

The 'Birch Hills Community Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Brahma Insurance, Quayle Pharmacy, Grumpy's Confectionary and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request for mailing list to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)

October 1, 2013

Issue 56



Greetings,

It has been brought to my attention that there is concern with drivers speeding on Wilson Street (known as the highway)

Did you know the speed limit by the skateboard park to the Co-op is a school zone? Speed limit is 30km. Spread the word to **SLOW DOWN PLEASE!!** Let's keep our kids safe.

May you have a great Thanksgiving holiday and find many things to be grateful for on this upcoming long week-end. Happy Turkey Day!

*Laurie Berube, Rec Director*

## FALL CLEAN UP WEEK

October 15th - 19th

Residents are asked to have any extra compost/refuge ready to be picked up. Please have your grass clippings and yard clean up in clear bags and your branches and brush bundled in manageable pieces. The Town crew will be around at various times during the week collecting the garbage



## JUST TRY IT PAINTBALL

Hosted by Chevy, with General Quarters Paintball

Sat, Oct 5, 2013

@ the Ball Diamonds

Registration at noon.

Games start 1pm

\$20/person Includes helmet, paintball gun, and ammunition.

Teams of 3 All Ages Welcome



## BBQ Fundraiser Opportunity

....contact Laurie 749-7451 if your group is interested in hosting an afternoon bbq lunch for raising funds for a cause



## Birch Hills Cowboy Church

@ Community Centre

1st Sunday of each month

Next Oct 6th 7:00pm

Featuring Country Gospel Music with down home bible message.

All Welcome.

Refreshments to follow.

Pastor Rick Martin 981-2235



OCTOBER issues of the Birch Hills Community activity newsletter was paid for by:

**Birch Hills Public Library, GreerFrancis Photography and Court Massage Therapy**

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/ [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)/ The cost is \$100 ea sponsor(3/month) towards printing, advertising and ensuring that the newsletter stays free for the you & the community. Individual sponsorships are welcome. Thank you for supporting your local paper.



Donate to the CIBC Run for a Cure, Breast Cancer Walk by October 2nd. Pledge a walker or be a walker.



Please Share Paper with a Friend or Email to receive the news letter online

The **Birch Hills & District Combined Appeal Blitz** will be held October 7<sup>th</sup> to 11<sup>th</sup>, with a table set up in the Credit Union to receive your donations. Donation forms will be in your post office box the last week of September. However, if you requested no flyers, you will not receive a form. They will be available for you at the Credit Union.

Just think ...no door-to-door canvassers. Donate at your leisure and receive your receipt at the same time. See you there!

Arnold Ganes 90th Celebration

Oct 5 @ the Birch Hills Civic

Center 2pm - 4pm

Come & share a slice of birthday cake



## SASK CULTURE DAYS

Thank you to Sask Culture for their funding support to pay for instruction, rentals and supplies. To Rugged Country, Birch Hills Co-op, Quayle Pharmacy, and Bling Car Wash for their community advertising support and to the Instructors: Greer Tilford(yoga, photography), Rosa Matice(Spanish), Freddie & Sheila Pelletier(guitar), Erica Cochrane(Tap dance), Bethany McKelvie(HipHop & Modern dance), Carol Churchill(line dancing), Birch Hills Historical Society(Museum tours), Joanne Bzdel(Ukrainian dance, Brochures), Heather Lundquist (Ukrainian dance) and to the Clay Oven, Flute and Fiddle, Birch Hills Dance Centre, Birch Hills Museum and the Senior Hall for hosting these events.

To the small percentage that participated... Thank you!

I hope you all had a great weekend adding a bit more culture into your lives!



The Knitting Grannies are ready to get their needles clicking

again. Everyone is invited to the start up meeting on Friday October 18th at 1:00pm in the Birch Hills Seniors' Hall. There is a charge of \$2.00 /person which is donated to the Seniors' organization. We hope to see you there.

## Town Talk

Birch Hills celebrated everything Cultural on September 27 to 29, 2013. There was something for everyone with some participating and others just wanting to watch. We were so pleased to have an excellent turn out at the Museum for our Open House and will look forward to hearing about the other events in the coming days

Like the winter festival it is something you have to build on. A big Thank You to our Recreation Director, Laurie Berube for all the time spent organizing these events. In the last Heartbeat she asked if we want a 3<sup>rd</sup> Annual Brrr Chills Winter Festival. Be thinking about it folks and come out to the planning meeting when it is announced for October.

Submitted by Shirley Ulvild

As Lakeland District for Sport, Culture and Recreation enters its fifth year of activity, we are pleased to launch our new manual, *A Guide to Effective Proposal Writing*, for community organizations, as well as directors, managers and leaders in the district. LDSCR invites YOU to our launch of the manual:

*Guide to Effective Proposal Writing*  
Kerry Vickar Centre, Melfort October 16, 2013  
5:30 pm To confirm attendance please contact Helen at (306) 874-1112

**NOTICE:** The Birch Hills Town Office will be closed Wed/Thurs, Oct 16 & 17th for software training. Office will re-open Oct 18th, 9:00am.

## FALL SUPPERS 2013

Sun, October 20th Kinistino  
Sun, October 20th Yellow Creek  
Sat, October 26th Weldon  
Sun, October 27th St Louis  
Sun, November 3rd, Meskanaw  
Sun, November 17th Domremy



## MARAUDER FOOTBALL NEWS

Scheduled Games 4:00pm

Oct 3 home vs Hague  
Oct 10 home vs Meath Park  
Oct 18 Playoffs

### Marauder Fundraisers

1. BATTERY DRIVE
  2. SUNGLASSES - "Risky Business" sunglasses for \$10
  3. COUPON CARDS - immediate discounts
- email ktait@srsd119.ca or call 306-922-2990 for info  
Thank you for supporting Marauder Football



## COMMUNITY BOOSTERS

Next Community Booster Meeting  
meet in the Museum Basement  
**Tuesday, October 15, 2013 @ 7:30pm**  
(ends 9pm sharp...we promise)  
ANYONE interested in town improvements is  
WELCOME

## BIRCH HILLS TOWN COUNCIL NEWS

September 25, 2013 Council Meeting

- \* Louie Wudrich met with Council to discuss Street Maintenance and water Drainage on Poplar Drive
- \* The Birch Hills Cemetery Committee held two meetings which included a walk about at the Cemetery to come up with a set of guidelines and policies which will be presented to Council to form a new Bylaw for the Birch Hills Cemetery. Marilyn Sorsdahl has done extensive research and compiled a book recording all the cemeteries in the R M of Birch Hills as well as Cemeteries outside this area. The book was recently updated and is available for viewing at the Museum, open Wednesday 2 to 4 pm
- \* Councillors Pratt and Stubbs attended the Policing Forum in Regina on Sept. 26 & 27, 2013
- \* Flushing of the sewer lines on Bellamy and McCallum were approved.
- \* Winter hours for EPS Management Bylaw Services were set and the August 2013 Monthly report was read
- \* A review of the Town's Group Insurance was discussed
- \* Harley Harris has been hired as caretaker at the Skating Rink, lots of other job opportunities in The Heartbeat
- \* Terry Bodnarchuk has agreed to give the Town Men instruction in operating the grader, they will work on the West end of Poplar Drive
- \* Repairs and or replacement of the Town trucks was discussed
- \* Councillor John Herd and Mayor Shirley Ulvild will attend the 2013 Suma Meeting for the Northeast Region to be held at the Kerry Vicker Center in Melfort on Oct.11<sup>th</sup>
- \* Dean Braaten Water Plant Operator will attend the Water Treatment Disinfection Workshop on Oct.2<sup>nd</sup> 2013
- \* Councillor John Herd will sit on the Board of Directors for the TLC Daycare

Submitted by: Mayor, Shirley Ulvild

### BIRCH HILLS GOOD NEIGHBOURS

**Do you have a neighbour that goes out of their way to help others? Tell us about how great they really are... email birchhillsrec@sasktel or Box 280**

I would like to thank my good neighbour, Lyall Hunter in Waitville for clearing out the road to my cabin, the road was completely covered with huge trees blown over in a wind storm (upwards of 100 trees). Lyall did this unannounced, just a phone call when the job was done. This is a true neighbour, and I thank him that I can now drive in to my cabin.

Sincerely, Arvin Ulvild

I would like to thank several people for their thoughtfulness to me after my operation. Especially to my family Pam, John & Boys. Marie Madraga & Terry Kilden for all the rides they gave me. Everyone else that helped in any way. All the Get Well phone calls. It is so true...  
"A small town with a Big Heart" Marj Archibald

Thank you to Stella & Floyd Sorenson for daily visits, baking, dinners, taking me to appointments and fixing things when needed. Also to Edna Herd for many visits and baking. Both families have been so good to me.

Verna Blanchard

My good neighbours are Pastor Rod and Sharon Gabriel. They are very kind and helpful friends who have blessed me and many others with their prayers, love and kindness. As well as ministering in Glad Tidings Church, they minister in Birchview and Weldon Villa. They also have a beautiful yard and a wonderful garden of which they have given me some big tomatoes.

Inez Shilling

### A Smile and A Nod Brightens My Day

I wish to express my sincere thank you to the people in Birch Hills, who are so kind to me when I'm out walking. I often have someone open doors for me at the Post Office and other place in town. I receive waves, nods and friendly smiles from passers by in cars. This truly makes me feel grateful that I have so many friends, even though I don't know all their names. I want to thank Shirley Ulvild, our Mayor who works hard to beautify our town and is a real friend & neighbour. Always pleasant when helping me.

Also, I mention Lyle & Kathy Evans who take care of our Seniors housing units, our outdoor surroundings and come quickly when called in an emergency. Always with friendly smiles and cheerfulness. I am a very handicapped senior and it warms my heart when people are so kind to me. Thank you to all the people in Birch Hills. I feel truly blessed to live here.

Laila Opseth

## FLUTE and FIDDLE EVENTS

**Big Heart Harvest Dance** - October 12  
Audrey Neubuhr & Mindy Sjogren

**Halloween for Kids** - October 26th 12-4pm  
Free Kids Movie, Popcorn & Candy  
Children 10yrs> must be accompanied by adult

**Masquerade Ball** - October 26th 7:00-11:30pm  
Advance tickets \$10 / \$15 at door  
Featuring Marty Grambo

Check out [www.fluteandfiddle.ca](http://www.fluteandfiddle.ca)  
for more info



**GUITAR LESSONS** with Freddie Pelletier  
Appropriate for beginners or intermediate  
Tuesdays, 5pm (starts Oct 1-mid Dec)

at Pelletier's Farm Contact 749-2498  
for more info  
\$20 ea week.



## SASKATCHEWAN LIBRARY WEEK

October 15 - 22nd, 2013

**BIRCH HILLS LIBRARY** presents....

October 16 - Readings by Sask Children's author,  
Adele Dueck at the Birch Hills School

October 22 - Patron's Appreciation Coffee &  
Donuts 1:00 - 3:00pm @ the Library

## SKATING RINK NEWS

### JOB OPPORTUNITIES

**Canteen Manager & Workers** - Hours will vary due  
to applicants.

**LEASING OPPORTUNITIES** -If you are interested  
in leasing the canteen, please submit your proposal  
with rental expectations.  
contact Laurie 306-749-7451 (Box 280, Birch Hills  
S0J 0G0)

## BIRCH HILLS HIGHLIGHTS

### Court Massage Therapy by Mandi Court

Call or Text 960-0706

Mandi Court has been a registered massage therapist since  
2007 working in Birch Hills and Prince Albert. Mandi is  
now offering appointments out of her home in Birch Hills  
on Tuesdays and Thursdays.

Mandi offers therapeutic and relaxation type massages  
and is always looking for new clients.  
Receipts for insurance claims are available.



Awana Club started again on  
Tuesday nights at 6:45. It is for any  
kids ages 5-12 or K-grade 6. It is a  
ton of fun and the kids can earn  
prizes by learning Bible verses and lessons. Last week we  
had 40 kids out but there is still room for more!

### JOB OPPORTUNITY

Birch Hills Library seeking substitute for library.  
Contact Joanne if you are interested  
306-749-3281

### SALSA CLASSES



**CANCELLED—due to lack of commitment**  
(similar  
to Zumba)

@ Dance Centre Thursdays 6:30pm  
Must have minimum 10 participants for

### 3rd Annual Brrr Chills Winter Festival??

Are you wanting another festival?  
Should we skip a year? Does the week  
before the Feb school break work best?  
Do you have ideas and want to get involved?  
Watch for planning meeting in October.  
Feedback and participation is important to let  
organizers know what works and what doesn't.  
Contact Rec Office 749-7451



Deadlines for submissions for newsletter are the 10th and 25th of each month. Send entries to  
[birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net) or call 306-749-7451



## BIRCH HILLS LIBRARY NEWS

### Library Hours:

Tuesdays: 12 to 4 & 5 to 8 pm, Thursdays & Fridays: 12 to 4:30 pm

**StoryTime** Every Friday 1:00-1:45pm For kids 3yrs+



**Craft Corner....Watch for details**

## EVERY WEEK IN THE HILLS

### MONDAY

Bowling at the Senior Hall 2:00 pm Vel 749-3364

T.O.P.S. (take pounds off sensibly) 5-6pm at the Health Centre

Thimbles & Threads Sewing Club 6:30pm @ Birchview Melissa 749-3482



### TUESDAY

Karate 7:30pm St Louis Karate Club 422-8665

Library Open 12-4pm and 5-8pm

Community Booster Mtg 3rd Tues of the month Civic Centre 7:30-9pm

St Louis Karate 7-8pm Call 422-8665 or 749-7500

Crystal Springs Bingo 7:30pm

### WEDNESDAY

Line Dancing all welcome 9:30-11am at the Sr Centre

Thrift Shop Open at the Museum 9-4:00pm Great Deals!

Coffee & Sweets at the Museum 3:00 pm

### THURSDAY

Cribbage at the Senior Hall 2:00 pm Vel 749-3364

Library Open 12 - 4:30pm

Pathfinders Contact Audrey 749-2217

St Louis Karate 7-8pm Call 422-8665 or 749-7500

### FRIDAY

Lutheran Church Coffee Break 9:30-11am Bellamy & 4th St

Birch Hills Library Open 12-4:30pm **Story time** 1pm

Flute and Fiddle Steak Night & Open Mic 5-12am All Welcome



### SATURDAY / SUNDAY

**If you have something to add to this list, contact Laurie at 749-7451**

## SUNDAY WORSHIP SERVICES IN BIRCH HILLS



Birch Hills Community Church @ Civic Centre 11:00am

Birch Hills Lutheran Church @ 428 Bellamy Ave 11:30am

Birch Hills United Church @ 428 Bellamy Ave 9:30am  
(2nd & 4th Sundays of the month)

Glad Tidings Tabernacle (Pentecostal) @ 101 4th St 11am

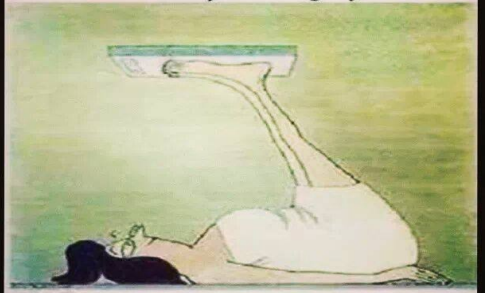
Lake Park Baptist Church @ Hwy 3 11:00am

Saron Lutheran Church near Hagen 9:30am

St Mary's Anglican Church @ 255 McCallum Ave 11:00am

St Anne's Roman Catholic Church @ 255 McCallum Ave 9:00am

The correct way to weigh yourself:



I can't believe I was doing it wrong all these years.



Funding Assists Recreational Activities in Birch Hills

## COMMUNITY COMMITTEE CONTACTS

### Senior Hall

Vel Bompais at 749-3364 Rentals

**Birch Hills Royal Cdn Legion**

Lyle Mohn 749-7927 Rentals

Marlene Lypchuk 749-2571 Member Info

### Lions Club



Bruce Tilford 749-7743

Todd Devenis 749-3425

**Birch Hills Historical Society**

Shirley Ulvild 749-2500

**Community Boosters**

Stewart & Louise Adams 749-3521

**Dreamland Optimist Club**

Stuart Matice 306-314-2378

**Community Garden**

Ann Woods 306-749-3237

'Like' our facebook page to get activity updates. Feel free to



add your own event or activity info

'Birch Hills Community & Recreation'

### Other Local pages:

Birch Hills Bargain Basement, Birch Hills Mamas, Birch Hills Dance Centre, Birch Hills Blackhawks, General Quarters Paintball, Flute and Fiddle, Birch Hills Community Garden, Birch Hills Sno-Posse, Clay Oven Café, Birch Hills Co-op, Partie Perks Rental Studio, KG Bar & Grill

'Like' these pages to become part of these groups activities events

### Birch Hills & District Recreation

Laurie Berube, Recreation Director  
Box 280 Birch Hills, SK S0J 0G0  
Fax: 306-749-2545  
E-mail: birchhillsrec@sasktel.net  
Text or call cell: 306-749-7451  
Facebook Page: 'Birch Hills Recreation'

Communities that play together,  
...grow together!



### BIRCH HILLS GOLF COURSE CORNER

Clubhouse is serving fresh, homemade lunches.

Call to Pre-Order 306-749-2211

**LAST GOLF DAY Oct 14th**

**FUNday Mondays** 2 for 1 round (until 5pm)

**LADIES GOLFING** Tues 9:30am & Wed 5:30pm

**MENS NIGHT** Tuesday 5:30pm

**Thirty Thursdays** 1 round of golf & cart for \$30

**THANKS FOR YOUR SUPPORT. SEE YOU NEXT SPRING**

**PAR FOR THE COURSE** Aviva Community Funding  
Iris Fjeld, on behalf of the Golf Course Clubhouse committee has sent in an application for funding to use towards our new clubhouse. **YOUR HELP IS NEEDED. Starting now!!**

On and after Sept 30 until Oct 14th your vote each day will help to show community support of this new project. All you have to do is hit this link below and vote for **Birch Hills 'Par for the Course'**  
**ACF17209** **More votes, means more chances to win.**

<http://www.avivacommunityfund.org/ideas/acf17209>

*You will need to register at first...give them your email and password...That's all. Then vote once or daily ...pass it on. Thanks*



Thank you to the Royal Canadian Legion #122 Birch Hills Branch for their generous donation towards the new play structure coming shortly!!!  
To be installed at the sports grounds. Watch for it

\*Thanks to Leon Pratchler at Brahma Insurance for the use of your sign for advertising community events. the Rec Dept

**Curling Rink AGM October 28th 7pm @ rink**  
Members, Players, Interested Parties welcome to attend

### CRAFT, BAKE & TRADE FAIR

Hi everyone in the Birch Hills Area! Once again the Birch Hills Community Boosters are hosting the Craft and Bake (as well as home-based business) Sale at the Civic Center on November 2nd. If you would like to book a table (\$20) please let me know ASAP. Either give me a call at 306-749-2784 or let me know here. Last year we were full and had a really good turn out so book early to hold your spot. The Daycare will be hosting the lunch counter.

So far we have...Javita Coffee Company, Tootsie, Partie Perks Rental Studio, Scentsy, 5th Avenue Jewelry, Watkins, Regal, Lisa Larson Photography, Stella & Dot, Norwex, Tupperware, Epicure, Laurie Anne's Linen & Lace, BCMac Music, and various craft tables.... who else???

### Birch Hills Upcoming Events

- Oct 2 - CIBC Walk for a Cure
  - Highschool Football Home Game 4pm
- 5 - All ages Just Try It, Paintball
  - Arnold Ganes Birthday Celebration
- 6 - Cowboy Church
- 10 - Highschool Football Home Game 4pm
- 7-11 - Combined Appeal Blitz
- 12 - Big Heart Harvest Dance F&F
- 15 - Community Booster Mtg
- 15-19 - Town Clean Up Week
- 16&17 - Town Office Closed for training
- 18 - Knitting Grannies starts up again
- 26 - Halloween for kids & adults F&F
- 28 - Curling Rink AGM
- Nov 2 - Craft, Bake & Trade Fair
- 9 - Hockey Day in Birch Hills
  - Dean Smith F&F
- 11 - Legion Remembrance Day Service
- 17 - Hockey Ref Clinic
- Dec 26 - Beauties Boxing Day Dance

### CHRISTMAS CAROLLING??

If there are any groups or individuals interested in carolling this upcoming Christmas Season, contact Laurie 749-7451



### VOLUNTEER OPPORTUNITIES

**Afterschool Programing Supervisor** - Each day Mon to Fri or one day a week. Could involve activities such as Curling, Skating, and other indoor/outdoor activity. Supervising Gr 5/6 leaders and mentoring youth to become future leaders.

**Girls Club Leader** - seeking someone to start a program at least once a week for girls 12yrs+.

Contact Laurie with Rec Dept 749-7451