

The '**Birch Hills Community Heartbeat**' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Brahma Insurance, Quayle Pharmacy, Grumpy's Confectionary and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request for mailing list to **birchhillsrec@sasktel.net**

August 1st, 2013

Issue 51



Yahoo!! WE DID IT!! The 2013 First Nations Summer Games and PeeWee Girls Championships went as smooth as could be... By the end of summer we will have a new playground at the sportsgrounds, thanks to all the volunteers and to the organizers through Muskoday First Nation and Minor Ball. It took a lot of people donating their own personal hours through serving, cleaning, preparing, cooking, ground maintenance, scorekeeping, etc. I would like to take this time to send special thanks to those that donated 16 hours plus during the games: Dawn & kids Ethan and Emma Tessier, Eileen Hanson, John Herd, Leon Pratchler, Robyn Ganes, Jody & kids Emma & Tyler Mickelson, Marlene Hovdebo, Lorraine Boger, Victor Fratpietro, Ethan Fratpietro (9yrs), Drew Devenis (12yrs), Amanda/Pat Murphy, Archie Tilford, Shawn Budnick, Selmer Njaa and Lorraine Boger. Every hour served counts and every volunteer is a hero...thank one today!

Laurie Berube, Recreation Director

Boredom Busting

in Birch Hills

For Kids

Each Tuesday 6:30pm meet Behind the School. Rain Night changes will be announced on Facebook (Birch Hills Community & Recreation Page)

August 6 Ultimate Frisbee
August 13 Capture the Flag
August 20 Basketball

Activities subject to change due to attendance

Brought to you through Birch Hills Recreation

AUGUST issues of the Birch Hills Community activity newsletter was paid for you by: **The Clay Oven, Karen & Dale Pratt, and Marcel & Monique Cousins Farms,** If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 'birchhillsrec@sasktel.net' The cost is \$100 towards printing, advertising and ensuring that the newsletter stays free for the you & the community. Individual sponsorships are welcome. Thank you for supporting your local paper.

ADULT SLOWPITCH TOURNAMENT



Starts Saturday, Aug 24th
Teams or individuals register with Laurie 306-749-7451 or email birchhillsrec@sasktel.net or Tyler Tilford 306-960-9744

Register Now

PLAYGROUND ACTIVITIES

12 - 3pm for all kids 5yrs+

RYSC Youth are collecting pop cans and bottles as well as Canadian Tire money. We will be setting up a box to collect Canadian Tire money at the post office on Aug 1



Ladies Nine and Dine
Mid August
Watch for more details

SUMMER EXPERIENCE CLINICS

Free to youth through Lakeland District for Sport, Culture and Recreation funding.

Learn & Participate in....

Flag Football: Aug 13 behind the school w/ former Uof Regina Ram Football Player.

Boys & Girls 8yrs & older are Welcome

TLC DAYCARE GRAND OPENING

TUESDAY, AUGUST 13, 2013

FROM 5:00-7:00 @ TLC DAYCARE

Located between the Civic Center and Skating Rink)

Come and help us celebrate our 1st

year of being open!!

Check out our building, programming and meet the staff



BBQ, Face painting, Balloon animals

A fun night for Everyone!!

Silver Collection will be collected

Donations can be made for our 'Donation Tree'

Birch Hills Dance Centre News

Congratulations to Taysia, Jaemynn and Jovana Hoey for being selected to perform their song and dance trio at the Saskatoon Exhibition. They will be in the 2013 Rise of Fame talent search on August 9 at 7:30pm.

Three entries have been chosen for "Dance on the Saskatchewan" in Saskatoon. Congratulations to Amber Sansone, Kayla Doderai and Taysia, Jaemynn and Jovanna Hoey for having their dances selected. They will be performing on the Saskatchewan riverbank in the Shakespeare on the Saskatchewan tent on August 12 and 19.

PLEASE NOTE: There is a change in the dates of the Birch Hills Summer Dance Camp to August 13,14,15. Ages 7 and up are welcome to attend. No dance experience is necessary. There will be guest instructors from Regina. Email BHRDC@live.com or phone 306-749-3446.

This is also a special invitation to come to OPEN HOUSE at the Dance Centre on Threshing Day, August 11 from 12-4pm. See the renovations and learn about the various dance classes that are being offered. Registration for the Summer Dance Camp as well as pre-registration for next year's dance classes for ages 3 and up will be available on Threshing Day.

COMMUNITIES IN BLOOM REPORT

We are so thrilled with the visit from the Communities in Bloom Evaluators on July 29th. their comments and high praise for our Town were beyond anything we could have expected. We know what we have here but to have visitors be in awe of our many facilities and tell us we could have easily been in Competition in the Heritage, Neatness and Floral Categories made all the hard work worth while. To have the Town folks and Businesses spruce up their yards helped us a lot. A very special thank you to our bus driver Lyle Hunter. To Ann Woods for the long hours spent on the profile and scrap book. I enjoyed working with Millie Rowluck, Louise Adams, Ann, and Amy Dow. I have to thank Arvin for hauling the water for the plants and Andrew for his help at the garden, Brayden's help with hauling the pots. To President, Stewart Adams of the Community Boosters who takes time to help when needed.

We can be so proud folks and look forward to building on our success from here on with your continued support.

Mayor, Shirley Ulvild

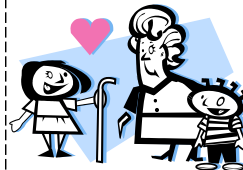
BIRCHVIEW HOME'S 30th ANNIVERSARY

Thursday, August 22, 2013

11:00 - 1:00

At Birchview Home

Come and celebrate with us
the many
Years of dedication.



BBQ, Music, and Fun!!!

Silver Collection will be collected

Weather permitting will be outside in the Courtyard

Lake Park Baptist Church, annual Show, Shine & Smoke held this year on August 17th with proceeds from our canteen always going to community projects, as well we invite children to our VBS program the following week of August 19-23rd and our Awana program will begin again in the Fall. If you do not currently attend a church we welcome you to come to our Worship Services held Sunday Mornings at 11 am.

We'd love for you to
come join us!

www.lakepark.ca



VBS "Kingdom Rock" August 19 - 23,
6:00pm-8:30pm @ Lake Park Baptist Church
for kids 5-12 years old.
Free Kingdom Rock CD with every family
registration.

Vacation Bible School -

Tell It On The Mountain

Stories, Games and Crafts even some Mountain Climbing

When: 9:00 AM to 12:00 PM
Mon, Aug 26th to Thurs, Aug 29th, 2013

Where: the Youth Centre, Birch Hills Saron
and Community Church.

Who: Children Age 5 to Age 11

For Further information Call Kathy
749-2478 or Linda 749-3134



Birch Hills & District Historical Society

17th Annual Threshing & Family Fun Day

Sunday, August 11, 2013

Pancake Breakfast – 7:30 to 9:30 am @ Civic Centre,
sponsored by the Town of Birch Hills-proceeds to new tables

Church Service – 10:30 to 11:30 am @ Coverall Bldg on Museum Grounds,
sponsored by the Birch Hills Ministerial Association

Parade – cancelled



Food – Cold Plate– museum basement - \$8.00
- Pie & Coffee – museum basement - \$3.00
- Hamburger & Hot Dog BBQ
and Beverages Stand – RYSC Youth Group

Children's Fun

* 1:00 pm – Foot races by the coverall building
* Children's Tractor Pull
* Tug of War
*** Free Ice Cream Cone for each child ***

Activities & Events

Slo-tractor race
Njaa's Milk House
Silent Auction in machine shed
Also on the grounds: 50/50 Draw,
Quilt Draw, and other exciting activities

Feature Rooms Inside Museum

Veteran's Room – Legion Member
School Room – Ruth Wood
Taxidermy – Peter Jensen
Country Store – Origene LeBlanc
Kitchen – Kay Hovdebo
School Yr Books/Memorial Wall
– Beth Rude



FUNDING
PROVIDED BY



FLUTE and FIDDLE EVENTS

Mix 101.5 Rock Machine Friday, August 16
Open Mic Guest: *Constant Reminder*
Free Admission and enter to win: 2 tickets to Roughriders home game.

Larry Krause Cowboy Concert
August 24th doors open 7pm
\$15 Advance - \$20 at the door



Dusk to Dawn - Classic Rock
Sept 28th \$20 Adv - \$25 at the door

Check out www.fluteandfiddle.ca for more info
Fri Nights Open Jam All ages Welcome 7pm

July/August **SUMMER PLAYGROUND PROGRAM**
in **Weldon** (Tues/Thurs) 10- 3pm
Meet @ the Lutheran Church
in **Birch Hills** (Mon/Wed/Fri)
1-4pm meet @ Birchview Home

Play ground Leaders Brittany Larson, Elise Cochet
and Carlee Opseth. For more info call 306-749-
7451. **All Kids 5-12yrs Welcome...Visitors too**



Funding Assists Recreational Activities in Birch Hills

BIRCH HILLS LIBRARY NEWS

SUMMER READING CLUB

for Kids ages 5 to 12(and older)

Galaxy Theatre prizes for most books read



CRAFT CLUB Tuesday evenings July 16, 23, 30,
Aug 6, 13, 20 6:30-7:30pm Free for kids ages 5-10yrs

Library Hours: Tues. - 12 to 4 & 5 to 8 pm.

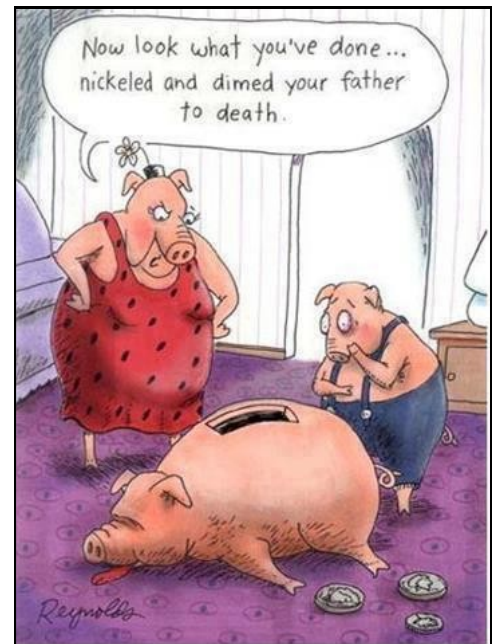
Thu & Fri - 12 to 4:30 pm

Skating Club is looking
for coaches for the
2013-14 Season.
If you are interested
please contact Jackie asap
306-749-2246



Please Share
Paper with a
Friend or Email
your request to
receive the news
letter online

NOTICE:
Birch Hills
Co-op will be
closed Sunday/
Monday,
August 4 & 5th
for parking lot
repairs.



COMMUNITY BOOSTERS

Discussion & Plans for
Community Improvements
ANYONE IS WELCOME
Next meeting at the Museum
Basement **Tuesday, July 16, 2013 @**
7:30pm (ends 9pm sharp...we
promise)



A total of 29 communities have thrown their names into the hat for a chance to win one of three prizes that will fund health and wellness initiatives in their community. The winning community will receive \$50,000 to fund a health and wellness initiative. The two runner-ups will each receive \$25,000. Richardson Pioneer, the Roughriders, and the festival committee are working through all 29 submissions to determine the top eight contenders. Once the final eight are selected, an announcement will be made at the Aug. 17 home Roughriders game in Regina.

From there, everyone is invited to visit the Grey Cup Festival website and vote for their community of choice. "It's up to the fans to determine who the Top 3, and eventually the grand prize winner, will be.

BIRCH HILLS RESIDENTS, stay tuned for the big announcement on Aug. 17 and remember to vote early, and vote often! Watch for ways how you can help the Golf Clubhouse Project and RYSC Youth Basketball project be able to raise more funding.

Keep decorating yards, cars, businesses, etc. Post pictures on the Birch Hills Community Facebook page. Contact Iris Fjeld or Kathy Evans for more information

EVERY WEEK IN THE HILLS

MONDAY

Bowling at the Senior Hall 2:00 pm Vel 749-3364
T.O.P.S. (take pounds off sensibly) 5-6pm at the Health Centre
Thimbles & Threads 6:30pm @ Birchview Melissa 749-3482 next fall
Karate 7-8pm Call 422-8665 or 749-7500

TUESDAY

Karate 7:30pm St Louis Karate Club 422-8665
Ladies Golf 9:30am Men's Night Golf 5:30pm
Library Open 12-4pm and 5-8pm
Community Booster Mtg 3rd Tues of the month Civic Centre 7:30-9pm
Crystal Springs Bingo 7:30pm



WEDNESDAY

Line Dancing all welcome 9:30-11am at the Sr Centre
Thrift Shop Open at the Museum 9-4:00pm Great Deals!
Coffee & Sweets at the Museum 3:00 pm
Ladies Golf 5:30pm
Karate 7-8pm Call 422-8665 or 749-7500
Adult Slow Pitch League July/Aug 7pm Come watch & bring glove
someone may need a spare!



THURSDAY

Cribbage at the Senior Hall 2:00 pm Vel 749-3364
Library Open 12 - 4:30pm
Pathfinders **watch for Fall Start Up** Contact Audrey 749-2217
Salsa in Kinistino Mon/Thurs 7pm @ Anglican Church



FRIDAY

Lutheran Church Coffee Break 9:30-11am Bellamy & 4th St
Birch Hills Library Open 12-4:30pm **Story time** resumes next fall
Flute and Fiddle Open Jam 7-12am All Welcome
Drop In SlowPitch 7pm \$2 to play 16yrs + All Welcome

SATURDAY / SUNDAY

If you have something to add to this list, contact Laurie at 749-7451

Birch Hills Cowboy Church @ Community Centre



1st Sunday of each month
Next August 4th 7:00pm
Featuring Country Gospel
Music with down home
bible message.

All Welcome. Refreshments to
follow. Pastor Rick Martin 981-2235

COMMUNITY COMMITTEE CONTACTS

Senior Hall

Vel Bompais at 749-3364 Rentals
Birch Hills Royal Cdn Legion
Lyle Mohn 749-7927 Rentals
Marlene Lypchuk 749-2571 Member Info



Lions Club

Bruce Tilford 749-7743
Todd Devenis 749-3425
Birch Hills Historical Society

Shirley Ulvild 749-2500

Community Boosters

Stewart & Louise Adams 749-3521

Dreamland Optimist Club

Stewart Matice 306-314-2378

Community Garden

Ann Woods 306-749-3237



Drop in Slow Pitch every Fri

All are welcome, \$2 to Play
No experience necessary
7:00pm at the diamonds

'Like' our facebook
page to get activity
updates. Feel free to
add your own event or activity info
'Birch Hills Community & Recreation'



SUNDAY WORSHIP SERVICES IN BIRCH HILLS



Birch Hills Community Church @ Civic Centre 11am
Birch Hills Lutheran Church @ 428 Bellamy Ave 9:30am
Birch Hills United Church @ 428 Bellamy Ave 11:30am
(2nd & 4th Sundays of the month)
Glad Tidings Tabernacle (Pentecostal) @ 101 4th St 11am
Lake Park Baptist Church @ Hwy 3 11am

Saron Lutheran Church near Hagen 9:30am

St Mary's Anglican Church @ 255 McCallum Ave 11:30am (As of Aug 4)

St Anne's Roman Catholic Church @ 255 McCallum Ave 9am (As of Aug 4)

Other Local pages:

Birch Hills Bargain Basement, Birch
Hills Mamas, Birch Hills Dance Cen-
tre, Birch Hills Blackhawks, Birch Hills
Sportsground Upgrade, General Quar-
ters Paintball, Birch Hills Community
Garden, Birch Hills Sno-Posse, Clay
Oven Café, Birch Hills Co-op, Partie
Perks Rental Studio, KG Bar & Grill

'Like' these pages to become part of
these groups activities and events

Birch Hills & District Recreation

Laurie Berube, Recreation Director
Box 280 Birch Hills, SK S0J 0G0
Fax: 306-749-2545
E-mail: birchhillsrec@sasktel.net
Text or call cell: 306-749-7451
Facebook Page: 'Birch Hills Recreation'

Communities that play together,
...grow together!

6th Annual Cory Braaten Memorial Golf Tournament

Sat, August 10 4 person Best Ball
pre-register by Aug 7
\$160 for 9 holes per Team of 4.
\$10 for lunch if not golfing.
*Proceeds go to the Scholarship fund for a
graduating student at BHHS going into a
technical trade.*
Call Naomi Braaten 306-763-1447 or 314-
2347 to register or to donate. Call Club-
house to reserve carts or clubs 749-2211

BIRCH HILLS GOOD NEIGHBOURS

Do you have a neighbour that goes out of their way to help others? Tell us about how great they really are and enter them for a draw for prizes...

I am blessed to have Arvid & Shirley Ulvild as my neighbours for the past 9+ years. They bring me the newspaper everyday when they are finished reading it. They are so helpful with anything I may need. They are good to invite me to join them out for a meal, or Shirley may bring a plate of dinner or dessert over. Even with her busy life, Shirley will drop in for a quick coffee or a brief visit to break the day or evening. Space won't allow me to tell all but how good is that!

Iris Arksey



BIRCH HILLS GOLF COURSE CORNER
FUNday Mondays 2 for 1 (until 5pm)
Clubhouse is serving fresh, homemade lunches.
Call to Pre-Order 306-749-2211

JUST SHOW UP FOR....

LADIES GOLFING CLUB Tues 9:30am & Wed 5:30pm

MENS NIGHT Tuesday 5:30pm

Fresh Cinnamon Buns on weekends

INTRODUCING: Thirty Thursdays 1 round of golf & cart for \$30

Skateboard Clinic

during the week of
Aug 19 - 23.
late afternoon..
4:30 - 5:30 pm,
BBQ, Skate
Competition.

Watch for more
details

Birch Hills Upcoming Events

Aug 4 - Cowboy Church
1-6 Wounded Warrior Weekend
10 - Cory Braaten Golf Memorial
- Dragon Slayer Ball Tournament
11 - Threshing & Family Fun Day
13 - TLC Daycare Grand Opening
- Football Clinic
13-15 - Dance Centre Camp
16 - Mix 101.5 Rock at the F&F
- Community Booster Meeting
17 - Show, Shine & Smoke Show at LPBC
19-23 - VBS at LPBC
20 - Coop BBQ 'Customer Appreciation'
22 - Birchview 30th Anniversary Party
24 - Birch Hills SlowPitch Tournament
- Larry Krause Cowboy Concert
26-29 - Community Church VBS
Sep 28- Dusk to Dawn Classic Rock F&F
27-29 Sask Culture Days
29 - Brancepeth Fall Supper 5-7pm
- Ladies Harvest Golf Tourney (TBA)
Oct 12 - Big Heart Harvest Dance F&F
26 - Halloween for kids & adults F&F

TUESDAY NIGHTS - 6:30pm For Kids!!
Outdoor Activities behind the School
Or Crafts at the Library

Deadlines for submissions for newsletter are the 10th and 25th of each month. Send entries to
birchhillsrec@sasktel.net or call 306-749-7451

WOUNDED WARRIORS WEEKEND August 1 - 6th, 2013 *Please join us once again* In Nipawin, SK

When we will welcome 120 Wounded Warriors from Canada, USA, the UK and Australia. Let us continue to show them that we are honoured by their sacrifices and they will always be remembered as heroes by those of us here at home. Check website www.woundedwarriorsweekend.org for entertainment schedules from the following: Comedian, Bobby Henline, Performers, Donny Parenteau, Steven Maguire, Amy Nelson, Samara Yung, Aven Grace, Bobby Curtola, Codie Prevost, The Skyhawks, Canadian military parachute team, Larry Krause, Will Ardell, Jannecke, Gordon Bamford, Lexi T, WYATT and more