Group** (see February 15th for more information)

Friday, March 10th 2:00PM – World Day of Prayer

Friday, March 10th to Sunday, March 12th – **Lenten Youth Retreat** @ Camp Quest, Christopher Lake; \$50 for youth aged 13 to 18. Register at https://tithe.ly/event-registration/#/6612878

Friday March 17th 11:30AM to 1:00PM – St. Patrick's Day Stew Luncheon

Friday, March 17th to Saturday, March 18th – **Prayer Conference** @ Waskesiu; \$100 per person / limited to 70 people; Contact Barb Wirsta to register (306)763-2455 or e.synod@sasktel.net

Reach Out - Anyone who has clothing donations to supply to homeless and needy folks in Prince Albert can leave them outside St Mary's Church or leave them inside the door if you have a key. They will be taken to the Prince Albert organization, Reach Out, which serves the homeless.

Contact Ethel Rutherford (306-749-7444) regarding Sunday School.

Contact Fr Jordan to arrange for Holy Communion at home or private confession by appointment.

Reach Fr Jordan by phone: (306) 749-2229 or email: <u>jordan_draper@hotmail.com</u>

For more information about youth activities and other events:

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Follow us on Facebook Parish of Birch Hills, Kinistino & Muskoday | Facebook

Birch Hills Library Report

135 Bellamy Ave (306)749-3281

bircirc@wapitilibrary.ca

NEW HOURS!!!

Open Tuesday: 11-5 and 6-8

Wednesday: 12 - 5 Thursday: 1 - 7 Friday: 9 -1 Saturday: 10 - 1

Masks are encouraged.
Join our Facebook group at: https://
www.facebook.com/groups/289306315777789/

Weekly events:

Tuesdays – afterschool crafts.
Fridays at 10:00 am Story time with craft and snack. All ages welcome.
Saturday at 10:30 am Story Sack Interactive Reading and snack. All ages welcome.
Contact the library if you have a book you would like to recommend for others to read Check out our artist of the month! This month features Deloris Fjeld.

Special events:

Thursday, February 16th, stop by the library for cake and coffee to help us celebrate our 65th Anniversary!

Friday, February 17th, our 65th Anniversary!!!

Tuesday, February 21st, 2 – 4 pm. Chalk Painting with Beverly Redman, register your child in for a fun class of chalk painting animals!

Contact the library to reserve your spot!

Saturday, February 25th, Dessert Night with

Chad Mierau.

Mom's Group is starting back up!!! Friday, March
10th at 10 am – 12 pm

Co-op Gift Card Fundraiser - March 6 - 15th

Des's Pick:

Wolf Pack

by C.J. Box

"Good News" Joe Pickett has his job back again; Joe is a Wyoming game warden who encounters bad behavior on his own turf.

Someone is killing wildlife with a drone. When Joe confronts the drone operator to lay down the rules, the FBI and DOJ ask him to stand down.

Teaming up with fellow game warden Katelyn Hamm to deal with this violent and dangerous predicament, now has his family involved.

This book keeps you riveted in mystery all the way to the end of the book.

February 2023

26 27 9am-10pm pancake break- Walking Club 9AM-12PM fast Christ Alone LB Line Dancing 1Pm-3PM	19 20	12 Blackhawks Provincials @ Walking Club 9AM-12PM 3PM (if necessary) Line Dancing 1Pm-3PM Ladies Bonspiel Rec Volleyball 7PM	5 6 Blackhawks Playoff's @ Walking Club 9AM-12PM 3:30PM Line Dancing 1Pm-3PM Rec Volleyball 7PM		NOM WDS
28 Walking Club 9AM-12PM Forever in Motion 10AM- 11AM	21 Walking Club 9AM-12PM Forever in Motion 10AM- 11AM	14 Walking Club 9AM-12PM Forever in Motion 10AM- 11AM	7 Walking Club 9AM-12PM Forever in Motion 10AM- 11AM		TUE
	22 Line Dancing 9AM- 12PM Coffee @ Museum 10-4	15 Line Dancing 9AM- 12PM Coffee @ Museum 10-4	8 Line Dancing 9AM- 12PM Bead Art with Deloris Fjeld from 1:00 – 4:00 pm	1 Line Dancing 9AM- 12PM	WED
	23	16 1-7 :library cake + Coffee	9 7 PM R. C. Legion #122 Meeting	2	THU
	24	17 Telemiracle Luncheon11am-2pm at DLCC	10 Basic First Aid info and CPR demonstrations-Friday Feb 10 - 2pm @ DLCC	3 Wills, Estates, POA, Health Care Directives - Friday Feb 3 - 2pm @ DLCC	FRI
	25 7PM Dessert Night with Chad Mierau Coffee @ Museum 10-4	18 Senior Rec Club AGM @ DLCC 1PM Coffee @Museum 10-4	11 Snowmobile Rally Ladies Bonspiel	4 h Blackhawks Provincials @ 7 pm	SAT

Adult Drop in Volleyball

@ Birch Hills Public School

Mondays 7PM - 9 PM

\$5 drop in fee

Contact the rec office for more info birch-hillrec@sasktel.net or 306-749-7451

Scrap Metal Drive fundraiser for the rink is still ongoing. There is a collection bin located at the lift station on Ward Road. Anything with metal on it can be donated. There will be an account under "Birch Hills Skating Rink" at McDonald's Metal in Prince Albert for those who wish to drop stuff off there. **DO NOT DUMP IF BIN IS FULL**, also **DO NOT DUMP METAL ITEMS ON THE GROUND.** This project is 100% on donation if we abuse this project we may lose it. Sometimes it has taken a while for the bin to be picked up so please check before you haul your metal. Thank you to all that have donated and continue to do so!

It's our 65th Anniversary!

Come and Celebrate with us!!!

Visit us at the library on February 16th between 1 and 7 pm.

Enjoy cake and coffee in celebration of our 65 years!



The Birch Hills Public Library is selling Co-op gift cards to help with any expenses we have.

It's a win-win! You buy a \$100 Co-op gift card from the library, you get the \$100 gift card to buy whatever you like at any Co-op and the library gets a percentage of the amount sold.

Great way to purchase your fuel for your farm too!

Cards are available in denominations of \$25, \$50, and \$100. Payment is due when cards are ordered. We accept cash or cheques made out to the Birch Hills Public Library.

Last day to order is Wednesday, March 15th.

Contact the library at (306)749-3281 to order yours today!

Help support your local library!

CHURCH SERVICES:

Glad Tidings Tabernacle

- Sunday services at 11:00 am.



St. Anne's Roman Catholic Parish

St. Anne's Roman Catholic Parish

"A Small Congregation With A Big Heart"

Parish Priest: Father Phong Tran Mass: 11:00 A.M. Sundays

February 12th: Ash Wednesday <u>No Service</u> Sunday February 26th: Ashes will be blessed and

distributed.

Children's Liturgy and Sacrament Preparation is

available.

Contact Person: Donna 306 314 5672

Christ Alone Lutheran Brethren Church

(Formerly called Birch Hills Community Church)

Sunday Service 11:00 am

Corner and 4th of Bellamy

Bible Study Thursday Evenings 7:30 pm

Saron Lutheran Church

Hagen, Sk

Sunday Service 9:20 am

February: 5,19 AGM

March: 5,19

Lake Park Baptist Church

Sunday

Sunday School for all ages 10 AM

Worship Service 11 AM

Tuesday

Youth Bible Study 7 PM - Grades 7-12

Club DJ 6:45 PM - Grades K-6. Contact Rachelle Gitzel for information at 306-314-1234

Friday

Youth Events 7 PM

Contact James Banman for information at lakeparkyouth@gmail.com

The Birch Hills Curling Club

Save Our Rink Fundraising Campaign

Our Birch Hills Curling Club has been the hub of activity for years. Recently, the much-needed upgrade to our ice plant, has insured that it will be the hub of activities for many more years to come. We, as a club, are proud of our rink both with regards to the facility and the active membership. We have unfortunately seen other clubs in the rural areas close their doors due to low membership and that is not the case for our rink. We are thriving and our board is proud to say that our membership continues to exceed our expectations and our bonspiels are events that our curlers and community members look forward to every year. For this reason, we did not hesitate to move forward and upgrade the ice plant even though the financial obligation is of considerable size.

Our club is looking for financial support from the community to assist with the \$86,000 owing for the curling club's share of the upgrade. (ice plant is shared with the skating rink) This support can take place through attending fundraisers this season, and we look forward to bringing activities to the community that will be fun and profitable for our club. This support can also be received by donation. If anyone in the community and surrounding area would like to contribute with a donation, we would greatly appreciate your support. You can send your donation to The Town of Birch Hills and in return receive a taxable receipt for your generosity. A minimum of \$25 to receive a receipt, make cheques payable to Town of Birch Hills with a note that the money is to go towards the curling rink.

Stay tuned for upcoming fundraising events....

The 2 Person Bonspiel March 17th 18th and 19th

Any questions concerns can be directed to the club president: Shelly Carriere 306-961-8810

The Birch Hills Golf Course has seasonal employment opportunities for 2023. We are seeking Clubhouse reception/sales and kitchen staff (full & part time) - must have Food Safe and Serve it Right (for full-time positions) certifications (or be willing to take course/s; online is available) and provide proof of certification, prior to employment.

Computer skills, golf experience, and customer service skills would be considered an asset. Must be 19 years of age to apply for full-time positions. These positions involve customer service (phone, in-person and on-line), food and beverage preparation and serving, cleaning (inside and outside) and golf course marshalling as well as other miscellaneous duties.

If you aren't 19 years of age, we may have part-time positions to assist in and around the clubhouse (duties are similar to above.)

Please submit resumes to email address: birchhillsrec@sasktel.net or birchhillsgolfcourse@gmail.com or drop off at Birch Hills Recreation Office at 126 McCallum Avenue.

BIRCH HILLS PUBLIC LIBRARY

WANTED: LIBRARIAN & SUB-LIBRARIAN

Duties & Responsibilities

- *Deliver public library services to the community
- *Responsible for library programs and special events
- *Promote the library in the community

Required Knowledge, Abilities & Skills

- *Grade 12, with good verbal and written communication skills
- *Be computer literate including familiarity with the Windows
- Operating system, email, Microsoft Word and Excel.
- *Able to search the internet
- *Possess previous public library or office experience in an Automated environment

A complete job description may be picked up at the library during opening hours.

To apply: send resume and cover letter to Maxine Cromartie

at: mbcromartie@skyvelocity.ca or Box 518, Birch Hills.

Closing date: Friday, February 17, 2023



DON'T HESITATE, VACCINATE

PFIZER (5 yrs+), Bivalent COVID (12 yrs+) and INFLUENZA (6 months +) Vaccines available

Birch Hills Primary Care Clinic

Thursday, February 23, 2023
Thursday, March 23, 2023
Friday, April 21, 2023

*For children aged 6 months to 4 yrs of age, please contact public health at 306-765-6510 for clinic options for COVID

Call 1-306-749-3331

To book an appointment







Come and enjoy an evening of dessert with Guest Speaker

Chad Mierau, author of Surviving the Crash

February 25th, Doors open @ 7:00 pm, event starts @ 7:30 pm

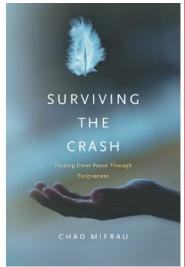
Tickets: \$10 / tickets. Get your tickets today!! Now available at the library or through any board member.

In 2016, Chad received THE phone call that no one wants to receive. The police officer on the other end of the line shared the heart – shattering news, he had just lost his most precious family in a tragic car accident.

Chad shares his journey through grief, losing four family members to a drunk driver and the effect it took on everyone in his life.

Remarkably, he was able to find inner peace and strength after first doing the work to truly forgive the driver of the other car.

As he started to share his thoughts and feelings with others, changes started happening and he felt an overwhelming sense that people worldwide needed to hear his story and understand his journey.



Birch Hills Public Library

Card Making with

<u>Sara</u>

Friday March 3rd at 9:30

Focus will be on stamping and

Using die cuts. \$20.00

Register at the library

SunDay Morning Community



Sunday, February 26 9:00 am - 10:00 am

Christ Alone LB Church (corner 4th & Bellamy)

Everyone Welcome! Free Will Donation

The BH Senior Rec Club will be having its AGM - Feb 18 @ 1pm at the DLCC

Welcome to the Bereavement & Support Group Formally called the Grief support group.

This group started up in November of 2022, when someone realized the great need in Birch Hills and Area. It is a very informal learning social support group helping each other cope through their loss and the journey of their grief. This includes people that have lost someone recently or who have lost someone years ago. Grief never ends, it just gets easier when you have people to talk to. This also includes people who are separated or divorced. We are a small group and in a short time, kit has helped people who have attended to deal with their loss.

Come out to one of the meetings to see what it is all about. Every Thursday evening at 7:00pm @ Christ Alone Lutheran Church.

For more information Call Sandra @ 306 749 7732



"Telemiracle Soup and Sandwich Luncheon sponsored by BH Seniors Rec Club and BH Dance Centre

Friday, February 17/23- 11am-2pm at DLCC in Birch Hills"

This is in support of Telemiracle as well as our local dancers that will be performing there!!

RECYCLE

Please Share your Newsletter with a friend. Send request to birchhillsrec@sasktel.net to receive the news letter online.







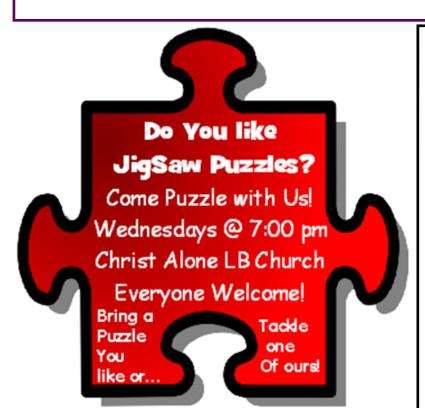
Thanks to Adam and Logan for grooming the cross-country ski trails. No snowshoe trails have been groomed so far this year.

If you don't know where the greens and tee boxes are, we ask that you please snowshoe beside the ski trails or on the existing trails. If you ski or showshoe on the greens and tee boxes, the snow compacts and we could have winter kill, which may result in being unable to use the course in future winters.

If we notice a trail that needs a detour, we will post signs at the golf course. People have already been snowshoeing / tobogganing on the practice green, the nursery green, and holes 6 & 8 tee boxes. (We haven't checked all of them yet.)

Walkers (people & dogs) and snowshoers may use the showshoe trails, but not the ski trails as it ruins the trails.

Thanks for your cooperation





FOREVER... in *motion*at Duane Lowe Community Centre

Tuesdays 10:00 – 11:00am Doors open at 9:30am

\$2.00 drop in fee. No registration required

Physical Activity for men and women 50+ Contact Iris Fjeld @ 306-749-7377 for more information





Birch Hills Blackhawks

Twin Rivers Hockey League playoffs – After dropping the first game in the series with the Hanley Huskies 8 to 5, the Blackhawks played a strong, defensive game in Hanley to win the 2nd game 6 to 3. The 3rd game in the best of three series, was a close match and ended with Birch Hills defeating Hanley 3 to 2 and advancing to the East semi-final series against the Kinistino Tigers. Game dates and times have not been finalized as of this printing; however, the Blackhawks have home-ice advantage, so there will likely be at least 1 home league playoff game on the February 17 to 19 weekend.



The Birch Hills Twin Rivers Hockey League team roster includes:

30 Kody Kushniruk	16 Brandon Juravinski
31 Kyle Boettcher	18 Riley Lajeunesse
2 Kieran Shore	19 Kyle Njaa
3 Kellen Harper	21 Chad Grambo
Adam Hergott	22 Tyson Novakoski
5 Carter Sawatzky	27 Cody Folstad
6 Austin Ravndahl	29 Trent Swenson
8 Kaleb Charko	44 Tyler Tilford
9 Scott Swenson	52 Reed Gunville
11 Reed Whitrow	55 Hunter Schnell
12 Jakob Tournier	74 Adam Morrison
13 Morgan Miller	90 Cole Jones
	94 Bryton Sayers
CCI Canada Dravinaial Dlavaffa The Blackbourks	

SGI Canada Provincial Playoffs - The Blackhawks

17

Layne Cay

won their first series against the Rosetown Redwings by scores of 8 to 3 and 6 to 5. They face the Eston Ramblers in the Game dates and times have not been finalized as of this printing; however, Birch Hills has home-ice advantage, so there will likely be at least 1 home provincial game on the February 17 to 19 weekend.

The Blackhawks Provincial team is made up of players from the Birch Hills Blackhawks, the Kinistino Tigers and the St. Brieux / Lake Lenore Rivals. The line up is:

31	Morgan Leonard	18	Riley Lajeunesse A	
35	Tyler Gordon	19	Kyle Njaa	
3	Kellen Harper	21	Chad Grambo	
4	Adam Hergott	22	Tristyn Stevenson	
5	Bryce Fiske	27	Cody Folstad	
6	Austin Ravndahl	29	Trent Swenson	
7	Kenzie Arnold	44	Tyler Tilford C	
8	Tristen Elder	52	Reed Gunville	
9	Scott Swenson	55	Brayden Stevenson	
11	Reed Whitrow A	90	Cole Jones	
12	Derek Becker	94	Bryton Sayers	Please watch Facebook (Birch Hills Sr. Blackhawks Birch Hills SK Fa-
13	Justin Cay			cebook) the Heartbeat, and for posters, and the rink and sandwich
16	Kent Porter A			boards for playoff game information. Go Hawks!



St. Mary's
Shrove Tuesday
Pancake Supper
\$10 / adults
\$5 / children

279 McCallum Avenue

Friday, March 10/23 2:00pm St. Mary's / St. Anne's

For more info or to assist contact: Ethel 306-749-7444 or Jamie 306-980-8687

World Day of Prayer

Tuesday,

February 21st

5:00PM -

7:00PM







Weldon Auditorium Spring Trade Show

Saturday, April 29, 2023 10 am to 2 pm Weldon Auditorium

Lunch will be available

Always a great variety of vendors for your shopping ease

Vendors contact: Brenda 960-8335

A heartfelt thank you is extended to everyone that called, shared memories, sent flowers, cards, texts, meals, visited, and made donations in Brian's memory.

Your kindness and thoughtfulness during this difficult time is both comforting and very much appreciated.

Cathy Gordon and family

Our Hearts are broken when our daughter Joni was called to heaven after a short battle with cancer on January 28th she was born on January 20th, 1962. Thank you to everyone for the prayers, cards, food and coming to visit us and sharing our sorrow with the loss of our loved one.

Love Myrtle & Archie, Bradley, Bentley, Merle Leeanne and Tammy Brown & Family.



TAX CHANGES FOR 2022 TAX YEAR AND 2023 PAYROLL ITEMS

Tax brackets were increases by 6.3% to allow for inflation. This means people in all but the lower bracket will save a little money.

Basic Personal Amount is increased 4.27% from \$13,808 to \$14,398 (2023 will be \$15,000) This amount in decreased for high income earn-

CPP contributions for 2023 will stay at 5.95% but the maximum pensionable earnings rise to \$66,600 which means actual deductions will be \$3,754.45 (2022 - \$3,166.45 for those earning more than the maximum. Employer contributes same amount.

El premiums for 2023 stay at 1.63% but the maximum pensionable earnings rise to \$61,500 which means actual deductions will be \$1,002.45(2022 - \$889.54) for those earning more than the maximum. Employer normally contributes 1.4 times your contribution.

Tax-free savings account(TFSA) increases in 2023 to \$6,500 (2022 - \$6,000)

RRSP dollar limit for 2023 will be \$30,780 (2022 - \$29,210) based on 18% of prior years earned income.

Old Age Security (OAS) repayment threshold for 2023 is set at \$86,912 meaning your OAS will be reduced in 2023 if your taxable income is above this amount.

First Home Savings Account (FHSA) As of April 1, 2023 prospective first-time homebuyers will have the ability to save \$40,000 on a tax-free basis towards the purchase of a first home in Canada. This would be in addition to the existing Home Buyers' Tax Credit which doubled to \$10,000

Multigenerational Home Renovation Tax Credit. Effective Jan 1, 2023 a new credit equal to 15% of eligible expenses (up to \$50,000) incurred for a qualifying renovation that creates a secondary dwelling to permit an eligible person (such as a senior or person with a disability) to live with a relative.

Anti-flipping rules. Effective Jan 1, 2023 the principal residence rule will not be available on the sale of your home if you've owned it for less then 12 months (with certain exceptions) Instead the gain will be 100-per-cent taxable as business income.

Hope this clarifies some of what CRA has been up to. Submitted by.

John S. Herd