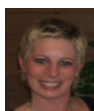


The **'Birch Hills Community Heartbeat'** newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month at: Co-op Grocery & Hardware, Quayle Pharmacy, Grumpy's Confectionary and various other businesses downtown. Pick up your free copy and share with a friend.

Send your email address and request for mailing list to **birchhillsrec@sasktel.net**

April 1, 2012

Issue 19



Hello Everyone,
Have you by chance noticed how many people have come through our town since the beginning of this year.

Events such as our local annual curling bonspiels, the Legion Curling Provincials, the Juvenile Curling Provincials, the Brrr Chills Winter Festival, Minor, Senior & Recreation Hockey games, School Basketball tournaments, Volleyball Tournaments, the Skating Carnival & the Skating Fun Festival bring in a whole lot of people coming to visit, eat, sleep and shop in Birch Hills.

Think of the economic impact that gives our town, the recognition and the opportunities that it gives us to show off our home and our businesses.

Definitely worth noting is, that all of these events are run by volunteers. Generous people giving of their time, money and efforts to keep proving that Birch Hills really is the Small Town with a Big Heart.

If you are thinking about getting involved, go for it! Make that connection. You can meet new people, learn new things and who knows what paths it will lead you to. Don't know what you can do? Contact me and I can help you find something where you can use your talents and skills. Take care,

Laurie Berube, Recreation Director

It's easy to make a buck, It's a lot tougher to make a difference....Tom Brokaw

Birch Hills School presents

'HIGHSCHOOL MUSICAL'

Tuesday, April 3rd at 7:00 pm

At the Birch Hills High school Gym

Adults \$10 Students \$5 Preschool Free

Tickets are at the door. Come and enjoy a great evening of entertainment!

All proceeds go to the Birch Hills School Musical and Drama Club

Community Boosters

Presents: Birch Hills

Business Showcase

Saturday April 21st 1:00 - 5:00pm
at the Birch Hills Civic Centre

Tables are \$20 ea (limited space)
Contact Leanne Baily at 749-2784
to book your spot now
22 businesses have booked already!

Everyone is welcome to come see what Birch Hills Businesses have to offer. Refreshments will be available

Birch Hills Dance Centre presents:

Dance Showcase 2012

This year's annual recital will take place at the E.A. Rawlinson Centre in Prince Albert on

Saturday, April 14 at 2pm

Dancers from ages 3 and up will be showcased. Tickets go on sale on March 15 and can be purchased at the box office or on-line.

Everyone is welcome to attend



EASTER SUNRISE SERVICE

Sunday April 8th 6:10 am

Birch Hills United Church

invites you to join in a

celebration of the resurrection.

Service will be at Mohn's, one mile

south of Hwy #3 on Bonnie Hill road.

Watch for signs and wear warm clothing and boots. This is a true sunrise, outdoor service



This issue of our Community activity newsletter was paid for you by:

Eunice Evans

If you would like to be a sponsor of the next 'Heartbeat' newsletter, contact Laurie at 'birchhillsrec@sasktel.net' The cost is \$100 for printing, advertising and ensuring that the newsletter stays free for the community. Individual & half sponsorships are available. Thank you for supporting your local paper.

Skating Rink Board AGM

April 17

7:00pm

In Museum Basement
Any concerned and interested community member is welcome to attend



Golf Board AGM & Supper

April 23 6:00pm

At the Legion Hall

Anyone interested in the Golf Course activities is welcome to attend. Please reserve dinner with Darlene at 749-3525



Please Share
Paper with a
Friend

Bouquet of Thanks



A big thank you to those who offered support and prayer when Colby McClure passed away. To the 911 dispatcher, Parkland Ambulance, the RCMP and the coroner for doing their best to help me with a very difficult situation. Thank you for your compassion. Pastor Richard Menfch for the meaningful service and his wife, Ronnie for the music. To the Redeemer Lutheran Church ladies and the Crystal Springs Rec Co-op for the lunch. To all those that sent fruit and flower baskets. To Lloyd Keller and Neal Brackham for ushering and Kathy Mineau for looking after the guest book. Lorne Adams at Gray Funeral Chapel for his care and compassion. For the cards, visits and phone calls, a Big Thanks. Extra Special Thank you to Allan Hanson, John & Edna Herd and Ruth Baker for their support and help. Please keep me in your prayers, I am going to need them.
Pauline McClure

Zumbatomic

Free Trial

Date Change - Saturday, April 28

A High Energy Latin inspired dance fitness class for kids! Ages 4 - 16yrs.

At the School Gym. Limited Spots...

1:30 - 2:00 Little Stars (age 4-7)

2:15 - 3:00 Big Stars (age 8-12)

3:30 - 4:30 Zumba (age 12-16)

Register with Cherie 961-1813

Tell your kids, nieces, grandkids, students!

Mixed Adult Slo-pitch Recreation League

starting
this
spring.



Out of
town teams
welcome.

If you are
interested in
playing, please
call or text
Laurie at

749-7451

COMING SOON...

Butts & Guts Boot Camp

I will work with you at your own level to improve core strength, balance and cardio. 10 spots only. 6 weeks training. 1 or 2 days per week, Apr, May or June... group decision. If you are interested, call or text Laurie 749-7451 or email birchhillsrec@sasktel.net asap so plans can be arranged for classes.

Country Gospel Concert

I wish to thank Laurie Berube, the Birch Hills Recreation Director, and the Recreation Board for working with us in order to have the Country Gospel Concert on February 12 in the Birch Hills Civic Centre.

Special thanks to all the singers and musicians who volunteered their talents for the program.

Thanks to the community church for the use of their sounds system, and to Pastor Danny Bronson for operating it.

Thanks to Shirley Ulvild and the Museum ladies for the delicious lunch they served, and for collecting the good offering of over \$1100 for the Weldon Villa.

Senior Hall Lunch and Games

Thanks to everyone who came to the Senior hall on Valentines Day to make this event a success. We raised \$353 which will be used to help have the exterior of the Senior Hall painted.

Thanks to everyone for coming. God bless you all.

Inez Shilling, MC & President of Seniors Centre

COMMUNITY GARDEN in Birch Hills!!

Come out Wed, April 11, 7:30pm at the Museum Basement to discuss ideas. A site has been chosen. Limited individual and community plots available. People of all gardening levels are invited to come so we can create an inviting green space for our community. Contact Ann at 749-3237 for more details



Benefits to Individuals Families, Community

- Provides stress relief,
- Increase the food quality used in homes
- Increase gardening skills and self sustainable lifestyles
- Provides educational opportunities to both adults and children
- Increase green space & town beauty
- Provides potential community economic development projects
- Increases interactions between people
- Increases town pride and involvement
- Potential to donate produce towards community dinners

General Quarters Paintball & the Recreation Department presents

"Just Try It ...Again"

Fall's Paintball Day was such a success, we're going to do it again!! Individuals or Teams register with Chevy at 749-7934.

Cost is \$10/person

Sat, April 28th at the Lions Club Diamonds

If any group is looking for a BBQ fundraiser on this day, contact Laurie at 749-7451

If you volunteered at the Legion Curling Bonspiel, you are cordially invited to a Complimentary Appreciation Dinner at the Civic Centre, Thurs, April 5 at 6:00pm

JUVENILE PROVINCIALS CURLING

was hosted by the Birch Hills Curling Club on March 23 - 26th. There were twenty-one teams from across Saskatchewan. Over 200 people from all over the province visited, ate at and slept in our town.

Compliments about the courteous service, the tasty food, the excellent ice surface and the friendly people. A lot of work was put into this once in awhile opportunity to host an event this big. Great Job Curling Club!!

SEEKING: Adults and youth (Gr 6+) who are interested in leading and supervising an after school program in the fall.
Training and Education is available. This is a perfect opportunity for kids interested in teaching or programming careers. Contact Laurie for more information

COMING SOON Skatepark Spring Supper Fundraiser
Come out to see the unique park designed especially for Birch Hills. Watch for details



THE MUSEUM QUILTERS

Every Thursday at 1pm in the Museum basement.

KUDOS!!! These ladies have made 100 quilts since last fall. They are all donated as prizes, auction items or to families in need. There is a story and pictures displayed at the Museum and the Community Bulletin Board, by the post office about some quilts that were shipped overseas.



Ladies, your efforts are appreciated and the warmth you provide to so many is priceless.

Museum Coffee Pot

We invite you to join us any Wednesday from 2 to 4pm for coffee. The museum Thrift Shop is open from 9am to 4pm.



Do you Facebook??

Search for 'Birch Hills Recreation'



'Like' our page to get activity updates. Feel free to add your own event or activity info ...It's your page too!

BIRCH HILLS SENIORS

Mondays for Bowling & Thursdays for Cribbage
2pm at the Seniors Hall



Having a gathering?? Why not use The Seniors Hall Kitchen, Hall, and Tables at no cost. However, donations are appreciated. Contact Vel Bompais at 749-3364

Attention Youth ages 13-17!

Nipawin will be hosting the SGI Canada Curling Camp in July. If you are interested contact Amber Holland at Sask Curling Association aholland.sca@sasktel.net or 1-877-SCA-CURL



ADULT DROP IN BADMINTON

Starting Tuesdays
April 10th
8:00 - 9:30 pm

\$2 drop in
At the
SCHOOL gym



Contact Bill at 749-7454 for more information

Kids in the Hills

Call 749-2478 for more details on RYSC Youth Activities

FATHER'S DAY GOLF TOURNAMENT & SUPPER
June 17 Proceeds to Birch Hills Golf Course & Skatepark

Anyone wanting to learn is welcome (from kids to adults)
15 unicycles available to use. Bring your own helmet.
Must be 30" tall from hip to floor. Great exercise and fun
Play! Always



Wii Zumba Fitness

Tuesdays at 5:30 \$2 fee

At the Youth Centre.

Bring Water, Running Shoes, and a Friend

Zumba is a fun way to get the body moving. It increases cardio, strength and is for all exercise levels from beginner to advance.

Get Ready to Move, Get Ready to Groove

LIBRARY NEWS

Story Time for the wee ones (ages 3-4)
every Friday 1- 1:45



Thimbles & Threads

Mondays 6:30-8 pm
at Birchview Home

Bring your own sewing machine & fabric.



\$2 donation

Contact Melissa Braaten 749-3482 for more info



Funding Provides Recreational Activities

COMMUNITY BOOSTERS

is for folks that are interested in community improvements and business development. Meetings are the 3rd Tuesday of the Month in the Council Chambers at the Town Office.

Next Meeting is
April 17 at 7:30pm (ends at 9pm sharp ...we promise!)

Plans for Community Garden, Business Showcase, Walking Path, Town Clean up, and Tree Planting are the hot topics lately.

All ages are Welcome

Deadlines for submissions for newsletter are the 10th and 25th of each month.
Send to birchhillsrec@sasktel.net or call 749-7451

Birch Hills Recreation

Laurie Berube, Recreation Director
Box 280 Birch Hills, SK S0J 0G0
Tel: 306-749-2251 Fax: 749-2545
E-mail: birchhillsrec@sasktel.net
Text or call: 749-7451 cell
Facebook: 'Birch Hills Recreation'

*Communities that play together,
grow together!*

I have been asked about personal sponsorship of this newsletter. Here is my reply. YES!! Individuals can group together to raise the \$100 or send their own personal cheques or cash to Box 280 or give to me personally. I am very thankful that you see the importance of communication in our community. Your feedback and event information is always appreciated. Keep sending me information.

TLC Daycare would like to thank everyone that came out to support our Chili & Bingo Night on March 15. We raised a few hundred dollars for our new facility. We thank you and look forward to seeing you again at the next one. Stay tuned for new date.

Watch for Grand Opening Date



Town of Birch Hills **Garage Sale Day**
Saturday, June 2nd
Start planning your sale. Let's make it special with groups getting involved with fundraising events plus food vendors and entertainment activities. Join us at the next Community Booster meeting on **April 17th 7:30 pm** in the council chambers, everyone welcome. Bring your ideas

CONGRATULATIONS

to Kinistino/Birch Hills TigerHawks
They are the Bantam C Provincial Minor Hockey Champions for 2011-2012



Female Hockey Day in P.A.
Wed, April 11th
All Divisions of Minor Hockey
Invited to play with Female Huskey's Team
Register by April 9th

RINK FUNDRAISER

3 Chances to Win Tickets to the Royal Bank Cup in Humboldt



Tickets are \$20 and available at Town Office or from Rink Board Members

Prize #1 - 2 seats to all 13 games (\$350 value)

Prize #2 - 2 seats to 5 games, 1 Semi Final & Championship Game

Prize #3 - 2 seats to 5 games and 1 Semi Final Game

Trip to Waskesiu Lake Lodge

Golf Weekend Retreat for 4 Winner is

Rick Bompais

Thanks to everyone that supported the Curling Rink Raffle



JOB OPPORTUNITY:

Birch Hills Skating Club is looking for a skating coach for the 2012-2013 season for Can Skate and Star Skate levels. Dates and times are negotiable. Reimbursement for certifications available. Contact Jackie Manson 749-2246 or Lisa Peterson 749-3137 for more info

Birch Hills Upcoming Events

Apr 3 - School Drama 'Highschool Musical'
5 - Maundy Thursday Service RYSC Youth
5 - Legion Volunteer Appreciation
5 - Saron Church Easter Service 7pm
8 - Easter Sunrise Service
11 - Community Garden Meeting
11 - Youth Female Hockey Day in PA
14 - Dance Showcase
17 - Community Booster Meeting
17 - Skating Rink Board AGM
21 - Birch Hills Business Tradeshow
23 - Golf Board AGM & Dinner
28 - GQ Paintball "Just Try it Again"
28 - Zumbatomic
May 5 - Brancepeth Spring Fling (details TBA)
May TBA - Booster Club Town Cleanup
May -start up of kids baseball
June 2 - Town Garage Sale
17- Fathers Day Golf & Supper
July - 11th Annual Pelletier Music Camp
August 12 - Threshing Day

Lakeland District for Sport Culture & Recreation (LDSCR) is offering to host Sport & Recreation Experience Camps for free! right here in Birch Hills. **What sports are your kids interested in participating in?** Basketball, Archery, Football, Soccer, Lacrosse... The opportunities are endless. Contact Laurie with your preference and camps may be arranged

Birch Hills Library 16th Annual Fundraiser Review

the Birch Hills Library Board members would like to thank all those who supported the event by their attendance, and for buying raffle and 50/50 tickets. Thank you to members of the community who lent items for decoration. We also appreciate the donations for door prizes from Margo Opseth, Joan Budnick (Norwex), Marlene Hovdebo (Epicure), Shirley Lowe (Mary Kay), Birch Hills Co-op and John's Garden Centre. Local door price winners were Ruth Wood, Ida Hagen and Carol Holmgren. Winner of the Raffle Prize (Collapsible Cooler, Frozen Fish, Batter & Eggs, Cookbook) was Dawn Thorimbert of Prince Albert. Winner of the 50/50 draw was Jessica Harris of Prince Albert