

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Brahma Insurance, Grumpy's Confectionary, Quayle Pharmacy, and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)

**September 1st, 2016**

**Issue 125**



Welcome back Birch Hills Students, Teachers and Support Staff. A warm welcome to new students and teachers. May you make good friends and memories here.

With fall, comes registrations for all kinds of sports, culture and recreational activities. And for all ages! Check through these pages and see. Talks and plans are happening for more Ladies Night Out's, volleyball, paintball, and more. If you have ideas and/or want to get involved, contact me. If your group has an event or activity open to the community, email me the information, so we can get the word out.

Any companies interested in advertising on a sign at the diamonds, golf holes for next year, on rink walls, boards or ice logos; as well as any sponsors for the newsletter for October and in the new year, contact me for more information.


Enjoy my favourite time of the year!

*Laurie Berube,*  
*Rec Director*

Birch Hills

Community Pre-School Registration  
**Thursday, September 1st** 7:00pm  
 Birch Hills School Library  
 Register your 3&4 year olds.  
 Any questions contact  
 Jody at 749-2843 or Lisa 749-3137

Sparks Brownies Guides Pathfinder  
 Ranger Information Night  
**Tuesday September 6th**  
 6:30pm - 7:30pm  
 BH Lutheran Church




For more info on becoming a member/ helper / leader contact Audrey @ 306-749-2217.

**SEPTEMBER** issues of the Birch Hills Community activity news letter was provided to you by:  
**ROSTAD TOURS,**  
**KEN & EDITH MELBY**  
**and SACK THE QUARTER**  
**BACK COMMITTEE**

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/ [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net). The cost is \$100 by 3 sponsors (\$300/mos) for printing, advertising and ensuring that the newsletter stays free for you & the community.

**Seeking Sponsors for Fall!!** Call the Rec Office Today...  
 Thank you for supporting your community with a free local paper.

BH Minor Hockey  
 and Skating Club  
**REGISTRATION NIGHT**

**Wednesday, September 7th**  
 6:00-7:00pm  
 Hockey Chair: Karla 306-749-7723  
 Skating Chair: Amanda 306-930-5358


**Minor Sports AGM**  
 7:00pm  
**Wed, Sept 7th**  
 at the Skating Arena

If you would like to be a part of keeping hockey and ball for youth in Birch Hills & area. Why not consider being a part of the action.

**ATTENTION BIRCH HILLS CO-OP MEMBERS**

Your equity from the dissolution of the Birch Hills Co-op will be paid on **September 7/16**.  
 In total \$1.2 million will be paid to members.

Cheques can be picked up from 8 am to 6 pm at the Birch Hills Co-op. Member must be present to pick up cheque, and identification is required. Note: Cheques not picked up will be mailed out.  
 Coffee & Donuts starting 8am  
 BBQ & Entertainment at the store from 4-6 pm. Proceeds going towards Arena Scoreclock  
 We hope to see you there!

*You're at home here.*  




### Explore Exotic *Indochina*

Travel date January 8-24th, 2017  
Visit Hanoi, Hue, Hoi An, Ho Chi Minh City,  
Siemens Reap and phnom Pennh



This all inclusive tour includes an overnight cruise on a Chinese junk, a visit to a kindergarten, cycle tour through Phnom Penh, a Vietnamese cooking class, Saigon River dinner cruise, Mekong River cruises in Vietnam and Cambodia, lunch in a local home, a trishaw ride through Hanoi's old quarter and so much more.

Call Stewart or Louise Adams @ 306-749-3521 for a brochure and current discounts.

\$300 deposit refundable for any reason until 90 days prior to departure.

### Sack the Quarterback Fundraising Committee

Over the years, many groups from our community have committed their time and energy to raise funds for various projects to benefit our children, our families, our school and our Town. Sometimes it has been difficult to come up with unique ideas to our area to raise funds - and often there are several groups running fundraisers at the same time.

Three local groups will be working together to raise funds for each of their worthwhile community projects. "CHASE THE ACE" Progressive Jackpot is becoming a popular and entertaining vehicle in which to raise funds for community needs. The BH Volunteer Fire Department, TLC Daycare and RYSC Youth Skatepark have taken this idea and given it a slight twist.....

**SACK THE QUARTERBACK** with the first draw Wednesday, Sept. 28.

Watch bulletin boards, Facebook and future issues of the Heartbeat for details.

The BH Volunteer Fire Department consists of over 20 members. They recently raised funds to replace their Command Unit and have now set a fundraising goal of \$12,000 to purchase new "Jaws of Life" which will enable them to safely and quickly extract victims trapped in newer vehicles.

TLC Daycare has 45 children from 6 months to 12 years in their care. They are fundraising to meet a \$15,000 goal to replace the aging and unsafe playground that was disposed of earlier this year to make way for a new, safe playground structure which meets current industry codes.

The park at top of Wilson Street, was built with RYSC Youth Group (BH Community Church) partnering with youth and parents in the community to provide a Skatepark, Basketball Court and Community Garden. In an effort to complete the Park, they have been working toward \$20,000 to complete the landscaping, an RC Dirt track and a Camp Gazebo to facilitate Park users and future community fundraisers and events.

**HOW IT WORKS:** Initially, SACK THE QUARTERBACK tickets will be sold several weeks in advance of the first draw to familiarize the community with the fundraiser. First draw will be held Wednesday, Sept. 28 and the winner will receive 20% of the ticket sales and a chance to draw the *Quarterback* card from a deck of Roughrider playing cards.... Winner must be there to draw the card or appoint someone to draw in their place. If the "*Quarterback*" card is drawn they will also receive the Progressive Prize starting at \$500. The Progressive Prize will continue to grow by 30% of weekly sales until won. After the initial draw, tickets will be sold every Wednesday from 5:30 - 7:30 pm ---tickets will be valid for date of purchase only. The draw for the weekly prize will be made at 7:45 pm with the winner drawing for the Progressive Prize immediately after. We are excited to work together on this fundraiser idea that has been so successful in many communities! We look forward to and appreciate your support!



Deadlines for submissions for newsletter are the 10th and 25th of each month.

Email info to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net) or call 306-749-7451.

## The BIRCH HILLS DANCE CENTRE NEWS



We are pleased to be offering classes for ages 3 and up. No previous dance experience is required to register. All levels of dancers are welcome!

We are very excited to start another successful dance season. Dance offers the chance to be active in a fun, interactive environment. Our instructors are committed to meeting each student's individual learning needs.

Classes begin the week of Sept.12 except Musical Theatre (Jan.)

### Classes offered:

- \* Pre-school Combination (ballet, jazz & tumbling ) Ages 3-5
- \* Little Boppers – Introduction to Hip Hop Ages 4 - 6
- \* Jazz, Ballet, Tap – Ages 5 and up
- \* Hip Hop– Ages 7 and up
- \* Lyrical/Contemporary Jazz Students must have 2 years jazz experience and currently be enrolled in regular season ballet and jazz classes.
- \* Modern– Students must have a minimum of 1 yr. dancing
- \* Pre-Pointe/Pointe Class– Ages 12 and up. Students must have a minimum of two years ballet experience and be enrolled in a regular season ballet class.
- \* Musical Theatre– Must be registered in regular dance class to register in Jan. 2017

Owner & Artistic Director is Erica Cochrane

### POP Pilates

POP Pilates is a total body, equipment-free workout that sculpts a rock solid core and a lean dancer's body like nothing else can.

Certified Instructor Bethany McKelvie will be instructing Thursday evenings. Cost is \$40 per month

### Adult Hip Hop

Wednesday evenings 8:30-9:15pm

Great, fun, work out and no experience required.

Cost is \$35+gst per month running September -April

### Drama class

is for ages 10 and up on Mondays from 6:45-7:30. Students participate in creating and acting in our Haunted House + Hallowe'en and a small dessert evening performance in February.



Fun class for those who want to try the acting side of the arts in a positive, fun environment



### Voice Lessons - Group lessons for ages 6 and up

For more info and/or to register:

[www.birchhillsdancecentre.net](http://www.birchhillsdancecentre.net) or phone Mary at 749-7019

(leave a message) or email [bhdc@sasktel.net](mailto:bhdc@sasktel.net)

## Birch Hills Community Boosters

### Fall Trade Show

Saturday November 12<sup>th</sup>, 2016

10:00 am to 2:00 pm

At the Civic Centre

Lunch served by the Birch Hills Guides and Brownies.

Tradeshow is Full!

**VENDORS:** If you have booked a table, pls send your cheque for \$20.00 to reserve your spot to  
Box 178, Birch Hills, SK S0J 0G0  
Set up time starts 8:30am

### KARATE REGISTRATION

Saskatchewan Karate College



Special (4 months)

Sept to Dec for \$200.00

Includes a free karate uniform (a \$60 value!)

For information or to register

call (306) 981-3810, or email

[st.louis.jka@sasktel.net](mailto:st.louis.jka@sasktel.net)

Visit our website at [www.saskikd.ca](http://www.saskikd.ca)

for a karate club near you

Open to men, women and children

### FARMERS MARKET

Downtown Birch Hills

**GOT LOTS!!** Share your extra garden goodies by leaving items on the table beside the post office.

If you can use the produce, it's yours!

Enjoy

Anyone is welcome to set up a table and be part of the market



Fridays 9:30 - 5:30 (ish)

Winding River Hutterite Colony will be bringing home made treats, garden produce, eggs, dairy, etc.

## 2016 Municipal Election Notice of call for Nominations

Nominations can be filed at the municipal administration office any time during regular office hours on September 6th to September 21st, 2016 and from 9:00 am to 4:00pm on **September 21, 2016**.

In accordance with Bylaw #7/16, a **criminal record check** must be included and form part of the nomination form submitted by the candidate. Nomination forms must be signed by at least 5 voters of the municipality.

Nomination forms may be obtained at the Town Office at 126 McCallum Avenue.

Please visit the Town Office for more information regarding the 2016 Municipal Election.

## BIRCH HILLS SUMMER PLAYGROUND PROGRAM

### *\*Last Call for Financial Donations\**

This year our Program was free thanks to grant funding and local resident supporters. If you would like to contribute to keep our program free for all kids to enjoy, Make cheques payable to the 'Town of Birch Hills' and mail to Box 280, BH SOJ OGO Attn: Laurie Berube  
*Donations are tax deductible*

**Much thanks to those that helped by donations or volunteering this year:**  
K&E Melby, S.Carrier, C.Neilson, N.Mitchell, Anonymous, E Hanson, T&D Tessier, S.Ulvild, J&V Bati, J.Bzdel, R.Mitchell, G.Vanderkoot, Grumpy's Confectionary, BH Golf Course, Museum, Fire Dept, and Library, Birchview Nursing Home, Mane Event Salon & Hall, Birch Tree Cafe and Affinity Credit Union

### WELCOME BACK MARAUDERS

#### Birch Hills High school Football

Sept 1st Away Hague exhibition game

Sept 15th Home vs Ahtahkakoop

Home Games start after 4:00pm  
behind the school, 2nd level.

Come Cheer on our Marauders!

BBO proceeds go towards the football team.



Please Share Paper with a friend or Send request to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net) to receive the news letter online

### COMING SOON...

**5th Annual Roughrider Theme Supper  
Thursday, November 10th**

### Notice of Call for Nominations RURAL MUNICIPALITY OF BIRCH HILLS NO. 460

PUBLIC NOTICE is hereby given that nominations of candidates for the office(s) of:

REEVE: Rural Municipality of Birch Hills No. 460

COUNCILLOR: Rural Municipality of Birch Hills No 460

DIVISION NO. 1

DIVISION NO. 3

DIVISION NO. 5

will be received by the undersigned on the 6<sup>th</sup> day of September, 2016, from 9:00 a.m. to 4:00 p.m. at the Municipal Office, during regular business hours to the 21<sup>st</sup> day of September, 2016 at 4:00 p.m. local time.

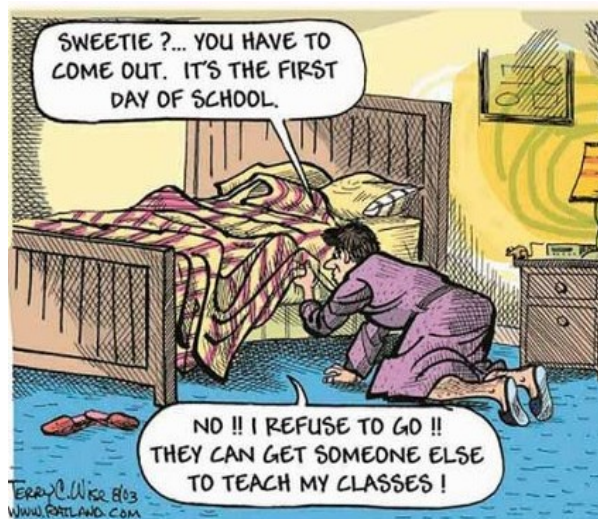
Nomination forms may be obtained from the municipal office located at 126 McCallum Avenue, Birch Hills, SK.

Dated this 6<sup>th</sup> day of September, 2016.

Lois Lange, Returning Officer

Spring Cleaning? Donate your **recyclable pop cans, bottles and juice cartons** to the Youth Centre or drop off by ramp at the back. We appreciate your support!

Canadian Tire Money can be donated at Drop Box at Post Office mailbox on their railing





### GOLF and CLUBHOUSE NEWS

Group take out Lunches and Homemade Field Suppers available upon request.  
Call 306-749-2211 to pre-order



#### Men's

**Golf:** Tuesday Evenings

Sept 6 & 13 Register 5:00pm: Tee off 5:30pm  
Sept 20 & 27 Register 4:30pm Tee off 5:00pm

**TIME CHANGE effective Sep 1<sup>st</sup>**

**Ladies Golf:** Tuesdays 9:30 am  
and Wednesdays 5:00pm



**Junior Tournament** - *pending interest*

Sunday, September 18th. Call 749-2211 to Register

**Donkey Cup Tournament** - 2 Person Best Ball

Saturday, October 1st 3 Clubs, 9 Holes, 1 Meal \$50/ea  
Call Clubhouse to register 749-2211

Clubhouse hours 7:00 am to sunset. The clubhouse may be closed on rain days - check Facebook or call **306-749-2211** to check our hours. On rain days we will be open at least from 7-10am.

### BIRCH HILLS JOB OPPORTUNITIES

The Birch Hills skating club is in search of a certified Canskate /Starskate coach starting November.

Our club has roughly 20 CanSkaters and 5 StarSkaters.

We run from November to March two days a week previously on Tuesdays and Thursdays 4:00pm to 6:30pm but we are open to discuss alternate dates & times if this doesn't work. If you are interested please contact Amanda at [Amanda.Rosteski@gmail.com](mailto:Amanda.Rosteski@gmail.com) or call 306-930-5358.



The Birch Hills Skating Arena is seeking Canteen Workers: Casual / Part-Time: evenings and some weekends. Shifts begin after school, (till 10pm max on week nights) students encouraged to apply. 16yrs+. Food Safety Certificate required. Previous experience with grills or deep fryers an asset. Training available Send resumes or letter of application to Birch Hills Rec Office Box 280. BH, SK S0J OGO Call/Text 306-749-7451 / Email [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)

#### The Birch Tree Café

Seeking morning serving staff (9:00 am-1:00 pm)  
See Lana at the Café if you're interested or call 749-2223

Birch Hills Ladies Golf Club  
Annual 4 person Harvest  
Fun Texas Scramble  
Wednesday, Sept 7th,



Tournament is Full  
Have fun Ladies!

Birch Hills Cowboy Church  
@ Community Centre  
1st Sun of each month  
Next Service

**Sunday, September 4th**  
**7:00pm**



Featuring Country Gospel Music with  
down home bible message with  
Pastor Rick Martin (981-2235)  
**Followed by potluck Cookies & Cake**  
All are Welcome

The Big Play Canadian  
**Tire JumpStart**

Funding program

For youth ages 4-18yrs  
Up to \$500/year /child

Applications first come-first served

Call 1-844-YES-PLAY or

Email [jumpstart@cantire.com](mailto:jumpstart@cantire.com)



### Museum & Thrift Store

Thrift Shop Open Wednesday 9am  
to 4pm Saturday 1-4 p.m.

Museum open 2-4 p.m. both days.

**HARVEST SPECIAL**

**All mens, ladies, childrens clothing**  
**\$0.50 each piece**

### FREE LITTLE LIBRARY

Take a book, Leave a book

@ 5 McCallum Avenue  
and TLC Daycare



Brought to Birch Hills by Kids First  
out of Prince Albert



Laurie Berube,  
Recreation Director

Box 280, Birch Hills, Sk S0J 0G0

Cell: 306-749-7451 text or call  
E-mail: birchhillsrec@sasktel.net  
Facebook Page: 'Town of Birch Hills  
Community & Recreation'  
Town Website: www.birchhills.ca

## ADULT SLOW PITCH LEAGUE

### PLAY-OFFS RESULTS



Pecan Sandies finish the league with a perfect record 8 wins - 0 losses. Finishing 2nd place is Pratt Plumbing. Red Dogs pull ahead to third place beating Second to None in the playoffs.

Thank you to all participants and spectators that come out to play. See you all next spring

### Seeking Those Interested in

a WALKING TRAIL - Next Mtg Sept 15th 7pm @ Civic Centre. Contact Dale for more info 960-4171

MINOR SPORTS - Ball & Hockey - AGM Sept 7th 7pm at the Skating Arena Lobby

a WINTER FESTIVAL in 2017

### CANADA DAY Celebration 2017

If you would like to help or sponsor any part of these committees, please contact Laurie at the Rec Office 749-7451 Plans will begin pending interest. Come forward with ideas.

Community Bridal Shower for  
**Jocelyn Evans & Tim Seibert**

Sunday, September 18, 2016

1:00 - 3:00 pm

at BH Lutheran Church

Guys & Gals Welcome!



### BIRCHVIEW HOME SEPT UPCOMING EVENTS

Wed, Sept 21<sup>st</sup> - Alzheimer's Coffee Break  
with the Job Mates Band 2:30pm



Pig Roast: Thursday, September 22<sup>nd</sup> 5:00-7:00pm

Birchview Home is having a Pig Roast during their Special Care Home Week. This fundraiser is for new dining room chairs for our residents. Pre-orders of suppers can be made for the farmers in the fields. Stay tuned, more details to follow

Mon, Sept 26<sup>th</sup> - The Gramps Entertainment 2:30pm

Everyone Welcome

### Birch Hills Upcoming Events

- Sept 1 - Back to School
  - Preschool Registration
- 4 - Cowboy Church
- 6 - Guides, Brownies, Pathfinder Registration
  - Town & RM Election Nominations Open
- 7 - Ladies Harvest Fun Golf Tourney : Full
  - Crystal Springs 1st Coffee Row
  - Co-op BBQ & Equity cheques
  - Registration Night Hockey & Skating
  - Minor Sports AGM
- 15 - Walking Trail Committee Mtg
- 18 - Evans & Seibert Bridal Shower
  - Jr Golf Tournament
- 22 - Birchview Home Pig Roast Fundraiser
- 25 - Brancepeth Fall Supper
- 28 - Sack the Quarter Back First Draw
- Oct 1 - Donkey Cup Golf Tourney
- 26 - Town & RM Council Elections
- 30 - Crystal Springs Fall Brunch
- Nov 5 - Crystal Springs Trade Show
- 7 - SHA Referee Clinic



Funding Assists Rec Activities in Birch Hills

### CRYSTAL SPRINGS NEWS

Fall Brunch Sunday, Oct 30th 10am-12:30pm

Bingo: Each Tuesday 7:30pm until December 13th...(the Christmas Bingo)

Tradeshaw Saturday, November 5th, 10-2pm

Coffee Row: The Crystal Springs Rec Co-op will be hosting a "coffee row" once monthly at their newly renovated facility at Crystal Springs Hall. It is a wonderful opportunity for friends, neighbours and acquaintances to get together!  
Wednesday September 7<sup>th</sup> 2.00 - 4:00 pm  
The hall is available for rent.  
Contact Lynn 306-864-8013