



HEARTBEAT

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly 1st and 15th of the month. It is available at the following locations: **Birch Hills Recreation Office**, Lake Country Co-op, Grumpy's Confectionary, Quayle's Pharmacy, and other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

July 1st, 2022

Issue 285

The Mayor's Spring Challenge

I am pleased to report that the walkaway winner of the Mayor's Spring Challenge was David Stobbs, who amassed an incredible total of 778.08 km's and has consequently won the first prize of his choice of either a pail of ice cream or a large garden salad. In addition he will receive a \$100. gift card to be used at the Birch Hills Co-op.

David is active and his exercise contributes to his health and well being. We should all be as proactive in managing our own health.

David averaged an incredible 18.5 kilometres of walking each day from the first of May until the 15th of June. Again my congratulations on a job well done, and remember to join our community next spring for another Mayor's Spring Challenge.

Often, healthy life choices contribute to our well being and general health.

June is Parks and Recreation month, so be active and live well.

Thank you to everyone who made the effort to get out and exercise and record your activities over the past six weeks.

Have a great summer

Stewart Adams, Mayor

Town of Birch Hills

July issues of this Birch Hills activity newsletter are sponsored by:

CRYSTAL SPRINGS REC COOP

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact 306-749-7451/ birchhillsrec@sasktel.net. The cost is \$100 by 3 sponsors (\$300/month) for printing, advertising and ensuring that the newsletter stays free for everyone.

Blackhawks Windup & Golf Tournament

Open to all current and past Blackhawks players, volunteers sponsors and fans
1st 72 paid accepted

Golf & Supper - \$45 (Carts Extra)
Steak Supper Only - \$25
Mail cheques to Box 783 Birch Hills, SK
or e-transfer to
blackhawksgolf@gmail.com
Entries accepted until August 6, 2022

Sat	9 holes Golf 1:00 PM
13	Supper 6:00 PM
August 2022	Golf - Birch Hills Golf Course Supper - Shores (Bring campers, tents, lawn chairs, coolers, beverages)

July Heartbeat Sponsored by:

SATURDAY JULY 30th, 2022
SAVE THE DATE!
CRYSTAL SPRINGS
REC CO-OP
2022 MUDFEST
CRYSTAL SPRINGS, SK | 12 PM - 6 PM

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BIRCH HILLS
GOLF COURSE FUNDRAISER

JACK & JILL SCRAMBLE

JULY 10 • 10 AM SHOT GUN START

\$200 PER TEAM • 36 TEAMS
INCLUDES
18 HOLES, STEAK SUPPER, \$10 000 HOLE-IN-ONE
AND PRIZES

*CARTS EXTRA

TO BOOK CALL 749 2211



Birch Hills
GOLF COURSE

Stay & Play 2022

Stay at the Birch Hills Campground (\$35/night full service) and golf at the Birch Hills Golf Course for 1/2 price.



Carts extra, if applicable;
Prebooking is recommended;
Not valid for tournaments

Book online at www.birchhillsgolfcourse.ca or
Call 306-749-2211 for more information



St. Mary's Anglican Church, 279 McCallum Avenue, Birch Hills, SK

Holy Trinity Anglican Church, South of Brancepeth, SK

All events at St. Mary's, Birch Hills unless otherwise indicated. Contact Father Jordan to attend an event via Zoom.

The wearing of masks and social distancing, while not mandated, is encouraged.

Sunday, July 3rd 9:00AM – Third Sunday After Trinity

Wednesday, July 6th 7:00PM – Evening Prayer @ Holy Trinity (south of Brancepeth)

Sunday, July 10th 9:00AM – Fourth Sunday After Trinity

Wednesday, July 13th 7:00PM – Evening Prayer @ Holy Trinity (south of Brancepeth)

Reach Out - Anyone who has clothing donations to supply to homeless and needy folks in Prince Albert can leave them outside St Mary's Church or leave them inside the door if you have a key. They will be taken to the Prince Albert organization, Reach Out, which serves the homeless.

Contact Fr Jordan to arrange for Holy Communion at home. Private Confession is by appointment. Contact Fr Jordan. Reach Fr Jordan by phone: (306) 749-2229 or email: jordan_draper@hotmail.com



Follow us on Facebook [Parish of Birch Hills, Kinistino & Muskoday | Facebook](#)

Thank you from the TLC Grandmas for your support

The proceeds from the BBQ are being donated to TLC for their Summer programming

Thank you all for your help

-Biker Bob

RECYCLE

Please Share your Newsletter with a friend.
Send request to birchhillsrec@sasktel.net to receive the news letter online.



Birch Hills Library Report

135 Bellamy Ave
(306)749-3281

bircirc@wapitilibrary.ca

Open Tues: 11-5 and 6-8;

Thurs 12:30 – 2:30 and 3 – 7 new times

Fridays 9 -1.

Masks are encouraged.

Join our Facebook group at: <https://www.facebook.com/groups/289306315777789/>

Weekly events:

Mom's group Tues, July 5, 19; Aug 2, 16 all at 1:30 pm
Story and craft after school on Tuesdays
Story time with craft and snack on Fridays at 10:00 am.
All ages welcome.

Contact the library if you have a book you would like to recommend for others to read

Check out our artist of the month! This month features Shayna Hamilton Photography as well as Natalie Matheson and her crocheted critters.

Special events:

Our reading program this summer is called Tree of Knowledge. Stop by the library to register and pick up your log to keep track. Great prizes to be won!!

July 12 Pam Hayes book reading and signing. Pamela Hayes resides in Okotoks, Alberta, where she and her husband have lived for the past five years. A prairie girl, she was born and bred in Birch Hills, Saskatchewan and spent most of her life in Central Saskatchewan prior to retiring to Alberta in 2015. Pam is the proud mother of three grown daughters, and grandmother to four cherished grandchildren! Pam is retired after working a combined 27+ years for psychologists, law enforcement and family services.

Thursdays afternoons during July and Aug, join us for a story, craft, snack and games.

Book Folding by Shirley Cockrane – Sept 6, 13, 20 and 27. 6:00 pm – 8:00 pm. List of tools required to follow. Contact the library at (306)749-3281 to register. Space is limited!

Pam's debut book titled 'It Is What It Is'... *One Woman's Wanderings and Wonderings*, was published in July 2021. It is a collection of stories and poetry, a glimpse into her life which she affirms has been greatly enriched by family, faith, community, friends, and workplaces.

The Birch Hills Public Library would like to thank everyone who supported us by purchasing Coop Gift Cards. The list is many however we would like to acknowledge some of businesses that purchased cards: Roxanne Stevenson with Century 21 in Estevan; Brenda's Blue Ribbon Beef in Birch Hills; Duane Braaten with Advantage Realty in Prince Albert; Crystal Krasilowez with West Hill Dental in Prince Albert; Marianne Turcotte with Beaulac Funeral Services in Prince Albert; Brian Stobbs with MacKenzie Funeral Services in Prince Albert.

Annelle's Pick

Rick Mercer – Talking to Canadians, A Memoir

Written with the same wit and wisdom we became accustomed to watching "This Hour has 22 Minutes" and "The Rick Mercer Report", Talking to Canadians provides a closer look into the brilliance of Rich Mercer. Long live humour and satire, and CBC!

LAKE COUNTRY CO-OP

COMMUNITY BBQ

JULY 13, 2022
4:00PM - 6:00PM

NORTHSIDE OF C-STORE

BURGER & DRINK

MINIMUM \$5 DONATION
PROCEEDS TO GOLF COURSE
CLUBHOUSE

WEATHER PERMITTING.

Can Tab Fundraiser

A huge thank you to all for your participation in the past years. Our area has greatly supported this worthy cause for kids cancer research. I will again be collecting this year.

Drop off location will be announced later this summer

Call Shirly Graupy @ 306-749-2438 for more info.

Birchview Fun Day

On

Sunday, August 14th

During Birch Hills Threshing Days



10-4



shutterstock . 1105977923

11th Annual Farmers Market

(Fresh garden vegetables, canned and baked goods)

Popcorn, Candy bags,

Dessert to-go and Cold Drinks



50/50 and Raffle Draws

Silent Auction Items

AND FIRST DIBS ON

TICKETS FOR THE

BIRCHVIEW BIG BUCKS

Located in the Dance Center Parking lot

South of Birchview Home

All proceeds going to the Birchview Recreation Department and the Eden Committee to enhance the lives of all the residents who live at Birchview Home!!

Thank you in advance for your support & Don't Miss Out!!!

Birch Hills Brewers

Schedule

Tuesday May 31 st VS Prince Albert	W 9-8
Tuesday June 7 th VS Prince Albert	W13-1
Thursday June 16 th VS Porcupine Plain	W10-1
Tuesday June 21 st VS Tisdale	W 13-3
Tuesday June 28 th @ Porcupine Plain	W 8-5
Thursday June 30 th @ Prince Albert	
Tuesday July 5 th @ Arborfield	
Thursday July 6 th @ Prince Albert	
Playoffs start after July 9 th	



Town vs. Country June 25	Jack & Jill (Proceeds to new Clubhouse) July 10	Hunter Nelson Memorial July 16	Royal Canadian Legion July 23
Club Championship August 7	Birch Hills Blackhawks Aug 13	Junior / Senior August 28	Men's Night Windup Sept 18

Ladies Golf:

Mondays starting at 6:00pm (1/2 price green fees for non-members)
Tuesdays starting at 9:24am

Men's Night Thursdays 6:00pm
 \$5.00 annual membership; \$5.00 nightly fee
 plus green fees / cart rental if applicable

Prebooking is recommended for Ladies & Men's Golf

Book online at www.birchhillsgolfcourse.ca or
 Call 306-749-2211 for more information



CHURCH SERVICES:

Glad Tidings Tabernacle

- Sunday services at
 11:00 am.



St Anne Roman Catholic

7PM Saturday effective June 4th

Christ Alone Lutheran Brethren Church

(Formerly called Birch Hills Community Church)

Sunday Service 11:00 am

Corner and 4th of Bellamy

Bible Study Thursday Evenings 7:30 pm

Saron Lutheran Church

Hagen, Sk

Sunday Service 9:20 am

July 10,24

Aug 7,21

September 4,18

Lake Park Baptist Church

Lake Park Baptist Church

Sunday Prayer Time: 8:30-9:30 AM

Morning Cafe 9:30 AM

Sunday School for All Ages 10:00 AM

Sunday Morning Service: 11:00 AM

Tuesday Evening: Club DJ: 6:45-8:15 PM

Youth Bible Study: 7:00 PM

- Live Streaming will occur during the

Sunday Morning Service and later

uploaded to Youtube for viewing.

visit our website @ www.lakepark.ca

**CRYSTAL SPRINGS
 2022 COFFEE ROW**

2 to 4 pm on Wednesdays

June 1st

July 6th

Aug 3rd

Sept 7th

Oct 5th

Nov 2nd

Dec 7th

Please join us at Crystal Springs Hall
 Bring a friend -- it's a wonderful opportunity for
 friends & neighbours to get together!!

For more info, call Donna 306-314-5672

July 1, 2022

the 60th Anniversary of Medicare in Saskatchewan



Woodrow Lloyd

Tommy Douglas

The depression and drought of the 1930s, followed by the 2nd World War, created hardship for the people of Saskatchewan. When the CCF (NDP) was elected in 1944 (with 47/52 seats), Premier Tommy Douglas lifted that burden in many ways – electricity to 60,000 farms, support for co-ops and credit unions, and public utilities like SaskPower, SaskTel and STC.

In 1962, Tommy & his successor, Woodrow Lloyd, introduced the first publicly-funded health care in North America. MEDICARE!

Because of its success, Medicare was finally introduced for ALL of Canada in 1966 – by the Pearson government - with support from the NDP.

We still have it today! No bills when we see a doctor or stay in a hospital.

This is why Tommy Douglas has been voted “the Greatest Canadian”.

Sponsored by the Batoche NDP

Pickle-ball
equipment
now availa-
ble to use!

Paddles,
Balls, Nets

Contact the
Rec Office

@

306-749-

7451 or

[birchhillsrec](mailto:birchhillsrec@sasktel.net)

@sasktel.net

to use.

Scrap Metal Drive fundraiser for the rink is still ongoing. There is a collection bin located at the lift station on Ward Road. Anything with metal on it can be donated. There will be an account under “Birch Hills Skating Rink” at McDonald’s Metal in Prince Albert for those who wish to drop stuff off there.



Meal reservations required by the **Monday** prior to Juniors Night; please advise of any dietary needs at time of booking



Juniors **Night Tuesdays Supper @ 5:30pm Golf @ 6:00pm**
Green fees are \$11.00 for non-members
Prebooking is required for Juniors Golf Night

Book online at www.birchhillsgolfcourse.ca or
Call 306-749-2211 for more information



ACTIVITY GOLD MINE

*Birchview Eden Committee
Introducing...*

Birchview Big Bucks

11-\$1,500 Cash Prizes

*Last Draw on October 3/23- \$2,500 Cash Prize
\$100.00 per Ticket*

*Draws will be made 1st Tuesday of each month
@ Birchview Home winners contacted by Phone*

First draw on November 1, 2022- Oct 3/2023

*400 total tickets sold and winning tickets will
be placed back in the barrel for future draws*

*Our residents deserve the best... they deserve the world and this is what we are
trying to do for them to enjoy all aspects of life...*

By making Birchview Home the BEST it can be!

*We thank you in advance for
Buying and selling tickets
Together we do wonderful things
Good luck to you all*

*If you would like to purchase tickets or
help us sell tickets, Please contact
Birchview Home at 306-749-2288
Tickets will be sold starting Aug 14th @ Threshing Days*



WE ARE BACK!

**Birch Hills Historical Society
Inc**

Annual Threshing Day

Sunday, August 14th, 2022

We are booking tables for our 1st
ever Trade Show.



\$20.00/table
maximum 2
tables

Contacts: Text Jane @ 1-250-571-
1916 or

Call Myrdena @ 749-3261 or
Shirley @749-2500

**Watch for more info. coming in the next
few issues of the Heartbeat.**

*Do you think Birch Hills history is im-
portant?*

*Want to become involved in your communi-
ty?*

*Become a lifetime member of the BH Histori-
cal Society for \$25.00.*

**Birch Hills Thrift Store is
open**

Wednesdays 10am – 4pm
Saturdays 10am – 2pm

STRUTHERS LAKE REGIONAL PARK

is offering.....

SWIMMING LESSONS



Lesson Schedule <http://www.swimsafe306.com/struthers-schedule>
 Registration Link: <http://www.swimsafe306.com/struthers-registration>

**AUGUST
15-19**

- ✓ LEARN TO SWIM
- ✓ SWMSAFE306.COM
- ✓ SELECTED LEVELS/AGES
- ✓ REGISTRATION OPENS 60 DAYS PRIOR TO LESSONS

EMAIL: swimsafe306@gmail.com

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As part of our Jack & Jill Scramble Golf Tournament, we have a selection of **raffle prizes** that anyone may purchase tickets for. Please stop in at the golf course to purchase and watch Facebook for pictures. (golf passes, deck cooler, stay & play package, 3 packages of beef, Milwaukee radio/aircompressor, luggage, gift cards, reverse osmosis system and more!)

**Tickets are 5 for \$5.00
 Draw Date July 10, 2022**

Book online at www.birchhillsgolfcourse.ca or
 Call 306-749-2211 for more information



Meal reservations required by the **Friday** prior to Ladies Night; please advise of any dietary needs at time of booking

Dry Ribs Carter's Custom Ag July 4	Taco Salad Tupperware July 11	Kebabs Braaten Const July 18	Burgers "Caddy Night" July 25
Pulled Pork Vivid Painting Aug 8	"Wings" Great Western Aug 15	Lasagne Random Aug 22	Steak Night CMT Aug 29

Ladies Night Mondays 6:00pm
 Green fees are \$11.00 for non-members
 plus cart rental if applicable
 Prebooking is required for Ladies Golf

Book online at www.birchhillsgolfcourse.ca or
 Call 306-749-2211 for more information



Meal reservations required by the **Tuesday** prior to Men's Night

Burgers June 2	Beef Dip June 9	Smokies June 16	"Wings" GW Night June 23
Dry Ribs June 30	Taco in a Bag July 7 Wade's Bday	Steaks Econo Lumber July 14	Subs Affinity Credit Union July 21

Men's Night Thursdays 6:00pm:
 \$5.00 annual membership; \$5.00 games & \$2.00 deuce pot
 plus green fees / cart rental if applicable
 Prebooking is required for Men's Golf

Book online at www.birchhillsgolfcourse.ca or
 Call 306-749-2211 for more information





Mark your calendars as we have a great day planned for you!

This is the tentative schedule and is subject to change:

- 12:00pm Parade (following previous parade routes)
- 12:30pm Gather at Sportsgrounds for Tailgate BBQ
Photos with Grey Cup (hopefully continuing until entourage leaves)
- 12:45pm Announce winners of yard decorating, colouring contests & draws
Cheque presentation from Richardson Pioneer / Grey Cup Committee
Acceptance speech from Golf Board / Organizing Committee
Words from Dignitaries
- 1:30pm Flag Football
Hole in One Golf Tournament
- 4:00pm Say good-byes and thank yous to Rider entourage
- 5:00pm Steak Supper (partial donation included in cost)
- 7:00pm Family Dance @ Sportsground
- 9:00pm Fireworks
- To follow Licensed Dance @ Sportsground



A day of this magnitude will require volunteers – we're hoping you can help. Contact the Golf Course 306-749-2211 or email birchhillsgolfcourse@gmail.com if you are able to help. We have some fireworks donation cans set up so that you can help make our firework display spectacular. You can also order Mom's Pantry (all proceeds will go towards purchasing fireworks. The website is www.momspantry.ca; 354914 is the order # or Birch Hills Grey Cup Celebration is the group name. Orders will close on July 15, 2022.

Birch Hills Royal Canadian Legion Branch #122
Presents The
**TENTH ANNUAL MEMORIAL GOLF
TOURNAMENT**

@ The Birch Hills Golf Course
July 23rd, 2022 Tee Off @ 1:00PM Start
\$50.00 per Golfer or \$200.00 per Team
Only 72 Golfer/18 Teams
(Supper only \$20.00)

Includes Roast Beef Supper (Mashed potatoes, salads, veggies and refreshment)
awards ceremony and social to follow @ the RCL Branch

*** * * * * *SIGN UP EARLY* * * * ***

Contact John Herd @ 749-7337 or Ron Lyons 749-7460 for details
Please note payment must be received on/or before Friday July 15 to ensure position
(NO Entries after that date)

Sign up & E-transfer payment to johnsherd@gmail.com (no password necessary)

* * * * *Note Golfers Responsible for booking own power cart & club rentals - phone
B.H. Golf Course @ 749-2211* * * * *

Birch Hills Royal Canadian Legion Branch #122
**TENTH ANNUAL MEMORIAL GOLF TOURNAMENT
REGISTRATION FORM (JULY 23rd B.H. GOLF CLUB)**

Name of Contact Person _____ Phone # _____

E-Mail _____

Number of Golfers ____ @ \$50.00 each. Supper Only ____ @ \$20.00
each

Total enclosed \$ _____

E-transfer payment to johnsherd@gmail.com (no password necessary)

Birch Hills & District Historical Society 26th Annual Threshing & Family Fun Day Sunday, August 14, 2022

Pancake Breakfast – 7:30 to 9:30 am @ DLCC (Duane Lowe Community Centre)
sponsored by the Town of Birch Hills

Church Service – 10:30 to 11:30 am @ Coverall Bldg on Museum Grounds,
sponsored by the Birch Hills Ministerial Association

Parade – 12 Noon – Call Stuart Matice to enter 306-314-2378

Food – Cold Plate– museum basement
- Pie & Coffee – museum basement
- Hamburger & Hot Dog BBQ
and Beverages Stand on the grounds

Musical Entertainment – 1:00 Gayle Breiter and Rebound

Threshing Demonstration – 3:30 – Museum Threshing Crew

Children's Fun

1:00 pm – Sponsored by the Summer
Playground Program



Activities & Events

Njaa's Milk House
1st ever Trade Show \$20.00/ table
For tables text Jane @ 1-250-571-1916
or call Shirley 306-749-2500 or
Myrdena 306-749-3261
Also on the grounds: 50/50 Draw with
Bob McRury and other activities.
NEW FEATURE – Antique Car Show

Feature Rooms Inside

Veteran's Room
School Room
Taxidermy
Country Store
Kitchen
School Year Books
Memorial Wall



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