

HEARTBEAT

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly 1st and 15th of the month. It is available at the following locations: Birch Hills Recreation Office, Lake Country Co-op, Grumpy's Confectionary, Quayle's Pharmacy, and other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

January 15th, 2023

Issue 298

The walking club is back!
We're just doing Thursday
Mornings 9AM-12PM at the
civic centre for now and will
have a second day in the
coming weeks.



St. Mary's Soup Luncheon

(Donations welcome)

279 McCallum Avenue

Friday, January 20th

11:30AM - 1:00PM

January issues of this Birch Hills activity newsletter are sponsored by:

CRYSTAL SPRINGS REC CO-OP

If you would like to be a sponsor of the 'Heartbeat 'newsletter, contact 306-749-7451/ birchhillsrec@sasktel.net. The cost is \$100 by 3 sponsors (\$300/month) for printing, advertising and ensuring that the newsletter stays free for everyone.

2023 Memberships



If you had a membership in the previous 5 years, the amount payable is \$635.00

For new adult members (haven't had a membership in the previous 5 years 2018-2022), the amount payable in full is \$317.50 (Deadline to be determined)

How to Pay:

- Leave post-dated cheques payable to the Birch Hills Golf Course at the Recreation Office (125 McCallum Avenue)
- E-transfer to birchhillsrec@sasktel.net (include golfer's name and what you are purchasing so we can track it properly)
- Stop at the Recreation Office and pay with cash or a cheque (open 9 to 5 M-F)
- (Price valid until 2023 AGM held in April)

January Heartbeat Sponsor

CRYSTAL SPRINGS Rec Co-op

2023 POKER RALLY

Saturday, February 4, 2023 Crystal Springs Hall Registration: 10 am - 1 pm

Last Rider Out by 1 pm Riders Back by 5 pm DRAWS AT 5 PM

Hands 1/\$10 or 3/\$20 1st 25% • 2nd 15% • 3rd 10% Raffle & 50/50 Tickets 1/\$10 or 3/\$20

Cash Bar • Hot Lunch Fuel Available

Snow or no Snow, this Event is a Go! For more info, call Lynn 306-864-8013



St. Mary's Anglican Church, 279 McCallum Avenue, Birch Hills, SK

All events at **St. Mary's, Birch Hills** unless otherwise indicated. Contact Father Jordan to attend an event via **Zoom**.

The wearing of masks and social distancing, while not mandated, is encouraged.

Sunday, January 15th 11:00AM – **Epiphany II**; no Sunday School; Potluck after church

Wednesday, January 18th 7:00PM – **Interpreting the Scriptures** "Sex, Marriage and Friendship" (contact Father Jordan for reading materials)

Friday, January 20th 11:30AM to 1:00PM – Soup Luncheon (donations appreciated)

Friday, January 20th – Annual meeting reports due to Father Jordan (

Sunday, January 22nd 11:00AM – **Epiphany III; Sunday School resumes;** Potluck after church

Wednesday, January 25th 7:00PM – **Interpreting the Scriptures** "A Christian Response to Suffering" (contact Father Jordan for reading materials)

Sunday, January 29th 11:00AM – Epiphany IV; Sunday School

Sunday, January 29th 12:00PM – **Annual General Meeting & Potluck**

Wednesday, February 1st 7:00PM – Interpreting the Scriptures "Reflection on Suicide & Euthanasia" (contact Father Jordan for reading materials)

Reach Out - Anyone who has clothing donations to supply to homeless and needy folks in Prince Albert can leave them outside St Mary's Church or leave them inside the door if you have a key. They will be taken to the Prince Albert organization, Reach Out, which serves the homeless.

Contact Ethel Rutherford (306-749-7444) regarding Sunday School.

Contact Fr Jordan to arrange for Holy Communion at home or private confession by appointment.

Reach Fr Jordan by phone: (306) 749-2229 or email: <u>jordan draper@hotmail.com</u>

For more information about youth activities and other events:

Follow us on Facebook <u>Parish of Birch Hills, Kinistino &</u>
<u>Muskoday | Facebook</u>

Birch Hills Library Report

135 Bellamy Ave (306)749-3281

bircirc@wapitilibrary.ca

NEW HOURS!!!

Open Tuesday: 11-5 and 6-8

Wednesday: 12 - 5 Thursday: 1 - 7 Friday: 9 -1

Saturday: 10 - 1

Masks are encouraged. Join our Facebook group at: https:// www.facebook.com/groups/289306315777789/

Weekly events:

Tuesdays – afterschool crafts.
Fridays at 10:00 am Story time with craft and snack. All ages welcome.
Saturday at 10:30 am Story Sack Interactive Reading and snack. All ages welcome.
Contact the library if you have a book you would like to recommend for others to read
Check out our artist of the month! This month features Beverly Redman and her daughter Tamara.

Special events:

Tuesday, January 17th, Crack the Code Family Event. The library is partnering with Prince Albert Literacy Network to bring you this amazing and fun event. Come as a family, read and do themed activities together to complete the puzzles and see if you can "Crack the Code"! Here for a week!

Wednesday, February 8th, 1 – 4 pm, Bead Art Class with Delores Fjeld. Learn how to create a beautiful beaded picture on canvas. Register at the library to save your spot!

Friday, February 17th, our 65th Anniversary!!! Saturday, February 25th, Dessert Night with Chad Mierau.

Blaine's Pick:

The Hobbit

by J.R.R. Tolkien

This is a beloved classic that tells the story of Bilbo Baggins, a hobbit who is unexpectedly swept into an adventure to reclaim a treasure stolen by the dragon Smaug.

The novel is full of action, humor, and memorable characters, including Gandalf the wizard and the dwarves Thorin, Fili, and Kili.

This book also serves as a prequel to The Lord of the Rings Trilogy. Overall, The Hobbit is a must – read for fans of fantasy literature

January 2023

(
NDS	MON	TUE	WED	THU	FRI	SAT
1	2	3 Stories and Crafts @ Library 2PM-4PM	4	5	6	7
		Meet the Artist @ Li- brary 6PM 8PM				
8	9	10	11	12	13	14
	Line Dancing 1PM-3PM Rec Volleyball 7PM		Line Dancing 9AM-12PM	7 PM R. C. Legion #122 Meeting	Open Bonspiel Open Bonspiel Blackhawks Game 8:30PM Blackhawks game 8:00PM	Open Bonspiel Blackhawks game 8:00PM
15	16	17	18	19	20	21
	Line Dancing 1PM-3PM Rec Volleyball 7PM		Line Dancing 9AM-12PM	Walking Club 9AM-12PM	11:30 AM-1PM St. Mary's Soup and Luncheon	
22	23	24	25	26	27	28
	Line Dancing 1PM-3PM	Seniors Bonspiel	Line Dancing 9AM-12PM	Walking Club 9AM-12 PM	Walking Club 9AM-12 PM Blackhawks Game 8:30 PM	
	Seniors Bonspiel Rec Vollevball 7 PM		Seniors Bonspiel	Seniors Bonspiel		
29	30	31				
	Line Dancing 1PM-3PM Rec Volleyball 7 PM					

Adult Drop in Volleyball

@ Birch Hills Public School

Mondays 7PM - 9 PM

\$5 drop in fee

Contact the rec office for more info birchhillrec@sasktel.net

or 306-749-7451

Scrap Metal Drive fundraiser for the rink is still ongoing. There is a collection bin located at the lift station on Ward Road. Anything with metal on it can be donated. There will be an account under "Birch Hills Skating Rink" at McDonald's Metal in Prince Albert for those who wish to drop stuff off there. **DO NOT DUMP IF BIN IS** FULL, also DO NOT DUMP METAL ITEMS **ON THE GROUND.** This project is 100% on donation if we abuse this project we may lose it. Sometimes it has taken a while for the bin to be picked up so please check before you haul your metal. Thank you to all that have donated and continue to do so!

CHURCH SERVICES:

Glad Tidings Tabernacle

- Sunday services at 11:00 am.

St Anne Roman Catholic

9 AM Sunday

Christ Alone Lutheran Brethren Church

(Formerly called Birch Hills Community Church)

Sunday Service 11:00 am

Corner and 4th of Bellamy

Bible Study Thursday Evenings 7:30 pm

Saron Lutheran Church

Hagen, Sk

Sunday Service 9:20 am

January: 8,22

February: 5,19 AGM

March: 5,19

Lake Park Baptist Church

Sunday

Sunday School for all ages 10 AM

Worship Service 11 AM

Tuesday

Youth Bible Study 7 PM - Grades 7-12

Club DJ 6:45 PM - Grades K-6. Contact Rachelle Gitzel for information at 306-314-1234

Friday

Youth Events 7 PM

Contact James Banman for information at lakeparkyouth@gmail.com

RECYCLE

Please Share your Newsletter with a friend. Send request to birch-hillsrec@sasktel.net to receive the news letter online.



The Birch Hills Curling Club

Save Our Rink Fundraising Campaign

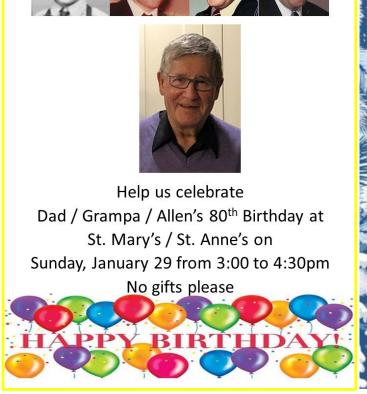
Our Birch Hills Curling Club has been the hub of activity for years. Recently, the much-needed upgrade to our ice plant, has insured that it will be the hub of activities for many more years to come. We, as a club, are proud of our rink both with regards to the facility and the active membership. We have unfortunately seen other clubs in the rural areas close their doors due to low membership and that is not the case for our rink. We are thriving and our board is proud to say that our membership continues to exceed our expectations and our bon-spiels are events that our curlers and community members look forward to every year. For this reason, we did not hesitate to move forward and upgrade the ice plant even though the financial obligation is of considerable size.

Our club is looking for financial support from the community to assist with the \$86,000 owing for the curling club's share of the upgrade. (ice plant is shared with the skating rink) This support can take place through attending fundraisers this season, and we look forward to bringing activities to the community that will be fun and profitable for our club. This support can also be received by donation. If anyone in the community and surrounding area would like to contribute with a donation, we would greatly appreciate your support. You can send your donation to The Town of Birch Hills and in return receive a taxable receipt for your generosity. A minimum of \$25 to receive a receipt, make cheques payable to Town of Birch Hills with a note that the money is to go towards the curling rink.

Stay tuned for upcoming fundraising events....

The Seniors Bonspiel January $23^{rd} - 26^{th}$, The Ladies Bonspiel Feb 10 & 11 and <u>The</u> 2 Person Bonspiel March 17^{th} 18^{th} and 19^{th}

Any questions concerns can be directed to the club president: Shelly Carriere 306-961-8810





"Hustle Hard ... Success is earned, not given"

Our 2022 / 2023 4-H year has started! This year we have 29 members and 5 leaders from the surrounding areas.

We held our first meeting of the year on Sunday November 20th at the Weldon Lutheran Church. Members took part in a Minute to Win it game to get to know everyone, as well as learning about the executive positions and their roles of the club. We then elected our club executive as the following:

- President Alex Manson
- Vice president Allie Porter
- Treasurer Courtney Hansen
- Secretary Rebecca Porter
- District Representatives –Quaid Robertson and Tegan Hovdebo

Club Reporter – Ava Timm

We held a project meeting on December 11th where we received and worked on our record books. We learned about the cows four stomachs, nutrition, and digestion.

On December 27th our club held its annual weigh day for the members to register and weigh their animals. Thank you also to the Timm Family for once again hosting everyone at their farm. The members animals look great!

Our club would like to give a huge THANK YOU to the Affinity Credit Union (Community Spirit Fund) c/o Jackie Manson for their generous donation.

We are looking forward to another great year!

Come and enjoy an evening of dessert with Guest Speaker

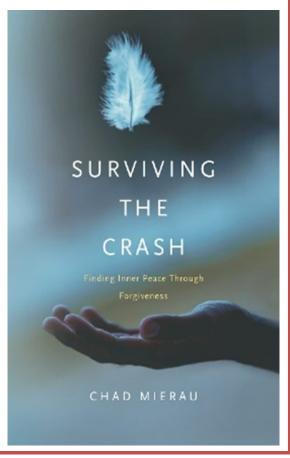
Chad Mierau, author of Surviving The Crash

In 2016, Chad received THE phone call that no one wants to receive. The police officer on the other end of the line shared the heart – shattering news, he had just lost his most precious family in a tragic car accident.

Chad shares his journey through grief, losing four family members to a drunk driver and the effect it took on everyone in his life.

Remarkably, he was able to find inner peace and strength after first doing the work to truly forgive the driver of the other car.

As he started to share his thoughts and feelings with others, changes started happening and he felt an overwhelming sense that people worldwide needed to hear his story and understand his journey.





"Telemiracle Soup and Sandwich Luncheon sponsored by BH Seniors Rec Club and BH Dance Centre

Friday, February 17/23-11am-2pm at DLCC in Birch Hills"

This is in support of Telemiracle as well as our local dancers that will be performing there!!





Thanks to Adam and Logan for grooming the cross-country ski trails. No snowshoe trails have been groomed so far this year.

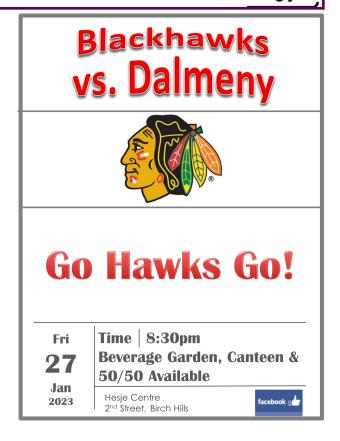
If you don't know where the greens and tee boxes are, we ask that you please snowshoe beside the ski trails or on the existing trails. If you ski or showshoe on the greens and tee boxes, the snow compacts and we could have winter kill, which may result in being unable to use the course in future winters.

If we notice a trail that needs a detour, we will post signs at the golf course. People have already been snowshoeing / tobogganing on the practice green, the nursery green, and holes 6 & 8 tee boxes. (We haven't checked all of them yet.)

Walkers (people & dogs) and snowshoers may use the showshoe trails, but not the ski trails as it ruins the trails.

Thanks for your cooperation





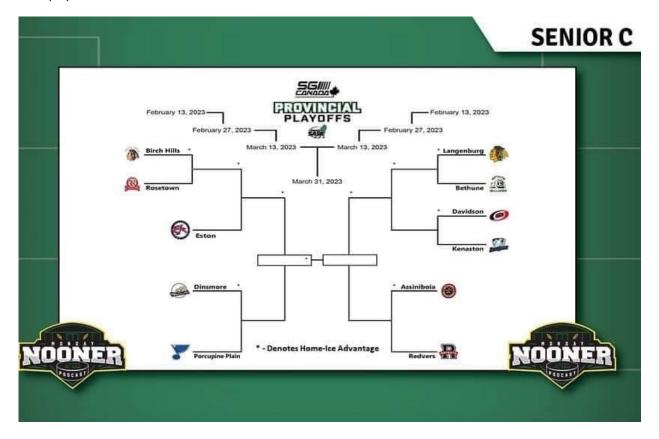
Birch Hills Blackhawks



Thanks to our fans, sponsors and volunteers for the great support they have provided this season. As of January 12th, we are currently in 2nd place in the East Division, trailing 1st place by 2 points, with 1 game in hand over 1st place Kinistino. We have 6 regular season games to play (4 home and 2 away) and all the games will be key to securing a good position for league playoffs. Check out the league website at www.trhl.ca for the West Division standings and other results.

Team	GP	W	L	Т	OTL	PTS
Kinistino	11	8	3	0	0	16
Birch Hills	10	7	3	0	0	14
Allan	11	6	5	0	0	12
Hanley	12	5	6	0	1	11
Clavet	11	3	7	0	1	7
Cud- worth	12	3	9	0	0	6

SGI Canada Provincial Playoffs - The Blackhawks have entered Provincials in Senior C this year and will be playing Rosetown in the first round of playoffs.



League and Provincial playoffs will be starting in February; please watch Facebook (<u>Birch Hills Sr. Blackhawks | Birch Hills SK | Facebook</u>) the Heartbeat, and for posters, and the sandwich board for game information. Go Hawks!