# Birch HEARTBEAT

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly 1st and 15th of the month. It is available at the following locations: Birch Hills Recreation Office, Lake Country Co-op, Grumpy's Confectionary, Quayle's Pharmacy, and other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

### July 15th, 2021

### Issue 262

Birch Hills Public Library presents our summer program

## Fishing for Knowledge

From June 1, 2021 to August 31, 2021

Thank you to the Community Initiatives Fund for providing the funding for our program.

For every book checked out and read, you may cast in our pond. Who knows what you might win!

Call the library (306-749-3281) today to register and start reading.







July issues of this Birch Hills activity newsletter are sponsored by:

### THE BIRCHTREE CAFÉ BIRCH HILLS LADIES CLUB

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact 306-749-7451/ birchhillsrec@sasktel.net. The cost is \$100 by 3 sponsors (\$300/month) for printing, advertising and ensuring that the newsletter stays free for everyone.



## July Heartbeat Sponsors

The Birch Tree Café would like to welcome their new owners JK Kim and Sehee Kim! They are a young couple who just moved to town please feel free to introduce yourself when you come in!

Clay Oven Pizza / Homemade Burger/ Fish & Chips & Authentic Asian Dishes

Dine in/Takeout

**Everyday Special** 

306-749-2223 or Facebook Message TheBirchTreeCafe @ Facebook





July 2021

The Birch Hills Ladies Golf Club is honored to sponsor the July 2021 Heartbeat.

As we are hopefully coming to the end of the COVID-19 crisis, and welcoming the incoming season of golf, can we just pause for a moment and be thankful for our beautiful golf course and the ability to lose yourself for a couple of hours walking the fairways of such a beautiful piece of mother earth!

We have made the hard decision once again to postpone our September Harvest tournament until 2022. Although the 3<sup>rd</sup> step of the re-open Saskatchewan plan is hopefully proceeding on July 11th and restrictions are being removed then, we recognize that this period of time has been hard for everyone, and there may be people who are not quite ready to move on, and we respect that. It will make next year much sweeter!

We have started a 'ladies' business league' on Monday evenings for those lady golfers not able to join us Tuesday mornings. **You do not have to belong to our ladies' club**, just please come and golf our beautiful course! The golf board has graciously approved ½ price rates for the ladies golfing Monday evenings and the first tee off time is 5:48 right through to 6:48 pm. And stayed tuned.... we are planning a couple of special evening events as well as some events for our Tuesday girls!

In closing, we want to say that our thoughts and prayers are with the First Nations communities as the full scope of the Residential School tragedies unfold. We cannot pretend to know what horrors you have faced and continue to face as more graves are found.

The Ladies Golf Club wishes everyone good health; stay safe!

### St. Mary's Anglican Church, 279 McCallum Avenue, Birch Hills, SK

I will be on vacation from July 1 - July 28. Fr Gethin Edward will respond for pastoral emergencies during that time. His phone number is (306) 852-8026, and his email is <u>gethin.edward@gmail.com</u>.

Please, let's each of us consider how we can support the small army of Clergy, Wardens, Lay Readers, Summer Students, and others who are upholding the mission of our Church in this Diocese and Parish while Bishop Michael is on leave and I am away.

Most of all let us recommit to pray TOGETHER. Forgive and bless.

JGTD

Summer Services at Holy Trinity, Brancepeth Wednesday evenings at 7.30PM. The theme of these summer services is "Faith Stories - The stories of our journey through hell to hope are the stories of our faith."

### Father Jordan

Sunday, July 18th 9AM – Seventh Sunday After Trinity (in person) Wednesday, July 21st 7:30pm - Holy Trinity, Brancepeth Faith Stories – Teddy Williams

Sunday, July 25<sup>th</sup> 9AM – **Eighth Sunday After Trinity** (in person) Wednesday, July 28th 7:30pm – Holy Trinity, Brancepeth **Faith Stories – Ethel Rutherford** 

Tuesday, August 10 - Friday, August 13 - **VBS** at St Mary's, Birch Hills **Weekday Morning Prayer** is at 8AM Monday – Friday over Zoom https://us02web.zoom.us/j/88566261667?

pwd=VFo0VU9DSERWWFFiV2YxcmplVFZBQT09

Or by telephone: +1 204 272 7920; Meeting ID: 885 6626 1667 Passcode: 499814

Weekday Evening Prayer is at 5PM Monday – Friday over Zoom https://us02web.zoom.us/j/81759855488?

pwd=S0U5V21mRUhqbWhZa0R3aW1tMTB2QT09

Or by telephone: +1 204 272 7920; Meeting ID: 817 5985 5488 Passcode: 726370

Healing Circle for Survivors of Suicide. This group consists of people who have lost a family member to

suicide and meets monthly to be a support for those whose lives have been touched by that particular kind of grief. Contact Fr Jordan to request an invitation.

Contact Fr Jordan to make arrangements for Holy Communion at home. Private Confession is by appointment. Contact Fr Jordan. Reach Fr Jordan by phone: (306) 749-2229 or email: jor-

dan\_draper@hotmail.com



Follow us on Facebook Parish of Birch Hills, Kinistino & Muskoday

## Birch Hills Public Library Report

The Library is now fully opened. App'ts and masks are no longer required. Stop by to see what we have to offer.

> Open Tues: 11-5 and 6-8; Thurs 1 - 6 Fridays 9 -1.

Alica's Pick:

Still Alice by Lisa Genova

Join us for Story Time on Fridays at 10:00 am. All ages welcome.

Our Story Walk has been taken down due to vandalism. Some of the panels are missing. If you have them or know where they are, please let us know.

Crafts to go will be available until July 30th . Be sure to stop by the library to pick up yours!

Our Fishing for Knowledge reading program is in full swing. There is still time to register. Contact the library to do so. As well, with registering for the Fishing for Knowledge, we automatically register your child for the TD Summer Reading Program.

### RECYCLE

Please Share your Newsletter with a friend. Send request to birchhillsrec@sasktel.net to receive the news letter online.





## COVID-19

## MEALS ON WHEELS VOLUNTEERS NEEDED



Deliver nutritious meals and share a smile with those in need.

Sign up today!

Contact your local Meals on Wheels Coordinator to sign up: Email: volunteers@paphr.ca | Phone: 306-765-6119 or 306-941-8365 While following current Public Health Recommendations we are recruiting volunteers under the age of 65 in Birch Hills, Kinistino, Prince Albert and Wakaw.

We're taking necessary precautions to ensure deliveries continue safely during this time.

Saskatchewan Health Authority

saskatchewan.ca/COVID19



Open to all current and past Blackhawks players, volunteers sponsors and fans 1<sup>st</sup> 72 paid accepted

Golf & Supper - \$45 (Carts Extra) Steak Supper Only - \$25 Mail cheques to Box 783 Birch Hills, SK or etransfer to blackhawksgolf@gmail.com Entries accepted until July 17, 2021

Sat

24

9 holes Golf | 1:00 PM Supper | 6:00 PM

 July
 Golf - Birch Hills Golf Course

 2021
 Supper - Shores (Bring campers, tents, lawn chairs, coolers, beverages)

### CHURCH SERVICES:

<u>Glad Tidings Tabernacle</u> - Sunday services at 11:00 am.

<u>St Anne Roman Catholic</u> Church— June thru September



Christ Alone Lutheran Brethren Church

(Formerly called Birch Hills Community Church)

Sunday Service 11:00 am

Corner of 4th of Bellamy

Bible Study Thursday Evenings 7:30 pm

Saron Lutheran Church

Hagen, Sk

Sunday Service 9:30 am

Lake Park Baptist Church

Sunday Prayer Time: 9:45-10:45 AM

Sunday Morning Service: 11:00 AM

Tuesday Evening:

Club DJ: 6:45-8:15 PM

Youth Bible Study: 7:00 PM

- Live Streaming will occur during the

Sunday Morning Service and later

uploaded to Youtube for viewing.

visit our website @ <u>www.lakepark.ca</u>.

A great big "Thank you" to Shannon Simpso for providing Coffee and goodies for the Muskoday and Birch Hills Fire Departments on the 18th of June this was very much appreciated.

Thank you to the 2021 Birch Hills School graduating class for there donation to the Birch Hills Golf Course. With the recent announcement of team sports the Brewers are excited to announce our season schedule!

Tuesday June 15th 630pm vs Prince Albert Royals in Birch Hills W(12-2)

Tuesday June 22nd 630pm @ Prince Albert Royals in P.A. W(4-1)

Saturday June 26th 130pm @Humboldt Dodgers in Marysburg (double header) L(11-4)W(13-12)

Tuesday June 29th 630pm vs Tisdale Rangers in Birch Hills L(8-4)

Tuesday July 6th 630pm vs Prince Albert Royals in Birch Hills W(6-5)

Tuesday July 13th 630pm vs Pasquia Angels in Birch Hills L(5-3)

Tuesday July 20th 630 @ Prince Albert Royals in P.A.

### Playoffs TBD

We are extremely excited to get back to playing competitive sports in Birch Hills. With the latest reopen Saskatchewan plan we are able to offer a beer garden, as well Shannon and the Tin Bin will be offering a food truck. we hope to see you all at the Diamond! Go Brewers!

## July Birchview Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		2021 in and Face	t with a Grip	HAPPY CANADA DAY	2 10:30 Bible Study with Vicki 2:15 Bingo	3 Hello Sunshine:
"To plant a garde 4 is to believe in tomorrow."	Hair Care 5	TVESIII	7 10:45 Exercises & Hangman Games 2:30 Painting Corner	۲ Hair Care 2:30 Summer Drive	3 9 10:30 Manicures 2:15 Bingo	
		13 11:00 Ladies Aux Meeting 2:30 Community Church ~ Communion	14 Morning and Afternoon Bus Outing to Annelle's	Hair Care 2:30 Appetizers. Summer Drinks and Sunshine	5 10:30 Bible Study with Vicki 2:15 Bingo	17
Please contact Carlene in the Recreation Dept at 749-2288 Thanks	19 Hair Care 2:30 Ice Cream Sundaes and Sunshine	20 10:45 Painting Corner 2:30 Baptist Church	21 Outing to Kinsmen Park for Subway	Hair Care 2:30 Suncatcher Craft	11:30 Fish Fry Lunch 2:15 Bingo	24
25		27 10:45 Resident Council Meeting 12:00 BBQ Lunch Club 2:30 Roman Catholic Church	28	Hair Care 2:30 Gardening	30 10:30 Calendar Posting 2:15 Bingo	



The Tin Bin Bakery & Deli has all of your fixings for barbeque season – burgers and sausages, hamburger and hotdog buns, ice cream and ice cream cakes and much more.

Regular hours for The Tin Bin Bakery & Deli are Wednesdays, Thursdays and Fridays from 11:00am-7:00pm and Saturdays from 11:00-5:00pm.



Our offerings change often, so drop in to see what we have been cooking, smoking and baking.

All products are based on availability (taxes included where applicable; prices and items offered are subject to change.)

Pre-orders are welcome and recommended.

Follow us on Facebook and Instagram: Tin Bin Bakery & Deli

Email: tinbinbakery@gmail.com

Phone: 1-639-919-7300 (Birch Hills # - call or text); 270 Simpson Avenue (entrance on east side)

## July Playground Program Calendar

## 2021 July

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
28 Welcome back party	29 Water Balloon Sports	30 Time Capsule	01 Rainbow Relay Race	02 Obstacle Course	03 No Playground	04 No Playground
05 Stepping Stones	06 Slimy Fun	07 Bubble Party	08 Intense iSpy	09 Kids Rule	10 No Playground	11 No Playground
12 Water Day	13 Water Balloon Sports	14 Feely Meely	15 Floor Is Lava	16 Outdeor Fort	17 No Playground	18 No Playground
<b>19</b> Icecream In a Bag	20 Chill Out Day	21 Field Games With Orbeez	22 Show and Tell	23 Yes Day	24 No Playground	25 No Playground
26 Soapy Slip and Slide	27 Edible City	28 Build a Volcano	29 Salt Art	30 July B-day (Ptzza Lunch) come at 11:30	31 No Playground	01 No Playground
02	03	Notes: Bring sunscreen and	a water bottle 🖕 👬	UTTERIES	Government Gouver of Canada du Can	Quayles

Wanted	Ladies Wine, Dine & Nine			
Birch Hills GOLFCOURSE Birch Hills Sk Ladies Golf Club	Birch Hills Birch Hills Sk Ladies Golf Club			
Caddies for our Ladies Wine, Dine and Nine (Proceeds from this evening go to the new clubhouse)	\$25 Non-Golf Club Members \$15 Members (includes green fees and burger meal) 50/50 draw; Putting and/or Chipping Contest Caddy Auction (tax receipts available for caddy auction) Proceeds to new Clubhouse			
MonRegistration/Supper5:00PM26Golf6:00PMJuly 2021Call 306-749-2211 by July 19 to volunteer	MonRegistration/Supper5:00PM26Golf6:00PMJuly 2021Call 306-749-2211 by July 19 to register			
Club Championship	Ladies "Wing" Night			
GOLFCOURSE	Birch Hills Birch Hills Sk Ladies Golf Club			
\$14.00 Pulled Pork Meal	Sponsored by: Salt & Pepper, Buffalo,			
(Must sign up by August 5) Ladies, Men and Junior Members eligible Green fees & carts extra if applicable	GREAT WESTERN BREWNIG COMPANYHoney Garlic or Teriyaki Drumsticks, Fresh Veggies and Dessert \$12.00 for 3 drumsticksSign up by August 2nd			

TLC daycare seeks Cook/Housekeeper position. Full time/1 year position, \$15/hr benefits are available, August 15th is the deadline for applications, and resumes can be sent to Lisa @ tlcdaycare@sasktel.net.

### JOB SUMMARY

#### Cook/Housekeeper

The cook/housekeeper is responsible for meal and snack preparation and for general housekeeping. He/she reports to the Director, or in the Director's absence, to the designated person in charge.

#### Qualifications

Food \Handling Course

Up-to-date certification in First Aid and CPR Related experience considered an asset **Responsibilities** 

### 1) Food Preparation

Provide age appropriate nutritious meals and snacks according to Saskatchewan Childcare Regulations and Canada's Food Guide/Aboriginal Food Guide Prepare main meals and snacks.

Prepare nutritious snacks for the afternoon.

- Prepare creative meals and snacks that allow each child to experience new foods, flavors, and textures.
- Keep a running list of groceries, cleaning supplies and kitchen supplies needed.
- Prepare menu and shopping list accordingly.

### 2) Food Handling/Housekeeping

Handle and prepare all foods according to food safe techniques. Clean and sanitize after snacks and lunch. Load dishwasher and hand wash pots and pans. Disinfect cupboards, walls, appliances, etc. daily or as needed. Disinfect high traffic and commonly touched surfaces as needed Leave kitchen clean and tidy at the end of each shift. Perform other cleaning duties as required. Defrost freezer when needed. Assist staff with the center's laundry needs

### 3) Relief Childcare Worker

Relieve childcare staff for lunch and coffee breaks when required. Create and maintain warm and loving relationships with all children enrolled at the center

#### 4) Working with Parents

Develop and maintain a positive relationship with parents. Assist in parent orientation.

#### 5) Working with Other Staff

Provide support, suggestions and positive feedback to other staff members. Communicate ideas and concerns to other staff members constructively. Work with the Director to ensure the smooth running of the TLC Daycare Inc.

#### 6) Personal Responsibilities

Contribute ideas. Be aware of stress levels and act appropriately. Attend and contribute to staff meetings. Be open to differences. Be physically and emotionally prepared to perform assigned duties every day. Be prompt about beginning work and returning from breaks. Be prepared to work until the end of the designated shift regardless of the number of children present. 7) Professional Responsibilities

Contribute ideas and effort to improve the physical environment and daily routine of TLC Daycare Inc. Be knowledgeable in areas of good nutrition and keep informed about current research in the field. Be familiar with the Childcare Regulations, TLC Daycare Inc. philosophy, policies and procedures. Maintain current CPR and First Aid Training. Ensure that confidentiality is maintained to protect the children, families and staff of TLC Daycare Inc.

### 8) Information Sharing and Relationship with Parents

All information gained by the employee will be held in confidence. Files and internal documents remain the property of TLC Daycare Inc. Parents shall have access to their child's files and may copy any part of it. The file shall remain in TLC Daycare Inc. as a permanent record. Staff will not provide childcare after hours for parents using TLC Daycare Inc.

### 9) Other

Perform all other duties as may be assigned from time to time by the Director.



### INVITATION TO TENDER Civic Centre Janitorial Contract

The Town of Birch Hills is inviting tenders for the janitorial maintenance services required at the Birch Hills Civic Centre building located at 126 McCallum Avenue.

Sealed Tenders clearly marked "**Tender – Janitorial Services – Civic Centre**" will be accepted until 4:00 PM on Tuesday, July 20, 2021 at the office of the Town of Birch Hills, Box 206, 126 McCallum Avenue, Birch Hills, SK, S0J 0G0.

Further information regarding the scope of services is available at the Town Office during regular office hours.

The Town of Birch Hills reserves the right to accept or reject any or all Tenders and to waive any informality in the Tenders received, in each case without giving any notice. The Town of Birch Hills reserves the right to accept the Tender which it deems most advantageous.

Fax submissions will not be accepted.

The lowest or any Tender will not be necessarily accepted.

With the Covid restrictions ending, the Birch Hills and District Historical Society is anxious to begin inviting people back into the museum and thrift shop.

Unfortunately, we will be unable to do so until the damage from the June roof leaks is fully addressed. As soon as we can, we will re-open.

In the interim, we invite anyone interested in helping to celebrate our community through the museum and its activities to plan to attend our Annual General Meeting on August 4.

The Society needs your support, especially during what amounts to a time of fresh beginnings. If you are not already a member, please consider becoming one. A lifetime membership is still only \$25.

On behalf of the Birch Hills and District Historical Society, Duane Mohn