

# TOWN OF BIRCH HILLS **HEARTBEAT**



The **'Birch Hills Community Heartbeat'** newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Brahma Insurance, Grumpy's Confectionary, Quayle Pharmacy, and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to **[birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)**

**April 1st, 2015**

**Issue 91**



Hello Everyone,  
Spring is in the air and it's great to see everyone coming out of their winter hiding spots. There is a small amount of grant funding I can apply for, to host an outside family event in June but I would need help organizing. If you are interested & have some fun, outside, park ideas, contact me asap to discuss options.

If any group is interested in servicing the canteen at the ball diamonds for Minor Ball in May/ June as a fundraiser, contact me asap as well. I wish you all a safe and Happy Easter and Spring Break!

*Laurie Berube, Rec Director*

## CLAY OVEN 2015

### Fresh Eatery & Lounge

All the work is complete and we will be open for business on Monday, April 6th  
Hours of Operation

Monday - Thursday 10:30am - 8:00pm

Friday & Saturday 10:30am - 9:00pm

Sunday Noon - 5:00pm

Depending on demand, hours may be extended up and coming. Let's see how it goes. Kim Fusick, Operator

## Birch Hills Community Boosters

### SPRING CRAFT, BAKE & TRADE FAIR

Saturday, April 18th, 10am to 2pm

@ Birch Hills Civic Center.

The following tables are booked:

*Partie Perks Rental Studio, Tootsie Baby Accessories, Paintings by Terry, Cards by Val, Baking by Edna, Serenigy, Tupperware, South Hill Designs, Norwex, Watkins, Regal, Peekaboo Beans, Chantel's Custom Crochet, Bluebirds & Lemondrops Designs, Lisa Larson Photography, Mayberry, Epicure, Seacret and the Birch Hills Historical Society.*

**Lunch will be served by the Guides**

BIRCH HILLS UNITED CHURCH  
INVITES YOU TO THE FOLLOWING  
HOLY WEEK SERVICES:

Maundy Thursday, April 2 at 7:30  
at Evangelical Lutheran Church

Good Friday, April 3 at 7:30  
at Evangelical Lutheran Church

Easter Sunrise Service, Apr 5, 6:10 am  
at Mohn's Farm on Bonnie Hill.

Everyone is welcome!  
For further info call 749-2488.

**APRIL** issues of the Birch Hills Community activity newsletter was paid for you by:

**Quayles Pharmacy,  
Birch Hills Health  
Foundation,  
Steen Agencies**

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/  
[birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net). The cost is \$100 each sponsor (3/month) for printing, advertising and ensuring that the newsletter stays free for you & the community.

Thank you for supporting your local paper.

**NOTE: Sponsors are booking into Aug.**

## Good Friday Service

at Lake Park Baptist Church  
Friday, April 3rd. 7:00pm

**EASTER SERVICES**

## Candlelight Way of the Cross

All are welcome to join us for this meditative entry into the mystery of our Lord's Passion.  
St Marys/St Annes Church  
Friday evenings 7:30pm  
March 20, March 27 and April 3

## NOTICE

The Town and RM Office of Birch Hills will be closed Friday, April 3rd and Monday, April 6th. Regular Office hours will resume on Tuesday, April 7th

## Birch Hills Cowboy Church

@ Community Centre

1st Sun of each month

Next Service **April 5th @ 7:00pm**

Featuring Country Gospel Music with down home bible message.

All are Welcome Pastor Rick Martin 981-2235





**Annual St Louis Quilt Show**  
 Sunday, April 19th, 2015  
 1:30 - 4:30pm  
 @ St Josephs Senior Club  
 Tickets available for Quilt  
 Raffle  
 Join us for coffee & cake. Silver  
 collection door

**Scout Canada planning & information meeting.**  
 Thursday, April 16th  
 6:30pm at the  
 Birch Hills  
 School Room C100.  
 Open to all parents & volunteers interested in knowing more about forming this group




**Sr Hockey Blackhawks Coaches Corner**  
 Our Senior Team played 4 hard hitting and exciting games in the second series of playoffs against the Big River Braves, but alas the Braves won their 2nd year of league championship. The Blackhawks would like to thank their fans and all the volunteers that made this year successful. They are already looking forward to next season!




**Something's Brewin' at the Youth Center!**

Coffee Row is now held  
 7:00-10:00am @ the Youth Centre  
 .....until Golf Course opens in Spring



**BIRCH HILLS YOUTH BALL REGISTRATION**

For Kids ages 4 and up. If any adults are interested in helping by coaching, referring or helping to organize ball, contact Kathy Arnestad for more info 749-2999



**CONGRATULATIONS** to all the dancers who participated in the Dance Blast competition in P.A. last week-end. Birch Hills Dance Centre came home with 23 gold and 5 silver medals. Adjudicator Choice awards were given to the following:

Emma Mickelson, Mallie Mitchel and Hunter Stubbs, Musical Theatre Trio for Most Outstanding Song & Dance/Novelty Trio, Small or Large Group, Any Age.

Off to Work, Demi/Character Ballet for Most Outstanding Demi/Character Small Group, 12 & over.


Girls You Like, Senior Hip Hop for Most Outstanding Hip Hop Large Group or Line, 12 & over.

Jaemynn & Jovana Hoey for Most Promising Open Solo, Duo, Group, Any Age.

Jaemynn Hoey and Jodi Smith for Most Outstanding Hip Hop Duo, 15 and over.

Jovana Hoey and Kylie Lussier for Most Outstanding Jazz Duo, 13 & 14.

Jaemynn Hoey awarded a full scholarship to Dance Jam workshop in Regina for best overall performer.

The Birch Hills Skating Club would like to say THANKS to everyone who supported the Carnival and attended the supper and silent auction on Saturday, March 21st. It was a successful day and all funds raised will stay in the community to pay for coaching fees, ice rental - keeping our rink open, insurance and registration fees and to help keep fees reasonable for skaters. Be sure to watch for registration information in late summer/early fall for the skating season starting November 2015.

### JOB OPPORTUNITIES in Birch Hills

**BLING CAR WASH** - Seeking Casual/Part-time **CAR WASH ATTENDANT**. Students welcome to apply. Drop off resume @ 12 Bellamy Avenue or call Amanda at 930-5358 for more information.

**TLC Daycare Inc. COOK** (Part-time, approximately 25hrs per week) - **Job Summary:** The TLC Daycare Inc. is looking for a cook that will responsible for menu planning, purchasing of groceries and supplies and daily preparation of nutritious meals and snacks served to approximately 40 children (ages 6 weeks to 10 years) enrolled in the centre. The kitchen is to be managed and the work of the Cook is to be conducted in strict compliance with Ministry of Health regulations, and all other applicable legislation. The Cook works in consultation with the Centre Director to ensure the smooth operation of the kitchen and its coordination with the other programs of the centre. Interested applicants should possess basic food handling and preparation skills. A current Food Safe course would be preferred; however we are willing to train. Applicants will also need to have or be willing to obtain First Aid/APR Level "C", and a Criminal Record Check. Wage starting at \$11.00/hr.



## BIRCH HILLS CURLING RINK NEWS

### President's Message

- It is hard to believe the curling season is already behind us! We have had a very busy winter with the Fireman's, Ladies and 2 Person bonspiels being a huge success. We hosted the Northern Mixed play downs as well as the Legion National Dominion championships, and they too exceeded our expectations. I would like to take this time to genuinely thank all of the members and volunteers that made this season great! There would be no curling club without YOU!

Several projects have been completed last year with the new roof, ice and lighting upgrades and we are already planning a few more projects for next year. A funding drive has been started to install blue-honed granite inserts in our rocks and plans are in place to re-side and repair the west wall of the rink. For more information on either of these projects or to get involved with our club please contact me at 749-7348.

Once again, THANK-YOU to everyone for providing the support and commitment it takes to make the Birch Hills Curling Club the envy of curlers from across the province!!

*Leon Pratchler*

### CURLING RINK WEEKEND WINNERS

- Of the 2 person bonspiel was Rick Graham & Doug Lloyd.
- of the 50/50 Winner was Tammy Guse (Jodie's Mom!)
- of the Two person Calcutta was Leyton Elsaesser, Curtis Mickelson, Robyn Ganes
- of the Annual Curling Raffle was Graham Tweten, Enjoy your summer getaway!

Thank you to all who supported and participated

Birch Hills School is holding a Spring fundraiser for their new playground! The students from K-6 will be selling Vesey's Flower Bulbs. from April 13-20th. If you don't plant flowers...that's ok! Feel free to buy a package and donate it back to the school and they will be planted in the BH School memorial garden. 50% of all proceeds go toward to the new playground structures.

### FLUTE and FIDDLE UPCOMING EVENTS

April 3rd- CLOSED to observe Good Friday  
May 9th - Jeffrey Straker Concert  
June 6th - Trade Fair & Erin Hill Concert



#### Open Mic & Karoke Friday Night Hosts in April

Apr 10 - Hart Boys                      April 17 - Josh L'Henaff  
Apr 24 - Mona Brittain

## 59TH ANNUAL LEGION DOMINION

### NATIONAL CURLING PLAYDOWNS

Congratulations Birch Hills! The 2015 Royal Canadian Legion Dominion National Curling Championship is in the History Books. The 2015 National winner was Chilliwack B.C, Branch #04 with Skip Kevin Britz, Mate Ken Britz, Second Darin Jarvis and Lead Gord Bradley with a perfect run of 7 wins and 0 losses.

A National event of this stature and size could only be successful if our community, sponsors and a volunteer base next to none was behind us all the way, and they definitely were!

The Provincial teams were ecstatic with the entire package we as a community provided from transportation, venue, food and being treated like "Family". The most common phrase we have been receiving is - and I quote: "we have been to 5 of these championships now and this is by far the best we have ever attended - fantastic job"!

On behalf of the membership of the Royal Canadian Legion branch #122 of Birch Hills, Thank you to all for your support and assistance on making this event a great success.

Don Lypchuk - President #122



### AFTER SCHOOL PROGRAM...



is on hold. Anyone want to lead street hockey, soccer, basketball, soft/base ball or anything else?

If you are interested in helping to lead any part of this program even for a period of time, please contact Laurie at Rec Office 306 -749-7451 or email birchhillsrec@sasktel.net

### FREE YOGA CLASS IN BIRCH HILLS

Rebecca Quale will be hosting a **FREE** beginner yoga class on **April 16, 2015** at the Birch Hills Civic Centre. Class starts at 7:00 p.m. No yoga experience necessary! Please register by contacting Rebecca at [rebecca\\_quale@hotmail.com](mailto:rebecca_quale@hotmail.com) or (306) 960-7736. \*All participants will be required to sign a waiver before class declaring that they are fit to practice yoga.







Thank you to our Community, Family & Friends who supported Taylor with her sold out turkey supper. Thanks to all the Sponsors who donated items for the auction, with auctioneer Kevin Hawreschuk, helpers Lorne Ridgeway & Dave McTaggart. A Big thanks to our Community CO-OP for sponsoring this event and for donating all of the turkeys. *Kathy Evans together with Vili and Judy Bati were the inspiration behind all of Taylor's fundraising efforts – thank you!*

A few others to thank are: Pastor Clint, Bev Fisher, Marilyn Smith, Grace Vanderkoot, the Mathesons, Maxine Cromartie, Faye Erikson, Gord & Leanne Hood, Nadine Hawreschuk, Karen Jordan, Jan Goy, Jake & Heidi Sand, Jay Foster, Matthew Langendoen, Jayde Jones & Jessica Carrier.

*We have once again proven that we live in a small town with a Big Heart!*  
– because of you Taylor has reached her goal!  
Huge Thanks – From The Lyons Family



Community Service Groups, please be advised that the Community Grant Program (funded by Sask Lotteries Funds) is now accepting applications from local service clubs and groups that require funding for sport culture and recreation programs that they are planning between April 1, 2015 to March 31, 2016.

Applications forms are available from the BH Recreation Office.

This grant program is available to all groups in the community, especially programs or events that target sport, culture or recreation programs that encourage under-represented populations, such as: seniors, indigenous people, economically disadvantaged, women, persons with disabilities, youth at risk and single parent families. For more information contact Laurie at birchhillsrec@sasktel.net or 306-749-7451.

### St. Louis Karate Members Grading Results

Name	Result
Anthony Rock	Yellow belt
Julian Rock	Yellow belt
Marc Caron	Yellow belt
Meagan Denis	Orange belt
Logan Linfit	Orange belt
Patricia Denis	Orange belt
Jennifer Ravndahl	Orange belt
Jared Checkosis	Blue belt
Dylan Ravndahl	Purple belt
Talon Wolfe	Brown belt
Theron Charles	Brown belt
Bryce Blondeau	1st degree black belt
Cole Campbell	1st degree black belt
Brent Blondeau	3rd degree black belt



**Best Male Competitor** Bryce Blondeau (St. L.)

<b>Total Medal Standings:</b>	<b>St. Louis</b>	<b>26</b>
	Rosthern	24
	Prince Albert	12
	Winnipeg	8
	Calgary	2



### Grand Olde Opry

At St Louis Hall Saturday, May 2nd 7pm  
Featuring Several singers and bands. Tickets \$17.50 for show and dance. Dance only \$10. Maximum 300 tix. 50/50, Door Prizes. Tickets available at Sandy's Groceries (St Louis) or call 961-4250



### Ball Room Dance Lessons



Are you interested in taking Ball Room Dance lessons? Jive, Waltz, Foxtrot, Cha Cha, Rumba...?

If there is enough interest we will start beginner classes in the fall.

Please call Hank at 306-422-0020 for more info. (St.Louis)

### KAISER Tournament

April 10th,

@ St Louis R.C. Church Hall

\$25/team, max 8 hands

8 games total points. Cash Prizes, 50/50,

Lunch and Bar. Registration 6:45, Game starts 7pm. Call Marc 422-8645 for more info



Presents....

**"DANCE SHOWCASE 2015"**  
at E.A. Rawlinson Centre

in Prince Albert

Tuesday, April 21st at 6:30 p.m.

Dancers from ages 3+ will be performing.

Tickets may be purchased at the E.A. Rawlinson box office or on-line through the E.A. Rawlinson website.

Everyone is welcome!!

### ANNUAL MEETING

BIRCH HILLS Conservation and Development Area # 58  
in Council Chambers at Birch Hills Civic Center on  
Wednesday, April 15, 2015 at 10:00am  
Discussion on proposed lowering of Peonan Lake  
All ratepayers are invited to attend.  
Secretary-Treasurer, Grant Getz

Annual General Meeting

### Birch Hills and Area Health Foundation

Tuesday, March 17, 2015 7:00pm  
@ Health Centre (back of Birchview Home)  
We help support health related issues in the community,  
in the Health Centre and in Birchview Home



### Birch Hills Annual Spring Gala

Thursday, April 9th @ 6:30pm

Tickets now available at the library or  
with any board members. Pork roast  
supper with all the trimmings. \$25/person.

Guest Speaker: *Hope Pederson,*

Author of "The Saskatchewan Smoke Jumpers"

### Recreation Annual General Meetings



### Birch Hills Skating Arena

Wednesday, April 15  
7:00pm in the Arena Lobby

### Birch Hills Golf Club

Thursday, April 23 6:00pm  
@ Senior Hall, Supper meeting to follow  
(costs \$10) RSVP 749-7451



### Birch Hills & District Recreation Board

Wednesday, April 29th 7:00pm  
In the museum basement



*If you have interest in any local  
recreation facilities or activities, please consider  
attending the AGM and/or joining these boards.*

*Want to see change, Be the Changer!*

### SOUP FOR SENIORS

Come down to the Senior Hall Saturday, April 11  
11:00 - 1:00pm for a homemade luncheon  
served by loving community members.

### APRIL NEWSLETTER SPONSORS

#### QUAYLES PHARMACY

226 Bellamy Avenue

306-749-2221

quaylespharmacy@sasktel.net

located downtown Birch Hills offers a full prescription pharmacy and  
over the counter medicines. Also available in store greeting cards, liquor  
refreshments (did you know they will order in special requests?). Order  
special occasion liquor permits, Sears Pick up location, Gift Shopping and  
friendly service.

*Pharmachoice Your Locally Owned Community Pharmacy Advice For Life!*



Funding Assists Recreational Activities in Birch Hills

#### STEEN AGENCIES

Weldon Sask. S0J3A0

PH: 306-887-2020

Fax: 306-887-4211

Call for all your Insurance Needs

THE BIRCH HILLS & AREA HEALTH CARE FOUNDATION is a non profit foundation that was formed in 1994 when our hospital was closed. The foundation's role is to provide support for health related activities and the health facilities in Birch Hills & area, this includes the Birchview Nursing Home and the Health Center attached to it. Our foundation is funded by tax deductible donations and bequests from local residents and supporters of our health facilities. Since our inception we have used these donations to support large and small projects, from the \$50,000.00 bed replacement project, to supplying Broda chairs for the residents, and education bursaries to grade twelve graduates.

We have supported the Rec board "Bridging the Gap" summer playground program, the Birchview facelift committee, the Birch Hills Fire Dept and several other local health related organizations. In the last ten years the foundation has donated \$115,419.00 to support health care and healthy living in the Birch Hills Area. The Foundation would like to say Thank You to everyone who has made donations in the past. As the Foundation continues to receive funding requests from our local health providers and other local groups, we need to continue raising funds to support these very deserving projects. Donations can be made to Birch Hills and Area Health Care Foundation, P.O. Box 578, Birch Hills, Sk. S0J 0G0



Laurie Berube,  
Recreation Director  
Box 280, Birch Hills, Sk  
S0J 0G0

Cell: 306-749-7451 text or call  
Fax: 306-749-2545  
E-mail: birchhillsrec@sasktel.net  
Facebook Page: 'Town of Birch Hills  
Community & Recreation'  
Website: www.birchhills.ca

The Birch Hills Line  
Dance Group, known  
as the 'Stepouts',  
raised over \$800 on  
their quilt raffle.  
Kerry Kyler drew  
the winning ticket  
...Sandra Barber is  
now the proud owner  
of a homemade quilt.

## SPONSORS NEEDED

**BH Summer Playground Program** is free of charge thanks to grant funding and supporters of the program. Not all expenses are covered by grants and therefore we rely on other donations.

We are seeking sponsors for the nutrition snacks and children's t-shirts. (approx \$450 ea) Partial sponsorship accepted. If you are interested in helping contact Rec Office asap. Thank you

**Crystal Springs BINGO** starts Tuesday, April 14th 7:30pm  
in the Crystal Springs Hall and will continue each Tuesday

Lucky 7: \$169 in 32 numbers

Bonanza: \$210 in 61 numbers

50/50 draw, free coffee, Queen/King for the Night,  
Weekly Door Prizes, Monthly Loyalty Draw



**Birch Hills Community Preschool "PRE-REGISTRATION"** for Fall 2015 Let us Know!  
Open to all 3 & 4 year olds. Contact Lisa @ 749-3137 or Jody @ 749-2843  
Registration Night to follow Mon, Aug 31st,

**Weldon 4-H Beef Club Easter Family Dance**  
Saturday, April 4 2015 @ 8:00pm

Weldon Auditorium

\$15/person (12 & Under Free)

Music supplied by: Cottonwood Country  
(The Sinclairs) Cash Bar & Midnight Lunch  
All proceeds are going towards the 2015  
Charity Steer recipient Saskatchewan  
Childrens Hospital. All donations will be  
matched by Kinistino Scotiabank  
Tickets will be available from: Weldon 4-H  
Beef Club Members, Scotiabank (Kinistino),  
Affinity CU (Birch Hills)

Slow Pitch Season is coming. We have had a 4 team league and Fri night drop in. If you are interested in playing again this summer, let Laurie, Rec Office know what dates and if you have a team.



Please Share Paper with a friend or Send request to  
birchhillsrec@sasktel.net to  
receive the news letter online

Senior Housing units available from the Birch Hills Housing Authority. For more info on these units please contact Alan Ruder at 306-749-7541

## Birch Hills Upcoming Events

- April 2 - Maundry Thursday @ Lutheran Church  
3 thru to 10 - School Easter Break  
3 - Good Friday Service @ LPBC  
Good Friday Service Lutheran Church  
Candlelight Service @ StMary/StAnne  
4 - Weldon 4H Beef Club Family Dance  
5 - Easter Sunrise Service @ Mohn Farm  
- Cowboy Church  
6 - Clay Oven Opening  
9 - Library Annual Spring Gala  
10 - Kaiser Tournament in St Louis  
11 - Soup for Seniors  
13-20 - Flower Bulb Fundraiser  
15- Skating Arena Board AGM  
- BH Conservation & Development AGM  
16 - Scouts Forming Meeting  
- Free Yoga Session @ Civic Center  
18 - Spring Trade Fair  
19 - St Louis Quilt Show  
21 - Annual Dance Showcase pg 4  
23 - Golf Board AGM  
25 - Hypnotist & Dance  
29 - Rec Board AGM  
May 2 - Grand Olde Opry in St Louis  
9 - Soup for Seniors (BBQ)  
- Jeffrey Straker Concert F&F  
June 6 - BH Garage Sale Days

Birch Hills Beauties hosting....

**Hypnotist and Dance Night.**

April 25th \$25/person

We are raising funds for the new school playground! Lunch and green screen photo booth as well!

Hypnotist is Corrie J from Saskatoon!!!



Deadlines for submissions for newsletter are the  
10th and 25th of each month.

Send entries to birchhillsrec@sasktel.net or call 306-749-7451