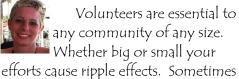


HEARYBEAY

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Brahma Insurance, Grumpy's Confectionary, Quayle Pharmacy, and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

November 15th, 2015

Issue 106



efforts cause ripple effects. Sometimes even without your awareness, children are highly influenced by witnessing your actions and taking part with the adults in their life participating through activities out in their community. The skills that kids can learn, may lead them to greater opportunities when they are older, and then they are more likely to pass experiences on to their children. The benefits of volunteering in your community are endless. opportunities for volunteering in your community are endless. Big or small, you can make a difference just by asking 'how can I help' But I will let these folks tell you more of what Volunteering means to them..

Laurie Berube, Rec Director

I was fortunate enough to be raised by a wonderful set of parents and two sets of grandparents who believed in the value of volunteerism. Whether it be my dad heading out for a council meeting, mom off to a library meeting, Grandma Bompais off to curl nursing home residents hair or chair the senior citizens club or grandpa and grandma Thompson putting endless hours into the curling rink. These are just a few of the volunteerism activities my family was/is apart of. Since I was in middle school I have been taking part of multiple activities that would be

considered volunteerism. I didn't consider them a chore rather a privilege to help out my community. Moving communities has been a bit hard for me, as it's hard to let go and embrace a new community. I still consider myself part of Birch Hills although I no longer live there. The first thing I did when I moved was join my local Kinettes group. This was the most important move I did. Not only did I meet new people I gained new friendships.'

Regan Bompais:

"...And this is exactly why I still like to volunteer at the school. I was brought up the same way, you volunteer because you want to and for the good of the community not because you have to. I get as much as I give when I volunteer" ANONYMOUS

Volunteering is at the very core of being a human. No one has made it through life without someone else's help.

Heather French Henry

NOMINATIONS being accepted at the Rec Office for those you would like to recommend as Outstanding Volunteers in our Community. Send information of who and why you would like to recognize them for their Volunteerism.

Big or small it all counts

Email: birchhillsrec@sasktel.net

NOVEMBER issues of the Birch Hills Community activity newsletter was paid for you by: **Birch Hills Legion**

Branch #122 Ian & Carol Pryznyk

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/ birchhillsrec@sasktel.net. The cost is \$100/ sponsor (3/month) for printing, advertising and ensuring that the newsletter stays free for you & the community. Sponsoring into January. ..reserve your spot today!

Thank you for supporting your local paper.



Please Share Paper with a friend or Send request to birchhillsrec@sasktel.net to receive the news letter online

Girl Guiding Association will be selling

Poinsettias

for Christmas Call Audrey 306-749-2217

to order or for info.
Deadline to

order is November 30

for

December 12th delivery. \$20.00 each

SCHOOL CALENDAR

Nov 17/18 Scholastic Book Fair

- 18 Parent/ Teacher Interviews
- 23 PLC (no classes)
- 29 Drama "After Hours" 3pm

Dec 11-14 Sr Girls Basketball Tourney

17 –20 Sr Boys Christmas Classic Basketball Tourney

Dec 22 - Jan 2 Christmas Break

Marauder Football

Birch Hills Marauders senior football team made it to the provincial finals and placed 2nd after their exciting playoff game in Rosthern, Nov 14th.

Way to Go Team!!

Kudos to the Coaches

Kevin Tait, Mark Rolfes and
Shannon Vey for taking the
boys as far as you did!

STORY TIME Fridays for 3 – 5yrs old 1:00–1:45pm



ADULT CHRISTMAS CRAFT

Sponsored by Library,
Wed Nov 25 @ 7-9 at the civic centre,
Jewellery expert Lydia Francis will teach us
the techniques to make a beautiful bracelet,
which is yours to take home. Cost \$20 to
cover supplies. Ages 14+.

Call library 749-3281 to register by Nov 20.

KIDS CRAFT Tues Dec 8 at 6:30–7:30. at civic centre. ages 5–12. No cost. limited spots so you must register by Dec 1. by calling library

BIRCH HILLS LADIES LINE DANCING



Wednesdays 9:30-11am @

Civic Center for LineDancing

Good Luck Ladies at Vegas Dance Explosion 2015

CURLING CLUB NEWS

The season starts week of November 15th!!



Tuesdays & Fridays

Senior League start 1:30pm Coffee and Treats to follow

Wednesday Brahma Insurance 2 Person League first draw 7:00pm

<u>Thursday</u> Red Head Equipment Super League Teams of 4

7:00 and 9:00pm draws

Junior Curlers Wanted: Contact Rec Office or Curling Club



The 2015 Curling Club Board Members

Returning President, Leon Pratchler
Vice President, Brad Mitchell
Secretary, Sandra Barber
Treasurer, Jodie Gordon
Bar Coorodinator, Wayne Thompson
SCA Representative, Graham Tweten

Welcoming new youth board member at large, Davin Hassler Thank you to all those that participated in the Curling AGM. Active members help to keep our Curling Club growing and strong.

<u>Upcoming Bonspiels</u> - To Register Call 749-2951 leave message

Nov 28th Cash Spiel Jan 11–15th Senior Bonspiel Wk Jan 23rd Legion Provincials Feb 5–7th Ladies Bonspiel Mar 5–6th Open Bonspiel

Mar 18-19 2 Person Tuffspiel & Windup



Funding Assists Recreational Activities in Birch Hills

DONATIONS ACCEPTED Have clothes you want to give away?? We have a solution!! TLC Daycare now has a yellow bin out front. It is a drop off center for new or used clothing. It is in conjunction with Community Living. TLC Daycare is doing this as a fund raiser and the proceeds will be going to new play equipment outside and other equipment and supplies that are needed. So if you are cleaning out your closets keep us in mind!! Thank You.

JOB OPPORTUNITY

TLC Daycare is looking to hire a maintenance person in a casual position. Wage would be based on experience. Job would involve general maintenance to the building inside and out, shovelling snow, mowing grass and fixing whatever needs to be fixed! Call the daycare at 749-2441 or email a resume to tlcdaycare@sasktel.net

Thanks, Judy, Director of TLC Daycare

BIRCH HILLS SKATING ARENA NEWS

PUBLIC SKATING Mon, Wed, Fri 3:30-5:00pm

> Sat & Sun's 2:00-4:00pm.

Fees are \$5 for public skate, Sundays (or anytime) Family Skate \$10 (pay at the canteen or the caretaker)

Wednesdays After School Shinny All Ages Welcome. Parents, Adults, Youth Encouraged to Come Play Helmets Mandatory for youth

Or Become a member of the arena and public skating is covered for the season, PLUS you will be a member of the rink coffee club. For more information or for Memberships see the canteen workers or contact the Rec Office.. \$30 for individuals or family of Minor Hockey/Skating Club or \$60 for family (up to 4)

CANTEEN HOURS: 4:30 - 8:30 (short order menu available 5-8pm) Hours may vary due to ice rentals but we will be open for any games. Grill/Fryer will be turned off after final period of last game of the day or 1/2 hour I before last practice of day. Feel free to pre-order hot menu items for after games/practices at canteen before.

BLACKHAWK SENIOR HOCKEY NEWS

Volunteers needed to help at gate and canteen. Even one time would help alot! Please contact Jamie Tilford if you are available



Mark your Calendars - January 2nd Comedy Night w/ Rob Pue Tickets \$25

Come out to cheer on our Senior Hockey Team. Game Fee \$6/adult plus 50/50 draws help to pay for refs, bus trips and ice time. Your support is appreciated!

UPCOMING GAMES

Nov 21st	8:00 @ Meadow Lake	Nov 28th	8:00 vs LaRonge 89'ers
Dec 12th	8:30 @ Muskeg Lake	Dec 18th	8:30 @ Big River
Dec 19th	8:00 @ Leoville	Jan 9th 8	3:00 @ LaRonge
Jan 16th	8:00 @ Moosomin	Jan 22nd	8:30 vs Big Rivers Braves
Jan 24th	Whitefish Flyers	Jan 29th	8:30 vs Whitefish Flyers

SKATING CLUB NEWS

Skating has begun Our skating days are Tuesdays & Thursdays Star Skate 4:00-5:15pm CanSkate 5:30-6:15



BOOK A PRIVATE ICE BIRTHDAY PARTY TODAY

\$150 includes 1 hour ice time. hotdog, fries & drink (Minimum 10 kids) over 10 charge \$5.50 each. Call Laurie 749-7451 to book Afterschool or weekends

BOUQUET OF THANKS:

to the following:

Mark Rolfes for heading up the project to build new stairs at rink. Thank you to Jaesen Dansereau for organizing to make ice in the rink. Thank you to Tyler Cochrane for organizing and putting in lines with help from Jaesen,

Greg Manson, Mike Braaten and Mitch Soyland, Thank you to Bob McRury for removing the garbage on south side of arena, without being asked and for keeping arena clean of cardboard and recyclables! Everyone's help is greatly appreciated to keeping our arena clean, safe and a fun place for families to come visit.



If you have any helmets and/or skates, sticks not of use to you and you'd like to donate to the rink, please bring to Caretakers or Canteen Workers for those who do not have equipment. Thank you!

NOTE: Helmets are now required for youth when playing on ice

MINOR HOCKEY HOME GAMES

Hockey Day in Birch Hills

Sat. Nov 21st 10:00 am IP Game 12:00 pm Novice Game 2:00 pm Atom vs Tisdale Black 4:15 pm PeeWee vs Star City

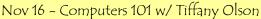
UPCOMING GAMES

Wed, Nov 25th Atoms vs Kinistino 6pm !Sat, Nov 28th Atoms vs Nipawin 4:15pm i

Christmas Public Skating Hours during break. Suggesting 2-4:00pm. If there are others ideas, pls contact Rec Office

COMPUTER LESSONS

Mondays and Wednesdays, Classes are Full!!



Nov 18 - Computer Safety

w/Monica Gray, Priority Computers

Nov 23 - Office Stuff & More w/ Joanne & Laurie

Nov 25 - Social Media w/ Tiffany Olson

Nov 30 - "Getting down, with Downloading"

Dec 2 - Online Banking w/ Lisa Larson, CIBC

Time 1:30pm - One hour classes.

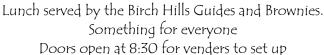
At the School Computer Room

Thanks to these partners for making this possible Birch Hills Library, the BH School and Recreation Dept. Funding from the Birch Hills CIBC Bank

Birch Hills Community Boosters Fall Trade and Craft Show

A variety of 26 vendors offering a great selection of their goods, crafts, baking, etc.

Saturday November 21st from 10am to 2pm, Birch Hills Civic Centre,



DROP IN VOLLEYBALL



Sunday Evenings 7:30 - 9:00pm
Starting November 15th
in the School Gym
\$2 drop in fee

Sitter service may be arranged
Contact Rec Office for more information

Recommended for 16yrs+ Everyone Welcome





Saturday, November 28th 2:00 - 4:00pm



Dainties and meat pies also for sale

Winter Festival Planning Meeting

Thursday, December 3rd 7:00pm @ Museum Basement

All ages, local committees, businesses, residents are invited to make the 5th Annual Brrr Chills Winter Festival happen!

BIRCHVIEW NEWS NOVEMBER UPCOMING EVENTS Everyone Welcome Starts 2:30pm

Nov 15th Glad Tidings

18th Job Mates Band

23rd The Gramps

Dec 1st Memorial Service





Birch Hills Cowboy Church

@ Community Centre
1st Sun of each month
Next Service

December 6th 7:00pm

Featuring Country Gospel Music with down home bible message w/ Pastor Rick Martin (981-2235)

All are Welcome

SCHOOL DRAMA PERFORMANCE

The Birch Hills School Drama Club will be performing a one act play called

"After Hours" by Kevin Stone.

All is quiet on the storefront as the owner of a small clothes shop locks up for the night. Little does she know that

when the lights do out, activity in her store really picks up!

The performance is a Dessert Theatre, Sunday November 29, 2015 at 3:00 pm. Admission \$7.00 adult, \$4.00 student. Students will also be performing some musical numbers.

Come and be entertained.

EVERY WEEK IN THE HILLS

MONDAYS

Bowling at the Senior Hall 2:00 pm Dolores Jones 749–2680 Fire Depart Mtgs every 2nd Mon 7pm @ fire hall Kyle Jensen 749–7536 Linedancing Mondays starts soon @ Civic Centre Public Skating 3:30–5pm

TUESDAYS

Senior Curling League 1:30pm Coffee & Dainties to follow Moms & Tots @ Youth Centre 10am-12pm \$2 drop in fee Library Open Weekly 12-4pm and 5-8pm Crystal Springs Bingo 7:30pm @ Crystal Springs Hall Done till Spring

WEDNESDAYS

Line Dancing all welcome 9:30–11am @ Civic Centre
Thrift Shop Open at the Museum 9–4:00pm Great Deals!
Coffee & Sweets at the Museum 3:00 pm
Birchview Ladies Aux 9:30 every 2nd Wed ea month
New members welcome

Public Skating 3:30–5pm Afterschool Shinny
Goosers Rec Hockey 9:30pm Shannon 749–7908
Town Council Meetings 2nd and 4th Wed of the month
Brahma Insurance Two Person Curling League
Brancepeth Church Services 7:30pm Everyone Welcome



THURSDAYS

Cribbage at the Senior Hall 2:00 pm Dolores Jones 749–2680 Moms & Tots @ Youth Centre 9am–12pm \$2 drop in fee Library Open 12 – 4:30pm

Hawkeyes Rec Hockey 9:30pm Tyler C. 749-2228

Red Head Equipment Super Curling League Teams of 4 Legion Mtg 2nd Thurs ea month 7pm @ legion hall. New members welcome



Lutheran Church Coffee Break 9:30–11am Bellamy & 4th St Birch Hills Library Open 12–4:30pm/ **Story time** 1-1:45pm 4&5yrs Senior Curling League 1:30pm Coffee & Dainties to follow Public Skating 3:30–5pm

SATURDAY & SUNDAYS

Public Skating 2-4 Saturday Shinny, Sun Family Skate Sunday Drop in Volley Ball 7:30pm @ the school gym \$2/ea

Call if you have changes or events to add to this list; Laurie at 749-7451

(Bike) Bob McRury would like to sincerely thank all who have helped him over the years and he expresses thanks to those that organized and came to help celebrate his birthday recently. He is very appreciative of the support and friendship he's received in Birch Hills.

BIRCH HILLS MUSEUM THRIFT SHOP Open Wednesdays – – 9am to 4pm Coffee /Treats served 3pm @ museum

MOMS & TOTS GROUP

Tuesday and Thursdays from
10-12pm At the Youth Centre
\$2 drop in fee for centre hosting
All Moms welcome
Join the "Birch Hills Mammas"
Facebook Page to meet other moms
in Birch Hills

COMMUNITY COMMITTEE CONTACTS

Senior Hall
Delores Jones 749-2680 Hall Rentals
Birch Hills Royal Cdn Legion
Lyle Mohn 749-7927 Hall Rentals
Marlene Lypchuk 749-2571 Member Info

Birch Hills Lions Club
Bruce Tilford 749-7743
Todd Devenis 749-3425
Birch Hills Historical Society
Shirley Ulvild 749-2500

Community Boosters
Shirley Ulvild 749-2500
Dreamland Optimist Club
Stuart Matice 306-314-2378
Sparks/Brownies/Guides/Pathfinders
Audrey Matheson 749-2217

Fire Department
Kyle Jensen 749-7536
Sno-Posse Snowmobile Club
Jodi or Sheldon Gordon
Birchview Ladies Auxillary &
Meals on Wheels (help wanted)
749-2288



Laurie Berube. **Recreation Director** Box 280, Birch Hills, Sk S0J 0G0

Cell: 306-749-7451 text or call

Fax: 306-749-2545

E-mail: birchhillsrec@sasktel.net

'Town of Birch Hills Facebook Page:

Community & Recreation'

Website: www.birchhills.ca

Birch Hills Upcoming Events

Nov 15 - Hockey Ref Clinic

- Domremy Fall Supper
- Drop In VolleyBall starts
- 21 Annual Fall BH Home & Bus Tradeshow
 - Hockey Day in Birch Hills
- 23 No School
- 25 Atom Home Game
 - Library Adult Craft night
- 28 Cash Spiel Open Curling
 - Atom Home Game
 - Sr Hockey Home Game
- 29 School Drama Performance
- 30 Place Poinsettias Order

Dec 3 - 5th Annual Winter Festival Planning Mtg

- 4 RM & Town Christmas Party
- 6 Brancepeth Family Christmas Party
 - Cowboy Church
- 8 Kids Craft (Library)
- 11-14 Sr Girls Basketball
- 17-20 Sr Boys Basketball

Jan 2 - Sr Hockey Comedy Night

- 8-9 Barracada's Ladies Hockey Tourney
- 11-15 Seniors Curling Bonspiel
 - 16 Atom Hockey Tourney
 - 22 Sr Hockey Home Game
 - 23 IP Hockey Tourney
 - 23 Provincial Legion Open Curling
 - 29 Sr Hockey Home Game
 - 30 Sr Hockey Home Game
 - Novice Hockey Tourney

Feb 5-7 - Ladies Curling Bonspiel

5&6 - SHA Midget Hockey Camp

Mar 5&6 - 4 Person Open Bonspiel

Send entries to birchhillsrec@sasktel.net or call 306-749-7451

Deadlines for submissions for newsletter are the 10th and 25th of each month.





CHRISTMAS GIFTS IDEAS

GIFT CERTIFICATES available to use towards golf merchandise or concession and more.

Purchase memberships or rounds of golf for yourself, friends or family at this year rates up to January 15.

NEW: Pay up to 5 monthly installments for membership fees. Contact the Rec Office for more details.

RAFFLE TICKETS make great stocking stuffers

FORE' WHEEL DRIVE RAFFLE

Win a New Yamaha Gas Powered Cart 1 for \$20 or 3 for \$50 Draw Date July 1, 2016



Value \$6000

CONTACT THE REC OFFICE FOR ANY OF THE ABOVE

COMBINED APPEAL UPDATE

Thanks to the generosity of contributors a total of \$9,361.00 was raised this year for 25 charities. Many ladies gave of their time to receive the donations and issue receipts, and the Credit Union once again allowed us to use their facilities. We thank you all, The Birch Hills & District Combined Appeal committee

ST. LOUIS LIONS CLUB

held their annual Grand Cash Draw Saturday, October 17th. This years event was new and improved. Ticket prices were \$100.00 each with a total of 250 tickets sold, each ticket included supper for 2, dance and draws for cash prizes. Prizes this year were greatly increased, with the grand prize of \$10,000.00. Tickets sold out quickly and over 300 people attended the event, all had a wonderful time. The St. Louis Lions Club would like to thank everyone for their support. At this event all tickets are drawn with prizes paid for each 25th ticket and the last ticket out is the grand prize winner. The lucky winners -\$100.00 Mark Powalinsky -\$150.00 Edward Tessier -\$200.00 Travis Deranger -\$250.00 Jim Lepine -\$300.00 George Steinke -\$350.00 Ted Boutin -\$400.00 Rita Bird -\$450.00 Marcel Lussier -\$500.00 Glen Tait -second last ticket out \$1000.00 Rick McDougall -Grand Prize winner \$10,000.00 Jim Gamlin.