

The newsletter has been renamed! The **'Birch Hills Community Heartbeat'** newsletter will be printed bi-monthly and available at the following locations on the 1st and 15th of the month at: Co-op Grocery & Hardware, New Ground Café, Quayle Pharmacy and Grumpy's. Pick up your free copy and share with a friend. Thank you to those that submitted possible newsletter titles, very creative!

August 1, 2011

Volume 1, Issue 3



Greetings Readers,
I hope you are enjoying your summer.
There are a lot of great activities coming up in Birch Hills and hopefully you will come out and join your neighbours in the festivities. If you want to get involved with any event, contact me at 749-2251. It is a great way to meet people and a way to ensure Birch Hills stays vibrant and active.

Keep sending your stories and upcoming event information to Laurie at 'birchhillsrec@sasktel.net'. Please note the deadline for submissions is the 10th and 25th of each month.

Stay Active, Stay Young!

Birch Hills 'Bark in the Park'

On August 28th, from 1 - 5pm, local Doggy Businesses will showcase their products and share services that they provide to our community. This party in the park for pets and owners will take place in the field beside the skating rink & tennis courts.



There will be a tradeshow, fly-ball and agility demonstrations, obedience training sessions, concession stands with 'slush puppies' and 'hotdogs' *of course*.

We are still seeking to invite people or businesses that offer the following services to come: veterinarians, treat or clothing suppliers and in house dog sitters.

If you or someone you know is interested in displaying their dog services, please contact the recreation office

Catching the Wave!

The Summer Playground Program has started July 4th and will continue until August 24th. Derek Manson has planned an exciting 8 weeks of fun for kids aged 6 - 12yrs. Brittany Larson and Elise Cochet are assisting.

The Playground Program takes place between 1 - 4 pm at the Birch Hills Senior Home playground on Mondays, Wednesdays & Fridays. On Tuesdays & Thursdays the program continues from 11 - 4 in Weldon, SK..

WEEKLY THEMES

August 7th Holiday Scramble

August 14th Circus Week

August 22nd Talent Show Off

SPECIAL DATES

'Kids on the Block' Puppet Show

August 17th, 2:30 pm at the Seniors Home

FREE TO KIDS OF ALL AGES

RYSC Youth Group

There are a few seats still available for the Youth Bus Trip to watch the Riders vs BC Lions Football game in Regina on October 16. Tickets are \$42 each. If cost is an issue contact Kathy at 749-2478 or drop by the Youth Centre on Main St.

COMING SOON in August:

Tailgate Family BBQ with the Riders Watch for Details in the next newsletter....

This issue of the Birch Hills activity newsletter is sponsored for you by the Birch Hills **Community Boosters**

If you would like to sponsor the next paper, please contact Laurie at 'birchhillsrec@sasktel.net'

The cost is \$100 for printing, advertising and ensuring that the newsletter stays free for the community. Thank you for your support.

Sport in the Park

Unfortunately, due to lack of interest the Sport in the Park for ages 10-16 has been cancelled. Sorry for any inconvenience

Reminder: The Youth Center on Main Street/Bellamy is available for kids to meet during the day and most evenings. Enjoy pool, foosball, air hockey, and other games free of charge.

Play! Always.

BBQ Fundraiser & Open House

Birch Hills Fire Department

Saturday August 13th

11am - 2pm at Fire Hall

BBQ take out orders available,

call Moritz 940-6789

Jaws of Life Demonstration at 1:30 pm

Come see our fire department in Action!

Support your local Fire and Rescue.

They VOLUNTEER to keep us Safe!!



Free Music Concerts continues...

10th Annual Pelletier Guitar and Music Camp Free Concerts continues for 3 more days only: Aug. 1, 2, 3 at 7:30pm nightly. Hear instructors and participants perform. The concert is indoor but bring your own lawn chair. We are 6.4 km east of Birch Hills on Hwy #3. Turn south at Winton Park Road sign onto gravel road. Drive 1.6km to yard on right (long white fence, white house on the hill).

For info call Sheila Pelletier at 749-2498 or email

www.guitar-camp.com



HOCKEY CANADA OFFICIATING PROGRAM REFEREE CLINICS



First and foremost the Recreation Board would like to thank those past hockey referees, who have given their endless support, time and effort in helping with the hockey officiating in our community. It is volunteers like you that help to keep the game of hockey alive in our town. We hope that we can count on your assistance again this upcoming season.

Once again the Saskatchewan Hockey Association is partnering with Birch Hills to hold a referee clinic on November 20, 2011. This year they are introducing a two hour on-ice session. The clinics have been shortened to half day classes giving the opportunity to run on-ice clinics immediately following the classroom portion. The clinic will run in the morning from 9 to 1pm at the Community School and the on-ice session will run from 1:30 to 3:30pm at the arena.

If you are interested in taking this course and officiating hockey this upcoming season, please contact Laurie at the Recreation Office at 749-2251.

BIRCH HILLS & DISTRICT HISTORICAL SOCIETY

PRESENTS

The 15th Annual Threshing & Family Fun Day

SUNDAY, AUGUST 14TH

PANCAKE BREAKFAST 7:30 to 9:30am @ Civic Centre

CHURCH SERVICE 10:30 to 11:30am @ Museum

PARADE

12:00 noon through town

(phone entries to Duane Mohn 749-3446 or Richard Epp 749-3152)

Activities throughout the Day @ Museum Grounds

FOOD

MUSIC & POETRY

SILENT AUCTION

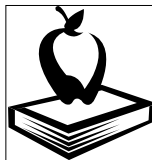
TOURS

DEMONSTRATIONS

DUNK TANK



FREE ADMISSION! DONATIONS ACCEPTED



Library News

Summer Reading Program

There's still time to enter to win Prizes

Log books to be handed in by August 25th

On Saturday afternoons
(or whenever the mood
hits) if you see a group of
ladies outside the New
Ground Cafe you are wel-
come to join in on 'Yoga in the park'



Softball Fridays Every Friday at 7pm

Anyone aged 18+ is welcome to come out to the Lion's Park Ball Diamonds to play. Bring your bats, gloves, and friends. Drop in cost is \$2/person.



You don't have to be
good...just willing to play!

NEW GROUND CAFÉ

For hours of operation or special catering requests contact Jenni 749-2529 or email newground@sasktel.net

TLC DAYCARE INC

1st Annual Steak Night & Silent Auction
Sunday, August 14 5 - 8:30pm
Dinner at the Birch Hills Civic Centre

\$15/meal includes 6oz Sirloin Steak,
baked potatoes, caesar salad,
garlic toast and dessert
Take out and delivery available

For tickets or information contact:

Tara Simpson 961-6171
Tiffany Olson 749-3494
Kelsey Olfert 749-3440

All Proceeds will go to the building of the new TLC Daycare facility in Birch Hills



"What fits your busy schedule better,
exercising 30 minutes a day or
being dead 24 hours a day?"

2012 Winter Carnival

I know no one wants to think about snow in August but we are seeking interested, enthusiastic and innovative individuals to help organize a fun filled day or weekend of winter activities.

These events take a bit of planning so we need to start soon.

Please call or email Laurie at the Recreation Office if you are interested.

Birch Hills Dance Centre



Two positions available: Apply to Erica at bhrdc@live.com

YOGA/ ADULT FITNESS INSTRUCTOR

Seeking fitness specialists to offer adult fitness classes. Our facility is suitable for Yoga, Pilates, Tai Chi, Aerobics and much more. Storage is also available for equipment. We are able to negotiate rental options and will take care of advertising for you.

ACROBATICS /GYMNASTICS INSTRUCTOR

Seeking acrobatics instructor to implement and lead a new class with our dancers. We want to offer a class that includes the basics of tumbling, balancing tricks and other floor work. The ideal candidate will have a background in gymnastics and enjoy working with children. A coaching certification would be an asset but is not required. Remuneration will include mileage and an hourly wage.

SUMMER DANCE CAMP - AUGUST 16-18

Hip Hop, Jazz, Ballet, Tap, Lyrical, Modern, Musical Theatre

9am to 4pm (Bring Bagged Lunch)

Junior Level (8-10yrs) \$90

Intermediate (11-13yrs) and Senior (14yrs+) \$105

Includes 3 days of dance, 4-5 classes /day

Partial packages available \$45

Spaces are limited: Register now (1st come, 1st served) at The Studio 749-2606 or with Mary 749-3446

LAKE PARK SHOW, SHINE & SMOKE

August 27, 2011

Win a '69 Plymouth Fury III

See www.lakepark.ca

for more details

Aug 8-12th 9-12 pm.

Daily Vacation Bible School

Kids 5- completed grade 6.

Register at Lake Park Baptist Church.

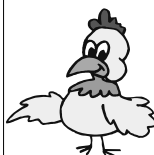
King George Hotel

Wing Night Fridays

8 - 11 pm

\$4.50/lb

Eat in Only



**ADVERTISE
YOUR EVENT,
SPECIAL DAY or
ACTIVITY HERE**

**Contact Birch Hills
Recreation**

birchhillsrec@sasktel.net or 749-2251

Deadlines for submissions is the 10th and 25th of each month.

Birch Hills Recreation

Box 280

Birch Hills, Saskatchewan

S0J 0G0

Tel: 306-749-2251

Fax: 306-749-2545

E-mail: birchhillsrec@sasktel.com

Facebook: Birch Hills Recreation

*Communities that play
together, grow together!*

COMMUNITY BOOSTERS

The Threshing Day parade is coming up August 14th and we would like to put the best face on our town. Visitors notice if our town looks neat and we would like to attract new homeowners and businesses. If you could pitch in to cut the boulevard and trim around any tree or post

in front of your home when you are cutting your lawns, it would be appreciated. There are a few places where people are not able to walk on the sidewalks for overhanging trees, Homeowners are responsible for maintaining trees on your property.

After the recent storm we have seen what happens when dead branches are not removed. Falling trees can damage your home, vehicle or hurt people walking nearby.

Community Boosters will be out and about trimming town trees, feel free to join us or call Shirley Ulvild at 749-2500 or Louise Adams at 749-3521.

We're on Facebook!
'Birch Hills Recreation'
like our page to get up to date
information

GOLF COURSE CORNER**Ladies Golf**

Tuesdays 9:30 am

and

Thursdays 5:30pm

Drink Specials \$4.00 Caesars

Mondays 7am until 5 pm

2 for 1 Green Fees

\$16 for 9 holes

\$29 for 18 holes

Men's Night

Tuesdays register by 5:30

Shotgun Start at 6:00pm

Drink Specials \$4.00 Beer

Hungry but don't want to
wait?...why not pre-order lunch
Call 749-2211

**Mixed Golf Tournament**

Last months mixed game of golf was so well liked that they are doing it again! August 3rd at 6 pm Everyone Welcome. Teams will be drawn in a Texas Scramble.

Cory Braaten Golf Memorial

August 13th at 9am

Contact Naomi Braaten for
more information 749-3339

**SK Party Batoche Constituency
Golf Tournament**

Meet your MLA Delbert Kirsch

Golf at 1 pm Supper at 5pm
Cost is \$60/person Includes golf
& supper (golf carts extra)
Supper only \$20/person

Limited Advance Tickets available
From Al Bzdel 749-3468 or
Kelly Braaten 960-1478

COMMUNITY BOOSTERS

For those that are interested in
community improvements and busi-
ness development.

Meetings are 3rd Tuesday of the
Month at the Town Office. Next
Meeting is July 19th at 7:30-9pm.
All are welcome.

Birch Hills Upcoming Events

August 1-3 - Pelletier Free Music Concert

3 - Mixed Golf Tournament

4 - Cory Braaten Golf Memorial

8-12 LPBC Bible School

August 13 - Fire Dept Open House & BBQ

13 - Cory Braaten Golf Memorial

13 - TLC Steak Night Fundraiser

14 - Threshing Day & Family Fun

16-18 - Summer Dance Camp

17 - Kids on the Block Puppet Show

August 20 - TBD - Riders Tailgate Party

21 - MLA Meet, Golf & Dinner

25 - Rec Board Meeting

27 - LPBC Show, Shine & Smoke

28 - Birch Hills Bark in the Park

Sept 2 - Thimbles & Threads starts

13 - Community Advisory Mtg

October 16 - RYSC Youth Rider Game

November 20 - Hockey Referee Clinic

February ? - Winter Carnival (Volunteers Needed)

Other Community Events

Aug 21 - Lanigan Partner Golf Tourn



Recreation Activities Provided through Sask Lotteries



Please
Share Paper
with a
Friend