

The 'Birch Hills Community Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Brahma Insurance, Quayle Pharmacy, and various other businesses downtown. Pick up your free copy and share with a friend.

Send your email address and request to be added to newsletter emailing list to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)

May 15th, 2014

Issue 71



Hello Everyone,

- It seems the weather is finally turning for the better, Spring may come to us yet.

It is awesome to see the diamonds in use. Spectators are welcome to come cheer our teams on. Visit the Canteen to support Minor Ball. Drop in adult ball will be starting in June and league starts in July

The Playground installation has been delayed due to wet weather and further upgrades to the sportsgrounds area. We will be looking for help May 31/June 1 weekend to trim trees, and other small projects. If you are available please let me know. And in case you didn't already know..the .GOLF COURSE IS OPEN!! Yay!

Laurie Berube, Rec Director

## MINOR BALL LEAGUE

### Games in Birch Hills

May 15	Midget Girls, Bantam Girls
May 19	Squirt Girls, Mite Boys
May 21	Squirt Girls
May 22	Mite, Midget, Bantam Girls
May 26	Squirt Girls, Mite Boys
May 27	Ban/Mid Girls, Mite Girls
June 2	Squirt Girls
June 3	Mite, Midget, Bantam Girls
June 4	Mite Boys
June 5	Mite, Midget, Bantam Girls



Minor Ball is serving in the canteen at the ball diamonds. Come out for ice cream, snacks and to support our teams.

**MAY** issues of the Birch Hills Community activity newsletter was paid for you by: **Crystal Spiker/ Advantage Real Estate, Bling Car Wash, and the Birch Hills Co-op Grocery/Hardware**

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/ [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net). The cost is \$100 ea sponsor (3/month) for printing, advertising and ensuring that the newsletter stays free for you & the community. Thank you for supporting your local paper.

## Community Garden

If you are interested in reserving a garden plot, contact Shirley Ulvild 749-2500. Gardening tips available, just ask. The hope is to one day start a farmers market. If you are interested in this, join us at the next Community Booster Meeting Tuesday, May 20th in museum

**LAST CALL**



St. Saviour's Historical Church welcomes everyone to attend the **Annual Seed and Soil Service** at St. Saviour's Anglican Church, Sunday May 25, 2014.....3 p.m. Service of Holy Communion lead by Bishop Michael Hawkins, with Rev. Chris Dow assisting. Bring you seeds and soil for blessings.



## Birch Hills Annual

### Garage Sale Day

Sat, June 7th  
Make your plans for the Town wide sale, Phone 306 749 2500 and we will list your groups event on our posters, in the June 1st issue of the Heartbeat and on the Recreation page on Facebook



St. Mary's/ St.Anne's Joint Church BBQ  
Wednesday, May 28th 5:00-7:00pm  
@ the Anglican/Catholic Church on McCallum Ave.  
For Take out call 749-7480.  
Cost is Adults \$8,  
10 & under \$5, Family \$28.  
Preschool & under-free



**Want to see changes?...BE THE CHANGER!**  
**The Birch Hills COMMUNITY BOOSTERS**  
Next meeting Tuesday May 20, 2014 @ 7:30pm  
in the Museum Boardroom.  
Contact Stewart or Louise Adams or Shirley Ulvild for more info

## BIRCH HILLS BUSINESS HIGHLIGHTS AND THIS MONTHS NEWSLETTER SPONSORS

**WIN A TRIP!** When you purchase or sell your home through us, enter to win a Caribbean trip for two! Draw date Nov 15, 2014



Advantage Real Estate is very excited to welcome back (after a year of maternity leave) your local real estate expert Crystal Spiker! 749-7404 Crystal will be working for TEAM Birch Hills and TEAM Kinistino. She Specializes in in FARMLAND SALES and RESIDENTIAL REAL ESTATE SERVICES! For a quick professional service Call 306-749-7404! Book your FREE market evaluation or inquire about our Vacation giveaway!

Birch Hills Co-op Groceries / Hardware  
Hardware store hours

Monday - Friday 7:00- 7:00

Saturday 9:00-6:00

Sunday 11:00 -5:00

Grocery store hours

Monday - Friday 9:00- 7:00

Saturday 9:00-6:00

Sunday 11:00 -5:00

Come in and see us - we would like to hear from you! We're also on Facebook!



**Bling Carwash** owner Mel Rosteski purchased the car wash in 2012 and has done many upgrades to it as well as more to come!! In April he upgraded all mechanics and he also put in all new cleaning products throughout the car wash, you will find a difference in the soap, foam brushes and wax. Mel also installed a stereo system in the car wash so you can now listen to tunes while you wash. In March 2014 we went under new management (Amanda Bliss). We have now started promotions for each month starting with "Air Freshener Day" If you spend \$5 you receive a free air freshener our next promotions will be May 3<sup>rd</sup>. May 6<sup>th</sup> will be "time and half Tuesday" that means more for your buck!! May 31<sup>st</sup> we will be doing a draw for a bucket full of cleaning products for your car worth \$60 if you spend \$5.

We thank you for the support and feed back!! amanda.rosteski@gmail.com 306-930-3100

**Sask Culture Days** is coming back  
September 26-28

If you are interested in teaching arts or culture during this weekend, please contact Laurie at the Rec Office.

Mark your calendars for a weekend of free classes of yoga, painting, language arts, dancing and more.

Funding provided by



Cans & Bottles Piling Up?

RYSC Youth Group continues to collect **RECYCLABLE BEVERAGE**

cans and bottles including Glass Beverage bottles, Metal Juice

Cans and Juice Boxes and Juice Cartons. If you have some you

would like to donate, please call 749-2478. We will pick them up

or you can drop off at the back of the Youth Center

**Birch Hills Cowboy Church**

@ Community Centre

1st Sunday of each month

Next **June 1, 7:00pm**

Featuring Country Gospel Music with down home bible message.

All Welcome.

Pastor Rick Martin  
981-2235



### Communities in Bloom is on hold this year in Birch Hills.

Last summer, Mayor, Shirley Ulvild, and friends (Millie, Ann, Andrew, Louise, Selmer,...sorry if I missed anyone) but this group worked very hard at tidying up our town. Birch Hills scored 3 stars in their first attempt in the Communities in Bloom campaign...this is pretty darn good!! And thank you to those in the community that helped with clean up, planting and watering flowers, removing garbage, trimming trees, planting in the community garden. Would you not agree that our town looked very presentable last summer? Well, more work is needed to be done but it takes a community to work together. Some residents are not able to cut trees, paint their fence or trim branches. Won't you consider helping your neighbours and friends out or working together to complete projects.



Please Share  
Paper with a  
Friend or Send  
Email to receive  
the newsletter  
online

### Taxi Service in Birch Hills

Service 7 days a week. Around town, to P.A and back and even to Saskatoon if you have to catch a plane (must make arrangements in advance). Call **306-749-1222**

## LADIES GOLF NEWS



Thirteen ladies met at the Clay Oven for the first meeting of the Birch Hills Ladies Golf Club on May 6, 2014. Our executive consists of Gaylene Cooke, president; Olive Stangeland, secretary; Ruby Swenson, treasurer and Lorisa Ganes is now the club captain.

We charge a nominal membership fee and new members are always welcome. We plan to begin our golf season on Tuesday, May 13 at 9:00 and also Wednesday, May 14 at 5:30 pm. Please feel free to come and join us. Our club captain is organizing some activities to keep the game interesting and fun. We stay for lunch the first Tuesday of the month and invite all of our former ladies golf members to join us as well.

We host a Texas scramble tournament the first Wednesday of September called the Harvest Tournament. We see between 50 and 80 ladies come out to enjoy 9 holes of golf with a meal prepared by the clubhouse staff. Our members have endeavored successfully to provide garden/harvest prizes to all participants.

Good golfing!

## Who's up for a Challenge??

### 21 Day Challenge

No chips  
No sodas  
No DIET sodas  
No chocolate  
No candy  
No white breads  
No cookies or biscuits  
No fast food  
No cakes, pastries, or muffins

Start today  
and write to  
me if you  
tried it.

Tell me what  
difference it  
made if any.  
If you can't  
cut out, at  
least cut  
down

Laurie

## TOWN OF BIRCH HILLS CLEAN-UP WEEK

The Town of Birch Hills has declared the  
week of

*Tuesday, May 20<sup>th</sup>, 2014 thru  
Friday, May 23<sup>rd</sup>, 2014*

As "**SPRING**" CLEAN-UP WEEK.

Residents are asked to have any extra  
compost/refuge ready to be picked up  
Please have your grass clippings and  
yard clean up in clear bags and your  
branches and brush bundled in  
manageable pieces. The Town crew will  
be around at various times during the  
week collecting the garbage

The Community Boosters  
encourages everyone to pitch in  
and help tidy up our Town, when  
the weather is fit we will be planting  
our flower pots, work has begun on  
the community garden, we invite  
people to book a spot or come out  
and help if you can.

## BIRCH HILLS WASTE SITE

The waste site will begin its summer  
hours starting this Saturday, May 3rd.  
Frank Rowluck will have site open from  
9:00am -5:00pm on Saturdays, as well  
as 4:00 - 7:00pm on Wednesdays

## NEW "WishList" for the TLC Daycare

Thank you to those that have already  
donated from our previous wish list.  
The following items would be greatly  
appreciated if you have around the  
house or wish to donate:

Straws  
Popsicle sticks  
Pipe Cleaners  
Coloring Books  
Construction Paper  
Wall clocks  
Indoor Toys for Infants  
Indoor and Outdoor toys  
Children's Plastic Pool

Drop off or call 749-2441

## FLUTE and FIDDLE UPCOMING EVENTS

June 7 - **ERIN HILL** accompanied by Bruin Eberle  
Doors Open @ 7pm Tickets \$15



June 7 - **TRADE FAIR** All home based business are welcome  
No charge for tables Starts 10:00am - 2:00pm  
Call or Text 749-7940 or 980-8687 Serving BBQ Pork on a Bun

### Hosts for Fridays in May

May 16th - Ame Dahlin May 23rd - Barry Hodgson  
May 30th - Pam Cochet

Purchase tickets at the Clay Oven or online at [www.fluteandfiddle.ca](http://www.fluteandfiddle.ca)  
Like us on Facebook, Follow us on Twitter



## SUMMER PLAYGROUND PROGRAM

The playground program will return to Birch Hill this July & August. The days of the program will expand to Monday through Friday 1:00-4:00pm. The program will take place at the Lion's Club Ball Diamonds, unless otherwise scheduled.

We are still awaiting funding approvals but the support of the community has been tremendous. With fundraisers and grant sponsors, we will be able to offer the program again this summer. Watch for posters and calendar of events.

Nutrition breaks for the kids will be sponsored by the Tessier Family. Thank You!

Thank you to the Birch Hills Dreamland Optimist Club for hosting a supper fundraiser (May 8th). Food was donated and cooked by Chef Stu, Clay Oven and the event was hosted at the Flute and Fiddle. Fifty some resident supporters enjoyed lovely entertainment by Sarah and Casey Pratchler. The amount donated was \$1000! Thank you for your support.

**SPONSORSHIP OPPORTUNITIES** If you are a business or individual that is interested in purchasing t-shirts this year. Cost will be between \$350-400. Your logo or name will be displayed on the shirts. Thank you to the Birch Hills Dance Center for purchasing them last year. When the kids are out on field trips, it makes it much easier to keep track of the group. Please contact Laurie at the Rec Office asap for more information

### 44th Annual Syttende Mai Celebration

at the Birch Hills Civic Center on May 17 at 2 p.m.

Pot luck lunch. Everyone welcome

Deadlines for submissions for newsletter are the 10th and 25th of each month. Send entries to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net) or call 306-749-7451



### FIREHOUSE NEWS:

Spring is here! Birch Hills Fire Department wishes everyone a SAFE seeding season. Please take the time to make sure you are moving machinery safely – those few minutes of precaution could save your life!

As we enter the season for **CONTROL BURNS**, please remember to report your burn before you light it by calling **(866) 404-4911**:

- Call before you start with your land location;
- Call once the burn is completed to advise you are done.

**\*\* It is important to know that if you haven't called the Control Burn number and the Fire Department gets called out, it is a \$500 minimum charge\*\***

- Birch Hills Fire Department



For Info on Yoga Classes in Birch Hills contact contact Rebecca at (306) 960-7736 or via email @ [rebecca\\_quaale@hotmail.com](mailto:rebecca_quaale@hotmail.com)

## JUNE IS PARKS & REC MONTH

Join us **June 21st** at the Lion's Club Ball Park for family fun. Playground Program Kick Off, Games, Drop in Ball for kids and Adults, Soccer with a twist and more.



### Co-ed Adult Slow Pitch League:

Wednesday Nights

Sign up your team

(individuals are also welcome to register to be on a team or to be a spare) Maximum 6 teams for the Birch Hills League. **We only need 1 more team.** Must have 3 ladies per team.



### Co-ed SlowPitch Tournament:

Watch for dates

**Drop in SlowPitch** starts June 6th Fridays 7pm at the diamonds. \$2 to play

### MINI VACATION BIBLE SCHOOL DAY

ON FRIDAY, MAY 30

@ EVANGELICAL LUTHERAN CHURCH

(across from the Seniors' Hall on Bellamy Avenue)

FROM 9 A.M. TO 4 P.M.

No charge. Bring a bag lunch including something to drink. A full day of fun activities for kindergarten to age 12

Co-sponsored by the Anglican, Lutheran and United Churches in Birch Hills

For info phone 749-2488 or 749-2229

For information on senior housing in Birch Hills, please contact Alan Ruder 306 749-7541

## EVERY WEEK IN THE HILLS



### MONDAY

Line Dancing **CANCELLED** Weds only during summer  
 Bowling at the Senior Hall 2:00 pm Vel 749-3364  
 Thimbles & Threads Sewing Club 6:30pm @ Birchview Melissa 749-3482  
 Fire Department Meetings 7pm @ fire hall



### TUESDAY

Knitting Grannies 2nd & 4th Tues of ea month @ Sr Hall  
 Karate 7:30pm St Louis Karate Club 422-8665  
 Library Open 12-4pm and 5-8pm  
 Community Booster Mtg 3rd Tues of the month Civic Centre 7:30-9pm  
 St Louis Karate 7-8pm Call 422-8665 or 749-7500  
 Optimist Club 2nd & 4th Tues of the month New members welcome  
 Crystal Springs Bingo  
 Mental Health Support **CANCELLED**

### WEDNESDAY

Line Dancing all welcome 9:30-11am at the Sr Hall  
 Thrift Shop Open at the Museum 9-4:00pm Great Deals!  
 Coffee & Sweets at the Museum 3:00 pm  
 Sparks/Brownies/Guides/Pathfinders Contact Audrey 749-2217 to join  
 Birchview Ladies Aux 9:30 every 2nd Wed ea month New members welcome  
 Randy Hoback Office 1st Wed of month @ Town Hall 1-3pm



### THURSDAY

Cribbage at the Senior Hall 2:00 pm Vel 749-3364  
 Library Open 12 - 4:30pm  
 St Louis Karate 7-8pm Call 422-8665 or 749-7500  
 Legion Mtg 2nd Thurs ea month 7pm @ legion hall. New members welcome



### FRIDAY

Lutheran Church Coffee Break 9:30-11am Bellamy & 4th St  
 Birch Hills Library Open 12-4:30pm **Story time** 1:00pm  
 Flute & Fiddle Steak Night, Open Mic & Karaoke Starts 5pm All Ages

### SUNDAY

**If you have something to add to this list, contact Laurie at 749-7451**

## BIRCH HILLS LIBRARY NEWS

### Library Hours:

Tuesdays: 12-4 & 5-8 pm,  
 Thursdays & Fridays:  
 12 to 4:30 pm



**StoryTime** Every Friday  
 1:00-1:45pm For kids 3yrs+

## COMMUNITY COMMITTEE CONTACTS

### Senior Hall

Vel Bompais 749-3364 Hall Rentals

### Birch Hills Royal Cdn Legion

Lyle Mohn 749-7927 Hall Rentals

Marlene Lypchuk 749-2571 Member Info



### Birch Hills Lions Club

Bruce Tilford 749-7743

Todd Devenis 749-3425

### Birch Hills Historical Society

Shirley Ulvild 749-2500

### Community Boosters

Stewart & Louise Adams 749-3521

### Dreamland Optimist Club

Stuart Matice 306-314-2378

### Community Garden

Ann Woods 306-749-3237

### Sparks/Brownies/Guides/Pathfinders

Audrey Matheson 749-2217

### Fire Department

Peter Lubyk 980-7674

### Sno-Posse Snowmobile Club

Jodi or Sheldon Gordon

### Birchview Ladies Auxillary &

### Meals on Wheels (help wanted)

749-2288

## SUNDAY WORSHIP SERVICES IN BIRCH HILLS



Birch Hills Community Church @ Civic Centre 11:00am  
 at 428 Bellamy Ave 9:30am:

Lutheran Church Service (1st, 3rd & 5th Sun of the month)

United Church Service (2nd & 4th Sundays of the month)

Glad Tidings Tabernacle (Pentecostal) @ 101 4th St 11am

Lake Park Baptist Church @ Hwy 3 11:00am

Saron Lutheran Church near Hagen 9:30am

St Mary's Anglican Church @ 255 McCallum Ave 9:00am

St Anne's Roman Catholic Church @ 255 McCallum Ave 11:30am



our Facebook page to get activity updates. Feel free to add your own event or activity info to the 'Birch Hills Community & Recreation' page

**NEW:** Birch Hills SK Golf Course

### Other Local pages:

BH Bargain Basement, , BH Black-hawks, Bling Car Wash, Brahma Insurance, Clay Oven Café, Community Boosters, BH Community Garden, BH Co-op, BH Dance Centre, Dreamland Optimist Club of BH, Flute and Fiddle, General Quarters Paintball, BH Mamas, Partie Perks Rental Studio, BH Sno-Posse, , 'Like' these pages to become part of these groups & get more information



Laurie Berube,  
Recreation Director  
Box 280, Birch Hills, SK  
S0J 0G0

Cell: 306-749-7451 text or call

Fax: 306-749-2545

E-mail: birchhillsrec@sasktel.net

Facebook Page:

'Birch Hills Community & Recreation'

Website: www.birchhills.ca



Funding Assists Recreational Activities in Birch Hills



## GOLF COURSE NEWS

**\*\*NEW\*\*** Birch Hills Golf members will receive half off green fees at partnering golf courses. Anytime, Anyday (excluding tournaments. Member cards must be shown). Wakaw, Lanigan, Shellbrook, Leroy, and St Brieux.

**MAY DAYS: \$15 / round**

**Mens Night** 6:00pm Tuesdays

**Ladies Golf** Tues 9:00am

Wed 5:30pm

Lunch Specials at the Clubhouse

Call 749-2211 to pre-order

**Funday Mondays:** 2 for 1 green fees (\$18)

**Thirty Thursdays:** 9 holes & Cart Rental \$30

## PAINTBALLING

Age 12 to Adult

**Sunday, June 8**

1:00pm to 6:00pm

At Paintball Paradise

Basic Package \$33

Super Package \$50

Must Pre-Register by Monday, June 2

Phone Kathy at Youth Center 749-2478

Prices include gun, ammo, helmet, camo jacket, headband, throat protector and Hot Dog BBQ. **WE WILL LEAVE YOUTH CENTER AT 1:00PM**



May is

**Museum Month**

Please join us  
Wednesdays for a  
visit, coffee and  
dainties and a  
chance for us to  
show you are latest  
endeavors.

Threshing Day will  
be held on August  
17th this year.

Please make plans to  
attend. Think about  
entering the parade  
749-2262 for more  
info

**LINK FAMILY CONCERT**  
@ Lake Park Baptist Church  
Tuesday, July 22, 2014  
7:00pm

## BIRCH HILLS JOB OPPORTUNITIES

The Town of Birch Hills is seeking applicants for the following:

**\*\* Summer Student** Assistant Public Works Department

**\*\* Waterworks Operator**

**\*\* Town Maintenance Worker**

For full details of job requirements see [www.birchhills.ca](http://www.birchhills.ca) or the Birch Hills Community & Recreation Facebook page

Submit resume for town positions by 4:00pm May 23, 2014

Town of Birch Hills

126 McCallum Avenue, Box 206

Birch Hills, SK S0J 0G0

Fax 306 749-2545

Email: [birchhills.town@sasktel.net](mailto:birchhills.town@sasktel.net)

## Birch Hills Upcoming Events

**May 1-31** Museum Month

Golf May Days \$15/round

17 - Syttende Mai Celebration

18-23 - Town Clean Up

20 - Community Booster Meeting

25 - Annual Seed & Soil Service

28 - Joint Church BBQ

30 - Childrens VBS Lutheran Church

**June 1** - Cowboy Church

6 - Drop In SlowPitch starts

7 - Garage Sale Day

- Erin Hill Concert (F&F)

- Trade Fair (F&F)

8 - Paintball Paradise...must register

21 - Longest Day of Play

**July 8** - Men's Golf Tournament

19 - Legion Golf tournament

22 - Link Family Concert @ LPBC

26 - Cinnamon Bun Classic

**August 1-3** - Weldon's 100th Celebration

16 - Cory Braaten Memorial Golf

17 - Annual Threshing Day

**HELP WANTED:** The museum group is seeking someone to help with the Threshing Demonstration at Threshing Day Aug 17. Call 749-2262 if you can help.



June 21st  
Watch  
for more  
details



**BOUQUET of THANKS** to the RM of Invergordon for their donation in support of recreational activities in Birch Hills