

The **'Birch Hills Heartbeat'** newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Lake Country Co-op, Cornerstone Insurance, Grumpy's Confectionary, Quayles Pharmacy, and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to **birchhillsrec@sasktel.net**

September 1st, 2017

Issue 149



Greetings,

A warm welcome back to our teachers, students and support staff of the BH School. May you have a creative, energetic and fun year.

There is still time to hit the greens at the golf course or driving range. Thanks to those that came out for the Adult/Jr open golf last weekend. We will try that again next year. Have a great couple of weeks.

Laurie Berube, Rec Director

**Lake Country Co-op
@ Birch Hills
GRAND RE-OPENING**

Friday, September 1st

Community BBQ 11-2
Proceeds to the Birch Hills Golf Course Clubhouse

IN-STORE DRAWS

FREE Small Coffee

DEALS EXCLUSIVE TO OUR IN BIRCH HILLS STORE!

Wilson Street, Birch Hills



**Friday, Sept. 8 BBQ for the
Marauders Football Team
4:30-6:30pm beside the Co-op store**

SEPTEMBER issues of this Birch Hills activity news letter was sponsored by:

**COURT MASSAGE THERAPY
BIG BEND GUIDING & OUTFITTING
BIRCH HILLS LIONS CLUB**

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/birchhillsrec@sasktel.net. The cost is \$100 by 3 sponsors (\$300/mos) for printing, advertising and ensuring that the newsletter stays free for everyone.

ST MARY'S ANGLICAN CHURCH UPCOMING EVENTS

Community Lunches:

All community members are welcome to join us for lunch

Friday, Sept 15;

Free will offerings accepted (donations)

Next Dates

Fri, Oct 20; Nov 17 and Fri, Dec 15.



TOWN NOTICE - Accepting Proposals

Sale of 2003 Dodge Caravan

Edna Herd recently moved away and generously donated her van to be sold with the proceeds to be donated to the Multi-use Facility. Her vehicle has been well taken care of and the engine has recently been overhauled.

If you are interested in submitting an offer, please have your closed tender delivered to the Town Office by 4:00pm on Wednesday, September 13, 2017.

If you would like to have a look at the vehicle, please contact the town office at 306-749-2232 to arrange a time.

BIRCH HILLS MINOR HOCKEY REGISTRATION

Wednesday, September 6th

6:00 - 8:00pm

At Skating Arena

Boys & Girls Hockey

Division	Age	Year of Birth	Hockey Fee
Initiation	5&6	2011 or 2012	\$250
Novice	7&8	2009 or 2010	\$350
Atom	9&10	2007 or 2008	\$400
PeeWee	11&12	2005 or 2006	\$450
Bantam	13&14	2003 or 2004	\$500
Midget	15-17	2000, 2001, 2002	\$500

Volunteer **coaches & managers** are needed. Contact Jaesen at 306-749-7770 if you are interested.

Adult & Youth **Referee Clinics** coming to Birch Hills. Nov 5th. Keep fit and earn some extra \$\$ this winter

Vili and Judy would like to extend a huge thank you to each one in the Birch Hill Community. As we prepare to leave for Malawi, Africa after 10 years here (this time) we are so grateful to have had such a great community to be a part of. Keep up the community spirit.



The Bati's
(thank you both for all that you have done for this community! We wish you well)

KNITTING GRANNIES

Five years have passed since a group of Birch Hills ladies gathered and formed the "Knitting Grannies" in 2012. Beginning in the Seniors' Hall they soon out grew the available storage space, and so arrangements were made with the museum that they could meet there on the second and fourth Tuesday of the month with space available to store their supplies. The group now has 7 regular members and 9 more that come when they can.



A very ambitious effort has seen comfort shawls delivered to Care Homes including Birch Hills, Duck Lake, Rosthern, Shellbrook, Weldon, Melfort, St. Brieux, Tisdale, Smeaton and Nipawin. Shirley Lyons and Faye Erikson seek out the needs which also include items for local individuals.

Mitts and toques are also very popular items. They have been delivered to elementary schools in Birch Hills, Muskoday and Prince Albert, to the Birch Hills Day Care, the Birch Hills Ministerial Assoc. for their Christmas hampers, the Prince Albert Women's Shelter, the Prince Albert Children's Haven and the Prince Albert Addiction Centre.

As the ladies settle into their fall schedule they will deliver the items they have ready to go to the P.A. Group Home, chemo hats to the Vic Hospital, as well as stuffed knitted toys and small "Lovey" blankets to the Vic Hospital's Ronald McDonald Family Room.

Socializing and coffee breaks are a part of this group as they fill a real need in the community. They are looking for people who knit or crochet (or would like to learn) and are of like mind to join their group ---could it be you??

For more information phone Shirley 749-3233 or Faye 749-2952 or Marilyn 749-2286



A HUGE thanks to the community for supporting the (can) tabs collection for kids with cancer. Last drop off day will be Sept 2nd at the Birch Hills Co-op

Shirley Graupe

CRYSTAL SPRINGS EVENTS

Bingo: Bingo in Crystal Springs Tuesdays 7:30pm

Mark your calendars:

Fall Brunch: Sunday, Oct 29th, 10:00 am-12:30 pm

Crystal Trade Show: Saturday, November 4th

Coffee Row: Crystal Springs Rec Co-op Once a Month Coffee Row will resume in September. 2:00 to 4:00 P.M.

Next Date is: **Wednesday September 6th** Crystal Springs Hall

ST LOUIS EVENTS

River Road Festival Sept 14-16th entertainment, workshops, vendors market, camping & more, Find them on Facebook for more info

Comedy Hypnotist & Dance w/ Corrie J

Sat Nov 11, 2 shows 2pm family show, 7:30 evening show & dance. @ Community Hall Tickets call 930-3698 / 960-4435

Farmers Market in Birch Hills

Fridays 9:30 - 5:30pm
(or until products sell out) Downtown Birch Hills beside post office.

Winding River Colony fresh eggs, chicken, homemade pies, crafts, jams & other delights.



WHERE TO EAT in BIRCH HILLS

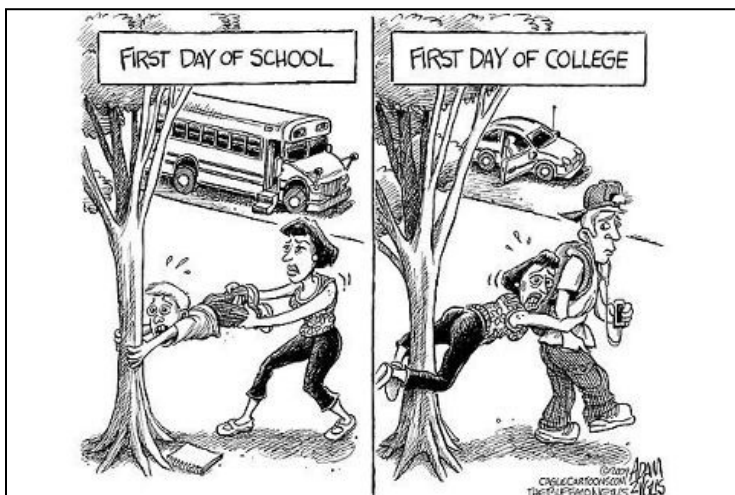
Field Meals on the Go! Available at the Birch Hills Golf Course, Birch Tree Café, KG Hotel, Lake Country Co-op, or Wongs Chinese

BIRCH TREE CAFÉ: Pizza Summer Special still on!

13" Pizzas \$17.95 for pick up only Call 749-2223

BIRCH HILLS CLUBHOUSE: Pre-order homemade prepared meals for lunch or suppers Call 749-2211

KG Bar Specials for Sept: Sept 1st Fish Fry, Wed Wings Takeout call 749-2252



90th Birthday Tea for Genevieve (Heffernan) Thompson!

Genevieve's children are hosting a 90th birthday celebration for her on Sunday, October 1st, from 2-4 p.m.

The tea will be held at Our Lady of Consolation Catholic Church, 104 Crawford Ave. W., in Melfort.

Please, no gifts; just join us to wish Genevieve a happy birthday and have a visit with long-time friends!

Birch Hills Community Fall trade Show

Saturday, November 18, 2017

10:00am — 2:00 pm Birch Hills Civic Centre

Tables \$25 ea, Set up 8:30am

Lunch provided by the BH Guiding Association. Table must be prepaid prior to trade show.

Mail payments to Box 586, BH, SK S0J 0G0 or call 306-749-2217 or text 306-961-9199 to register



MANE EVENT

Costumes & Cocktails Hallowe'en

October 28th

8:00pm \$10 cover prizes for best dressed

Book the Hall for birthdays, anniversaries, reunions, etc.

Call / Text Kristy 306-749-7405



Funding available for kids activities. Pls don't allow finances to stop your child from participating. Apply on-line or contact your Rec Director for more information.



JumpStart.canadaintire.ca

Creative Kids: creativekidssask.ca

Kids Sport: kidsportcanada.ca



Other funding provided through SaskCulture, SaskSport.



Anyone or non-profit group interested in discussing funding for a community event, activity, or new initiative, can contact the Rec Office for more information. 306-749-7451 or email birchhillsrec@sasktel.net



Community Funding Assists our Rec Activities in Birch Hills

BIRCH HILLS SCHOOL NEWS

Sept 5th Classes begin

Oct 6th No classes

9th Thanksgiving Holiday



Marauders Football

Sept 14th BH vs Big River (home) 4:00pm

22nd Shellbrook vs BH (away) 7:00pm

28th Rosthern vs BH (away) 7:00pm

Oct 5th BH vs Wakaw (home) 4:00pm

12th Ahtakakoop vs BH (away) 4:00pm

Birch Hills Dance Centre

Birch Hills Dance Centre: there is still on-line registration or phone or text 749-7019. Classes begin the week of Sept. 11. Email bhdc@sasktel.net Online www.birchhillsdancecentre.net



REFEREE CLINIC in Birch Hills Sunday, Nov 5, 2017 9-3:30pm
Make some extra \$\$ during the winter. Adults & Youth are invited to register with SHA for the ref clinic. For more information or to register, contact Trent Cey at TrentC@sha.sk.ca.



Birch Hills SUMMER PLAYGROUND PROGRAM

That's a wrap for this year!

Thank you to *Taylor Mitchell, Megan Thompson and Matthew Hood* for leading our kids through a summer of fun activities. We wish you all the best in your upcoming school year..

Thanks to grants & donations this program continues to be free to all kids 5-12yrs!

Local Sponsors for 2017 program were: S&A Njaa, Evert Whelan, Beth Rude, J&S Carrier, B&J Evans, Birch Hills Optimist Club, BH & Area Health Foundation and Turquoise Tree Counselling & Wellness for your generous donations towards this years program.

Corporate Sponsors: Sask Lotteries Community Grant Program, Student Summer Works, CIF Employment Grant and Canada Summer Jobs

To the community...

With deep appreciation from Betty and family for all your support, kind words and deeds following Larry's sudden passing. He loved our community and loved being a part of it..

Betty Strand and family

Spark, Brownie, Guide, Pathfinder Registration

Tuesday September 12th

6:30pm - 7:30pm

Birch Hills Lutheran Church

For more information please call Audrey at 306-749-2217.



KARATE Registration!

St. Louis Karate Club is commencing with their fall training sessions on Thursday, September 7th at 7 pm.

Anyone interested or would like further information about Karate in St. Louis or in Saskatchewan just call or text 981-3810, or email us at

st.louis.jka@sasktel.net,

or visit our provincial website at

www.saskshotokankarate.ca.



GREAT NEWS!!!

Can & StarSkate is returning

The Birch Hills skating club would like to welcome Kerstin Budnick as our CanSkate and StarSkate coach she has skated with the BH skating club since she was 4 years old and we are very excited to have her as our coach. We can't wait for the skating season to begin!

**Registration Night @ arena lobby
September 7th from 5:30pm to 7:00pm.**

If you are unable to attend registration night you can always email me at amanda.rosteski@gmail.com or text 306-930-5358. For those of you who have already registered I will be sending out an email the beginning of Sept for confirmation.

Birch Hills Community PreSchool Registration Night

Tuesday, September 5th, 2017

7pm at the BH School Library Classes begin Sept 11.

3 year olds Wednesdays 9-11am \$315

4 year olds Monday/Thursday 9-11:30

Tuesday/Thursday 9-11:30 \$630

Payment Options available. Contact Lisa 749-3137 or Jody 749-2843



Constant Reminder Dance

Sat, October 14/17 8-12 pm

Weldon Auditorium

Tickets at the door \$15/per person

Cash bar

Proceeds to Weldon Auditorium Renos.

Weldon Fall Trade Show and Sale

Saturday, Nov 25

10 am-2pm

Table rent \$20. Contact Brenda 887-2038

Lunch available.

Proceeds to Weldon Auditorium Renos.



Co-ed Rec Slow Pitch League

Thank you to all the teams and spectators that came out on Tuesday evenings for some fresh air, exercise and friendship. Thanks to the KG for hosting after ball specials. We look forward to next year.

League Standings 5 years in a row **1st Pecan Sandies**
2nd Balls Deep **3rd Red Dogs**, **4th YankDeez**

Watch for details of 'Snow-Pitch Tourney' winter event



RECYCLE

Please Share Newsletter with a friend Send request to birchhillsrec@sasktel.net to receive the news letter online

BIRCH HILLS & AREA BUSINESS HIGHLIGHTS and NEWSLETTER SPONSORS

COURT MASSAGE THERAPY

in Birch Hills

Mandi Court, Registered Massage Therapist
with 10 years experience



Now booking appointments
for both relaxation and
deep tissue therapeutic
massage.

Receipts issued for health insurance plans.

Call or Text 306-960-0706 to book an appointment.

Refer 4 friends to receive a free one hour massage

BIG BEND OUTFITTING

306-749-2435

Reg & Tanis Quaale and Dale & Karen Pratt
would like to thank all the farmers for their support

We are a Guiding and Outfitting business for Waterfowl
around the area of Birch Hills, Saskatchewan.

Big Bend Outfitters caters to hunters world wide with
our majority of Clients being from the
United States.

We look forward to return Clients and
open our doors to all new interested
parties.



Birch Hills Lions Club

Greetings Birch Hills and District,

First off; The Birch Hills & District Lions Club would like to
thank all persons that attended the Spaghetti Supper and Silent Auction
in June. It was a huge success being one of the highest profit years on
record for this annual function. This would not be possible without
the continued backing of our community supporting this event.
We would also like to thank Scotiabank for their support with this
project as well! All profits from this event will be put towards ongoing
community initiatives.

Birch Hills and District Lions Club will be continuing to hold community events. Stay tuned for upcoming
events this fall and in the New Year.

Birch Hills and District Lions Club is always looking for members with new ideas to help improve our already
successful club. Young or old; New or previous members; all are welcome to attend meetings and become
members of one of the most successful International Organizations in the world. If you would like to make a
difference in our community feel free to contact one of our Membership Chairpersons: *Lion Austin Pocha*
(749-7408) or *Lion Bruce Tilford* (749-7743) or pop by the next meeting September 7 @ 7:30 p.m. at the Birch
Hills Curling Rink.

2017 Lions Club Executive

President - Jeffrey Pratt 960-2370
Vice-Pres - Todd Devenis 749-7726
Secretary - Brendan Doderai 314-2328
Treasurer - Brock Tilford 749-7708
Rentals - Chris Braaten 749-7119

Membership Chairpersons:

Austin Pocha - 749-7408
Bruce Tilford - 749-7743

Lion Jeff Pratt, President, Birch Hills & District Lions Club



BOUQUET OF THANKS!

A huge Thank You to **Gord Hood** for
his continued dedication to keeping
our sportsgrounds tidy, maintained
and repaired. Whether it be replacing
shingles, fixing water taps or fence posts,
repairing toilets or floors, trimming trees,
stacking firewood, painting, and anything
else that comes up, he's on it!! I appreciate
all you have helped me with over the years.

A community keeps growing together
because of volunteers like you !!
Laurie Berube

Transwest Air, and RYSC Youth Centre hosting

Helicopter Shoe Drop and Sneaker Scramble

Due to fires, this event has been postponed. Shoes are still
for sale at the Youth Centre, downtown. Stay tuned and
watch facebook or next paper for future details.

All proceeds to a Skatepark Camp Gazebo
& washrooms.

Sponsored by ScotiaBank and Propoganda





Laurie Berube,
Recreation Director
Box 280, Birch Hills, SK
S0J 0G0

Office Located at: 146 Bellamy Ave
Office Hours Mon, Wed, Thurs 9am-12pm
General Hours M-F 9am-4pm text or call
Cell: 306-749-7451 or
E-mail: birchhillsrec@sasktel.net
Facebook Page: 'Town of Birch Hills
Community & Recreation'
Town Website: www.birchhills.ca



Book Tee Times at Clubhouse 306-749-2211
Check us on Facebook (*Birch Hills SK Golf Course*)

Monday and Fridays - 2 fore 1 golf (\$20 for 2 golfers/9holes)
Ladies Golf Tuesdays 9:30am & Wednesdays 5:30pm
Men's Night Thursdays Register 5:30pm Golf 6:00pm



HARVEST MEALS TO GO Call the Clubhouse 306-749-2211 to reserve
LUNCH SPECIALS DAILY MON-FRI
HOMEMADE CINNAMON BUNS SAT/SUN



Annual Ladies Harvest Fun Open Golf Tourney

Wednesday, September 6th
Texas Scramble.
Many prizes and
lunch included



Call today, this

BOOKED UP...again!!!
event fills up quickly!

Donkey Cup Golf Open

3 clubs only
(2 clubs and a putter)
2 - person scramble
Saturday September 23rd
\$70 ea includes supper & golf

Contact Brett Honish
960-0114 for more
info or to register.



Upcoming Events

- Sept 1 - Co-op Grand Re-Opening & BBQ
5 - Pre-school Registration Night
- FIRST DAY OF CLASSES
6 - Ladies Harvest Fun Golf Open
- Minor Hockey Registration
7 - Skating Club registrations
- Karate registration (St Louis)
8 - Co-op BBQ (Marauders football)
12 - Sparks, Brownies, Guides, Pathfinder Reg
14 - Highschool Football home game
15 - St Mary's Community Luncheon
14-16 - St Louis River Road Festival
23 - Donkey Cup Open Golf Tourney
Oct 1 - Genevieve (Heffernan) Thompson Bday Tea
5 - Highschool Football home game
6 - No school classes
9 - Thanksgiving Holiday
14 - Weldon Dance
20 - St Marys Community Luncheon
25 - Weldon Fall Trade Show
28 - Costumes & Cocktails Hallowe'en
29 - Crystal Springs Fall Brunch
31 - Hallowe'en Costumes & Cocktails
Nov 3 - United Church Western Night
4 - Crystal Springs Fall Trade Show
5 - Hockey Referee Clinic SHA
11 - St Louis Comedy Hypnotist & Dance

SKATING RINK NEWS



We are planning to start the ice plant early this season. If all goes well, we can start booking ice as soon as October 10th!! If you are interested in joining a hockey team this year, feel free to contact the following:

Mens Rec Hockey: Hawkeyes Elston 961-2842
Goosers Mitch 749-7978
Ladies Rec hockey: Barracudas Carole 749-7446
Minor Hockey: Registration Night Sept 6
Star & CanSkate: Registration Night Sept 7



The Farm Field Project fundraiser for the Skating Rink is happening again for the 7th year now. Thanks to local producers, donations and helpers, this project has helped to pay for our many upgrades and repairs over the past few years.

If you are a farmer and can help with swathing, trucking, combining and possibly storing, please contact Matt Njaa 749-7010 or the Rec Office.

This fundraiser is very beneficial and helps to keep rinks running in our town.

BIRCH HILLS UNITED CHURCH NEWS

Regular services are held the second and fourth Sundays of the month at 9:30 a.m. The next United Church service will be Sunday, Sept. 10. Watch for more information about our Western Night on November 3

YOGA in Birch Hills! 6 week session will be starting mid September. Both Flow and Yin style classes will be offered. Classes are suitable for all levels of Yoga. Please email pashprojects@outlook.com for schedule and questions.



Birch Hills Cowboy Church

@ Community Centre

1st Sun of each month

Next Service **Sunday, Sept 3rd 7:00pm**

Featuring Country Gospel Music with

Pastor Rick Martin (981-2235)

Potluck Cookies & Cake to follow

All are Welcome

