

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Cornerstone Insurance, Grumpy's Confectionary, Quayles Pharmacy, and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)

July 15<sup>th</sup>, 2017

Issue 146

Greetings Readers,

I hope your summer has kicked off to a great start. Road, curbs and gutter construction has begun up on Poplar. Thank you for your co-operation and patience as crews are working to improve our town.

The Summer Playground Program has begun, Monday to Fridays during the hours of 1-4pm. Visiting children are always welcome to attend as well. Tuesday & Thursday evenings at 6:30pm is Boredom Bustin' intended for ages 8-12yrs. Kids are to meet behind the school for some fun and games. Younger kids and adults are more than welcome to join in. For those youth with a more creative side, the Library offers crafts on Tuesday evenings 6:30 - 7:30pm. Tuesday evenings, there is family wiener roasting up at the skatepark.

## Boredom Bustin'



Tues and Thurs  
Evenings 6:30-8:00pm  
Starts Tues July 4th

Meet behind the school to  
play games.  
Intended for ages 8-12  
however, all ages are  
welcome.

These programs are all  
free thanks to sponsors  
and donations.  
Come on out and join  
in on the fun!

*Laurie Berube,  
Recreation Director*

**JULY** issues of this Birch Hills activity news letter was sponsored by:

**TURQUOISE TREE  
COUNCELLING & WELLNESS INC,**

**SOYLAND FAMILY &  
PRATT PLUMBING & HEATING**

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/[birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net). The cost is \$100 by 3 sponsors (\$300/mos) for printing, advertising and ensuring that the newsletter stays free for everyone.



Community Funding Assists our Rec Activities in Birch Hills

## BIRCH TREE CAFÉ

...Under New Management  
as of Monday, July 17th  
Michael & Soyoung Lee,  
from North Battleford  
Same hours, same menu but they will be  
adding new menu items soon!

### Summer Special

All 13" Pizza \$17.95 (plus tx)  
Try the Korean BBQ Pizza

Wishing previous the owners of  
Birch Tree Cafe, Lana and Leslie  
LePage best of luck  
in their future endeavours!



## MANE EVENT Salon & Event Hall

### 2nd Annual Street Dance -

Saturday, July 29th

Featuring CURTIS GRAMBO and  
Special Guest Breanne Stubbs

6-8pm BBQ Supper is on! Bring the family for  
Live music, food & fun for all ages.

8pm cover for adults \$20 (19+), Kids 0-12 free, 13-18yrs > \$10  
Youth must be accompanied by an adult



## YELLOW CREEK'S STREET DANCE

Saturday, July 22nd

at the Dead Horse Saloon, Yellow Creek

Supper 6:00-9:00pm

Featuring: *Moonshiners* 2:00-6:00pm

*Jo' Mama* 9:00pm

\$20 entry. \$5 per ticket is donated to the Autism Society. Must be 19yrs or older



## CRYSTAL SPRINGS EVENTS

**Bingo:** Get your daubers ready! Bingo in Crystal Springs on Tuesday 7:30pm

**Crystal Hotel Street Dance:** Saturday, July 15th  
Live Band (Zero Kilometers to Empty), BBQ, Beer Gardens,  
Doors open 7, Tickets \$15 in advance, \$20 at the door. Call 749-5823 or visit hotel

**Crystal Hotel Mudfest:** Saturday, Aug 12th



The hall is available for rent. Contact Lynn 306-864-8013

Weiner Wednesday is now....

## TUBE STEAK TUESDAY!!

at the Skatepark.

Bring your chairs, hot dogs and drinks and spend a relaxing time with friends and neighbors around the campfire!

Every Tuesday from  
5:30 pm to 7:00 pm.

Weather permitting  
Love to see you there!



## YOUR VOTE COUNTS!!! ...a lot!

RYSC Youth Group has made the Top 20 Finalists for the Tangerine 20 Contest and has the chance to win \$20,000.. to build a Camp Gazebo with Washrooms at the Skatepark.

**BUT...We need you to Vote!** (it literally takes 15 seconds) and it shows funders of community support

Step 1: You can do this through the Facebook postings or by going to Google, typing in 'Tangerine.ca/Tangerine20'  
Step 2: Enter your email address and press submit.  
Step 3: Scroll down to 'RYSC Youth Group' and  
Step 4: press **VOTE!**

Please vote once per day until July 26th...



The Birch Hills Golf Board and their staff send their condolences to Betty Lou, and to other family and friends of Larry Strand.

Larry was an avid golfer, a long time member of the BH golf course and a current board member (Pres).

His common sense, down to earth attitude and gentle personality will be missed on the board and throughout town.

You are invited to a



Come and Go Tea to celebrate **Hazel Welch's** 90<sup>th</sup> birthday at the Branceph Hall on Saturday August 5<sup>th</sup> from 1:00 to 4:00.

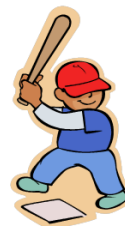
No Gifts please..

## Braggin' about our kids!

Tyler Mickelson and his PA Astro teammates defeated the Shellbrook Rangers 9-7 in 7 innings to take home Gold in the U12 Squirt Boys "A" Provincial Final. It was a battle to the end that could have gone either way. Way to go boys!!

Kyle Evans and Keegen Dansereau of BH played with the PA Astros "B" team and lost out in the semi provincial finals. Get 'em next year boys!

Emma Mickelson played with the PA Peewee "A" Aces and won the GPLS Championships in Alberta at the end of June. Good luck with provincials in Regina, July 15th wkend girls!



Tayha Rolfes and Cassie Pratchler played with the Melfort Spirit Bantam "B" ball team. Unfortunately they didn't make the provincial playoffs but they had a great year. Thank you to the Melfort Minor Sports Association for supporting this team and a special thanks to Conrad Paskell for being the head coach and sticking with it when it looked like we wouldn't have a team. Thanks to Bill McLennan, Norbert Piat and Leon Pratchler for assist coaching.

### **NOTICE**

The Town of Birch Hills will have some excess clay and dirt from our local improvement project.

If you are interested in some fill dirt, the Town will have some available for sale at \$1.00/ yard sold in engineered measured, truck load quantities only.

Please let the Town Office know if you are interested.

### **BIRCH HILLS GOLF CLUBHOUSE**

Avoid the lunch rush.. Call ahead 306-749-2211

Fresh made buns and treats, Sandwiches,  
Salads, Paninis, Breakfast (served until 11am)

**Mondays** Soup/Chili/ Stew

**Tuesdays & Thursdays** Paninis

**Wednesdays** Rice Bowls

**Fridays** Turkey or Vegetable Quesadillas

**Weekends:** Hot Dogs / Smokies/ Fresh Cinnamon Buns

Transwest Air, Propaganda and RYSC Youth Centre

### **SHOE DROP and SNEAKER SCRAMBLE**

**Sunday, August 20th**

At the Birch Hills Skatepark

BBQ 5pm Shoe Drop 6pm

Shoe scramble for kids to follow!

Skateboard Jam & More!



Purchase your 'shoe' from the youth centre.

On the day, shoes will be dropped from the sky and the shoe that lands in the fire pit wins \$1000!

**Shoes \$10 ea from youth centre.**

Each shoe purchased enters your name into a draw for a Roughrider Fire Pit!

All proceeds to a  
Skatepark Camp Gazebo and washrooms



Birch Hills Dance Centre  
online registration opens  
July 1st.

[www.birchhillsdancecentre.net](http://www.birchhillsdancecentre.net)

For more info email [bhdc@sasktel.net](mailto:bhdc@sasktel.net)

### **TECHNIQUE TUESDAYS & WORKSHOP WEDNESDAYS**

Aug 11,8,15,23,30

5-6pm Ages 7-9,

6-7pm Ages 10-12, 7-8pm Ages 13+

\$50+gst for all classes, \$15 drop in

### **CREATIVE PROCESS**

For intermediate and senior dancers. Each Monday  
starting in September 5:00-5:45pm

### **PAW PATROL & SING! DANCE CAMPS**

August 18

Ballet, Jazz, Creative Movement, Hip Hop, Tap,  
Crafts and more! 10-12pm 6-8year olds (sing)

1-3pm 3-5yr olds (Paw Patrol)

### **BIRCH HILLS 'STEP OUTS' LINE DANCING GROUP**

This group was 'born' in 2012 with  
approximately 8 women who met at  
the Senior hall to dance and learn.



5 years later they are a group of 21 who meet  
on Wednesday mornings at the civic centre for a  
couple hours. During the winter months they also  
meet on Mondays for 'more of a beginner  
program and are joined by another 4 or 5 dancers.

They entertain regularly at Birchview Nursing Home  
They have participated in several events in town and  
performed for the Legion national curling event...

A few of these ladies attended the Vegas dance  
explosion 2 years ago. To date they practice 77  
dances! Carol Churchill, founder of this group and  
leader during the summer. Gaylene Cooke, Lorisa  
Ganes and Sandra Barber provide the winter  
leadership.

Dancing is all about fun and they do have a lot of  
fun dancing, sharing lots of laughs, all while staying  
active. New members are always welcome! Come  
once or come each Wednesday 9:30-11 at the Civic  
Centre

These ladies have formed a spectacular group of  
friends that seem to always be having a good time...  
All because someone just asked "Could I start  
something!" Thank you Carol!!

### **COMING SOON....**

Lake Park Baptist & The Community Church  
hosting...

VBS for kids  
(Vacation Bible Study)

**"Mighty Fortress"**

At the Sportsgrounds

August 21st - 25th during the am hours

Stay tuned for more details...



## Farmers Market in Birch Hills

Fridays 9:30 - 5:30pm  
(or until products sell out) Downtown Birch Hills  
beside post office.

**Winding River Colony** fresh eggs, chicken,  
homemade pies, crafts, jams & other delights.



## TABS FOR CANCER

We are collecting tabs off of beverage  
cans on behalf of children  
affected by cancer.

Check out the bulletin board  
by the post office and at the  
Lake Country Coop in Birch  
Hills for more information.

Tabs can be dropped off in  
the jar that is at the Co-op,  
Grocery side.

Thank you!

Shirley Graupy



## Birchview Nursing Home welcomes all

2:30pm Ralph Galambos July 26th

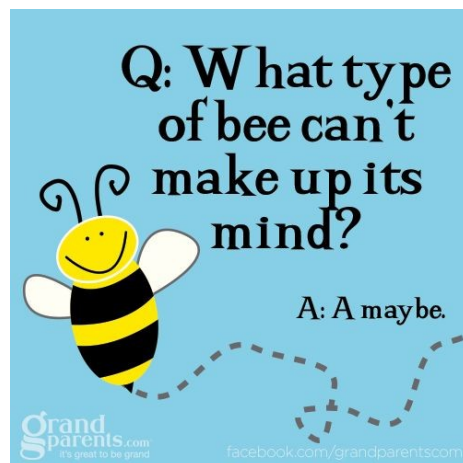
If anyone is interested in sharing their talent of  
music, dance, acting for our residents and guests, contact  
Shelley 306-749-2288.

## BIRCH HILLS UNITED CHURCH NEWS

Friday, November 3 Birch  
Hills United Church Western  
Night

There will be no United  
Church worship services in  
July.

We hope you will join us at the  
ecumenical service on  
**Threshing Day** at the Museum  
on August 13



BIRCH HILLS & DISTRICT  
HISTORICAL SOCIETY hosts the ...

## 21st Annual Threshing Day & Family Fun

Sunday, August 13th

At the museum grounds

Pancake Breakfast, Children's events,  
Face Painting, 50/50 raffle (3 draws),  
Ecumenical Church Service, Musical  
Entertainment (Dean Bernier & Sylvia  
Schira, Old Tyme Music),  
Silent Auction, Food Concessions,  
Threshing Demonstrations,

Parade through downtown

(register your float with Stuart Matice  
parade marshal 306-314-2378)



## Co-ed Rec Slow Pitch

Tuesday Nights 7:00pm

Come out and cheer on your favourite players/teams



**Pecan Sandies** (3/0)  
**Balls Deep** (1/2)

**Red Dogs,** (2/1)  
**YankDeez** (0/3)

Join the "**Birch Hills Slowpitch**" Facebook page for  
updates and ball info

KG Bar kitchen open until 10pm. Players & friends  
welcome.

**Slowpitch Tourney:** in Birch Hills Saturday, July 22nd  
\$400 team entry, Concession, gardens, 4 game guarantee.  
Contact Justin or Bill 306-960-2180

If you would like to be on the spare players list, (there is always a  
shortage of ladies) contact Laurie, Rec Office text or call cell  
306-749-7451



## RECYCLE

Please Share Newsletter with a  
friend Send request to  
birchhillsrec@sasktel.net  
to receive the news letter online

## SUMMER STREET HOCKEY LEAGUE

Enter as a team or individual!  
Looking for teams to play round robin  
once a week throughout the summer  
with Playoff Tournament or  
Game August 20th!

Each team must have 1  
Adult!

Call Clint or Kathy at Youth  
Center 749-2478



## BIRCH HILLS & AREA BUSINESS HIGHLIGHTS and NEWSLETTER SPONSORS

### TURQUOISE TREE COUNSELLING & WELLNESS INC



Erin McLeod and Tiffany Olson are registered clinical Social Workers who share a vision of working with people that seek to improve themselves and lives.

Turquoise Tree Counselling and Wellness Inc. offers a wide variety of counselling and coaching services in all areas of relationships, grief & loss, self esteem/confidence, stress management, anxiety, depression and overall mental health wellness using a variety of types of therapy that are tailored to our clients needs.

Each individual is on their own unique journey in life. We believe that education and self-determination are key elements of the journey.

Counselling services may be covered through the client's employee insurance plans.

Two offices you can find us at:

2040- 2387 10th Ave W

Prince Albert, SK

306-922-2777

OR

#6-102 McKendry Ave

Melfort, SK

306-752-1020

[www.turquoisetreecounselling.com](http://www.turquoisetreecounselling.com)  
[turquoisetree@sasktel.net](mailto:turquoisetree@sasktel.net)

### Pratt Plumbing and Heating

Contact Devin Pratt at 306-280-5137 or email [prattplumbingandheating@sasktel.net](mailto:prattplumbingandheating@sasktel.net) for your plumbing or heating needs. Now equipped for A/C installs



### 2017 SUMMER PLAYGROUND PROGRAM

The Playleaders for 2017 are

*Taylor Mitchell, (306-749-7789)*

*Megan Thompson and Matthew Hood.*



Join our facebook page for updates, notices, and other info. '*Birch Hills Summer Playground Program*'

*Kids must be registered before attending the program*

*Registrations available on Facebook or at the park*

Monday to Friday 1:00pm to 4:00 pm. at the Lion's Club Sportsgrounds. (Rain days, meet at golf clubhouse).

**Thanks to grants & donations this program continues to be free to all kids 5-12yrs!**

### Birch Hills LIBRARY News

#### SUMMER CRAFTS w/ Alicia Hood

July 11, 18 & 25 and Aug 8, 15 & 22

6:30pm-7:30pm

Ages 5-12yrs, No Cost



Register at the Library for the  
**Summer Reading Program**

### WHO WANTS TO PAINTBALL!

Sunday, July 23 5 - 8 pm  
 at Paintball Paradise in Prince Albert  
 Adults and Kids Age 10 & Up

Leave Youth Center at 4:15 pm

Basic Package \$35, Super Package \$59

\$10 Deposit to Book your spot by July 17

Call Clint or Kathy 749-2478 for info



### HELP WANTED

We have two field trips scheduled for the playground program in August. We are looking for adults to help with transportation of children.

If you are available for August 11th (Struthers Lake) and/or August 21st (Melfort pool)

Please contact Rec Office asap 749-7451 or

Taylor 749-7789.

Thank you.

### Supplies for Playground Program

If you happen to have any of the following to donate, bring to the program or contact Rec Office: Egg cartons, sand toys, sponges, water balloons, foam letters/ animals /sports, rainbow loom bands, markers, 2L bottles, heavy duty plastic (75-100ft), balls, bean bags, glue sticks, sunscreen, bug spray. Thank You!



Laurie Berube,  
Recreation Director  
Box 280, Birch Hills, Sk  
S0J 0G0

Office Located at: 146 Bellamy Ave  
Office Hours Mon, Wed, Thurs 9am-12pm  
General Hours M-F 9am-4pm text or call  
Cell: 306-749-7451 or  
E-mail: birchhillsrec@sasktel.net  
Facebook Page: 'Town of Birch Hills  
Community & Recreation'  
Town Website: www.birchhills.ca



Book Tee Times at Clubhouse 306-749-2211  
Check us on Facebook (*Birch Hills SK Golf Course*)

Monday FUN-days - 2 fore 1 Rounds  
NOW ON FRIDAYS 2 can golf for price of 1  
Ladies Welcome Tuesdays 9:30am & Wednesdays 5:30pm  
Thursdays - Men's night 6:00pm

LUNCH SPECIALS DAILY MONDAY-FRIDAY

## 10th & Final Cory Braaten Open Memorial Golf Tournament

\$10,000 Hole in One Prize

August 19th, 2017

9:00 am Start 4 Man Best Ball

\$200 entry fee per team of 4 (includes lunch)

20 teams max

Money raised will go the  
Cory Braaten Scholarship fund for a graduating  
student from Birch Hills High School entering  
into a trade.

Please register with Naomi by Aug 15th 306-314-2347



## Upcoming Events

- July 15 - Crystal Springs Hotel Street Dance
- 18 - Kids Craft, Boredom Bustin'
- 20 - Golf Steak Supper Nite
- 22 - Yellow Creek Street Dance
- SlowPitch Tourney in BH
- 23 - Paintball (RYSC Youth)
- 29 - Birch Hills Street Dance
- August 5 - Hazel Welch 90th Bday Tea
- 12 - Crystal Hotel MudFest
- BH Fire Dept Golf Open
- 13 - Annual Threshing & Family Fun Day
- Pancake Breakfast
- Ecumenical Church Service (museum)
- Parade downtown
- Family Fun & Entertainment (museum)
- 18 - Paw Patrol & Sing Dance Camps
- 19 - Cory Braaten Golf Memorial Open
- 20 - RYSC Youth Shoe Drop
- 21-25th - VBS all week
- Sept 5 - Pre-school Registration Night
- 6 - Ladies Harvest Fun Golf Open
- 23 - Donkey Cup Open Golf Tourney
- Oct 29 - Crystal Springs Fall Brunch
- Nov 3 - United Church Western Night
- 4 - Crystal Springs Fall Trade Show



## Steak Supper & Mens Nite

Thursday, July 20th

\$20/ Steak dinner

register by July 17

Golf, carts & men's night  
is extra



Anyone  
Welcome  
for Steak  
Supper!

## Donkey Cup Golf Open

3 clubs only

(2 clubs and a putter)

2 - person scramble

Saturday September 23rd

Contact Brett Honish

960-0114 for  
more info or to  
register.



## Annual Ladies Harvest Fun Open Golf Tourney

Wednesday, September 6th

Register at clubhouse or  
with Gaylene 749-7474

4 lady best ball. Many prizes  
and lunch provided

Call today, this event fills up  
quickly!

Fire fighters and spouses are  
invited to the Birch Hills &  
Muskoday Fire Department  
Golf Tourney  
4 person Best Ball & BBQ  
Saturday, August 12th

For more info or to register  
contact Lyle Evans  
930-8074.

## BIRCH HILLS JOB OPPORTUNITY

Are you a mature person looking for a little  
extra cash over a short period of time?  
Maybe extra funds for upcoming Xmas gifts?  
A chance to work at the place to be in town?

The Birch Hills Golf Course is looking for  
short term counter and kitchen staff for late  
August to mid October.  
A Food Safe Certificate and experience  
working with the public would be a definite  
asset. You must be 19 to apply. You could work  
a few days a week or up to full time.

Please forward your resume or letter of  
interest to [lganes@sasktel.net](mailto:lganes@sasktel.net) (or drop it off  
at the golf course) For more info on the  
position, please call Jamie at the golf course  
@ 306 749 2211.