

The **'Birch Hills Community Heartbeat'** newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month at: Co-op Grocery & Hardware, Quayle Pharmacy, Grumpy's Confectionary and various other businesses downtown. Pick up your free copy and share with a friend.

Send your email address and request for mailing list to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)

December 1, 2011

Volume 1, Issue 11



Greetings readers. It is hard to believe Christmas is almost here. How wonderful it is to see the trees and houses being decorated for Christmas. This will be a nice addition to the 'Twinkle Tour' during the Brrr Chills Winter Fest coming this February. There are many plans happening for the festival and here are a few tips for events that will be coming up that you and your family can prepare for.

There will be a snow or ice sculpting contest...hopefully we get some snow! If you can stand it, 'Febru-hairy' will include a beard growing and leg hair growing contest. There will be a talent night, including family air bands so pull out your plastic guitars and get practising. I am very excited to see what talents Birch Hills has.

Remember, feedback is important. Good and bad comments are necessary. If we don't know what needs fixing, we can't fix it and if something is good, tell me so we keep doing it.

*Laurie Berube, Recreation Director*  
**'Don't deny your age, Embellish your youth'**

## 1st Annual Birch Hills Business Christmas Extravaganza



**Dec 3rd 10:00—4:00 pm**  
in the small gym of the school

Local businesses of Birch Hills will display their goods & services under one roof just in time for the upcoming Christmas shopping season. No charge & hourly draws  
To book a table contact Susan Dutchak at 981-1871 (\$20/table). Come see what is available in your community all year round.

## CURLING RINK NEWS

### Season Rates & Schedules

are as follows:

Adult League \$200 for 1 night / week  
for an additional \$50 members can curl  
both Mon & Thurs nights 7:30-9:30pm

Family \$450

Student \$75

Sub List Members \$100

Seniors League Tues & Fri 1:30-3:30

\$200 /Senior or \$150 / 80+ yrs

Contact Robyn 749-2951 to register

**Kids Curling** starts in 2012 pending volunteer help. Please contact Anna 749-7725 if you are able to assist after school.

**Youth Curling** Hey Teens! Want to try curling? Text 749-7451 for more information.

This issue of our Community activity newsletter was paid for you by:

**Norseman**

**Construction**

If you would like to be a sponsor of the next 'Heartbeat' newsletter, contact Laurie at 'birchhillsrec@sasktel.net'

The cost is \$100 for printing, advertising and ensuring that the newsletter stays free for the community. Half sponsorship are available. Thank you for supporting your local paper.

### Yoga by Greer

Start your Saturdays off right with yoga at the Birch Hills Dance Studio.



**Saturday, Dec 3 and Dec 17th** 10am, \$10 ea

Don't forget your mat and a friend!

Attendance has been low.. if you have suggestions please contact Laurie at 749-7451

**COMING DURING THE BRR CHILLS WINTER FESTIVAL -**

**"Snowga"**

...Stay Tuned for more information

**off the mark** by Mark Parisi  
[www.offthemark.com](http://www.offthemark.com)



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## BIRCH HILLS & DISTRICT COMBINED APPEAL 2011

\$8655 was raised in this years appeal, proving that there are big hearts in this area. Way to Go!

The following organizations will benefit from your generosity:

- \*Alzheimer Association of Sask
- \*Arthritis Society
- \*BH & Area Health Care Found
- \*Birch Hills Cemetery Fund
- \*Birch Hills Library
- \*Birchview Home Auxiliary
- \*Canadian Bible Society
- \*Canadian Cancer Society
- \*Canadian Cystic Fibrosis Found
- \*Canadian Diabetes Association
- \*Canadian Foodgrains Bank
- \*Canadian Mental Health Assoc
- \*Canadian Nat'l Inst for the Blind
- \*Canadian Red Cross Society
- \*Cancer Agency (Regina Cancer Patient Lodge)
- \*Crohns & Colitis Found of Canada
- \*Habitat for Humanity
- \*Heart & Stroke Foundation of SK
- \*Kidney Found of Cda, Sk Branch
- \*Lung Association of Sask
- \*Multiple Sclerosis Society
- \*Muscular Dystrophy Assoc of Cda
- \*Parkinson Disease Foundation
- \*Prince Albert SPCA
- \*Salvation Army
- \*Schizophrenia Society of Sask\*
- \*Weldon Country Villa

**THANK YOU TO ALL THAT DONATED**

## Library Annual Christmas Craft

Friday, December 2nd  
3:30-5pm

Birch Hills Public Library  
(Civic Centre)

For ages 8-12 years.  
We will be doing a  
sewing craft project for  
Christmas.

## 2nd Annual Boxing Day Bash

featuring Tim Toutant

Monday Dec 26th  
Starts 8pm

Birch Hills Civic Centre  
\$20 advance, day of \$25  
Limited number of  
tickets available at  
Grumpys Confectionary  
Advantage Credit Union,  
Anna Devenis or the  
Recreation Director

Proceeds go towards the  
new Birch Hills Daycare  
\*\*Sorry No Minors\*\*



Rec Adult Volleyball at the School Gym.

Every Sunday & Thursday 8-9:30 pm

\$2 drop-in. Fees used for future recreation activities. See you there!



A fun Volleyball Tournament will be held late January. Sign up your teams or single registrations available with Laurie at 749-7451 or email birchhillsrec@sasktel.net

Volley Ball will be breaking for the holidays. December 11th is the last date. Due to popular demand it will resume again in 2012. Thanks for the fun!

## 2012 Brrr Chills Winter Festival February 10th to the 18th, 2012.



Plans are underway for an exciting 9 days of winter fun in Birch Hills. There is still plenty of opportunity for everyone to get involved. Some activities have been confirmed and some are still in the planning stages.

**Next Meeting December 20th. 7:00 pm in the Museum Basement. All ages encouraged to come**

We need volunteers to organize, cook, setup, take down, serve. We need prizes, equipment, entertainers, and participants to assist in making this the best winter festival in... well...in any where! So take a look and see where you would like to join in on the festivities

Starting with a Light Parade down Main Street, Sledding & Bonfire near Max Creek, Sno-Posse Snowmobile Rally, with pancake breakfast in the am, Snowpitch Tournament, 3 on 3 Hockey Tournament, Bingo, Scavenger Hunt, BBQ's, School Carnival, Seniors Lunch and Games Day (Crokinole, Cribbage, Bowling), Valentine's Dinner Theatre, Sleigh Rides, Twinkle Tour, Youth and Adult Curling Bonspiels, Chili Cook-off, Talent Show (singing, dancing, poetry, airbands, your time to show what you got!), Skating Fun Festival, Snowga, Cross Country Ski Relays and more....

Leading up to and during the festival there will be a Snow sculpting contest, "Febru-Hairy" contests for both men and women, Progressive 50/50's, Raffles and to end the week we will hold an Old Time Family Dance.

So if you have more ideas, and the willingness to help out on a particular part of this event, please contact Laurie at 749-7451.

The Blackhawks Senior Hockey team would like to thank everyone for coming out to cheer them on at games. Your support is greatly appreciated. Next Hockey Games are:



December 2, 8:30 (homegame)  
December 9 (in Shellbrook) 8:30  
December 10 (in St Louis) 8:00  
December 17 (in Big River) 8:00  
December 30 (homegame) 8:30

\$5/person at door. Proceeds to support Blackhawks. We are still looking for volunteers for home games. Please call Mark at 981-4680.

Check Blackhawks Website for more information:  
<http://www.bhsports.sasktelwebsite.net/blackhawks.html>

## DECEMBER MINOR HOCKEY GAMES

3rd Atom Tournament      10th IP Tournament  
4th Midget 4:40      13th Novice 6:45  
5th Novice 6:15      14th Bantam 6:45  
7th Midget 6:45      20th Atom 6:45  
8th Atom 6:45      21st PeeWee 6:45  
9th Bantam 7:15



**Come Cheer on our kids**

## SKATING RINK NEWS

Public Skating Every

Monday / Wednesday / Friday      3:30-5:00 pm  
Saturdays      2:00 - 4:00 pm  
Sundays      12:00 - 2:00 pm (no sticks allowed)

**Rink Schedules on [www.birchhills.ca](http://www.birchhills.ca).**

Times subject to change due to bookings

### 2011-12 Season Skating Rates

Free for Skating Club & Minor Hockey Players.

\$25 for rest of family

Non Skating Club or Minor Hockey Players pay:

Family \$75      Single Adult \$50      Single Youth \$25

Drop in Public Skate \$5

Please pay at the Canteen, Rec Office or Town Office.

Cheques payable to 'Birch Hills Recreation Board'

**Memberships help to support your local skating rink,  
please consider purchasing one for this season.**

### CO-ED ADULT HOCKEY

Drop In Mondays at 9:30-11:00pm \$10/person.  
Full equipment required. All levels of experience are  
encouraged to play. Text Natalie Matheson for more  
info 960-3408

*If you think you're not good enough to  
play...you should see your rec director!!*



### BIRCH HILLS SENIORS

**Mondays for Bowling &  
Thursdays for Cribbage**  
2pm at the Seniors Hall



Having a gathering??

Why, not use The Seniors Hall  
Kitchen, Hall, and Tables at no  
cost. Donations are appreciated.  
Contact Vel Bombais at 749-3364

**G.I.R.L.** w/ Tiffany Olson

Noon, sharp! Bring your Lunch  
This is for young ladies ages  
10-18yrs.



Each Wed till December 14th.

In the schools student counselling  
room at Room C107AKA

## Kids in the Hills

The Youth Center on Main St/Bellamy is available for  
kids to visit most days and Friday evenings kids meet at  
7pm at the Centre. (unless otherwise stated) Play pool,  
foosball, air hockey, guitar hero or just hang out with  
friends. **Unicycling coming to Weldon..Tues Nights**

Please check with Kathy regarding Youth Centre activities  
...schedules have been changed due to holidays 749-2478

### Thimbles & Threads



Group meets each  
Monday from 6:30-8 pm  
at Birchview Home

Bring your own sewing  
machine & fabric.

\$2 donation

Contact Melissa Braaten  
749-3482 for more info

### LIBRARY NEWS

**Story Time  
for the wee**



**ones (ages 3-4)**

every Friday 1- 1:45.

### Museum Coffee Pot

We invite  
you to join us  
any **Wednesday**  
from 2 to 4pm



for coffee. The Thrift  
Shop is open from 9am  
to 4pm. We are always  
looking for volunteers  
and new people for our  
Board of Directors.

### THE MUSEUM QUILTERS



Come join us every  
**Thursdays at 1pm**  
in the Museum basement.

*We are in need of fillers:  
old blankets, flannel sheets,  
etc. If you have some,  
please bring them to the  
museum*

### MUSEUM THRIFT SHOP

Open 9am to 4pm  
Museum viewing 2-4pm on  
Weds or by appointment  
Donations accepted

### COMMUNITY BOOSTERS

is for those that are interested in  
community improvements and  
business development.

Meetings are 3rd Tuesday of the  
Month at the Town Office. Next  
Meeting is **January 17 at 7:30**  
(ends 9pm sharp ...we promise!)

All ages are welcome

Deadlines for submissions for newsletter are the 10th and 25th of each  
month. Send to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net) or call 749-7451



### Birch Hills Recreation

Laurie Berube, Recreation Director  
Box 280 Birch Hills, SK S0J 0G0  
Tel: 306-749-2251 Fax: 749-2545  
E-mail: birchhillsrec@sasktel.net  
Text or call: 749-7451  
Facebook: 'Birch Hills Recreation'

*Communities that play together,  
grow together!*

### Birch Hills Housing Authority

Manager Needed

To oversee 38 Senior Units and 6 Family Houses. Must work closely with Sask Housing Corporation Regional Office.  
Position Effective January 1, 2012.

Contact Carol Pryznyk

cifarms@sasktel.net or mail application to  
RR#1, Birch Hills, S0J 0G0

Applications available at the Town Office.

### Lake Park Baptist Church

Christmas Eve Candle Light Service  
Saturday, December 24th  
@ 7pm



### 2013 FIRST NATION SUMMER GAMES

Watch for details. Birch Hills has partnered with Muskoday to host youth ball tournaments in 2013. This is a great opportunity for our Small Town to show off our Big Hearts! For more information visit [www.2013fnsg.ca](http://www.2013fnsg.ca)

### YLC Daycare

Thank you for your perogy orders and support. Help is needed to make perogies on Saturday Dec 3 and 10th. If you would like to assist and visit please contact Kelsey at 749-3440. Thanks

New elected Board of Directors for Daycare:

President - Kelsey Olfert

Vice President - Kyla Oakes

Secretary - Malissa Hall

Treasurer - Tiffany Olson

Directors-Al Bzdel, Carlene Swales,  
Shelley Carrier

### R.M. OF BIRCH HILLS #460 CELEBRATES 100 YEARS

December 9th, 2011 at  
the Civic Centre

Cocktails begin at 6pm.  
Dinner at 6:30.

Followed by a short  
program and must see  
entertainment with  
Freddie and Sheila  
Pelletier

Tickets are available at  
the municipal office for  
\$25 each until Dec 6th.

Call the RM office for  
more info 749-2233.

We're on Facebook!  
Select 'Like' on the  
*Birch Hills Recreation*  
Facebook page to get  
activity updates.

### Wii Zumba Fitness

Tues and or Thurs??

5-6? Or 5:30-6:30

You tell me!!

Email, Text or Call

Laurie 749-7451

birchhillsrec@sasktel.net

**Youth Ski Trip  
In February....  
Watch for  
Details**



Funds Provide Recreational Activities

### 'SWEET CHRISTMAS'

Annual Ladies Christmas Night  
Birch Hills Lutheran Church  
Tuesday, December 6 @  
7:30pm  
Come and bring a friend



### Birch Hills Upcoming Events

- |       |  |
|-------|--|
| Dec   | 2 - Library Christmas Craft                |
|       | 2 - 1st Friday Coffee House LPBC           |
|       | 2 - Historical Society AGM                 |
|       | 2 - Blackhawks Homegame                    |
|       | 3 - Yoga by Greer                          |
|       | 3 - BH 1st Annual Extravaganza             |
|       | 4 - Lion's Club Christmas Dinner           |
|       | 6 - Lutheran 'Sweet Christmas'             |
|       | 9 - BH RM Century Celebration              |
|       | 16 - Town/RM/Fire Dept Dinner              |
|       | 17 - Yoga by Greer                         |
|       | 20 - Brr Chills Winter Fest Mtg            |
|       | 24 - LPBC Christmas Eve Service            |
|       | 26 - 2nd Annual Boxing Day Dance           |
|       | 30 - Blackhawks Homegame                   |
| Jan   | 17 - Community Boosters Mtg                |
|       | 20/21- Hockey Days in Saskatchewan         |
|       | 20 - Minor Hockey Games                    |
|       | 21 - Pancake Breakfast                     |
|       | Minor Hockey Games                         |
| Feb   | 3-5 - RCL Curling Prov Finals              |
|       | 10-18 Brr Chills Winter Fest (vols needed) |
|       | 11 - Sno-Posse's Snowmobile Rally          |
|       | 12 - Snow-Pitch Tournament                 |
|       | 18 - Skating Fun Fest (vols needed)        |
| March | 4 - Skating Club Carnival                  |



Bouquets of Thanks from  
the Curling Rink To:

- \* Cargill Grain for donating the metal siding on the shed.
- \* Bill Brooks and fellow curlers for removal of the metal siding from elevator
- \* Orvin Opseth for use of his lift to get the siding
- \* Don Lypchuk for wiring the shed
- \* Ethel Rutherford and Elsie Derkson for re-upholstering the seats at the rink

**Volunteers** don't get paid. Not because they are **Worthless**, but because they are **Priceless** - Sherry Anderson