

HEARTBEAT

The 'Birch Hills Community Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month at: Co-op Grocery, Quayle Insurance, Quayle Pharmacy, Grumpy's Confectionary and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request for mailing list to **birchhillsrec@sasktel.net**

August 15, 2012



Hey Everyone!

Did you know that there are people in your community that use their own time and money to help, without even a hint of hesitation? Did you know that there are people who drive others to appointments, deliver meals, and visit the sick or lonely. Did you know that some are called to repair in our homes or community facilities, and they will always try to assist. There are people who clean, mow lawns, cut trees, remove debris from yards. Some sew clothes, knit shawls, pray, read books, watch over our kids, cook or serve meals and make desserts to sell for other causes besides their own pockets. Several serve on committees and boards that keep this community alive and vibrant with activities and events.

There are people that can always be counted on to assist and there are many more out there that just don't know how to quit being helpful or they feel they just can't say no because no one else is stepping up to take over. Birch Hills is their home and they want to see changes, improvements and I think, they just love their town. These are valuable people in your community folks, but they can and will get burnt out. It is up to all of us to take a piece of responsibility and offer our talents, heart and expertise. Many Hands, Make Light Work....as Grandma would say! Watch for ways of how you can get involved Take care and enjoy the rest of summer.

Laurie Berube, Recreation Director

BIRCH HILLS BUSINESS HIGHLIGHTS

ENGELNOOK CLEANERS Owner: Phil Sampson Corner of Hwy #3 and Hwy #20 Call 749-2619 or Dalton Sampson 749-3159



Lake Park Baptist Church hosts... SHOW, SHINE & SMOKE

Saturday August 18 (rain date Aug 25) 10:30 Registration No Entry Fee 11:30 Show & Shine 2:30 Smoke Show

visit www.lakepark.ca or call 749-3185 Concessions, Push Car Races, Bouncy Castles, and lots of Prizes for different vehicle categories

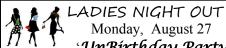
Retirement Celebration:

Win a '67 Chevrolet C10

for Sandra Barber Friday August 17th 7:00 pm at the Birch Hills Civic Centre Please feel free to join us to wish Sandra well after 25+ years of dedicated service to the RM of Birch Hills No 460

All are welcome, cash bar

Birch Hills Community Church hosts Larry Strand in Concert Sunday August 19th 7:30pm at the Civic Ctr Coffee and Desserts to follow. Free will offering donated to Skatepark



Monday, August 27 'UnBírthday Party'

Appy's served by Chef Jenni. \$10ea to cover costs of food & rental. 7:00pm at the Curling Rink Bring a 'gift' from home (can be hand made or laying around but not purchased)

Issue 28

This issue of our Community activity newsletter was paid for you by:

Engelnook Cleaners If you would like to be a sponsor of the next 'Heartbeat' newsletter, contact Laurie at 'birchhillsrec@sasktel.net' The cost is \$100 for printing, advertising and ensuring that the newsletter stays free for the community. Individual & half sponsorships are available. Thank you for supporting your local paper.



Open House at Bethel House in Hagen Saturday 18th 1:00 - 5:00 pm RED HOT SALES, Coffee and Dessert Special Presentation at 3pm Don't miss it...bring

friends



Dance Camp

August 20, 21, 23 for ages 8 and up

Dance Registration for the coming year for ages 3 to adult at the Birch Hills Dance Centre 5 Wilson Street Wednesday August 22 and Thursday August 23 5-8pm Call 749-2606 for more information or email bhrdc@live.com

'CLUBHOUSE KICKOFF CLASSIC GOLF TOURNAMENT' Saturday September 1st \$50/person or \$200/team 9 Hole, 4 Person Best Ball

Includes 9 holes, supper & entertainment (carts & club rentals extra). Join us for Supper & Entertainment \$25

Must register & prepay by August 25th. Enter at Clubhouse or call 749-2211. Chipping & Putting Contests and Special Hole Prizes.

Entertainment by 'CONSTANT REMINDER' (You may remember this talented young Brother Band that played at the Winter Festival on Talent Night)



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Looking for 10 volunteers to help with the tournament. (registration, hole supervisors, awarders, etc) Contact the clubhouse if you are interested

Town and RM of Birch Hills No. 460 Election Information:

There will be a municipal election on October 24, 2012 for the position of Mayor, (6) Councillors for the Town of Birch Hills and Reeve and Councillors representing Divisions 1, 3 and 5. It is important to become involved in your community's affairs and exercise your democratic right to choose the leaders of your community. Become involved in your future. If you are interested in seeking municipal office or voting in this fall's election, please contact your Municipal office for further information or visit http://www.municipal.gov.sk.ca /Administration/ Elections-General for detailed information on who can run or vote in this years election.

Nominations can be filed at the municipal administration office anytime during regular office hours and from 9:00-4:00pm on September 19, 2012.

KIDS SPORT in the HILLS

During the Summer; Wednesday Nights 7:00pm behind the school Activities for ages 12yrs+. Parents tell your kids, tell your friends kids! Kids tell your friends.

August 15 - Kick the Can 22 - Kid's Choice

Activities are free from the Birch Hills Recreation Department, PAPHR and Saskatchewan Lotteries



'CATCHING THE W.A.V.E.'

Recreation Board Playground Program for age

5yrs+. Meet in the Birchview Playground, (unless otherwise posted) Mons, Weds, Fri 1 - 4pm in Birch Hills Tues & Thurs 10 - 4 pm in Weldon

August 15 - Movie Adventure Day

- 17 Learn to Dance
- 20 Our Photo Shoot
- 22 Talent Show

24 - Goodbye Party & Weiner Roast Program is at no cost thanks to Sk Lotteries and PAPHR. Contact Derek 749-4305 for more info. Your 2012 Playground Leaders are

Derek Manson & Brittany Larson

Out of town visitors are always welcome

AFTER SCHOOL PROGRAMS

"decrease juvenile crime and violence, reduce drug use, cut smoking and alcohol abuse, and decrease teen pregnancy. Children who participate in these programs show improvement in standardized test scores and decreased absenteeism and tardiness"

.....SPRA website BREAKFAST PROGRAM

"effective School Meal Programs have the potential to improve students' diet quality, academic and social functioning, and long term health"

....gov.bc.ca website

SEEKING ADULT & YOUTH VOLS FOR THIS FALL ... WATCH FOR DETAILS

RIDERVILLE FOOTBALL

RYSC Youth Group will be taking a 🖉 bus trip to watch Sask Roughriders vs

Calgary Stampeders Football

Sunday September 23 2:00pm

Youth \$42 Adults \$60 Tickets are limited Bus leaves youth centre 8am, returns 11pm. Phone 749-2478 to reserve your seat!

Fall Youth Retreat



for ages 12 - 18yrs September 14 - 16th At Ranger Lake \$80/person

Includes RC Cars, Horseback Riding, Wall Climbing. Love Paintball?? Available at an extra charge. Call 749-2478 for more information or to pick up registration forms



EVERY WEEK IN THE HILLS

SUNDAY

St Mary's Anglican Church Service corner of 3rd & McCallum 11:00am Saron Lutheran Church Service out Hagen way Hwy #25 at 9:30 am



St. Anne's Catholic Services corner of 3rd & McCallum Ave 9:00 am Lakepark Baptist Church Service on Hwy #3 11:00 am

Pentacostal Church Service on 4th Street 11:00 am

Birch Hills Community Church Service at the Civic Ctr 11:00am Evangelical Lutheran Church on Bellamy 11:30am (till Sept) United Church on Bellamy 9:30am (till Sept)

MONDAY

Bowling at the Senior Hall 2:00 pm Vel 749-3364



WEDNESDAY

Line Dancing Senior Hall 9:30-11 am Carol 749-3173 Anyone welcome Thrift Shop Open at the Museum 9:00-4:00pm Great Deals Coffee & Sweets at the Museum 3:00 pm Recreation Slow pitch League 7:00pm at the diamonds

THURSDAY

Cribbage at the Senior Hall 2:00 pm Vel 749-3364



Lutheran Church Coffee Break 9:30-11am Bellamy & 4th St All Welcome Rec Slow pitch Drop in \$2 (KG after ball Specials) 7pm at the diamonds RYSC Youth 7:00 pm corner of 2nd and Bellamy Call 749-2478

If you have something to add to this list, contact Laurie at 749-7451

NEW GOLF CLUBHOUSE in BIRCH HILLS PROGRESSIVE 50/50 FUNDRAISER

Draw Date October 1st Tickets available at the Golf Course, Iris Fjeld, Laurie Berube, or Doug Rutherford. Thank you for your support

BIRCH HILLS SENIORS

Having a small gathering?? Why not use The Seniors Hall *Hall, Kitchen, and Tables* Donations appreciated. Contact Vel Bompais at 749-3364

'Birch Hills Recreation' ' 'Like' our facebook page to get activity updates. Feel free to add your own event or activity infoIt's your page too!

COMMUNITY BOOSTERS

Anyone who is interested in projects that will improve the general appearance of our community and want to promote their town for more businesses are welcome. Meetings are every third Tuesday of the month. Receive updates from the town council and make recommendations. Next meeting in Council Chambers on **Tuesday**, **August 21 at 7:30pm (ends 9pm sharp)**

RYSK YOUTH

Vacation Bible School AMAZING DESERT JOURNEY Monday-Thursday Aug 20-23rd 9-12pm For pre-school - Gr 6 Call Youth Centre 749-2478 for more information Games, story, craft, snacks

RANDOM SPORT

Ray Crozier is offering up his regulation horseshoe pit & shoes to be used by the community residents. Corner of 1st Street & Bellamy Avenue. Please be respectful and keep area clean. (Thanks Ray!)

Birch Hills Community PreSchool Registration

Thursday, Sept 6th 7:00pm

Birch Hills School Library Enroll your 3 and 4 year olds for games, crafts, stories, snack time, singing and learning opportunities! For more info contact Lisa 749-3137 or Jody 749-2843

Hope your child can join the fun!

Birch Hills Ladies Golf Club hosts: *Ladies Invitational*

Harvest Fun Wednesday, September 5 9-9:45 Registration, Muffins, and Coffee



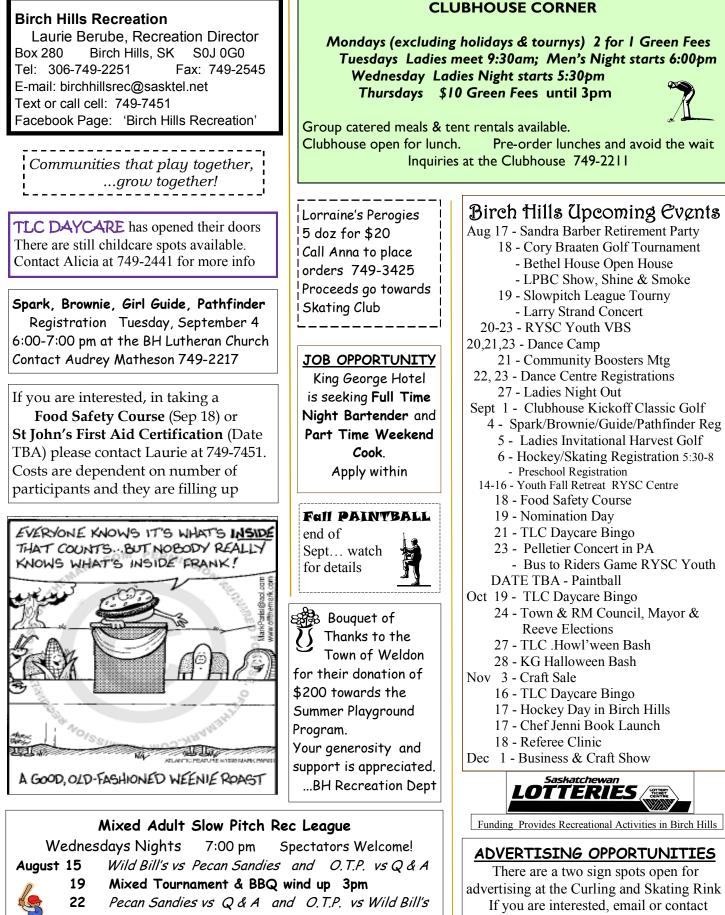
10am Texas Scramble, Shotgun Start \$30 each 9 Holes, includes Lunch (carts extra)

Call Myrtle Brown 749-2652 or Clubhouse to register by Sept 3rd Special Hole Contests and Prizes



Deadlines for submissions for newsletter are the 10th and 25th of each month. Send to **birchhillsrec@sasktel.net** or call **749-7451**





Don't forget Fri Night drop in

Don't fo

Laurie for more details 749-7451.