

The 'Birch Hills Community Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Quayle Insurance, Quayle Pharmacy, Grumpy's Confectionary and various other businesses downtown. Pick up your free copy and share with a friend.

Send your email address and request for mailing list to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)

May 15th, 2013

Issue 46



Greetings Folks,  
Dare I say, Spring has Sprung?! Kids are playing ball (finally!) and Golfers, the greens are calling. Have Fun!

There seems to be a glitch in my newsletter email list. I have had a few people stating they are not receiving the Heartbeat. If you are not receiving it, please email me again. Also note, that once the new Town website is up and running, I may require you to 'sign up', so be prepared and pass on the information to anyone that states they are not receiving the paper. The website should be up and running shortly...watch for details!

To all those going out to the fields. Eat well, get some rest and be careful. Happy Seeding!

**Laurie Berube, Recreation Director**

**The Optimist Club** is a well recognized service group with a strong tradition of providing programs to build strong youth. Supported by the High Noon Optimist Club of Prince Albert,

The **Dreamland Optimist Club** in Birch Hills needs community support to bring this tradition to its community. We are meeting May 25th at the Flute and Fiddle 1:00pm to start up the new club. Lunch served

For more information, contact Stewart Matice at 306-314-2378.

## Syttende Mai Celebration

Sunday, May 19 3:00pm  
@ Birch Hills Civic Center  
Everyone is welcome to join those of Norwegian heritage in the annual celebration of Norway's Constitution Day. The words "Syttende Mai" (soot-n-duh my) are Norwegian for 'seventeen May', and we hold the event on the weekend closest to May 17.  
Potluck lunch  
Silver Collection

This issue of our Community activity newsletter was paid for you by: **Birch Hills Ladies Golf Club**

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 'birchhillsrec@sasktel.net' The cost is \$100 for printing, advertising and ensuring that the newsletter stays free for the community. Individual & half sponsorships are available. Thank you for supporting your local paper.

## SOUP FOR SENIORS BBQ WIND UP

**Saturday, May 18th,**  
11:00am-1:00pm  
at the Seniors Hall  
All seniors are welcome.  
Free of charge  
Contact Judy Bati for info



Thank you to Judi and her group for donating their time each month and food to serve our Seniors homemade soups during the winter

**Annual Seed and Soil Service**  
at St Saviour's Anglican Church, (out Hagen Hwy)  
Sunday, May 26,  
at 2pm  
All our Welcome



**Summer Dance Camp**  
August 20-22 at the Birch Hills Dance Centre. Watch for more details or contact 306-749-2606

## St Mary's/St Anne's

### Joint Church BBQ

Wednesday May 29,  
At corner of McCallum Ave and 3rd  
5:00-7:00pm  
take out/delivery available call 306-749-2223



Please Share  
Paper with a  
Friend or Email  
your request to  
receive the news  
letter online

## MINOR SPORTS AGM

May 26, 2013 7:00pm at the Skating Rink  
Minor Sports Board needs folks that are interested in Minor Ball and Minor Hockey. All are Welcome

## Birch Hills Council News

All council was on hand for the May 8th meeting

A visit to the tennis courts and former basketball court gave the councilors in site on what needs to be done to bring them back in to usable condition

### Correspondence

\*Approval from the Ministry of Environment for work needed to be done at the Transfer Station

\*RCMP policing costs for 2013

\*A thank you letter from Richard and Mable Epp in appreciation of the efforts of the Town Men in dealing with snow conditions this past winter

\*Request for support from Royal Canadian Legion Campaign, Recognizing our Veterans & Troops with a Ad in their publication

\*Ministry of Highways - Proposed Discountinuanace of Railway Line

\*EPS Management Bylaw Officer Report

### New Business

\*Quotes received for replacement of remaining water meters. A&R Plumbing accepted

\*Electrical repairs and replacements at the Civic Centre/Town shop awarded to Trademark Electric

\*A maintenance agreement review for Generator - Air Unlimited

\*Rec Board Bookkeeper Position to Lynette Vey

\*Sidewalks on east side of Post Office to get necessary repairs

\*The Town Countil will serve the Pancake Breakfast on Garage Sale Day, June 1st with proceeds going to the new tables for the Civic Centre

Here is a HUGE BOUQUET from the Town of Birch Hills and all it's residents to Ernest Stensrud who at 91 years of age, spends hi days picking up the garbage that people leave behind. Thank You Ernest

It's Tidy Up Time in Birch Hills, lets make an all out effort to be ready by Garage Sale Day, you will see the Commu-  
nity Boosters out and about so help them if you can, or perhaps you could organize a pick up around your block.

Submitted by Mayor, Shirley Ulvild



Funding Assists Recreational Activities in Birch Hills

### **GOT STUFF?**

a fundraiser garage sale for Bike Bob's House project. This will be for garage sale day on June 1st. Any donations can be dropped off at #81-2nd street (The Bati's residence). Any inquiries can be directed to (306)749-2760.

We hope to start the building project on June 14th.

Thanks so much, Judy Bati

### **KIDS SUMMER SPORT CAMPS:**

Last year one day basic instruction classes were held for Football, Canoe/Kayak, Lacrosse and Archery. There are opportunities again this year for funding through Lakeland District Culture, Sport & Recreation. I need to know what interests are out there for recreation activities.

You name it, we may be able to do it! **ASK YOUR KIDS TODAY!!**

And Contact Laurie at birchhillsrec@sasktel.net.

### **SUMMER JOB OPPORTUNITY FOR A STUDENT**

Birch Hills Library is seeking a Senior HS student who is interested in organizing and carrying-through a reading/craft activity for younger children. This session will be on Tuesdays, 5 to 8pm, beginning July 9t and ending August 20th. For more information and to apply contact the Library at 749-3281 ASAP or prior to June 7th.

## **COMMUNITY BOOSTERS**

Discussion & Plans for Communities in Bloom, Community Garden, Resident Surveys, Spring Clean up, Fenced Dog Run Park, Native Summer Games, Garage Sale Day; including Buskers, Street Dance and looking for other ideas as well.... **ANYONE IS WELCOME**

Next meeting at the Museum Basement **(NOTE CHANGE OF MEETING PLACE!!)**

**Tuesday, May 21 @ 7:30pm (ends 9pm sharp)**

### SKATING RINK AGM

2013 Board Members are

Tyler Cochrane, President (town rep)

Shannon Vey, Vice Pres (lions Rep)

Stewart Adams, Treasurer (member at large)

John Herd (town rep)

Karla Lyons (minor hockey rep)

Ron Lyons (member at large)

Greg Manson (member at large)

Elston MacFie (rec hockey rep)

Kelly Njaa (minor hockey alt rep)

Vacant (skating club rep)



The Rink had a very successful year. Thank you to Delia, Canteen Manager and Harley Harris, Rink Caretaker for your hard work & dedication to the skating rink. Special thanks to Stewart Adams for the many hours donated to helping with various tasks this season. See you all in the fall

### STEAK SUPPER FUNDRAISER

Sunday, June 16, 2013 @ the Birch Hills Civic Centre

Hosted by Birch Hills Venom PeeWee Girls Softball Provincial Team. Doors open at 5:00pm

Tickets are \$25 each and must be purchased in advance by June 10th. Available at Birch Hills Co-op, Quayle's Agencies & Quayle's Pharmacy. Proceeds going towards equipment, uniforms and tournament expenses.

Kids eat Hot Dog meal free with purchase of steak supper

**COME OUT July 12-14 to cheer our team on at the Lions Ball Park at the Provincial Girls Championships**

### GARAGE SALE DAY

Saturday, June 1st, 2013 ALL DAY

Pancake Breakfast 7:30-9am Civic Centre  
CJVR onsite Proceeds towards new tables at the Civic Centre

Library Book Sale @ Civic Centre

Lunch - Smokies /Perogie, Beverage & Dessert Sale at Skating Rink 10-2pm  
(proceeds to Curling Rink)

RYSC Youth BBQ Youth Centre 10-2pm

Food & Entertainment @ Flute and Fiddle Heritage Dance Hall

\*Buskers, visiting, good food\*

Main Street Blocked Off, out of Town Folks invited to set up tables. For more info call Shirley 306-749-2500

Lions Club Spaghetti Supper & Auction  
5:30pm

@ Civic Centre Tickets from any Lions Club member \$10/Adult, 6-12yrs \$6, 5yrs & under Free

### LADIES GOLFING CLUB



**History:** The Birch Hills Ladies Golf Club's organizational meeting was held on Sept. 28, 1980 with 31 members. So we are 33 years young.....still going but maybe not that strong. Helga Storer was president, Mildred Stobbs was secretary and Stella Rinholm was Treasurer. Golf Course fees were \$25 for a family, \$20 for a single and \$10 for a student. In 1980 they started golfing on April 27.

Currently, the Birch Hills Ladies Golf Club have approximately a dozen members.

Myrtle Brown, is President; Olive Stangeland, Secretary and Ruby Swenson, Treasurer.

We charge a nominal membership fee and new members are always welcome. This golf season will see ladies tee off on Tuesday mornings at 9:30 as well as Wednesday evenings at 5:30. Please feel free to come and join us hopefully by May 21 and 22.

We host a Texas Scramble the first Wednesday of September called our Harvest Tournament. We see between 50 and 80 ladies come out to enjoy 9 holes of golf with a meal prepared by the clubhouse staff. Our few members have endeavored successfully to provide garden/harvest prizes to all participants.

We will also continue with a match play tournament over the season for those members available to participate. Our club members have decided to make a donation to the new clubhouse in memory of Darlene Elsaesser. Good golfing!

## FLUTE and FIDDLE EVENTS



Fri, May 31  
**Constant Reminder Concert**  
7:00pm Tickets are \$20

Sat, June 15 **Dean Smith**  
7:00pm All Ages Welcome

Check out [www.fluteandfiddle.ca](http://www.fluteandfiddle.ca) for more info

## SNEAKER DROP & BBQ

Sunday, June 2



Help Us Hit the Court This Summer!  
Youth Centre hosting Basketball Court Fundraiser  
Sneakers will be dropped from a helicopter... sneaker that scores or is closest to the basket wins cash!  
Buy your pair of sneakers for \$10 each at the Youth Centre and get your shoes in the running!

### NEW to Birch Hills

### 'PRAIRIE CIRCLE JAM'

Hosted by M.J. Graham local musician

2nd Saturday of each Month: **Next June 8th**

7:00-9:00pm

@ Birch Hills Senior's Hall

We sit in a circle and take turns playing a tune and join in playing along at whatever level you are at. If you are a beginner, an at home picker, a singer, a songwriter, a performer, and want to hear new tunes and play favorites. Please Join Us. No Audience Please. Donation of \$2-5 for Hall accepted



The 4th Saturday of every month will be a *fiddle jam*: **Next June 22nd**

Folk, Folk Rock, Original tunes, Celtic, Blues, Country, Bluegrass, Old Time, Jazz, Reggae, Children's music. Learn how to have fun "jamming". Bring your guitar, bass, fiddle, mandolin, accordion, flute, penny whistle, any acoustic instrument, spoons, your voice, your hands. Bring your own music stand and water.

### ADULT SLOW PITCH LEAGUE

Wednesdays in July / August.

Individuals or teams register with the Rec Dept. Out of town teams welcome. No "A"-league teams please. Last year we had 4 teams, we would like to have 6 this year. Contact Laurie for more details. Cost is \$250/team

**June 15th—SlowPitch Tourney call 749-7451 to register**

**Teams \$200, Individuals \$20**



**Drop in Slow Pitch will start Fri, May 31 \$2 to Play 7:00pm**

As part of its centennial celebration the R.M. of St. Louis #431 is offering you an opportunity to display and sell your homemade crafts

**June 21, 22, 23** at the Back to Batoche Grounds.

For information or to book a space please contact Jennie Baudais at 306-423-6204 or email [jenniebaudais@gmail.com](mailto:jenniebaudais@gmail.com)

Spaces are limited and will be accepted on a first come first served basis.

SPRA has declared June is Recreation & Parks Month  
Birch Hills will Celebrate our Parks

**Saturday, June 15th, 2013**

@ Lions Club Ball Diamonds

Register for **Slow Pitch Tournament** Individuals or teams to contact Tyler Tilford 306-960-9744 or Laurie 306-749-7451. Cost is \$20 /person or \$200/team  
The Summer Playground Program Leaders will have **free & fun activities for the kids at the park.**

Thanks to SPRA for \$500 towards the days activities



Deadlines for submissions for newsletter are the 10th and 15th of each month. Send entries to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net) or call 306-749-7451



## EVERY WEEK IN THE HILLS



### MONDAY

Bowling at the Senior Hall 2:00 pm Vel 749-3364

T.O.P.S. (take pounds off sensibly) 5-6pm at the Health Centre

Thimbles & Threads 6:30pm at Birchview Melissa 749-3482

Karate 7-8pm Call 422-8665 or 749-7500

### TUESDAY

Karate 7:30pm St Louis Karate Club 422-8665

Library Open 12-4pm and 5-8pm

Community Booster Mtg 3rd Tues of the month Civic Centre 7:30-9pm

Sparks 6-7pm / Brownies 6-7:30 Contact Audrey 749-2217

Awana for kids Ages **watch for Fall Start Up**

Crystal Springs Bingo 7:30pm



### WEDNESDAY



Line Dancing all welcome 9:30-11am at the Sr Centre

Thrift Shop Open at the Museum 9-4:00pm Great Deals!

Coffee & Sweets at the Museum 3:00 pm

Girl Guides 6:30-8pm Contact Audrey 749-2217

Karate 7-8pm Call 422-8665 or 749-7500

**BASKETBALL \$2** at school gym Drop In All welcome **Starting May 22**

### THURSDAY

Cribbage at the Senior Hall 2:00 pm Vel 749-3364

Library Open 12 - 4:30pm

Pathfinders 6:30-8pm Contact Audrey 749-2217

Salsa in Kinistino Mon/Thurs 7pm @ Anglican Church

### FRIDAY

Lutheran Church Coffee Break 9:30-11am Bellamy & 4th St

Birch Hills Library Open 12-4:30pm **Story time** for 3 - 4 yr olds 1-1:45

Flute and Fiddle Open Jam 7-12am All Welcome

### SUNDAY

Basketball \$2 at school gym Drop In All welcome

**If you have something to add to this list, contact Laurie at 749-7451**

## WORSHIP SERVICES IN BIRCH HILLS



Birch Hills Community Church @ Civic Centre 11am

Birch Hills Lutheran Church @ 428 Bellamy Ave 9:30am

Birch Hills United Church @ 428 Bellamy Ave 11:30am  
(2nd & 4th Sundays of the month)

Glad Tidings Tabernacle (Pentecostal) @ 101 4th St 11am

Lake Park Baptist Church @ Hwy 3 11am

Saron Lutheran Church near Hagen 9:30am

St Mary's Anglican Church @ 255 McCallum Ave 9am

St Anne's Roman Catholic Church @ 255 McCallum Ave 11:30am

## Birch Hills Public Library Storytime

The last storytime session will be Fri. May 31. We will resume again in the fall. Thanks to all the mothers who faithfully brought their children to make this program a success. We are now getting prepared for our **Summer Reading Program**. Kids from 6-12 years are invited to join. Starts June 25. Register at the library. Read books, win great prizes, including gift certificates for the Galaxy Cinema. It's that simple!



## COMMUNITY COMMITTEE CONTACTS

### Sr Hall

Vel Bompais at 749-3364 Rentals

### Birch Hills Legion

Lyle Mohn 749-7927 Rentals

Marlene Lypchuk 749-2571 Member Info

### Lions Club

Bruce Tilford 749-7743

Todd Devenis 749-3425



## CATCHING THE W.A.V.E.S. SUMMER PLAYGROUND PROGRAM

will be July/August (Mon/Tue/Wed)  
Welcome back Brittany Larson &  
Elise Cochet, Playground Leaders  
Kickoff for the program will be  
June 15th. All Kids Welcome!

'Like' our facebook page to get activity updates. Feel free to add your own event or activity info 'Birch Hills Community & Recreation' **New Page "Circle Jam"**



### Other Local pages:

Birch Hills Bargain Basement, Birch Hills Mamas, Birch Hills Dance Centre, Birch Hills Blackhawks, Birch Hills Sportsground Upgrade, General Quarters Paintball, Birch Hills Community Garden, Birch Hills Sno-Posse, Clay Oven Café, Birch Hills Co-op, Partie Perks Rental Studio, KG Bar & Grill

'Like' these pages to become part of these groups activities and events

### Birch Hills & District Recreation

Laurie Berube, Recreation Director  
Box 280 Birch Hills, SK S0J 0G0  
Fax: 306-749-2545  
E-mail: birchhillsrec@sasktel.net  
Text or call cell: 306-749-7451  
Facebook Page: 'Birch Hills Recreation'

Communities that play together,  
...grow together!

### Recreation Board

The 2013 Board Members are

Keith Matheson (President/Member),  
Shannon Vey (VP/Rink),  
Tyler Cochrane(Rink),  
John Herd(Town/Rink),  
Gordon Cochrane(Golf),  
Dale Pratt (Town/Golf/Rink/Curling/SG),  
Kyle Jensen & Steve Adams(RM),  
Hugh Sampson(Curling),  
Leon Pratchler(Treasurer/Sportsground),  
Anna Devenis(Member),  
Aubrey Ashby(Member),  
Shirley Ulvild(Member). Skatepark(TBD)  
The Rec Board is responsible for overseeing  
all Town Facilities and activities. Thank  
you for those who have remained and joined  
to help keep Birch Hills active and alive!

### FOOD REVOLUTION DAY COMMUNITY POTLUCK

Thursday May 16 6:30-8:30 pm  
@ The Flute and Fiddle Dance Hall



Bring a dish of your favourite food (and help us plan  
the community garden for this season)

This is part of Jamie Oliver's Food Revolution Day (a global day of  
action for people to make a stand for good food and essential cooking  
skills. It's a chance for people to come together within their homes,  
schools, workplaces and communities to cook and share their kitchen  
skills, food knowledge and resources. Food Revolution Day aims to  
raise awareness about the importance of good food and better food  
education for everyone by focusing on three simple actions – cook it,  
share it, live it. The first Food Revolution Day took place on 19 May  
2012 with more than 1,000 events in 664 cities across 62 countries.  
So, make an appetizer or dessert, bring a friend if you like and let us  
eat and appreciate food. Also, if you are interested in food and gar-  
dening we can assign you a plot for the season.

Rent a Garden Spot (In the lot beside the post office)

Only \$20/plot

Contact Ann Woods for more info 749-3237

Join the 'Community Garden' Facebook Page



### BIRCH HILLS GOLF COURSE CORNER

Greens are ready to go. Grab a friend and c'mon out!

Clubhouse is now serving lunches. Homemade buns  
and Fresh Salads and more. Call to Pre-Order 306-749-2211

Watch for details on Free Golfing Lessons...coming soon.

HAPPY 100th  
Birthday to  
GLADYS FJELD  
on May  
28th.



From  
all her family!!!

Is anyone /company  
interested in  
sponsoring t-shirts  
for the playground  
program? Please  
contact Laurie.  
Approximately \$300.  
Your logo included  
on shirts!

### Birch Hills Upcoming Events

May 16 - Food Revolution Potluck  
18 - BBQ Spring Windup for Seniors  
19 - Syttende Mai Celebration  
21 - Community Booster Mtg  
22 - Earth Day /Seed Planting  
- Drop in Basketball starts  
25 - Dreamland Optimist Club  
26 - Annual Seed & Soil Church Srvc  
- Minor Sports AGM  
29 - Joint Church BBQ  
30 - BH School Awards Night  
31 - Drop In Slow Pitch Starts  
June 1 - Birch Hills Garage Sale Day  
- Lions Club Spaghetti Supper  
2 - RYSC Youth Sneaker Drop  
- Affinity CU BBQ (TBA)  
8 - Prairie Circle Jam  
21-23 - RM of St Louis Centennial Celebration  
15 - JPRM - Family Field day  
(Ball Tourney & Summer Playground Kickoff)  
- Dean Smith Concert  
16 - Minor Ball Steak Supper Fundraiser  
22 - Town vs Country Golf Tourney  
- Beauties Evening Dance  
23 - Link Union Concert 7pm @ LPBC  
25 - Summer Reading Program Starts  
July 12-14 Prov PeeWeeC Girls Championships  
16-18 First Nations Summer Games (Ball)  
20 - 3rd Annual Veterans Mem Golf Tourney  
Aug 10 - Cory Braaten Golf Memorial  
11 - Threshing Day  
17 - Show, Shine & Smoke Show at LPBC  
19-23 - VBS at LPBC  
20-22 - Dance Camp  
Sep 27-29 Sask Culture Days

### SEEKING VOLUNTEER

The Birch Hills Housing Authority is  
needing Volunteers to serve on their Local  
Board. Applications can be picked up at the  
Town Office. Please submit your application  
by Wednesday, June 12, 2013 to the under-  
signed. Administrator, Town of Birch  
Hills, Box 206, Birch Hills, SK S0J 0G0