



HEARTBEAT

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly 1st and 15th of the month. It is available at the following locations: **Birch Hills Recreation Office**, Lake Country Co-op, Grumpy's Confectionary, Quayle's Pharmacy, and other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

January 1st, 2021

Issue 249

COVID-19 

MEALS ON WHEELS VOLUNTEERS NEEDED



Deliver nutritious meals and share a smile with those in need.

Sign up today!

Contact your local Meals on Wheels Coordinator to sign up:

Email: volunteers@paphr.sk.ca | Phone: 306-765-6119

While following current Public Health recommendations, we are recruiting volunteers *under* the age of 65.

We're taking necessary precautions to ensure deliveries continue safely during this time.



saskatchewan.ca/COVID19
June 10, 2020

December issues of this Birch Hills activity newsletter are sponsored by:

RM OF BIRCH HILLS # 460

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact 306-749-7451/ birchhillsrec@sasktel.net. The cost is \$100 by 3 sponsors (\$300/month) for printing, advertising and ensuring that the newsletter stays free for everyone.

The Tin Bin Bakery & Deli

January Hours:

Wednesdays, Thursdays and Fridays: 11:00am-7:00pm

Saturdays: 11:00-5:00pm

Bread
Burger & Dinner Buns
Sausage Rolls
Pizza Buns
Cinnamon Buns
Garlic Sausage, Sous Vide Boneless Chops, Dry Ribs,
Smoked Back Bacon, Smoked Beef Sandwich Meat
Deli Meals & Soups
And other goodies!
Gift Certificates available
Pre-orders are welcome

Like us on Facebook: Tin Bin Bakery & Deli

Email: tinbinbakery@gmail.com

Phone: 639-919-7300 (Birch Hills # - call or text)
270 Simpson Avenue (entrance on east side)

Debit and Credit will be accepted in the near future

New Library Hours in the New Year!

Tuesdays 11:00 am - 5:00 pm and
6:00 pm - 8:00 pm (additional hour)

Thursdays 1:00 pm - 6:00 pm
(additional hour and moved to after-
noon)

Fridays 9:00 am - 1:00 pm (moved to
morning)

January Newsletter Sponsor

LOCAL GOVERNMENT ELECTION, 2015

L-30.11 REG 1

Appendix C

FORM H

[Section 66 of the Act]

Notice of Call for Nominations

RURAL MUNICIPALITY OF BIRCH HILLS NO. 460

PUBLIC NOTICE is hereby given that nominations of candidates for the office(s) of:

- COUNCILLOR: Rural Municipality of Birch Hills No. 460
 - DIVISION NO. 5

will be received by the undersigned on the 29th day of December, 2020, from 9:00 a.m. to 4:00 p.m. at the Municipal Office, during regular business hours to the 13th day of January, 2021 at 4:00 p.m. local time.

Nomination forms may be obtained from the municipal office located at 279 Bellamy Avenue, Birch Hills, Saskatchewan.

Dated this 23rd day of December, 2020.

Cherie Opseth, Returning Officer

ST MARY'S ANGLICAN Church UPCOMING EVENTS

279 McCallum Avenue

Daily Offices:

Morning Prayer 8:00am:

Join Zoom Meeting:

<https://us02web.zoom.us/j/81759855488?pwd=SOU5V21mRUhqbWhZaOR3aW1tMTB2QT09>

Or by telephone: +1 204 272 7920

Meeting ID: 817 5985 5488; Passcode: 726370

Evening Prayer 5:00pm:

Join Zoom Meeting:

<https://us02web.zoom.us/j/81759855488?pwd=SOU5V21mRUhqbWhZaOR3aW1tMTB2QT09>

Or by telephone: +1 204 272 7920

Meeting ID: 817 5985 5488; Passcode: 726370

Morning Prayer: Sunday, January 3rd – Second Sunday After Christmas 11:00am

Join Zoom Meeting:

<https://us02web.zoom.us/j/82274837070?pwd=NFZidElpb1MvYWJxeWtuYkdBTWoyUTO9>

Or by telephone: +1 204 272 7920

Meeting ID: 822 7483 7070; Passcode: 743940

Morning Prayer: Sunday, January 10th – First Sunday After Epiphany 11:00am

Join Zoom Meeting:

<https://us02web.zoom.us/j/82274837070?pwd=NFZidElpb1MvYWJxeWtuYkdBTWoyUTO9>

Or by telephone: +1 204 272 7920

Meeting ID: 822 7483 7070; Passcode: 743940

Private Confession and Holy Communion is by appointment. Contact Fr Jordan.

Reach Fr Jordan by phone (306) 749-2229 or email jordan_draper@hotmail.com

Follow us on Facebook at www.facebook.com/bhkmparish



Birch Hills Public Library

Birch Hills Public Library Report

Birch Hills Public Library will be open by appointment only. Please call (306)749-3281 during our regular business hours to book you appointment.

Birch Hills Public Library is looking for complete jigsaw puzzles and board games for their on-line auction from Fri, Jan 15 1:00 pm to Thurs, Jan 21 5:00 pm. Please drop items off at the library. Thank you.

Thank you to the United Way—in response to COVID 19, the Birch Hills Public Library is now able to offer a huge selection of DVD series and audio books along with craft kits. These items will be available until March 31,2021.

Thank you all for helping me

- Bike Bob

RECYCLE

Please Share your Newsletter with a friend. Send request to birchhillsrec@sasktel.net to receive the news letter online.



CHURCH SERVICES:

Glad Tidings Tabernacle - Sunday services at 11:00 am.

St Anne Roman Catholic Church—Sunday @ 9 AM

Lake Park Baptist Church - "Due to Covid 19 protocols we are only having online services at this time. Check out the website www.lakepark.ca for the youtube link every Sunday morning"




Happy 100th Birthday to Olive Cromartie on January 4, 2021.

Love from your family

January Birchview Calendar

January 2021						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					Delivering Calendars 1 2:30- BINGO	2
3	Hair Care 2:00- Floor Curling	4 10:30- Online Baptist Church 2:30- Paint Party	5 Manicures 2:00- Making Yabluchnyk	6 Ukrainian Feast! 2:30- Group Exercise	7 Start taking down xmas	8 9
10	Hair Care 2:30- Wheel of Fortune	11 10:30- Bible Study 2:00- Ice Cream Cart	12 Lunch Club 2:30- Reminiscing Game	13 2:30- Ukrainian New Year's Party Beer Pong!	14 (Annelle) Manicures 2:30- BINGO	15 16
17	Cinnamon Buns 2:00- Make Cinnamon Buns	18 Special Breakfast! 10:30- Bible Study 2:30- Group Exercise	19 10:30- Jeopardy 2:30- Picture Frame Craft	20 10:45- 'name that tune' 2:30- Table Hockey	21 10:30- Bean Bag Toss 2:30- BINGO	22 23
24	Hair Care 2:30- Hot Fudge Brownies	25 10:30- Bible Study 2:30- Making Buns	26 2:30- Greenland Travelogue	27 Hair Care 2:30- "Dice to get to know ya!" Game	28 Calendar Prep 2:30- BINGO	29 30
31						



RxPharmaChoice

WOW, what a year! It feels like just yesterday that we rang in 2020; it is hard to believe that Christmas and a new year is right around the corner! We wanted to connect with you ahead of the busy holiday season to remind you that as we continue to weather this second wave, your pharmacy team will always be here to serve the community. ***We are your community pharmacy, and our focus is your health.***


As local and provincial regulations change, we will continue to do everything we can to adapt along with them, while always keeping the focus on serving our community. We thank you for your patience and understanding as we follow government mandates that help to keep our communities safe, and our neighbors healthy. We continue to practice enhanced sanitization and cleaning protocols to help you enjoy a safe shopping experience while you are in store, and we also offer free curbside pickup too!

To make prescriptions and store products even more accessible to everyone, our curbside pickup option take the stress out of shopping, helping you stay home and stay safe. Just contact the store, and we can do the shopping for you – if we've got it in store, we can get it to you.

Our entire team is thinking of you this holiday season, and we thank you for your continued support. Keep watching our social media pages to stay up to date on new items in the store, and for more information on our curbside and delivery programs.

Sending you warm thoughts and best wishes,

Quayles Pharmacy
Your Pharmacists Sheldon and Dawn.
Your Front Store Staff Robin, Wendy, Faye, Monica, Marlene, and Sheena.




Ho-Ho-Hole In One

Shop from home and shop local – call 306-749-7451 or email birchhillsrec@sasktel.net for the perfect gift for the golfer in your life – gift certificates, memberships and passes are available.

Merry Christmas and Happy New Year from the Birch Hills Golf Course Board and Staff!



Out with the old, in with the new: may you be happy the whole year through. Happy New Year!