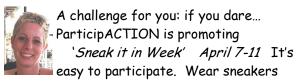


HEARTBEAT

The 'Birch Hills Community Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Brahma Insurance, Quayle Pharmacy, Grumpy's Confectionary and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request for mailing list to birchhillsrec@sasktel.net

April 1st, 2014 Issue 67



to work. Walk to lunch. Park a few blocks away. Hit the pavement on your coffee break. As long as your heart beats faster for 10 minutes, it really counts! You'll see how easy it can be to fit in more activity during your workday. So get active and sneak it in. You'll be rewarded with a longer, happier, more fulfilling life! For more information and ideas of how you can participate during your work day visit www.participaction.com



Wishing you a safe and active Easter.

Laurie Berube, Rec Director

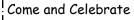
BIRCH HILLS PUBLIC LIBRARY SPRING GALA

Featuring Rebecca Grambo, Author & award-winning natural history photographer.

> Thurs. April 10, 2014 Birch Hills Civic Centre \$25/person

Doors open 6:00, Turkey supper 6:30pm Presentation to follow Books to purchase, Raffle & 50/50s Get tickets from any of the following board members: Mary Ann Hovdebo, Lee-anne Hood, Nadia Stevenson, Val Quayle, Maxine Cromartie, Karen Lemon, Ann Woods, Joanne Bzdel, or at the Library. The Birch Hills Guiding Association will be holding our **Annual Girl Guides Spring Cookie Blitz** on
Wednesday April 2nd 6 - 8pm.
If we miss you, cookies can
be purchased by calling
Audrey at 306-749-2217.

i Happy 90th Birthday ELWIN STOBBS





Saturday, April 5

@ Birch Hills Civic Center

2:00-400pm

Everyone Welcome,

No Gifts please

APRIL issues of the Birch
Hills Community activity
newsletter was paid for you
by: Kelly McLean, In
Loving Memory of
Kathy McLean,
Grace Vandercoot &
Thelma Opseth,
Jaesen Dansereau

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/ birchhillsrec@sasktel.net. The cost is \$100 ea sponsor (3/month) for printing, advertising and ensuring that the newsletter stays free for you & the community. Thank you for supporting your local paper.

'RAVEN SHE HOLLERS'

Saturday, April 12, 2014

Starts 8:00pm, doors open 7:30pm

Honey Suckle Blues, Deep Folk Roots & Old Tyme Country in Sweet
3 Part Harmony Tickets \$15 advance, \$20 at the door.
(limit of 50 tickets) Call 749-3391

Birch Hills Dance Center presents its annual



DANCE SHOWCASE 2014 at 2:00pm on Saturday, April 5th

at the E.A. Rawlinson Centre in Prince Albert.

Tickets may be purchased online through the E.A. Rawlinson website or at the box office phone #306-765-1270.

Please support our studio and come out for an afternoon of entertainment. Dancers, ages 3 to 18, will be performing their routines in jazz, tap, ballet, hip hop, lyrical, modern and musical theatre. Tickets are \$18 for adults and \$8 for children, 10 and under. Children under 18 months are free of charge as they may sit on their parent's laps.

Thank you, Mary Mohn

BIRCH HILLS COMMUNITY BOOSTERS

SPRING CRAFT, BAKE & TRADE FAIR

Lunch & Desserts Served by TLC Daycare - Chilli & bun Featuring: Javita Coffee & tea Co, South Hill Designs, Jamberry Nails, Norwex, Scentsy, Regal, Watkins, Tupperware, Seacret, BCMac Music, Fifth Avenue Jewelry, Lisa Larson Photography, Sunset Gourmet, Prairie Charm Quilts, Silpada, Bethel House, Rada Knives and assorted Craft & Bake tables.

Brancepeth Hall Garage Sale Day

Saturday April 12th 11:00am-2:00pm \$10.00 per table (weather permitting we will have tables outside as well)



Chili and a Bun lunch will be served

Proceeds go towards the Town Hall.

MENTAL HEALTH SUPPORT GROUP

- * Do you struggle with depression or any kind of mental illness?
- * Do you feel alone in your community?
- * Are you looking for support?
- * Are you looking for a safe place to share and be encouraged?



If this rings a bell for you, this weekly group might be just what you need.

If you are in or around the Prince Albert area, come **Tuesday nights beginning on April 29**th, 2014 to St. Mary's Anglican Church in Birch

Hills, located at 255 McCallum Avenue at 7pm. Let's help each other walk out of darkness towards a life of health and hope.

If you have any questions, please feel free to contact Amy Dow at amy.dow@outlook.com or on her cell: (306) 941-0788.

CRYSTAL SPRINGS NEWS

Sunday, May 4: Crystal Springs Spring Brunch 10:30 am - 12:30 pm

Bingo in Crystal Springs will start on Tuesday, May 6, 2014

Weldon Trade Show and Sale

Saturday, April 26 10:00 am - 2:00 pm

Weldon Silver Tone Club hosted lunch available for purchase.

Vendors needed. \$15.00 a table.

(does anyone have contact info?)

FOOD GRAINS BANK

The Food Grains Bank is an organization composed of 15 different church denominations who are helping to end world hunger.

Dave Meir is the leader for Saskatchewan.

On April 27 at 11:00am, Dave Meier and the Meier Quartet will be ministering in the Birch Hills Glad Tidings Tabernacle with dinner to follow.

In the evening of the 27th at 7:00pm there will be a Meier Quartet Gospel Concert followed with pie & coffee.

A special offering will be taken for the Birch Hills Grow Project which produces grain for the Food Grains Bank.

Everyone is welcome

TLC Daycare and Birchview Home had their 1st Annual Art Gala on Sat. March 22 And thanks to everyone who attended it was a huge success. I'm sure people all over Birch Hills are displaying new art work on their walls at home. In total for both facilities we raised just over \$5000.00!! WOW!! Thank you!!

On behalf of the committee we would like to give thanks to some special people. First and foremost the residents and children who created all the beautiful pieces. I think some of our guests were pleasantly surprised at how great the art looked. We are proud of all of you.

Thank you to Lorne Ridgway, Alan Ruder, Marv Penner, Lydia Francis, Randy Whitter, Thimbles and Threads Quilt Group, Birch Hills Lutheran Church, CIBC, Affinity Credit Union, BH Co-op, BH Museum and to all the volunteers who helped make the event a success.

Thank you and we look forward to doing it all again next year!

Deadlines for submissions for newsletter are the 10th and 25th of each month. Send entries to birchhillsrec@sasktel.net or call 306-749-7451

NOTICE: ANNUAL MEETING

of the BIRCH HILLS Conservation and Development Area # 58 Notice is hereby given that the Annual Meeting of the Birch Hills Conservation and Development Area will be held in Council Chambers at Birch Hills Civic Center on Wednesday, April 30, 2014 at 10:00am

The Birch Hills C&D is an elected body of three people. They manage the drainage basin of Cromarty and Peonan creeks. We have approx. 11 miles of constructed ditch whitch we are responsible for maintaining.

If you have any concerns about drainage into these basins please attend our annual meeting

Secretary-Treasurer, Grant Getz

Birch Hills Dreamland Optimists hosts

Family Supper Fundraiser Thursday, May 8th @ Flute and Fiddle Doors open @ 5:30pm. Roast Beef Supper served by Chef Stu \$20/Adults Limited tickets available Purchase at the Clay Oven, Laurie (Rec Dir), Ann Woods, Becky Nijaa

All proceeds to go to the Birch Hills Playground Summer Program.

Birch Hills Optimist meet every 2nd & 4th Tuesday of the month @ the Flute & Fiddle @ 7pm. Feel free to come to our meetings

Taxi Service in Birch Hills

Service 7 days a week. Around town, to P.A and back and even to Saskatoon if you have to catch a plane (must make arrangements in advance). Call 306-749-1222



Advantage Real Estate is very excited to welcome back (after a year of maternity leave) your local real estate expert Crystal Spiker! 749-7404

FLUTE and FIDDLE UPCOMING EVENTS

* Friday, April 18th Friday Open Stage hosted by **GRAMBO BROS** & their band



* Saturday, April 19th 6:00pm CONSTANT REMINDER
Fundraising for their fourth CD of original music to be released in May,
2014. Come out to enjoy a great evening of music and fun to support this
local band. Bar and Barbeque supplied by The Flute and Fiddle.

Advance Tickets \$25 / \$30 at the door. Children under 10 free. Barbeque and Bar are not included in ticket price Contact Karen Constant 864-3544 or text 864-7576; text Connie at

Contact Karen Constant 864-3544 or text 864-7576; text Connie at 1.306.940.4070; text Jackie at 1.306.980.6240 or text Karen Cay 1.306.864.7122 for Advance Tickets.

* Saturday, Apr 26th, ROCK THE 90'S 8:00pm-1:00am Tickets \$20

Purchase tickets at the Clay Oven or online at www.fluteandfiddle.ca

Sport Clinics coming this summer Need Your Feedback

Parents ask your kids which activities they would like to see come to Birch Hills this summer. Let Laurie with Recreation Dept know asap which ones they are interested in.



Some ideas for clinics but not limited to...

Archery, Basketball, Boxing, Cheerleading, Fencing, Football, Karate, Lacrosse, Rugby, Skateboarding, Soccer, Softball, Tennis, Ultimate Frisbee, Volleyball

If you are an enthusiast of any sport and you would like to teach/coach, please email birchhillsrec@sasktel.net

ST. LOUIS LIONS CLUB NEWS

Annual Easter Turkey Bingo,
Sunday April 13th 2pm @
Community Hall
bingo for cash and turkey/ham,
food hamper draw,
cash lunch counter
Everyone welcome for a great
afternoon of fun and bingo.

Sunday Brunch

with all the fixins'
Sun, April 13th 10am to 1pm,
@ Community Hall
Proceeds for the St. Louis
Newsletter.

NOTICE FROM THE RM of BIRCH HILLS

The RM of Birch Hills No. 460 has developed a website. Please check it out at **www.rmbirchhills460.ca** Listed on the website are Council Minutes, Bylaws, Financial Statements, upcoming events, and much more. The RM can also be contacted at 306-749-2233 between hours 9:00-12:00 and 1:00-4:00 Monday to Friday or emailed to <u>rm460@sasktel.net</u>.

Please let us know what you think of our website

Coming soon to the ball diamonds near you...



Co-ed Adult Slow Pitch: Sign up your team (individuals are also welcome to register to be on a team or to be a spare) Maximum 6 teams for the Birch Hills League. Tuesday Nights... (may be

changed pending players requests) Must have 3 ladies per team.

Co-ed SlowPitch Tournament: June 14 or July 6??? Please text or email me your preferred dates. Teams register with Laurie @ 306-749-7451 (cell) or birchhillsrec@sasktel.net

Anyone concerned of town development is welcome to attend
The Birch Hills COMMUNITY BOOSTERS

Next meeting Tuesday April 15, 2014 @ 7:30pm in the Museum Boardroom.

JOB OPPORTUNITY: Umpires for May/June Boys and Girls ball



Training courses available and Minor Sports will reimburse for the umpires clinic fees plus pay per game umpired. Candidates would be at least 12 yrs-Adult and have basic knowledge of how

baseball is played. If you are interested please contact Leon Pratchler at 749-7348 or Laurie at Rec office 749-7451

Birch Hills Golf Course Board AGM and Supper

April 16th, 2014 @ the Sr Hall \$10/person just show up Cocktails 6:00pm, Supper 6:30pm, Meeting to follow

Birch Hills
Skating Rink Board
AGM

Mon, April 28, 2014 @ the Rink Lobby. 7:00pm Anyone with interest for Town Recreational Facilities are encouraged to attend any Annual General Meeting

Birch Hills

Recreation

Board AGM

Tues, April 29/14 7:00pm in the Museum Basement

Birch Hills Cowboy Church

@ Community Centre

1st Sunday of each month

Next April 6, 7:00pm

Featuring Country Gospel Music with down home bible message.

All Welcome.

Pastor Rick Martin 981-2235



LADIES NIGHT OUT

May 3rd, 2014 in Melfort
Hosted by the Melfort Kinettes

"80's Themed' Girls just wanna have Fun. Tickets are \$30 for table of 8. Includes Supper and an evening of poofy hair and leg warmers.

If you are interested in attending, contact Laurie 749–7451

Birch Hills Public Library's

EASTER CRAFT

Tuesday, April 8th, 2014

For Kids 5yrs - 12yrs Civic Centre

6:30 - 7:30pm No Cost <u>but</u>
Parents must call 749-3281
and register before Friday, April 4th
Limited space available

Fundraising Opportunity

Is your group looking for a way to raise money? Minor Ball will be starting in May through



June. If your group is interested in serving at the ball diamonds concession (Mon-Thurs), please contact Laurie for more info.

All proceeds can be yours!!

EVERY WEEK IN THE HILLS

MONDAY

Line Dancing 9:30-11:00am @ the Senior Hall Bowling at the Senior Hall 2:00 pm Vel 749-3364 Thimbles & Threads Sewing Club 6:30pm @ Birchview Melissa 749-3482 Fire Department Meetings 7pm @ fire hall



TUESDAY

Knitting Grannies 2nd & 4th Tues of ea month @ Sr Hall Karate 7:30pm St Louis Karate Club 422-8665 Library Open 12-4pm and 5-8pm

Community Booster Mtg 3rd Tues of the month Civic Centre 7:30-9pm St Louis Karate 7-8pm Call 422-8665 or 749-7500

Optimist Club 2nd & 4th Tues of the month New members welcome AWANA Kids 6:45pm @LPBC For Kids 5-12yrs / kind-grade 6 Crystal Springs Bingo starting May 6th

Mental Health Support starts Apr 29 @ St Mary's Church/contact Amy Dow

WEDNESDAY

Line Dancing all welcome 9:30-11am at the Sr Hall Thrift Shop Open at the Museum 9-4:00pm Great Deals! Coffee & Sweets at the Museum 3:00 pm Sparks/Brownies/Guides/Pathfinders Contact Audrey 749-2217 to join Birchview Ladies Aux 9:30 every 2nd Wed ea month New members welcome Randy Hoback Office 1st Wed of month @ Town Hall 1-3pm

THURSDAY

Cribbage at the Senior Hall 2:00 pm Vel 749-3364 Library Open 12 - 4:30pm

St Louis Karate 7-8pm Call 422-8665 or 749-7500

Legion Mtg 2nd Thurs ea month 7pm @ legion hall. New members welcome FRIDAY

Lutheran Church Coffee Break 9:30-11am Bellamy & 4th St Birch Hills Library Open 12-4:30pm Story time 1:00pm Flute & Fiddle Steak Night, Open Mic & Karaoke Starts 5pm All Ages

SUNDAY

If you have something to add to this list, contact Laurie at 749-7451

SUNDAY WORSHIP SERVICES IN BIRCH HILLS



Birch Hills Community Church @ Civic Centre 11:00am at 428 Bellamy Ave 9:30am:

Lutheran Church Service (1st, 3rd & 5th Sun of the month) United Church Service (2nd & 4th Sundays of the month) Glad Tidings Tabernacle (Pentecostal) @ 101 4th St 11am

Lake Park Baptist Church @ Hwy 3 11:00am Saron Lutheran Church near Hagen St Mary's Anglican Church @ 255 McCallum Ave 9:00am St Anne's Roman Catholic Church @ 255 McCallum Ave 11:30am

BIRCH HILLS LIBRARY NEWS

Library Hours:

Tuesdays: 12-4 & 5-8 pm,

Thursdays & Fridays:

12 to 4:30 pm

StoryTime Every Friday

1:00-1:45pm For kids 3yrs+

COMMUNITY COMMITTEE CONTACTS

Senior Hall

Vel Bompais 749-3364 Hall Rentals **Birch Hills Royal Cdn Legion** Lyle Mohn 749-7927 Hall Rentals

Marlene Lypchuk 749-2571 Member Info

Birch Hills Lions Club Bruce Tilford 749-7743

Todd Devenis 749-3425

Birch Hills Historical Society Shirley Ulvild 749-2500

Community Boosters

Stewart & Louise Adams 749-3521

Dreamland Optimist Club

Stuart Matice 306-314-2378

Community Garden

Ann Woods 306-749-3237

Sparks/Brownies/Guides/Pathfinders Audrey Matheson 749-2217

Fire Department

Peter Lubyk 980-7674

Sno-Posse Snowmobile Club Jodi or Sheldon Gordon

Birchview Ladies Auxillary & Meals on Wheels (help wanted)

749-2288

🖒 Like

our Facebook page to get activity updates. Feel free to add your own event or activity info to the 'Birch Hills Community & Recreation' page

Other Local pages:

BH Bargain Basement, BH Mamas, BH Dance Centre, BH Blackhawks, General Quarters Paintball, Flute and Fiddle, BH Community Garden, BH Sno-Posse, Clay Oven Café, BH Co-op, Partie Perks Rental Studio, Dreamland Optimist Club of BH, Community Boosters, Bling Car Wash

NEW Brahma Insurance

'Like' these pages to become part of these groups & get more information



Laurie Berube, Recreation Director Box 280, Birch Hills, SK S0J 0G0

Fax: 306-749-2545

E-mail: birchhillsrec@sasktel.net **Cell text or call**: 306-749-7451

Facebook Page:

'Birch Hills Community & Recreation'

Town Clean Up Coming in May ...watch for more details

CURL-A-DROME NEWS

Winners of the 2 Person Cash League sponsored by Brahma Insurance: **Dale Engelson & Ray Crozier** (spare **Barry Zelinski**)



Winners of the Season League:

Pete Arnestad, Leon Pratchler, Curtis Mickelson & Brad Mitchell

Winners of the 2 Person Tuffspiel: **Darren Sundbo & Barry Zelinski**Calcutta grand pool prize to be shared \$7900!!

Winners: Hagen Crew, Robyn Ganes, Curtis Grambo

Winner of the Annual Spring/Winter Vacation draw: Dora Lakoni

Thank you for a great 2013-14 Season.

Birch Hills Lions Club News

"Famous" Spaghetti Supper & Silent Auction

Saturday, May 3, 2014 @ Civic Center 5:30 Cocktails, 6:00 Supper, Auction to follow Adults \$10, Students gr 6-12 \$6, 5yrs and under FREE Tickets from any Lions Club member



NHL Playoff Draft

Thursday, April 17 7:30pm @ Curling Rink \$80/team (3-4 members/team) 1st prize 25%, 2nd prize 15%, 3rd prize 10%

Become a member of the Birch Hills Lions Club. Contact Bruce Tilford 749–7743 or Todd Devenis 749–3425



Funding Assists Recreational Activities in Birch Hills



Please Share
Paper with a
Friend or Send
Email to receive
the news letter

SOUP FOR SENIORS

Come down to the Sr Hall on Apr 12 and May 10

@ 11:00 - 1:00pm

Lunch will be Served, the Friendship is up to you!



CANDLELIGHT STATIONS

Fridays in Lent

OF THE CROSS

Mar 14-Apr 18 @ 7:30pm @ St Anne's Roman Catholic St.Mary's Anglican Church All are welcome



Birch Hills Upcoming Events

- April 2 Girl Guide Cookie Blitz
 - 4 Friday in Lent
 - 5 Elwin Stobbs Bday Celebration BH Dance Center Showcase in PA Sask Party Steak & Comedy Night
 - 6 Cowboy Church
- 7 11 ParticipACTION 'Sneak it in' Week
 - 8 Library Easter Craft (register by Apr 4)
 - 10 Library Gala & Dinner
 - 11 Friday in Lent
 - 12 Soup for Seniors
 - Brancepeth Garage Sale
 - Community Booster Trade Show
 - Band 'Raven She Hollers"
 - 16 Golf AGM & Supper
 - 17 Lions Club NHL Playoff Draft
 - 18 Final Friday in Lent & Good Friday
 - Grambo Bros hosting F&F
 - 21-25 No School
 - 22 Earth Day
 - 26 Weldon Trade Show
- 27 Dave Meier Quartet Lunch & Presentation and an Evening Concert
 - 28 Skating Arena AGM
 - 29 Rec Board AGM
 - Mental Health Support Group starts
- May 3 Lions Spaghetti Supper
 - 4 Crystal Springs Brunch
 - 6 Crystal Springs Bingo starts weekly
 - 8 Playground Supper Fundraiser
 - 10 Soup for Seniors
 - 18-23 Town Clean Up
- **June** 7 Garage Sale Day

The Anglican, Lutheran and United church congregations invite you to a joint

Maundy Thursday

Potluck Supper and Service at 6:00pm Thursday, April 17th at the Evangelical Lutheran Church.

Steak & Comedy Night hosted by

Sask Party Batoche Constituency

April 5th @ the Flute and Fiddle with comedic entertainment provided by Jody Peters Advance tickets \$50.00 Contact: Kris 864-8058, Kelly 960-1478 or Alan 749-7429