

The 'Birch Hills Community Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month at: Co-op Grocery & Hardware, Quayle Pharmacy, Grumpy's Confectionary and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request for mailing list to birchhillsrec@sasktel.net

July 1, 2012

Issue 25



Happy Canada Day!

I hope to see many of you out for the bike parade and BBQ on Sunday. Next year I also hope to expand our afternoon, maybe add a ball tournament, entertainment, etc. but I need your help to organize this. If you are interested, please let me know, as there is funding available for us to celebrate well.

Minus the power outages, I am very glad to see that Birch Hills managed to avoid a lot of the storm damages from last week. I would also like to give a pat on the back to the town businesses and specifically the Co-op for their dedication to serving and welcoming out of town residents, once again showing off our Big Hearted Town...BRAVO!

Keep your eyes out for a Farmers Market starting in town. The Museum Group will be starting this project if you would like to get in touch with them for more information.

If you are going away for the summer and would still like to keep up with the events and activities happening in Birch Hills, send me your email address and you can be put on the emailing list.

I wish you all a safe and enjoyable summer.

Laurie Berube, Recreation Director

Ladies Night

Our last one was so much fun...even in the pouring rain, we're going to do it again. 23 ladies (and most had never golfed before) came out for the Nine & Dine. Great Times!

NEXT DATE: Wed, July 18 meet 5:30, golf 6:00 No dinner just golf. Bring an appetizer for after and we can visit. Thank you to Brock Tilford for the quick lessons and helping us out on the 18th.



'CATCHING THE W.A.V.E.'

Playground Program

for ages 5+ Starting



June 27 until August 24th

meet in the Birchview Playground,
(unless otherwise posted)

Monday, Wednesday, Friday 1-4pm
in Birch Hills started June 27
Tuesdays & Thursdays 10:00-4 pm
in Weldon Starts July 3rd

July 1st - Canada Day Bike Parade

2 - 80's Craze

4 - Unbirthday Party

6 - Neon Bright Dance Party

9 - Water Balloon Fun

11 - Struthers Lake Field Trip

13 - More Water Fun

16 - Our Pre-Show

18 - Our Puppet Show

20 - Our Post Show

23 - Easter

25 - Christmas in July

26 - Kidzfest Field Trip in PA

27 - Halloween

30 - Birch Hills Olympic Games

Contact Derek 749-4305 for more
info. Your 2012 Playground Leaders
Derek Manson & Brittany Larson

Royal Canadian Legion 2nd Annual
Memorial Golf Tournament
Sat July 21 Shotgun start, best ball,
includes bbq steak dinner \$40/ea
Pre-register with Tom 749-7957 or
Lyle 749-7927 or on line
birchhillslegion@gmail.com

This issue of our Community activity newsletter was paid for you by: **Northern Light Orchards**

If you would like to be a sponsor of the next 'Heartbeat' newsletter, contact Laurie at

'birchhillsrec@sasktel.net'

The cost is \$100 for printing, advertising and ensuring that the newsletter stays free for the community. Individual & half sponsorships are available. Thank you for supporting your local paper.



144 years old and still the best place on earth. Happy Birthday Canada!

2nd Annual CANADA DAY BIKE PARADE

Sunday, July

1st 12 - 2:00pm

at the Credit

Union parking lot.

Facepainting at noon

Decorate your bike,

yourself, your dogs &

Parade down

main street.

BBQ Lunch

sponsored by

Rugged Country



Mixed Adult Slow Pitch Rec League

Wednesdays Nights starts July 4th.

There are still some spots available. Out of town individuals welcome. Call or text 749-7451.

July 4th 7pm

Spectators Welcome!

O.T.P. vs Q and A and Pecan Sandies vs Wild Bill's



SPORT CAMPS for 12 years+



Archery Camp July 19 1:00 - 2:30pm at Ball Diamonds

Football Camp July 31 1:00 - 3:00pm

In football fields behind school



All camps are free of charge, thanks to the

Lakeland District for Sport, Culture & Recreation

Sign up with Laurie by July 16, some camps have a minimum and maximum accepted registrations, please do not wait to register.

Attention Adults: Seeking volunteers to help the instructors.

Canoe or Kayak Camp coming...watch for details

Congratulations to the Graduating Class of 2012

Alexandria Bear	Brooke Bear	Raylene Bear
Brittney Becker	Erik Borsheim	Nicole Boutin
Payton Boyer	Tanner Braaten	Travis Bryshun
Elise Cochet	Isaak Davidson	Shawn Debray
Jayne Enns	Avery Jensen	Travis LaRoch
Katherine Lubyk	Rikki Lucas	Brittany Macfie
Danielle Matice	Brett Njaa	Elizabeth Obey
Ambure Parent	Jason Ravndahl	Merlyne Roberts
Halsten Rust	Shawn Sochaski	Tyler Sorenson
Alyssa Stubbs	Laura Swenson	
Rochelle Gray-Jewett	Randy Wick	
Jared Wicks	Michelle Smytaniuk	
Morning Dawn Weenonis		
Alicia Macdonald-Pledger		



The Boosters appreciate the extra effort residents put into beautifying their property, this edition of the Heart-beat brings a bouquet to Theres Strand and Lorris & Ruth Myhr.... Well Done Folks.



Congratulations and a big thanks to Laurie Berube as she celebrates her first anniversary as Rec Director in Birch Hills - You have made a big difference which is greatly appreciated.

The trees have been planted around town with specialty varieties coming from Shand Greenhouses. Thanks to Northern Light Orchards for supplying the poplars and to Carl Barber for planting them.

Mark your calendars: The Annual Threshing and Family Fun Day will be held on Sunday August 12th.

Shirley Ulvild

BIRCH HILLS BUSINESS HIGHLIGHTS

Northern Light Orchards

Carl and Sandra Barber 749-3216

Email: northernlight@sasktel.net

Website: www.northernlightorchard.com

Northern Light Orchards began in 2007 when several local individuals banded together to grow a haskap orchard and operate a hybrid poplar nursery. It is located on the Northern Light Road 2 ½ miles south of the Hagen/Highway #25 intersection. Our 10 acre orchard began producing fruit last year. Although the bushes are still not fully developed, they are productive. We expect harvest to begin at the end of June and are pleased to offer U-Pick, pick on shares, or already picked fresh or frozen haskap for sale.

Many readers may have experienced our fruit in pancake topping at a pancake breakfast or over ice cream or in a variety of baking over the last year or so and will agree that this fruit has a wonderful full and complex flavour and intense color without being full of seeds. Local non-profit groups will be given a 1/3 discount if u-picking for fund-raising efforts. We are beginning to sell limited quantities of toppings, juices, and other products.

Haskap is higher in anti-oxidants than blueberries and is also full of Vitamin C and other nutritional goodies, which is why it is considered a "superfruit"

We provide part time seasonal employment for interested people of all working ages including students. Manager/President Carl Barber assisted by Sandra, executives Brenda Getz, Alice Boden, and Jason Green as well as our other shareholders would like to welcome everyone to experience our fruit and our orchard. We hope to be a vibrant part of the Birch Hills and area business community for years to come. For more information talk to us on the street, call, email or check out our website .



FREE Evening Concerts

Pelletier Guitar and Music Camp

at 7:30pm nightly on the following dates:
July 16, 17, 18, 23, 24, 25, 30, 31, Aug 1.

Hear talented guitar, fiddle and voice instructors including California Blues guitarist, Dorian Michael plus camp participants. Indoors but bring a lawn chair. Camp is located 6.4 km east of Birch Hills on Hwy #3, turn south at 'Winton Park Road' sign, drive 1.6km to third yard on right. Watch for 'Guitar Camp' signs.

For more info call 749-2498.

Ultimate Frisbee

Sunday afternoons 3pm
behind the School
starting again July 8th
No equipment necessary
All Age and
Skill levels
welcome
For more info call Pastor
Danny at 749-2478



'Birch Hills Recreation'

'Like' our facebook page
to get activity
updates. Feel
free to add your own
event or activity info ...It's
your page too!



Butts & Guts Bootcamp Take 2...

Tuesdays 6:30 pm
Starts July 10 at football
field behind the
school. If field is
wet, meet at
skating rink.
Bring mat & weights (if
you have). Must have
proper running shoes and
water bottles. \$5 Drop in.
Contact Laurie for more
details. 749-7451
Men are Welcome...



Kids in the Hills

Teens are welcome to come to the Youth Centre
on Main Street Friday Nights for activities. Call
749-2478 for more info

Play! Always

CRYSTAL SPRINGS BINGO

Tuesdays 7-10pm



Please Share
Paper with a
Friend

Random Sport

No schedules, No set times, No set place, No cost
If you see a group of people behind the
school, in a field or at the ball diamonds,
come join in on the fun. Gather some
friends & family and start your own
Random Sport today



CANS & BOTTLES PILING UP?

Call 749-2478 and we will
pick them up or you can
drop them off at the
Youth Centre.

Recreation Adult Drop In



SlowPitch
Friday Nights
at the Lions

Club Ball Diamonds in
Birch Hills.

7:00 pm \$2 to play.
No skill required.

(weather permitting)
Watch for updates on
Facebook

Museum Coffee Pot

We invite you to
join us Weds from
2 to 4pm for cof-
fee & treats. The
Thrift Shop is open from
9am to 4pm. They de-
cided not to close! Thrift
Store will be open for
business on Wednesdays



BIRCH HILLS SENIORS

Mondays for Bowling & Thursdays for Cribbage

2pm at the Seniors Hall



Having a gathering?? Why
not use The Seniors Hall
Kitchen, Hall, and Tables by
donations. Contact Vel
Bompais at 749-3364

Line Dancing

Enjoy music, dancing,
laughter, social time
Come and join Carol
Churchill as she
teaches Line
dancing
Wednesdays
At Seniors
Rec Hall



9:30 to 10:45 am
No charge, but dona-
tions appreciated.
Questions:
Call Carol 749-3173

COMMUNITY BOOSTERS

Anyone who is interested in projects that will improve
the general appearance of our community and want to
promote their town for more businesses are welcome.
Meetings are every third Tuesday of the month. Receive
updates from the town council and make recommenda-
tions. Next meeting in Council Chambers on
Tuesday, July 17 at 7:30pm (ends 9pm sharp)

Birch Hills Lutheran Church would like to invite you to
coffee or tea Friday Mornings from
9:30-11am at the church, Bellamy & 4th St.
Everyone is welcome.



COMMUNITY GARDEN beside the post
office. Thank you to Sasktel for supporting the
Birch Hills Garden. Planting and growing has
begun. May your gardens grow plentiful.



**HELP! We need someone with a truck to pick up mulch
in PA and bring to the garden so we can control weeds. If
you can help please contact Ann at 749-3237**

Northern Light Orchards

south of Hagen seeking **Berry Pickers** for late June/early
July. Pick for Pay, Pick on Shares, Pick and Pay.
Contact Carl or Sandra 749-3216 or
Email northernlight@sasktel.net



Deadlines for submissions for newsletter are the 10th and 25th of each month.

Send to birchhillsrec@sasktel.net or call 749-7451

Birch Hills Recreation

Laurie Berube, Recreation Director
Box 280 Birch Hills, SK S0J 0G0
Tel: 306-749-2251 Fax: 749-2545
E-mail: birchhillsrec@sasktel.net
Text or call: 749-7451 cell
Facebook Page: 'Birch Hills Recreation'

*Communities that play together,
grow together!*



Health Canada Santé Canada

A Food Safety

Course has been scheduled in Birch Hills for September 18. A minimum of 15 participants is required.



Are you interested in getting or renewing your First Aid Certification. If we can get a minimum of 10 participants, we can bring an instructor here.

If you are interested, please contact Laurie asap at 749-7451. Costs are dependent on number of participants.

FREE GOLF LESSONS at the Birch Hills Golf Course. Six golf enthusiasts have offered to teach the basics on Mondays, 7pm for a limited time, (weather permitting) NOTE: No Lessons July 2nd

Call 749-2211 for more information.

Thanks to Ray Stangland, Larissa Ganes, Brock Tilford, Sandra Barber, Art Barth and Arnold Ganes for offering your time!



Bouquet of Thanks to all who supported and volunteered at the Car Hole in One Golf Tournament & Fathers Day Supper. We would like to send a huge bouquet to the following donors who presented for the Supper: Birch Hills and Area Health Foundation \$10,000, Birch Hills Lions Club \$1000 McIntyre Construction \$1000 Adam Balon (Propaganda) \$2000 RCMP Foundation 2000

A huge Thank You to Quayle Agencies for sponsoring the Car Hole in One, to the Birch Hills Golf Course and to Capital Kia for the display cars and sponsoring the 2 Roughrider Tickets for the Supper Draw! To Carol Pryznyk and the Legion for preparing and donating the

CLUBHOUSE CORNER

The Birch Hills Golf Course is now open.

Mondays (excluding holidays & tournys) 2 for 1 Green Fees

Tuesdays Ladies meet 9:30am; Men's Night starts 6pm

Wednesday Ladies Night starts 5:30pm

Thursdays \$10 for Green Fees



Group catered meals & tent rentals available. Memberships available for \$475/season. Junior & Family Memberships also available

Clubhouse open for lunch. Pre-ordered lunches suggested.

Fresh Homemade Cinnamon Buns Sat/Suns.

Inquiries at the Clubhouse 749-2211

*Thank you to those that participated in the 'Clubhouse Survey'
Winner of free golf pass will be announced in next Heartbeat*

Learn to Unicycle and Win your Own!

15 unicycles available to use. Each time you practice at the Youth Centre throughout the summer, your name will be entered into a draw to win one of 2 unicycles we will be giving away! Great exercise and fun for all ages



Cory Braaten 5th Annual Memorial Golf Tournament

Saturday Aug 18th
Birch Hills Golf Course
Four Man Best Ball
Register by Aug 14th
for play & lunch
\$120/team of 4
(9holes) Call
Naomi 763-1447
or 314-2347



beef. Thank You for being such an encouragement. Our Park is one step closer to being a reality!

The Skatepark Committee & RYSC Youth

Birch Hills Upcoming Events

July 1 - Canada Day Bike Parade & BBQ
4 - Slowpitch League Starts
8 - St Saviours Annual Memorial Srvc
10 - Butts & Guts Bootcamp Starts
16 - Register for Sport Camps
16-Aug 2 11th Annual Pelletier Music Camp
18 - Ladies Night (Golf)
19 - Archery Camp
21 - Legion 2nd Annual Golf Tourny
31 - Football Camp

August 12 - Threshing Day
18 - Cory Braaten Golf Tourny

Sept 18 - Food Safety Course

Town Council & Mayor Elections this Fall

The Birch Hills/Kinistino Thrashers are the P.A. Minor Softball 2012 Squirt Female



Silver Champions!! Congratulations
Players: Brooklyn Amyotte, Madison Arnestad, Mackenzie Devenis, Danica Dewhurst, Laura Doderai, Megan Evans, Reece Gitzel, Camryne Harper, Kaylee Ilnisky, Averie Lum, Casey Pratchler, Jayde Richards, Etta VanBurgsteden, Heidi Wicks Coaches Leon Pratcher and Gerald VanBurgsteden. **GOOD JOB!**



Funding Provides Recreational Activities in Birch Hills