

TOWN OF BIRCH HILLS

HEARTBEAT

The 'Birch Hills Community Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Brahma Insurance, Quayle Pharmacy, and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

September 1st, 2014

Issue 77



Greetings teachers, students and even those vacationing residents who were lucky enough to spend the summer at the lake. Welcome back.

Drivers please remember the school zone on Wilson St (aka the highway) starts at the top of the hill by the skate park down by the Co-op Store.

There are several adult and children activity registrations coming up, so be sure to check through the paper to find the dates of your favorite activities.

Please contact me if you would be interested in becoming a part of the harvest team for the Skating Rink Farm Project, or helping with various small projects at the skating rink, including ice making beginning of October. As harvest begins, farmers take caution while working. Get plenty of rest, eat well and stay safe.

Cheers,

Laurie Berube, Rec Director

PRESCHOOL REGISTRATION NIGHT

Tuesday, September 2nd, 2013

@ Birch Hills School Library

7:00pm

Enroll your 3 and 4 year olds for games, crafts, stories, snack time, singing and learning opportunities!

For more information contact:

Lisa @ 749-3137 or

Jody @ 749-2843

Ladies Harvest *Fun, Fun, Fun*

Golf Tourney

Wed, September 3rd

9holes Texas Scramble

shotgun start at 10am

Registration w/ Muffins &

Coffee 9:00-9:45am

Cost is \$35, includes golf & lunch

Call Myrtle Brown 749-2652 to see if there is still room for you



SEPTEMBER issues of the Birch Hills Community activity newsletter was paid for you by:

Dan & Susan Slind

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/ birchhillsrec@sasktel.net.

The cost is \$100 ea sponsor (3/month) for printing, advertising and ensuring that the newsletter stays free for you & the community.

Thank you for supporting your local paper.

REGISTRATIONS

Minor Hockey

Sept 4, 2014

5-7pm @ the Skating Arena

Skating Club

September 11, 2014
(tentative)

Pre-School Sept 2nd

Dance Classes pg 2

Brownies, Girl Guides & Pathfinders pg 2

Yoga pg 3

Christmas Shopping Tour pg 4

Sask Culture Days pg 4

BIRCHVIEW NURSING HOME NEWS

5th Annual Birchview Farmer's Market

On Thursday Sept 11 from 1:30-3:30

In the Birchview Dining Room

Fresh Cinnamon Buns and Coffee



Silent Auction

August 28 - Sept 11

Last bid will be at 3:00 at the Farmer's Market

Family and Friends If you have garden veggies, fruit, baking, crafts, canned goods etc and you would like to donate them to the sale we would love to have them. Please bring them to the Activity Room in the morning of the sale.

Thank you so much for your generosity and kind hearts!

St Mary's and St Anne Church Fundraiser

Beef on Bun Supper

Wed Sept 10th

5:00 - 7:00pm

Take out available

Call 749-7480

Tenders being accepted to supply and install new windows in the Civic Center.

More details and tender information available at the town office



Birch Hills Dance Centre News

Dance classes start week of Sept 8th

The BIRCH HILLS DANCE CENTRE is pleased to be offering classes for ages 3 and up. No previous dance experience is required to register. All levels of dancers are welcome! We are very excited to start another successful dance season. Dance offers the chance to be active in a fun, interactive environment. Our instructors are committed to meeting each student's individual learning needs. Competition and performances are approached with a healthy attitude that enables even the shyest dancer to shine! Classes begin the week of Sept. 8 except Musical Theatre (starts Jan. 2015).

CLASSES OFFERED:

Pre-school Combination- Ages 3-5- Classes consist of tap/ ballet or jazz/ballet

Little Boppers - Introduction to Hip Hop Ages 4 - 6

Jazz, Ballet, Tap - Ages 6 and up

Hip Hop- Ages 7 and up

Lyrical- Ages 12 and up. Students must have 2 years jazz experience and currently be enrolled in regular season ballet and jazz classes.

Modern- Ages 10 and up. Students must have a minimum of 1 yr. dancing

Pre-Pointe/Pointe Class- Ages 12 and up. Students must have a minimum of two years ballet experience and be enrolled in a regular season ballet class.

Musical Theatre- Must be registered in regular dance class to register in Jan.

New this year: **Acro Dance** - Ages 8 & up
Drama Class - Ages 10 to Adult

Owner & Artistic Director is Erica Cochrane

For info: e-mail BHDC@sasktel.net visit Birch Hills Dance Centre on facebook or phone Mary at 749-3446

Welcome to Girl Guiding in Birch Hills!

The Birch Hills Guiding Association will be holding an information night on Tuesday September 9th from 6:30pm - 7:30pm at the Birch Hills Lutheran Church.

Guiding is a program for girls and women. We welcome new and returning members. Our branches are

Sparks (ages 5 & 6),
Brownies (ages 7 & 8),
Guides (ages 9 - 11), and
Pathfinders (ages 12 - 14).

For more information, contact Audrey at 306-749-2217.



LADIES NIGHT OUT

Do you have an excess of jewellery or still looking for that one special piece? Come out to the L.N.O **Jewellery Exchange Party**

Thursday, September 18th

7:00pm @ the Curling Rink.

Bring one or few pieces of jewellery you don't wear anymore to exchange for 'new' ones and a sweet or salty treat to share. *Jewellery not necessary... (it's just a good excuse to get together!)*

All ladies welcome.

St Louis "Car Rally"



Pile in & scavenger hunt for cash prizes

Sat, October 11, 2014

Entry Fee \$120/vehicle

Register and pay for your team by October 1st for a discounted price of only \$100/vehicle.

Entry Fee includes, supper and DJ music to follow after prize awards

1st Prize of \$1000

2nd Prize of \$500

3rd Prize of \$300

For more information or to register call 422-8665 or 981-3810



FLUTE and FIDDLE UPCOMING EVENTS

The Great Plains (Saskia and Darrel) Oct 11th

Purchase concert tickets at Clay Oven online www.fluteandfiddle.ca

Open Stage & Karoke Friday Night Hosts in September

5th - Ame Dahlin 12th - Lea Swenson

19th - Pam Cochet 26th - 'Not My Monkey'

Friday BBQ Nights 5-8pm

\$12.50 for BBQ Buffet BBQ your own (steak provided).

Like us on Facebook,

Follow us on Twitter

SUNDAY WORSHIP SERVICES IN BIRCH HILLS

Birch Hills Community Lutheran Brethren Church @ 11:00am

***Welcome* Pastor Clint Knutson**

(Lutheran church corner of Bellamy & 4th St)

Lutheran Church Service (1st, 3rd & 5th Sun of the month)

United Church Service (2nd & 4th Sundays of the month)

Glad Tidings Tabernacle (Pentecostal) @ 101 4th St 11am

Lake Park Baptist Church @ Hwy 3 11:00am

Saron Lutheran Church near Hagen 9:30am

St Mary's Anglican Church @ 255 McCallum Ave 11:00am

St Anne's Roman Catholic Church @ 255 McCallum Ave 9:00am



Yoga in Birch Hills

Yoga classes will be returning to Birch Hills for the fall season! The fall session will run for approximately 8 weeks starting the end of September/beginning of October. Classes will take place in the evening and will be held in the small gym at Birch Hills School. Two beginner classes and one multi-level class will be available depending on interest. Previous participation in yoga classes or Rebecca's beginner class is a prerequisite for enrolment in the multi-level class.

If interested, please contact Rebecca at (306) 960-7736 or

rebecca_quaale@hotmail.com.

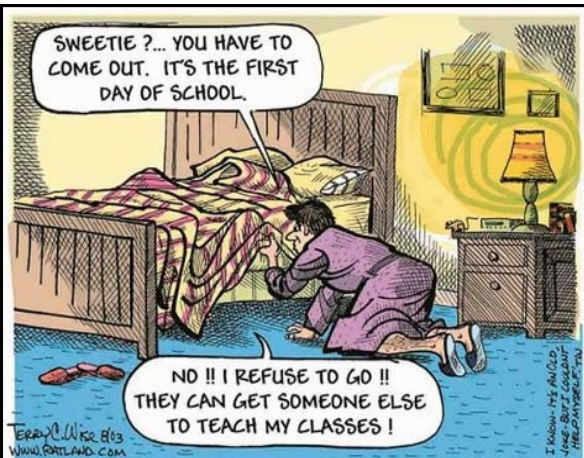
Watch for details regarding registration, dates, time, and cost in upcoming issues of the HeartBeat and around town. Rebecca completed her 200 hour Yoga Teacher Training at the Sivananda Ashram in the Bahamas in February, 2014. She is registered with the Yoga Alliance.



BOUQUET OF THANKS



Sincere thanks to all who visited, brought baking, sent cards and flowers after Vern's (Swenson) passing. Also thanks to those who gave such good advice to follow. Hugs



Welcome back Teachers, Leaders, Friends and Students. May you have a great year of learning

FORM B

(Subsection 160.15 (1) of the Act)

Notice of Call for Nominations Rural Municipality of Birch Hills No. 460

PUBLIC NOTICE is hereby given that nomination of candidates for the offices of:

Councillor for Division No. 2

Councillor for Division No. 4

Councillor for Division No. 6

will be received by the undersigned at the municipal office during normal office hours from Tuesday, September 2, 2014 until Wednesday, September 17, 2014 at 4:00 pm local time.

Nomination forms may be obtained from the Rural Municipal office in Birch Hills.

Dated this 2nd day of September, 2014.

S. Pratchler, Returning Officer

Town Community Open Forum Planning in progress. A survey will be sent out soon seeking your ideas, suggestions, concerns and solutions from town & RM residents. Watch for more details in upcoming Newsletters and mailboxes

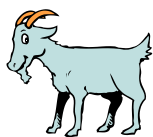
How important is our Skating Club Anyway?

Our skating club in Birch Hills is divided into two levels. CanSkate which starts as early as age 3 and open to any age that would like to learn the basics of skating. These classes teach the basics of skating and prepare the kids to go further into Star Skate or to play Minor Hockey.

Star Skate is for kids that have passed the basic requirements of CanSkate and wish to continue to learn more intricate moves and are prepared to compete. The Star Skaters assist coaches with the wee ones in CanSkate. CanSkate conditions children to proceed into Minor Hockey and Star Skate. These kids eventually grow up and are potential competitive Senior Hockey and Recreational Players. Do you see where I'm going here....? The issue of losing our Skating Club would be financially detrimental to our skating arena and to the activities offered in town.

If you have children participating in skating this year, please consider becoming involved in the planning and organizing of the upcoming season. Contact Malissa Hall or Jackie Manson for more info.

Laurie, Rec Director



GET YER GOAT...OR THEIRS!

Golf Course Raffle
\$5/ticket

Buy your Friend or Foe a ticket to
Win A Real Live Goat!!

No KIDDing!!

Goat Insurance \$20
(ensures you won't win the goat)

Draw Date Sept 30, 2014

Tickets on sale now at Golf Course
or from golf board members
(Jamie Tilford, Iris Fjeld, Laurie
Berube)

If you are one of the
following, you may want to
consider investing in
GOAT INSURANCE...some
'friend' has purchased you a
ticket on your behalf...

Alan Porter
Dennis McArthur
Doug Rutherford
Ethel Rutherford
Helen Thingelstad
Joanne Howe
Kevin Allan
Leon Pratchler
Michael Braaten
Mike Porter
Nadine Hawreschuk
Rosie Pyltlyk
Tammy Lukaszuk
Todd McInnes



Sask Culture Days
September 26-28, 2014

Cultural experiences offered to you!
Free and interactive activities for
the whole family. See below for
classes that are of interest, register
if required and mark your calendar
for a fun filled weekend, thanks to
Sask Culture. Watch for Culture
Days Program & complete schedule

Friday

Conversational Spanish w/ Rosa 8pm

Yoga for Beginners 7-8:15pm

Open Stage @ Flute & Fiddle 8pm

Saturday

Conversational Spanish 11-12pm

Yoga for Kids Kind-Gr 3 11-11:30am

Yoga for Kids Gr 4-8 1-1:45pm

Yoga Basics Gr 9-adult 2:30-3:30pm

All yoga classes require pre-
registration, space is limited.
Text Rebecca at 960-7736

Guitar Lesson w/ Freddie Pelletier
10-12pm @ Flute & Fiddle

Line Dancing w/ Carol & Group
1-2:30pm @ Flute and Fiddle

Museum Treats & Tours 2-4pm

Painting Class "Angels Looking On"
Ages 15-Adult @ 10am
and Ages 9-14 @ 1:00pm
Only 8 spots available each class.
Must register w/ Jenny 749-2237

Dance Center will offer Tap, Jazz,
Modern, Hip/Hop & Drama Class.
Keep watch for more details

Sunday

Old Time Rural Fall Supper
@ Brancepeth Community Hall

Birch Hills Cowboy Church



@ Community
Centre

1st Sun of each month
Next Service

Sept 7 7:00pm

Featuring Country
Gospel Music
with down home bible
message.

All are Welcome.
Pastor Rick Martin
981-2235

BIRCH HILLS LIBRARY NEWS

Library Hours:

Tuesdays: 12-4 & 5-8 pm,
Thursdays & Fridays:
12 to 4:30 pm

LIBRARY's READING PROGRAM

Kids, bring in your reading sheets for
prizes

StoryTime

Stories read to kids 3yrs+
on Fridays 1:00-1:45pm
Starting September 12th



Answering Service: 930-0993
Web Site: <http://www.sk-alanon.ca>

Christmas Shopping Bus Tour

SATURDAY, OCTOBER 18, 2014 – *All day excursion!*

Comfort of a chartered bus – stopping in 5 towns at several vendors.
\$35/person (non-refundable) – ONLY 40 seats available!

Must be prepaid prior to October 1st 2014 (a request will
not hold your spot) We can do pickups in Kinistino if
requested. Contact Iris Fjeld @ 749-7377.



EVERY WEEK IN THE HILLS

MONDAY

Bowling at the Senior Hall 2:00 pm Vel 749-3364
 Thimbles & Threads Sewing Club 6:30pm @ Birchview Melissa 749-3482
 Fire Department Meetings 7pm @ fire hall

TUESDAY

Ladies Golf 9:00am Mens Golf Night 6:00pm
 Karate 7:30pm St Louis Karate Club 422-8665
 Library Open 12-4pm and 5-8pm
 Community Booster Mtg 3rd Tues of the month Civic Centre 7:30-9pm
 St Louis Karate 7-8pm Call 422-8665 or 749-7500
 Optimist Club 2nd & 4th Tues of the month New members welcome
 Crystal Springs Bingo 7pm



WEDNESDAY

Ladies Evening Golf 5:30pm
 Line Dancing all welcome 9:30-11am at the Sr Hall
 Thrift Shop Open at the Museum 9-4:00pm Great Deals!
 Coffee & Sweets at the Museum 3:00 pm
 Birchview Ladies Aux 9:30 every 2nd Wed ea month New members welcome
 Randy Hoback Office 1st Wed of month @ Town Hall 1-3pm
 Holy Trinity Church Srvc 7pm Brancepeth starting June 4- Aug 13th
 Town Council Meetings 2nd and 4th Wed of the month



THURSDAY

Cribbage at the Senior Hall 2:00 pm Vel 749-3364
 Library Open 12 - 4:30pm
 St Louis Karate 7-8pm Call 422-8665 or 749-7500
 Legion Mtg 2nd Thurs ea month 7pm @ legion hall. New members welcome



FRIDAY

Lutheran Church Coffee Break 9:30-11am Bellamy & 4th St
 Birch Hills Library Open 12-4:30pm **Story time**
 Flute & Fiddle Karaoke & Steak Nite Happy Hour till 8 All ages welcome

If you have something to add to this list, contact Laurie at 749-7451

VOLUNTEER OPPORTUNITIES

Afterschool Programing Supervisor -

This adult will be supervising Gr 5/6 students and mentoring youth to become future leaders. Each weekday afterschool, programs & activities could involve Curling, Skating, and/or other indoor/outdoor activity. Take on one activity/day or more. We have some students ready to be leaders, just need a supervisor.

Girls Club Leader - seeking adult to start a girls program at least once a week for girls 12-15yrs+.

Contact Laurie Rec Dept 749-7451

Reminder to contact the RCMP if you have been a victim of any kind of crime (749-2200). Contact Rosa (749-2998) or Amanda (960-3100) if you see suspicious criminal activity.

Join Birch Hills Crime Watch
 Facebook page

Birch Hills Community Boosters Fall Craft, Bake & Trade Fair

Saturday, November 1st
 10 am to 2 pm
 at the Birch Hills Civic Center
 Tables \$20
 Call Leanne Bailly at 306-749-2784
 Fills up fast!

Canadian Breast Cancer Foundation
CIBC Run for the Cure

Join us on Wednesday October 1, 2014 for CIBC, Birch Hills, Run for the Cure, mini-marathon and supper.

Walk will start at 5:30 P.M.

Supper will start at 6:00 P.M.

Pledge and registration forms will be at the branch.

Pre-registration required for the supper. We look forward to seeing you.

Senior Housing units are available from the Birch Hills Housing Authority. For information on these units please contact Alan Ruder at 306-749-7541



Please Share Paper with a Friend or Send Email to receive the news letter online

The Birch Hills COMMUNITY BOOSTERS

Next meeting
Tuesday September 16, 2014
 @ 7:30pm

in the Museum Boardroom.

Contact Stewart or Louise Adams or Shirley Ulvild for more info

Boosters are looking for new ideas, direction and people that are interested in 'Boosting the Community'
 Join the next meeting to share your thoughts



Laurie Berube,
Recreation Director
Box 280, Birch Hills, SK
S0J 0G0

Cell: 306-749-7451 text or call
Fax: 306-749-2545

E-mail: birchhillsrec@sasktel.net

Facebook Page:

'Birch Hills Community & Recreation'

Website: www.birchhills.ca



Funding Assists Recreational Activities in Birch Hills



BOUQUET OF THANKS

Thank You to great
residents of Birch Hills

for the friendship and kindness
extended to my beautiful son, Reg, during his
'much too short' time on this earth.. And
thanks for all the sympathy & understanding
extended to my family and myself during this
very trying time in our lives..

An extra special Thank You to the wonderful
people at the Seniors Hall. Reg absolutely
loved to play cards and visit with you all
there!

Sharon Rolfes

JOB OPPORTUNITIES:

REC BOARD BOOKKEEPER

Position requires 8-10hours per week

RINK CARETAKER

The hours of this position have changed and
may lead to year round full time position.

CANTEEN MANAGER or LEASER

Wages negotiable and dependent upon
experience. Training & assistance available.
Inquire at Rec Office for more info.

or send resumes and tenders by Sept 15th
to birchhillsrec@sasktel.net or mail to
Box 280, Birch Hills Attn: Laurie

BIRCH HILLS GOLF COURSE NEWS

Lunch at the Clubhouse

Call 749-2211 to pre-order lunch

homemade & fresh buns and meats

Fresh baked Cinnamon Buns on Sat & Sun

Monthly 50/50
Draw. Tickets
available at
Clubhouse

Mens Night 6:00pm Tuesdays

Ladies Golf Tues 9:00am
Wed 5:30pm



Funday Mondays: 2 for 1 green fees (\$18)
Thirty Thursdays: 9 holes & Cart Rental \$30

Don't forget to get your friends or enemies a raffle ticket for a
real live goat. Tickets available at clubhouse, or with Iris Fjeld,
Jamie Tilford, Laurie Berube, Brahma Insurance...Draw Sep 30

Congratulations
to Tyler Tilford
for being one of
the four from PA
Predators who was
recruited to the
Saskatchewan
S.W.A.T. Lacrosse
team. They
played in the
Founders Cup Jr B
National Lacrosse
Tournament in
Nova Scotia and
took home the
Tier II Gold
Trophy!!

Mark your calendar

Crystal Springs Fall Trade Show

Sat, Nov 22nd.

Call Brenda at

306-749-7745 if
you are interested
in a table.

Birch Hills Upcoming Events

Aug 28-Sep 11 Birchview Silent Auction

- Sept**
- 2 - Preschool Registration
 - 3 - Ladies Harvest Fun Golf Tourney
 - 4 - Minor Hockey Registration
 - 7 - Cowboy Church
 - 9 - Guide Information Night
 - 10 - St Anne/St Mary's Beef on Bun Supper
 - 11 - Birchview Farmers Market
 - Skating Club Registration (tentative)
 - 16 - Community Booster Meeting
 - 18 - Ladies Night Out Jewellery Party
 - 26-28 - Sask Culture Days
 - 28 - Brancepeth Fall Supper
 - 30 - Draw for Golf Goat Raffle

- Oct**
- 1 - CIBC Run for the Cure
 - 11 - St Louis Car Rally Scavenger Hunt
 - the Great Plains Concert
 - 18 - Christmas Shopping Bus Tour

- November**
- 15 - Hockey Day in Birch Hills
 - 16 - Hockey Ref Clinic
 - 22 - Crystal Springs Trade Show
- December**
- 6 - Ladies Hockey Tourney



Congratulations to the Pecan
Sandies for winning the Birch
Hills Slow Pitch playoffs.

Followed close 2nd place is the Kinistino
Red Dogs. B Side winners were the Brew
Jays followed by the Brahma Bulls.

Thanks to everyone who participated and
came out to cheer the teams on during the
summer. See you next year or at Snopitch
during the Brrr Chills Winter Festival
(February)

Deadlines for submissions for newsletter are the 10th and 25th
of each month. Send entries to birchhillsrec@sasktel.net
or call 306-749-7451

Minor Hockey 2014-2015 Registration Form

Registration night is Thursday, September 4th 5:30-7:00

*All players interested in trying out for AA teams MUST register in Birch Hills first!

Cheques are payable to: Birch Hills Minor Sports Registration forms not received by September 15th will be subject to an additional \$50.00 administration fee.

Age groups and fees: (Age as of December 31st, 2014 – Insurance fees included!

All registration fees include \$100.00 fundraising fee which is not tax deductible and will not be issued on your tax receipt. If you have more than one child registering for hockey only one payment of \$100.00 is required for fundraising per family, please follow the second set of rates.

Initiation	\$400.00	(4 x \$100.00)	Born 2008 - 2009	6 + under	Initiation	\$300.00	(4 x \$75.00)
Novice	\$420.00	(4 x \$105.00)	Born 2006 - 2007	8 + under	Novice	\$320.00	(4 x \$80.00)
Atom	\$470.00	(4 x \$117.50)	Born 2004 - 2005	10 + under	Atom	\$370.00	(4 x \$92.50)
Pee Wee	\$490.00	(4 x \$122.50)	Born 2002 - 2003	12 + under	Pee Wee	\$390.00	(4 x \$97.50)
Bantam	\$510.00	(4 x \$127.50)	Born 2000 - 2001	14 + under	Bantam	\$410.00	(4 x \$102.50)
Midget	\$510.00	(4 x \$127.50)	Born 1997 - 1999	17 + under	Midget	\$410.00	(4 x \$102.50)

*Fees may be paid in 4 monthly payments – payable for: Nov 1, Dec. 1, Jan 1, and Feb 1.

*Please speak to Karla Lyons –President BHMS (749-3204) if further financial support is required!

Player Name: _____ Category: _____ Date of Birth: _____

Last community played in: _____

Mother: _____ Father: _____

Mailing Address: _____ Land Desc: _____

Town: _____ Postal Code: _____

Phone (H): _____ Cell: _____

Parent's E-mail: _____

Privacy Policy: All information provided on this registration form regarding athletes and their parents will be retained by Birch Hills Minor Sports and will be used solely for the purposes of communicating with families regarding Minor Sports and Recreation. All information may be shared with coaches & managers to allow for direct communication with their teams. I understand my photo or my child's photo may be taken for possible use and waive the right to inspect or approve the photo if used for such purposes.

Canteen details will be decided at a further date.

Volunteer Application Form:

Name: _____ Address: _____

Home # _____ Cell # _____

Position Applying For: (Please check one)

Head Coach _____ Assistant Coach _____ Manager _____ Trainer _____

Hockey Division you wish to volunteer with: _____

Previous Coaching/Volunteer Experience: _____

Age group: _____

Position: _____

Year: _____

Coaching Clinics Attained (Please circle and add date you attained)

Initiation _____ Coach Level _____ Intermediate _____ Developmental 1 _____ Developmental 2 _____

SHA Body Checking _____ Speak Out _____ Safety _____

You will be required to complete a criminal record check including vulnerable sector

(Do not write in this box – Executive Use Only)

Registration Fees Payable: \$ _____ Sept. 1st _____ Cash/Cheque/Other: _____

Post Date: Nov 1 _____ Dec 1 _____ Jan 1 _____ Feb 1 _____

Fundraising Bond: \$ _____ Fundraising Deposit: \$ _____ Buyouts: _____ Canteen: _____

Date: _____ Executive Initials: _____



Recreation Activities Sponsored by Sask Lotteries Fund