



# HEARTBEAT

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly 1st and 15th of the month. It is available at the following locations: **Birch Hills Recreation Office**, Lake Country Co-op, Grumpy's Confectionary, Quayle's Pharmacy, and other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to **[birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)**

**November 15th, 2018**

**Issue 178**



**Farewell Potluck Supper**

For Chris, Amy,  
Clara, Abigail  
& Hannah Dow

Sunday,  
November 18  
5:30pm - 8:30pm

Birch Hills Civic Centre  
126 McCallum Avenue

Feel free to contribute to the Dows'  
"setting up home" expenses

**November** issues of this Birch Hills activity newsletter are sponsored by:

## **Birch Hills & District Historical Society**

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact 306-749-7451/[birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net). The cost is \$100 by 3 sponsors (\$300/mos) for printing, advertising and ensuring that the newsletter stays free for everyone.

### **Wanted Welder/Fabricator**

The Birch Hills Ball Diamonds are going to a new style of base that is more user friendly and is looking for someone that would be willing to build some metal ground anchors for us. In total we will require 14 single base anchors and 4 double base anchors. Samples of both of these styles are available. The hope is to have these built in time for the 2019 minor ball season.

If you have the tools and willingness to take this project on or would like further information, please contact Gordon at 306-940-8922.

Birch Hills Guiding Association is selling poinsettia's for Christmas.

Six Colors Available

To make an order, please call Audrey at 749-2217 by November 26th. Payment can be made by e-transfer

Poinsettia's will be available to pick up on December 7th.



## NOVEMBER NEWSLETTER SPONSORED BY:



*The Birch Hills Historical Society is pleased to sponsor the Heartbeat this month. A special thank you to Natalie Matheson for producing it while we await a new Rec Director. We also want to thank the Birch Hills Town Council, the Office Staff and the Town Men for their help and assistance.*

*The Birch Hills Memorial Museum has been described as Birch Hills' best kept secret by folks that visit for the first time.*

*Great care has been taken in computer cataloguing and displaying the over 4,000 artifacts in the museum and the outside buildings.*

*It has to be noted that this is all done by volunteers and Board Members who are also responsible for operational fundraising such as the Thrift Store, special events, memorial wall, and coffee shop treats.*

*Our lending library of over 382 Saskatchewan history books is described as one of the best in the Province by the Genealogy Society.*

*This is your invitation to pay us a visit soon.*

*Our hours: Thrift Store - Wednesday 9:00am to 4:00pm*

*Coffee 2:00pm*

*- Saturday 1:00pm to 4:00pm*

*Museum - Wednesday 2:00pm to 4:00pm or by appointment*

*For more information: call 306-749-2500*

*Visit Birch Hills Memorial Museum on Facebook*

*Or visit [www.birchhills.ca](http://www.birchhills.ca)*



## Birch Hills Curling Club

### Registration and AGM

Thursday November 22nd @  
Birch Hills Curling Club



Registration will start at 7:00pm with  
the AGM to follow at 7:30pm.

We look forward to seeing you there.

Please refer to the Birch Hills Curling  
Club Facebook page for more  
information.

## Birch Hills Fire Department AGM

Monday November 19th

7:30pm

Birch Hills Fire Hall



## ChristmaSING

Ralph Galambos and friends:

Amy Dow, Zack Halkett,

Community Singing with Janet and Brenda

**Tuesday December 4th**

**7:00pm - 8:30pm**

At St Mary - St Anne Church

Birch Hills

**EVERYONE WELCOME!**

Lunch to Follow

Free will Offering



## Up-coming Events @ the Birch Hills United Church

Thank you to everyone who helped in any way  
with the Under the Sea social on November 2nd.  
Also, thank you to all those who came and  
supported our final Birch Hills United Church  
community-wide social event.

Special thanks for the help of Marie Braaten  
and the Birch Hills Fire Department. At last  
week's church board meeting it was unanimously  
decided to give the net proceeds of the event to  
the Birch Hills Fire Department.

Thank you to the women of the community who  
came and took part in the Fellowship of the  
Least Coin service on Friday November 9th.

We also appreciated those who gathered at the  
Museum on November 11th to ring the United  
Church bell 100 times in memory of the end of  
World War I.

Our next regular United Church service is  
Sunday November 25th at 9:30am at the  
Lutheran Church, corner of 4th and Bellamy.  
All are welcome!





## Birch Hills Public Library

**Birch Hills Library hours:**

**Tues 11-4 5-9**

**Thurs 9-12 1-6**

**Storytime Thurs 1:15-2:00**

**Storytime for 3-yr olds starts Oct. 4.**



## ST MARY'S ANGLICAN CHURCH

### UPCOMING EVENTS

#### Community Lunches:

All community members are welcome to join us for lunch

**Date Change for this week to Friday, Nov 23rd**

Free will offerings accepted (donations)

Lunches will be the 1st and 3rd Friday of every month until June

Next Lunch Dec 7th



Family Service continues on the 4th Sunday of the month (Nov. 25th) at 11:00am. Come for kids music, kid friendly lessons...(you get the idea!) and a meal after.

#### Ginger and Shortbread: Music of the Season

Come join us at St.Mary's Anglican Church on Friday December 14, 2018 @ 7pm to soak in the Christmas season with music (including some special solos!), a silent auction, hot beverages and dainties. The silent auction will be on display from 6:30pm. Admission is \$10 per person. Children 12 and under are free.

**Cheers to many more years!**



Quayle's has a great selection of wine, spirits, coolers and imported and domestic beer.

Everything you need for gatherings with friends & family.

**QUAYLE'S PHARMACY**  
**RxPharmaChoice**

**We proudly serve our community!**

### Church Services



St. Mary's Anglican Church @ 11am – First Sunday in Feb switches to 9am

St. Anne Roman Catholic Church - Sunday Oct 7th/18—Jan 27/18 @ 9:00am

Community Church @ 11am

Lake Park Baptist Church @ 11am

Saron Lutheran Church by Hagen @ 9:30am

United Church @ 9:30am

Glad Tidings Tabernacle @ 11:00am

**Are you unsure what to do with your Canadian Tire Money the Youth Centre accepts it ! :)**

**The Birch Hills Sno Posse Club is seeking a club or organization who is willing to look after the food service for our rally dated for Saturday Feb 9, 2019. This is a one day event.**

**Those that are interested please submit your name to me by January 10, 2019. You can call, or email for more information to: Tammy @ g.forsyth@sasktel.net or text/call 960-9246.**



Seeking Community Arts Initiative facilitator for The Birch Hills Community Arts Initiative as I'm moving at the end of the year. We are hoping to find someone who is willing to organize monthly art events, collaborate with the Birch Hills Rec Board and the School/Anglican Church for funding and a venue, provide supplies, instructors, and advertising as needed. Those interested are encouraged to contact Amy at 306-941-0788 or by email at amy.elizabeth.dow@gmail.com.



## EVERY WEEK IN THE HILLS

### Open to Community

#### MONDAYS

**Bowling** 2:00 pm @ Seniors Hall  
**Dreamland Optimists Group**  
**Fire Dept Meeting** (every 2nd Mon) 7:00 pm @ Fire Hall

#### TUESDAYS

**Moms & Tots** 10:00 am-12:00 pm @ Youth Centre  
 \$2 drop in fee  
**Library Open** 11:00 am-4:00 pm and 5:00 pm-8:00 pm  
**Knitting Grannies** (2nd & 4th Tues) 1:00pm @ museum  
**Birchview Ladies Auxiliary** (1st Tues) 11:00am  
**Craft Night** 6:30 pm - 7:30 pm (5-12yrs) @ Library

#### WEDNESDAYS

**Thrift Shop Open** 9:00 am-4:00 pm @ Museum  
**Coffee** 2:00pm @ Museum  
**Line Dancing** 9:30-11:00 am @ Civic Centre  
**Museum Open** 2:00 pm - 4:00 pm  
**Town Council Meetings** 2nd and 4th Wed of the month

#### THURSDAYS

**Moms & Tots** 10:00 am-12:00 pm @ Youth Centre  
 \$2 drop in fee  
**Library Open** 9:00 am -12:00 pm and 1:00 pm - 6:00 pm  
**Legion Meeting** 2nd Thurs of each month 7:00 pm @ Legion (No meeting in July and August)

#### FRIDAY

**Friday Night Youth** at Youth Centre 7:30pm

#### SATURDAY

**Thrift Shop Open** 1:00 am-4:00 pm @ Museum  
**Coffee** 2:00pm @ Museum

**Senior Centre Contact:** Delores Jones 749-2680

### Vinyasa Yoga Beginner

#### Intermediate Levels Welcome

**Tuesdays 7:00 - 8:15pm**

**6 week block \$55.00 or \$10/session**

**Rec room Birchview Nursing Home**

**Instructor Dawne Adams**

**Further info dmadams@sasktel.net.**

**306-961-9073**

## BlackHawks Hockey vs. Waldheim



Free Admission Courtesy:

**Murann Farms Ltd.**

Sun  
**18**  
Nov  
2018

Time | 3:00pm  
Licensed Beverage Garden  
Meet & Greet Lunch After Game

2nd Street, Birch Hills



## BlackHawks Hockey vs. Hague



**Minor Hockey Night**  
Wear your jersey to  
the game for a  
chance to win!



Fri  
**23**  
Nov  
2018

Time | 8:30pm  
Licensed Beverage Garden

2nd Street, Birch Hills



## Birchview News

### November

- 18 - Gladtidings Gospel Group 2:30pm
- 21- Job Mates Band - Birthday Social 2:30pm
- 29 - Light Up A Seniors Life with  
Ralph Galambos 6:15pm - "Kick off to the  
Christmas Season"



## Upcoming Events

### November

- 16 - Community Lunch @ St. Mary's
- 18 - BH Blackhawks Home Opener vs  
Waldheim Warriors
  - Farewell Potluck Supper for the Dows' @  
BH Civic Centre
- 19 - BH Fire Department AGM
- 22 - Curling Club AGM
- 23 - BH Blackhawks vs Hague Royals

### December

- 1 - St. Mary's Cookie Walk & Christmas Tea
- 4 - ChristmaSING @ St Mary's - St Anne's
- 14 - BH Blackhawks vs Rosthern Wheatkings
  - Ginger and Shortbread Music of the  
Season @ St Mary's
- 28 - BH Blackhawks vs St LouisBlues

### March

- 16 - Shamrock Shaker 2 @ BH Civic Centre

### April

- 7 - Lions Hockey Draft - Location TBD
- 13 - Lions Club Spaghetti Supper @ BH Civic  
Centre

## CRYSTAL SPRINGS EVENTS

Coffee Row at the Hall

December 5th 2—4 pm

Everyone is welcome. It is a wonderful  
opportunity for friends, neighbors &  
acquaintances to get together!

**Bingo: Every Tuesday, 7:30pm**

Hall is available for rent, Contact  
Lynn 306-864-8013

**Birch Hills Community Lutheran Brethren Church Invites you to:**

**Sunday Morning Worship**

11:00am at the corner of 4th and Bellamy

**Tuesday & Friday Morning  
Moms and Tots**

10:00am - Noon at the Youth Centre  
\$2 Drop In

**Thursday Evening  
Kaiser, Crib and Game Night**

7:00pm at the Youth Centre

**Friday Night Youth**

Age 12 and up  
7:30pm at the Youth Centre

**Saturday Morning Coffee Row**

7:00am - 10:00am at the Youth Centre



**RECYCLE**

Please Share your Newsletter with a friend. Send request to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net) to receive the news letter online.

Due to changes in staffing at the Town office and until a new rec director is hired, the rec office will be open from 11am to 3 pm on Mondays.

All submissions for the Heartbeat should still be submitted to the Rec Board email, the rec board email and cell phone messages will be monitored and messages will be answered during office hours.

Natalie Matheson will be publishing the Heartbeat until a rec director is hired and will be working part time in the rec office.

**Cans, Bottles &  
Milk Jugs Piling Up?**

**Youth Center**

Always Appreciates

Donations of the following

**BEVERAGE CONTAINERS**

- \* Aluminum /Tin Cans
- \* Plastic Bottles and Jugs INCLUDING MILK
- \* Glass Bottles, Clear and Colored (Wine, Juice)
- \* Juice & Milk Boxes and Cartons
- \* Refillable Beer Bottles

**WE NOW ACCEPT MILK JUGS AND CARTONS**

(please rinse)

**We Are Not Able to Accept Non  
Beverage Containers**

**Plastic Household Containers such as Soap, Javex  
Glass Jars from Jam, Pickles, etc. or Soup Cans**

**DONATIONS MAY BE DROPPED OFF**

**AT BACK DOOR OF YOUTH CENTER!**

**FRIDAY**

**Every Friday @ Youth Center!**

**AGE 12 +**

**7:30 - 10:00 pm**

Questions?

Call Clint or Tim 306-749-2478

If you could bring \$2.00 each time to off set the costs it would be appreciated





### **PARK MANAGER**

*The Board of Directors for the Struthers Lake Regional Park Authority are accepting applications for a Park Manager. This position reports directly to the Board and is responsible for overseeing all operations of the park. Management and knowledge in the field of parks and recreation would be an asset. The Manager must possess strong public relation, promotional skills, communication and interpersonal skills. The manager must have the ability to work independently while adhering to board policies and bylaws. Duties will include supervision of student/s, general yard/cleaning maintenance pertaining to the park, and campground, beach and boat launch areas. General office and technology knowledge for entry gate is necessary to organize and book campsites, cabin rentals and gazebo.*

*The manager must live at the park during the employment period of 1-May- 2019 to 30-Sep-2019.*

*Accommodations are provided.*

*Please submit resume including references. Only applicants selected for an interview will be contacted.*

*Deadline for applications is January 15, 2019.*

*For further information please email Administrator: [strutherslakerp@gmail.com](mailto:strutherslakerp@gmail.com) or call Cory @ 864-7637 or mail resume to Box 857 Kinistino, Sask. S0J 1H0*

### **CONCESSION MANAGER**

*Struthers Lake Regional Park is seeking a Full Time Seasonal Concession Operator for the 2019 season.*

*This is an excellent income opportunity for a full time Concession Manager who will be responsible for food operations for the Struthers Lake Regional Park. Food Safe Certificate is a requirement. We provide a generous leasing opportunity from May to September 2019.*

*Concession is located in the heart of the park and just uphill from the main beach.*

*Concession Manager will also be responsible for the general cleaning of the laundry/shower house facility and will profit from its proceeds.*

*Accommodations to reside at the park will be discussed during the interview.*

*For further information please email: [strutherslakerp@gmail.com](mailto:strutherslakerp@gmail.com) or call Cory @ 864-7637.*

*Applications can be mailed to Box 857 Kinistino, Sask. S0J 1H0.*

*Only applicants selected for an interview will be contacted. Deadline for applications is January 15, 2019*

### **The following are Volunteer Service Opportunities in Kinistino and Birch Hills for the week of November 12, 2018.**

The Volunteer Service Department is in need of caring, compassionate and committed volunteers to fill the following service positions:

#### **Activity Programs – Birchview Home, Birch Hills (306) 749-3488**

Volunteers will assist the staff with activities and set up for such. Depending on the needs of the facility, duties may include assisting with crafts, shopping trips, birthday parties, special functions, music therapy, exercise programs, bowling groups, horticulture, painting, baking, etc.

Shifts: 9:00 a.m. – 12:00 p.m. or 12:45 p.m. – 4:00 p.m. Monday - Friday

#### **Friendly Visiting – Jubilee Lodge, Kinistino (306) 864-2851**

Duties include visiting residents on a one-to-one basis or in small groups, chatting, playing cards, reading, sitting outside with residents, portering residents, taking residents to functions, shopping trips, walking residents and Elders.

Shifts: 9:00 a.m. – 11:30 a.m., 1:00 p.m. – 4:00 p.m., 6:00 – 8:00 p.m. Monday – Sunday: Flexible: Once or twice per week.

*If you are interested in this or any other Volunteer service position, or if you have a particular skill or talent you would like to share with the patients, residents or clients, please call your local health care facility to apply. You can also reach the Volunteer Services Department at (306) 765-6010, by email at [volunteers@paphr.sk.ca](mailto:volunteers@paphr.sk.ca) or find us on the web at [www.paphr.ca](http://www.paphr.ca). We look forward to matching your talents and interests with the right position for you.*