

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Lake Country Co-op, Cornerstone Insurance, Grumpy's Confectionary, Quayles Pharmacy, and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)

**October 15th, 2017**

**Issue 152**



Hi there,  
The rumors are true, the Birch Tree Café will be soon be opening on Saturdays! Watch for future details.

It's a sad time for golfers, as the season ends and the clubhouse is closed up. BUT soon skating, hockey, curling, volleyball will begin. Come play, cheer or spectate. Watch for game schedules, public skate times and activity nights in the newsletter, on bulletin boards, posters or on facebook. Contact me if you have any questions or suggestions.

Happy Halloween Everyone  
Laurie Berube, Rec Director

## 3 on 3 Paintball



Saturday, October 21st  
\$20/person...  
Teams of 3

Mag fed air guns and safety equipment supplied.  
Ages 12yrs+ Parental consent Required. Register at noon, games to start soon after.  
If weather is questionable check Town of Birch Hills Community & Recreation Facebook Page for updates.  
Call Chevy at General Quarters 306-749-3200 for more info.

**OCTOBER** issues of this Birch Hills activity news letter was sponsored by:  
**J. DEVENIS, D&C BRAATEN**  
**EDNA HERD**  
**TOWN COUNTRY MEMORIALS**

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/[birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net). The cost is \$100 by 3 sponsors (\$300/mos) for printing, advertising and ensuring that the newsletter stays free for everyone.

## MANE EVENT

Downtown Birch Hills

**Costumes & Cocktails**

Hallowe'en Party

October 28th

8:00pm \$10 cover prizes for best dressed

Nov 25th - **Karaoke Pub Night**

\$5 cover charge (proceeds towards the Skating Arena)

6:00pm Kitchen open

Thank you to those that came out on the Oct 6th evening.



Transwest Air, and RYSC Youth Centre hosting  
**Helicopter Shoe Drop and Sneaker Scramble**

Sunday, October 15th Shoe Drop 2:00pm

Kids Sneaker Scramble to follow

1:00pm BBQ and Bike Jam

WHO WILL WIN the Cash & Prizes!!

Sponsored by ScotiaBank and Propoganda

We appreciate your patience & support with the delay!!



The Birch Hills Dance Centre in partnership with the Birch Hills Skating Rink will be hosting our third Annual October Fundraiser.....

Please join us at the **HAUNTED ARENA** for a Chilling Experience!!

Friday, October 27, 2017

7:00pm - 10:00pm.

\$5 entry per person

Proceeds going to our town rink facilities and programs for youth.



*Book the Hall for birthdays, anniversaries, reunions, etc.*

*Call or Text Kristy*

*306-749-7405*



### Weldon Community Events

Raising funds for Weldon Auditorium Renos

**Paint Night** October 20th 7:30pm \$40

Register by Oct 15th w/ Brenda at 887-2038



### **Constant Reminder Dance**

Sat, October 14/17 8-12 pm

Weldon Auditorium cash bar  
Tickets at the door \$15/per person

### **Fall Trade Show and Sale**

Saturday, Nov 25 10 am-2pm

Table rent \$20. Contact Brenda 887-2038

Lunch available.

### CRYSTAL SPRINGS COMMUNITY EVENTS

**Bingo:** Bingo in Crystal Springs Tuesdays 7:30pm  
Watch for info on upcoming Christmas Bingo info

**Fall Brunch:** Sunday, Oct 29th, 10:00 am-12:30 pm

**Crystal Trade Show:** Saturday, November 4th  
Call Lynn 864-8013

**Coffee Row:** Crystal Springs Rec Co-op Once a  
Month Coffee Row 2:00 to 4:00 P.M.

Crystal Springs Hall

Next Date is: **Wednesday November 1st**

Everyone is Welcome!



### **FALL SUPPERS**

**Kinistino** St Andrews United Church

Oct 15th 4:30-6:30pm

At the Kinistino Legion Hall

12yrs+ \$12 6-11yrs \$6

**Yellow Creek** Fried Chicken & Perogies

Oct 15th 5-7pm at YC Rec Centre

**Weldon Beef Fall** Oct 28th

At Weldon Care Home

**Crystal Springs Brunch** Oct 29th

10-12:30 at the CS Hall

**St Louis Supper** - Oct 29th

4:30-6:30 @ Community Hall

**Meskanaw** Nov 5th

**Domremy** Nov 12th

### ST LOUIS COMMUNITY EVENTS

**Paroisse St Louis Parish Fall Supper** Oct 29th 4:30-6:30pm

At the Community Hall 13yr+ \$15, 5-12yrs \$7 Preschool free

**Comedy Hypnotist & Dance** w/ Corrie J

Sat Nov 11, 2017 2 shows 2pm family show,

7:30 evening show & dance. @ Community Hall

Tickets call 930-3698 / 960-4435

Pauline/ Nicole \$10/person \$25 /family of 4

Proceeds to Rec Board



### **BIRCH HILLS SCHOOL NEWS**

October 17th Picture Day (retakes Nov 7)

2016 Yearbooks are in. Contact Robin Stanford

Thank you to BH and surrounding area! Our Color Run was another huge success. Our final total raised was \$6160!

[#maraudermagic#BHPScommUNITY](#)

### **Annual Remembrance Day Services**

Hosted by the Birch Hills Legion Branch #122

at the Birch Hills Civic Center

November 11, 2017

Doors open to public at  
10:00am

If you are interested in laying  
a wreath in honor of a loved  
one, contact Don Lypchuk for  
more information



### **Birchview Nursing Home Oct Activities**

All are welcome to attend. 2:30pm start,  
unless otherwise noted

October

15th Glad Tidings Gospel group

18th Job Mates Band

25th Ralph Galambos Entertainment

31st Halloween Bash

Entertainment by Wilf and Al



2:00pm

If you have a talent to entertain, contact Shelley to set a date

## Birch Hills LIBRARY News

**STORY TIME** with Mrs Joanne is back  
Join us Fridays in October at 1:00  
Starting in November Story Time will be Thursdays @ 1:30pm  
For pre-schoolers



Current Library Hours:  
Tues 12-4/5-8 and Thurs/Fri 12-4

New Library Hours - Starting in November  
Tues 11-4, 5-8 ; and Thurs 9-12, 1-6  
Storytime changes to Thursdays @ 1:30-2:15

### Patron's Day

at Birch Hills Public Library  
For all our valued patrons  
Stop in for a coffee and cupcake  
Thursday, Oct 19th  
2:30pm-4:00pm



## Birch Hills Community Fall Trade Show

Saturday, November 18, 2017  
10:00am - 2:00 pm Birch Hills Civic Centre  
Tables \$25 ea, Set up 8:30am

Lunch provided by the BH Guiding Association.  
Table must be prepaid prior to trade show.

Mail payments to Box 586, BH, SK S0J 0G0 or  
call 306-749-2217 or text 306-961-9199 to register



## Birch Hills Public School Needs Your Help

WE WANT TO PUBLISH YOUR FAVOURITE RECIPES!

The school is collecting favourite recipes from families in our school and community to be published in a beautiful spiral bound cookbook, each recipe will show the name of the contributor.

**PLEASE SHARE 2 - 4 OF YOUR FAVOURITE RECIPES WITH US!**

There are two ways to do this

Go to <http://www.cookbookprinter.com> and use the Username: *BHPS* and Password: *birchhills* to submit your recipes.

Drop your recipes off at the office, or send to school with your child, or email recipes to [alaroche@srsd119.ca](mailto:alaroche@srsd119.ca) or [rstanford@srsd119.ca](mailto:rstanford@srsd119.ca)

**DON'T FORGET TO INCLUDE YOUR NAME AND ANY NOTES ABOUT THE RECIPE!**

**PLEASE SUBMIT RECIPES BY TUESDAY, OCTOBER 31<sup>ST</sup>.**

## Hallowe'en Night Costume Party

at the KG Bar  
Downtown Birch Hills  
8:00pm



Tuesday,

October 31st

Prize for best dressed

## ST MARY'S ANGLICAN CHURCH UPCOMING EVENTS

Community Lunches: 11:30-1:00pm  
All community residents are welcome to join us  
for soup & bun Friday, Oct 20

Free will offerings accepted but not necessary.

Join us for lunch 1st and 3rd Friday  
of ea month.

Next lunch Nov 3



## Community Flu Shot Clinic

Wednesday, November 1st  
At the Senior Hall  
9:30 - 12:00 pm



Provided courtesy of  
PA Parkland Health

## Birch Hills Fire Dept is...

Seeking Men or Women willing to  
join the local fire department.  
Hours vary 30-500hrs a year,  
depending on individual.  
Training offered  
and can help  
towards a career.

Contact Lyle Evans  
306-930-8074 for  
more info





## BIRCH HILLS UNITED CHURCH NEWS

Regular worship services are held the second and fourth Sunday of the month at 9:30 a.m. Everyone is welcome.

### FELLOWSHIP OF THE LEAST COIN:

The Fellowship of the Least Coin movement began in 1956 when the wounds of World War II were still sore and the victims of the nuclear bomb attack on Hiroshima and Nagasaki were not able to forgive the allies.

To seek reconciliation with the people of these war-torn countries, an international team, sponsored by the Presbyterian church women in the USA were instrumental in setting up the movement. When offering a prayer for peace, justice and reconciliation, each woman was asked to place a coin of the least currency of her country in a special money box. The least coin is significant because women in any economic context can give equally. This was how the movement for peace came to be called "Fellowship of the Least Coin".

The International Committee for the FLC meets annually to make grants for the coming year for projects that benefit women and children throughout the world. These grants are listed in the World Day of Prayer booklets.

The Birch Hills United Church Women along with other local church women's groups support this ecumenical movement. They will again host a special

**Ecumenical Fellowship of the Least Coin service at the Lutheran Church at 3 p.m. on Friday, November 10.**

For further information and to support the Fellowship of the Least Coin (FLC), contact Effie at 306-749-3522.



### BOUQUET OF THANKS

Every ten years my family has arranged a wonderful birthday party for me. I wish to express my appreciation to the CWL for their most capable help in guiding my family in the lovely recognition they gave me. Thank you to the many relatives and friends who came from Idaho, Michigan, Ontario, BC, Alberta and of course from here, our Great Saskatchewan. All of you made my 90<sup>th</sup> birthday very very special! What a perfect weekend! God bless you. Thank you once again and please remember - every ten years! Stay healthy!

Genevieve Thompson

### Line dancing the 'Step Outs'

**WEDNESDAYS.** Civic Centre 9:30-11:00am

All Skill Levels welcome.

Great exercise and laughs to start your day

**MONDAYS** for Beginners

**NEW**

**-Starts October 30th** 9:30-11:00am

at Civic Centre



**The Sew & Sews** in St. Louis SK are having a Beginner Sewing Class On Saturday Oct 21 9:30-4:00.

First project, table runner. Cost \$40 Included fabric, filling, backing and binding.

You get to choose the fabric! Bring your own sewing machine and basic supplies ex. Thread bobbins scissors and pins. and a bag lunch. Our club will supply the fabric and you will also have access to rotary cutters, cutting mats, irons and ironing boards. If you're looking for a few laughs and some basic instructions.. we are the place. You can sign up by calling Elaine (306) 961-3175.

Or Louise Tournier (306)422-8640

Please pre register Thank You!



### BOUQUET OF THANKS

The family of Verner Arnestad would like to thank the staff at Birchview Nursing Home for their excellent care and attention over the past few months. Thank you to all those who sent cards and food and to the ladies at Saron Church for preparing and serving the delicious lunch at the funeral.

BIRCH HILLS UNITED CHURCH

## WESTERN NIGHT FRIDAY, NOV. 3



**AT BRANCEPETH HALL, Hwy. 3 east of B. H.**

**Doors Open 5:30**

**Supper 6:30**

**Entertainment:**

**Cowboy Poetry – Bernadette Greuel**

**Country Gospel – Ralph Galambos**

**Silent & Live Auction**

**Adults \$20**

**12 & Under \$10**

**Advance Tickets only Info: Sandra 749-3216**

## BIRCH HILLS & AREA BUSINESS HIGHLIGHTS and NEWSLETTER SPONSOR

### TOWN & COUNTRY MEMORIALS

Call Teena Nelson at 306-981-2994 or Kate Rempel at 306-491-3209

*Let Us Put Your Memories In Stone*

At Town & Country Memorials we have an assortment of products and services available to you. We have a wide selection of in stock monuments for you to choose from and if nothing is quite what your looking for, we can custom order to your specifications.

Memorial vases, enameled pictures, custom designs-we can help you with them all.

We have started a few new services in the past year. We now offer in cemetery sandblasting -put a date of passing on an existing monument or add a design to refresh an old monument.

Monument restoration-cleaning, repairing, repainting, make existing monuments look new again and extend their life.

Also new to our list of services are Pet Memorials. We offer reasonable priced monuments for your animal family.



Town & Country Memorials has been serving the north-central Saskatchewan area since 1977.

### SKATING RINK NEWS

We tried to have ice ready for mid October, however, with some delay, we are hoping to be ready week of the 23rd. If you are interested in joining a hockey team this year, contact:

Men's Rec Hockey:	Hawkeyes	Thurs	Elston	961-2842
	Goosers	Wed	Mitch	749-7978
Ladies Rec hockey:	Barracudas		Carole	749-7446
Minor Hockey:	IP - Midget		Tanya	981-3538
Skating Club	Star & CanSkate		Amanda	930-5358

Oct 27 - HAUNTED ARENA  
Nov 5 - Hockey Referee Clinic  
Nov 25 - Hockey Day in Birch Hills

**SEEKING CANTEEN HELPERS** : Casual/Part-time Job.  
Perfect jobs for highschool youth. Call Justine for more info  
Must be 14yrs+, Food Safe certificate an asset.

Book Private Ice for extra practice for you or with friends,  
for family gatherings, birthday parties or teams.

**Ice Rentals call Justine 749-7989**

### Blackhawks Senior Hockey

Oct 20th in Rosthern (exhibition game)  
Oct 27th in Hague  
Nov 4th in Waldheim  
10th in Dalmeny



First Home Game

November 18th vs Dalmeny  
November 24th vs Waldheim



SAVE THE DATE...

**Blackhawks Comedy Night**

**Saturday, January 6th, 2018**

Tickets available soon from Birch Hills  
Senior Hockey Team Players



Community Funding Assists our Rec Activities in Birch Hills



### REFEREE TRAINING CLINIC in Birch Hills

Sunday, Nov 5, 2017 9-3:30pm

Make some extra \$\$ during the winter. Adults & Youth are invited to register with SHA for the ref clinic. For more information or to register, contact Trent Cey at TrentC@sha.sk.ca.



Laurie Berube,  
Recreation Director  
Box 280, Birch Hills, Sk  
S0J 0G0

Office Located at: 146 Bellamy Ave  
Office Hours Mon, Wed, Thurs 9am-12pm  
General Hours M-F 9am-4pm text or call  
Cell: 306-749-7451 or  
E-mail: birchhillsrec@sasktel.net  
Facebook Page: 'Town of Birch Hills  
Community & Recreation'  
Town Website: www.birchhills.ca



The Birch Hills Golf Course is closed now for the season. Thank you for visiting this summer and we look forward to seeing you again next spring! Watch for future details on 2018 member fee instalment payments and for info on our AGM in April. Contact Rec Office for



## Upcoming Events

- October 15 - Skatepark Shoe Drop & BBQ  
- Yellow Creek & Kinistino Fall Supper  
16 - Community Paint Night  
19 - Library Patrons Day  
20 - St Mary's Community Luncheon  
- Weldon Paint Night  
21 - Paintball 3 on 3  
25 - Weldon Fall Trade Show  
26 - Curling Rink AGM  
27 - Haunted Arena  
28 - Costumes & Cocktails (Mane Event)  
- Weldon Fall Supper  
29 - Crystal Springs Fall Brunch  
- St Louis Fall Supper  
31 - Hallowe'en Party (KG Hotel)

- November 1 - Flu Shot Clinic  
3 - Western Night Supper & Entertainment  
- St Mary's Community Luncheon  
4 - Crystal Springs Fall Trade Show  
5 - Hockey Referee Clinic SHA  
- Meskenaw Fall Supper  
10 - Fellowship of the Least Coin Service (pg 4)  
11 - St Louis Comedy Hypnotist & Dance  
- Legion Remembrance Day Service  
12 - Domremy Fall Supper  
17 - St Marys Community Luncheon  
18 - Birch Hills Fall Trade Show  
- Sr Hockey Home Game  
24 - Sr Hockey Home Game  
24/25 - Town vs Country Bonspiel  
25 - Hockey Day in Birch Hills  
- Weldon Trade Show & Sale

## Birch Hills Curling News

AGM Thursday, October 26th, 2017 7:00 pm  
@ the Curling Rink. All members are encouraged to attend.  
Anyone interested in curling is always welcome.

### Upcoming Bonspiels

Nov 24/25 Town vs Country Bonspiel  
Jan 27, 2018 Cattleman's Bonspiel  
Feb 9/10 Ladies Bonspiel  
Mar 23/24 2 Person Bonspiel  
TBA Seniors Week, Open Bonspiel & Fire Fighters

If your group is interested in hosting a bonspiel, or staff, family, friends Christmas Party contact Rec Office, Robyn or Leon



## WINTER IS COMING...

and so is Christmas, snow flakes and the Brrr Chills Winter Festival.

If you would like to get involved and/or have winter fun ideas for the Christmas season (carolling, Santa, etc) or for the Winter Festival in February 2018, contact the Rec Office to discuss.

Email birchhillsrec@sasktel.net or text/call 306-749-7451

## VOLLEYBALL

Starting in Nov (21st)

in the BH School Gym

at 7:30pm  
\$2 drop in fee



Volleyball for 16yrs+

If there is interest  
there could be a  
volleyball tournament

## Community Arts Initiative for Birch Hills

Monday, October 16th, 2017



### Community Paint Night

7-9:00pm at the BH School.

Contact Amy @ 941-0788

Join us for a paint night where you will be led through different techniques of acrylic painting. Painting to be decided.

Other mediums will be available for those who would like to play with other mediums. Please let us know if you can come so we can make sure we have enough supplies, etc. \$5.00 for 10-17 yrs and \$10.00 for 18 and up

Other Art nights Nov 4 & Dec 2

Follow updates, activities and photos on our



Birch Hills School has a garden shed for sale that was constructed by the PAA 20/30 class. The shed is 8'x 8', shingled and has double doors. Cost is \$600. Contact Mark Rolfes at the school at 749-3301 for more information