

The 'Birch Hills Community Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Brahma Insurance, Quayle Pharmacy, Grumpy's Confectionary and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request for mailing list to birchhillsrec@sasktel.net

October 15, 2013

Issue 57



Hello Readers,
Preparations for ice making has begun at the skating and curling rinks. If all goes well we will be open for booking arena ice by October 20th. Out of town rentals welcome.

Looking for a new idea for a children's birthday party? We offer private skating ice bookings and meal specials for your easy birthday party planning. For more information contact Laurie 749-7451.

It's Here! Our new playground equipment has arrived. Watch for the new playground being installed at the ball diamonds.

Happy Halloween, may your bags be full of candy!

Laurie Berube, Rec Director

FALL CLEAN UP WEEK

October 15th - 19th



Residents are asked to have any extra compost/refuge ready to be picked up. Please have your grass clippings and yard clean up in clear bags and your branches and brush bundled in manageable pieces. The Town crew will be around at various times during the week collecting the garbage

Curling Rink AGM

October 28th 7pm @ rink

Members, Players, all interested Parties welcome to attend

OCTOBER issues of the Birch Hills Community activity newsletter was paid for you by:

Birch Hills Public Library, GreerFrancis Photography and Court Massage Therapy

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/ birchhillsrec@sasktel.net/ The cost is \$100 ea sponsor(3/month) towards printing, advertising and ensuring that the newsletter stays free for the you & the community. Individual sponsorships are welcome. Thank you for supporting your local paper.

SASKATCHEWAN LIBRARY WEEK

October 15 and 22nd, 2013

BIRCH HILLS LIBRARY presents....

October 16 - Readings by Sask Children's author, Adele Dueck at the Birch Hills School

October 22 - Patron's Appreciation Coffee & Donuts 1:00 - 3:00pm @ the Library



Please Share Paper with a Friend or Email to receive the news letter online

NOTICE: The Birch Hills Town Office will be closed Wed/Thurs, Oct 16 & 17th for software training. Office will re-open Oct 18th, 9:00am.

FALL SUPPERS 2013

Sun, October 20th Kinistino
Sun, October 20th Yellow Creek
Sat, October 26th Weldon
Sun, October 27th St Louis
Sun, November 3rd, Meskanaw
Sat, November 16, Birch Hills
Sun, November 17th Domremy



WORLD FOOD DAY POTLUCK

Wednesday, October 16, 2013 starts 6:30pm
@ Birch Hills Youth Centre

We are planning a World Food Day potluck! This is a celebration of food. You can bring anything you like...appetizer, entree, drink or dessert and an appetite! I will also have jewellery brought here from the women of Kibera slum (in Kenya) to sell for them. Bring family and friends. We hope to see you there!
All are welcome.
Ann Woods



We wish to extend a heartfelt THANK YOU to Birch Hills and surrounding communities for their kind and generous support for our Run For The Cure fundraiser. The annual support of our participants and the Businesses who donated prizes is very much appreciated. Despite the weather we had a good turnout and raised \$2500.00 towards this worthwhile cause. Special mention to the ladies who helped prepare for and serve supper goes to Grace Turner, Caroline Vander Kracht, Lee-Ann Dickie and Barb Haug, Thank you again. Also thank you to Laurie for facilitating the "Cat Rescue". which added some extra excitement to our evening."

CIBC Staff

CURL-A-DROME NEWS

Watch for Start Dates in November



Monday: Super League 4/ team competitive 7:00pm
 Tuesday: Senior League 4/team 1:30pm coffee & dessert
 Wednesday: 2 Person League sponsored by Brahma Insurance
 Thursday: Fun League 7:00pm and Free Lessons 6:15
 Friday: Senior League 4/team 1:30pm

Drop In Fees \$10,
 Memberships Available (prices to be announced)

Season Opener Funspiel November 16th Register 749-2951
 4/team Each team must have 2 new players (not members)



The Knitting Grannies

are ready to get their needles clicking again. Everyone is invited to the start up meeting on Friday October 18th at 1:00pm in the Birch Hills Seniors' Hall. There is a charge of \$2.00 / person which is donated to the Seniors' organization.

We hope to see you there.

BIRCH HILLS SENIOR BLACKHAWKS HOCKEY SEASON starts soon



HOME GAMES

Sat, Nov 2	vs Debden Jets	8:00pm
Sat, Nov 9	vs Debden Jets	8:00pm
Sat, Nov 23	vs Big River Braves	8:00pm
Sat, Nov 30	vs Leoville Rebels	8:00pm
Fri, Dec 27	vs St Louis Blues	8:30pm
Sat, Jan 18	vs Meadow Lake Broncos	8:00pm
Fri, Jan 24	vs St Louis Blues	8:30pm

Coming Soon.... **CO-ED DROP IN HOCKEY**

Mondays 9:30-11:00 starts...Nov 4
 \$10 per person. Members \$5 Goalies Free
 Helmets & pads required.
 Contact Natalie for more info 960-3408

Laila Opseth is having a 90 years young,
 come and go tea



Oct 20th
 2:00 - 4:00 pm
 at the youth centre

WANTED:

Bagpipe player and a Bugler for November's Remembrance Day service.
 Please contact Ian 306-749-7779

BIRCH HILLS GOOD NEIGHBOURS

Do you have a neighbour that goes out of their way to help others? Tell us about how great they really are... email birchhillsrec@sasktel or Box 280

I would like to thank my awesome neighbors, Bob and Diane Bailey for their many acts of kindness. My husband, Don works out of town and is sometimes gone for up to 2 weeks. They mow our lawn, put water jugs on my water cooler for me, come when I have a problem with my car or tv, shovel our sidewalk, share the PA Herald with us and make it known I can phone them anytime. We are truly blessed to have them living next door to us.

Sincerely, Del Braaten

COMMUNITY BOOSTERS

Next Community Booster Meeting
 meet in the Museum Basement
Tuesday, October 15, 2013 @ 7:30pm
(ends 9pm sharp...we promise)
ANYONE interested in town improvements is WELCOME

BIRCH HILLS TOWN COUNCIL NEWS

- * The Town Office is closed Oct 16 & 17th for staff software training. The office will re-open on Oct.18th, 9:00am.
- * A donation of \$200 was approved for the Birch Hills Royal Canadian Legion, towards this years Poppy & Remembrance Day Service on Nov.11th. Mayor Ulvild will lay the wreath on behalf of the Town.
- * Signage information was received from Communities in Bloom, and was turned over to that committee.
- * A thank you was received from The Dreamland Optimists for the Town's donation towards the silent auction at there Charter Banquet.
- * The Birch Hills Memorial Cemetery Bylaw was approved and passed.
- * TheTown garbage truck, no longer being used will be offered for sale.
- * The door to the heated shed at the Town yard will be repaired.
- * Replacement of the snow blower was discussed.
- * It was decided to hold the joint Staff Christmas party for the Town and RM at the Flute and Fiddle this year.
- * The Joint Meeting for the Town and RM will be held on Monday Oct. 28th at 7 pm.
- * Tuesday Dec. 3rd was set for the annual employee reviews for the Town of Birch Hills.
- * Mayor Ulvild and Councilor Herd attended the SUMA Regional meeting in Melfort.

TALK TOWN

I want to thank the staff and volunteers at the Golf Course for the great job they do year after year. We wish them every success as they move forward with the fund raising for the new clubhouse. The CIBC run for the cure was well attended, some of us just went to enjoy the meal and donate to this worthy cause. The Community Boosters will be trimming, pruning and tidying all week, with special emphasize on the Centennial Park, we plan on splitting many of the perennials and will offer them for sale to raise some funds for next years Town projects. Come out to the Community Boosters meeting on Tues, Oct 15th at 7:30 in the Museum basement, we have a pleasant surprise to share. The museum crew brought in a hay rack of sheaves for next years Threshing Day. Thanks to Richard Epp and Arven Njaa the binder operators, Gordon Fossen, Selmer Njaa, Elmer Olson and Otto Opseth for bringing in the sheaves. With the equipment out of the shed, Marilyn Sorsdahl, Myrdena Reynish and Shirley Ulvild were able and buildings. A special thank you to Steven Tomtene and the Food Grains Bank Committee for allowing us to cut the sheaves on their land.

Submitted by: Mayor, Shirley Ulvild

BIRCH HILLS ARENA NEWS

Rink member ships available at canteen or town office. \$30 Single & Families of Skating Club & Minor Hockey \$75 Family Membership. Includes free public skating, discounts for drop in hockey, unlimited coffee cards (buy 9 get 1 free) and memberships support of our rink

Ladies Hockey Tournament November 7 raffle table, 50/50, canteen specials, and more Portion of proceeds towards Breast Cancer Research

Seeking: Women wanting to learn to play or play hockey. There are several ladies interested. We are looking to make a team. If you are interested, contact Rec Dep

Family Broomball? - if your family is interested in playing broomball, contact Rec Dept for more info. Potential for one day a month or more if there is interest. Brooms & Balls provided. No street shoes

Welcome to Kevin Watson, Canteen Manager and returning Harley Harris , Caretaker. We are still seeking casual canteen workers to serve during games. Contact Rec Dept 749-7451

Hockey Day in Birch Hills - November 9 All levels of hockey playing and celebrating our rink.

Birch Hills Health Facility

DOCTORS

Monday- C. WEGER R.N.N.P.

Tuesday- Community Clinic Physicians.

C. WEGER R.N.N.P.

Wednesday- C. WEGER R.N.N.P.

Thursday- Community Clinic Physicians

C. WEGER R.N.N.P.

Friday - C. WEGER R.N.N.P.

BIRCH HILLS HEALTH FACILITY SERVICES

- COMMUNITY CLINIC PHYSICIANS
- REGISTERED NURSE PRACTITIONER
- REGISTERED NURSES
- MENTAL HEALTH & ADDICTIONS
- DIABETIC EDUCATION
- DIETICIAN EDUCATION
- RESPIRATORY
- HOME CARE
- COMMUNITY CLINIC DIETICIAN
- PUBLIC HEALTH NURSE
- SPEECH PATHOLOGY
- LABORATORY
- PHYSIOTHERAPY

*For Appointments Call 306-749-3331

FLUTE and FIDDLE EVENTS

Halloween for Kids - October 26th 12-4pm
Free Kids Movie, Popcorn & Candy
Children 10yrs> must be accompanied by adult

Masquerade Ball - October 26th
7:00-11:30pm
Advance tickets \$10 / \$15 at door
Featuring Marty Grambo



Check out www.fluteandfiddle.ca for more info

GUITAR LESSONS with Freddie Pelletier
Appropriate for beginners or intermediate
Tuesdays, 5pm (starts Oct 1-mid Dec)

at Pelletier's Farm Contact 749-2498
for more info \$20 ea week.



BIRCH HILLS HIGHLIGHTS

Court Massage Therapy by Mandi Court

Call or Text 960-0706

Mandi Court has been a registered massage therapist since 2007 working in Birch Hills and Prince Albert. Mandi is now offering appointments out of her home in Birch Hills on Tuesdays and Thursdays.

Mandi offers therapeutic and relaxation type massages and is always looking for new clients.

Receipts for insurance claims are available.



Awana Club started again on Tuesday nights at 6:45. It is for any kids ages 5-12 or K-grade 6. It is a ton of fun and the kids can earn prizes by learning Bible verses and lessons. Last week we had 40 kids out but there is still room for more!

ROYAL CANADIAN LEGION NEWS

Meetings have restarted every 2nd Thursday of each month 7pm. All are Welcome

In the last meeting, memberships had to make the motion to increase our basic dues to cover admin costs. Please note - Dues for 2014 were set at \$50/member and the early bird is on now. Marlene has completed a mail-out to all out of town members about the dues change and I ask that all of you pass this on to anyone you see as most do not have email.

Thank You, Don Lypchuk



CHRISTMAS INSPIRATIONAL BOOK STUDY

Author: Donna VanLiere

Donna's Christmas Hope Series: The Christmas Shoes, The Christmas Blessings and the Christmas Hope are short, inspirational novels about friendship and family, loss and hope. They are stories of love in the face of loss and joy when all seems hopeless and how light can shine into the darkest places.

Date: November 19 - December 10th, 2013
Time: Tuesdays or Thursdays (To be determined)
Place: Birch Hills Library
For info and registration call Maxine at 749-2564

3rd Annual Brrr Chills Winter Festival??

I have not heard any interest in having a winter festival in 2014. Perhaps we shall skip a year? If you or your committee is interested, please contact me.

Feedback and participation is important to let organizers know what works and what doesn't.

Contact Rec Office 749-7451



Deadlines for submissions for newsletter are the 10th and 25th of each month. Send entries to birchhillsrec@sasktel.net or call 306-749-7451

BIRCH HILLS LIBRARY NEWS

Library Hours:

Tuesdays: 12 to 4 & 5 to 8 pm, Thursdays & Fridays: 12 to 4:30 pm

StoryTime Every Friday 1:00-1:45pm For kids 3yrs+



Craft Corner....Watch for details

EVERY WEEK IN THE HILLS

MONDAY

Bowling at the Senior Hall 2:00 pm Vel 749-3364

T.O.P.S. (take pounds off sensibly) 5-6pm at the Health Centre



Thimbles & Threads Sewing Club 6:30pm @ Birchview Melissa 749-3482

TUESDAY

Karate 7:30pm St Louis Karate Club 422-8665

Library Open 12-4pm and 5-8pm

Community Booster Mtg 3rd Tues of the month Civic Centre 7:30-9pm

St Louis Karate 7-8pm Call 422-8665 or 749-7500

Crystal Springs Bingo 7:30pm

Optimist Club 1st Tues of the month

WEDNESDAY

Line Dancing all welcome 9:30-11am at the Sr Centre

Thrift Shop Open at the Museum 9-4:00pm Great Deals!

Coffee & Sweets at the Museum 3:00 pm

Sparks/Brownies/Guides/Pathfinders Contact Audrey 749-2217 to join

THURSDAY

Cribbage at the Senior Hall 2:00 pm Vel 749-3364

Library Open 12 - 4:30pm

St Louis Karate 7-8pm Call 422-8665 or 749-7500



FRIDAY

Lutheran Church Coffee Break 9:30-11am Bellamy & 4th St

Birch Hills Library Open 12-4:30pm **Story time** 1pm

Flute and Fiddle Steak Night & Open Mic 5-12am All Welcome

SATURDAY / SUNDAY

If you have something to add to this list, contact Laurie at 749-7451

SUNDAY WORSHIP SERVICES IN BIRCH HILLS



Birch Hills Community Church @ Civic Centre 11:00am

Birch Hills Lutheran Church @ 428 Bellamy Ave 11:30am

Birch Hills United Church @ 428 Bellamy Ave 9:30am
(2nd & 4th Sundays of the month)

Glad Tidings Tabernacle (Pentecostal) @ 101 4th St 11am

Lake Park Baptist Church @ Hwy 3 11:00am

Saron Lutheran Church near Hagen 9:30am

St Mary's Anglican Church @ 255 McCallum Ave 11:00am

St Anne's Roman Catholic Church @ 255 McCallum Ave 9:00am

Birch Hills Cowboy Church

@ Community Centre

1st Sunday of each month

Next Nov 2nd 7:00pm



Featuring Country Gospel Music
with down home bible message.

All Welcome.

Refreshments to follow.

Pastor Rick Martin 981-2235



Funding Assists Recreational Activities in Birch Hills

COMMUNITY COMMITTEE CONTACTS

Senior Hall

Vel Bompais at 749-3364 Rentals

Birch Hills Royal Cdn Legion

Lyle Mohn 749-7927 Rentals

Marlene Lypchuk 749-2571 Member Info

Lions Club

Bruce Tilford 749-7743

Todd Devenis 749-3425



Birch Hills Historical Society

Shirley Ulvild 749-2500

Community Boosters

Stewart & Louise Adams 749-3521

Dreamland Optimist Club

Stuart Matice 306-314-2378

Community Garden

Ann Woods 306-749-3237

Sparks/Brownies/Guides/Pathfinders

Audrey Matheson 749-2217

'Like' our facebook
page to get activity



updates. Feel free to

add your own event or activity info
'Birch Hills Community & Recreation'

Other Local pages:

Birch Hills Bargain Basement, Birch
Hills Mamas, Birch Hills Dance Centre,
Birch Hills Blackhawks, General
Quarters Paintball, Flute and Fiddle,
Birch Hills Community Garden, Birch
Hills Sno-Posse, Clay Oven Café, Birch
Hills Co-op, Partie Perks Rental
Studio, KG Bar & Grill

'Like' these pages to become part of
these groups activities events

Birch Hills & District Recreation

Laurie Berube, Recreation Director
Box 280 Birch Hills, SK S0J 0G0
Fax: 306-749-2545
E-mail: birchhillsrec@sasktel.net
Text or call cell: 306-749-7451
Facebook Page: 'Birch Hills Recreation'

Communities that play together,
...grow together!

PAR FOR THE COURSE

Aviva Community Funding

Thank you to all who had voted for funding towards the new clubhouse and to Iris for sending in the application for funding.

Crystal Springs Trade, Craft, Bake Sale

Saturday, November 23rd
10:00 - 3:00pm
@ the Crystal Springs Hall
Lunch available



ATTENTION FARMERS

Please call (866) 404-4911 for CONTROL BURNS.

Must call before burn and again after once burn is completed. If burns are not reported and the Fire Dept is called out, fines start at \$500 minimum.

Thank You Birch Hills Fire Department, Town and Rural Municipalities



Congratulations to Jamie Tilford.

She is the winner of \$100 cash for her participation in the Sask Culture Weekend held, Sep 27-29

Bottles & Cans Piling Up? Drop them off at the back door of the Youth Center or Call 749-2478 for pick up. We appreciate your donations!

JOB OPPORTUNITIES in Birch Hills

Birch Hills Library seeking substitute for library.

Contact Joanne 306-749-3281

Birch Hills Rink Canteen seeking casual/part-time servers

Contact Laurie 749-7451

Birch Hills Upcoming Events

Oct 15 - Community Booster Mtg
15-19 - Town Clean Up Week
15-22 - Library Week
16 - World Food Day Potluck
- Birch Hills Fall Supper & Silent Auction
16&17 - Town Office Closed for training
18 - Knitting Grannies starts up again
20 - Laila Opseth 90th Bday party
26 - Halloween for kids & adults F&F
28 - Curling Rink AGM
Nov 2 - Birch Hills Craft, Bake & Trade Fair
- Blackhawks Home Game
- Cowboy Church
4 - Drop In Hockey starts
9 - Hockey Day in Birch Hills
- Dean Smith F&F
11 - Legion Remembrance Day Service
16 - Season Opener Curling Funspiel
17 - Hockey Ref Clinic
23 - Crystal Springs Trade/Craft/Bake Sale
Dec 26 - Beauties Boxing Day Dance
31 - New Years F&F Theme TBA

Hockey Day in Birch Hills

November 9, 2013

IP, Novice, Atom, PeeWee, Bantam, Midget, Senior hockey teams will join together for this day to play and celebrate our community rink.

Watch newsletter for complete schedule.



BIRCH HILLS CRAFT, BAKE & TRADE FAIR

Hi everyone in the Birch Hills Area! Once again the Birch Hills Community Boosters are hosting the Craft and Bake (as well as home-based business) Sale at the Civic Center on November 2nd. If you would like to book a table (\$20) please let me know ASAP. Either give me a call at 306-749-2784 or let me know here. Last year we were full and had a really good turn out so book early to hold your spot. The Daycare will be hosting the lunch counter.

Registered Vendors: Javita Coffee Company, Tupperware, Regal, Watkins, Epicure, Tootsie, Partie Perks Rental Studio, Scentsy, 5th Avenue Jewelry, Regal, Lisa Larson Photography, Stella & Dot, Norwex, Laurie Anne's Linen & Lace, BCMac Music, and various craft tables.

Fall Supper and Silent Auction

Saturday, November 16 5:00 - 7:00pm
@ the Birch Hills Civic Centre

Autographed Saskatchewan Rider Jersey & Shadowbox Raffle

Tickets \$5 each or 3/\$10

Available at Co-op Agro Centre.

Draw Nov 16th at supper All proceeds to the Outdoor Basketball Court