



HEARTBEAT

The **'Birch Hills Heartbeat'** newsletter is printed bi-monthly 1st and 15th of the month. It is available at the following locations: **Birch Hills Recreation Office**, Lake Country Co-op, Grumpy's Confectionary, Quayle's Pharmacy, and other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to **birchhillsrec@sasktel.net**

February 1st, 2022

Issue 275

The Walking Club is back! Tuesdays and Thursday morning (9:00-12:00) at the Civic Centre. Come in out of the cold and get some exercise!

All COVID procedures will be followed to attend:

Proof of Vaccine/Negative Test

Masking

Must check in at the rec office before being admitted.

If you have questions contact the Rec Office @ 306-749-7451 or birchhillsrec@sasktel.net



February issues of this Birch Hills activity newsletter are sponsored by:

Kleen Bee

John Herd Accounting

Marj Njaa and Family

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact 306-749-7451/ birchhillsrec@sasktel.net. The cost is \$100 by 3 sponsors (\$300/month) for printing, advertising and ensuring that the newsletter stays free for everyone.

COVID-19 

**MEALS ON WHEELS
VOLUNTEERS NEEDED**



Deliver nutritious meals and share a smile with those in need.

Sign up today!

Contact your local Volunteer Coordinator for further information :

Email: VOLUNTEERS@paphr.sk.ca Phone: (306) 765-6119 or (306) 941-8365

We are currently recruiting Volunteers in Birch Hills, Cudworth, Kinistino,

Prince Albert, Rosthern and Wakaw.

We're taking necessary precautions to ensure deliveries continue safely during this time.

Saskatchewan Health Authority requires all volunteers to be fully vaccinated for COVID-19. Proof of vaccination will be required prior to volunteer assignment



saskatchewan.ca/COVID19

November 16, 2021

Thanks to all our Knitting friends over the last few years. Everyone is working on their own item at their own speed.

We have sent many bundles to different places in Prince Albert that are very much needed.

If there is anyone in the Birch Hills & area please contact us if you need anything.

Yarn donations are still very much appreciated

Thanks so very much

From the

Knitting Grannies

Contacts:

Shirley Lyons 306-960-4493

Faye Erickson 306-749-2952

February Heartbeat Newsletter

#4 – 293 17th Street West, Prince Albert, SK S6V 3X6 (306) 763-1726

POLAR ICE MELT 1 1LB

WHILE SUPPLIES LAST

\$6.95!!

Keep sidewalks safe!

Will not harm grass or concrete!!



PURELL MULTI-SURFACE

DISINFECTANT 3.78L

\$26.55!!

Kills Covid virus in 30 secs!!

No rinse on food surfaces!!



Wishing you a very merry Christmas and a safe and wonderful New Year

JOHN HERD

IT'S INCOME TAX TIME

DEADLINE for contributing to your 2020 RRSP is MARCH 01, 2022.

I have my own spreadsheet which can calculate the TAX savings for different RRSP contributions INSTANTLY. This is a FREE service for my clients.

Please contact me before February 24 to give you time to make an additional contribution.

FREE FOR SENIORS: If you live in Birch Hills and you have a SIMPLE TAX RETURN (Old Age Slip, Canada Pension Slip, 1 Bank Slip and/or 1 Pension from work Slip)

I WILL DO YOUR TAXES FOR FREE.

I will pick them up, prepare them, give you a copy, get you to sign the page I need for my files and e-file them for you. (Covid distancing included)

THERE IS NO CATCH – COMPLETELY FREE

In addition to all sorts of PERSONAL TAX RETURNS, I do SMALL CORPORATIONS and FARMS.

Give me a call at 306-749-7337 to set up an appointment.

Birch Hills Blackhawks

As of January 27th, the Birch Hills Blackhawks are in 1st place heading into their final 2 weekends of league play. The Blackhawks will have played the Rosthern Wheatkings on January 28th in a battle for first place. They journey to Hague on Friday, February 4th to take on the Royals and the postponed game with the Waldheim Warriors has yet to be re-scheduled.

TEAM	GP	W	L	T	OL	TP
Birch Hills	15	12	2	0	1	25
Rosthern	15	11	2	0	2	24
Warman	16	9	4	0	3	21
Waldheim	13	9	3	0	1	19
Shellbrook	15	9	5	0	1	19
Allan	16	8	8	0	0	16
Dalmeny	14	7	7	0	0	14
Cudworth	17	4	11	0	2	10
Clavet	13	3	8	0	2	8
Hague	14	2	12	0	0	4

Provincial playoffs for the Blackhawks started on Sunday, January 30th when they travelled to Hafford to take on the Hawks. The second game of the best of three series will be on Saturday, February 5th at 7:00pm at the Hesje Centre in Birch Hills. The third game, if necessary, is in Birch Hills on Sunday, February 6th at 2:30pm.

Thank you to everyone who has attended our games this season...there is still a lot of great hockey to watch!

Please watch for posters around town and follow the Blackhawks on Facebook (Birch Hills Sr. Blackhawks) to find out game results and to see who and when we are playing. Go Hawks!

Thanks to:
Neil Braaten - Braaten Construction
Rupert Bremner –
IG Wealth Management
For Sponsoring the
Blackhawks January 22nd
\$500.00 50/50

St. Mary's Anglican Church, 279 McCallum Avenue, Birch Hills, SK

St. Mary's service time changes to 9AM in February!

Please wear a mask to church, sanitize and practice social distancing!

Our Wardens for St Mary's, along with Father Jordan, are currently contemplating closing the Church to in-person meetings other than worship services. If the decision is made to only hold in-person worship services, then meetings and bible studies will be conducted via Zoom. You may also attend church via Zoom. Please contact Father Jordan (306) 749-2229 or jordan_dramer@hotmail.com for the Zoom link.

All events at **St. Mary's, Birch Hills** unless otherwise indicated.

Wednesday, February 2nd 7PM (Location TBD) – **Bible Study** on the Epistle to the Hebrews. To receive a copy of the study guide, email Fr. Jordan Draper at jordan_dramer@hotmail.com

Sunday, February 6th 9AM – **Fifth Sunday After Epiphany**

Tuesday, February 8th 7:30PM – **AGM** (Location TBD)

Wednesday, February 9th 7PM (Location TBD) – **Bible Study** on the Epistle to the Hebrews. To receive a copy of the study guide, email Fr. Jordan Draper at jordan_dramer@hotmail.com

Sunday, February 14th 9AM – **Septuagesima**

Sunday School at 11AM – contact Karen Pratt @ 306-749-7240 for more information.

Reach Out - Anyone who has clothing donations to supply to homeless and needy folks in Prince Albert can leave them outside St Mary's Church, or leave them inside the door if you have a key. They will be taken to an organization in Prince Albert which serves the homeless called Reach Out. Contact Fr Jordan to arrange for Holy Communion at home. Private Confession is by appointment. Contact Fr Jordan. Reach Fr Jordan by phone: (306) 749-2229 or email: jordan_dramer@hotmail.com



Follow us on Facebook [Parish of Birch Hills, Kinistino & Muskoday | Facebook](#)

Birch Hills Public Library Report

The Library is now fully opened. Stop by to see what we have to offer.

**Open Tues: 11-5 and 6-8;
Thurs 1 - 7
Fridays 9 - 1.**

Check out our new location at 135 Bellamy Avenue.

Masks Mandatory

Book, Puzzle, and Game Sale, We are currently having a sale until February 4th. Stop by during library hours to see what we have to offer

Sheena's Pick. The Forgotten Wife by Lorna Cook

A timeless story of love and sacrifice, offering mystery and murder that will keep you wanting to read more!

Jan is on leave until April 5, 2022. Sheena Mulligan is filling in for Jan. Be sure to stop by and say hi to Sheena!

Join us for Story Time on Fridays at 10:00 am. All ages welcome.

Book and / or Author Recommendation Program

Found a book you love? Why not share with others!! Contact the library at (306) 749-3281 to share your pick!

We have Grab and Go books. It's a selection of common themed books that patrons can pick up without having to search for them.

Watch our Facebook Group for upcoming events.

Join us for a story and craft every Tuesday after school.

Rotating Art Display. Stop by and check out our featured artist of the month! This month featuring Marv Penner, on display Feb 1st through Feb 25th. Join us Tuesday evening, Feb 1st to meet Marv and have coffee.

Royal Canadian Legion, Birch Hills branch #122	
HEARTBEAT SUBMISSION-JAN 31,2022	
Poppy Fund Financial Report	
Balance as of Sept 30, 2020	\$5,481.26
Revenue-poppy trays	1,373.80
-donations	1,735.00
Total	\$8,590.06
Expenses-Bursaries	\$600.00
-Campaign	200.00
-Poppy supply	278.13
-N. Sk. Regiment	832.48
-10%poppy levy	224.71
-Literary Contest	270.00
-Affinity CU fees	63.64
Total	-2,468.96
Balance as of Sept 30, 2021	\$ 6,121.10
Art and Literary Contest 2021	
Primary-Grades 1-3	
Art-Color	Art-Black and White
1st O. Whitson	1st K K Bird
2nd I. Knutsen	2nd K. Phillips
3rd L. Evans	3rd S. Meadows
Junior-Grades 4-6	
Art-Color	Art-Black and White
1st K. Swales	1st B. Carrier
2nd C. Johnstone	2nd T. Boutin
3rd E. Mickelson	3rd M. Thompson
Intermediate – Grades 7-9	
Art-Color	Art-Black and White
1st P. Thompson	1st K. Mohninger
Senior	
Art- Color	
1st M. Munro	

There were no entries in any of the Literary -poem or Essay sections.
 Thankyou to all those who participated and all the 1st place winners were entered in District competition.

November, 2021 Memorial Donations to the Poppy Fund

Thank you for all your generous contributions.

Business/Local Government/Private

Quayles Pharmacy	Nutrien	R.M. of
Invergordon #430		
Cornerstone Insurance	Lake Country Co-op	R.M. of Birch Hills
#460		
Affinity Credit Union	Baptist Church	R.M. of St. Louis
#431		
Town of Birch Hills	Birchview Home Aux	Carlee Braaten

DONATIONS RECEIVED IN MEMORY OF:

JOHN COOK	ASHLEY SMITH
DAN COOK	GORDON MACFIE
HERBERT QUAYLE	ROSS MACFIE
HARVEY PRATT	JIM MACFIE
GERTIE PRATT	WILLARD EVANS
OSCAR MOHN	OLIVE CROMARTIE
BURTON AYLES	

The Birch Hills Sno Posse is hosting an "Outdoor only event" for Sat. Feb 12, 2022. We will not have a venue for food, drink or gathering due to the ongoing concerns of the pandemic. The poster and our Facebook page "Birch Hills Sno Posse" will provide further details and subject to change in the coming weeks.

Online Registration to get in on the cash and prizes starts Feb 1. Draws will be made Feb 13th.

The Birch Hills Sno Posse extends our deepest gratitude to our supporters throughout the years. If you wish to donate a prize to our rally, contact us through Facebook or any Sno Posse member. Your donation/business card will be posted to our Facebook page.

This Rally is for RIDERS!! Going to be a great trail!
 If you want to ride, reach out to me at 306-864-8013.
 Everyone can buy tickets for the draws – let me know &
 I'll fix you up! There won't be a "gathering" at the Hall –
 no food or drinks. On the day of the Rally, we will be
 there, signing up riders & selling tickets for those who
 haven't already bought theirs.

CRYSTAL SPRINGS
2022 POKER RALLY
Saturday, Feb 5, 2022

WIN CASH & PRIZES
\$300 / \$150 / \$75
+ Raffle Prizes

Registration & Ticket Sales
Online & at Crystal Springs Hall
from 10 am – 2 pm Feb 5th

Cash & Prize Tickets / 50/50 Tickets
1/\$10 or 3/\$20 / 1/\$10 or 3/\$20

WINNERS announced Sunday, Feb 6th on
Crystal Springs – What's Happening!!
Facebook page

E-Transfer:
csrcevents@outlook.com

Ticketsales/ registration open January 10th
Deadline Feb 5th at 2 pm

Hosted by the Crystal Springs Rec Co-op

Happy 87th Birthday
Floyd Sorensen

Kinistino Skating Club Carnival-
March 12

RECYCLE

Please Share your Newsletter with a friend.
 Send request to birchhillsrec@sasktel.net to
 receive the news letter online.



CHURCH SERVICES:

Glad Tidings Tabernacle -
 Sunday services at 11:00 am.

St Anne Roman Catholic

Welcome to our Church

11:00 am Sunday

Christ Alone Lutheran Brethren Church
 (Formerly called Birch Hills Community Church)
 Sunday Service 11:00 am
 Corner and 4th of Bellamy
 Bible Study Thursday Evenings 7:30 pm

Saron Lutheran Church
 Hagen, Sk
 Sunday Service 9:20 am

Lake Park Baptist Church
 Lake Park Baptist Church
 Sunday Prayer Time: 8:30-9:30 AM
 Morning Cafe 9:30 AM
 Sunday School for All Ages 10:00 AM
 Sunday Morning Service: 11:00 AM
 Tuesday Evening: Club DJ: 6:45-8:15 PM
 Youth Bible Study: 7:00 PM

- Live Streaming will occur during the
 Sunday Morning Service and later
 uploaded to Youtube for viewing.
 visit our website @ www.lakepark.ca

If anyone is interested in starting a
 Pickleball club or Tennis club in Birch
 Hills please contact me at birchhillsrec@sasktel.net or by phone at
 306-749-7451 or stop in at the rec
 office and see me.

Thanks to:
**Murray & Ramona
 Swenson -
 Twin Groves Farm Ltd.**
 For Sponsoring the
**Blackhawks January
 28th \$500 50/50**

Curling News

Upcoming Events

Ladies Bonspiel FEBRUARY
 11th & 12th
 2 Person Bonspiel MARCH
 18th, 19th & 20th
 Call the Rink @ 749 - 2951

February Birchview Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Haircare 10:30 Chinese New Years ~ Year of the Tiger  2:30 Community Church Canteen is open	2 Happy Birthday Eleanor 10:30 Tonechimes 2:30 Crafty Hands Popcorn 	3 Haircare 10:45 One on One's 2:30 Olive and Friends	4 10:30 Exercises & Hang Man 2:30 Bingo Canteen is open 	5
Happy Birthday Ken W 	6 Haircare 2:30 Sing a long 5:00 Stewart Pizzeria Supper 	7 Rec Shopping 2:30 Baptist Church Canteen is open 5:00 KFC Supper  	8 10:30 Tonechimes 2:30 Alcohol Ink Project 	9 Haircare 10:45 Manicures 2:30 Wes Stubs Entertainment With Special Snacks 	10 BUNCO 10:30 Exercises and Trivia 2:30 Bingo Canteen is open	11 Happy Birthday Iris 
12 love yourself February is self-love month	13 10:45 Valentines Trivia Valentine's Day Lunch 2:15 Romantic Movie ~The Notebook 	14 Haircare 11:00 Ladies Aux Meeting 2:30 Anglican Church Canteen is open 	15 10:30 Tonechimes 2:30 Making Puppy Treats 	16 11:45 Lunch Club ~Group 3 2:30 Ralph Galombus Entertainment 	17 10:30 Bible Study with Friends 2:30 Bingo Canteen Is open	18 
	19 Happy Birthday Elsie Family Day <small>President's Day</small>	20 Haircare 11:00 Resident Council 2:30 Roman Catholic Canteen is open 	21 10:30 Tonechimes 2:30 Winterfestival "Country North Show" Video With Popcorn	22 8:00 Breakfast Club ~Group 4 Haircare 2:30 Horseracing Game 	23 Happy Birthday Terry G 10:30 Reminiscing Game 2:30 Bingo Canteen is open	24 
25 10:30 Calendar Posting 2:30 PA Winterfestival Country Gospel Show Video	26 	February 2022 <i>Birchview Home</i>				



Thanks to Ron for grooming the cross-country and snowshoe trails.

To ensure our greens and tee boxes survive the winter, we ask that you please stay on the groomed trails. If you ski or showshoe on the greens and tee boxes, the snow compacts and we could have winter kill. If we notice a trail that needs a detour, we will post a notification on Facebook.

Walkers (people & dogs) and snowshoers may use the showshoe trails, but not the ski trails as it ruins the trails.

Hopefully, we have nice weather in the forecast so that we can enjoy our hidden gem!

Blackhawks vs. Waldheim



Tentative – watch Facebook for more information

Proof of COVID-19 Double Vaccination (14 or more days since 2nd shot) or a negative COVID_19 test required to attend

Properly Worn Masks are required (Bandanas or gaiter masks are not appropriate face coverings)

**Wed
2
Feb
2022**

**Time | 8:00pm
Canteen & 50/50 Available**

Wakaw Arena
Wakaw, SK



BlackHawks vs. Hafford

Birch Hills
leads the
best of 3
series
1-0



Guaranteed \$500 50/50 courtesy:



OZMUN FARMS

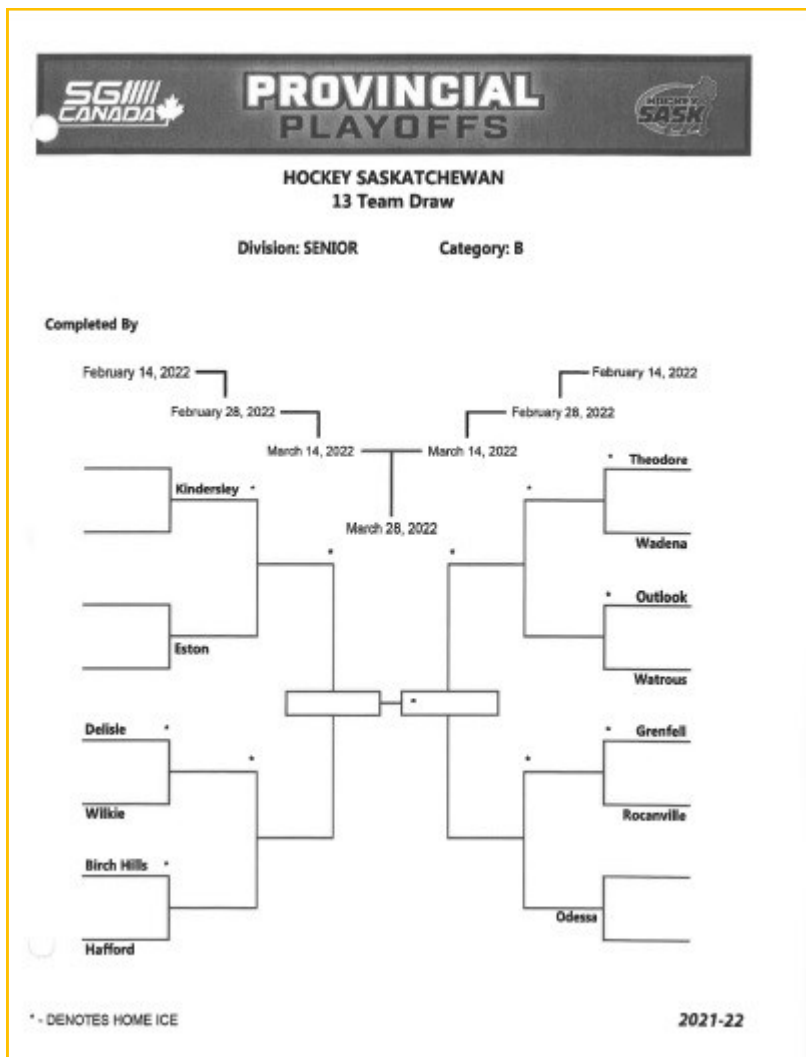
**Sat
5
Feb
2022**

**Time | 7:00pm
Beverage Garden, Canteen
& 50/50 Available**



The Birch Hills Blackhawks have teamed up with the Kinistino Tigers this year and have entered SGI Canada's Hockey Saskatchewan Senior B Playoffs. Information will be posted and shared on the following Facebook pages (as well as the Heartbeat if possible): Birch Hills Sr. Blackhawks, Kinistino Tigers, Hesje Centre - Birch Hills Skating Arena and Town of Birch Hills Community & Recreation. The first team we will face is the Hafford Hawks. GO BLACKHAWKS!

Due to Covid-19, games may be rescheduled or postponed with little notice. Information will be posted and shared on the following Facebook pages (as well as the Heartbeat if possible): Birch Hills Sr. Blackhawks, Hesje Centre - Birch Hills Skating Arena and Town of Birch Hills Community & Recreation and if time permits, on posters, the rink sign and the Main Street sandwich board



Thanks to:




Cornerstone
insurance
SERVICES INCORPORATED

Built on trust.

For sponsoring the Blackhawks' January 28th Calcutta Shoot-out Go Hawks!

Provincial Hockey
BlackHawks vs. Hafford



Game 1
Sun, Jan 30 4:00pm @ Hafford


Game 2
Sat, Feb 5 7:00pm @ Birch Hills

Game 3 (if needed)
Sun, Feb 6 2:30pm @ Birch Hills

Sat/Sun
5/6
Feb
2022

Licensed Beverage Garden; Canteen; 50/50

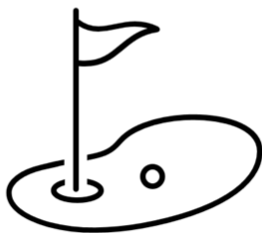
Proof of Covid Vaccination or negative Covid test required to attend



The Birch Hills Golf Course has seasonal employment opportunities for 2022. We are seeking Clubhouse reception/sales and kitchen staff (full & part time) - must have Food Safe and Serve it Right (for full-time positions) certifications (or be willing to take course/s; online is available) and provide proof of certification, prior to employment.

Computer skills, golf experience, and customer service skills would be considered an asset. Must be 19 years of age to apply for full-time positions. These positions involve customer service (phone, in-person and on-line), food and beverage preparation and serving, cleaning (inside and outside) and golf course marshalling as well as other miscellaneous duties.

Please submit resumes to email address: birchhillsrec@sasktel.net or birchhills-golfcourse@gmail.com no later than March 15, 2022 or drop off at Birch Hills Recreation Office at 126 McCallum Avenue by March 15th, 2022.



Thinking of getting a golf membership this year?

- For the 2022 season, we are offering half-price memberships (\$300) for new adult members (haven't been a member in the previous 5 seasons 2017-2021; purchase deadline is June 1st, 2022)
- *Golf Canada / Golf Saskatchewan membership not included; Installment payments are not available for this offer*
- Gift certificates and passes are also available
- Contact birchhillsrec@sasktel.net or 306-749-7451 for more information

