

TOWN OF BIRCH HILLS **HEARTBEAT**



The '**Birch Hills Community Heartbeat**' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Brahma Insurance, Grumpy's Confectionary, Quayle Pharmacy, and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

April 15th, 2015

Issue 92



Good Day to you,
April has been filled with lot of fundraisers and activities. Just a reminder to those that are planning events, to touch base with me before setting date to verify you are not interfering with other community events. Things run so much easier when we all work together.

There is still a fundraising opportunity for any group willing to service the Minor Ball Games, typically Mon-Thurs evenings. Contact me asap as ball season will start up fast.

Don't forget to check out the Rec Facility AGM's coming up. We need more people to help out and get involved. Have a Lovely Day!

Laurie Berube, Rec Director



Presents....

**"DANCE SHOWCASE
2015"**

at E.A. Rawlinson Centre
in Prince Albert

Tuesday, April 21st at 6:30 p.m.

Dancers from 3yrs+ will be performing
Tickets may be purchased at the E.A.

Rawlinson box office or on-line
through the E.A. Rawlinson website.

Everyone is welcome!!



Annual St Louis Quilt Show

Sunday, April 19th, 2015

1:30 - 4:30pm

@ St Josephs Senior Club

Tickets available for Quilt

Raffle. Join us for coffee & cake.

Silver collection door



Scout Canada

Information meeting.

Thursday, April

16th 6:30pm at

the Birch Hills School

Room C100. Open to all

parents & volunteers

interested in knowing

more about a forming this group

Contact Jenny Riviere for more

information 749-2237



Birch Hills Beauties hosting....

Hypnotist and Dance Night.

April 25th \$25/person @ Civic Ctr

We are raising funds for the new
school playground! Lunch and green
screen photo booth as well!

Hypnotist is Corrie J from S'toon!!!

Birch Hills Community Boosters

SPRING CRAFT, BAKE & TRADE FAIR

Saturday, April 18th, 10am to 2pm

@ Birch Hills Civic Center.

The following tables are booked:

Partie Perks Rental Studio,

Tootsie Baby Accessories, Paintings

by Terry, Cards by Val, Baking by

Edna, Serenigy, Tupperware, South

Hill Designs, Norwex, Watkins, Regal,

Peekaboo Beans, Chantel's Custom

Crochet, Bluebirds & Lemondrops De-

signs, Lisa Larson Photography, May-

berry, Epicure, Seacret and

the Birch Hills Historical Society.

Lunch will be served by the Guides

APRIL issues of the Birch Hills
Community activity newsletter
was paid for you by:

**Quayles Pharmacy,
Birch Hills Health
Foundation,
Steen Agencies**

If you would like to be a
sponsor of the 'Heartbeat'
newsletter, contact Laurie at
306-749-7451/
birchhillsrec@sasktel.net.

The cost is \$100 each sponsor
(3/month) for printing, advertis-
ing and ensuring that the news-
letter stays free for you & the
community.

Thank you for supporting your
local paper.

**NOTE: Sponsors are booking
into Aug.**

**FREE YOGA CLASS IN
BIRCH HILLS**

Rebecca Quaale will be
hosting a **FREE** beginner
yoga class on

April 16/15 at

the Birch Hills
Civic Centre. Class
starts at 7:00 p.m.



No yoga
experience necessary!
Please register by contact-
ing Rebecca

at Rebecca_quaale@hotmail.com
or 960-7736. *All

will be required to sign a
waiver before class
declaring that they are fit
to practice yoga.



DROP in Rec Volleyball

Is done for the year.

Thank you to

Chase Berge & Harley Manson for leading this community activity.

we will continue with TUESDAYS Badminton. All 16yrs+ are welcome to come out, Toonie Drop In Fee



Interested in Gardening but don't have the space? Birch Hills Community Church has garden space available east of the Basketball Court for individuals or families interested in planting and caring for a garden.



BIRCH HILLS YOUTH BALL REGISTRATION

Last Call for Registering your kids to play ball, ages 4 and up.

Ball in Birch Hills Update

Our ball program as any other program only succeeds when leaders are in place. In the four summers I have been here, our ball program was a hit thanks to Pratchlers, Arnestads, Rasks, and several others, but now it's time for other parents to become involved in the ball program or we may lose this program all together. If your child is involved in ball, please consider joining the ball committee to coach, ump, organize or help volunteer where ever needed. Youth are also welcome to ump games for \$\$ If any one is interested in helping, contact Kathy Arnestad for more info 749-2999 (home #) Laurie B.

For more information please call the Youth Center 749-2478



BIRCH HILLS HISTORICAL SOCIETY & MUSEUM GROUP

Time to catch up on happenings at the Museum, The Board of Directors met on Wed. March 25th to lay out plans for the coming year. We will have a table at The Trade Show in the Civic Centre on April 18th, the show is sold out with the Girl Guides serving lunch.

We plan to have the Heritage Day again this year, plans will get under way shortly.

The North East Museum's Network Meeting will be held on Monday April 13th. in Star City, four members will be attending from Birch Hills.

We have 22 items on our "to do" list so you should see lots of activity around the Museum this summer.

The Thrift Store continues to be a popular place, with spring cleaning underway there will be lots of new articles for sale. REMEMBER -

If it isn't becoming to you, it shouldn't be coming to us.

We are always looking for ways to raise funds for the operation of our Museum. We love making quilts and will be offering some for sale, with the first ones available at the Trade Show. We are at the Quilting Room in the Museum on Wednesdays, join us if you would like to help.

CHECK US OUT ON FACEBOOK!

Something's Brewin' at the Youth Center!

Coffee Row is now held 7:00-10:00am @ the Youth Centre until Golf Course opens in Spring



What a busy day at the Museum, 18 quilts and counting, thanks to Shirley Jensen, Doris Reid and Faye Erikson for the many hours tying knots.

WANTED - Gently used blankets and flannelette sheets to use as fillers in our quilts at the Museum. Drop them off at the Museum Thrift Shop on Wed between 9am and 4pm or call me at 306 749 2500 and I will pick them up

FLUTE and FIDDLE UPCOMING EVENTS

Apr 25 - "At the Hop" 50's & 60's & Old Time Dancing \$10 at the door

May 9th - Jeffrey Straker Concert 8:00pm \$20 tickets available

at Clay Oven or Bunny Hug Inn or

www.fluteandfiddle.ca

June 6th - Trade Fair & Erin Hill Concert



Open Mic & Karoke Friday Night Hosts in April

April 17 - Josh L'Henaff

Apr 24 - Mona Brittain

JOB OPPORTUNITIES in Birch Hills

BLING CAR WASH - Seeking Casual/Part-time CAR WASH ATTENDANT. Students welcome to apply. Drop off resume @ 12 Bellamy Avenue or call Amanda at 930-5358 for more information.



Community Service Groups, please be advised that the Community Grant Program (funded by Sask Lotteries Funds) is now accepting applications from local service clubs and groups that require funding for sport culture and recreation programs that they are planning between April 1, 2015 to March 31, 2016.

Applications forms are available from the BH Recreation Office and are to be filled out by July 1st, 2015.

This grant program is available to all groups in the community, especially programs or events that target sport, culture or recreation programs that encourage under-represented populations, such as: seniors, indigenous people, economically disadvantaged, women, persons with disabilities, youth at risk and single parent families. For more information contact Laurie at birchhillsrec@sasktel.net or 306-749-7451.

The drama team at Birch Hills Public School will be performing a one act play, "Romeo and Juliet at Verona High" by James Venhaus.



This play is based on "The Tragedy of Romeo and Juliet" by William Shakespeare. Students at Verona High, a modern day high school, decide to take the traditional play for a joy ride. Some interesting developments follow as the students modernize the plot and characters.

The performance takes place **Sunday, April 26 at 3:00 pm** at Birch Hills Public School. This is a dessert theatre and

SPONSORS NEEDED The Birch Hills Summer Playground Program

is free of charge thanks to grant funding and supporters of the program but not all expenses are covered by grants and therefore we rely on other donations. We are seeking sponsors for the nutrition snacks and children's t-shirts. (approx \$450 ea) Shirts help to track kids & leaders on field trips and we would like to continue offering our kids nutritional snacks. Partial sponsorship accepted and tax receipts can be issued. If you can help please contact Rec Office asap. Thank you

BIRTH RHYTHMS from Saskatoon will be coming to Birch Hills to teach the professional doula (child birth support) training course.

The course will be held every Sunday May 31-June 28, 2015. For more information please refer to the Birth Rhythms website: birthrhythms.ca and contact information can be found on there, or call Jenny Riviere 749-2237

Grand Olde Opry

At St Louis Hall Saturday, May 2nd 7:00pm
Featuring Several singers and bands. Tickets \$17.50 for show and dance. Dance only \$10. Maximum 300 tix. 50/50, Door Prizes. Tickets available at Sandy's Groceries (St Louis) or call 961-4250



Kinistino Kinsemen Presents

SUPPER & COMEDY NIGHT

Saturday, April 18th

With Silent Auction. Proceeds to improvements on the Kinsmen Park.

LIVE AUCTIONS:

McIntyre Construction

Friday May 1st

Bev & Maxine Cromartie

Wed July 22nd

School Daze

Noon Hour Boredom

Check out Wii Mario

Kart League

12:15 - 12:50pm

On the big screen at youth Center



BIRCH HILLS FIRE DEPARTMENT
Members are actively raising funds for a new Command Unit.

Tupperware Fundraising on Now!

Place an order for your Tupperware with any BH Fire Fighter by calling the Youth Center at 749-2478 or by ordering online.

Catalogues are available

****NOW OPEN****

CLAY OVEN 2015 Fresh Eatery & Lounge

Hours of Operation

Monday - Thursday 10:30am - 8:00pm

Friday & Saturday 10:30am - 9:00pm

Sunday Noon - 5:00pm

Depending on demand, hours may be extended up and coming. Let's see how it goes.

Kim Fusick, Operator

ANNUAL MEETING

BIRCH HILLS Conservation and Development Area # 58
in Council Chambers at Birch Hills Civic Center on
Wednesday, April 15, 2015 at 10:00am
Discussion on proposed lowering of Peonan Lake
All ratepayers are invited to attend.
Secretary-Treasurer, Grant Getz

Sheri & Mike Basset

Will discuss their trip
to **Uganda**
Sunday, April 26th
@ 7:00pm
At the St Mary's
Anglican Church

BBQ FOR SENIORS

Saturday, May 9th



11:00 - 1:00pm
Come on down to
the Senior Hall for
a free homemade
luncheon served by loving
community members.

Senior Housing units available from the Birch Hills
Housing Authority.
For more info on these units please
contact Alan Ruder at 306-749-7541

Recreation Annual General Meetings



Birch Hills Skating Arena

Wednesday, April 15
7:00pm in the Arena Lobby

Birch Hills Golf Club

Thursday, April 23
6:00pm Supper meeting (costs \$10)
RSVP by the 17th (749-7451)



Birch Hills & District Recreation Board

Wednesday, April 29th 7:00pm
In the museum basement



*If you have interest in any local
recreation facilities or activities, please consider
attending the AGM and/or joining these boards.
Want to see change, Be the Changer!*

APRIL NEWSLETTER SPONSORS

QUAYLES PHARMACY

306-749-2221

226 Bellamy Avenue

quaylespharmacy@sasktel.net

located downtown Birch Hills offers a full
prescription pharmacy and over the counter medicines. Also available, in
store greeting cards, liquor refreshments (special requests welcome),
special occasion liquor permits, Sears Pick up location, Gift Shopping and
friendly service.

Pharmachoice Your Locally Owned Community Pharmacy Advice For Life



Funding Assists Recreational Activities in Birch Hills

STEEN AGENCIES

Weldon Sask. S0J3A0

PH: 306-887-2020

Fax: 306-887-4211

Call for all your Insurance Needs

THE BIRCH HILLS & AREA HEALTH CARE FOUNDATION is a non profit foundation that was formed in 1994 when our hospital was closed. The foundation's role is to provide support for health related activities and the health facilities in Birch Hills & area, this includes the Birchview Nursing Home and the Health Center attached to it. Our foundation is funded by tax deductible donations and bequests from local residents and supporters of our health facilities. Since our inception we have used these donations to support large and small projects, from the \$50,000.00 bed replacement project, to supplying Broda chairs for the residents, and education bursaries to grade twelve graduates.

We have supported the Rec board "Bridging the Gap" summer playground program, the Birchview facelift committee, the Birch Hills Fire Dept and several other local health related organizations. In the last ten years the foundation has donated \$115,419.00 to support health care and healthy living in the Birch Hills Area. The Foundation would like to say Thank You to everyone who has made donations in the past. As the Foundation continues to receive funding requests from our local health providers and other local groups, we need to continue raising funds to support these very deserving projects. Donations can be made to Birch Hills and Area Health Care Foundation, P.O. Box 578, Birch Hills, Sk. S0J 0G0

EVERY WEEK IN THE HILLS

MONDAY



Bowling at the Senior Hall 2:00 pm Dolores Jones 749-2680
 Line Dancing 9:30-11:30 Sr Hall
 Thimbles & Threads Sewing Club 6:30pm @ Birchview Melissa 749-3482
 Fire Depart Mtgs every 2nd Mon 7pm @ fire hall Kyle Jensen 749-7536

TUESDAY

Knitting Grannies 1pm @ Sr Hall 2nd & 4th Tuesday of ea month
 Walking Group @ the Civic Ctr 10-11am
 Moms & Tots @ Youth Centre 10am-12pm \$2 drop in fee
 Library Open Weekly 12-4pm and 5-8pm
 Crystal Springs Bingo 7:30pm @ Crystal Springs Hall
 St Louis Karate 7-8pm Call 422-8665 or 749-7500
 Optimist Club 2nd & 4th Tues of the month New members welcome
 BADMINTON STARTING April 21st at the School Gym 7:30pm

WEDNESDAY

Line Dancing all welcome 9:30-11am @ the Sr Hall
 Thrift Shop Open at the Museum 9-4:00pm Great Deals!
 Coffee & Sweets at the Museum 3:00 pm
 Birchview Ladies Aux 9:30 every 2nd Wed ea month New members welcome
 Town Council Meetings 2nd and 4th Wed of the month



THURSDAY

Cribbage at the Senior Hall 2:00 pm Dolores Jones 749-2680
 Walking Group @ the Civic Centre 10-11am
 Moms & Tots @ Youth Centre 10am-12pm \$2 drop in fee
 Library Open 12 - 4:30pm
 St Louis Karate 7-8pm Call 422-8665 or 749-7500
 Legion Mtg 2nd Thurs ea month 7pm @ legion hall. New members welcome
 Drama Club for Kids @ Dance Center 6:30pm \$25/mos

FRIDAY

Lutheran Church Coffee Break 9:30-11am Bellamy & 4th St
 Birch Hills Library Open 12-4:30pm/ **Story time** 1-1:45pm **Final May 1st**
 Flute & Fiddle Open Mic & Karaoke Night Happy Hour 7-8pm All ages welcome

Call if you have changes or events to add to this list; Laurie at 749-7451

SUNDAY WORSHIP SERVICES IN BIRCH HILLS

Birch Hills Community Lutheran Brethren Church @ 11:00am
 Pastor Clint Knutson (Lutheran church corner of Bellamy & 4th St)



Lutheran Church Service 9:30am w/ Pastor Dan Haugen
 (1st, 3rd & 5th Sun of the month)

United Church Service (2nd & 4th Sundays of the month)
 Glad Tidings Tabernacle (Pentecostal) @ 101 4th St 11am

Lake Park Baptist Church @ Hwy 3 11:00am
 Saron Lutheran Church near Hagen 9:30am **NOTE: Time changes**
 St Mary's Anglican Church @ 255 McCallum Ave **9:00am**
 St Anne's Roman Catholic Church @ 255 McCallum Ave **11:30am**

Crystal Springs BINGO

starts Tuesdays 7:30pm in
 the Crystal Springs
 Lots of prizes to be won



RYSC YOUTH GROUP FUNDRAISING



We are continuing to accept
 donations of **RECYCLABLE
 BEVERAGE** cans & bottles.

Donations of Canadian Tire
 Money can be dropped off in mailbox
 outside Post Office Call 749-2478
 for more info .

AFTER SCHOOL PROGRAM...

is on hold. Anyone want to lead
 street hockey, soccer, basketball,
 soft/base ball or anything else?

If you are interested in helping to
 lead any part of this program even for
 a period of time, please contact Laurie
 at Rec Office 306-749-7451 or email
 birchhillsrec@sasktel.net

Now booking T Times for our

GOLF TEK SIMULATOR

at the Youth Centre
 Phone 749-2478 to Book
 Free will donations accepted



BIRCH HILLS LIBRARY NEWS

STORYTIME **FINAL** Friday is
May 1st 1:00-1:45pm

Thank you to 'Ms Joanne'
 for the Friday Afternoon
 stories, games, crafts and
 treats. See you in the fall



WALKING GROUP

10:00-11:00am on
 Tuesdays & Thursdays
 @ the civic Center
 We will walk at our own
 pace and stay active.
 Contact Shirley Lyons
 749-3233 for more info All Welcome





Laurie Berube,
Recreation Director
Box 280, Birch Hills, Sk
S0J 0G0

Cell: 306-749-7451 text or call
Fax: 306-749-2545
E-mail: birchhillsrec@sasktel.net
Facebook Page: 'Town of Birch Hills
Community & Recreation'
Website: www.birchhills.ca

BIRCH HILLS GOLF COURSE NEWS

The Greens and Clubhouse will be opening soon. We would like to welcome back Ed Fusick and Carl Hanson. Joining us this year is John Klyne and working casual is Aiden Yurkowski and Ethan Elsaesser. Also welcome back Ethel Rutherford, Clubhouse Manager who will co-manage with Jamie Tilford.

We have some great events, membership perks and information to share for this season. Please join us at the Supper & AGM on April 23rd. RSVP is required by Apr 19th (call 749-7451) \$10/person



Birch Hills School is holding a Spring fundraiser for their new playground! The students from K-6 will be selling Vesey's Flower Bulbs from April 13-20th. If you don't plant flowers...that's ok! Feel free to buy a package and donate it back to the school and they will be planted in the BH School memorial garden. 50% of all proceeds go toward to the new playground structures.

GREENHOUSE BUS TRIP:

Mothers Day- May 10th, hop on a chartered bus in Birch Hills and make your way to 3, somewhat local, greenhouses and finish the day at Riverlot Orchards Winery and Bistro on the banks of

the South Saskatchewan

River for supper/tour and wine tasting.

Need 35 prepaid people to make it a go.

Cost is \$25/person (bus only) lunch and supper and shopping extra.

First come first serve.

Deadline is May 1/15 call or text 306-749-7377



NOTICE: Town of Birch Hills Compost Schedule

The BH Transfer Station remains closed for any waste disposal.

The transfer station will be open for COMPOST ONLY on the following Saturday from 9am-3pm (closed at noon)
May 9, 16, 20, July 25, Aug 15, Sept 19, Oct 10 & 17

This is garden refuge only & brush only (no construction material or garbage)
Compost pickup in town May 6, June 3, July 2, Sept 2, Oct 7

SPRING CLEAN UP WEEK

May 11th - 15th

FALL CLEAN UP WEEK

October 5th - 9th



Slow Pitch Season is coming. We have had 4 team league and Fri night drop in.

If you are interested in playing again this summer, let Laurie, Rec Office know what days are best in Jul/Aug

Birch Hills Upcoming Events

- April 15- Skating Arena Board AGM
- BH Conservation & Development AGM
16 - Scouts Forming Meeting
- Free Yoga Session @ Civic Center
18 - Spring Trade Fair
- Kinistino Supper & Comedy Night
19 - St Louis Quilt Show
21 - Annual Dance Showcase pg 4
23 - Golf Board AGM
25 - Hypnotist & Dance
- 'At the Hop' Dance F&F
26 - Drama "Romeo & Juliette"
- Bassets Presenting trip to Uganda
29 - Rec Board AGM
May 1 - McIntyre Construction Auction
- Final Library Story Time till fall
2 - Grand Olde Opry in St Louis
9 - BBQ for Seniors
10 - Greenhouse Bus Trip
11-15 - Spring Clean Up Week
June 6 - BH Garage Sale Days
Aug 31 - PreSchool Registration



Please Share Paper with a friend or Send request to birchhillsrec@sasktel.net to receive the news letter online

Deadlines for submissions for newsletter are the 10th and 25th of each month. Send entries to birchhillsrec@sasktel.net or call 306-749-7451