

The **'Birch Hills Community Heartbeat'** newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month at: Co-op Grocery & Hardware, Quayle Pharmacy, Grumpy's Confectionary and various other businesses downtown. Pick up your free copy and share with a friend.

Send your email address and request for mailing list to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)

November 15, 2011

Volume 1, Issue 10



Good Day Folks, Winter has arrived and the hockey and curling season has begun. Both rinks are open and ready to be used. Help support your rinks by purchasing memberships and bring your family and friends for some fun.

There are a lot of events and activities happening in these Hills, so read through this newsletter carefully, as you won't want to miss anything.

Remember, if you have ideas and need help getting started, contact me and we can work together to make it happen.

Thanks to those that have come forward with initiative, your participation encourages me to continue to promote fun activities. Take care of yourself and each other.

*Laurie Berube, Recreation Director*

## PUBLIC FORUM

for Birch Hills and surrounding Area  
**Wed, Nov 30 7:30pm at the Civic Ctr**

Come out for a presentation of the Birch Hills and Area Primary Health Care Community Planning Report that was generated from the Spring meeting.

You have spoken,  
now let's make it happen

## Birch Hills Cookie Walk & Christmas Tea

Saturday November 26, 2011 2-4pm  
Cookies, Squares, Meat Pies and more  
At St. Mary's / St. Anne's Church  
EVERYONE WELCOME!  
Proceeds to the St Mary's Anglican Church Women's Auxillary

## CURLING RINK NEWS

Rink is open!

Season Rates & Schedule are as follows:

Membership \$200 for 1 night / week  
for an additional \$50 members can curl  
both Mon & Thurs nights 7:30-9:30pm  
Student \$100  
Sub List Members \$75  
Seniors Tues and Fri 1:30-3:30pm  
\$200 /Senior or \$150 /80+ yrs

Contact Robyn 749-2951 to register

Kids Curling starts soon. Volunteers needed to help afterschool. Please contact Anna 749-7725

## SKATING RINK NEWS

### Public Skating

Monday/ Wednesday/ Friday 3:30-5pm  
Saturdays 2 - 4 pm  
Sundays 12 - 2 pm (no sticks allowed)  
Rink Schedules on [www.birchhills.ca](http://www.birchhills.ca).  
Times subject to change due to bookings

### 2011-12 Season Skating Rates

Free for Skating Club & Minor Hockey Players. \$25 for rest of family

Non Skating Club or Minor Hockey  
Players pay: Family \$75  
Single Adult \$50 Single Youth \$25  
Drop in Public Skate \$5

Please pay at the Canteen, Rec Office or Town Office. Cheques payable to 'Birch Hills Recreation Board'


This issue of our Community activity newsletter was paid for you by:

### Birch Hills Seniors Centre

If you would like to be a sponsor of the next 'Heartbeat' newsletter, contact Laurie at [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)

The cost is \$100 for printing, advertising and ensuring that the newsletter stays free for the community. Half sponsorship are available. Thank you for supporting your local paper.

## CO-ED ADULT HOCKEY

Drop In   
Mondays at 9:30 \$10/person. Full equipment required. All levels of experience are encouraged to play. Text Natalie Matheson for more info 960-3408

Crystal Springs  
Christmas  
Tradeshow & Craft  
Sale  
in the Hall  
November 26th  
10 - 3pm



Please Share  
Paper with a  
Friend

**Anglican, Lutheran and United Church**  
 congregations in Birch Hills will be celebrating the first  
 Sunday of Advent *together again this year!*  
 The service will be at **10:30am November 27th** at the  
 Birch Hills Evangelical Lutheran Church.  
 Potluck lunch will follow the service. **Everyone welcome**

## Birch Hills Blackhawk/ Tigerhawk Clothing

Birch Hills Minor Hockey Fundraiser.

Youth and Adult sizes available

\*Bunnyhugs\*      \*Sweatpants\*      \*Jackets\*  
 \*Touques\*      \*T-shirts\*

Email: [lifeisgood@skvelocity.ca](mailto:lifeisgood@skvelocity.ca) for order form or  
 contact Kenah at 749-2745

Clothing will be displayed at the rink. Orders must be in by  
 November 23

## WELDON CANADIAN FOOD GRAINSBANK FUNDRAISER

Featuring Dave Meier & his  
 Family Quartet

Come Join Us for an evening of  
 music and fellowship (not to  
 mention dessert)

**Friday, November 25 7:30** at  
 the Weldon Lutheran Church

A free will offering will be  
 taken in support of the Canadian  
 Food Grainsbank organization  
 and its work

**off the mark** by Mark Parisi  
[www.offthemark.com](http://www.offthemark.com)



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## Attention Hockey Referees

Last chance to sign up for Sunday, November 20.  
 Training from 9am - 3:30pm.

We need to have more officials, especially for the Bantam,  
 Midget and Senior Hockey games. Our hockey teams cannot  
 always rely on out of town officials to fill these roles.  
 Kinistino is especially in need of refs right now.

Clinic fee is \$90 for ages 17 and under and \$135 for adults.  
 Registered hockey players and coaches will receive a \$40  
 discount as insurance only needs to be paid with one  
 registration. Officials must complete an online training session  
 at [www.sha.sk.ca](http://www.sha.sk.ca). For more info, please call or text my cell at  
**930-7635**. My email address is [robboulding@hotmail.com](mailto:robboulding@hotmail.com)

Rec Adult Vball at the School Gym.

Every Sunday & Thursday 8-9:30 pm

\$2 drop-in. Fees used for future recreation  
 activities. See you there!



If you are interested in signing up for a fun volleyball  
 tournament, call/text the Rec Office 749-7451

## R.M. OF BIRCH HILLS #460 CELEBRATES 100YRS

December 9th, 2011 at the Civic Centre

6:00 Cocktails  
 6:30 Hot Beef supper catered by Brancepeth  
 Community Club  
 7:30 A short program, followed by entertainment  
 with Freddie and Sheila Pelletier.

Tickets are available at the municipal office for \$25  
 each until December 6. Contact the RM office for  
 more info 749-2233.

## 1st Annual Business Extraveganza

Dec 3rd 10-4pm in the small gym of the School.

Local businesses of Birch Hills will display their  
 goods & services for the upcoming Christmas  
 season. To book a table contact Susan Dutchak at  
 981-1871 (\$20/table). Come see what is available.

## 2012 Brrr Chills Winter Festival

February 10th to the 18th, 2012.

Next Meeting **Monday November 21 7 pm**  
 in the Museum Basement. All ages welcome

Street hockey, snowmobile rally, curling doubles  
 bonspiels, snowpitch, cc ski loppets, snowsculpting  
 contest, school carnival, a valentines day dinner  
 with entertainment, a best beard contest just to  
 name a few activities we are planning for.

We will kick off the week with a sledding &  
 bonfire night and end the week with a skating  
 fun-fest and a great family celebration. Does  
 that not sound like a fabulous way to spend a  
 week in February? And there's room for more.  
 So if you have ideas, and the willingness to help  
 out on a particular part of this event,  
 please contact Laurie at the Rec Office.  
 749-7451.



**There has been lots of talk and great ideas.**  
**Let's get together & plan an amazing event!**

### Nurse Practitioner Services

Cheryl Weger R.N.N.P. Mon/Wed/Thur/Fri 9-4:30pm  
Birch Hills Health Facility  
Call to make appointment at the clinic 749-3331

Advantage Credit Union Birch Hills Branch is raising funds for the Birchview Nursing Home.

Come out for a Beef on a Bun (\$5/plate) & Bakesale on **Friday, Nov 18 at the Birch Hills Sr Hall 11-2pm**  
Donation of baking are welcome. Contact Jackie Manson 749-3377

We will also be selling "Give a Little Life" Wall Cards for a toonie and 50/50's throughout the month of November.  
Supporting local health care and wellness in our community!

### Lake Park Baptist Church Events

#### Kids Club

Kindergarten to Grade 6 Sat Nov 26th 10 - 2  
Come out for "A Day in the Orient"  
Enjoy Chinese games, origami, eating with chopsticks and a lesson in Karate! \$3 / child for lunch  
Email [rachelle@skyvelocity.ca](mailto:rachelle@skyvelocity.ca) to register

#### First Friday Coffeehouse

"Mostly Christmas" Friday Dec 2 7:30 pm  
\$5 at the door call 749-3185 for more info

### THE MUSEUM QUILTERS

Come join us every **Thursdays at 1pm** in the Museum basement.  
Call 749-2500 for more info  
*We are in need of fillers: old blankets, flannel sheets, etc. If you have some, please bring them to the museum*



### BIRCH HILLS SENIORS

**Mondays for Bowling & Thursdays for Cribbage**  
2pm at the Seniors Hall



Having a gathering??  
Why, not use The Seniors Hall Kitchen, Hall, and Tables at no cost. Donations are appreciated.  
Contact Vel Bombais at 749-3364

**G.I.R.L.** w/ Tiffany Olson

Noon, sharp! Bring your Lunch  
This is for young ladies ages 10-18yrs.



Each Wed till December 14th.  
In the schools student counselling room at Room C107AKA

### Kids in the Hills

The Youth Center on Main St/Bellamy is available for kids to visit most days and Friday evenings meet at 7pm at the Centre. (unless otherwise stated) Play pool, foosball, air hockey, guitar hero or just hang out with friends. **Unicycling** - Learn to ride, We provide helmets

**Nov 19 - Kids Diggin Deep** ages 3-Grade 6 1-3pm

Games, snacks, interactive songs

call 749-2478 for more info and to register

Play! Always

### Thimbles & Threads



Group meets each Monday from 6:30-8 pm at Birchview Home

Bring your own sewing machine & fabric.

\$2 donation

Contact Melissa Braaten 749-3482 for more info

### Yoga by Greer

Start your Saturdays off right with yoga at the Birch Hills Dance Studio.



**November 26th 10am, \$10**  
Don't forget your mat!

### LIBRARY NEWS



**Story Time for the wee ones (ages 3-4)**  
every Friday 1- 1:45.

### Museum Coffee Pot

We invite you to join us any **Wednesday from 2 to 4pm** for coffee. The Thrift Shop is open from 9am to 4pm. We are always looking for volunteers and new people for our Board of Directors.



Funds Provide Recreational Activities

### MUSEUM THRIFT SHOP

Open 9am to 4pm  
Museum viewing 2-4pm on Weds or by appointment  
donations accepted

### COMMUNITY BOOSTERS

is for those that are interested in community improvements and business development.

Meetings are 3rd Tuesday of the Month at the Town Office. Next Meeting is **November 15 at 7:30** (ends 9pm sharp ...we promise!)

All ages are welcome

Deadlines for submissions for newsletter are the 10th and 25th of each month. Send to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net) or call 749-7451 with info



### **Birch Hills Recreation**

Laurie Berube, Recreation Director  
Box 280 Birch Hills, SK S0J 0G0  
Tel: 306-749-2251 Fax: 749-2545  
E-mail: birchhillsrec@sasktel.net  
Text or call: 749-7451  
Facebook: 'Birch Hills Recreation'

*Communities that play together,  
grow together!*

### **Library Annual Christmas Craft**

Friday, December 2nd 3:30-5pm  
Birch Hills Public Library (Civic Centre)  
For ages 8-12 years. We will be doing a  
sewing craft project for Christmas.  
There are 20 spots available. Parents  
pre-register your kids by November 25th  
by calling the Library at 749-3281

**Halloween Howl** - held at the  
KG Hotel was a huge success. The Birch  
Hills Volunteer Fire & Rescue Dept re-  
ceived a total donation of \$1428 (comprised  
of \$95 from 50/50 sales, \$1220 from ticket  
sales and \$113 from bribes to the judge!  
Bud Mercury won \$200 for the best costume.

On behalf of the Birch Hills Volunteer  
Fire & Rescue department, I would like to  
thank Veda and her staff at the KG Hotel for  
their support. I would also like to thank the  
volunteer firefighters that helped organize  
this event. You know who you are and I  
wouldn't want to miss anyone so I won't list  
names. Stan Bliss

### **TLC Daycare**

New elected Board of Directors for Daycare:

President - Kelsey Olfert  
Vice President - Kyla Oakes  
Secretary - Malissa Hall  
Treasurer - Tiffany Olson

Directors - Al Bzdel, Carlene Swales and  
Shelley Carrier

Please feel free to contact any one of these  
members if you have questions or concerns.

Thank you for your perogy orders and support  
400 dozen are being made and delivered within  
the next few weeks. If you would like to help  
make perogies on Nov 26, Dec 3 or 10th please  
call Kelsey at 749-3440. Thanks

The Blackhawks Senior  
Hockey team would  
like to thank everyone  
for coming out and  
supporting the team at  
our dance. We look  
forward to seeing you  
at the rink this winter.

1st home game is  
**November 25 7:30**

We are still looking for  
volunteers for home  
games. Please call Mark  
at 981-4680.

### **2nd Annual Boxing Day Bash**

featuring Tim Toutant

**Monday Dec 26th**

**Starts 8pm**

Birch Hills Civic Centre  
\$20 advance, day of  
\$25

Limited number of  
tickets available at  
Grumpys Conf,  
Advantage CU, Anna  
Devenis or the Rec Dept

Proceeds for the new  
Birch Hills Daycare  
**\*\*Sorry No Minors\*\***

We're on Facebook!

Select 'Like' on the  
*Birch Hills Recreation*  
Facebook page to get  
activity updates.



**Bouquet to the  
Birch Hills School**  
for their informative  
monthly newsletter.

Read it cover to cover  
for all that's going on  
at the school or read it  
online at  
<http://mw.srsd119.ca>

### **Birch Hills Housing Authority**

Is in need of Volunteers to serve  
on their local board.

Applications can be picked  
up at the Town Office

### ***Birch Hills Upcoming Events***

- |        |  |
|--------|--|
| Nov    | 15 - Community Boosters                |
|        | 18/19 - Rosetown Open Cash Bonspiel    |
|        | 18 - CU Bake Sale for Birchview        |
| 19 -   | Bethel House Christmas Sale in Hagen   |
|        | 20 - Hockey Referee Clinic             |
|        | 20 - Domremy Fall Supper               |
|        | 21 - Brrr Chilly Festival Meeting      |
|        | 25 - Weldon Cdn Food Fundraiser        |
|        | 25 - BlackHawks Home Game              |
|        | 26 - Crystal Springs Craft Sale        |
|        | 26 - Birch Hills Cookie Walk           |
|        | 26 - Yoga by Greer                     |
|        | 26 - LPBC Kids Club                    |
|        | 27 - Advent Church Service             |
|        | 30 - CAC Public Forum                  |
| Dec    | 2 - Library Christmas Craft            |
|        | 2 - 1st Friday Coffee House LPBC       |
|        | 2 - Historical Society AGM             |
|        | 3 - BH 1st Annual Extravaganza         |
|        | 9 - BH RM Century Celebration          |
|        | 26 - 2nd Annual Boxing Day Dance       |
| Feb    | 3-5 - RCL Curling Prov Finals          |
|        | 10-18 - Brrr Chilly Fest (vols needed) |
|        | 11 - Sno-Posse's Snowmobile Rally      |
|        | 12 - Snow-Pitch Tournament             |
|        | 18 - Skating Fun Fest (vols needed)    |
| March  | 4 - Skating Club Carnival              |
|        | 31 - Curling Wind Up                   |
| August | 12 2012 Threshing Day                  |

### **Ladies 3 on 3 Hockey**

This is non contact hock-  
ey and no skill is re-  
quired but prop-  
er  
equipment is. Beg,  
Bor-  
row or Buy.  
There will be coaches to

### **Wii Zumba Fitness**

Tues and or Thursdays??

5-6? Or 5:30-6:30 **You tell me.**

Email, Text or call Laurie 749-7451  
[birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)