

# HEARTBEAT

The 'Birch Hills Community Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Quayle Insurance, Quayle Pharmacy, Grumpy's Confectionary and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request for mailing list to birchhillsrec@sasktel.net

#### April 15, 2013



Good day, So it seems I caught a few of those that receive the newsletter via email with my April Fools

joke, stating that the newsletter will no longer be in circulation. Part of me is giggling that I actually pulled it off, and part of me is sorry for teasing. It was fun to get the emails and calls though.

I was just making sure you were paying attention! And I assure you the Heartbeat IS continuing as it has been a great source of communication for Birch Hills. Thank you for the wonderful comments and I am glad you enjoy the Heartbeat so much.

Take care and hopefully I can write about spring in the next edition.

Laurie Berube, Recreation Director

SKATING RINK AGM

Monday, April 29th 7:00pm @ the Skating Rink



Seeking people with passion for our community Skating Rink & Golf Course: Planning for events, finances and building improvements. ANYONE IS WELCOME



GOLF COURSE Supper & AGM April 17th @ Senior Centre Cocktails 6, Dinner 6:30pm Meeting to follow. Supper \$10/person



BIRCH HILLS DANCE CENTRE in "DANCE SHOWCASE 2013" APRIL 20, 2013 2:00 pm Ages 3+ will be in dance competitions at EA Rawlinson in Prince Al-

bert. Tickets can be picked up at the Rawlinson Box office or on line Good luck girls!

#### **Recreation Board Annual General Meeting** Tuesday, April 30,2013

7:00pm at the Museum Are you interested in Birch Hills recreational activities? Any community member is welcome to attend the AGM to review past accomplishments and set new goals for the future.

> Birch Hills & District Recreation Board

**Birchview Home Silent Auction** April 4-18th

New and gently used items up for bid. On Thursday Apr 18, 2:00pm Birchview Dining Room will be finishing the auction off with a Bake Sale. Final bids for the auction will be taken at 3:00pm sharp! We'd love to see you, Please stop in and see us!

Issue 44

This issue of our Community activity newsletter was paid for you by: **T.O.P.S.**,

#### Millie Rowluck, Bert Wait, Darlene Walker & Family

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 'birchhillsrec@sasktel.net' The cost is \$100 for printing, advertising and ensuring that the newsletter stays free for the community. Individual & half sponsorships are available. Thank you for supporting your local paper.



#### Birch Hills Thimbles & Threads 2013 Quilt Show Saturday Apr 20 10am-4pm (a) Civic Centre Silver Collection at the door. Coffee & Desserts

#### **Birch Hills Council News**

March 27<sup>th</sup> and April 10<sup>th</sup> meetings with all present.

Stewart Adams representing the Community Boosters and the Skating Rink shared ideas for Garage Sale Day and ongoing activities as they move forward with the rink.

Correspondence

\* A letter of resignation was received from Sharon McTaggart, bookkeeper for the Rec. board. We want to thank her for the excellent service she provided.

\* Cumberland College outline of Annual Awards Programs

\* CN - Proposed Discontinuance of Railway Line

\* Opening Ceremony of New Prince Albert RCMP Detachment Tuesday April 30,2013, Mayor Ulvild and Councillor Stubbs will attend.

\*Monthly Bylaw Officer report was received from EPS Management Services

\*A Donation of \$200.00 was given to the 2013 Graduating Class per their request

\* The North Central Waste Management meeting will be held on Thursday April 25,2013, President Keith Matheson and Councillor John Herd will attend

\*Councillor Herd was appointed as rep for this area to the North Central Transportation Committee

\* Don Lypchuk attended the Sask. Emergency Planners Association Conference in Regina, providing council with a very detailed overview

The 2013 Budget and Mill Rate was approved,

School - Residential - 5.03 mills Commercial - 8.28 mills

Municipal - 10 mills with minimum tax Land - \$400.00 Improvements - \$995.00

\*Much time was spent on issues arising with the transition from a Waste Site to a Transfer Station. The best advise we can give is to sort as per the guidelines before going to the site. That information will be included with your next water statement.

\*Bylaw #4/13 - Emergency Measures Organization received 1<sup>st</sup> reading on April 10,2013 \*Repairs to the civic center roof and electrical concerns were discussed.

#### Good News

Our new Town of Birch Hills website is nearing completion and deployment. The old website will be taken down this weekend as the new design is being installed. The address URL will remain the same, <u>www.birchhills.ca</u>. We are in need of good quality digital photos that represent all aspects and areas of the Town, if you have some please forward to the Town Office, e-mail: birch <u>hills.town@sasktel.net</u>

Thanks for your patience we are excited about the new design.

Submitted by Mayor, Shirley Ulvild

**St Mary's/St Anne's Joint Church BBQ** Wednesday May 29, 2013

At corner of McCallum Avenue and 3rd

5:00–7:00pm take out/delivery available 749–2223



Please Share Paper with a Friend or Email your request to receive the news letter online BETHEL HOUSE OPEN HOUSE in Hagen Saturday, April 27 10am—5pm Featuring New Silpada Catalogue. In House specials, Coffee & Desserts served...bring your friends and enjoy Spring

# COMMUNITY BOOSTERS

Seeking volunteers, businesses & interested parties for upcoming ball tournaments, Plans for Communities in Bloom, Community Garden, Adopt a Flower Pot, Business Showcase, Garage Sale Day; Buskers, Street Dance and looking for other ideas as well....

Next meeting in Council Chambers on **Tues, April 16 @ 7:30pm (ends 9pm sharp)** 

#### JOB & VOLUNTEER OPPORTUNITIES IN BIRCH HILLS



The TLC Daycare Inc. is looking for full-time and/or casual employees at this time. We are seeking individuals who

meet the following qualification/ requirements

\* Completion of Early Childhood Education diploma (or at least the desire to work towards it)

\* Experience working in an integrated daycare for at least one year

\* Demonstrate strong interpersonal and public relation skills

\* Demonstrate strong written and verbal communication skills,

\* Excellent organizational skills

\* Expresses concerns for health, safety, and the environmental surroundings

\* Has the ability to work effectively with kids of all ages and most importantly

\* Seeks to provide quality child care.

Those interested are encouraged to send in covering letters and their resumes ASAP to <u>tlcdaycare@sasktel.net</u> or mail in applications to:

120 McCallum Avenue, Birch Hills, SK.

If you have any questions, please do not hesitate to contact the Director at 306-749-2441.

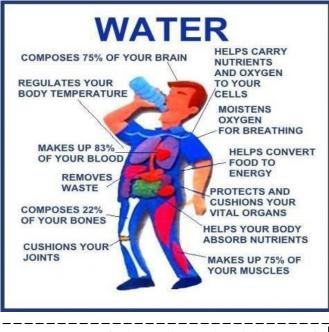
#### Volunteer Needed for July 12-14 and July 15-19th, 2013!!!

Birch Hills will be hosting two large youth ball tournaments this Summer. July 12-14th, we will be hosting the Provincial PeeWee Girls Championships, serving a 2-300 visitors.

On July 15-19th we will be hosting the 2013 First Nations Summer Games, PeeWee Division ball tournaments, serving anywhere from 500 to 700 visitors.

As you may be aware there is a committee that is planning major renovations to our sportsground area. The intended work includes fixing up the canteen, drainage improvements to the park, re-designing the campgrounds to make them available for visitors, maintenance and upkeep to the ball diamonds and upon grant approval (through the Community Initiatives Funding) or upon volunteers available to help raise funds in the canteen, we hope to add a playground and picnic area for families. WE NEED YOUR HELP!!

We need people that are willing to help with maintenance projects and to help in the canteen during this week. The summer games will be tough because we will need help during the day time hours. If you are interested in helping, please contact Laurie at 749-7451 or email birchhillsrec@sasktel.net. Our next sportsground planning meeting is April 25th, 7pm at the museum. Anyone is welcome.



MOVIE NIGHT @ the Lutheran Church (corner of 4th & Bellamy Ave) Saturday, May 4th 7:30pm Featuring the movie '*LIFE OF PI*' All are Welcome



Funding Assists Recreational Activities in Birch Hills

ATTENTION: CULTURAL GROUPS, MUSICIANS, DANCE INSTRUCTORS, PHOTOGRAPHERS, YOGA TEACHERS, PAINTERS and any others that would like to share their talents

# Saskatchewan Culture Days Sept 27-29

There is opportunity to celebrate the arts and culture in our community. Are you interested in teaching a dance, craft, music, or anything 'cultural'. There are grants available and the more interest, the more dollars available for our community artists and activity opportunities for our residents.

We pick a day or more during the weekend of September 27–29th and offer free cultural experience to the public and pay our artists through grant funding. If you are interested or looking for more information, please contact Laurie at Rec Dept 749–7451 or email birchhillsrec@sasktel.net.

> DEADLINE APPROACHING... LET'S HEAR YOUR IDEAS!

#### **FLUTE and FIDDLE EVENTS**

Sat. April 27th - ALMIGHTY VOICE Tickets \$20 includes CD



Fri, May 31 **Constant Reminder Concert** 7:00pm Tickets are \$20 Check out www.fluteandfiddle.ca for more info

**NOTICE**: Due to the Heartbeat now being printed in Prince Albert, the deadlines for submissions for the newsletter advertisements must be in writing by the 10th & 25th of each month. I can not promise late submissions will be entered into the newsletter if not received by these dates. Thank you for your cooperation and information, without it, there is no paper!

Send to birchhillsrec@sasktel.net or call 749-7451 Laurie Berube



July /August. Individuals or teams register with the Rec Dept. Watch for details of tournament in June. Contact Tyler Tilford or Laurie Berube for more info regarding tourney.

# Sneaker drop & BBQ

Sunday, June 2 Help Us Hit the Court This Summer! Youth Centre hosting Basketball



Court Fundraiser Sneakers will be dropped from a helicopter... sneaker that scores or is closest to the basket wins cash! Buy your pair of sneakers for \$10 each at the Youth Centre and get your shoes in the running!

SOUP FOR SENIORS BBQ WIND UP Saturday, May 18th, 2013 11am-1pm at the Seniors Hall All seniors are welcome. Free of charge Contact Judy Bati for more information





We all have a role in helping victims of crime have a more effective voice in the criminal justice system. April 21 to 27 is National Victims of Crime Awareness Week

The Week is about raising awareness about issues facing victims of crime and the services, programs and laws in place to help them and their families.



Throughout Canada, countless dedicated people work with victims of crime every day. These professionals and volunteers help victims of crime maintain hope for the future and rebuild their lives.

Services for victims of crime are available right here in your community through the Prince Albert Regional Victim Services Unit of the RCMP. Our program covers the RCMP detachment areas of: Prince Albert rural, Shellbrook, Spiritwood, Big River, Wakaw and Smeaton. We provide 24-hour crisis intervention, support, information and referrals to victims of crime and tragedy. We advocate for the needs of Victims and their families within the criminal justice system and work to educate and identify strategies to prevent future victimization.

Victim services can assist Victims with application for restitution and compensation payment, court preparation and accompaniment as well as, countless other services and supports designed to empower and help to heal the effects of victimization

We do "All have a role" in helping victims to find hope. Take a moment to remember Victims and crime and identify ways to make your communities safer and to lessen the impact for Victims of Crime and tragedy. For more information or to find out how you can volunteer and help those when they need it most, contact Prince Albert Regional

#### Victim Services at 306-765-5574.

For more information on National Victims of Crime Awareness Week, visit http://www.victimsweek.gc.ca/



# EVERY WEEK IN THE HILLS

#### MONDAY

Bowling at the Senior Hall 2:00 pm Vel 749-3364 T.O.P.S. (take pounds off sensibly) 5-6pm at the Health Centre Thimbles & Threads 6:30pm at Birchview Melissa 749-3482 Karate 7-8pm Call 422-8665 or 749-7500

## TUESDAY



Karate 7:30pm St Louis Karate Club 422-8665 Library Open 12-4pm and 5-8pm

Knitting Grannies Watch for details for Fall Startup

Community Booster Mtg 3rd Tues of the month Civic Centre 7:30-9pm Sparks 6-7pm / Brownies 6-7:30Contact Audrey 749-2217

Awana for kids Ages Kind-Gr 6 6:45-8:30. 749-3185 or www.lakepark.ca Crystal Springs Bingo 7:30pm



#### WEDNESDAY

Line Dancing all welcome 9:30-11am at the Sr Centre Thrift Shop Open at the Museum 9-4:00pm Great Deals!

Coffee & Sweets at the Museum 3:00 pm Girl Guides 6:30-8pm Contact Audrey 749-2217 Karate 7-8pm Call 422-8665 or 749-7500 Badminton \$2 at school gym Drop In All welcome



## THURSDAY

Cribbage at the Senior Hall 2:00 pm Vel 749-3364 Library Open 12 - 4:30pm

Pathfinders 6:30-8pm Contact Audrey 749-2217

Salsa/Zumba Classes 6:30pm 6 wks @ \$50 or \$10 drop in at Dance Centre with Norma 864-8110

# FRIDAY

Lutheran Church Coffee Break 9:30-11am Bellamy & 4th St Birch Hills Library Open 12-4:30pm **Story time** for 3 - 4 yr olds 1-1:45 Flute and Fiddle Open Jam Session 7-12am All Welcome

SUNDAY

Badminton School Gym 8-9:30 \$2 Drop In

All Welcome

If you have something to add to this list, contact Laurie at 749-7451

## WORSHIP SERVICES IN BIRCH HILLS



Birch Hills Community Church @ Civic Centre 11am Birch Hills Lutheran Church @ 428 Bellamy Ave 9:30am Birch Hills United Church @ 428 Bellamy Ave 11:30am (2nd & 4th Sundays of the month) Glad Tidings Tabernacle (Pentecostal) @ 101 4th St 11am

Lake Park Baptist Church @ Hwy 3 11am Saron Luthersan Church near Hagen 9:30am

St Mary's Anglican Church @ 255 McCallum Ave 9am St Anne's Roman Catholic Church @ 255 McCallum Ave 11:30pm

# DANCE COMPETITION Review

Several dancers have already competed in the Lanigan Dance Competition in March and brought home 13 gold medals. A Silver and 3 bronze as well as special cash awards in individual categories. Scholarships were awarded to Kayla Doderai for Dance in the Prairies Summer School (\$175), Amber Sansone for Groove Street Productions Convention (\$200) and to Laura Doderai for Fresh Dance Intensive (half off summer school \$150) Jennifer Maczek won the award in the Musical Theatre/Song & Dance Choregraphy cateqory.

Submitted by Mary Mohn

COMMUNITY COMMITTEE CONTACTS Sr Hall Rentals Vel Bompais at 749-3364 Birch Hills Legion Marlene Lypchuk 749-2571



'Like' our facebook page to get activity updates. Feel free to add your own event or activity info

'Birch Hills Community & Recreation'

# Other Local pages:

Birch Hills Bargain Basement, Birch Hills Mamas, Birch Hills Dance Centre, Birch Hills Blackhawks, Birch Hills Sportsground Upgrade, General Quarters Paintball, Birch Hills Community Garden, Birch Hills Sno-Posse, Clay Oven Café, Birch Hills Co-op, Partie Perks Rental Studio, KG Bar & Grill

'Like' these pages to become part of these groups activities and events

**Birch Hills & District Recreation** Laurie Berube, Recreation Director Box 280 Birch Hills. SK S0J 0G0 Fax: 749-2545 E-mail: birchhillsrec@sasktel.net Text or call cell: 749-7451 Facebook Page: 'Birch Hills Recreation'

Communities that play together, ... grow together!

## TRANSFER STATION USERS

Transfer Station is now open on Wednesdays from 4:00-7:00pm, Saturdays 9:00-5pm. To save yourselves time at the Transfer Station it is recommended that you separate your materials before leaving home. Different recycle items are: Cardboards, metal, Household waste, Uncontaminated brush, Compost

At the Transfer Station you will be asked to put your items in their different locations. Your co-operation is appreciated. This is new for all of us and please be patient while we all get used to it. Abuse of the Station Operator will not be tolerated.



Soup for Seniors is a service put on by a local Bible study group. Its purpose is to offer a light meal to all seniors in our community, to give them a chance to get together for fellowship and visiting. Take out and deliveries are always available, as is transport services. It has been happening for the past 2 years and takes place about once a month on a Saturday and runs Sept. through May (date varies as to hall and people availability). There is no charge, but many seniors wanted to contribute, so a silver collection bucket is at the door which is totally voluntary and all moneys go towards hall rental and food costs. It is a joy to be able to offer this service with an average of about 75 people served each time. We look forward to seeing all our seniors out for our Spring wind-B-B-Q May 18/13 11-1pm (as

up usual, at the Senior's Hall). See you Submitted by Judy Bati there!

\_.\_...

# BIRCH HILLS GOLF COURSE CORNER



Soon....very soon you will be able to get out on the greens! Don't forget about attending the Golf AGM if you are interested in the what is happening at your course, April 17th. 6:30pm at the Senior Hall. \$10/dinner, meeting to follow

#### LADIES GOLF CLUB Our organizational meeting for Ladies Golf is Tuesday, April 30th 6:00pm at the Clay Oven. All are welcome to join us.

**BIRCH HILLS GIRL GVIDES** are selling our Chocolate and Vanilla Cookies. If you are interested in purchasing cookies, please call Audrey at 749-2217. \$5/box

#### MOTHERS DAY BRUNCH

May 12, 2013 10:30-12:30pm @ Crystal Springs Hall \$10 adults \$15 kids 6-12, Preschool Free

# Birch Hills Upcoming Events

April 16 - Community Boosters Mtg 17 - Golf Course Dinner & AGM 20 - Dance Competition in PA - Quilt Show Thimbles & Threads 27 - Almighty Voice Concert F&F - Birch Hills Business Showcase - Bethel House Open House 29 - Skating Rink AGM 30th-Recreation Board AGM - Ladies Golf Club meeting May TBA - Minor Ball Begins 4 - Life of Pi movie night 12 - Mothers Day Brunch in Crystal Springs 18 - BBQ Spring Windup for Seniors 22 - Earth Day /Seed Planting 29 - Joint Church BBQ June 1 - Birch Hills Garage Sale Day - Lions Club Spaghetti Supper 2 - RYSC Youth Sneaker Drop - Affinity CU BBQ (TBA) 21-23 - RM of St Louis Centennial Celebration TBA - JPRM - Family Field day 22 - Town vs Country Golf Tourney July 12-14 Prov PeeWeeC GirlsChampionships 16-18 First Nations Summer Games (Ball) 20 - 3rd Annual Veterans Mem Golf Tourny Aug 11 - Threshing Day Sep 27-29 Sask Culture Days

## **ATTENTION GARDENERS!**

We are starting to plan our community garden in Birch Hills. If you or your church, school class, club, business



would like to care for a plot, we would like to hear from you. All abilities welcome. Come out and pland some seeds (in seed trays). You can bring your own or I can provide some. If anyone has seed trays they would like to bring or donate that would be great.

Monday April 22nd EARTH DAY! 7pm @ 253 Taylor Avenue Contact Ann Woods for more info 749-3237