

# HEARTBEAT

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Lake Country Co-op, Cornerstone Insurance, Grumpy's Confectionary, Quayles Pharmacy, and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

#### December 1st, 2017

# Issue 155



Seasons Greetings Such wonderful events coming up for all ages to

spend time together. Thank you to those hosting and organizing.

The Birch Tree Café is now open on Saturdays!! 11-7pm New menu items coming soon. Have a great couple of weeks

. Laurie Berube, Rec Director

#### GOSPEL AND INSPIRATIONAL MUSIC

Old and New with *Ralph Galambos* Come join us for an afternoon of Sunday, Dec 3rd 2:00pm At St Mary & St Ann Church (McCallum) Lunch to follow, good will offering Community Welcome



Community Arts In Birch Hills Monday, December 4th, 2017 7:00pm LEARN TO PAINT at the BH School Art Room

Join *Mr Alan Ruder* at the BH Public School Art Room as he teaches participants to use either Acrylic or Water color mediums. He will present an idea and put it into context using artists and examples and provide assistance as students work on their paintings.

Ages 8-17yrs \$5 and 18 & up \$10. Please register in advance so we can make sure we have enough supplies, etc

Follow updates, activities and photos on our Facebook Page NOTE: we are looking for experienced artists to instruct participants in mediums of choice.

Contact Amy if you are interested 941-0788

7th Annual Winter Fest Meeting<br/>Monday, December 4th<br/>@ the museumI@ the museum7:00pmAny community member or group<br/>is welcome to bring their ideas or<br/>ask how they can get involved..IfSome fundraising<br/>opportunities.If

Contact Rec office for more info



**DECEMBER** issues of this Birch Hills activity news letter was sponsored by:

#### TURQUOISE TREE COUNSELLING & WELLNESS INC

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/birchhillsrec@sasktel.net. The cost is \$100 by 3 sponsors (\$300/mos) for printing, advertising and ensuring that the newsletter stays free for everyone.

"The Light shines in the darkness, but the darkness has not overcome it" John 1:5

BH Community Church hosts... TOWN CHRISTMAS TREE LIGHTING

7:00pm Sunday, December 3rd Join us in sharing the meaning of Christmas with our community. Hot chocolate at Youth Center to follow



#### FREEDOM SINGERS

Christmas Concert Sunday, December 3rd 7:00pm Lake Park Baptist Church In Birch Hills



Free Will offering Concert info call 749-3185 The Freedom Singers from Kelowna, BC began their music ministry when two young men, Simon and Wesley arrived in Canada as stowaways from Romania escaping in a shipping container. After singing at local churches and telling their story, it was suggested to actually give our group a name. The *FREEDOM SINGERS* share their music and testimony in the hope that those who listen will be spiritually enriched and blessed. They give praise to God for his guidance and abundant Grace.

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#### CRYSTAL SPRINGS COMMUNITY EVENTS



Ladíes Chrístmas Partv Crystal Springs Hall Friday, December 8th @ 7:00 pm Bring an appetizer, a \$10 present for a gift exchange, BYOB Interested in a cookie exchange? Call Lynn @ 864-8013 for more information

> Meskenaw Community invites you December 10th 1:00-4:00pm Sleighrides(1-2pm), Bingo, Bake table Non perishable food item collection

#### Birch Hills Cowboy Church @ Community Centre 1st Sun of each month Next Service



#### Sunday, Dec 3rd 7:00pm

Featuring Country Gospel Music with Pastor Rick Martin (981-2235) Potluck Cookies & Cake to follow All are Welcome

#### Bethania Christmas Candle Light Service

Sunday, December 23rd, 2017 7:30pm Bethania Church Northern Light

#### Birch Hills Community Church Christmas Eve Service

7:30pm (Corner of 4th & Bellamy) Everyone Welcome

If you find yourself away from family on Christmas day, we invite you to come celebrate with us at the BH Community Church. We will be hosting a

#### Christmas Day turkey & ham dinner.

Beginning at noon, with visiting and games to follow until 3:00pm.



Dinner will be provided, but please feel free to bring games & potluck snacks. No registration necessary, we will see you Christmas Day!

<u>Bindo</u>: Bingo in Crystal Springs Tuesdays 7:30pm

Watch for info on upcoming Christmas Bingo info



**Coffee Row:** Crystal Springs Rec Co-op Once a Month Coffee Row 2:00 to 4:00 P.M. Crystal Springs Hall Everyone is Welcome! Next Date is: Wednesday December 6th

### **Birchview Nursing Home Dec Activities**

All are welcome to attend. 2:30pm start,

unless otherwise noted

Dec 2nd

- 15th Step Out Dancers
- Job Mates Band "Santa visit" 20th
- 21st Piano Recital 3:30pm
- Christmas Eve Service 6:30pm New Years Party w/ Salt Water Joy Band 24th
- 29th

Annual Memorial Service 2:00pm

If you have a talent to entertain, contact Shelley to set a date

# BIRCH HLLS SCHOOL NEWS

Dec 6th Gr 4-6 classes attend "Alice in Wonderland Jr" @ E.A. Rawlinson Centre in PA 7th Gr K-3 classes attend "Alice in Wonderland Jr" 8th Sr Girls Basketball Tournament 15th Sr Boys Basketball Tournament

19th Christmas Concert

December 23-Jan 7th

Christmas Break!!



GOOD

COOKING

#### Birch Hills Public School Fundraisesr

"Food For Thought" Cookbook The cookbook consists of 110 pages with 186 recipes submitted from our Kindergarten to Grade 12 families and Birch Hills community members. We are expecting the books to arrive the week of December 18<sup>th</sup> and will send home with your child.

If you do not have a child attending school, we will call you and you can pick the books up at the

office. If you would like to purchase a cookbook (\$15/book), please contact Angie Laroche at alaroche@srsd119.ca or (306) 749-3301.

## BIRCH HILLS & AREA BUSINESS HIGHLIGHTS and NEWSLETTER SPONSOR

#### TURQUOISE TREE COUNSELLING & WELLNESS INC

Erin McLeod and Tiffany Olson are registered clinical Social Workers who share a vision of working with people that seek to improve themselves and lives.

Turquoise Tree Counselling and Wellness Inc. offers a wide variety of counselling and coaching services in all areas of relationships, grief & loss, self esteem/confidence, stress management, anxiety, depression and overall mental health wellness using a variety of types of therapy that are tailored to our clients needs.

Each individual is on their own unique journey in life. We believe that education and self-determination are key elements of the journey.

Counselling services may be covered through the client's employee insurance plans.



#### Two offices you can find us at:

OR

2040- 2387 10th Ave W Prince Albert, SK 306-922-2777 #6-102 McKendry Ave **Melfort**, SK 306-752-1020

www.turquoisetreecounselling.com



Sunday December 17th 2-4pm at the Birch Hills Lutheran Church 48 Bellamy Ave Please join us in celebrating our Mom on her special day. All are welcome for birthday cake, coffee and visiting time!



Grand Opening & Tours (#2 Wilson Street) Wednesday, December 6th 1:30 - 3:30pm Coffee & Doughnuts Community welcome



turquoisetree@sasktel.net

#### ST MARY'S ANGLICAN CHURCH UPCOMING EVENTS



Community Lunches: 11:30–1:00pm All community residents are welcome to join us for soup & bun Friday, December 1st, 2017

**FAMILY SERVICES** continues on the 4th Sunday of the month. Next Date **December 24th**, 10:30 am All are welcome for an interactive service at the Hovdebo Family Farm. Contact Father Chris 306–930–0748 for more information.

#### Ginger and Shortbread' Music of the Season

Come join us Friday, December 8 to ring in the Christmas message with seasonal music (including some special solos!), a silent auction, gourmet hot choc/cafe bar and dainties. The silent auction will be on display from 6:30pm. Admission is \$10 per person. Children under 12 Free.



## ADVENT

At St Mary's Anglican Church in Birch Hills

Sunday Dec 3rd	Holy Communion	11:00am
Sunday Dec 10th	Christmas Pageant	11:00am
Sunday Dec 17th	Lessons & Carols	5:00pm
-	w/ Potluck Supper	
Sunday Dec 24th	Children's Service	10:30am
-	(a) Hovdebo Farm	
	-	

EVERYONE WELCOME

#### BOUQUET OF THANKS

A huge thank you to our caring community for your response to the can tab project held this summer. Over one million tabs were collected province wide. Would you please consider saving your tabs for Kids With Cancer Research as an ongoing commitment until next fall? Drop off sites will be announced at that time. With heartfelt thanks,

Shirley Graupe

#### Saturday Morning Coffee

7:00 am to 10:00 am At the Youth Center Any early bird welcome





News from the Birch Hiils Sno-Posse Local snowmobile club hosts Annual Rally

#### February 10th, 2018

The Birch Hills Sno-Posse Club is seeking out an organization/club that is willing to look after the kitchen at the 2018 Rally. The commitment will entail providing breakfast, lunch and supper starting at 8 am and ending at approx. 8/9 pm, located at the Birch Hills Civic Centre.

From past rallies we have from 125-325 riders registered plus several town folk/families come throughout the day. This is an opportunity to make \$\$ for your club by working one full day (set up day prior). This is not a first come first serve basis,

Please email, message or text me why your club wishes to commit to this. Those that show interest will be selected by December 31, 2017. If you have any questions, please do not hesitate to ask. Email g.forsyth@sasktel.net or text/call 960.9246. Please submit by December 22nd, 2017.

The executive members are: President, Markel Evans, VP, Matthew Njaa, Secretary, Tammy Forsyth, Directors, Sheldon Gordon, Cathy Gordon, Chris Braaten, Robert Fossen.

The snowmobile club would like to welcome anyone willing to join a great organization. Money raised by the club is donated back to the community and also used to maintain 3 cabins strategically located along the river. These cabins are stocked to make your winter snowmobile ride more enjoy able for you and your family. In 2017 the club donated money to both Birch Hills Skating and Curling Rinks.

Without the hard work of volunteers, none of this is possible. We would like to thank those that make the time to attend meetings and lend a helping hand. If you have an interest in snowmobiling or meeting folks for the love of the outdoors, this is the club for you.

Follow us on Facebook "Birch Hills Sno-posse" for the latest information, or feel free to contact Pres, Markel 960-2569, Matthew 749-7010 or Tammy at g.forsyth@sasktel.net. Thank you, BH Sno-Posse Club

#### Annual Christmas Hamper Appeal



Every year at this time, the Ministerial gives Christmas hampers to local families in need. In recent years, we have seen an increased demand for these hampers.

This program depends on the generosity of the local congregations and the entire community. We are most grateful for your support in years past.

The churches and the Co-op will soon begin to receive donations of non-perishable food items. Cheques can be made payable to the 'Birch Hills & District Ministerial Association.' You may give them to any of the local pastors.

Thank you very much for your support. We wish you and your families a blessed Advent and Christmas.

"For you know the grace of our Lord Jesus Christ, that though He was rich, yet for your sake He became poor, so that you by His poverty might become rich." (2 Cor. 8:9)

Birch Hills & District Ministerial Association



#### Cross Country Skiers

Trails are being set at the golf course. If you would like to try x-country skiing, there are some skis available at the Rec Office. Contact Laurie 306-749-7451

for more info. Follow updates on Facebook "Birch Hills Cross Country Ski Club' Feel free to share ski trail information and partner up and try new trails around Sask.

#### **BSESSION** Visit our Stop **GREENHOUSES** Our hou store are

Our hours for the gift

Thursday & Fridays 4-8 and Saturdays & Sundays 10-6, until Dec 10th, then Monday- Friday 10-8 Sat & Sun 10-6 Until Christmas!

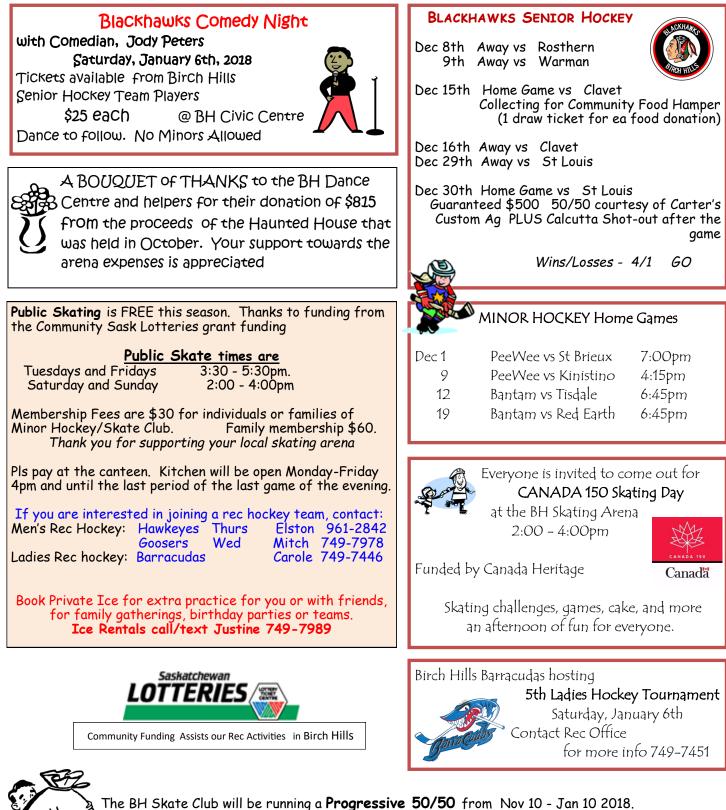


Christmas shop with us in St Louis, SK



RECYCLE Please Share Newsletter with a friend Send request to birchhillsrec@sasktel.net to receive the news letter online

# BIRCH HILLS SKATING ARENA NEWS



Draw date Jan 11/18 @ 6pm at the Skating Arena. Tickets are \$3 each, 2 for \$5.00 JACKPOT at \$50 Proceeds will go towards the purchase of fabric to go around the rink boards for the carnival to use for years to come. Any left over funds will be used to off set the cost of the carnival. ie decorations, costumes, etc. You can purchase tickets from our local businesses in town or from one of the skating families.

The BH Skating Club would like to thank your in advance for your support

Birch Hills & District Laurie Berube, Recreation Director Box 280, Birch Hills, Sk Recreation Board SOJ ()G()

Office Located at: 146 Bellamy Ave Office Hours Mon, Wed, Thurs 9am-12pm General Hours M-F 9am-4pm text or call Cell: 306-749-7451 or E-mail: birchhillsrec@sasktel.net Facebook Page: 'Town of Birch Hills Community & Recreation' Town Website: www.birchhills.ca

A BOUQUET OF THANKS to you, our caring community for your response to the can tab project held this summer. Over one million tabs were collected province wide. Would you please consider saving your tabs for Kids With Cancer Research as an ongoing commitment until • next fall? Drop off sites will be announced l at that time. With heartfelt thanks, Shirley Graupe Christmas Idea! Purchase a 2018 Golf GOLFCOURSE loved one at 2017 prices. We also offer

INSTALLMENT PAYMENTS OF ANNUAL GREEN FEES POLICY Take advantage of our gradual purchase of the annual green fees memberships (adult, Junior, family memberships) through installment payments! Start as soon as possible with final payment due May 1st, 2018.

EARLY PAYMENT OF ANNUAL GREEN FEES MEMBERSHIPS To avoid a possible increase in green fees for the 2018 season our early payment policy allows for the early purchase of the annual green fees membership at current (2017) rates. The purchase must be made by April 15, 2018.

#### 2017 prices: Adult: \$575.00 Junior (18 years and under): \$125.00 - includes a driving range pass Family membership (2 adults 2 juniors): \$1275.00

For gift certificates, installment payments or early purchase of green fees, Contact Laurie Berube in the Recreation Office Or call Lorisa Ganes at 749 7756

#### Birch Hills Curling News



Weekly league curling has started

Tues/Fri afternoons 12:30pm Wed night 2 Person Sponsored by Cervus Equipment Thurs Night Super League Sponsored by Cornerstone Insurance

#### Upcoming Bonspiels

Jan 22 - 26th	Seniors Bonspiel Open
Jan 27, 2018	Cattleman's Bonspiel (invitational)
Feb 9/10	Ladies 80's Theme Bonspiel Open
Mar 2 & 3	Open 4 Person Bonspiel
Mar 23/24	2 Person Bonspiel & Season Wind Up

## STOCKING GIFT IDEA....

Annual Weekend Getaway Raffle tickets on sale now. *Christmas Spirit* Basket Raffle tickets also available. Thx for your support with these curling fundraisers!

#### Birch Hills Ladies Curling Bonspiel 80's Theme

February 9 & 10, 2018



Join us Friday Night for our wing night from 6-8pm Everyone welcome.

Register your team of 4 with Jackie Mickelson 306-961-1550

# **Upcoming Events**

- December 1 St Mary's Community Luncheon 2&3 - Atom MH tourney
  - 3 Lighting of Town Christmas Tree
  - Gospel & Inspirational Entertainment
  - Cowboy Church
  - Freedom Singers
  - 4 Painting Art Night
  - Winter Festival Planning Meeting
  - 6 CPS Grand Opening & Tour
  - 8 Ginger & Shortbread Music Special
  - Crystal Springs Ladies Christmas
  - Sr Girls Basketball Tourney 10 - Canada 150 Skating Day
    - Meskenaw Bingo
    - Anglican Christmas Pageant
  - 15 St Mary's Community Luncheon
    - Sr Boys Basketball Tourney
    - Sr Hockey Home Game (vs Clavet)
  - 17 Tea for Jewel Cochrane 90th bday
  - 18 Place cookbook orders
  - 19 School Christmas Concert
  - 23 Bethania Candle Light Service
  - 24 Community Church Christmas Eve Service
    - Anglican Family Services
    - Birchview Christmas Eve
    - 25 BHCC Christmas Supper (pg 2)
- 30 Sr Hockey Home Game (vs St Louis) January
  - 6 Ladies Hockey Tourney
  - Sr Hockey Comedy Night 22-26th - Seniors Open Bonspiel

  - 27/28 Cattleman's Bonspiel
- February 3 - Crystal Springs Poker Rally 9/10 - Ladies 80's theme Bonspiel