

# HEARTBEAT

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly 1st and 15th of the month. It is available at the following locations: Birch Hills Recreation Office, Lake Country Co-op, Grumpy's Confectionary, Quayle's Pharmacy, and other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

February 1st, 2023

**Issue 299** 

The walking club is back!
Monday, Tuesday and Thursday Mornings 9AM-12PM at the civic centre. Please remember to bring inside shoes.



JOHN HERD ACCOUNTING BIRCH HILLS SNOW POSSE STEEN AGENCIES INC.

by:

If you would like to be a sponsor of the 'Heartbeat 'newsletter, contact 306-749-7451/ birchhillsrec@sasktel.net. The cost is \$100 by 3 sponsors (\$300/month) for printing, advertising and ensuring that the newsletter stays free for everyone.

February issues of this Birch Hills

activity newsletter are sponsored

# Provincial C Hockey Birch Hills Blackhawks

Game 1 – Sat, Feb 4 7:00pm Hesje Centre Game 2 – Sat, Feb 11 8:00pm Rosetown

Game 3 (if needed) – Sun, Feb 12 3:00pm Hesje Centre

**Game 1 \$500 50/50 guaranteed by:** 



Built on trust.

Sat

4

Feb 2023 Time | 7:00pm Beverage Garden, Canteen & 50/50 Available

Hesje Centre 2<sup>nd</sup> Street, Birch Hills facebook.

# 2023 Memberships



If you had a membership in the previous 5 years, the amount payable is \$635.00

For new adult members (haven't had a membership in the previous 5 years 2018-2022), the amount payable in full is \$317.50 (Deadline to be determined)

# How to Pay:

- Leave post-dated cheques payable to the Birch Hills Golf Course at the Recreation Office (125 McCallum Avenue)
- E-transfer to birchhillsrec@sasktel.net (include golfer's name and what you are purchasing so we can track it properly)
- Stop at the Recreation Office and pay with cash or a cheque (open 9 to 5 M-F)
- (Price valid until 2023 AGM held in April)

# **February Heartbeat Sponsor**

The Birch Hills Sno Posse will be hosting a rally on Feb 11, 2023. It will be a complete "outdoor event". We will be selling hotdogs and burgers at the warm up shack. There will be a mystery rider only prize at the warm up shack for a chance to win! Stay tuned on our facebook page for further details. Rider hands and 50/50 opens online on Jan 15th! Good luck.







# JOHN HERD IT'S INCOME TAX TIME

Follow us on Facebook Birch Hills SnoPosse

DEADLINE for contributing to your 2022 RRSP is MARCH 01, 2023.

DEADLINE for filing and paying your taxes is May 1(April 30 is a Sunday) or June 15 if you are self-employed.

NEXT HEARTBEAT I will detail the changes to the tax rules

I have my own spreadsheet which can calculate the TAX savings for different RRSP contributions INSTANTLY. This is a FREE service for my clients.

Please contact me before February 24 to give you time to make an additional contribution.

FREE FOR SENIORS: If you live in Birch Hills and you have a SIMPLE TAX RETURN (Old Age Slip, Canada Pension Slip, 1 Bank Slip and/or 1 Pension from work Slip)

I WILL DO YOUR TAXES FOR FREE.

I will pick them up, prepare them, give you a copy, get you to sign the page I need for my files and e-file them for you.

THERE IS NO CATCH - COMPLETELY FREE



In addition to all sorts of PERSONAL TAX RETURNS, I do SMALL CORPORATIONS and FARMS.

Give me a call at 306-749-7337 to set up an appointment.

# St. Mary's Anglican Church, 279 McCallum Avenue, Birch Hills, SK

# St. Mary's service time changes to 9:00AM in February!

All events at **St. Mary's, Birch Hills** unless otherwise indicated. Contact Father Jordan to attend an event via **Zoom**.

The wearing of masks and social distancing, while not mandated, is encouraged.

Wednesday, February 1st 7:00PM – Interpreting the Scriptures

"Reflection on Suicide & Euthanasia" (contact Father Jordan
for reading materials)

Thursday, February 2<sup>nd</sup> 5:00PM – **Candlemas / Presentation of Christ and Purification of the Blessed Virgin Mary** @ St.

James', Muskoday First Nation

Sunday, February 5<sup>th</sup> 9:00AM – **Septuagesima**; no Sunday School

Friday, February 10<sup>th</sup> 11:30AM to 1:00PM – **Soup Luncheon** (good will offering)

Saturday, February  $11^{th}$  10:00AM @ the Rectory – The Meaning of Holy Week

Sunday, February 12<sup>th</sup> 9:00AM – **Sexagesima**; no Sunday School

Friday, March 10<sup>th</sup> – **World Day of Prayer**; watch for details

Friday, March 10<sup>th</sup> to Sunday, March 12<sup>th</sup> – Lenten Youth Retreat @ Camp Quest, Christopher Lake; \$50 for youth aged 13 to 18.

Register at <a href="https://tithe.ly/event-registration/#/6612878">https://tithe.ly/event-registration/#/6612878</a>

Friday, March 17<sup>th</sup> to Saturday, March 18<sup>th</sup> – Prayer Conference @ Waskesiu; \$100 per person / limited to 70 people; Contact Barb Wirsta to register (306)763-2455 or e.synod@sasktel.net

**Reach Out** - Anyone who has clothing donations to supply to homeless and needy folks in Prince Albert can leave them outside St Mary's Church or leave them inside the door if you have a key. They will be taken to the Prince Albert organization, Reach Out, which serves the homeless.

Contact Ethel Rutherford (306-749-7444) regarding Sunday School.

Contact Fr Jordan to arrange for Holy Communion at home or private confession by appointment.

Reach Fr Jordan by phone: (306) 749-2229 or email: <u>jordan draper@hotmail.com</u>

For more information about youth activities and other events:

Follow us on Facebook <u>Parish of Birch Hills, Kinistino & Mus-</u>koday | Facebook

# Birch Hills Library Report

135 Bellamy Ave (306)749-3281

bircirc@wapitilibrary.ca

# **NEW HOURS!!!**

Open Tuesday: 11-5 and 6-8 Wednesday: 12 - 5

Thursday: 1 - 7
Friday: 9 - 1

Saturday: 10 - 1

Masks are encouraged.

Join our Facebook group at: https:// www.facebook.com/groups/289306315777789/

# Weekly events:

Tuesdays – afterschool crafts.
Fridays at 10:00 am Story time with craft and snack. All ages welcome.
Saturday at 10:30 am Story Sack Interactive Reading and snack. All ages welcome.
Contact the library if you have a book you would like to recommend for others to read
Check out our artist of the month! This month features Beverly Redman and her daughter Tamara.

### Special events:

Tuesday, January 17<sup>th</sup>, Crack the Code Family Event. The library is partnering with Prince Albert Literacy Network to bring you this amazing and fun event. Come as a family, read and do themed activities together to complete the puzzles and see if you can "Crack the Code"! Here for a week! Wednesday, February 8<sup>th</sup>, 1 – 4 pm, Bead Art Class with Delores Fjeld. Learn how to create a beautiful beaded picture on canvas. Register at the library to save your spot! Friday, February 17<sup>th</sup>, our 65<sup>th</sup> Anniversary!!! Saturday, February 25<sup>th</sup>, Dessert Night with Chad Mierau.

### Blaine's Pick:

# The Hobbit

### by J.R.R. Tolkien

This is a beloved classic that tells the story of Bilbo Baggins, a hobbit who is unexpectedly swept into an adventure to reclaim a treasure stolen by the dragon Smaug.

The novel is full of action, humor, and memorable characters, including Gandalf the wizard and the dwarves Thorin, Fili, and Kili.

This book also serves as a prequel to The Lord of the Rings Trilogy. Overall, The Hobbit is a must – read for fans of fantasy literature.

# February 2023

# Adult Drop in Volleyball @ Birch Hills Public School Mondays 7PM - 9 PM \$5 drop in fee Contact the rec office for more info birchhillrec@sasktel.net or 306-749-7451

Scrap Metal Drive fundraiser for the rink is still ongoing. There is a collection bin located at the lift station on Ward Road. Anything with metal on it can be donated. There will be an account under "Birch Hills Skating Rink" at McDonald's Metal in Prince Albert for those who wish to drop stuff off there. **DO NOT DUMP IF BIN IS** FULL, also DO NOT DUMP METAL ITEMS **ON THE GROUND.** This project is 100% on donation if we abuse this project we may lose it. Sometimes it has taken a while for the bin to be picked up so please check before you haul your metal. Thank you to all that have donated and continue to do so!

# CHURCH SERVICES:

Glad Tidings Tabernacle

- Sunday services at 11:00 am.



# St. Anne's Roman Catholic Parish

"A small congregation with a big heart" Parish Priest: Father Phong Tran

Mass 11:00 A.M. Sundays

Children's Liturgy and Sacrament preparation available

February 5<sup>th</sup>: pot luck lunch after mass For more information contact: Donna 314 5672

**Christ Alone Lutheran Brethren Church** 

(Formerly called Birch Hills Community Church)

Sunday Service 11:00 am

Corner and 4th of Bellamy

Bible Study Thursday Evenings 7:30 pm

**Saron Lutheran Church** 

Hagen, Sk

Sunday Service 9:20 am

February: 5,19 AGM

March: 5,19

**Lake Park Baptist Church** 

Sunday

Sunday School for all ages 10 AM

Worship Service 11 AM

Tuesday

Youth Bible Study 7 PM - Grades 7-12

Club DJ 6:45 PM - Grades K-6. Contact Rachelle Gitzel for information at 306-314-1234

Friday

**Youth Events 7 PM** 

Contact James Banman for information at lakeparkyouth@gmail.com

# The Birch Hills Curling Club

# **Save Our Rink Fundraising Campaign**

Our Birch Hills Curling Club has been the hub of activity for years. Recently, the much-needed upgrade to our ice plant, has insured that it will be the hub of activities for many more years to come. We, as a club, are proud of our rink both with regards to the facility and the active membership. We have unfortunately seen other clubs in the rural areas close their doors due to low membership and that is not the case for our rink. We are thriving and our board is proud to say that our membership continues to exceed our expectations and our bonspiels are events that our curlers and community members look forward to every year. For this reason, we did not hesitate to move forward and upgrade the ice plant even though the financial obligation is of considerable size.

Our club is looking for financial support from the community to assist with the \$86,000 owing for the curling club's share of the upgrade. (ice plant is shared with the skating rink) This support can take place through attending fundraisers this season, and we look forward to bringing activities to the community that will be fun and profitable for our club. This support can also be received by donation. If anyone in the community and surrounding area would like to contribute with a donation, we would greatly appreciate your support. You can send your donation to The Town of Birch Hills and in return receive a taxable receipt for your generosity. A minimum of \$25 to receive a receipt, make cheques payable to Town of Birch Hills with a note that the money is to go towards the curling rink.

Stay tuned for upcoming fundraising events....

The Ladies Bonspiel Feb 10 & 11 and The 2 Person Bonspiel March 17<sup>th</sup> 18<sup>th</sup> and 19<sup>th</sup>

Any questions concerns can be directed to the club president: Shelly Carriere 306-961-8810







A Huge Shout and Thank you to Mel and Helen Evans & Family, Birch Hills Sno-Posse, and Nutrien Ag Solutions Birch Hills, for Donating Birchview Home new adaptable tables. We truly Appreciate your generosity and kindness.

It has made meal times

at the Home more enjoyable for all the Residents, thank to you all!



Thank you to everyone who braved the cold weather to help me celebrate my 80<sup>th</sup> birthday. It was really nice to see everyone and I enjoyed visiting with you.

Thanks also to everyone who sent cards & on-line greetings, prepared food, and helped with setting up & cleaning up.

Allen Harper



DON'T HESITATE, VACCINATE

PFIZER (5 yrs+), Bivalent COVID (12 yrs+) and INFLUENZA (6 months +) Vaccines available

# **Birch Hills Primary Care Clinic**

Thursday, February 23, 2023 Thursday, March 23, 2023 Friday, April 21, 2023

\*For children aged 6 months to 4 yrs of age, please contact public health at 306-765-6510 for clinic options for COVID

Call 1-306-749-3331

To book an appointment







The BH Senior Rec Club will be having its AGM - Feb 18 @ 1pm at the DLCC Wills, Estates, POA, Health Care Directives - Friday Feb 3 - 2pm @ DLCC sponsored by BH Senior Rec Club

Basic First Aid info and CPR demonstrations- Friday Feb 10 - 2pm @ DLCC sponsored by BH Senior Rec Club

Come and enjoy an evening of dessert with Guest Speaker

Chad Mierau, author of Surviving the Crash

February 25<sup>th</sup>, Doors open @ 7:00 pm, event starts @ 7:30 pm

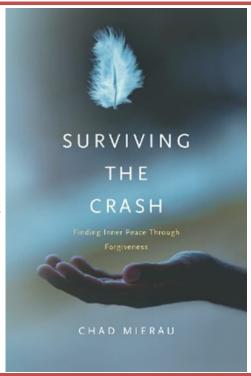
Tickets: \$10 / tickets available at the library.

In 2016, Chad received THE phone call that no one wants to receive. The police officer on the other end of the line shared the heart – shattering news, he had just lost his most precious family in a tragic car accident.

Chad shares his journey through grief, losing four family members to a drunk driver and the effect it took on everyone in his life.

Remarkably, he was able to find inner peace and strength after first doing the work to truly forgive the driver of the other car.

As he started to share his thoughts and feelings with others, changes started happening and he felt an overwhelming sense that people worldwide needed to hear his story and understand his journey.



Register today for Bead Art with Deloris Fjeld

February 8<sup>th</sup>, from 1:00 – 4:00 pm

Class cost: \$30

Contact the library to reserve your spot!!

Create your very own masterpiece. Deloris teaches you how to

create beautiful picture or initial on black canvas using glitter and bright beads.



# QUEENS JUBILEE PLATINUM MEDAL AWARDS

In honour of her Majesty Queen Elizabeth's 70 years of service to her country and the Commonwealth, the province chose to celebrate by awarding 7,000 medals to individuals who exemplified that kind of dedicated service. Recipients were recognized for their contributions in the Fields of volunteer service, health care, public service, communication, arts, protective services, religion and business/commerce categories.

This is the first time that a royal occasion has been commemorated with a provincial medal.

The Honourable Russ Mirasty, Lieutenant Governor of Saskatchewan and MLA Delbert Kirsch recognized 20 people from the Batoche Constituency in Humboldt on Dec 19, 2022.

Congratulations to Stewart Adams and Duane Lowe who were presented with this medal in recognition of all they contribute to our community, making it a better place for all of us to live.



"Telemiracle Soup and Sandwich Luncheon sponsored by BH Seniors Rec Club and BH Dance Centre

Friday, February 17/23- 11am-2pm at DLCC in Birch Hills"

This is in support of Telemiracle as well as our local dancers that will be performing there!!

### **RECYCLE**

Please Share your Newsletter with a friend. Send request to birchhillsrec@sasktel.net to receive the news letter online.







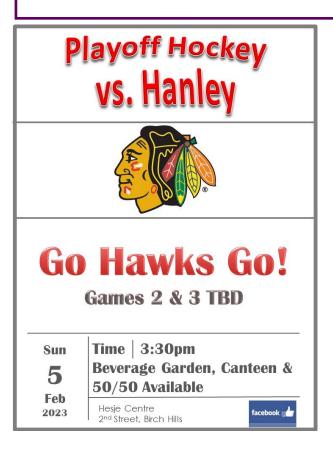
Thanks to Adam and Logan for grooming the cross-country ski trails. No snowshoe trails have been groomed so far this year.

If you don't know where the greens and tee boxes are, we ask that you please snowshoe beside the ski trails or on the existing trails. If you ski or showshoe on the greens and tee boxes, the snow compacts and we could have winter kill, which may result in being unable to use the course in future winters.

If we notice a trail that needs a detour, we will post signs at the golf course. People have already been snowshoeing / tobogganing on the practice green, the nursery green, and holes 6 & 8 tee boxes. (We haven't checked all of them yet.)

Walkers (people & dogs) and snowshoers may use the showshoe trails, but not the ski trails as it ruins the trails.

Thanks for your cooperation





# Forever...

# in *motion*

at Duane Lowe Community Centre

Tuesdays 10:00 - 11:00am Doors open at 9:30am

\$2.00 drop in fee. No registration required

Physical Activity for men and women 50+ Contact Iris Fjeld @ 306-749-7377 for more information





# **Birch Hills Blackhawks**

Thanks to our fans, sponsors and volunteers for the great support they have provided this season. Our regular season wrapped up this past weekend and while the weekend game outcomes weren't as favourable as we would have liked, we have secured 1<sup>st</sup> place in the East Division. We face the Hanley Huskies in the Twin Rivers Hockey League quarter-final playoff series and are currently scheduling the series games. Check out the league website at www.trhl.ca for the West Division standings, schedule and other results.



Team	GP	W	L	Т	OTL	PTS
Birch Hills	16	10	4	0	2	22
Kinistino	16	11	5	0	0	22
Allan	16	8	8	0	0	16
Hanley	16	6	9	0	1	13
Cudworth	16	5	10	0	1	11
Clavet	16	4	9	0	3	11

**SGI Canada Provincial Playoffs** - The Blackhawks have entered Provincials in Senior C this year and will be playing Rosetown in the first round of playoffs. Games are scheduled as follows:

Saturday, February 4<sup>th</sup> 7:00pm @ Hesje Centre, Birch Hills Saturday, February 11<sup>th</sup> 8:00pm @ Rosetown (please plan to carpool as we were unable to book a fan bus) Sunday, February 12<sup>th</sup> 3:00pm @ Hesje Centre, Birch Hills (if needed)

The Blackhawks Provincial team is made up of players from the Birch Hills Blackhawks, the Kinistino Tigers and the St. Brieux / Lake Lenore Rivals. The line up is:

31	31	Morgan Leonard			
35	35	Tyler Gordon	17	17	Layne Cay
3	3	Kellen Harper	18	18	Riley Lajeunesse A
4	4	Adam Hergott	19	19	Kyle Njaa
5	5	Bryce Fiske	21	21	Chad Grambo
6	6	Austin Ravndahl	22	22	Tristyn Stevenson
7	7	Kenzie Arnold	27	27	Cody Folstad
8	8	Tristen Elder	29	29	Trent Swenson
9	9	Scott Swenson	44	44	Tyler Tilford C
11	11	Reed Whitrow A	52	52	Reed Gunville
12	12	Derek Becker	55	55	Brayden Stevenson
13	13	Justin Cay	90	90	Cole Jones
16	16	Kent Porter A	94	Bryto	n Sayers

Please watch Facebook (Birch Hills Sr. Blackhawks | Birch Hills SK | Facebook) the Heartbeat, and for posters, and the sandwich board for playoff game information. Go Hawks!



The membership of the Royal Canadian Legion Branch #122 would like to thank everyone that were involved with the 2022 Remembrance Day events. Our members were invited to attend services at the Birch Hills High School and at the Birch View Care Home on November 10th, these Remembrance services are very special occasions and a distinct pleasure to attend every year.

Preparations for our November 11th, 2022 Remembrance Day Open ceremony re-start would not have been a success without the Town Council donation of the Civic Centre as the host venue for this service, the participation and support of the R.C.M.P. and Police Services, Provincial Government representatives, along with the volunteer participation of Reverent Jordan for leading the service, Karen Jordan for playing the piano, the Birch Hills Fire Department for providing the Honorary Flag Services, the laying of the Wreaths by family members and the yearly participation of the of Town and R.M 460 of Birch Hills residents for there support in our local wear a Poppy Campaign and a huge Thank You for your financial support and wreath donations to enable our branch to continue assistance to our veterans and High School Bursary - secondary education program.

We will look forward to seeing all of you again at the Remembrance Day celebration and events on November 11th, 2023.

Thank you
The Royal Canadian Legion Branch #122 membership
114 Bellamy Ave., P.O. Box 96
Birch Hills, Saskatchewan
SOJ 0G0
birchhillslegion@gmail.com

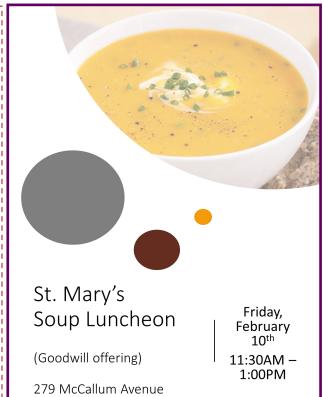






Birch Hills Museum and Thrift shop open: Wednesdays 10AM-

10AM-4PM Saturday 10 AM-2PM



# **BIRCH HILLS PUBLIC LIBRARY**

WANTED

# LIBRARIAN & SUB-LIBRARIAN

# **Duties & Responsibilities**

- \*Deliver public library services to the community
- \*Responsible for library programs and special events
- \*Promote the library in the community

# Required Knowledge, Abilities & Skills

- \*Grade 12, with good verbal and written communication skills
- \*Be computer literate including familiarity with the Windows operating system, email, Microsoft Word and Excel.
- \*Able to search the internet, possess previous public library and/or office experience in an automated environment

A complete job description may be picked up at the library during opening hours. To apply: send resume and cover letter to Maxine Cromartie at: <a href="mailto:mbcromartie@skyvelocity.ca">mbcromartie@skyvelocity.ca</a> or Box 518, Birch Hills.

Closing date: Friday, February 17, 2023