



HEARTBEAT

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Cornerstone Insurance, Grumpy's Confectionary, Quayles Pharmacy, and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

April 1st, 2017

Issue 139

Hello Birch Hills and Area,

I have returned after a leave of absence and I would like to thank everyone who picked up a little or a big piece of recreation and kept facilities and fun activities going while I was away. Your volunteer, good neighbour or friend support was/ is very much appreciated.

Please note that the Rec Office has moved to 146 Bellamy Avenue (between Grumpy's and Wongs) General hours of business are 9-4pm or I can be reached via: cell 306-749-7451 or email: birchhillsrec@sasktel.net.

Plenty of activities coming up to get outside and enjoy the coming of spring.

Have a great couple of weeks folks!

Laurie Berube, Recreation Director

EASTER SCAVENGER HUNT

**Thursday, April 13th
Registration required.**

**Suited for kids under
10 yrs. Game rules
will be distributed at
the school.**

**Volunteers needed!
If you are able to help
out the day of event,
contact Rec Office or
Kristy (Mane Event)
Sponsors: Sr Hockey
Team, BH Co-op**

APRIL issues of the Birch Hills Community activity news letter was provided to you by:

BIRCH HILLS SENIORS CLUB

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/ birchhillsrec@sasktel.net. The cost is \$100 by 3 sponsors (\$300/mos) for printing, advertising and ensuring that the newsletter stays free for you & the community.

Seeking Newsletter Sponsors for Spring!!

Call 306-749-7451

Thank you for supporting your community with a free local paper.

2017 BIRCH HILLS LIBRARY GALA

Thursday April 6th

Featuring Guest Speaker Deana Driver
Regina author of Never Leave Your
Wingman, Cream Money and Fun On The Farm

\$25 Tickets Available from all Library Members
as well as at the Birch Hills Library.

Birch Hills Guiding Association
Spring **Girl Guide Cookie Blitz**

Wednesday April 5th

6:00pm - 8:00pm

Weather permitting



**BIRCH HILLS PUBLIC SCHOOL
DRAMA CLUB DINNER THEATRE**

Sunday, April 2nd



**ADULT TICKET: \$30
CHILD 12 & UNDER TICKET: \$15**

Menu and Food prepared by the
Commercial Cooking 20/30 Class

Facilitated by:
Robyn Stanford, Teacher/RedSeal Cook

Birch Hills Community Boosters

Spring Trade Show

Saturday April 8th, 2017

10am - 2pm

Birch Hills Civic Centre

Vendors: Set up 8:30am

Lunch provided by Birch Hills Guides

Vendors: Schneider's Popcorn, Valentus, Body Talk, Dreamland Optimists, Nucerity, Jasta Creations, Mojo Life, Parson's Honey & Lace, Lucilles Handcrafts, Avon, BH Historical Society, Vibes Up, Edna's Baking, Scentsy, Keen Kards, Juice Plus, It Works, Handmade Rugs, Fun Snap Jewelry, Young Living, Norwex, Watkins, Rachelle's Crafts, Andy/Lou's Potions, Plexus, Connie's Bath Bombs

Recently Renovated Senior and Family Housing units are available in Birch Hills. For more info on these units please call or text the Birch Hills Housing Authority at 306-749-7541.

Birch Hills Recreation AGM's

Golf Board

Tuesday, April 4th
@ Senior Centre
5:30 Social, 6:00 Supper & Meeting to Follow
Call 306-980-8687 to RSVP for supper. Anyone welcome for meeting after, 7:00pm

Skating Arena Board

Tues, April 25th
7:00pm @ Arena Lobby

Rec Board

Watch for details



MANE EVENT Salon & Dance Hall

Sack the Quarterback -

Progressive Jackpot 20/30/50

Every Wednesday evening
5-7pm...Draw @ 7:15pm

New Jackpot started Wednesday 29th...

(must be in attendance to win). Food & Drink Specials

April 12 - Lions Club Hockey Draft - 7:00pm

Come down and pick your favored team to win.

April 13 - Grade School Easter Egg Hunt



The salon is still on a break until further notice, sorry for the inconvenience. We will continue to be open Wednesdays from 5 - 10pm as well as for Events and Rentals.

Book the Hall for birthdays, anniversaries, reunions, etc.

Call / Text Kristy 306-749-7405

Celebrate Canada's 150 birthday!

Plans are in progress to host some Canada Day festivities, starting with fireworks on June 30th and a family fun day on July 1st. If you would like to get involved, the next planning meeting is **Thursday, April 13th 7:30pm at the Museum.**

Time to start thinking spring! Adult Slow Pitch coming soon... Jul / Aug. If you have a team or you would like to be on a team, contact the Rec Office. Drop In Slow Pitch starting in May (weather permitting)



Any Community members with a vested interest in recreational activities in any of these facilities are encouraged to attend these meetings and to consider joining a board that they would like to ensure our youth and adult activities continue. There will be empty seats and it's time for new faces and new ideas to relieve those that have already given many years to these boards. Thank you to all of the volunteers that help manage to keep Recreation in Birch Hills.

CRYSTAL SPRINGS NEWS

Bingo: Get your daubers ready! Bingo starts in Crystal Springs on Tuesday April 4, 2017. Hope to see you there.

The hall is available for rent. Contact Lynn 306-864-8013

Coffee Row: The Crystal Springs Rec Co-op will be hosting a "coffee row" once monthly at their newly renovated facility at Crystal Springs Hall. Next date **Wednesday April 5th 2:00 - 4:00**



Birch Hills LIBRARY News

STORY TIME - Fridays w/ Ms Joanne.

For ages 3 & 4

Join us each Friday at 1:00pm



Birch Hills Museum

Thrift Store

Spring Change Over
Come and see our new look.
Every department full of spring items.
Ask about the BIG BAG SALE.



KAISER & CRIB NIGHT

Every Thursday
7:30pm at the Youth Centre
Everyone Welcome for a night of socializing and fun!

The Birch Hills Golf Course still has openings for golf tournaments or private bookings for the 2017 season.

Need a place to meet with a fantastic view (and maybe 9 holes of golf)? We have a great air-conditioned space with high speed internet for your next meeting, call or text Jamie at 306-980-8687 to reserve your date or for more information.



The Birch Hills Golf Course AGM will be held Tuesday, April 4 at the Senior's Hall. Happy Hour at 5:30pm - 6:30pm Supper (\$15.00). Reservations are required for supper. Meeting at 7:00pm. Call/text Jamie with your name and number of attendees by March 31st!

Birch Hills United Church News

Special Easter Services are being planned. Good Friday Service will be at 7 p.m. at the Evangelical Lutheran church. It will be an ecumenical service and all are welcome to attend.



Easter Sunrise service will begin at 5:50 a.m. on April 16 at Mohn's farm. Again everyone is welcome to attend. Then a breakfast will take place at the Evangelical Lutheran Church from 8 - 9 a.m. followed by Easter Sunday worship service at 9:30. Anneka McLaren will be guest singer. All are welcome.



St Louis Annual Quilt Show

Sunday, April 23rd
1:30 - 4:00 pm
St Louis Seniors Club (Bowling Alley)
Fabric for Sale
(400 bolts to choose from)
Coffee and Cake
Silver Collection at the door. Anyone is Welcome

Birchview Nursing Home April Activities

April 3rd	Danny Boy Music
9th	Glad Tidings
13th	Klausen Easter Program
20th	Job Mates Band
24th	Volunteer Appreciation 2:00pm with Wilf and Al entertainment
27th	Ralph Galambos
28th	Step Ups Line Dancers



All are welcome to attend. 2:30pm start unless otherwise noted

Dance to the music of Constant Reminder

Saturday April 8 8:00pm
Weldon Auditorium

Advance Tickets: \$20/each \$35/couple
\$50/family

Contact:

Bill 887-2154, Brenda 887-2038,
Elaine 864-2520, Lois 887-4249

Cash Bar

Proceeds to Weldon Auditorium Renos

BIRCH HILLS MINOR SPORTS

Ball Registration was held Wednesday March 22nd if you missed the registration date, please email bhminor-sports@outlook.com or if you have any questions. If you are considering signing up your child for ball, please let them know asap. We want to keep ball in BH but some age groups are short players

The AGM was held on March 26th.

Your new Minor Sports Board Members are:

President - Jen Braaten
Vice President - Tanya Dansereau
Secretary - Erica Cochrane
Treasurer - Malissa Hall
Director of Hockey - Brock Tilford
Director of Ball - Kristy Nelson
Registrar - Jaesen Dansereau
Member at Large - Rochelle Fjeld
Member at Large - Laurie Berube

Thank you to those that have volunteered as past board members. These new board members are excited to keep ball and hockey available in town.

Two things are required to keep these activities going. Kids to play and people to help out. If you are interested in becoming a Coach, Manager, Ump, Ref, or helping however you can, contact any of these board members.

Thursday May 4th is the date of this year's **Dance Showcase 2017!**



Please Share Paper with a friend or Send request to birchhillsrec@sasktel.net to receive the news letter online



Yoga Classes

Mon, March 6 - April 10
7:40 - 8:40 pm
Birch Hills Dance Studio
 Drop in - \$10.00

Hatha yoga practice will focus on core postures, breath work, relaxation techniques, and yoga philosophy. Practice for students with no previous experience of Yoga as well as those with experience wanting to work to improve their yoga practice.

For further information call, text or email

Dawne @ 306-961-9073, dmadams@sasktel.net,

Gaylene @ 306-749-7474

2017 SUMMER PLAYGROUND PROGRAM

There are plans in place again for a playground program this summer. This program has been free to all kids ages 5-12yrs and we would like to continue the program at no charge. There are grants available but not all costs are covered. In the past businesses and individuals have donated towards this program that offers nutrition snacks, craft supplies, tons of fun Mon-Fri (Jul/Aug) and competitive wages for our leaders. If you are interested in assisting with budget requirements, please contact Rec Office for more info. Taxable deductions apply

The Rec Office is now accepting applications for Play Leaders for this summer. Hours vary with positions. Must be available July 1st through Aug 25th, during Monday to Friday. Must be 14 yrs+, a current student returning to school in the fall.

Braggin' about Birch Hills...



Congratulations to Brett Njaa for scoring the winning goal in overtime for the MacEwan Griffins 2017 ACAC Championship University Hockey.

Rob Boulding, past BH Rec Director received the S.A.R.P. Honorary Life Membership Award for his dedicated years of 20+ service in the Recreation field.

The Birch Hills Toppers, high school girls 'A' volleyball team won silver in the tier 1 Sask Cup #3*... Good Job Ladies!!

Congratulations to Tyler Tilford for receiving the Twin Rivers league nomination and award for "Best Defenceman" 2016/17

If you have someone to brag about, send info to Rec Office

ST. LOUIS REC. BOARD

TEXAS HOLDEM' POKER TOURNAMENT

\$10,000 starting chips - 30 minute blind levels

SATURDAY, APRIL 29th

St. Louis Community Hall

start: 1pm sharp

max. 125 players

\$50.00 entry (with 1 Add-on)

advanced tickets available at Sandy's Grocery

for info call Edward @ 306-961-4671

draws, refreshments, lunch etc....



SASKATCHEWAN HUNTER EDUCATION AND FIREARM SAFETY

Required to Purchase Game Licenses in Sask

Course Dates: April 29, 30, May 6

Course Cost: \$50

Ages 12 years and Up

Register by April 20th

CANADIAN FIREARM SAFETY

Required to Purchase Firearms and Ammunition

Course Date: April 8

Course Cost: \$60

Ages 12 years and Up

To Register, please call

Bill @ 306-749-3394 or 306-749-7009

Members of the Saskatchewan International Karate College, many of which are from this area are attending the World Karate Championships in Barbados in 2018.

Bottle Drive in Birch Hills
Saturday, April 22nd
commencing at 10:00am

Funds will be used to help with some of the cost for airfare, hotel and tournament entry fees. Thank you in advance for your generosity from the members of the St. Louis Shotokan Karate Federation.



Blackhawks Senior Hockey Windup

Saturday April 8th

At Mane Event

Happy Hour 5-6:00pm

Steak Supper 6:00-8:00 \$20

(reservations needed by April 5th.

Call or text 306-980-8687)

Program & Social Open to all, no admission fee after 8:00pm.





EVERY WEEK IN THE HILLS

Open to Community

MONDAYS

Bowling at the Senior Hall 2:00 pm Dolores Jones 749-2680
 Line Dancing (beginners) all welcome 9:30-11am @ Civic Centre
 Fire Dept Mtgs every 2nd Mon 7pm @ fire hall Kyle Jensen 749-7536
 Dreamland Optimists Group meet 1st and 3rd Mon 7:30pm Sr Ctr

TUESDAYS

Moms & Tots @ Youth Centre 10am-12pm \$2 drop in fee
 Library Open Weekly 12-4pm and 5-8pm
 Bingo in Crystal Springs 7:30 @ Crystal Springs Hall (begins April 4)
 Rec Volleyball 8:00-9:30pm @ school gym \$2 to play
 Knitting Grannies meet 2nd & 4th Tues @ museum 1:00pm
 Birchview Ladies Auxiliary 11:00am 2nd Tues ea month

WEDNESDAYS

Line Dancing all welcome 9:30-11am @ Civic Centre
 Thrift Shop Open at the Museum 9-4:00pm Coffee & Sweets 2 pm
 Town Council Meetings 2nd and 4th Wed of the month
 Sack the Quarterback Draw 5-7 @ Mane Event Appy Specials

THURSDAYS

Cribbage at the Senior Hall 2:00 pm Dolores Jones 749-2680
 Moms & Tots @ Youth Centre 9am-12pm \$2 drop in fee
 Library Open 12 - 4:30pm
 Kaiser & Crib Nite @ Youth Ctr 7:30pm every 2nd Thurs
 Legion Mtg 2nd Thurs ea month 7pm @ legion hall.



FRIDAYS

Birch Hills Library Open 12-4:30pm/ Story time 1-1:45pm 4&5yrs

SATURDAY

Thrift Shop Open at the Museum 1:00-4:00pm Coffee on at 2:00pm
 Contact Rec Office if you have changes or events to add to this list; Laurie at 749-7451

Birch Hills Cowboy Church

@ Community Centre
 1st Sun of each month
 Next Service



Sunday, April 2nd 7:00pm

Featuring Country Gospel Music
 with down home bible message with
 Pastor Rick Martin (981-2235)
Potluck Cookies & Cake to follow
 All are Welcome

The 2017 Graduating Class

Bottle Drive. Thursday, April 6th

Starting @ 6:00pm

The funds will be used for the ceremony
 (Grand march and
 banquet, not safe grad)



Individuals wishing to rid
 themselves of bottles prior to the final
 drive can drop them off at 25 Birch Dr
 at anytime.

St Louis Easter Turkey Bingo

April 2nd 2:00pm
 St Louis Community Hall,
 hosted by St Louis Rec Board
 All are welcome to attend.
 Funds towards a Splash Park



Funding Assists Rec Activities in Birch Hills



TLC Daycare Inc

You're invited to our **Paint Nite** Fundraiser Friday, June 2nd 7:00pm @ Mane Event Hall
 \$15 from every ticket will go towards outdoor play equipment.

Tickets are available online: <https://www.paintnite.com/.../lust-in-the-wind-at-mane-event-...>

Buy your ticket soon, only 40 tickets will be sold!

Saturday Morning Coffee Row
 at the Youth Centre

7:00am - 10:00am

Any early bird welcome!



St Mary's Anglican Church News

We are hosting a **Community Luncheon** at the Anglican Church on
 the 3rd Friday of each month from 11am-1:30pm.

Free will offering. Everyone Welcome

The next luncheon is Friday April 21st





Laurie Berube,
Recreation Director

Box 280, Birch Hills, Sk S0J 0G0

Cell: 306-749-7451 text or call
E-mail: birchhillsrec@sasktel.net
Facebook Page: 'Town of Birch Hills
Community & Recreation'
Town Website: www.birchhills.ca

Presentation for Seniors

All seniors living in Birch Hills and area are encouraged to attend a presentation on **Safety, Security, and Wellness** on **April 13th at 2:00pm at the Seniors Hall.**

Presenters include the Birch Hills Fire Department, Birch Hills First Responders, Parkland Ambulance, and the RCMP. Following the presentation, coffee and lunch will be served, and will be followed by a draw for a Co-op gift certificate.

Sack the Quarterback Progressive 20/30/50 Jackpot

Join us Wednesdays at The Mane Event. Tickets on sale 5:00-7:00pm. Draw at 7:15pm. You must be in attendance to win. Tickets \$5 each, 3 for \$10, 8 for \$20



**New Jackpot started Wednesday 29th...
Food & Drink Specials Weekly**

CONGRATULATIONS to **Travis Evans** who **SACKED THE QUARTERBACK** by drawing the 4 of Hearts and took home **\$4,537!!!** Royal Canadian Legion Branch #122 as well as TLC Daycare, BH Fire Department and the Skatepark thank everyone for their ongoing support of this community project. Huge shout out to Kristy, Teena and the gang at THE MANE EVENT for hosting and serving each week.



The Farm Field Project fundraiser for the Skating Rink will be happening again this year. If you are a farmer and can help with seeding/harvesting, please contact Stewart (749-7439) or the Rec Office if you can lend a hand. This fundraiser is very beneficial and helps to keep rinks running in our town.

Weldon Spring Trade Show and Sale

Saturday, May 6th 10:00 - 2:00pm
Weldon Auditorium
Lunch fundraiser for auditorium renovations

THE MEIER QUARTET

Will be at Glad Tidings Tabernacle
Sunday, April 30th 11:00am
Morning Program, Dinner to follow

7:00pm Evening Concert—Pie & Coffee to follow

A special offering will be received in support of the local Birch Hills Foodgrains growing project.

Everyone Welcome!



Upcoming Events

- April 2 - BH School Drama Club Dinner Theatre
 - St Louis Easter Turkey Bingo
- 4 - Golf Course AGM & Supper
 - Crystal Springs Bingo starts again!
- 5 - Girl Guide Cookie Blitz
- 6 - Library Gala
 - Gr 12 Bottle Drive
- 8 - Community Boosters Spring Trade Show
 - Constant Reminder Dance in Weldon
 - Birch Hills Blackhawks Windup
- 12 - Lions Club Hockey Draft
- 13 - Sr's Safety, Security, & Wellness Presentation
 - Easter Egg Scavenger Hunt
- 14 - Good Friday
- 17-21 - Easter Monday, school break
- 14 - United Good Friday Service 7pm
- 21 - St Anglican hosted Community Luncheon
- 22 - Bottle Drive (St Louis Karate)
- 23 - St Louis Quilt Show
- 25 - BH Skating Arena AGM
- 26 - AGM Conservation & Development BH
- 29 - St Louis Texas Hold 'em Tournament
- 30 - Meier Quartet Entertainment
- May 4 - BH Dance Centre Dance Showcase
- 6 - Weldon Spring Trade Show and Sale
- June 2 - TLC Daycare Paint Night
- 3 - Birch Hills Annual Garage Sale Day

NOTICE ANNUAL MEETING

of the
BIRCH HILLS
Conservation and Development
Area # 58
Notice is hereby given that the
Annual Meeting
of the Birch Hills
Conservation and Development
Area will be held
In the Birch Hills Legion Club
Rooms on Wednesday,
April 26, 2017
at 10 o'clock in the forenoon.
Secretary-Treasurer, Grant Getz

A Big THANK-YOU to the **Birch Tree Cafe** for hosting the Coffee on Us last week. We enjoyed spending time with people from the community and getting out of the office. Thanks to all who donated, we raised just over \$200 for **TLC Daycare**. We truly are a Small Town with a Big Heart!

