

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Lake Country Co-op, Cornerstone Insurance, Grumpy's Confectionary, Quayles Pharmacy, and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

October 1st, 2017

Issue 151



Hello Readers,

Besides the beauty of nature changing colors, cooler days and less bugs, Do you know what else fall brings...?! Fall Suppers!! Yum!! A time to visit other communities and friends. Check out page 2 for the listing of area suppers. The Youth Centre is not able to host a supper in BH this year so if any groups are interested, feel free to send the information.

Happy Thanksgiving Everyone

Laurie Berube, Rec Director



OCTOBER issues of this Birch Hills activity news letter was sponsored by:
J.DEVENIS, D&C BRAATEN
EDNA HERD
TOWN COUNTRY MEMORIALS

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/birchhillsrec@sasktel.net. The cost is \$100 by 3 sponsors (\$300/mos) for printing, advertising and ensuring that the newsletter stays free for everyone.

Community Arts Initiative for Birch Hills

October 16th **Community Paint Night** 7-9:00pm at the BH School. Contact Amy @ 941-0788

Join us for a paint night where you will be led through different techniques of acrylic painting. Painting to be decided.

Other mediums will be available for those who would like to play with other mediums. Please let us know if you can come so we can make sure we have enough supplies, etc.\$5.00 for 10-17 yrs and \$10.00 for 18 and up

Other Art nights Nov 4 & Dec 2

Follow updates, activities and photos on our Facebook Page



Birch Hills Volunteer Fire Dept



Seeking Men or Women willing to join the local fire department. Hours vary 30-500hrs a year, depending on individual. Training offered and can help towards a career.

Oct 5th **Colour Run** School Fundraiser (Turkey Trot)
Kids will be coming around town shortly asking for pledges. Funds will be used to buy new lights for the gym and to help with SLC events, drama, sports, talent nights..etc.

Everyone welcome on Oct 5th in the afternoon to come out and cheer on the kids as they run.

Karaoke Pub Night

Friday, October 6th

6:00pm - 1:00am

\$5 cover charge

Pam Cochet, MC

Kitchen will be open for Supper and/ or Snacks @ Mane Event Downtown Birch Hills



Hosts: Jamie, Lea, Vince

ST MARY'S ANGLICAN CHURCH UPCOMING EVENTS

Community Lunches: 11:30-1:00pm

Any community members are welcome to join us for soup & bun Friday, Oct 6

Free will offerings accepted (donations) but not necessary.

Join us for lunch 1st and 3rd Friday of ea month.

Next lunch Oct 20



Weldon Community Events

Raising funds for Weldon Auditorium Renos

Paint Night October 20th 7:30pm \$40

Register by Oct 15th w/ Brenda at 887-2038



Constant Reminder Dance

Sat, October 14/17 8-12 pm

Weldon Auditorium

Tickets at the door \$15/per person cash bar

Fall Trade Show and Sale

Saturday, Nov 25 10 am-2pm

Table rent \$20. Contact Brenda 887-2038

Lunch available.

CRYSTAL SPRINGS COMMUNITY EVENTS

Bingo: Bingo in Crystal Springs Tuesdays 7:30pm
Watch for info on upcoming Christmas Bingos

Fall Brunch: Sunday, Oct 29th, 10:00 am-12:30 pm

Crystal Trade Show: Saturday, November 4th

Call Lynn 864-8013

Coffee Row: Crystal Springs Rec Co-op Once a Month Coffee
Row 2:00 to 4:00 P.M. Crystal Springs Hall
Next Date is: **Wednesday October 4th** Everyone is Welcome!
It is a wonderful opportunity for friends, neighbours and acquaintances to get together!

The hall is available for rent. Contact Lynn 306-864-8013

FALL SUPPERS

Kinistino Anglican Lutheran Church

Roast Beef Oct 1st 5-7pm

Kinistino St Andrews United Church

Oct 15th 4:30-6:30pm

At the Kinistino Legion Hall

Yellow Creek Fried Chicken & Perogies

Oct 15th 5-7pm at YC Rec Centre

Weldon Beef Fall Oct 28th

At Weldon Care Home

Crystal Springs Brunch Oct 29th

10-12:30 at the CS Hall

Meskanaw Nov 5th

Dormremy Nov 12th

If any group is interested in hosting a fall supper fundraiser in Birch Hills, Send info to Rec Office

ST LOUIS COMMUNITY EVENTS

Comedy Hypnotist & Dance w/ Corrie J

Sat Nov 11, 2 shows 2pm family show, 7:30 evening show & dance. @ Community Hall

Tickets call 930-3698 / 960-4435

Pauline/ Nicole \$10/person \$25 /family of 4

Proceeds to Rec Board



BIRCH HILLS SCHOOL NEWS

Marauders Football

Oct 5th BH vs Wakaw (home) 3:30pm

12th Ahtahkakoop vs BH (away) 4:00pm

Oct 6th No classes

9th Thanksgiving Holiday

17th Picture Day (retakes Nov 7)



Venetian Connoisseur Cruise

November 10 - 23, 2017

This cruise starts and ends in Venice with visits to Split, Croatia; Kotor, Montenegro; Santorini, Rhodes, Mytilene, Athens & Mykonos, Greece and Dubrovnik & Rijeka, Croatia on board the Pacific Princess.

Call Stewart or Louise Adams
306/749-3521 for a brochure.

Birchview Nursing Home Oct Activities

Oct 10th Auxiliary Meeting 11:00am
Anyone willing to assist with help at the home is welcome to attend and join our Auxillary

Oct 12th Danny Boy Music
15th Glad Tidings Gospel group
18th Job Mates Band
25th Ralph Galambos Entertainment
31st Halloween Bash
Entertainment by Wilf and Al

2:00pm



All are welcome to attend. 2:30pm start unless otherwise noted

Birch Hills LIBRARY News



STORY TIME is back Starts again Oct 6th!
Join us each Friday at 1:00pm
with Mrs Joanne. For ages 3 & 4

Library Hours: Tues 12-4/5-8 and Thurs/Fri 12-4
Fiction/NonFiction Books, Movies, Computer WiFi

Thank you to the Birchview Auxilliary for supporting our Zone Rally hosted here in Birch Hills, September 28th; Thanks to the Town of Birch Hills, the R.M. of Birch Hills, Quayles Pharmacy, Lake Country Co-op, CAA Prince Albert. Also to Callie Braaten, Nova Shore and Mallie Mitchell from BH Dance Centre and the 'Step Outs' for their most enjoyable performances. We appreciated all the special lunch touches from Marie's Catering. B.Getz

Birch Hills Community Fall trade Show

Saturday, November 18, 2017
10:00am - 2:00 pm Birch Hills Civic Centre
Tables \$25 ea, Set up 8:30am

Lunch provided by the BH Guiding Association. Table must be prepaid prior to trade show.

Mail payments to Box 586, BH, SK S0J 0G0 or call 306-749-2217 or text 306-961-9199 to register



MANE EVENT

Costumes & Cocktails Hallowe'en

October 28th

8:00pm \$10 cover prizes for best dressed

October 6th - Karaoke Pub Night

\$5 cover charge 6:00pm Kitchen open



Book the Hall for birthdays, anniversaries, reunions, etc. Call or Text Kristy 306-749-7405

Community Flu Clinic

Wednesday, November 1st
At the Senior Hall
9:30 - 12:00 pm



Provided through Parkland Health



Paintball

Saturday, October 21st
\$20/person... Teams of 3
Challenge is out to Fathers & Sons!

Mag fed air guns and safety equipment supplied.
Ages 12yrs+ Parental consent required
Register at noon, games to start after
Weather permitting, maybe rescheduled
Call Chevy at 306-749-3200 for more info.

MOMS & TOTS

Tuesday and Thursdays from
10-12pm At the Youth Centre
\$2 drop in fee for centre hosting
All Moms welcome

Join the "Birch Hills Mamas"
Facebook Page to meet other moms in
Birch Hills

YOGA in Birch Hills

Instructor Megan Pashak
Runs for six weeks from Sept 11-Oct 17th
Monday 7:15-8:15pm
Tuesday 9:30-10:30am and 8-9pm

At Birch Hills Dance Centre (basement)
6 Classes \$75.00 Drop in \$15



For more info
Email pashprojects@outlook.com or to register.



REFEREE TRAINING CLINIC in Birch Hills

Sunday, Nov 5, 2017 9-3:30pm
Make some extra \$\$ during the winter. Adults & Youth are invited to register with SHA for the ref clinic. For more information or to register, contact Trent Cey at TrentC@sha.sk.ca.

Birch Hills Combined Appeal

October 2nd – 6th, 2017

This is a single appeal on behalf of the charities listed below, with space provided for any others you wish to support provided complete addresses are included.

NO CANVASSER WILL BE COMING TO YOUR DOOR!!!

We will accept your donations at the Affinity Credit Union Birch Hills Branch during regular business hours.

Come to the Affinity Credit Union between Oct 2nd–6th with your donation. A receipt will be issued to you at the time. Contact Shirley Lyons at 749-3233 for more information. Donate to any of the following registered charities of your choice:

Canadian Red Cross, Cdn Mental Health Assoc, Heart and Stroke (SK), Cdn National Institute for the Blind, BH Fire Dept, Salvation Army, SK Cancer Society, Schizophrenia Society of SK, Arthritis Society, BH & Area Health Care Foundation, Cdn Diabetes Assoc, Lung Assoc of SK, Multiple Sclerosis Society, Kidney Foundation (SK), Alzheimer Society (SK), Cdn Cystic Fibrosis, Muscular Dystrophy (Canada), Crohns & Colitis (Cda), BH Library, Weldon Country Villa, BH Cemetery Fund, Other charities of your choice.

Line dancing the 'Step Outs'

WEDNESDAYS. Civic Centre 9:30-11:00am

All Skill Levels welcome.

Great exercise and laughs to start your day

MONDAYS for Beginners

-Starts October 30th 9:30-11:00am

at Civic Centre



WHAT DO YOU CALL AN ACID WITH AN ATTITUDE?

gimme ur lunch



A-mean-oh acid.

REGISTRATIONS DATES HAVE PASSED, BUT YOU MAY NOT BE TOO LATE... CALL TODAY!

MINOR HOCKEY – Boys & Girls can register / Coaches and Managers needed for a few divisions

Contact Tanya for more info (981-3538)



SKATING CLUB

Can-Skate & Star Skate

Seeking helpers to plan & organize the Skate Club

Contact Amanda 306-930-5358 Email: amandarosteski@gmail.com

Sparks, Brownies, Guides, Pathfinders and/or Rangers – For Ages 5 – 17yrs

For more info call Audrey 749-2217

DANCE CENTRE – Jazz, Tap, Ballet, Lyrical, Hip Hop & Modern, and more adult & youth classes

Contact bhdc@sasktel.net for more info or to register for classes!



PRE-SCHOOL – Contact Lisa 749-3137 or Jody 749-2943

BIRCH HILLS & AREA BUSINESS HIGHLIGHTS and NEWSLETTER SPONSOR

TOWN & COUNTRY MEMORIALS

Call Teena Nelson at 306-981-2994 or Kate Rempel at 306-491-3209

Let Us Put Your Memories In Stone

At Town & Country Memorials we have an assortment of products and services available to you. We have a wide selection of in stock monuments for you to choose from and if nothing is quite what your looking for, we can custom order to your specifications.

Memorial vases, enameled pictures, custom designs-we can help you with them all.

We have started a few new services in the past year. We now offer in cemetery sandblasting -put a date of passing on an existing monument or add a design to refresh an old monument.

Monument restoration-cleaning, repairing, repainting, make existing monuments look new again and extend their life.

Also new to our list of services are Pet Memorials. We offer reasonable priced monuments for your animal family.



Town & Country Memorials has been serving the north-central Saskatchewan area since 1977.

Fall Clean - up Week

October 2—9th

Please have your compostable material bundled and available for pick up in your back alley where back alley access is available. Loose material will not be picked up.

The town landfill is strictly a compost site (no garbage refuse of any kind).

This site is available to be opened during business hours at a fee of \$15.

Please contact the Town Office to arrange a time.

Congratulations to the Birch Hills Highschool (9/10) Girls Volleyball team on winning the St Mary's Tournament in PA this past weekend.

GO Marauders!!



Birch Hills Lions Club

Birch Hills and District Lions Club is always looking for members with new ideas to help improve our already successful club. Young or old; New or previous members; all are welcome to attend meetings and become members of one of the most successful International Organizations in the world. If you would like to make a difference in our community feel free to contact one of our Membership Chairpersons: *Lion Austin Pocha (749-7408) or Lion Bruce Tilford (749-7743)*

2017 Lions Club Executive

President - Jeffrey Pratt 960-2370
Vice-Pres - Todd Devenis 749-7726
Secretary - Brendan Doderai 314-2328
Treasurer - Brock Tilford 749-7708
Rentals - Chris Braaten 749-7119

Membership Chairpersons:

Austin Pocha - 749-7408
Bruce Tilford - 749-7743

SAVE THE DATE...

Blackhawks Comedy Night

Saturday, January 6th, 2018

Tickets available soon from Birch Hills Senior Hockey Team Players



Community Funding Assists our Rec Activities in Birch Hills

Transwest Air, and RYSC Youth Centre hosting

Helicopter Shoe Drop and Sneaker Scramble

The Fires are no longer critical and a new date will be announced soon! Watch for more details on posters and Facebook posts.

Shoes (entry) is \$10 ea at the Youth Centre

Sponsored by ScotiaBank and Propoganda

We appreciate your patience & support!!





Laurie Berube,
Recreation Director
Box 280, Birch Hills, Sk
S0J 0G0

Office Located at: 146 Bellamy Ave
Office Hours Mon, Wed, Thurs 9am-12pm
General Hours M-F 9am-4pm text or call
Cell: 306-749-7451 or
E-mail: birchhillsrec@sasktel.net
Facebook Page: 'Town of Birch Hills
Community & Recreation'
Town Website: www.birchhills.ca



Book Tee Times at Clubhouse 306-749-2211
Check us on Facebook (*Birch Hills SK Golf Course*)



Monday and Fridays - 2 fore 1 golf (\$20 for 2 golfers/9holes)
Golf for \$15 a round till the end of season
(excluding 2 fore 1 days)

Clubhouse Clothing 15% off

(members are 25% off) starting Sept 15 till end of season

Men's Club Windup Sunday, October 1st.

Ladies Club Windup Tues Oct 3 Lunch (golf weather permitting)

MYSTERY LUNCH

For Golf Staff, Board Members and spouses/
families are invited to our Mystery Lunch

You may not know what you're getting
but it will be tasty!!



Saturday, October 14th

12:00pm

\$5 per person

Sign up by Wed, Oct 11 749-2211

Upcoming Events



- Oct 1 - Men's Golf Club Windup
- Kinistino Fall Supper
- 5 - Highschool Football home game
- School Colour Run
- 6 - No school classes
- St Mary's Community Luncheon
- Karaoke Pub Night Mane Event
- 9 - Thanksgiving Holiday
- 14 - Weldon Dance
- Golf Clubhouse Mystery Lunch
- 15 - Yellow Creek Fall Supper
- 20 - St Mary's Community Luncheon
- Weldon Paint Night
- 21 - Paintball 3 on 3
- 25 - Weldon Fall Trade Show
- 28 - Costumes & Cocktails Hallowe'en
- Weldon Fall Supper
- 29 - Crystal Springs Fall Brunch
- 31 - Hallowe'en Costumes & Cocktails
- Nov 1 - Flu Clinic
- 3 - Western Night Supper & Entertainment
- St Mary's Community Luncheon
- 4 - Crystal Springs Fall Trade Show
- 5 - Hockey Referee Clinic SHA
- Meskenaw Fall Supper
- 11 - St Louis Comedy Hypnotist & Dance
- 12 - Dormremy Fall Supper
- 17 - St Marys Community Luncheon
- 18 - Birch Hills Fall Trade Show
- 25 - Hockey Day in Birch Hills
- Weldon Trade Show & Sale
- Dec 10 - Canada 150 Skating Day
- 15 - St Mary's Community Luncheon
- Jan 6 - Blackhawks Comedy Night

SKATING RINK NEWS

There has been a delay in the plant start up. We are still shooting to have ice for mid October. If you are interested in joining a hockey team this year, feel free to contact the following:

Mens Rec Hockey:	Hawkeyes	Elston	961-2842
	Goosers	Mitch	749-7978
Ladies Rec hockey:	Barracudas	Carole	749-7446
Minor Hockey:	IP - Midget	Tanya	981-3538
Skating Club	Star & CanSkate	Amanda	930-5358

Nov 5 - Hockey Referee Clinic
25 - Hockey Day in Birch Hills
Dec 10 - Canada 150 Skating Day

Ice Rentals call Justine 749-7989

Book Private Ice for extra practice with friends, family gatherings, birthday parties.

Public Skating Fees \$3 /day \$30 individual / \$60 Family

BIRCH HILLS UNITED CHURCH NEWS

Regular worship services are held the second and fourth Sunday of the month at 9:30 a.m. Everyone is welcome.

Western Night

Friday, November 3 at the Brancepeth Hall Doors Open 5:30pm, Supper 6:30,
Entertainment Bernadette Greuel/ Ralph Galambos, Silent & Live Auction.
Tickets available with Sandra 749-3216 \$20 Adults, 12 & under \$10.

The Birch Hills United Church Women will again host an ecumenical service for Fellowship of the Least Coin in November. Everyone is invited to save their "least" coin (nickels) and bring them to the service. All money received will then be forwarded to the Women's Inter-Church Council of Canada to help with their many projects in Canada and around the world