

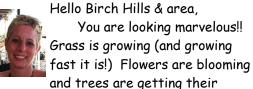
### HEARTBEAT

The 'Birch Hills Community Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Brahma Insurance, Quayle Pharmacy, and various other businesses downtown. Pick up your free copy and share with a friend.

Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

June 1st, 2014

Birch Hills Annual Garage Sale Day



leaves. I finally put away my snow shovels. I believe we are done winter. (fingers crossed)

The playground installation at the ball park has been postponed, once again due to weather. There has been a lot of preparation at the sportsgrounds and we look forward to completing this project.

Be sure to check page 5 for weekly events, some groups are breaking for the summer and will return in the fall. Watch for details in future newsletters.

A warm welcome to our guests on Garage Sale Day. May you find lots of treasures and enjoy your visit here.

Laurie Berube, Rec Director

#### MINOR BALL LEAGUE

Games in Birch Hills

June 2 Squirt Girls

June 3 Mite, Midget, Bantam Girls

June 4 Mite Boys

June 5 Mite, Midget, Bantam Girls

June 9 Mite Boys June 11 Mite Boys

June 12 Mite, Midget Girls

June 16 Squirt Girls, Mite Boys

June 18 Squirt Girls

June 19 Mite, Midget Girls

Learn to Play on Mondays & Wednesdays. Come out for ice cream and snacks to support Minor Ball.



#### Sat, June 7th

Garage Sales all over town.
Out of town visitors are

welcome. Bring your own table or tail gate to set up anywhere. Main Street will be blocked off from the Old Co-op building to the Credit Union.

Street Entertainment Welcome.

Some extra activities to look for: **Pancake Breakfast** – 7:30–9:00am @ the

Civic Center hosted by the Town Council.

\* CK750/CJVR FM live on location

**Library Book Sale** 8:00am-noon @ Civic Center. Note: Children's craft is cancelled due to lack of registrations

#### LUNCH TIME

RYSC Youth BBQ 10-1pm @ Youth Ctr Clay Oven Beef on a Bun & SnoCones Curling Group selling Perogies & Smokies 10-2pm @ Skating Rink

#### Flute & Fiddle

\*Smoked Pulled Pork BBQ 11-2pm \*Trade Show 10-2pm

\*Erin Hill Concert 7:00pm

**Lake Park Baptist Church** Table Sale Proceeds going towards the Summer Playground Program

General Quarters Paintball Garage Sale Corner of 4th & McCallum Ave

Check out garage sales all over the town HAPPY TREASURE HUNTING

JUNE issues of the Birch Hills Community activity newsletter was paid for you

Issue 72

# by: Birch Hills Ladies Golf Club King George Hotel, (Darren) Sundbo Water Services.

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/ birchhillsrec@sasktel.net. The cost is \$100 ea sponsor (3/month) for printing, advertising and ensuring that the newsletter stays free for you & the community. Thank you for supporting your local paper.

#### **HELP NEEDED:**

The museum group is seeking someone to help with the Threshing Demonstration on August 17th at the Threshing Day Celebration Call 749-2262 if you can help.

LINK FAMILY
CONCERT
@ Lake Park Baptist
church
Tuesday, July 22, 2014
7:00pm
All are
welcome

#### BIRCH HILLS BUSINESS HIGHLIGHTS AND THIS MONTHS NEWSLETTER SPONSORS

#### SUNDBO WATER SERVICE

Owner Operator: Darren Sundbo 306-749-3241 306-749-7555

14 years serving the RM's of Birch Hills, St. Louis and Invergordon.

For quick, courteous service call now.

#### KING GEORGE HOTEL

Offering Free Pool Tables anytime Wednesday Wing Special \$7.00 / pound

Sundays \$4 domestic beer and highballs

#### Birch Hills Ladies Golf Club

We are happy to report 8 new members and if anyone else wishes to join, Come out Tuesday mornings 9:00am or ...

# SHORT AND LONG TERM ECONOMIC BENEFITS OF EARLY CHILHOOD CARE (Physical and Mental Development)

- Short-term:
- Provides jobs: employs nearly 3 million people nationwide
- Employees spend wages and pay taxes
- (Recreation & Education) Centers purchase goods and services
- Enables employers to attract & retain employees & increase productivity Long-term:
- Lower cost for remedial and special education, & grade repetition
- More school completion and skills
- Better job preparedness & ability to meet future labor force demands
- Higher incomes and tax payments from those who complete school
- Lower criminal justice and prison costs
- Fewer welfare payments

Excerpt from "Early Childhood Education for All, A Wise Investment"

**Recreation An Investment for Life**: It costs more then 100 times per youth to incarcerate a child than it does to provide recreation programs. (*National Park Service, 1989*) SPRA

A family of 4 in the RM of Birch Hills contributes approx. \$100/year towards Recreation. I thinks our kids are worth it, don't you?

Laurie Berube, Rec Director

cont..... Wed evenings 5:30pm
The ladies club have been developing a small fruit tree area off #1 tee box as our memorial to Darlene Elsaesser.
Thank you to Northern Light Orchards for the donation of haskap plants.

Join us Wed, June 18th for 'Ladies Night Out, Nine & Dine" We will play 9 holes and enjoy appetizers after. Costs & Registration inquiries at the Golf Course.

Happy Golfing Season from the ladies!

Deadlines for submissions for newsletter are the 10th and 25th of each month. Send entries to birchhillsrec@sasktel.net or call 306-749-7451

#### Christmas Shopping Bus Tour -

Stopping at a town near you!!!!

It's never too early to think CHRISTMAS!
Watch the Heartbeat and Facebook for future info.



## HOLY TRINITY ANGLICAN CHURCH IN BRANCEPETH

Summer Services
Starting Wednesday, June 4
At 7:00 pm
And every Wednesday in
June, July, and August
Everyone Welcome

Cans & Bottles Piling Up?
RYSC Youth Group continues to collect RECYCLABLE BEVERAGE cans and bottles including Glass Beverage bottles, Metal Juice Cans and Juice Boxes and Juice Cartons. If you have some you would like to donate, please call 749–2478. We will pick them up or you can drop off at the back of the Youth Center

# Birch Hills Cowboy Church @ Community Centre 1st Sunday of each month

Next June 1, 7:00pm
Featuring Country
Gospel Music with
down home bible
message.



#### Taxi Service in Birch Hills

Service 7 days a week. Around town, to P.A and back and even to Saskatoon if you have to catch a plane (must make arrangements in advance). Call 306-749-1222

#### Want to see changes?...BE THE CHANGER!

#### The Birch Hills COMMUNITY BOOSTERS

Next meeting Tuesday June 17, 2014 @ 7:30pm in the Museum Boardroom.

Contact Stewart or Louise Adams or Shirley Ulvild for more info

#### Community Garden

Unfortunately there will be no community garden this year due to lack of interest. The opportunity to have locally grown veggies and fruit was here. The hope was to one day start a farmers market for residents to sell their produce, flowers or crafts. Maybe we can try again another time.



#### Canada's Longest Day of Play

On Saturday, June 21<sup>st</sup>, let's I promote active play by rallying our friends and heading out to our local parks after dinner to let loose and have some evening fun. Feel free to ENJOY OUTSIDE PLAY!!



RYSC Youth is now collecting

#### Canadian Tire Money.

A drop box has been set up on the step railing at the Post Office for collection.

Thank your contributions!

#### BIRCH HILLS WASTE TRANSFER SITE

Summer hours

Frank Rowluck will have site open from

9:00am -5:00pm on Saturdays

4:00pm - 7:00pm on Wednesdays

Bring your household garbage, cardboard, metal, brush or compost. Fees may apply. Inquire within. Items not accepted: Liquid or hazardous waste, contaminated soils, domestic sewage, drugs, recalled foods, combustible materials, biomedical waste & animal carcasses or construction waste.

#### Summer Playground Program Wish List

If you have any of the following items Please contact Laurie to donate. 749-7451 or Brittany 981-5580

Old newspapers

Any type of paper

Glass bottles (baby food jars)

Eqq cartons

Shoe boxes

Plastic pop bottles (about 35) White t-shirts that can be tye dyed

Ice cream pails

Any type of plastic containers such as yogurt containers or butter containers

Balloons

Any type of sports equipments (Frisbees, soccer balls, footballs etc)

Card board boxes

Glue

Paint

Elastic bands

Crayons

Markers

Children's story books Anything that someone thinks we could use for craft, we would love to

have it. Thank You

If anyone has a line on a shed (10x8)ish for storage, please

contact Laurie 749-7451. Could be an older one or where to buy one, best price and ready made preferred.



#### FLUTE and FIDDLE UPCOMING EVENTS

June 7 - ERIN HILL accompanied by Bruin Eberle

Doors Open @ 7pm Tickets \$15

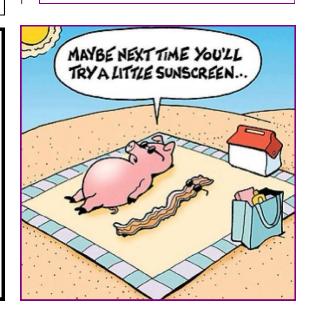
June 7 - TRADE FAIR All home based business are welcome No charge for tables Starts 10:00am - 2:00pm Call or Text 749-7940 or 980-8687 Serving BBQ Pork on a Bun

#### **Hosts in June**

June 6 Tim Dyck June 20 Bree Anne Stubbs

June 13 Lea Swenson June 27 Pam Cochet

Purchase tickets at the Clay Oven or online at www.fluteandfiddle.ca Like us on Facebook, Follow us on Twitter



#### SUMMER PLAYGROUND PROGRAM

The playground program will return to Birch Hill this July & August. The days of the program will expand to Monday through Friday 1:00 -4:00pm. The program will take place at the Lion's Club Ball Diamonds, unless otherwise scheduled.

This years Playground Leaders are:

Brittany Larson, Carlee Opseth and new this year Taylor Mitchell Join the leaders July 1st...Canada Day for some Family Fun

2014 Supporters of the Summer Playground Program

- \* Canada Summer Jobs Gov't of Canada
- \* Student Summer Works Sask Gov't
- \* Birch Hills Health Foundation
- \* Birch Hills Dreamland Optimists
- \* Birch Hills Lions Club
- \* Tessier Family
- \* Affinity Credit Union Community Spirit Fund
- \* Saskatchewan Lotteries Community Funding

**SPONSORSHIP OPPORTUNITIES** If you are a business or individual that is interested in purchasing t-shirts this year for the kids. Cost will be between \$350-400. Your logo or name will be displayed on the shirts. When the kids are out on field trips, it makes it much easier to keep track of kids & for kids to spot their leaders.

Please contact Laurie at the Rec Office asap for more information

#### **FIREHOUSE NEWS:**

Do you have an old building you would like to get rid of?

Birch Hills Fire Department is able to do controlled burns in the surrounding RMs that we serve. We had a busy spring season getting rid of some unsightly buildings for RM residents.



Birch Hills Fire Department uses controlled burns as training for our firemen. We ask that a donation be made to the department for our

services, minimum of \$100 and up depending on the size of the burn.

If you would like to book BHFD to do a controlled burn, please phone the fire hall (306) 749-2900 and leave a message or email birchhillsfireandrescue@gmail.com.

We like to do these burns during late fall and early spring due to moisture conditions, so call now to book your fall burn.

- Birch Hills Fire Department

www.birchhills.ca

#### PLAYGROUND PROGRAM KICKOFF

Join us July 1st...CANADA DAY at the Lion's Club Ball Park for family fun.
Bike Parade, Games, BBQ Fundraiser,
Drop in Ball for kids and Adults, Soccer with a twist and more.

Bike Parade starts at 1:00pm down Main St. Paraders are to gather at Post Office 12:30

#### LION'S PARK BALL DIAMONDS NEWS

#### Co-ed Adult Slow Pitch League:

Wednesday Nights
Sign up your team \$250 (individuals are also welcome to register to be on a team or to be a spare. Men Needed)
Spot for 1 more team. Out of town teams welcome.

#### Co-ed SlowPitch Tournament:

PA Dragon Slayers
hosting a slow pitch tournament in Birch
Hills. June 21st weekend. Call 960-3761
if your team is interested in registering.

Drop in SlowPitch starts June 6th Fridays 7pm at the diamonds. \$2 to play Everyone is Welcome. Come once in awhile, come all the time...it's drop in!

#### **COMMUNITY BOOSTERS NEWS**

It's been a busy week for the boosters as the new planters are filled with flowers and the smaller planters are put in place.

Our new pots (costing \$1394) were paid for by a generous anonymous donation. (thank you!) The Boosters host the spring and fall trade shows and theses proceeds are used to help with projects to beautify our town.

We put *Communities in Bloom* on hold this year as we needed our funds for planting supplies. We look forward to joining again in 2015. With more help, hopefully....

It is so rewarding to see our residents working on their yards. Let's try to be ready for Garage Sale Day (June 7th) as we will have many visitors in our town.

Watch for the "Beautifying Birch Hills, one yard at a time"" garden stakes around town.

A special thanks to Candace Cromartie and Vicki Eldstrom for joining our group...such willing and hard workers.

You too can be a Community Booster! Next mtg June 17th

#### EVERY WEEK IN THE HILLS

#### MONDAY

Line Dancing CANCELLED Weds only during summer Bowling at the Senior Hall 2:00 pm Vel 749-3364

Thimbles & Threads Sewing Club 6:30pm @ Birchview Melissa 749-3482 Fire Department Meetings 7pm @ fire hall



#### TUESDAY

Knitting Grannies are taking a break...Returning in the Fall Karate 7:30pm St Louis Karate Club 422-8665 Library Open 12-4pm and 5-8pm

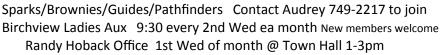
Community Booster Mtg 3rd Tues of the month Civic Centre 7:30-9pm St Louis Karate 7-8pm Call 422-8665 or 749-7500

Optimist Club 2nd & 4th Tues of the month New members welcome Crystal Springs Bingo

Mental Health Support CANCELLED

#### WEDNESDAY

Line Dancing all welcome 9:30-11am at the Sr Hall
Thrift Shop Open at the Museum 9-4:00pm Great Deals!
Coffee & Sweets at the Museum 3:00 pm



Holy Trinity Church Srvc 7pm Brancepeth starting June 4- Aug 13th

#### THURSDAY

Cribbage at the Senior Hall 2:00 pm Vel 749-3364 Library Open 12 - 4:30pm

St Louis Karate 7-8pm Call 422-8665 or 749-7500

Legion Mtg 2nd Thurs ea month 7pm @ legion hall. New members welcome

#### FRIDAY

Lutheran Church Coffee Break 9:30-11am Bellamy & 4th St
Birch Hills Library Open 12-4:30pm Story time done till fall
Flute & Fiddle Steak Night, Open Mic & Karaoke Starts 5pm All Ages
SUNDAY

If you have something to add to this list, contact Laurie at 749-7451

#### SUNDAY WORSHIP SERVICES IN BIRCH HILLS



Birch Hills Community Church @ Civic Centre 11:00am at 428 Bellamy Ave 9:30am:

Lutheran Church Service (1st, 3rd & 5th Sun of the month) United Church Service (2nd & 4th Sundays of the month) Glad Tidings Tabernacle (Pentecostal) @ 101 4th St 11am

Lake Park Baptist Church @ Hwy 3 11:00am
Saron Lutheran Church near Hagen 9:30am
St Mary's Anglican Church @ 255 McCallum Ave 9:00am
St Anne's Roman Catholic Church @ 255 McCallum Ave 11:30am

#### BIRCH HILLS LIBRARY NEWS

#### Library Hours:

Tuesdays: 12-4 & 5-8 pm, Thursdays & Fridays: 12 to 4:30 pm



StoryTime FINISHED FOR SUMMER HOLIDAYS...Watch for fall start up

#### COMMUNITY COMMITTEE CONTACTS

#### **Senior Hall**

Vel Bompais 749-3364 Hall Rentals **Birch Hills Royal Cdn Legion**Lyle Mohn 749-7927 Hall Rentals

Marlene Lypchuk 749-2571 Member Info



**Birch Hills Lions Club**Bruce Tilford 749-7743
Todd Devenis 749-3425

**Birch Hills Historical Society** Shirley Ulvild 749-2500

**Community Boosters** 

Stewart & Louise Adams 749-3521

**Dreamland Optimist Club** 

Stuart Matice 306-314-2378

**Community Garden** Shirley Ulvild 749-2500

Sparks/Brownies/Guides/Pathfinders

Audrey Matheson 749-2217

Fire Department

Peter Lubyk 980-7674

Sno-Posse Snowmobile Club

Jodi or Sheldon Gordon

Birchview Ladies Auxillary &

Meals on Wheels (help wanted) 749-2288



our Facebook page to get activity updates. Feel free

to add your own event or activity info to the 'Birch Hills Community & Recreation' page

NEW: Birch Hills SK Golf Course

#### Other Local pages:

BH Bargain Basement, , BH Black-hawks, Bling Car Wash, Brahma Insurance, Clay Oven Café, Community Boosters, BH Community Garden, BH Co-op, BH Dance Centre, Dreamland Optimist Club of BH, Flute and Fiddle, General Quarters Paintball, BH Mamas, Partie Perks Rental Studio, BH Sno-Posse, , 'Like' these pages to become part of these groups & get more information



Laurie Berube. Recreation Director Box 280, Birch Hills, SK S0J 0G0

Cell: 306-749-7451 text or call

Fax: 306-749-2545

E-mail: birchhillsrec@sasktel.net

Facebook Page:

'Birch Hills Community & Recreation'

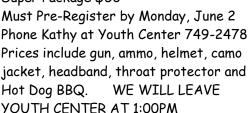
Website: www.birchhills.ca



Funding Assists Recreational Activities in Birch Hills

#### PAINTBALLING

Age 12 to Adult Sunday, June 8 1:00pm to 6:00pm At Paintball Paradise Basic Package \$33 Super Package \$50



#### JUNE CASH BACK:

Current members receive \$50 back for each new member they refer to sign up for 2014 membership. AND members can receive \$20 back for each 10 pack purchased by new golfer. (New members or new golfers can not have had membership or 10pack since 2010 season) Inquire at Clubhouse

#### LADIES NINE & DINE



June 18th, 2014 Quick 101 lesson at 5:30pm Tee off 6:00pm Appetizers @ 8:00pm \$25 includes 9 holes & appys

\$10 for those not wanting to golf but can visit. Pre-register at clubhouse

#### **GOLF COURSE NEWS**

\*\*NEW\*\* Birch Hills Golf members will receive half off green fees at partnering golf courses. Anytime, Anyday (excluding tournaments. Member cards must be shown). Wakaw, Lanigan, Shellbrook. Leroy, and St Brieux.

Mens Night 6:00pm Tuesdays

Ladies Golf Tues 9:00am Wed 5:30pm

Lunch Specials at the Clubhouse

Call 749-2211 to pre-order lunch \*homemade & fresh\* Fresh Cinnamon Buns on Sat & Sun

> Funday Mondays: 2 for 1 green fees (\$18) Thirty Thursdays: 9 holes & Cart Rental \$30

#### Museum News

Threshing Day will be held on August 17th this year. Please make plans to attend. Think about entering the parade 749-2262 for more info

For information on senior housing in Birch Hills, please contact Alan Ruder 306 749-7541

Community Bridal Shower For: Mark Gjesdal and Emma Skriver Sunday, June 22 at 2:00pm Birch Hills Lutheran Church Everyone Welcome (Including Men!)



Please Share Paper with a Friend or Send Email to receive the news letter online

#### Birch Hills Upcoming Events

June 1 - Cowboy Church

- 4 Holy Trinity Church Srvc starts weekly
  - 6 Heritage Day
    - Drop In SlowPitch starts
  - 7 Garage Sale Day
    - Erin Hill Concert (F&F)
    - Trade Fair (F&F)
  - 8 Paintball Paradise...must register
  - 17 Community Booster Mtg
  - 18 Ladies Night Out Nine & Dine
  - 21 Longest Day of Play
    - Slow Pitch Tourney (PA Dragons)
  - 22 Bridal Shower Mark & Emma
  - 28 Town vs Country Golf Tourney
    - Slow Pitch Tourney (tentative)
- 8 Men's Golf Tournament July
  - - 19 Legion Golf tournament (private)
    - 22 Link Family Concert @ LPBC
  - 26 Cinnamon Bun Classic Golf Tourney
- August 1-3 Weldon's 100th Celebration
  - 16 Cory Braaten Memorial Golf
  - 17 Annual Threshing Day
  - 18-22 LPBC Vacation Bible School
  - **Sept** 3 Ladies Harvest Golf Tourney
  - 26-28 Sask Culture Days
    - 28 Brancepeth Fall Supper

#### GET YER GOAT...OR THEIRS!

Golf Course Raffle \$5/ticket Buy your Friend or Foe a chance to Win A Real Live Goat!! No KIDDing!!

Draw Date Sept 30, 2014

Goat Insurance \$20 (ensures you won't win the goat) Tickets on sale now