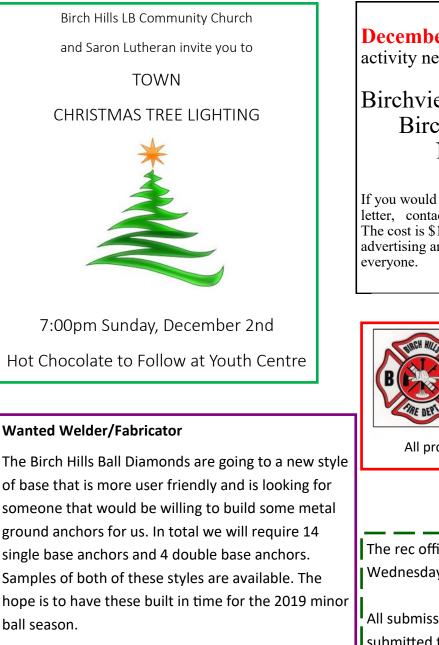


The 'Birch Hills Heartbeat' newsletter is printed bi-monthly 1st and 15th of the month. It is available at the following locations: Birch Hills Recreation Office, Lake Country Co-op, Grumpy's Confectionary, Quayle's Pharmacy, and other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

December 1st, 2018

Issue 179



If you have the tools and willingness to take this project on or would like further information, please contact Gordon at 306-940-8922.

December issues of this Birch Hills activity newsletter are sponsored by:

Birchview Auxiliary Birch Hills Legion #122 Njaa Farms

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact 306-749-7451/birchhillsrec@sasktel.net. The cost is \$100 by 3 sponsors (\$300/mos) for printing, advertising and ensuring that the newsletter stays free for



Birch Hills Volunteer Fire Department

Fundraising Calendars \$25 each

Available from any Volunteer Firefighter

All proceeds to purchase needed equipment.

The rec office will be open from 11am to 3 pm on Wednesday's for the month of December.

All submissions for the Heartbeat should still be submitted to the Rec Board email. The rec board email and cell phone messages will be monitored and messages will be answered during office hours.

DECEMBER NEWSLETTER SPONSORED BY:

Birchview Auxiliary is a group of volunteers who support the nursing home in efforts to make it more comfortable, physically & emotionally for our Residents. We belong to the Association of Saskatchewan Care Home Auxiliaries. We gratefully receive financial support from memorial donations and fundraisers. Our most recent purchases include a Yamaha electric piano and a Bose Sound System for the dining room. We meet monthly on the first Tuesday of the month at 11am in the activity room at Birchview. We always welcome new volunteers who can share their talents with our residents in many ways and there are various time commitments, for example hair care is scheduled for 1-2hrs every two weeks or on an "on call" basis. There are opportunities to help with outings, parties/dancing, friendly visiting, recreation programming, reading or sharing musical talents!

The Birch Hills Legion #122 meets the second Thursday of each month at the Legion Hall on Bellamy Avenue. New members are always welcome!

The Annual Legion Curling Bonspiel is being held in Moose Jaw on January 18 - 20, 2019. There are three categories: open, masters, and mixed.

The Birch Hills Legion will be hosting the zone cribbage tournament in April.

Rural Municipality of Birch Hills No. 460

Box 369 Birch Hills, Saskatchewan S0J 0G0

Phone: 306-749-2233 Fax: 306-749-2220 Email: rm460@sasktel.net

The Rural Municipality of Birch Hills No. 460 is currently developing an Official Community Plan as well as updating the Zoning Bylaw.

If you are a resident of the RM of Birch Hills we would appreciate your participation in filling out a survey to assist us through the community planning process. To do the survey online go to <u>https://www.surveymonkey.com/r/RMBirchHillsCommunityPlanning</u>. You can also pick up a survey at the RM Office during regular office hours, Monday to Friday between 9:00 -12:00 and 1:00 – 4:00.

Please provide your completed survey before December 14 by either:
Dropping it off to: the RM Municipal Office (126 McCallum Ave, Birch Hills);
Emailing it to: samantha.mark@prairiewildconsulting.ca; or,
Mailing it to: Prairie Wild Consulting Co., 233 Avenue C South, Saskatoon, SK, S7M 1N3.

KG Bar Birch Hills

New Menu

Wing Nights Friday and Saturday

Burgers Monday to Thursday

Take out Available

Christmas Eve Candlelight Service 7:30 pm At Birch Hills LB Community Church

ChristmaSING

Ralph Galambos and friends:

Amy Dow, Zack Halkett,

Community Singing with Janet and Brenda

Tuesday December 4th

7:00pm - 8:30pm

At St Mary - St Anne Church

Birch Hills

EVERYONE WELCOME!



Up-coming Events @ the Birch Hills United Church

Thank you to all who came to the Men's and Women's Breakfast on November 24th. Again all donations went to the Food For Learning program at the Birch Hills School. Since the breakfasts began in Sept. 2015 the Birch Hills United Church has donated \$2444.00 to this very worthwhile program.

The next regular United Church service is at 9:30am on Sunday December 9th at 4th and Bellamy. All are welcome!

Bethania Candlelight Service Pastor Clint Knutson Sunday,Dec. 23 7:30 pm Bethania Church (Northern Light Road)

St. Mary's ACW Annual Cookie Walk & Christmas Tea Cookies, Baking & Meat Pies for Sale Saturday, December 1st 2:00pm to 4:00pm 255 McCallum Ave Birch Hills, SK TOGETHER WE ARE STRONGER WE DID AWESOME!!! Thank You

to everyone who took the time to enter Birch Hills in the Co-op Fuel Up My Town Contest! Whether it was on Facebook, Instagram, and/or Twitter, every entry moved us toward a Win! We were definitely a contender -Results will be announced by February 28, 2019

ST MARY'S ANGLICAN CHURCH UPCOMING EVENTS

Community Lunches:

All community members are welcome to join us for lunch

Friday, Dec 7th

Free will offerings accepted (donations)

Lunches will be the 1st and 3rd Friday of every month until June

Next Lunch Dec 21st



Ginger and Shortbread: Music of the Season

Come join us at St.Mary's Anglican Church on Friday December 14, 2018 @ 7pm to soak in the Christmas season with music (including some special solos!), a silent auction, hot beverages and dainties. The silent auction will be on display from 6:30pm. Admission is \$10 per person. Children 12 and under are free. The Birch Tree Café Christmas Dinner Buffet Dec. 14th & 21st **RSVP**

306-749-2223

Appetizers Shrimp Canape / Chicken L Veggie Dumplings/ Spring Rolls

Salad

Garden Salad / Rice Noodle Salad

Main Dishes

Hickory Smoked Ham / California Rolls / Deep Fried Fish Sticks

Homemade Teriyaki Meatballs / Baked Potato Wedges

Korean BBQ Pork Ribs / Crispy Chicken Drumsticks

Dinner Buns

Dessert Platter

Adult : \$19.95

Age 10 & Under : \$11.95 (Free for Baby)

Age 70 & over : \$17.95 Applicable Taxes will be added

Church Services

St. Mary's Anglican Church @ 11am – First Sunday in Feb switches to 9am

St. Anne Roman Catholic Church - Sunday Oct 7th/18—Jan 27/18 @ 9:00am

Community Church @ 11am

Lake Park Baptist Church @ 11am

Saron Lutheran Church by Hagen @ 9:30am

United Church @ 9:30am

Glad Tiding s Tabernacle @ 11:00am

The Birch Hills Sno Posse Club is seeking a club or organization who is willing to look after the food service for our rally dated for Saturday Feb 9, 2019. This is a one day event.

Those that are interested please submit your name to me by January 10, 2019. You can call, or email for more information to: Tammy @ g.forsyth@sasktel.net or text/call 960-9246.



Grad Bottle Drive

The 2019 Graduating class would like to wish everyone a festive holiday season and would like to assist you in cleaning up by removing your empty bottles and cans after all the celebrations. As such the class will be holding a Bottle drive in Birch Hills on Saturday Jan 5. Starting around 10 am. We hope that everyone will enjoy the holidays and save up all those recyclables accepted by SARCAN to assist us with our big day in June. If you need them gone before the drive date feel free to drop them off at 25 Birch Drive and if you would prefer not to be disturbed on the date of the bottle drive you can leave your packaged containers on your front step for pickup. We thank everyone in the community for their support in making our big day special.

Seeking Community Arts Initiative facilitator for The Birch Hills Community Arts Initiative as I'm moving at the end of the year. We are hoping to find someone who is willing to organize monthly art events, collaborate with the Birch Hills Rec Board and the School/ Anglican Church for funding and a venue, provide supplies, instructors, and advertising as needed. Those interested are encouraged to contact Amy at 306-941-0788 or by email at amy.elizabeth.dow@gmail.com.

EVERY WEEK IN THE HILLS Open to Community

MONDAYS

Bowling 2:00 pm @ Seniors Hall Dreamland Optimists Group Fire Dept Meeting (every 2nd Mon) 7:00 pm @ Fire Hall

TUESDAYS

Moms & Tots 10:00 am-12:00 pm @ Youth Centre \$2 drop in fee Library Open 11:00 am-4:00 pm and 5:00 pm-8:00 pm Knitting Grannies (2nd & 4th Tues) 1:00pm @ museum Birchview Ladies Auxiliary (1st Tues) 11:00am Craft Night 6:30 pm - 7:30 pm (5-12yrs) @ Library

WEDNESDAYS

Thrift Shop Open 9:00 am-4:00 pm @ Museum Coffee 2:00pm @ Museum Line Dancing 9:30-11:00 am @ Civic Centre Museum Open 2:00 pm - 4:00 pm Town Council Meetings 2nd and 4th Wed of the month

THURSDAYS

Moms & Tots 10:00 am-12:00 pm @ Youth Centre \$2 drop in fee Library Open 9:00 am -12:00 pm and 1:00 pm -6:00 pm Legion Meeting 2nd Thurs of each month 7:00 pm @ Legion (No meeting in July and August)

FRIDAY

Friday Night Youth at Youth Centre 7:30pm

SATURDAY Thrift Shop Open 1:00 am-4:00 pm @ Museum Coffee 2:00pm @ Museum

Senior Centre Contact: Delores Jones 749-2680

Birch Hills Public Library

Birch Hills Library hours: Tues 11-4 5-9 Thurs 9-12 1-6 Storytime Friday 1:30 - 2:15

Storytime for 3-yr olds starts Oct. 4.





December 5th 2–4 pm

Everyone is welcome. It is a wonderful opportunity for friends, neighbors & acquaintances to get together!

December 7th - Ladies Christmas Party, 7pm - call Lynn at 306-864-8013 for more information

<u>Bingo</u>: Dec 4th - 7:30pm

Dec 11th - Christmas Bingo 7:30pm

Bingo will restart in 2019 - watch for an announcement

Hall is available for rent, Contact Lynn 306-864-8013



April

Centre

Tway Tradeshow

13 - Lions Club Spaghetti Supper @ BH Civic

7 - Lions Hockey Draft - Location TBD

9 - Birch Hills Golf Club AGM

Tway Rec Centre

Sunday December 2nd

10am - 2pm

24 Awesome Vendors

Perogie and Smokey Lunch

Birch Hills Community Lutheran Brethren Church Invites you to:

Sunday Morning Worship 11:00am at the corner of 4th and Bellamy

Tuesday & Friday Morning Moms and Tots 10:00am - Noon at the Youth Centre \$2 Drop In

Thursday Evening Kaiser, Crib and Game Night 7:00pm at the Youth Centre

Friday Night Youth Age 12 and up 7:30pm at the Youth Centre

Saturday Morning Coffee Row 7:00am - 10:00am at the Youth Centre



RECYCLE

Please Share your Newsletter with a friend. Send request to birchhillsrec@sasktel.net to receive the news letter online.

Join Us - We'll Keep You In Stitches!

You are welcome to join us, the Knitting Grannies. Everything we make is given to others free of charge. Donations of yarn in lieu of payment are appreciated. We give to people who are in hospital, in nursing homes, or n their own home.



At this time of year our focus is on mitts and toques for children and adults. These will be given to the Birch Hills Ministerial Association, schools, safe homes, nursing homes, and other places where needed.

We meet on the 2nd and 4th Tuesday of each month at 1:00pm in the museum basement. Yarn is supplied and knitting needles or crochet hooks are available for use by our members. If you prefer to work at home, arrangements will be made.

For more information contact: Shirley Lyons at 749-3233, Marilyn Sorsdahl at 749-2286, or Faye Erikson at 749-2951

Cans, Bottles & Milk Jugs Piling Up?

Youth Center



Always Appreciates



Donations of the following

BEVERAGE CONTAINERS

* Aluminum /Tin Cans

* Plastic Bottles and Jugs INCLUDING MILK

* Glass Bottles, Clear and Colored (Wine, Juice)

* Juice & Milk Boxes and Cartons

* Refillable Beer Bottles

WE NOW ACCEPT MILK JUGS AND CARTONS



(please rinse)

We Are Not Able to Accept Non



Beverage Containers

Plastic Household Containers such as Soap, Javex

Glass Jars from Jam, Pickles, etc. or Soup Cans

DONATIONS MAY BE DROPPED OFF

AT BACK DOOR OF YOUTH CENTER!



Every Friday @ Youth Center!

AGE 12 +

7:30 - 10:00 pm

Questions?

Call Clint or Tim 306-749-2478

If you could bring \$2.00 each time to off set the costs it would be appreciated





PARK MANAGER

The Board of Directors for the Struthers Lake Regional Park Authority are accepting applications for a Park Manager. This position reports directly to the Board and is responsible for overseeing all operations of the park. Management and knowledge in the field of parks and recreation would be an asset. The Manager must possess strong public relation, promotional skills, communication and interpersonal skills. The manager must have the ability to work independently while adhering to board policies and bylaws. Duties will include supervision of student/s, general yard/cleaning maintenance pertaining to the park, and campground, beach and boat launch areas. General office and technology knowledge for entry gate is necessary to organize and book campsites, cabin rentals and gazebo.

The manager must live at the park during the employment period of 1-May- 2019 to 30-Sep-2019. Accommodations are provided.

Please submit resume including references. Only applicants selected for an interview will be contacted. Deadline for applications is January 15, 2019.

For further information please email Administrator: strutherslakerp@gmail.com or call Cory @ 864-7637 or mail resume to Box 857 Kinistino, Sask. S0J 1H0

CONCESSION MANAGER

Struthers Lake Regional Park is seeking a Full Time Seasonal Concession Operator for the 2019 season. This is an excellent income opportunity for a full time Concession Manager who will be responsible for food operations for the Struthers Lake Regional Park. Food Safe Certificate is a requirement. We provide a generous leasing opportunity from May to September 2019.

Concession is located in the heart of the park and just uphill from the main beach.

Concession Manager will also be responsible for the general cleaning of the laundry/shower house facility and will profit from its proceeds.

Accommodations to reside it the park will be discussed during the interview.

For further information please email: strutherslakerp@gmail.com or call Cory @ 864-7637.

Applications can be mailed to Box 857 Kinistino, Sask. SOJ 1HO.

Only applicants selected for an interview will be contacted. Deadline for applications is January 15, 2019

The following are Volunteer Service Opportunities in Kinistino and Birch Hills for the week of November 26, 2018.

The Volunteer Service Department is in need of caring, compassionate and committed volunteers to fill the following service positions:

<u>Parent-Tot/Family Volunteering Program – Birchview Home, Birch Hills (306) 749-3488</u> Parents and their children visit residents on a one-to-one basis or in small groups. Parents are responsible for their children at all times.

Shifts: Flexible, once or twice per week.

<u>Pet Therapy – Jubilee Lodge, Kinistino (306) 864-2851</u> Volunteers with well-trained, friendly pets may visit the residents at the Nursing Homes. The pets must meet the necessary requirements prior to visiting.

Shifts: Once or twice per week: Flexible hours.

If you are interested in this or any other Volunteer service position, or if you have a particular skill or talent you would like to share with the patients, residents or clients, please call your local health care facility to apply. You can also reach the Volunteer Services Department at (306) 765-6010, by email at <u>volunteers@paphr.sk.ca</u> or find us on the web at <u>www.paphr.ca</u>. We look forward to matching your talents and interests with the right position for you.

The Birch Hills Crime Watch Facebook page was created to help neighbours watch out for neighbours. It aims to get citizens involved in preventing crime at the local level.

Your neighbours know who you are, what type of car you drive, and may be the first to notice a suspicious person at your door or window. A police officer patrolling may not recognize a stranger in your yard — but your neighbour will.

As a community, we need to report suspicious activity to each other and to the police. A B&E, theft of vehicle, et al can be prevented if criminals know that there are watchful neighbours.

The RCMP encourage people to report all crime and suspicious activity. Reporting crime can help the RCMP identify and catch suspects, and track crime trends.

When you call 911, the operator will ask if you want police, fire or ambulance and for which city/ town.

Examples of when to call 911:

• An emergency includes a fire, a crime in progress, or a medical or life-threatening incident that requires an ambulance.

- Someone's life is in danger or there is an immediate threat to person or property.
- A crime in progress, such as a break and enter.

• When a serious crime has just happened and the suspect may still be near and/or return to the scene.

• When there is a good chance of arresting a suspect or preventing a serious crime.

Call the non-emergency line when you need to report a crime that is not an emergency. For citizens in and around Birch Hills, that number is 306-765-5501 *OR* 310-RCMP. Examples of a non-emergency call:

• Reporting a crime that has already been committed and there are no suspects (i.e. your vehicle was broken into overnight).

- Reporting suspicious or nuisance behaviour (i.e. a noisy party).
- Getting or giving follow-up information for a police file you have already.

Telecommunications (911 or Detachment) operators are highly trained to gather specific information from you through a series of questions.

Some of the questions the telecommunications operator will ask you are:

- What is the incident being reported?
- When did it happen?
- Where did it happen?

• Who is involved?

• Why do you think this happened?

The operator may also ask if there is any alcohol, drugs or weapons at the scene so they can provide the information to the officers who are attending.

RCMP want to remind the public that vigilantism, no matter how well-meaning, poses significant risks to the safety of all those involved. RCMP strongly advise individuals not to place themselves in potentially dangerous positions. Do not assume the thought process of a local vigilante group (taking matters into your own hands) as charges could very well be laid on you, no matter the good intention behind it.