

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Brahma Insurance, Grumpy's Confectionary, Quayle Pharmacy, and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

October 1st, 2015

Issue 103



Hello Everyone,
I am writing this on a beautiful fall day. With fingers crossed we'll have some more great autumn days ahead. There is still time to get a few last rounds of golf in, but the course will be closing mid October, weather permitted.

As teachers and students are settling in, I am told there are several new families who have moved in to town. If you are out and about and see unfamiliar faces, maybe you could introduce yourself and welcome them to the community. Who knows, who you could meet..... Could be a new job prospect, a new friend or even the love of your life! And if nothing else, you will just make someone else feel a little more comfortable and at peace

The Birch Hills & District Combined Appeal Blitz

will be held
October 5th to 9th,

with a table set up in the Credit Union to receive your donations.

Donation forms will be in your post office box the last week of September.

However, if you requested no flyers, you will not receive a form. Donation forms will be available at the Credit Union.

Donate at your leisure and receive your receipt at the same time. Just think - no door-to-door canvassers!

about choosing to move here. To those who are new to Birch Hills... May you feel welcomed, make new friends easy and feel

free to get involved in your new community. It's a great way to meet people.

Enjoy the best part of the year!

Laurie Berube,

Rec Director

UPCOMING FALL SUPPERS

Mark your Calendars

October 18 - Brancepeth
18 - Yellow Creek

Weldon Fall Supper

October 24th 5:00-7:00pm

Weldon Country Villa Beef Supper

October 31 - St. Louis

November 1 - Meskanaw

1- Wakaw

7 - Birch Hills (see pg 2)

15 - Domremy

OCTOBER issues of the Birch Hills Community activity newsletter was paid for you by:

**Big Bend Outfitting,
Peace Love Healing, and
Joan Devenis & Family**

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/ birchhillsrec@sasktel.net. The cost is \$100/ sponsor (3/month) for printing, advertising and ensuring that the newsletter stays free for you & the community. Sponsoring into October...reserve your spot today!

Thank you for supporting your local paper.

**Birch Hills Cowboy Church
@ Community Centre
1st Sun of each month**



Next Service

October 4 7:00pm

Featuring Country Gospel Music with down home bible message.

All are Welcome

Pastor Rick Martin 981-2235

Emmanuel Anglican Church Presents:

Wine & Cheese Cabaret

October 3rd, 2015

7:30 - 11:00pm

@ the St Louis Lions Club

Featuring music by.. **CONSTANT REMINDER**

Tickets \$25/couple and \$15 for single.

Contact 306-314-7804.



All proceeds go towards Raise the Roof Campaign

MUSEUM NEWS

Museum Thrift Shop Fall change over and opening of **The Christmas Store** Wednesday Sept.16th.

Great selection of reasonable priced items.

Thrift Shop open Wednesdays 9am to 4pm.

Museum open 2 to 4pm, the coffee is on



5th Annual Roughrider Theme Fall Supper and Silent Auction

Saturday, November 7th

6:00pm @ Birch Hills Civic Centre

\$20 per person – Door Prize Draw for

2 Rider Gravity Chairs

Only 200 Tickets will be sold

Available from Youth Center or Birch

Hills Fire Fighters

ALL PROCEEDS TO BH FIRE

DEPARTMENT COMMAND UNIT FUND

Drop off any old electronics and purchase

supper ticket and get your name in a draw for autographed *Rob Bagg* jersey.

Sponsored by Scotia Bank



FLUTE and FIDDLE NEWS

It is with sad hearts and deep regret that we announce the closure of The Flute and Fiddle.

The last hosted Open Mic will be Friday, September 25th.

There are three events in October - The Keeping Country Alive dance will be held on October 3rd.

On Friday, October 23rd, we will hold a Farewell Friday Open Mic with no host - please come out and share your talents at our Farewell event.

The Hallowe'en Howl featuring Constant Reminder will be the last event at the heritage dance hall.

We thank you for your patronage and your performances over the previous three years.



The Knitting Grannies invite you to join them on Tuesday Oct. 13th at 1:00pm in the Birch Hills Seniors' Hall for the start of another busy

winter. Projects include Comfort Shawls, mitts and toques. We will meet on the 2nd and 4th Tuesday each month at the same time and place beginning Oct. 13th.



RYSC YOUTH GROUP FUNDRAISING

We are continuing to accept donations of

RECYCLABLE BEVERAGE cans & bottles.

Donations of Canadian Tire Money can be dropped off in mailbox outside Post Office Call 749-2478 for more info .



Funding Assists Recreational Activities in Birch



Please Share Paper with a friend or Send request to birchhillsrec@sasktel.net to receive the news letter online

BIRCH HILLS SCHOOL NEWS

Oct 2 & 3 Sr Girls Volleyball Tourney

Oct 14th - School Picture

Oct 31/Nov 1 Sr Boys Volleyball Tourney

Marauder Football

Oct 1st Home vs Big River Rebels

8th Playoffs Start TBA

15th Playoffs TBA

Starts 4:00pm

Upper Field behind the School

Listen for the cheering!!



BREAKFAST LEARNING PROGRAM

The Birch Hills Public School is back in swing for the 2015 – 16 school year. The Breakfast for Learning team is ready to get back into the swing of serving our breakfast snacks – hopefully up to four days per week. We will gratefully accept the donation of **time** to serve in the canteen (one day a month would be fantastic!) and **baked goods, cheese, yogurt or other breakfast items**.

If you can give some time to serve in the canteen or have any questions about the program please feel free to call Mr. Jeff Court or Ms Bev Hunter at the school, (306) 749 3377.

Thanks for caring!

REGISTRATIONS DATES HAVE PASSED, BUT YOU MAY NOT BE TOO LATE.. CALL TODAY!

MINOR HOCKEY – Contact Tanya for more info (981-3538) Boys & Girls can register

SKATING CLUB Can-Skate & Star Skate contact Malissa Hall (Braaten) 306-961-0174

Sparks, Brownie, Guides, Pathfinder and Ranger – For Ages 5 – 17yrs For more info call Audrey 749-2217

DANCE CENTRE NEWS – Jazz, Tap, Ballet, Lyrical, Hip Hop & Modern, Adult tap, Drama and Voice Classes

Contact bhdc@sasktel.net for more info or to register for classes!

BIRCHVIEW NEWS OCTOBER UPCOMING EVENTS

Everyone Welcome

18 th 2:30 Gladtidings	19 th 6:30 LPBC Chorus
21 st 2:30 Job Mates Band	26 th 2:30 The Gramps Entertain
29 th 2:30 Halloween Party with the Sinclairs	
30 th 2:30 Halloween Bingo	



Oct 1st a crew will be doing a bottle drive for their resident kitties, Oreo and Abraham. These kitties work very hard at keeping our seniors company and well loved. You can help by calling for a pick up 749-2288 or bags can be dropped off at Birchview Home. Thank you for your support!

BOUQUET OF THANKS



A HUGE
THANK YOU
FROM THE CONDO
RESIDENTS FOR ALL
THE VEGGIES WHICH
WERE DROPPED OFF FOR
THEIR USE. VERY MUCH
APPRECIATED.

THANKS AGAIN!
ANNOYNOMOUS



BOUQUET OF THANKS

We want to send a huge bouquet of thanks to *Lyle and Kathy Evans* for all their work at the skatepark and basketball courts. They look fantastic!... We always see one of them there working - mowing, sweeping, watering plants, monitoring the area. Their dedication to our community is invaluable. We would like them to know their time and hard work is appreciated and does not go unnoticed.

Jody, Eric, Tyler and Emma Mickelson

UPCOMING LOCAL TRADESHOWS

Weldon Annual Trade Show and Sale

Saturday Nov 14th
from 10:00 until 2:00

Lunch available

For table booking call

Brenda 887-2038

\$20.⁰⁰

**Find
Bargains
Here!**



Crystal Springs Trade Show

Saturday, Oct 31st

10:00 am to 3:00pm

Lunch will be served

Birch Hills Community

Boosters

Fall Trade and Craft Show

is full, with a variety of vendors offering a great selection of goods, crafts, baking, etc.

Mark your calendar,

Saturday November 21st

from 10am to 2pm,

Birch Hills Civic Centre,

Lunch served by the Birch Hills Guides and Brownies.

Notice to vendors- The Civic Centre will be open at

8:30 for set up. Please forward your table fee asap

(\$20.00) to reserve as we have a waiting list.

The Birch Hills Memorial Cemetery Committee

held their first Visitation and Work Bee on Sunday September 20th, 2015. Perfect weather made it most enjoyable. We plan to make this a yearly event. We found the Cemetery to be in such good repair and want to sincerely thank our caretaker Darren Evans for his work in keeping it that way.

A list of suggestions was prepared to share with Darren and at our next regular meeting. For those of us that tidied our family graves, we found we could have taken more substantial tools and more bags for refuse. We noticed a few graves needing attention that no longer have loved ones here or distance makes it a hardship. The frost has stayed away so the flowers in the planters are still so pretty.

When placing items by the graves please keep in mind the caretakers ability to use the mower and grass whipper.

S.Ulvild & Committee



WINTER is coming.... And so is Hockey Season!!

Consider being a Hockey Ref & Make \$\$\$...

On line registration on SHA website.

Clinics in Birch Hills November 15th



Men and Ladies hockey in Birch Hills. Whether you want to play recreational or more competitive, contact the following to join in or for more information.

Barracudas (ladies) various nights - Laurie 749-7451

Goosers (mens) Wed nights - Shannon 749-7908

Hawkeyes (mens) Thurs nights - Tyler C. 749-2228

Senior Hockey - **Blackhawks** Tyler T. 960-9744

Co-ed Drop in Monday Nights being considered. \$10/player, goalies free. We have tried this previous years, but we needed more participation. Contact Rec Office if you are interested and watch the newsletter for more details if we will go ahead.

The Birch Hills Skating Rink is now taking bookings for ice rentals for the 2015-16 season.

Ice will be available to rent in mid October.

Please contact the Rec Office @ 749-7451 for rate information and to book your ice-time or birthday party.

SKATING ARENA NEWS

We will be starting to make ice soon and if all goes well, we should be renting ice by mid October.

Public Skating days Mon, Wed, Fri after school and Sat & Sun's mid afternoons. Fees are \$5 for public skate (pay at the canteen or the caretaker) Or become a member of the rink and public skating is covered for the season and you can be included in the coffee club. Memberships will be sold at the canteen or Rec Office..

\$30 for individuals or family of Minor Hockey or Skating Club. OR

\$60 for a family

The canteen will be offering hot lunch meals on Mondays starting October 19th and perhaps more days, if there is a need. We are still looking for helpers to paint parts of the rink. And new ideas are always welcome.

Contact rec office for more information.

CURLING CLUB NEWS



The season will soon begin and it is expected that league will begin first part of November. There is days or evening leagues for adults, seniors and juniors are more than welcome. Competitive and Just for Fun leagues...Come try a new sport!

The AGM will be held

November 5th. 7Pm at the Curling Rink
Curling Club Members are encouraged to attend, as well as anyone who has any interest in the goings on of the Curling Club and Rink.

Not Sure What To Do With Old Electronics?

The Youth Center will host A Community Collection of Home Audio/Video Players such as: Portable DVD's, Blue Ray, Tape Players, Laser Disk, CD Players, Mp3, Portable Stereos/Radios, Voice Recorders, Analog & Digital Cameras/ Camcorders, Digital Frames, Baby Video Monitor & Camera Systems, Headphone & Microphones. Vehicle Audio Systems, TV's, Desktop Printers & Fax Machines, Computers/Laptops (Monitors, Mouse, Keyboards, Cords, Cables), Non Cellular Phones (Corded & Cordless Phones as well as Digital & Cassette Answering Machines).
THESE MAY BE DROPPED OFF FOR RE-CYCLING AT THE YOUTH CENTER THE MONTH OF OCTOBER



HAUNTED HOUSE

hosted by the Drama Class,

Friday, October 30 at the Birch Hills Dance Centre

Cost is donation at the door



6:00-7:00 is the friendly haunted house for little ghouls and goblins. The "scare factor" will be toned down so the little ones can come in and have a little tour and partake in some Hallowe'en fun.

7:30-9:00 for bigger kids and adults!

Come and see our Haunted Studio... if you dare!



DANCE CENTER NEWS:

Creative Movement

Wednesday, Oct 7 to November 18 with no class Nov 11.

For ages 2 1/2 to 4yrs. Cost is \$65.

There will also be a weekly **Adult Tap** class starting the week of October 12. Email bhdc@sasktel.net to register.



The Birch Hills Ladies Golf Club

hosted 92 players at the 4 person Invitational Texas Scramble held Wed, Sept 2, 2015. It was a perfect golfing day with lots of sunshine- but not too hot, and enough of a breeze blowing to

keep the mosquitoes away but not enough to affect your shot. Golfers came from Melfort, Tisdale, St. Brieux, Prince Albert, Duck Lake and points in

between. Many of our guests commented on the condition of the course thanks to Ed Fusick, Carl Hanson and staff. The meal provided by Ethel Rutherford, Jamie Tilford and staff was also greatly appreciated. The theme of our tournament has been "harvest" and our tables of prizes reflected the abundant produce of members gardens and pantries. We even had lady bugs to send home with all the players (thanks to Jeanette Tomtene for her creativity).

The BH ladies golf club wish to acknowledge the generous donations from Cervus Farm Equip, Tomtene Seed Farm, Brahma Insurance, Quayle Pharmacy, CIBC, Affinity Credit Union and Kirstin Porter, and the Town of Birch Hills. A big thankyou to our members for organizing and bringing their "fruits of labour" to this tournament. It is a lot of work but rewarding for us as a club to continue to attract so many woman golfers to spend the day with us.



Why didn't the skeleton go to the party?

He had no body to go with!!!!

BIRCH HILLS BUSINESS HIGHLIGHTS

BIG BEND OUTFITTING

306-749-2435

Reg & Tanis Quaale and Dale & Karen Pratt

would like to thank all the farmers for their support

We are a Guiding and Outfitting business for Waterfowl around the area of Birch Hills, Saskatchewan.

Big Bend Outfitters caters to hunters world wide with our majority of Clients being from the United States. We look forward to returnee Clients and open our doors to all new interested parties.



Peace Love Healing

Mackenzie Ackerman - Crystal Healer/Usui Reiki Master

Crystal therapy is a gentle system of holistic healing that has been used since ancient times. I am happy to NOW OFFER Crystal Healing treatments! This natural method treats many ailments, releases negative energy, soothes emotions and restores harmony to the body, mind and spirit.

Treatments can be done at my home office in Birch Hills, distantly or at your home if travel is difficult. Call 306.961.1386 or find me on Facebook for more information, thanks



BOUQUET OF THANKS

To Gordon Hood for all his volunteer help in continuing to keep our sportsgrounds looking fantastic. There is a lot of behind the scenes work that is done to keep facilities looking good and I would not be able to do many of these projects by myself. Your assistance is very much appreciated.

Laurie

TOWN OF BIRCH HILLS CLEAN-UP WEEK

The Town of Birch Hills has declared the week of

Monday, October 12th, 2015
thru

Saturday, October 17th, 2015
as

"FALL" CLEAN-UP WEEK.

Residents are asked to have any extra compost/refuge ready to be picked up. Please have your grass clippings and yard clean up in clear bags and your branches and brush bundled in manageable pieces.

Anything placed out after Saturday, October 17th will not be picked up by the town crew.

Thank you for keeping your town clean



5TH ANNUAL FALL

PAINTBALL

Hosted by General Quarters

Paintball and BH Recreation

SATURDAY, OCTOBER 10TH

Register at 11:30am

Tournament starts noon sharp!

Sign up individuals or teams of 3

BBQ Fundraiser for Rec Programs
HELP NEEDED (call Rec Office)

Flu Shots available



Monday, October 26th

9:30 - 12:00pm

At the Senior Hall

All ages Welcome

Prince Albert Health



Laurie Berube,
Recreation Director
Box 280, Birch Hills, Sk
S0J 0G0

Cell: 306-749-7451 text or call
Fax: 306-749-2545
E-mail: birchhillsrec@sasktel.net
Facebook Page: 'Town of Birch Hills
Community & Recreation'
Website: www.birchhills.ca

Election Canada is looking for poll workers
for election day on Monday, October, 19th
in the Birch Hills area.

Please call the

Election Canada office
at 1-866-304-0234 if you are interested



GOLF COURSE NEWS



We have been approved to participate in the Aviva Community Fund. We could receive funding up to \$100,000 toward a new Clubhouse. Please vote daily between October 6 and 23. And ask everyone you know to vote daily. Visit our idea and sign up at:

<https://www.avivacommunityfund.org/ideas/acf32472>

Funding is awarded by community support, therefore your help is needed. Contact Jamie if you have any questions.

If you would like to be apart of the New Clubhouse Committee, please contact the Rec Office or any of the Board Members. A meeting will be held soon.

Last day for golf: October 19th

Clubhouse Hours 9:00-5:00pm Starting Oct 1st

SHOP TIL YOU DROP



Saturday, November 14, 2015

ONLY 34 seats available!

**ALL SEATS MUST BE PREPAID AND
ARE NON-REFUNDABLE!**

Also I will be collecting for meals ahead of time as well, as last year a couple meals got missed at both locations.

Message or call Iris Fjeld 306-749-7377.

COMPUTER LESSONS - Plans are in process to have free lessons taught in Birch Hills. Details to be confirmed yet, but you can call Laurie at Rec Office to register or for more information.



6th Annual Birchview Farmers Market

Birchview's Annual Farmers Market was yet again another great success! For those of you that attended the event you saw the generosity of this wonderful community that we live in. The items that were donated for the silent auction as well as the farmer's market were wonderful!! We appreciate all the hard work of picking, canning and baking! We raised \$2400 for our Recreation Programming! A special thank you to Mardell for donating her time and making the famous Cinnamon Buns, you are a true blessing! Thank you Birch Hills for always supporting our endeavors. We truly appreciate it!

Shelley & Carlene

Birch Hills Upcoming Events

- Oct 1 - Marauder Home Football Game
- 2 - Library Story Time resumes
- 2-3 - Sr Girls Volleyball Tourney
- 3 - Wine & Cheese Cabaret (St Louis)
- Keeping Country Alive (F&F)
- 4 - Cowboy Church
- 5-9 - Fall Town Clean Up Week
- BH Combined Appeal Blitz
- 9 - NO SCHOOL CLASSES
- 10 - Annual Fall Paintball
- 12 - Thanksgiving Holiday
- 12-17 - Town Clean Up Week
- 13 - Knitting Grannies resumes
- 18 - Brancepeth Fall Supper
- Crystal Spring Fall Brunch 10-12:30pm
- Yellow Creek Fall Supper
- 20 - Library Patrons Appreciation Day
- 24 - Weldon Fall Supper
- 25 - Farewell Friday @ F&F
- 26 - Flu Shots Available
- 30 - Haunted House @ Dance Studio
- 31 - Crystal Springs Trade Show
- St Louis Fall Supper
- Halloween Howl (F&F)
- 31-Nov 1 - Sr Boys Volleyball Tourney
- Nov 1 - Meskanaw & Wakaw Fall Supper
- 5 - Curling Club AGM
- 7 - Firemen's Roughriders Theme Fall Supper
- 14 - Weldon Trade Show
- Shop Til You Drop Bus Tour
- 15 - Hockey Ref Clinic

DEADLINE FOR Submissions for the November 1st NEWSLETTER is **OCTOBER 26th NOON**

Send entries to birchhillsrec@sasktel.net or call 306-749-7451