

The **'Birch Hills Heartbeat'** newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Lake Country Co-op, Cornerstone Insurance, Grumpy's Confectionary, Quayles Pharmacy, and various other businesses downtown. Pick up your free copy and share with a friend.

Send your email address and request to be added to newsletter emailing list to

**[birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)**

**September 15th, 2017**



Greetings,

This the 150th issue of the Birch Hills Heartbeat!! Each issue has been free to the community thanks to the sponsors and donations of businesses and local residents. Thank you for your support and sending in your event and activity information. Our paper is not only local or provincial, it is emailed across Canada, into the USA and even over seas! That's pretty exciting for this little ole town paper.

Watch for updates on the Skating and Curling rink activities starting soon.

*Laurie Berube, Rec Director*

**Issue 150**

**SEPTEMBER** issues of this Birch Hills activity news letter was sponsored by:

**COURT MASSAGE THERAPY**  
**BIG BEND GUIDING & OUTFITTING**  
**BIRCH HILLS LIONS CLUB**

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/[birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net). The cost is \$100 by 3 sponsors (\$300/mos) for printing, advertising and ensuring that the newsletter stays free for everyone.

Want to get more involved in your community? Rec Volunteers needed for:

- \* Minor Hockey Coaches & Managers
- \* Helpers at Senior and Minor Hockey games
- \* Skating Club Board Members
- \* Board Members (at Large), seats available on the Skating Rink and Rec Board. Curling AGM in fall TBA

Other groups to get involved in:

- \* BH&D Historical Society (quilt making, thrift shop help, fundraising, museum events)
- \* Library Board, \* Birchview Auxiliary,
- \* Arts Group, \* Knitting Grannies,
- \* BH Optimist Club, Legion Club, Lions Club

Seeking Volunteers and ideas for Halloween, Christmas, Winter Festival etc. Contact the Rec Office for more information Laurie



Community Funding Assists our Rec Activities in Birch Hills

## BIRCH HILLS SCHOOL NEWS

### Marauders Football

- \* Sept 22nd Shellbrook vs BH (away) 7:00pm
- \* 28th Rosthern vs BH (away) 7:00pm
- \* Oct 5th BH vs Wawak (home) 3:30pm
- \* 12th Ahtahkakoop vs BH (away) 4:00pm



### Oct 5th Colour Run School Fundraiser (Turkey Trot)

- \* Kids will be coming around town shortly asking for pledges.
- \* Funds will be used to buy new lights for the gym and to help with SLC events, drama, sports, talent nights..etc.
- \* Everyone welcome on Oct 5th in the afternoon to come out and cheer on the kids as they run.

## ST MARY'S ANGLICAN CHURCH UPCOMING EVENTS

### Community Lunches:

Any community members are welcome to join us for soup, sandwich and treats

**Friday, Sept 15**

Free will offerings accepted (donations) but not necessary. Join us for lunch 1st and 3rd Friday of ea month.

**Next lunch Oct 6**



### Weldon Community Events

Raising funds for Weldon Auditorium Renos

**Paint Night** October 20th 7:30pm \$40

Register by Oct 15th w/ Brenda at 887-2038



### **Constant Reminder Dance**

Sat, October 14/17 8-12 pm

Weldon Auditorium

Tickets at the door \$15/per person cash bar

### **Fall Trade Show and Sale**

Saturday, Nov 25 10 am-2pm

Table rent \$20. Contact Brenda 887-2038

Lunch available.

### CRYSTAL SPRINGS COMMUNITY EVENTS

**Bingo:** Bingo in Crystal Springs Tuesdays 7:30pm  
Watch for info on upcoming Christmas Bingos

**Fall Brunch:** Sunday, Oct 29th, 10:00 am-12:30 pm

**Crystal Trade Show:** Saturday, November 4th

Call Lynn 864-8013

**Coffee Row:** Crystal Springs Rec Co-op Once a Month Coffee  
Row 2:00 to 4:00 P.M. Crystal Springs Hall

Next Date is: **Wednesday October 4<sup>th</sup>** Everyone is Welcome!

It is a wonderful opportunity for friends, neighbours and acquaintances to get together!

*The hall is available for rent. Contact Lynn 306-864-8013*

### **FALL SUPPERS**

**Brancepeth Fall Supper**

September 24th 5pm-7pm

Adults \$12. Children (age 6-12) \$6.00

Take Out/Field Meals Available.

**Kinistino Anglican Lutheran Church**

Roast Beef Supper

October 1st 5-7pm

Adults \$15 Ages 6-12 \$8, under 6 free

At the Kinistino Legion Hall

**Weldon Oct 28th**

**Crystal Springs Brunch Oct 29th**

**Meskanaw Nov 5th**

**Dormremy Nov 12th**

(Thank you Shirley  
Ulvild for gathering  
these dates up ea year)

### ST LOUIS COMMUNITY EVENTS

**River Road Festival** Sept 14-16th entertainment, workshops,  
vendors market, camping & more, Find them on Facebook for  
more info

**Comedy Hypnotist & Dance** w/ Corrie J

Sat Nov 11, 2 shows 2pm family show, 7:30 evening show &  
dance. @ Community Hall Tickets call 930-3698 / 960-4435

### **BOUQUET OF THANKS**

The Golf Course Board (and members!!) want to thank the  
Birch Hills Coop for helping us with advertising our fundraising  
event and providing the BBQ and groceries! We especially want  
to thank the Manager of the Coop, Roy Sniden, his wife  
Yvonne and their son, Owen for assisting! Yvonne and Owen  
had just pulled into town to join Roy as new residents of Birch  
Hills and hadn't even had time to unload their truck!! A huge  
thank you AND welcome to our community!  
Thanks also to all who came out to purchase a burger!

### Venetian Connoisseur Cruise

November 10 - 23, 2017

This cruise starts and ends in Venice  
with visits to Split, Croatia;

Kotor, Montenegro; Santorini,  
Rhodes, Mytilene, Athens & Mykonos,  
Greece and Dubrovnik & Rijeka, Croatia  
on board the Pacific Princess.

Call Stewart or Louise Adams  
306/749-3521 for a brochure.

### **Birchview Nursing Home Sept Activities**

Sept 20th  
21st

**Job Mates Band  
Parking Lot Party**

Pulled Pork Supper \$12 ea 4:30-6:30pm  
Ralph Galamos Entertainment

27th  
29th

**Entertainment by Sylvia  
Seniors Bingo**

All are welcome to attend. 2:30pm start unless otherwise noted

A Special Thank you to all who donated and came out to the annual  
Birchview Farmers Market (Aug 30) We raised \$2800 for our  
residents recreational activities!!



## Birch Hills LIBRARY News



### Summer Reading Program

**Most Books Read**– Jillana Friesen at a whopping 84 books, well deserved.

**Random Draw**– Alivia Gaudet who read 65 books. Good job! They both win a \$25 gift certificate to Cineplex, Congratulations! Your prize is waiting for you at the library

**STORY TIME** Fridays w/ Ms Joanne. Starts Oct 6th!

Join us each Friday at 1:00pm For ages 3 & 4

Library Hours: Tues 12-4/5-8 and Thurs/Fri 12-4



### 90<sup>th</sup> Birthday Tea for Genevieve (Heffernan) Thompson!

Genevieve's children are hosting a 90<sup>th</sup> birthday celebration for her on Sunday, October 1<sup>st</sup>, from 2-4 p.m. The tea will be held at Our Lady of Consolation Catholic Church, 104 Crawford Ave. W., in Melfort.

Please, no gifts; just join us to wish Genevieve a happy birthday and have a visit with long-time friends!

### Birch Hills Community Fall trade Show

Saturday, November 18, 2017

10:00am – 2:00 pm Birch Hills Civic Centre

Tables \$25 ea, Set up 8:30am

Lunch provided by the BH Guiding Association. Table must be prepaid prior to trade show.

Mail payments to Box 586, BH, SK S0J 0G0 or call 306-749-2217 or text 306-961-9199 to register

## KNITTING GRANNIES



Five years have passed since a group of Birch Hills ladies gathered and formed the "Knitting Grannies" in 2012. Beginning in the Seniors' Hall they soon out grew the available storage space, and so arrangements were made with the museum that they could meet there on the second and fourth Tuesday of the month with space available to store their supplies.

The group now has 7 regular members and 9 more that come when they can.

Socializing and coffee breaks are a part of this group as they fill a real need in the community. They are looking for people who knit or crochet (or would like to learn) and are of like mind to join their group ---could it be you??

For more information phone Shirley 749-3233 or Faye 749-2952 or Marilyn 749-2286



The Cory Braaten family would like so a huge thank you to all who supported the golf tournament over the 10 years.

Thank you to those who donated for our prize tables. Thank you to the participants and those who visited while we hosted the tournament. Cory loved the game of Golf and would be proud of what we have done since he passed.

The scholarship will be given out in Cory Braaten's name to a student entering into school for a trade, till his daughter graduates.

Thank you, Cory Braaten Family

### YOGA in Birch Hills

Instructor Megan Pashak

Runs for six weeks from Sept 11-Oct 17th

Monday 7:15-8:15pm

Tuesday 9:30-10:30am and 8-9pm

At Birch Hills Dance Centre (basement)

6 Classes \$75.00 Drop in \$15 (if there are spots available) For more info

Email pashprojects@outlook.com or to register.



### MANE EVENT

Costumes & Cocktails Hallowe'en

October 28th

8:00pm \$10 cover prizes for best dressed

October 6th – Karaoke \$5 cover charge

Book the Hall for birthdays, anniversaries, reunions, etc.

Call / Text Kristy 306-749-7405



**REFEREE CLINIC** in Birch Hills Sunday, Nov 5, 2017 9-3:30pm  
Make some extra \$\$ during the winter. Adults & Youth are invited to register with SHA for the ref clinic. For more information or to register, contact Trent Cey at TrentC@sha.sk.ca.



### LADIES ANNUAL HARVEST FUN GOLF TOURNEY

Wednesday, September 6 the Birch Hills Ladies Golf Club hosted our annual Harvest Texas Scramble. This year we were fortunate enough to have THE most perfect golfing day and it was a good thing as we had 100 ladies on the fairway. We knew that it would be a little slow on the course so tried to have a few extras that would assist our guests in the passage of time at some of the predicted congested areas. Al Harper served up some haskap juice supplied by Northern Light Orchards, as well as sour cherry juice supplied by LA Tours. On another hole Ray Stangeland served the golfers a rhubarb punch prepared by Gaylene Cooke. These seemed to be appreciated on this sunny warm day.

On the putting green Murray Gordon conducted the putting contest. We offered 3 balls and 3 holes for the girls to show off their skills. For every putt made a ticket was distributed. The winner was then drawn out of the hat winning 50% of the take. Stewart Adams provided the beverage cart services throughout the afternoon. We thank these men for volunteering their time and energy to our tourney,,,though truth be told, they all seemed to really enjoy spending the day with all of us women. On every hole there was some form of a contest, such as longest drives, not the longest drive, closest to the line, closest to the pin, longest putt, as well as acknowledging those that had the misfortune of landing in water or bushes.

A pulled pork bun lunch was served by our capable clubhouse staff organized by Jamie Tilford.

We would like to sincerely thank the following for their generous donations to our prize table:

Shirley Lowe (Mary Kay),	Town of Birch Hills	Lake Country Co-op Birch Hills Branch
Cornerstone Insurance	LA Tours	Quayle Pharmacy
Cervus Equipment Prince Albert	Tomtene Seed Farm	Birch Hills Golf Course
Crop Production Services Birch Hills		Affinity Credit Union Birch Hills Branch

Once Again, as every year, our members of the Ladies Club outdid themselves providing a unique variety of home canning, baskets of vegetables and fruits, baking, crafts, honey and wine for the prize table. Everyone went home with something.

There were many compliments on the condition of our golf course, thanks to Ed Fusik and his grounds keeping staff. We are so fortunate to have such a beautiful facility in our community with such dedicated staff and board of directors. Thank you to everyone that helped make this tournament such a success.

Sandra Barber, VP



A huge thanks to Roy and the Coop staff for allowing Marauders Athletics to host a barbeque on September 8<sup>th</sup>. The Coop store was very accommodating to our team. Thanks to the community for supporting our extracurricular programs. The turnout was amazing. Also thanks to the coaches, Mr. Rolfes, Mr. Morrison and Mrs. Morrison for their hard work. See everyone at the next home game against

Wakaw, Thursday October 5<sup>th</sup> at 4:00



### BOUQUET OF THANKS

From Bob McRury.  
He would like to send out a heartfelt thank you those who visited and helped support him through his recent health issues. He is home now and recovering well.

### REGISTRATIONS DATES HAVE PASSED, BUT YOU MAY NOT BE TOO LATE... CALL TODAY!



MINOR HOCKEY - Contact Tanya for more info (981-3538) Boys & Girls can register  
**SKATING CLUB** Can-Skate & Star Skate SEEKING parents or helpers to plan and organize the Skate Club contact Amanda 306-930-5358 Email: amandarosteski@gmail.com

**Sparks, Brownies, Guides, Pathfinders and/or Rangers** - For Ages 5 - 17yrs  
For more info call Audrey 749-2217



DANCE CENTRE NEWS - Jazz, Tap, Ballet, Lyrical, Hip Hop & Modern, and more

Contact [bhdc@sasktel.net](mailto:bhdc@sasktel.net) for more info or to register for classes!

**PRE-SCHOOL** - Contact Lisa 749-3137 or Jody 749-2943

## BIRCH HILLS & AREA BUSINESS HIGHLIGHTS and NEWSLETTER SPONSORS

### COURT MASSAGE THERAPY

in Birch Hills

Mandi Court, Registered Massage Therapist  
with 10 years experience



Now booking appointments  
for both relaxation and  
deep tissue therapeutic  
massage.

Receipts issued for health insurance plans.

Call or Text 306-960-0706 to book an appointment.

*Refer 4 friends to receive a free one hour massage*

### BIG BEND OUTFITTING

306-749-2435

Reg & Tanis Quaale and Dale & Karen Pratt  
would like to thank all the farmers for their support

We are a Guiding and Outfitting business for Waterfowl  
around the area of Birch Hills, Saskatchewan.

Big Bend Outfitters caters to hunters world wide with  
our majority of Clients being from the  
United States.

We look forward to return Clients and  
open our doors to all new interested  
parties.



### Birch Hills Lions Club

Greetings Birch Hills and District,  
First off; The Birch Hills & District Lions Club would like to  
thank all persons that attended the Spaghetti Supper and Silent Auction  
in June. It was a huge success being one of the highest profit years on  
record for this annual function. This would not be possible without  
the continued backing of our community supporting this event.  
We would also like to thank Scotiabank for their support with this  
project as well! All profits from this event will be put towards ongoing  
community initiatives.

Birch Hills and District Lions Club will be continuing to hold community events. Stay tuned for upcoming  
events this fall and in the New Year.

**Next meeting September 28 @ 7:30 p.m. at the Birch Hills Curling Rink.**

Birch Hills and District Lions Club is always looking for members with new ideas to help improve our already  
successful club. Young or old; New or previous members; all are welcome to attend meetings and become  
members of one of the most successful International Organizations in the world. If you would like to make a  
difference in our community feel free to contact one of our Membership Chairpersons: *Lion Austin Pocha*  
(749-7408) or *Lion Bruce Tilford* (749-7743)

### 2017 Lions Club Executive

President - Jeffrey Pratt 960-2370  
Vice-Pres - Todd Devenis 749-7726  
Secretary - Brendan Doderai 314-2328  
Treasurer - Brock Tilford 749-7708  
Rentals - Chris Braaten 749-7119

### Membership Chairpersons:

Austin Pocha - 749-7408  
Bruce Tilford - 749-7743

*Lion Jeff Pratt, President, BH&D Lions Club*

### Karaoke Pub Night

Friday, October 6th

6:00pm - 1:00am

\$5 cover charge

Supper available for  
purchase

@ Mane Event  
Downtown Birch Hills

Hosts: Jamie, Lea, Vince



Transwest Air, and RYSC Youth Centre hosting

### Helicopter Shoe Drop and Sneaker Scramble

Due to fires, this event has been postponed. Shoes are still  
for sale at the Youth Centre, downtown. Stay tuned and  
watch facebook or next paper for future details.

All proceeds to a Skatepark Camp Gazebo  
& washrooms.

Sponsored by ScotiaBank and Propoganda





Laurie Berube,  
Recreation Director  
Box 280, Birch Hills, SK  
S0J 0G0

Office Located at: 146 Bellamy Ave  
Office Hours Mon, Wed, Thurs 9am-12pm  
General Hours M-F 9am-4pm text or call  
Cell: 306-749-7451 or  
E-mail: birchhillsrec@sasktel.net  
Facebook Page: 'Town of Birch Hills  
Community & Recreation'  
Town Website: www.birchhills.ca



Book Tee Times at Clubhouse 306-749-2211  
Check us on Facebook (*Birch Hills SK Golf Course*)

Monday and Fridays - 2 fore 1 golf (\$20 for 2 golfers/9holes)



Clubhouse Clothing 15% off (members are 25% off)  
starting Sept 15 till end of season

Tentative Men's Club Windup Sunday, October 1st.  
Watch for details on facebook and posters around town.



## MYSTERY LUNCH

For Golf Board Members  
and spouses/families

Saturday, October 14th

12:00pm

\$5 per person



Sign up by  
Wed, Oct 11

## Donkey Cup Golf Open

3 clubs only

(2 clubs and a putter)

2 - person scramble

Saturday September 23rd

\$70 ea includes supper & golf

Contact Brett Honish  
960-0114 for more  
info or to register.



## Upcoming Events

- Sept 15 - St Mary's Community Luncheon
- 14-16 - St Louis River Road Festival
- 21 - Birchview Parking Lot Party
- 23 - Donkey Cup Open Golf Tourney
- 24 - Brancepeth Fall Supper
- Oct 1 - Genevieve (Heffernan) Thompson Bday Tea
  - Men's Golf Club Windup (tentative)
  - Kinistino Fall Supper
- 5 - Highschool Football home game
  - School Colour Run
- 6 - No school classes
  - St Mary's Community Luncheon
- 9 - Thanksgiving Holiday
- 14 - Weldon Dance
  - Golf Clubhouse Mystery Lunch
- 20 - St Marys Community Luncheon
  - Weldon Paint Night
- 25 - Weldon Fall Trade Show
- 28 - Costumes & Cocktails Hallowe'en
  - Weldon Fall Supper
- 29 - Crystal Springs Fall Brunch
- 31 - Hallowe'en Costumes & Cocktails
- Nov 3 - United Church Western Night
  - St Mary's Community Luncheon
- 4 - Crystal Springs Fall Trade Show
- 5 - Hockey Referee Clinic SHA
  - Meskenaw Fall Supper
- 11 - St Louis Comedy Hypnotist & Dance
- 12 - Dormremy Fall Supper
- 17 - St Marys Community Luncheon
- 18 - Birch Hills Fall Trade Show

## SKATING RINK NEWS

We are planning to start the ice plant early this season. If all goes well, we can start booking ice as soon as October 10th!! If you are interested in joining a hockey team this year, feel free to contact the following:

Mens Rec Hockey:	Hawkeyes	Elston	961-2842
	Goosers	Mitch	749-7978
Ladies Rec hockey:	Barracudas	Carole	749-7446
Minor Hockey:	IP - Midget	Tanya	981-3538
Skating Club	Star & CanSkate	Amanda	930-5358

The Farm Field Project fundraiser for the Skating Rink is happening again for the 7th year now. Thanks to local producers, donations and helpers, this project has helped to pay for our many upgrades and repairs over the past few years. If you are a farmer and can help with swathing, trucking, combining and possibly storing, please contact Matt Njaa 749-7010 or the Rec Office.

This fundraiser is very beneficial and helps to keep rinks running in our town. Thanks to those who have helped in the past

## BIRCH HILLS UNITED CHURCH NEWS

Regular worship services are held the second and fourth Sunday of the month at 9:30 a.m. Everyone is welcome.

A Western Night with food, fun & entertainment is being planned for Friday, November 3 at the Brancepeth Hall. Tickets will be available soon.

The Birch Hills United Church Women will again host an ecumenical service for Fellowship of the Least Coin in November. Everyone is invited to save their "least" coin (nickels) and bring them to the service. All money received will then be forwarded to the Women's Inter-Church Council of Canada to help with their many projects in Canada and around the world

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www.martybucella.com



"I know the kids don't like you and pick on you, but you have to go to school...you're the teacher."