

HEARTBEAT



The 'Birch Hills Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Lake Country Co-op, Cornerstone Insurance, Grumpy's Confectionary, Quayles Pharmacy, and various other businesses downtown. Pick up your free copy and share with a friend.

Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

November 1st, 2017

Issue 153



Greetings, I hope all the young and older ahosts & ahouls

had a great Halloween.

I was approached with some Halloween trick or treat ideas and perhaps next year, we can plan a community Halloween. If you are interested in trying something new, feel free to share your ideas.

A friendly reminder to avoid receiving a fine, please remove garbage/recycle bins from streets by noon the following day after pick up. Take care,

Laurie Berube, Rec Director

Remembrance Day Services Hosted by the BIRCH HILLS

ROYAL CANADIAN LEGION BRANCH 122

at the Birch Hills Civic Center November 11, 2017 Doors open to public at 10:00am

Legion March (approx.) 10:50am Followed with Opening Remarks Last Post...Silence...Revallie at 11am Ceremony and program Laying of the Wreaths Closing Remarks Legion March

EVERYONE WELCOME

November issues of this Birch Hills activity news letter was sponsored by: **BIRCH HILLS ROYAL CANADIAN LEGION BRANCH #122 CAROL & IAN PRYZNYK**

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/birchhillsrec@sasktel.net. The cost is \$100 by 3 sponsors (\$300/mos) for printing, advertising and ensuring that the newsletter stays free for everyone.

Community Flu Shot Clinic

Wednesday, November 1st At the Senior Hall 9:30 - 12:00 pm



Provided courtesy of PA Parkland Health

Community Arts Initiative for Birch Hills

Saturday, November 4th, 2017

Designing and Printing T-shirts 9:00-12:00pm at the BH School.

Contact Amy @ 941-0788

Join Mr. Craiq Wicks at the Art Room as he leads us through making our own designed apparel. Bring your

own fabric (T shirts, Hoodie, sweatpants, tea towels or whatever else you might want a design on!) Please let us know if you can come so we can make sure we have enough supplies, etc.\$5.00 for 10-17 yrs and \$10.00 for 18 and up. Next Art class coming up Dec 2nd

Follow updates, activities and photos on our Facebook Page

GRAND OPENING

Birch Hills Museum Thrift Store 'Christmas Room' Saturday November 11th, 1:00pm. Great variety of goods



Coffee and a special dessert served.

VAL CHANCE

REFEREE TRAINING CLINIC in Birch Hills Sunday, Nov 5, 2017 9-3:30pm

Make some extra \$\$ during the winter. Adults & Youth are invited to register with SHA for the ref clinic. For more information or to register, contact Trent Cey at TrentC@sha.sk.ca.

Weldon Community Events

Raising funds for Weldon Auditorium Renos

Fall Trade Show and Sale

Saturday, Nov 25 10 am-2pm Table rent \$20. Contact Brenda 887-2038 Lunch available.

Adults:

FALL SUPPERS

Meskanaw Nov 5th 5:00–6:30pm Meskanaw Hall Adults \$15, 6–12yrs \$7, Preschool Free

Domremy Nov 12th

Celebration of the Ministry of Birch Hills Lutheran Church

3:00 p.m. Sunday, November 26/17 at Birch Hills Lutheran Church.

Cold potluck to follow.

Everyone is welcome!





RECYCLE

Please Share Newsletter with a friend Send request to birchhillsrec@sasktel.net to receive the news letter online

CRYSTAL SPRINGS COMMUNITY EVENTS

<u>Bingo</u>: Bingo in Crystal Springs Tuesdays 7:30pm Watch for info on upcoming Christmas Bingo info

Crystal Trade Show: Saturday, November 4th Call Lynn 864-8013

<u>Coffee Row:</u> Crystal Springs Rec Co-op Once a Month Coffee Row 2:00 to 4:00 P.M.

Crystal Springs Hall Everyone is Welcome!

Next Date is: Wednesday November 1st

It is a wonderful opportunity for friends, neighbours and acquaintances to get together!

ST LOUIS COMMUNITY EVENTS

Comedy Hypnotist & Dance w/ Corrie J



Sat Nov 11, 2017 2 shows 2pm family show, 7:30 evening show & dance. @ Community Hall Tickets call 930–3698 / 960–4435
Pauline/ Nicole \$10/person \$25 /family of 4
Proceeds to Rec Board

Birchview Nursing Home Nov Activities

All are welcome to attend. 2:30pm start, unless otherwise noted

November

6th Joyful Hearts Chorus 9th Remembrance Day Service

15th Job Mates Band

19th Glad Tidings Gospel Group



Line dancing the 'Step Outs'

WEDNESDAYS. Civic Centre 9:30-11:00am

All Skill Levels welcome.

Great exercise and laughs to start your day

MONDAYS for <u>Beginners</u>
-Started October 30th 9:30-11:00am
at Civic Centre



BIRCH HLLS SCHOOL NEWS

November 7th Picture Retakes

9th Remembrance Day Service 10:30am

10-13th No Classes

17th Mid Term Report Cards

Birch Hills LIBRARY News

STORY TIME with Mrs Joanne Join us for Story Time now on Thursdays @ 1:30pm For pre-schoolers

New Library Hours - Starting in November Tues 11-4, 5-8; and Thurs 9-12, 1-6

Storytime changes to Thursdays @ 1:30-2:15

Ficton/NonFiction Books (audio, hard cover, kids, adults, large print), Movies, Computers, WiFi



Community Lunches: 11:30-1:00pm All community residents are welcome to join us for soup & bun Friday, November 3rd

Free will offerings accepted but not necessary. Join us for lunch 1st and 3rd Friday of ea month.

Next lunch Nov 17



THANK YOU to TransWest Air (Bob Derkson and crew!), ScotiaBank Kinistino Branch, Propaganda and everyone who donated to and supported our Shoe Drop and BBQ on October 15! Congratulations to our \$1,000 winner Cash Wojcichowsky and to our Winner of the Roughrider

Fire Pit Sarah Elstrom-Cromartie! Carl Hanson and Tennille Lundquist were the winners of a new pair of DC Shoes from Propaganda and Braden Halayka won the new Skateboard! Once again our sincere gratitude for the ongoing support....it does not go unnoticed!

Thank you to Kathy, Pastor Clint and helpers for hosting the 2nd Helicopter Shoe Drop.

Birch Hills Community Fall Trade Show

Saturday, November 18, 2017

10:00am - 2:00 pm Birch Hills Civic Centre Lunch provided by the BH Guiding Association.

VENDORS: Table must be prepaid prior to trade show. Tables \$25 ea, Set up 8:30am

Mail payments to Box 586, BH, SK SOJ OGO or call 306-749-2217 or text 306-961-9199 to register



Young Living Essential Oils, Hand made jewelry, knitted treasurers, bath bombs & wood signs, Schneiders Popcorn, Lipsense, Handcrafts, Handmade blankets, Woodcrafts and preserves, Norwex, Jamberry, Tocara Jewelry, Arbonne, Parson's Honey, 31 Gifts, Aromatherapy, Avon, Home made gifts, Birch Hills Historical Society, Infinite Water Parkland Health Region, Scentsy, Cornerstone Insurance

MANE EVENT

Downtown Birch Hills



Sat, Nov 25th - Karaoke Night \$5 cover charge (proceeds towards the Skating Arena)

6-9pm Ham & Scalloped Potatoe meal avail

Thank you to those that came out on the Oct 6th evening. To book the hall for birthdays,

anniversaries, reunions, etc Call or Text Kristy 306-749-7405



Reformation 500 Celebration

Nov 3 - 5 BH Community Church (corner of 4th and Bellamy) Speaker: Pastor Ben Hosch

Friday: Nov. 3 Opening Evening Session 7:30 pm at Saron Lutheran Church by Hagen

Sat Nov 4th 10 am Morning Session BH Community Church 5 pm Reformation Celebration Feast BH Community Church Supper Tickets \$12.50 Phone 749-2478

9 pm Showing of the Luther Movie

Sunday Nov 5 11:00 am Service BH Community church

12:30 Lunch

1:30 - 2:30 pm Final Session

ANYONE WELCOME!!!

BIRCH HILLS UNITED CHURCH NEWS

Regular worship services are held the second and fourth Sunday of the month at 9:30 a.m. Everyone is welcome.

FELLOWSHIP OF THE LEAST COIN:

The Fellowship of the Least Coin movement began in 1956 when the wounds of World War II were still sore and the victims of the nuclear bomb attack on Hiroshima and Nagasaki were not able to forgive the allies.

To seek reconciliation with the people of these war-torn countries, an international team, sponsored by the Presbyterian church women in the USA were instrumental in setting up the movement. When offering a prayer for peace, justice and reconciliation, each woman was asked to place a coin of the least currency of her country in a special money box. The least coin is significant because women in any economic context can give equally. This was how the movement for peace came to be called "Fellowship of the Least Coin".

The International Committee for the FLC meets annually to make grants for the coming year for projects that benefit women and children throughout the world. These grants are listed in the World Day of Prayer booklets.

The Birch Hills United Church Women along with other local church women's groups support this ecumenical movement. They will again host a special

Ecumenical Fellowship of the Least Coin service at the Lutheran Church at 3 p.m. on Friday, November 10.

For further information and to support the Fellowship of the Least Coin (FLC), contact Effic at 306-749-3522.

MULTI USE FACILITY update

Greetings all from the multi use committee!!!
We have now finalized, and received back all of our mechanical and drawings, including electrical and plumbing plans, for the project. Some

minor changes were required and those are now complete and ready for the next stage of construction.

There'll be Invitational tenders sent out to local contractors to visit the site, and have an opportunity, to see the scope of work that will be required to complete the project.

We continue with our fundraising efforts to reach our goals to complete the project. The multi-use committee has be meeting regularly as of late to discuss just what these further fundraising opportunities might consist of. We are very excited about upcoming events which will be announced in the very near future.

This project will be funded entirely on support from not only from the Town and RM, but surrounding communities including Prince Albert. The Multi use Committee is very dedicated to completing this project and are working to reach our goals!!

Watch for signs at the service road entrances to Birch Hills showing our fundraising progress as we move forward in the project!! We will continue to update residents on a regular basis on the progress of project!

If you would like to get involved or if you have any question's regarding this very exciting project please call one of the multi use board members. Or contact the town office (306) 749-2232

Owen Stubs (Town Rep), Barry Evans (Town Rep), Graham Tweten (Town Rep), Shirley Ulvild (Museum Rep), Joanne Bzdel (Library Rep), Todd Devenis (Lions Club Rep), Jeff Pratt (Lions Club Rep), Millie Rowluck (Seniors Club Rep), Lorna Gjesdal, Duane Lowe, Tara Gariepy (Sec/Treas)

There was a mix up of leather jackets (at the Brancepeth Fall Supper) If you took the wrong jacket home by mistake, please contact the Rec Office 749-7451 and I can direct you where to switch for your own jacket. The actual owner would really like to exchange for her jacket back.

OBSESSION GREENHOUSES

St Louis, SK
Open for the Christmas Season
Sun, Nov 12 10-6pm, then every Thurs & Fri
4-8pm, Sat & Sun 10-6pm...Right up to Christmas
Wine & Wishes

Thursday, Nov 16th 6-9pm

CO-ed DROP IN Rec VOLLEYBALL

Starting on Nov 7th in the BH School Gym

Tuesday nights at 7:30 - 9:00pm

\$2 drop in fee Volleyball for 16yrs+



If there is interest there could be a volleyball tournament. Talk to Chase Berge or Laurie Berube

BIRCH HILLS & AREA BUSINESS HIGHLIGHTS and NEWSLETTER SPONSOR



Royal Canadian Legion Branch #122 – History in "Brief"

On February 13, 1929, Birch Hills Legion received their charter with thirteen signatures, and became Branch #122. Money was scarce during the next decade. To keep the Branch solvent, some comrades contributed to pay delinquent members' per-capita tax.

During WWII, members of Branch 122 were active in helping the war effort in various ways and supporting men and women who had enlisted in the military services.

As Branch membership increased, the Ladies' Auxiliary received their charter on Nov 5, 1947, with six signatures. The addition of female members strengthened the Branch, and their co-operation made activities more social and successful. The members showed great ingenuity in raising money and earned the respect and support of the community. Branch 122 held public dances, some of the first pancake breakfasts with live radio broadcasting, carnivals with parades, queen contests, and ice shows. Beginning in 1949, '49ers Days,' using the old miner theme, became an annual event with beard contests and costumes, which made Birch Hills widely known and often copied.

Membership in the Royal Canadian Legion is always open for all citizens of Canada and is simply a phone call away. When Veteran's need assistance – our membership and our community will always be there for them – as they were there for us. Now, in 2017, and for seventy one years so far, the Branch has held public annual Remembrance Day

Blackhawks Senior Hockey

Nov 4th in Waldheim 10th in Dalmeny

<u>First Home Game</u> November 18th vs Dalmeny November 24th vs Waldheim



Services and we look forward to your attendance this year. (see page 1 for itinerary)

Wins/Losses - 1/0 GO HAWKS!

ANNUAL COOKIE WALK

St Anne's / St Mary's Church
Saturday, November 25th
Join us for our annual Cookie Walk. A
wide variety of Christmas baking will
be available. Turkey pies also for sale.



Stay for Christmas tea and pudding

SKATING RINK NEWS

The Arena is open for the season. Public Skating Tues & Fri 3:30-5:30pm, Sat & Sun 2-4pm. Subject to change pending games or tournaments. Drop in fee \$5, memberships are \$30 per person or \$60 per family. Pls pay at the canteen

Nov 3rd Novice Game 6:30pm 5th - Hockey Referee Clinic 10th PeeWee Game 7:00pm 12th Midget Game 7:15pm 25th - Hockey Day in Birch Hills Dec 10th Canada 150 Skate Day

Book Private Ice for extra practice for you or with friends, for family gatherings, birthday parties or teams.

Ice Rentals call/text Justine 749-7989

SAVE THE DATE ...

Blackhawks Comedy Night

Saturday, January 6th, 2018
Tickets available soon from Birch Hills
Senior Hockey Team Players

\$25 eaCh @ BH Civic Centre Dance to follow. No Minors Allowed



PASH Projects Yoga Class Schedule – Six week sessions

Mondays (November 6 – December 11) Introduction to Yoga 5:30–6:30pm Vinyasa flow Yoga 7:00–8:00pm

Thursdays (November 9 – December 14)
Vinyasa flow Yoga 5:30-6:30pm
Yin Yoga 7:00-8:00pm
Location

146 Bellamy Ave, Birch Hills (beside Grumpy's) **Pricing**

\$75.00 per session (6 classes) \$15.00 drop in fee per class, space dependant

Space is limited please email pashprojects@outlook.com to sign up for classes and reserve your spot





Community Funding Assists our Rec Activities in Birch Hills

Hey Golfers:

If anyone is interested in going on the indoor golf cart storage

waiting list, please contact Laurie at Rec Office or discuss with Jamie in the spring.

Need a Christmas Idea! Purchase a 2018 Golf membership for your loved one at 2017 prices. Here's a couple convenient ways to help you fill those stockings:

INSTALLMENT PAYMENTS OF ANNUAL GREEN FEES POLICY Take advantage of our gradual purchase of the annual green fees memberships (adult, r, family memberships) through installment payments! Start asap with final payment due May 1st, 2018.

EARLY PAYMENT OF ANNUAL GREEN FEES MEMBERSHIPS To avoid a possible increase in green fees for the 2018 season our early payment policy allows for the early purchase of the annual green fees membership at current (2017) rates. The purchase must be made by **April 15, 2018**.

Adult: \$575.00 2017 prices:

Junior (18 years and under): \$125.00 - includes a driving range pass

Family membership (2 adults 2 juniors): \$1275.00

For gift certificates, installment payments or early purchase of green fees, please see Laurie Berube in the Recreation Office downtown BH. Monday - Friday 9:00 am to 4:00 Call or Text 749-7451. Or call Lorisa Ganes at 749 7756

Birch Hills Curling News

Thank you to all who came out for the AGM. Curling Rink Board Members returning are Leon Pratchler, Pres, Darren Wilkinson, Jodie Guse, Wayne Thompson, Curtis Mickelson, Council Reps Graham Tweten/Dale Pratt.

Welcome to Darren Sundbo and thank you

to Hugh Sampson.



Upcoming Bonspiels

Nov 24/25 Town vs Country Municipal Cup

Jan 22-26 Seniors Week Open Jan 27, 2018 Cattleman's Bonspiel Feb 9/10 Ladies Open Bonspiel

Mar 2/3 Open Bonspiel

2 Person Open Bonspiel Mar 23/24

Registration Night November 8 & 9 starting 6:30pm League curling will be starting soon... watch for details



Recreation Director Box 280, Birch Hills, Sk

Office Located at: 146 Bellamy Ave Office Hours Mon, Wed, Thurs 9am-12pm General Hours M-F 9am-4pm text or call Cell: 306-749-7451 or

E-mail: birchhillsrec@sasktel.net

Facebook Page: 'Town of Birch Hills Community & Recreation'

Town Website: www.birchhills.ca



Upcoming Events

November 1 - Flu Shot Clinic

3 - Western Night SOLD OUT

- St Mary's Community Luncheon

- Novice MH Game

3&4 - Reformation 500 Celebration pg 3

4 - Crystal Springs Fall Trade Show

- Tshirt Art Class

- Yellow Creek Harvest Dance

5 - Hockey Referee Clinic SHA

- Meskenaw Fall Supper

- Cowboy Church

7 - Drop in Volleyball starts Tuesdays

10 - Fellowship of the Least Coin Service (pg 4)

10 - PeeWee MH Game

11 - St Louis Comedy Hypnotist & Dance

- Legion Remembrance Day Service

12 - Domremy Fall Supper

16 - St Louis Wine & Wishes

17 - St Marys Community Luncheon

18 - Birch Hills Fall Trade Show

- Sr Hockey Home Game

24 - Sr Hockey Home Game

24/25 - Town vs Country Bonspiel

25 - Hockey Day in Birch Hills

- Weldon Trade Show & Sale

- Karaoke Night Mane Event

- Annual Cookie Walk

26 - Lutheran Church Celebration

Dec 10 - Canada 150 Skating Day

15 - St Mary's Community Luncheon

January 6 - Sr Hockey Comedy Night 22-26 - Seniors Open Bonspiel