


The **'Birch Hills Community Heartbeat'** newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month at: Co-op Grocery & Hardware, Quayle Pharmacy and Grumpy's Confectionary downtown. Pick up your free copy and share with a friend. Send your email address and request for mailing list to birchhillsrec@sasktel.net

September 1, 2011

Volume 1, Issue 5

Royal Canadian Legion Branch #122

 Meets every second Thursday of each Month at 7pm at the R.C. Legion Hall on Bellamy Avenue. Our membership drive continues – please “Drop by” with any questions.

We are a Veterans' community-based organization, which any Canadian citizen-Commonwealth subject or citizen of an allied country can join. You do not have to be a serving or a former member of the Canadian Forces. You only have to agree with the purpose and the objects of the Royal Canadian Legion – the care of our veterans, the perpetuation of Remembrance and the development of the community in which you live.



Greetings Folks!

This has been an exciting Summer for sure with lots of community activities and there's more to come. That's right! It's not over. Whether your 5 or 100 years young, there is entertainment, programs and opportunities for you to enjoy friendships and physical activity.

Keep sending your stories and upcoming event information. I love to hear from you.

Laurie Berube, Recreation Director
Stay Active, Stay Young!

ZUMBA PARTY!

What is Zumba??? It's the most fun you will have in one afternoon! Birch Hills Rec brings you Bobbi Janzen from Saskatoon. Come out Saturday, September 17th at 2pm sharp! for an exciting hour and half of dance fitness at the town hall. Zumba Dance is a blend of Latin dances with cardio fitness. You will move, You will groove and You will want to do it all over again. Cost is \$10 Doors open at 1:30. Bring water, runners & a towel!

We are founded by veterans, for veterans more than eight decades ago. While we have maintained our traditional values of veteran's care and the perpetuation of Remembrance, we have progressively become more involved in the community.

We insure Canadian veterans of all ages receive everything they so richly deserve. We are “The Guardians of Remembrance” in Canada but we also have a big role to play in community development.

We are a not-for-profit organization self funded by its members for the good of our veterans and our community. We receive no funding from Federal or Provincial sources – the maintenance and very existence of our Legion Hall is only made possible through our membership. Yearly membership cost is presently \$45.00/year and is a very fulfilling experience to be a member of the Royal Canadian Legion.

Our Priorities are Veterans care and support, promotion of Remembrance, advocacy, community service such as Youth and Seniors – Citizenship Development and Canadian Unity.

Our Role is Simple – **To serve veterans, new and old, and their dependents, to promote Remembrance and to act in the service of Canada and it's communities.**

The Royal Canadian Legion
Branch #122 - Needs Your Support
Membership Matters.

Membership Applications:
Mrs. Marlene Lypchuk 306-749-2571

R.C. Legion Branch #122 President:
Don Lypchuk 306-749-2571

This issue of the Birch Hills activity newsletter is sponsored for you by **the King George Hotel**

If you would like to be a sponsor of the next 'Heartbeat' newspaper, contact Laurie at birchhillsrec@sasktel.net

The cost is \$100 for printing, advertising and ensuring that the newsletter stays free for the community. Half sponsorship are available. Thank you for supporting your local paper.

Adult Volleyball

Will be starting
Thurs & Suns
7:30 – 9 pm at
the Birch Hills



School Gym. Sign up with Laurie by calling 749-2251, texting 749-7451 or emailing birchhillsrec@sasktel.net Watch for more details in the next Heartbeat for start dates and cost.

Anyone Interested in Learning to Unicycle?
Contact Kathy at the Youth Center 749-2478.

'King George Hotel'

Corner of Bellamy & 2nd Avenue

Now offering lunches daily for eat in, take out or delivery.

Call 749-2252 to place your order



Wing Night Fridays
8 - 11 pm \$4.50/lb
Eat in Only

HOCKEY and CANSKATE REGISTRATIONS

Will be held on *Thursday, Sept 1st* at the Skating Arena 6:30 - 8pm

For More Info Contact

Hockey: Kevin Hawreschuk 749-3193

Canskate: Jackie Manson 749-2246



Winter Festival

How do you have fun in the cold and wet snowy weather?

Don't know? ...Come to a Winter Festival meeting on **Monday Sept 19, at 7pm** in the Museum basement.

We have a good committee started but there is still room for your creative mind. High school students are especially welcome. This will be a meeting to discuss activities and dates for a 2012 winter festival.

If you have any questions contact Laurie at the Recreation Office.

MUSIC LESSONS FOR 4-5 YRS OLD

Studies show a child's ear is developing the most between 4 and 5 years of age. That means it's the best time for your children to start music lessons.

After many years of teaching, I have specially designed this program so that your child can learn quickly while having lots of fun.

Classes consist of Playing keyboard, Singing, Rhythm Instruments (drums, etc.) Ear training and So much more!
Lessons are once a week and last about 45 mins all in a fun atmosphere!
Contact Heather (Cook) Hare at 887-4300
Hurry, only a few spots left!

The Pelletier Guitar and Music Camp, 6km east of Birch Hills, off Hwy #3 celebrated its' 10th Anniversary! 102 participants plus family members attended and were able to enjoy good weather the last two weeks of July and the first week of August. Participants came from as far away as Prince George, BC and Austin, TX. The Pelletier's were thrilled to have record numbers of local participants from the Birch Hills -Prince Albert area. A big thank you to everyone who attended the camp and concerts that were held the first three evenings of each week and to all who donated to the bursary program for youth participants. Another big thank you to Jared Wicks of Birch Hills, who worked at the camp this summer and to his parents, Barb and Jim, for generously donating food items and a fridge to the camp. It was a terrific year and a great memory of our 10th year in business!!

Plans are already underway for next year's camp. Dorian Michael from California, an amazing blues guitarist will return to teach next year. Some of you may remember him as a performer at the Thursday night New Ground Café supper a couple of years ago. Other instructors are being finalized and the camp website **www.guitar-camp.com** will be updated with all information by the beginning of November.

2012 dates are: July 16-19, July 23-26, July 30-August 2. For more information visit our website or call 306-749-2498.

2012 registrations are being accepted now! Spaces will fill fast in the new year, so book early! Sheila & Freddie Pelletier

We're on Facebook!
'Birch Hills Recreation'
like our page to get up to date information

Thimbles & Threads Starts Monday, Sept 2nd

Group meets
each Monday
from 6:30-8 pm



At the Birchview Nursing Home
Bring your own sewing machine & fabric.
Group or individual projects

\$2 donation for the Home

Contact Melissa Braaten
749-3482 for more details

GENERAL QUARTERS PAINTBALL

presents 'Just try it' Paintball

Saturday, Oct 2 1-4pm at the Lions Ball Diamonds in Birch Hills

Cost is \$10 includes gun rental, helmet, 100 pellets and minimum of 3 games. (Additional pellets \$10/100)

Sign up teams of 3 or individuals can be placed on team.

Target shooting also available.

Must be 12 yrs+. Under 16 requires parental consent. Contact Chevy at 749-3200. Pre-registration preferred but drop in accepted

COMMUNITY BOOSTERS is

For those that are interested in community improvements and business development.

Meetings are 3rd Tuesday of the Month at the Town Office. Next Meeting is September 20th at 7:30 (ends 9pm sharp...we promise!)

All ages are welcome

THE BIRCH HILLS DANCE CENTRE

Welcoming all new and returning dance students to our 12th season of operation!!!



Offering quality competitive and recreational dance classes for students ages 3 to adult. Our dance center strives to motivate every student by offering dance education in a nurturing and positive environment. No previous dance experience is required to register, all levels of dancers are welcome.

Full Season Classes Beginning week of Sept. 4th

Jazz, Tap, Ballet, Hip Hop, Lyrical, Modern,
Pre-Pointe/Pointe Class, Musical Theatre,
Stretch, Strength and Technique

For more info call Mary at 749-3446 or the Studio

FOUND: A bike has been turned into the Town Office. Please call 749-2232 to identify and pick up.



Catching the Wave!

Thank you to Playground leaders Derek Manson, Brittany Larson and Elise Cochet for their programing and entertaining our children of Birch Hills and Weldon. Derek will be completing his Teaching degree in Regina, Elise will complete her 12th yr and Brittany will be returning to Bethany College. Both girls will return next summer as organizers for the Catching the Wave Summer Program.

RIDERS vs LIONS BUS TRIP



There are 8 seats still available for the Youth Bus Trip to watch the Riders vs BC Lions Football game in Regina on October 16. Tickets are \$42 each.

If cost is an issue contact Kathy at 749-2478 or drop by the Youth Centre on Main St.

Kids in the Hills

The Youth Center on Main St/Bellamy is available for kids to hang most days and Friday evenings. Enjoy pool, foosball, air hockey, guitar hero & other games.

Watch for details on upcoming events.

Play! Always

Welcome to Laurie Berube, our new Recreation Director, has made her mark on Birch Hills since assuming the position in June.

We welcome her enthusiasm, friendship and willingness to work with all the groups in the community.

She created the Birch Hills Heartbeat Newsletter as a way of getting the news out and letting us know what's going on. Be sure to let her know about your events. With her office located in the Museum basement, she has become part of the Historical Society Family.

Best of luck from all of us Laurie.



Ah Shucks, Thanks Guys!

Threshing and Family Fun Day 2011

The 15th annual Threshing Day and Parade was held on Sun. Aug. 14th with sunshine and great support from Birch Hills and visitors from near and far. The Historical Society greatly appreciates the ongoing interest in the museum and our efforts to "Preserve Our Heritage".

Our focus now is to get the roof replaced. We thank the town council for sponsoring the Threshing Day breakfast, which raised \$733 for the cause.

As we recap Threshing Day and plan for 2012 we invite you to join us any Wednesday from 2 to 4pm for coffee. The Thrift Shop is open from 9am to 4pm. We are always looking for volunteers and new people for our Board of Directors...COULD IT BE YOU?

NEW GROUND CAFÉ

Open 11 - 3 pm Monday, Wednesday, Friday

Thursday for supper by reservation only

For special catering requests

Contact Jenni 749-2529 or email newground@sasktel.net



Please Share
Paper with a
Friend

Birch Hills Recreation

Laurie Berube, Recreation Director
Box 280 Birch Hills, SK S0J 0G0
Tel: 306-749-2251 Fax: 749-2545
E-mail: birchhillsrec@sasktel.net
Text: 749-7451
Facebook: 'Birch Hills Recreation'

*Communities that play together,
grow together!*

BIRCH HILLS SENIORS

All ages are invited to meet 2pm at the hall
Mondays for Bowling and Thursdays for
Cribbage.

A \$2 donation gets you free coffee, games
and a fun afternoon.

If you need a gathering place, the Seniors
Hall is available. No cost but donations are
accepted. Contact June Stobbs at 749-2623

Job Opportunity

OFFICE ASSISTANT POSITION

The Town of Birch Hills invites applications
for the position of Office Assistant in the
Town Office under the supervision of the
Town Administrator. General office
knowledge and computer skills are necessary.
The Town offers competitive wages, employee
benefits and a pension plan. Working hours
are Monday to Friday, 9:00 am to 4:00 pm.
Please submit a complete resume to the under-
signed by Friday, September 23rd, 2011.

Administrator

Town of Birch Hills

Box 206, Birch Hills, SK S0J 0G0
Phone (306) 749-2232 Fax: (306) 749-2545
E-mail: birchhills.town@sasktel.net

Family Football Tailgate BBQ

RYSK Youth Group would like to thank those
that attended and helped at the Skateboard
park fundraiser last Friday Night.

Congratulations goes to *Jack Carrier*
from Weldon for winning the Roughrider
BBQ autographed by Weston Dressler.

Deadlines for submissions is the 10th and 25th of each month.
Send to **birchhillsrec@sasktel.net** or call **749-2251**

GOLF COURSE CORNER

Ladies Golf Tues 9:30 am and Thurs 5:30pm
Men's Night Tuesdays 6pm register by 5:30pm
Mondays 7am to 5pm 2 for 1 Green Fees

Hungry but
don't want to
wait?...why not
pre-order lunch
Call 749-2211

Birch Hills 'Bark in the Park'

Thank you to
sponsors, dog
owners, specta-
tors, and busi-
nesses that participat-
ed in the 'Bark in the
Park' last Sunday.
It was great to see so
many different dogs
and owners come out
to enjoy the weather,
food and dog activi-
ties. Special thanks to
the Birch Hills Co-op,
Golf Course, Carole
Stewart, King George
Hotel and Sk Lotteries
for their donations of
food that was served
by the Birch Hills
Skating Club.



LAKE PARK SHOW, SHINE & SMOKE

Winner of the '69
Plymouth Fury III
is



*Anson Attree from
Prince Albert*

Thanks to all who
participated. See you
next year!

Birch Hills Upcoming Events

- Sept 1 - Hockey/CanSkate Registration
2 - Thimbles & Threads resumes
4 - Dance Classes start
13 - Community Advisory Meeting
- Winter Festival Meeting
18 - Zumba Party w/ Bobbi
20 - Community Boosters Meeting
- October 2 - GQ 'Just Try It' Paintball
2 - Brancepeth Hall Fall Supper
16 - RYSC Youth Rider Game
- November 11 - Remembrance Day Service
20 - Hockey Referee Clinic
- February ?- Winter Festival (Volunteers Needed)

Brancepeth Hall Fall Supper

Sunday October 2, 2011 5pm - 7pm
Cost is \$10/adult & \$6/kids (6-12yrs)
Call Carol Pryznyk 749-2596 for more
info.

No advance tickets required. Although
they have never had to turn anyone
away, come early. Proceeds go to the
Brancepeth Community

Community Advisory Committee

All residents in the general vicinity of
Birch Hills that are effected by the activi-
ties, facility usage and programming of
this community are invited to partake in a
round table discussion of a three year
future planning of our neighbourhoods
and community.

Please come out Tuesday, September
13th at 10am in the museum basement.



Recreation Activities Provided through Sask Lotteries