



# HEARTBEAT

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly 1st and 15th of the month. It is available at the following locations: **Birch Hills Recreation Office**, Lake Country Co-op, Grumpy's Confectionary, Quayle's Pharmacy, and other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)

October 1st, 2021

Issue 267

The Sask Lotteries Community Grant Program money has arrived and the Rec Board will be accepting applications until October 15th. The purpose of the grant is to provide access to sport culture and recreation activities for all Saskatchewan people regardless of age, sex, ethnicity, economic status physical or mental ability;

The grant provides funds to community non-profit volunteer organizations in sport, culture and recreation programs.

Expenditures must be directly related to the delivery of a sport, culture or recreation project.

Expenditures must occur within the grant period of April 1, 2021 to March 31, 2022.

For more information on the grant or if you would like to know if your program is eligible contact the Birch Hills Rec Department at:

[birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net) or by phone @ 306 749 7451.

Application forms can be picked up at the Rec Office and must be returned to the Rec Office by October 15th.

October issues of this Birch Hills activity newsletter are sponsored by:

QUAYLES PHARMACY  
BIRCH HILLS LIBRARY  
BIRCH HILLS LEGION #122

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact 306-749-7451/ [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net). The cost is \$100 by 3 sponsors (\$300/month) for printing, advertising and ensuring that the newsletter stays free for everyone.

## Weldon Fall Trade Show And Sale

Saturday,

November 13

10 am to 3 pm

Weldon

Auditorium

Vendors to call or text Brenda at


960 8335

All proceeds to the Weldon Auditorium




# October Heartbeat Sponsors

The Birch Hills Public Library Board along with the staff would like to thank everyone who has donated to our chair appeal. We have received enough to purchase our chairs however there are still other expenses that come with our move to our new location. If you would like to donate, all donations over \$25 receive an income tax receipt. Thank you Birch Hills and area for your generosity!



**LEGION #122**



THE ROYAL CANADIAN LEGION  
LA LÉGIION ROYALE CANADIENNE

P.O. Box 96  
Birch Hills, Sk.  
S0J 0G0

**CRITICAL \*\*\*\*\* REGULAR AND A.G.M. MEETING DATES**

Our Legion is now faced with a serious crossroad, decision's with regards to the continued survival and daily operational abilities of our Branch are required. The next three (3) Membership Meeting Dates will determine our path and our immediate future. *We need members to step up to the plate and fill Executive Positions for at least 1 year .Take part and we can survive this crisis if everyone kicks in and helps get things back on track.*

The forced Pandemic shut down our Branch over these last many months and has left all executive positions and appointed members positions in an expired state. Executive positions are filled by the membership at our yearly fall meeting through the nominations and elections process, and must be completed successfully at this **November 4<sup>th</sup> Regular and Annual General Meeting.**

**The lead up meetings to complete this extremely important challenge is as follows.**  
*The nominations committee was established at the Sept. Meeting and any member in good standing can contact this committee with their nomination request and seconder.*  
**The nomination Committee Members are:**  
**DUANE MOHN – 306-960-9937 or EMAIL : duanemohn@gmail.com**  
**EVERT WHELEN – 306 -749-2773**

**Tri Meeting Sequence is :**

1. **OCTOBER 14TH, 2021 @ 7 pm (1900 Hrs.) - REGULAR MEETING**  
Standard agenda, with activity reports and discussion. The direction of our November 11<sup>th</sup> 2021 Remembrance Day activities and our ability to host a service and to format an action plan to suite the present Pandemic environment in November will be on the agenda as well.
2. **NOVEMBER 04 TH, 2021 @ 7 pm (1900 Hrs.) REGULAR AND OUR A.G.M.**  
Open with Regular format then proceed to the AGM and EXECUTIVE NOMINATIONS / ELECTIONS and position appointments. **NOTE - ALL EXECUTIVE POSITIONS MUST BE FILLED AT THIS MEETING.**
3. **DECEMBER 16TH, 2021 @ 7 pm (1900 Hrs.) – REGULAR MEETING**  
Standard Opening – Installation of our New Executive Officers and back to our regular meeting agenda – OR initiating 3<sup>rd</sup> party intervention on our future.

Respectfully submitted on Behalf of our Royal Canadian Legion Branch #122  
 Interim President – Don Lypchuk cell # 306-960-7845  
 (V2.2-22/09/21)

VEILLIERS ARI • RESEMBLANE • YOUTH • SENIORS • UNITY • COMMUNITY SERVICE  
 SOUS-VICIAI AMBASSIORS • COMPAGNI DE CHERCHÉ • JEUNESSE • ANCIENS • UNITÉ • SERVICE COMMUNAUTAIRE

# Protect yourself and others from influenza

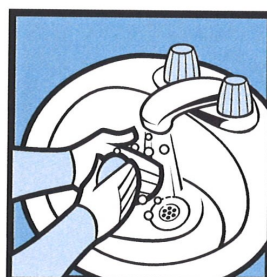
## Stop the spread of viruses that make you and others sick!



**Cover your mouth**  
and nose with a tissue  
when you cough or  
sneeze.



**No tissue?**  
Cough or sneeze into  
your elbow, not your  
hands.



**Clean your hands**  
often with soap and  
warm water, or a gel  
or alcohol-based  
hand cleanser.



**Stay home**  
if you are sick.

For more information, visit [saskatchewan.ca/flu](https://saskatchewan.ca/flu)



Adapted from Protect Yourself and others from influenza: Stop the spread of viruses that make you and others sick®. Province of British Columbia. All rights reserved. Adapted with permission of the Province of British Columbia.

Booking for the Flu shot begins Monday October 4 2021 by calling Quayles Pharmacy at 306-749-2221 to book an appointment, and Flu Shots begin on Tuesday October 12, 2021.

St. Mary's Anglican Church, 279 McCallum Avenue, Birch Hills, SK

Please wear a mask to church, sanitize and practice social distancing!

Sunday, October 3rd 11AM – Eighteenth Sunday after Trinity (in person)

Sunday, October 10th 11AM – Nineteenth Sunday after Trinity (in person)

A Truly Thankful Thanksgiving. The harvest has been defective in so many ways, and so many hopes have been deferred: not only in the crops, but in our relationships, in our spiritual lives, in the life of our community... It's only when we face up to these real disappointments that we can be truly thankful. NOT in a triumphal way of giving thanks that I am not as unfortunate as others, but in view of the fact that everything we have can - and will be - taken away, and ALL the blessings we enjoy (great and small) are gifts and not of our deserving. This Thanksgiving, our Sunday School is challenging the whole Church to keep the feast with a truly thankful heart, and they are setting the example for us by sharing from our abundance with someone who needs help. On Thanksgiving Sunday, our Sunday School will introduce us to a sponsor child that they are adopting and who they will support with weekly donations each Sunday. Sunday School at 11AM – contact Karen Pratt @ 306-749-7240 for more information.

Weekday Morning Prayer is at 8AM Monday – Friday over Zoom  
[https://us02web.zoom.us/j/88566261667?](https://us02web.zoom.us/j/88566261667?pwd=VFo0VU9DSERWWFFiV2YxcmpIVFZBQT09)  
[pwd=VFo0VU9DSERWWFFiV2YxcmpIVFZBQT09](https://us02web.zoom.us/j/88566261667?pwd=VFo0VU9DSERWWFFiV2YxcmpIVFZBQT09)  
Or by telephone: +1 204 272 7920; Meeting ID: 885 6626 1667  
Passcode: 499814

Weekday Evening Prayer is at 5PM Monday – Friday over Zoom  
[https://us02web.zoom.us/j/81759855488?](https://us02web.zoom.us/j/81759855488?pwd=S0U5V21mRUhqbWhZa0R3aW1tMTB2QT09)  
[pwd=S0U5V21mRUhqbWhZa0R3aW1tMTB2QT09](https://us02web.zoom.us/j/81759855488?pwd=S0U5V21mRUhqbWhZa0R3aW1tMTB2QT09)  
Or by telephone: +1 204 272 7920; Meeting ID: 817 5985 5488  
Passcode: 726370

Reach Out. Jan and Stan Bliss are coordinating an effort to supply homeless and needy folks in Prince Albert with donated clothing from Birch Hills. Anyone who has clothing donations can leave them outside St Mary's Church, or leave them inside the door if you have a key. They will be taken to an organization in Prince Albert which serves the homeless called Reach Out.

Healing Circle for Survivors of Suicide. This group consists of people who have lost a family member to suicide and meets monthly to be a support for those whose lives have been touched by that particular kind of grief. Contact Fr Jordan to request an invitation.

Contact Fr Jordan to make arrangements for Holy Communion at home.  
Private Confession is by appointment. Contact Fr Jordan.  
Reach Fr Jordan by phone: (306) 749-2229 or email: [jordan\\_draper@hotmail.com](mailto:jordan_draper@hotmail.com)

Follow us on Facebook Parish of Birch Hills, Kinistino & Muskoday | Facebook

## Birch Hills Public Library Re- port

**The Library is now fully opened. App'ts and masks are no longer required. Stop by to see what we have to offer.**

**Open Tues: 11-5 and 6-8;  
Thurs 1 - 6  
Fridays 9 -1.**

**Effective Oct 7 the library will be open from 1-7 Thursdays.**

Florence's Pick: The Bitterroots by C.J. Box -

Follows a family that redefines the word *dys-functional*: the Kleinsassers, longtime ranchers and influential denizens of remote Lochsa County, Montana. Private investigator Cassie Dewell, on retainer with a local law office, has been tasked with the defense investigation of family black sheep Blake Kleinsasser, who has been credibly accused of the rape of his 15-year-old niece. It's pretty much inevitable that this investigation will not end well, as there is quite a bit of enmity among the family members, and no resolution to the case will be satisfying to all the players.

We're running a program, Book and/or Author recommended by patrons. Contact the library at (306)749-3281 to make your pick

We have Grab and Go books. It's a selection of common themed books that patrons can pick up without having to search for them.

Watch our Facebook Group for upcoming events.

### RECYCLE

Please Share your Newsletter with a friend. Send request to [birch-hillsrec@sasktel.net](mailto:birch-hillsrec@sasktel.net) to receive the newsletter online.



**THANKSGIVING DAY  
TAKE AWAY LUNCH  
HOSTED BY GRAMMAS  
FOR TLC!**

**WHEN:** OCTOBER 8 2021

**WHERE:** BIRCH HILLS ANGLICAN  
CHURCH

**TIME:** 11:30-1:00PM

**WHAT ARE THE GRAMMAS SERVING?**

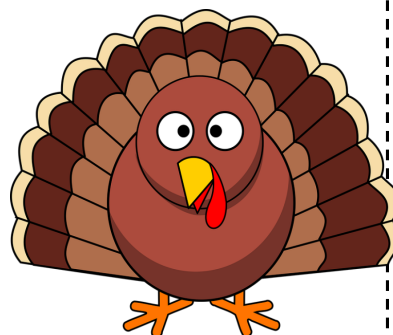
TURKEY, MASHED POTATOES, GRVY,  
STUFFING, VEGGIES, COLESLAW, AND  
PUMPKIN PIE

**ALL MEALS WILL BE INDIVIDUALLY  
PACKED**

**FOR LARGER ORDERS, PLEASE CALL  
AND PRE-ORDER TO 306-749-2411**

**COST:**

**BY DONATION**



**CHURCH SERVICES:**

Glad Tidings Tabernacle -  
Sunday services at 11:00 am.

St Anne Roman Catholic  
Church— June thru September

7:00 PM on Saturday

Christ Alone Lutheran Brethren Church

(Formerly called Birch Hills Community Church)

Sunday Service 11:00 am

Corner and 4th of Bellamy

Bible Study Thursday Evenings 7:30 pm

Saron Lutheran Church

Hagen, Sk

Sunday Service 9:30 am

Lake Park Baptist Church

Lake Park Baptist Church

Sunday Prayer Time: 8:30-9:30 AM

Morning Cafe 9:30 AM

Sunday School for All Ages 10:00 AM

Sunday Morning Service: 11:00 AM

Tuesday Evening: Club DJ: 6:45-8:15 PM

Youth Bible Study: 7:00 PM

- Live Streaming will occur during the

Sunday Morning Service and later

uploaded to Youtube for viewing.

visit our website @ [www.lakepark.ca](http://www.lakepark.ca)



If anyone is interested in starting a Pickleball club or Tennis club in Birch Hills please contact me at birch-hillsrec@sasktel.net or by phone at 306-749-7451 or stop in at the rec office and see me.

TAKE-OUT  
Komla\* & Ham Supper

Sunday, October 3

4:30 - 6:00pm

at  
Lake Park Zion Lutheran Church

5 miles East off Hwy 3 on Lake Park Road

Take-out  
OR  
Limited outdoor seating

By Donation

Proceeds to upkeep of Church building

Everyone Welcome!!

\*Komla – traditional Norwegian potato dumpling

Congratulations to the winners of the 2021 Championship Tournament:

Ladies Champion - Kim Murchison

Junior Champion - Jake Sand

Men's Champion - Jeff Whitfield

Senior Men's Champion - John Grambo

Men's Low Net - Richie Stewart

The last day to golf at the Birch Hills SK Golf Course will be Monday, October 11th. Book your tee time on-line at [www.birchhillsgolfcourse.ca](http://www.birchhillsgolfcourse.ca) or call 306-749-2211.

**Birch Hills**  
GOLF COURSE

**Effective September 15**

**Monday to Friday**

**\$11 green fees  
per person for 9 holes**

**(No Loyalty Card Stamps  
Back Nine is \$11.00 per person  
Not valid on statutory holidays,  
or for leagues / tournaments)**

**Bookings are required**

Book online at [www.birchhillsgolfcourse.ca](http://www.birchhillsgolfcourse.ca)

Or call 306-749-2211



A Big thank you to all that helped make the Multi Use Facility Farm Project a big success

- Bayer (Teresa Partyka) for Canola Seed
- Nutrion AG Solution (Ashley Heavin) for Canola Seed
- Winding River Colony for seeding and spraying
- Evans Family (Wayne Evans) Swathing
- Farm World Equipment for use of Combine
- Pure AG Limited (Dave Gordon) for trucking of canola
- CMT Sign Shop for Donation of sign

Birch Hills Community Tradeshow  
Saturday November 20th, 10:00 am -  
2:00pm

Birch Hills Civic Centre  
Tables must be pre-paid, \$25 each  
Contact Audrey @ [kam@sasktel.net](mailto:kam@sasktel.net)

Day	Game Date	Away Team	Home Team	Location	Game Time
Saturday	11/06/2021	Allan Flames	Birch Hills Blackhawks	Hesje Centre	8:00 PM
Sunday	11/07/2021	Birch Hills Blackhawks	Cudworth Tricky Maroons	Cudworth Arena	3:30 PM
Friday	11/12/2021	Birch Hills Blackhawks	Dalmeny Sabres	Dalmeny Arena	8:30 PM
Saturday	11/13/2021	Birch Hills Blackhawks	Clavet Cougars	Clavet Arena	8:30 PM
Friday	11/19/2021	Hague Royals	Birch Hills Blackhawks	Hesje Centre	8:30 PM
Saturday	11/20/2021	Birch Hills Blackhawks	Waldheim Warriors	Waldheim Arena	8:30 PM
Friday	11/26/2021	Cudworth Tricky Maroons	Birch Hills Blackhawks	Hesje Centre	8:30 PM
Sunday	12/05/2021	Dalmeny Sabres	Birch Hills Blackhawks	Hesje Centre	3:00 PM
Friday	12/10/2021	Warman Wildcats	Birch Hills Blackhawks	Hesje Centre	8:30 PM
Saturday	12/18/2021	Birch Hills Blackhawks	Warman Wildcats	Diamond Arena	8:15 PM
Friday	01/07/2022	Clavet Cougars	Birch Hills Blackhawks	Hesje Centre	8:30 PM
Friday	01/14/2022	Birch Hills Blackhawks	Shellbrook Silvertips	Shellbrook Arena	8:30 PM
Saturday	01/15/2022	Birch Hills Blackhawks	Allan Flames	Allan Arena	8:00 PM
Saturday	01/22/2022	Shellbrook Silvertips	Birch Hills Blackhawks	Hesje Centre	8:00 PM
Sunday	01/23/2022	Waldheim Warriors	Birch Hills Blackhawks	Hesje Centre	2:30 PM
Friday	01/28/2022	Rosthern Wheatkings	Birch Hills Blackhawks	Hesje Centre	8:30 PM
Saturday	01/29/2022	Birch Hills Blackhawks	Rosthern Wheatkings	Rosthern Arena	8:30 PM
Friday	02/04/2022	Birch Hills Blackhawks	Hague Royals	Hague Arena	8:30 PM

The Birch Hills Blackhawks will once again be playing in the Twin Rivers Hockey League. New to the league this season is the Allan Flames.

Covid protocols will be in place during our games.

Please check the next Heartbeat and follow us on Facebook (Birch Hills Sr. Blackhawks) to stay updated.

The Birch Hills Arena Farm Project would like to thank the following for their continued support:

- Carter’s Custom AG
- Brent Adams
- Stewart Adams
- Twin Groves
- Nutrien Ag Solutions
- Gerrit Baan (FNA)
- Amandan Murihead (FML)
- Matt Swaby Pioneer Seeds
- Crop Aid
- P&H Aberdeen
- Pioneer Melfort
- Travis Evans
- G Hunter Trasport

Our Birch Hills Ladies Golf Club made the difficult decision in the spring to cancel our annual fall Harvest Fun tournament. With the uncertainty the virus and the variants might have on possible restrictions going into fall it seemed like the right thing to do.

We decided instead to revisit our past practice of inviting another ladies club to join us on our regular Tuesday golf day. In July, 7 ladies from Wakaw joined the rest of us on the course. We had a great game of golf and lunch afterwards, and of course, lots of laughs!

September 14th we were joined by 4 ladies from Prince Albert, 2 from Emma Lake, 2 from Melfort, 5 from Kinistino and 1 from Weldon. Again, it was a great day for golf and we had another great meal, and of course, lots of laughs!

We want to thank the following businesses/individuals for their generous donations of prizes for both tournaments:

- Quayle's Pharmacy
- Lake Country CO-OP
- Shirley Lowe (Mary Kay Products)
- Living Sky Farms (Sarah Strautman)
- Fresh Air Experience
- Sandra Barber
- Merle Lee Ann cookbook
- Clubhouse (golf passes & towel)
- Myrtle Brown
- Gaylene Cook

We also want to thank Jamie and her staff in the clubhouse for the meals and exceptional service and as always....the course staff, for maintaining and keeping our course in such beautiful shape.

Our fall meeting is coming up very quickly. If you would like to join or even take on a position, please text me or email me as soon as possible. We are just in the planning stages of our season end meeting.

Lorisa Ganes 306-749-7756 or lganes@sasktel.net

# October Birchview Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>October 2021</b>						EDO 1
Birchview Home						
	3 Hair care 10:45 One on ones 2:30 Step Out Line Dancers	4 10:30 Making Kitty Treats 2:30 Baptist Church	5 10:45 Tonechimes 2:30 Thanksgiving Reminiscing with Pumpkin Pie and Latte's	6 Haircare 10:30 Fall drive	7 10:30 Manicures 2:30 Bingo	8 10:30 Thanksgiving Bingo 2:00 Turkey Hunt
	10 <b>Happy 101 Birthday</b> Lorris	11 Haircare 11:00 Ladies Aux Meeting 2:30 Community Church- Communion	12 <b>Happy Birthday</b> Laila	13 Haircare	14 <b>Happy Birthday</b> Anne	15 10:30 Exercises & Hangman 2:30 Bingo
<b>Happy Thanksgiving</b>						
17 All programs unfortunately are subject to change depending on the health of the residents and the guidelines from the Health Region	18 Haircare 2:15 Movie and Popcorn	19 Shopping for Rec 2:30 Roman Catholic Church 5:00 KFC Supper	20 10:45 Tonechimes 2:30 Painting Pumpkins	21 Haircare 2:30 Garden Clean up	22 10:45 Bible Study with Vicki 2:30 Bingo	23 you are never too old to play in the LEAVES
24 Happy Halloween!	25 Haircare 2:00 Fall Drive	26 11:00 Resident Council 2:30 Anglican Church	27 10:30 Haunted house Set up 2:30 Tonechimes	28 All Day Haunted House	29 10:15 Halloween Trivia & Hangman 12:00 Spooktacular Lunch club 2:30 Halloween Bingo	30 TRICK OR TREAT
31	<b>Happy Halloween</b>					



## Liquor Permit Advertising Form

Under the provisions of *The Alcohol and Gaming Regulations Act, 1997*,

Notice is hereby given that Birch Hills & District Recreation Board and the Skating Arena Board has applied to the Saskatchewan Liquor and Gaming Authority (SLGA) for a Special Use - Sports Facility permit to sell alcohol in the premises known as Hesje Centre - Birch Hills Arena at 40 2nd St Birch Hills SK, S0J 0G0.

Written objections to the granting of the permit may be filed with SLGA not more than two weeks from the date of publication of this notice.

Every person filing a written objection with SLGA shall state their name, address, and telephone number in printed form, as well as the grounds for the objection(s). Petitions must name a contact person, state grounds, and be legible. Each signatory to the petition and the contact person must provide an address and telephone number. Frivolous, vexatious or competition-based objections within the beverage alcohol industry may not be considered and may be rejected by the Saskatchewan Liquor and Gaming Licensing Commission, who may refuse to hold a hearing.

Write to:  
Saskatchewan Liquor and Gaming Authority  
Box 5054  
REGINA SK S4P 3M3

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Pursuant to Section 62 of *The Alcohol and Gaming Regulation Act, 1997* the above advertisement shall be published once each week for two successive weeks, in a newspaper published in the municipality in which the proposed outlet is or is to be situated, or if no newspaper is published in the area, then in a newspaper published in Saskatchewan and circulating in the area.

## BIRCH TREE CAFE



**We are  
HIRING!**

**Restaurant Server  
(Lunch Shift)**

FOR MORE INFORMATION  
1 (306) 749 2223

Email a resume to  
[Birchtreecafe@naver.com](mailto:Birchtreecafe@naver.com)



Thank you all for helping me

- Bike Bob

**Notice of call for Nominations  
(Municipal Election)**

PUBLIC NOTICE is hereby given that nomination of candidates for the office(s) of:

**Mayor:** Town of Birch Hills

**Councillor:** Town of Birch Hills  
Number to be Elected: 1

will be received by the undersigned on the 13<sup>th</sup> day of October, 2021, from 9:00 am to 4:00 pm at 126 McCallum Avenue (Town Office), and during regular business hours on September 15<sup>th</sup> to October 13<sup>th</sup>, 2021, at 126 McCallum Avenue.

In accordance with Bylaw #7/16, a criminal record check must be included and form part of the nomination form submitted.

Nomination forms may be obtained at the following location:  
Birch Hills Town Office  
126 McCallum Avenue

Dated this 15<sup>th</sup> day of September, 2021



Nola Nevland  
Returning Officer