

The '**Birch Hills Community Heartbeat**' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Brahma Insurance, Quayle Pharmacy, Grumpy's Confectionary and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request for mailing list to **[birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)**

April 15th, 2014

Issue 68



Greetings Readers,

I am pleased to hear that the emailed April Fool's joke was amusing to most and to set the rumor straight at the disappointment of many, Birch Hills is not getting a Tim Horton's any time soon.

Tis' the season for spring AGM's. Anyone with interest for Town Recreational Facilities or Programming is not only welcome but encouraged to attend. Without our volunteers, we would not be able to offer the activities that we already have but help is needed to continue. Your consideration is appreciated.

Sask Culture Days is returning in the fall. If you have an artistic, musical, dramatic or other creative talent that you would like to share with others, grant funding is available. Contact me if you are interested.

Happy Easter break to you all.

*Laurie Berube, Rec Director*

Birch Hills  
**Golf Course Board AGM**  
and Supper  
April 16th, 2014 @ the Sr Hall  
\$10/person just show up  
Cocktails 6:00pm,  
Meeting to follow

Birch Hills  
**Skating Rink Board AGM**  
Mon, April 28, 2014 @ the  
Rink Lobby. Starts 7:00pm

Birch Hills  
**Recreation Board AGM**  
Tues, April 29, 2014 7:00pm  
in the Museum Basement

**APRIL** issues of the Birch Hills Community activity newsletter was paid for you by: **Thelma Opseth & Grace Vanderkoot Jaesen Dansereau and Kelly McLean, In Loving Memory of Kathy McLean,**

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/ [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net). The cost is \$100 ea sponsor (3/month) for printing, advertising and ensuring that the newsletter stays free for you & the community. Thank you for supporting your local paper.

## Easter Sunday

10:00 am Potluck cinnamon buns with fruit  
11:00 am Worship at Birch Hills Lutheran Church  
Corner of 4th and Bellamy Ave

Anyone concerned of town development is welcome to attend

**The Birch Hills COMMUNITY BOOSTERS**  
Next meeting Tuesday April 15, 2014 @ 7:30pm  
in the Museum Boardroom.

**Lion's Club NHL Playoff Draft**  
Thursday, April 17 7:30pm @ Curling Rink  
\$80/team (3-4 members/team)  
1st prize 25%, 2nd prize 15%, 3rd prize 10%

The Anglican, Lutheran and United church congregations invite you to a joint  
**Maundy Thursday Potluck Supper and Service**  
at 6:00pm Thursday, April 17th  
at the Evangelical Lutheran Church.

Coming Soon  
Minor Sports  
(Youth Ball & Hockey)  
Annual General Meeting  
Watch for Details in upcoming Newsletters

Happy 50th Wedding Anniversary  
**TERRY AND LOIS TOMTENE**

Come and Celebrate  
Sunday, April 27th  
2:00-4:00pm

@Birch Hills Lutheran Church  
Everyone Welcome! No Gifts

Donations may be made to Birch Hills Lutheran Church





Birch Hills lost a great lady last fall in the passing of Cathy McLean. As her family is sponsor of this issue of the Heartbeat, Birch Hills Fire Department would like to take this opportunity to thank those who

donated to our department in her honour:

Alice Coulter of Russell, MB  
 Michael & Michelle Guitard of Prince Albert, SK  
 Kelly & Linda Njaa of Birch Hills, SK  
 Lauree Kopetsky & William Kearns of Winnipeg, MB  
 Gille & Denise Boutin of Prince Albert, SK  
 6<sup>th</sup> Avenue Car Wash of Prince Albert, SK  
 Gordon Fingas of Winnipeg, MB  
 Larry & Jas Coutu of Prince Albert, SK  
 Prince Albert Mobile Crisis Unit  
 Dennis & Elaine Serfas of Prince Albert, SK  
 Vernon & Ruby Swenson of Birch Hills, SK  
 Elizabeth Rude of Birch Hills, SK  
 Ray & Shelley Miller of Prince Albert, SK  
 Leon & Shirley Pratchler of Birch Hills, SK  
 Rosalind & Victor Doderai of Birch Hills, SK  
 Kelly & Kathy Braaten of Birch Hills, SK  
 Teresa Avramenko of Strathmore, AB  
 Reg & Tanis Quaaale of Birch Hills, SK  
 Kelly McLean and family of Birch Hills, SK.

A total of \$1200 was donated in Cathy's memory. As she and Kelly had requested, this will be spent on a clothing order of t-shirts and hoodies for our firefighters. These pieces will have the BHFD logo on the chest and, in honor of Cathy, a breast cancer ribbon on the sleeve. Thank you!

Fire Department

## CRYSTAL SPRINGS NEWS

Sunday, May 4: Crystal Springs  
 Spring Brunch 10:30 am - 12:30 pm

Bingo in Crystal Springs will  
 start on Tuesday, May 6, 2014

### Weldon Trade Show and Sale

Saturday, April 26

10:00 am - 2:00 pm

Weldon Silver Tone Club hosted lunch  
 available for purchase.

Vendors needed. \$15.00 a table.

(does anyone have contact info?)

### FOOD GRAINS BANK

The Food Grains Bank is an organization composed of 15 different church denominations who are helping to end world hunger.

Dave Meir is the leader for Saskatchewan.

On April 27 at 11:00am, Dave Meier and the Meier Quartet will be ministering in the Birch Hills Glad Tidings Tabernacle with dinner to follow.

In the evening of the 27th at 7:00pm there will be a Meier Quartet Gospel Concert followed with pie & coffee.

A special offering will be taken for the Birch Hills Grow Project which produces grain for the Food Grains Bank.

Everyone is welcome

### MENTAL HEALTH SUPPORT GROUP

- \* Do you struggle with depression or any kind of mental illness?
- \* Do you feel alone in your community?
- \* Are you looking for support?
- \* Are you looking for a safe place to share and be encouraged?



If this rings a bell for you, this weekly group might be just what you need.

If you are in or around the Prince Albert area, come **Tuesday nights beginning on April 29<sup>th</sup>**, 2014 to St. Mary's Anglican Church in Birch Hills, located at 255 McCallum Avenue at 7pm. Let's help each other walk out of darkness towards a life of health and hope.

If you have any questions, please feel free to contact Amy Dow at [amy.dow@outlook.com](mailto:amy.dow@outlook.com) or on her cell: (306) 941-0788.



### Community Garden

If you are interested in reserving a garden plot, contact Ann Woods

749-3237 or Shirley Ulvild 749-2500.

Gardening lessons available if requested.



Please Share  
 Paper with a  
 Friend or Send  
 Email to receive  
 the news letter  
 online

Deadlines for submissions for newsletter are the 10th and 25th of each month.

Send entries to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net) or call 306-749-7451

### NOTICE: ANNUAL MEETING

of the BIRCH HILLS Conservation and Development Area # 58 Notice is hereby given that the Annual Meeting of the Birch Hills Conservation and Development Area will be held in Council Chambers at Birch Hills Civic Center on **Wednesday, April 30, 2014 at 10:00am**

The Birch Hills C&D is an elected body of three people. They manage the drainage basin of Cromarty and Peonan creeks. We have approx. 11 miles of constructed ditch which we are responsible for maintaining.

If you have any concerns about drainage into these basins please attend our annual meeting

Secretary-Treasurer, Grant Getz

#### Birch Hills Dreamland Optimists hosts

**Family Supper Fundraiser** Thursday, May 8th @ Flute and Fiddle  
Doors open @ 5:30pm. Roast Beef Supper served by Chef Stu  
\$20/Adults Limited tickets available  
Purchase at the Clay Oven, Laurie (Rec Dir), Ann Woods, Becky Njaa

All proceeds to go to the Birch Hills Playground Summer Program.

*Birch Hills Optimist meet every 2nd & 4th Tuesday of the month @ the Flute & Fiddle @ 7pm. Feel free to come to our meetings*

#### Sask Lotteries Community Grant Funding

is available to community groups in Birch Hills and area. If your group is seeking financial assistance for programs or activities involving sport, culture or recreation, feel free to contact Laurie at the Rec Office for more information on how to apply for funding. Groups such as Minor Sports Ball & Hockey, Knitting Grannies, the Library, Cross Country Skiers, Birch Hills Seniors, Birch Hills Mamas, Birch Hills Historical Society, the Skating Club and more have all benefited from the Sask Lotteries Funding.



Funding Assists Recreational Activities in Birch Hills

#### FLUTE and FIDDLE UPCOMING EVENTS

\* Friday, April 18th Friday Open Stage hosted by **GRAMBO BROS & their band**



\* Saturday, April 19th 6:00pm **CONSTANT REMINDER**  
Advance Tickets \$25 / \$30 at the door. Children under 10 free.  
Barbeque and Bar are not included in ticket price  
Contact Karen 864-3544 or text 864-7576; text Connie at 940.4070; text Jackie at 980.6240 or text Karen Cay 864.7122 for Advance Tickets.

\* Saturday, Apr 26th, **ROCK THE 90'S** 8:00pm-1:00am  
Tickets \$20

Purchase tickets at the Clay Oven or online at [www.fluteandfiddle.ca](http://www.fluteandfiddle.ca)

#### **Sport Clinics** coming this summer Need Your Feedback

Parents ask your kids which activities they would like to see come to Birch Hills this summer. Let Laurie with Recreation Dept know asap which ones they are interested in.



Some ideas for clinics  
but not limited to...

Archery, Basketball, Boxing,  
Cheerleading, Fencing,  
Football, Karate, Lacrosse,  
Rugby, Skateboarding,  
Soccer, Softball, Tennis,  
Ultimate Frisbee, Volleyball



If you are an enthusiast of any sport and you would like to teach/coach, please email [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)

#### "WishList" for the TLC Daycare

The following items would be greatly appreciated if you have around the house or wish to donate:

Indoor and Outdoor toys in good condition  
Red/Blue/Black pencil crayons  
Coloring books  
Big holed beads  
Popsicle sticks  
Glue sticks  
Acrylic or water based paints.  
Catalogues  
Pipe cleaners  
Yarn

Drop off or call 749-2441



Thank you to Tracy Thompson for nominating the Summer Playground Program as the recipient of a \$200 donation from the Affinity Credit Union's, Community Spirit Fund.

Thank you to the Royal Canadian Legion for not only serving at the Winter Festival Snow Stomp but donating a portion of their profit back towards the festival....Your donation left the Family Dance at a profit of \$14.15, instead of a loss!!



**Co-ed Adult Slow Pitch:** Sign up your team (individuals are also welcome to register to be on a team or to be a spare) Maximum 6 teams for the Birch Hills League. Must have 3 ladies per team.

Thursday or Tuesday Nights... (pending players requests)

**Co-ed SlowPitch Tournament:** June 14 or July 6??? Please text or email me your preferred dates. Teams register with Laurie @ 306-749-7451 (cell) or birchhillsrec@sasktel.net



### Birch Hills Dance Centre News

Thank you to everyone who came out to Dance Showcase 2014 on April 6. Your support of our

dance centre is greatly appreciated by both the teachers and students.

Some competition results are in and they are very impressive. At Dance Blast in P.A. in early March our dancers came home with several special cash awards including Most Promising Song and Dance solo, duo, trio to Taysia, Jaemynn & Jovana Hoey; First annual PAW Team Dance Blast special award (\$200), Most Entertaining Dancer, Best Modern in 17 - 18 yr. category, best Jazz in 17 - 18 yr. category and best Lyrical in 17 - 18 yr. category to Kayla Doderai; best Hip Hop in 17 - 18 yrs. category to Amber Sansone and best Ballet, small group, any age, to "Enchanted". Dancers brought home 5 Gold awards, 7 Silver awards and 3 Bronze awards. At Lanigan Dance Dynamics competition the end of March cash awards were presented to Kayla Doderai for Most Outstanding Senior Dancer, Jazz solo, 17 yrs., Modern solo, 17 yrs. and to Taysia Hoey and Kayla Doderai for Musical Theatre duet, 15 - 18 yrs. also to Kayla Doderai and Karlene Lestrat for Modern Duet 17 - 18 yrs. The Hoey Trio and Kayla Doderai-Karlene Lestrat Duo both attained the highest mark of 94% awarded by the adjudicators at this competition. 13 Gold medals, 8 Silver medals and 3 Bronze medals as well as several scholarships to various summer dance schools were presented to Birch Hills dancers.

### Yoga Classes are Coming to Birch Hills!



Rebecca Quaaale has been practicing yoga for 8 years and recently completed her 200 hr. yoga teacher

training at the Sivananda Ashram in the Bahamas. She is planning on teaching one class a week, for 8 weeks, starting the beginning of May (or possibly more classes depending on community demand) in Birch Hills. Beginners and more advanced students are welcome. Classes will take place in the evening but the exact dates, times, and location will be determined based on interest. Cost will be \$80 for the 8 week session or call ahead drop ins will be \$12 per class. If interested please contact Rebecca at (306) 960-7736 or rebecca\_quaaale@hotmail.com

### BINGO in Crystal Springs

Starts Tues, May 6<sup>th</sup>

7:30 pm



New Program / Games  
Queen/King for the Night

Free Coffee / Home Baked Treats

Weekly Door Prize

Monthly Loyalty Draw

Lucky 7: \$129 in 27 #s

Bonanza: \$190 in 58 #s

Jackpot: \$500 in 59 #s



Earth  
Day  
Bulletin  
Board  
Ideas

Just some examples to keep **Every Day Earth Day!** Walk more and drive less, Carpool or take public transportation, Make notepads out of used paper, Turn off the TV and play a board game, Buy items made of recycled materials, Volunteer to clean up an area in your community, Turn off lights, light a candle, Take a quick shower instead of a bath. For more ideas check out <http://www.epa.gov/earthday/tips.htm>



## EVERY WEEK IN THE HILLS



### MONDAY

Line Dancing 9:30-11:00am @ the Senior Hall  
Bowling at the Senior Hall 2:00 pm Vel 749-3364  
Thimbles & Threads Sewing Club 6:30pm @ Birchview Melissa 749-3482  
Fire Department Meetings 7pm @ fire hall



### TUESDAY

Knitting Grannies 2nd & 4th Tues of ea month @ Sr Hall  
Karate 7:30pm St Louis Karate Club 422-8665  
Library Open 12-4pm and 5-8pm  
Community Booster Mtg 3rd Tues of the month Civic Centre 7:30-9pm  
St Louis Karate 7-8pm Call 422-8665 or 749-7500  
Optimist Club 2nd & 4th Tues of the month New members welcome  
AWANA Kids 6:45pm @LPBC **LAST DAY APRIL 29**  
Crystal Springs Bingo starting May 6th  
Mental Health Support starts Apr 29 @ St Mary's Church/contact Amy Dow

### WEDNESDAY



Line Dancing all welcome 9:30-11am at the Sr Hall  
Thrift Shop Open at the Museum 9-4:00pm Great Deals!  
Coffee & Sweets at the Museum 3:00 pm  
Sparks/Brownies/Guides/Pathfinders Contact Audrey 749-2217 to join  
Birchview Ladies Aux 9:30 every 2nd Wed ea month New members welcome  
Randy Hoback Office 1st Wed of month @ Town Hall 1-3pm

### THURSDAY



Cribbage at the Senior Hall 2:00 pm Vel 749-3364  
Library Open 12 - 4:30pm  
St Louis Karate 7-8pm Call 422-8665 or 749-7500  
Legion Mtg 2nd Thurs ea month 7pm @ legion hall. New members welcome

### FRIDAY

Lutheran Church Coffee Break 9:30-11am Bellamy & 4th St  
Birch Hills Library Open 12-4:30pm **Story time** 1:00pm  
Flute & Fiddle Steak Night, Open Mic & Karaoke Starts 5pm All Ages

### SUNDAY

**If you have something to add to this list, contact Laurie at 749-7451**

## BIRCH HILLS LIBRARY NEWS

### Library Hours:

Tuesdays: 12-4 & 5-8 pm,  
Thursdays & Fridays:  
12 to 4:30 pm



**StoryTime** Every Friday  
1:00-1:45pm For kids 3yrs+

## COMMUNITY COMMITTEE CONTACTS

### Senior Hall

Vel Bompais 749-3364 Hall Rentals

### Birch Hills Royal Cdn Legion

Lyle Mohn 749-7927 Hall Rentals  
Marlene Lypchuk 749-2571 Member Info



### Birch Hills Lions Club

Bruce Tilford 749-7743  
Todd Devenis 749-3425

### Birch Hills Historical Society

Shirley Ulvild 749-2500

### Community Boosters

Stewart & Louise Adams 749-3521

### Dreamland Optimist Club

Stuart Matice 306-314-2378

### Community Garden

Ann Woods 306-749-3237

### Sparks/Brownies/Guides/Pathfinders

Audrey Matheson 749-2217

### Fire Department

Peter Lubyk 980-7674

### Sno-Posse Snowmobile Club

Jodi or Sheldon Gordon

### Birchview Ladies Auxillary &

### Meals on Wheels (help wanted)

749-2288



our Facebook page to  
get activity updates. Feel  
free to add your own event or activity  
info to the 'Birch Hills Community &  
Recreation' page

### Other Local pages:

BH Bargain Basement, , BH Black-  
hawks, Bling Car Wash, Brahma Insur-  
ance, Clay Oven Café, Community  
Boosters, BH Community Garden, BH  
Co-op, BH Dance Centre, Dreamland  
Optimist Club of BH, Flute and Fiddle,  
General Quarters Paintball, BH Mamas,  
Partie Perks Rental Studio, BH Sno-  
Posse, , 'Like' these pages to become  
part of these groups & get more infor-  
mation

## SUNDAY WORSHIP SERVICES IN BIRCH HILLS



Birch Hills Community Church @ Civic Centre 11:00am  
at 428 Bellamy Ave 9:30am:

Lutheran Church Service (1st, 3rd & 5th Sun of the month)

United Church Service (2nd & 4th Sundays of the month)

Glad Tidings Tabernacle (Pentecostal) @ 101 4th St 11am

Lake Park Baptist Church @ Hwy 3 11:00am

Saron Lutheran Church near Hagen 9:30am

St Mary's Anglican Church @ 255 McCallum Ave 9:00am

St Anne's Roman Catholic Church @ 255 McCallum Ave 11:30am



Laurie Berube,  
Recreation Director  
Box 280, Birch Hills, SK  
S0J 0G0

**Fax:** 306-749-2545

**E-mail:** birchhillsrec@sasktel.net

**Cell text or call:** 306-749-7451

**Facebook Page:**

'Birch Hills Community & Recreation'

### SOUP FOR SENIORS

Come down to the Sr Hall on

May 10 @ 11:00 - 1:00pm

Lunch will be Served, the Friendship is up to you!



### GOLF COURSE NEWS

A warm welcome to Stan Bliss, as our new Greens-keeper of the Birch Hills Golf Course. Also, welcome to returning staff Ed Fusick, Carl Hanson, Dave Keen, Greens Maintenance and Clubhouse Manager, Ethel Rutherford.

Mark you calendars for the Annual General Meeting, April 16th at 6:00pm at the Senior Hall. We are looking for new board members. If you are interested in the management of the course, and are passionate about golf, consider being a part of the board.

Members will receive extra benefits this year as we partner with other courses. More details at the AGM.

Ladies Golf Club begins again this year with their supper meeting May 6th, 5:30pm at the Clay Oven. Come out to meet the others.

Stay tuned for more details of the course opening.

### Birch Hills Lions Club hosts

#### "Famous" Spaghetti Supper & Silent Auction

Saturday, May 3, 2014 @ Civic Center

5:30 Cocktails, 6:00 Supper, Auction to follow

Adults \$10, Students gr 6-12 \$6, 5yrs and under FREE Tickets from any Lions Club member

Become a member of the Birch Hills Lions Club.

Contact Bruce Tilford 749-7743 or Todd Devenis 749-3425



### Ladies Golf Club

Supper Meeting for Tuesday May 6 at 5:30 at the Clay Oven.

Supper with meeting to follow. All women are welcome to join the Birch Hills Ladies Golf Club.

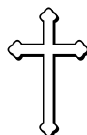


### Town Clean Up Coming in May...watch for more details

### CANDLELIGHT STATIONS

#### OF THE CROSS

Fridays in Lent  
Mar 14 - Apr 18 @ 7:30pm  
@ St Anne's Roman Catholic  
St. Mary's Anglican Church  
All are welcome



### Birch Hills Upcoming Events

**April 16** - Golf AGM & Supper

17 - Lions Club NHL Playoff Draft

18 - Final Friday in Lent & Good Friday

- Grambo Bros hosting F&F

19 - Constant Reminder F&F

21-25 No School

22 - Earth Day

26 - Weldon Trade Show

- Rock the 90's Dance F&F

27 - Dave Meier Quartet Lunch & Presentation and an Evening Concert

28 - Skating Arena AGM

29 - Rec Board AGM

- Mental Health Support Group starts

30 - BH Conservation & Devel AGM

**May 3** - Wanda Oleniuk Garden Sale

Lions Club Spaghetti Supper

4 - Crystal Springs Brunch

6 - Crystal Springs Bingo starts weekly

- Ladies Golf Club Supper Meeting

8 - Playground Supper Fundraiser

10 - Soup for Seniors

18-23 - Town Clean Up

**June 7** - Garage Sale Day

**August 1-3** - Weldon's 100th Celebration

15 - LPBC Show, Shine & Smoke

18-22 - LPBC Vacation Bible School

**Sept 26-28** Sask Culture Days

28 - Brancepeth Fall Supper

### JOB OPPORTUNITY

Summer job opportunity of grass cutting at Brancepeth Holy Trinity Church.

Contact Les Stobbs at 749-2550 for details, please leave a message