

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Brahma Insurance, Grumpy's Confectionary, Quayle Pharmacy, and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to birchhillsrec@sasktel.net

March 15th, 2016

Issue 114



Greetings Readers,

We are about to switch gears from winter activities to spring/summer. It's time to start thinking about what fun and exciting activities to do for all ages. If you have ideas, please feel free to contact me. It's always good to hear from you.

There is a need for help with minor ball. We need co-ordinators, refs and coaches to make sure we have a ball program in place this spring for youth. If you are interested, contact me for more information.

Registration for minor ball is this Wed, Mar 16th, 7:00-9:00pm at the BH School

There are plans to have the adult slow pitch league again this year and if volunteers willing to help, we could host a tournament. Let me know if you're interested.

Have a Great Couple of Weeks!!

Laurie Berube, Rec Director



**Easter Services at
LakePark Baptist Church**

Good Friday Service @ 7:00pm
Easter Sunday Service @ 11:00am
Please Join us

Good Friday

Friday, March 25th

EASTER

St Mary's Anglican/

St Anne's Catholic Church

Good Friday service 11:00am

Stations of the Cross 7:00pm

All are Welcome

**St Patricks Day Irish
Stew Supper
St Mary's Church**



Thursday March 17th
5 - 7pm Take out available
\$12 adults, \$6 10yrs & under
Preschool Free

2 Person Tuffspiel & Windup
March 18-20 Includes Supper.

Wind Up Dance Tickets extra \$15
Featuring the
Grambo Brothers
To Register or for tickets
Call 749-2951



**Sask Firearm Safety and Hunter
Education Courses**
March 15th
April 1st



Federal Firearm Course
For more info contact Bill
306-749-3394

MARCH issues of the Birch Hills Community activity newsletter was paid for you by:
**PEAK ELECTRIC,
PRATT HEATING &
PLUMBING,
PEACE, LOVE, HEALING
(REIKI)**

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/ birchhillsrec@sasktel.net. The cost is \$100/ sponsor (3/month) for printing, advertising and ensuring that the newsletter stays free for you & the community. Sponsoring into May. ..reserve your spot today! Thank you for supporting your local paper.

Family Sunday School

Sundays...

10:00 - 10:45am

Birch Hills Lutheran Church
(4th Street & Bellamy Ave)

Discover a Solid
Foundation!



BH Community

Church invites your family to a simple exploration of the stories of the Bible. A chance for all ages to learn together as a family with interactive story telling and discussion.

For more info, Call Pastor
Clint at Youth Center 306-
749-2478

The Birch Hills Guiding Association will be selling **Girl Guide Cookies** throughout Birch Hills on the evening of
Wed March 23rd.



If we miss you, please
call Audrey at 749-2217
Thank you for your support

BIRCH HILLS SKATING ARENA NEWS

The Rink will be closed for the season Mon, March 21st. There are some big projects that will require helpers...a lot of helpers in March and later on!! The more people that can lend a hand, the easier the projects will be. If you can help please contact Tyler Cochrane (749-2228) or any other board member for more information. Thanks for considering and watch newsletter for more details on how you can help.

BLACKHAWK SENIOR HOCKEY NEWS

Hawks are now into the 3rd and final series Best of 5 against Meadow Lake



PLAY-OFFS Round 3!! Best of 5

Meadow Lake 2 - Birch Hills 1

Game #4 - Home Game Friday, March 18th 8:30pm

Game #5 - in Meadow Lake Saturday, March 19th.

Contact Iris for your seat on the bus and
Come Cheer on the Hawks!!!



Guaranteed \$1000 50/50 Draw at Friday Game
Sponsored by Brahma Insurance, Braaten Construction
Carters Custom Ag & Investors Group

SKATING CLUB NEWS

Skating Carnival Sunday, March 20

'Super Heroes'

Starts 2:00pm
Everyone Welcome!



Congratulations to the



Birch Hills/ Kinistino
Novice Tigerhawks on
winning the
2015-16 League Championship

Nice Work Kids and Coaches!!

Congratulations to **Tyler Tilford** on
winning the Beaver Lakes Hockey League
Top Defenceman award for 2015-16!

Birch Hills Library Annual Spring Gala

Thursday, April 21st @ BH Civic Centre

\$25 /person Doors open @ 6pm

Roast Beef Supper @ 6:30pm

Guest Speaker: **Ernie Louttit** author of "Indian Ernie" and
"Insights from the Streets"



Birch Hills Community
Boosters

ANNUAL SPRING TRADE SHOW

Saturday April, 9, 2015. 10
am to 2 pm

Lunch served by Birch Hills
Guides and Brownies
Birch Hills Civic Centre
Phone 306 749 2500 for
Information



A big "thank you" is extended
to the ladies and gents of Saron
Church for hosting a baby shower
in honour of our grand daughter
Katelyn. The desserts and coffee were
delicious, and the beautiful baby gifts
from everyone are very much appreciated!
Thank you for your generosity.

Sincerely, Lin and Ryan

CRYSTAL SPRINGS NEWS

Bingo is back! Tuesday, May 3rd,
7:30 pm at Crystal Hall

Spring **Brunch** at Crystal Hall
Sunday May 1st,
10:00 am - 12:30 pm

BIRCHVIEW NEWS FEBRUARY UPCOMING EVENTS

Everyone Welcome 2:30pm



Mar 16 St Patty's Day Party w/ Job Mates Band
Mar 21 The Gramps
April 8 Eat, Play, Laugh Dinner Theatre (Tickets required)

BIRCHVIEW DINNER THEATRE

Eat, Play, Laugh

Friday, April 8th, 2016

Birch Hills Civic Centre

Italian Feast Cocktails 6pm, Dinner 7pm

\$25 per person Call 749-2288 for tickets

Age of majority required



BIRCH HILLS SCHOOL NEWS

Birch Hills Public School will be selling CO-OP CARDS from April 4 to April 15, 2016. Here is how you can support our extra-curricular programs!

1. Buy a Co-op card from the school or from one of our students.
2. A percentage of the money from the cards goes to our extra-curricular programs!
3. You will get a card worth the amount you purchased from the school or student. You can use it towards food, gas or products from any of the Co-ops (not bulk fuel). If you buy a \$100 card you get \$100 of products back from the Co-op!
4. A Win / Win for everyone!

If you want to pre-order, please contact Kevin Tait at Birch Hills Public School 306-749-3301. Our students will be canvassing the community from April 4th to April 15th. Thanks for supporting our extra-curricular programs!



PEAK ELECTRIC INC

Chase Berge &
Lenny Gaudet,
Electricians

Box 786, Birch Hills, Sk S0J 0G0
306-749-7516 or 749-7661

Call us for all of your Residential,
Commercial, Farm electrical needs.



I have just started up my own business and I am looking forward to providing the community and surrounding areas with any plumbing or heating concerns you may have.

Devin Pratt
Journeyman Plumber
Licensed and Bonded Gasfitter
(306) 280-5137

prattplumbingandheating@sasktel.net

We would like to acknowledge the Birch Hills School Community Council for their hard work in raising money for a new playground structure. We are excited to announce that we have raised enough funds to purchase the first phase of this project. We are anticipating that this structure will be in place for the beginning of the 2016-17 school year. Thank you Birch Hills for helping us reach our first phase goal!

It is the time of year where we start to accept Kindergarten registrations for the 2016-17 school year. Registrations are available on the [SRSD website](#) or at the Birch Hills Public School office. We will be having an open house for Kindergarten parents on Wednesday May 18th starting at 6:00PM. Supper will be provided. Please come and find out what our Kindergarten program has to offer. We hope to see you there.

Jeff Court

SCHOOL CALENDAR

Mar 15th - BH Dance Centre Drama Production 2pm
Mar 17th - 15 students representing our school at the
Choose 2 Matter Conference in Prince Albert
Mar 24th - Gr 8 Students participating in Partnership
Spring Feast with Muskoday School
Mar 25 - Apr 3 Easter Break no classes

BIRCH HILLS HIGHLIGHTS and NEWSLETTER SPONSORS

Peace Love Healing

Mackenzie Ackerman -
Crystal Healer/Reiki Master



NOW AVAILABLE: Reiki Training All Levels

Reiki is a safe, gentle, and powerful energy healing method from Japan. Anyone can learn Reiki, regardless of age, gender or religion. Join me this Spring for these one-day workshops:

Level 1: Learn the history of Reiki and become a practitioner by learning to treat yourself, others, plants & animals; receive the 1st degree attunements.

Level 2: Learn to increase your Reiki, heal mental/emotional issues, distance healing and receive the 2nd degree attunements.

Call 306-961-1386 or find me on Facebook for more information



A big Thank You from the Birch Hills Dance Centre to all those who attended the Dinner Theatre on Feb 28th. It was completely sold out! Also, thank you to all who helped in any way and of course to the performers. The annual year-end dance recital, Dance Showcase will take place at the E.A. Rawlinson Centre in PA on Friday, April 29.

Everyone is welcome to attend

LAST CALL for PLAYGROUND LEADERS for the Birch Hills Playground Program:

Seeking students returning to school in the fall interested in a future working with children. Candidate would be fun, creative, safety minded & responsible.

First Aid Training and Food Safety Certificate an asset. Volunteers also needed during the summer program.

Send resumes or letters to Rec Office Box 280. or email

birchhillsrec@sasktel.net Closes May 31



BOUQUET OF THANKS

The Birch Hills United Church Women thank everyone who attended World Day of Prayer on March 4th. The offering of \$420 has been sent to Women's inter-church Council of Canada to help fund projects in Canada and throughout the world.



Funding Assists Recreational Activities in Birch Hills

Spring Fling

Saturday, April 23rd

Doors open at 8

\$20.00 a ticket!



TIM TOUTANT BAND

This is the last big fundraiser for the new playground at the school

Hosted by the Birch Hills Beauties

SUMMER PLAYGROUND PROGRAM

There are plans in place again for the playground program this summer. This program has been free to all kids ages 5-12yrs and we would like to continue the program at no charge. There are grants available but not all costs are covered. In the past businesses and individuals have donated towards this program that offers nutrition snacks, t-shirts, supplies, tons of fun Mon-Fri (Jul/Aug) and competitive wages for our leaders. If you are interested in assisting with budget requirements, please contact Rec Office for more info. Taxable deductions apply



LIBRARY NEWS

NO STORY TIME ON
GOOD FRIDAY
MAR 25TH

STORY TIME Fridays
for 3 - 5yrs old
1:00-1:45pm
Will resume again Apr 1st

Stop in to get your tickets for
the Annual Supper & Speaker
Gala on April 21st

Looking for volunteers to form
a 'Walking Trail Committee'
for the Town of Birch Hills.
Please call or text Dale Pratt @
306-960-4171, if you are
interested.



TLC Daycare

Hours of operation
7am - 6pm - Monday thru Friday

St. Patrick's Day is Thursday March 17 - **DON'T FORGET TO WEAR SOMETHING GREEN!!!!**

I have heard some of the children talking about making a trap to try and catch a Leprechaun, so watch out Mr. Leprechaun these kids are sure they are going to get you!!!

Still looking for a casual maintenance man to do odd jobs around the Daycare.

The Daycare will be CLOSED -
March 25 for Good Friday
Open again Monday March 28



No School for the week of Mar 28 - Apr 1st

DROP IN VOLLEYBALL

NOW Tuesday Evenings
8:00 - 9:30pm



in the
School Gym

\$2 drop in fee
Everyone Welcome, even
spectators!

Missing Golf Season?

Come play a round at the Youth Center!

Opti Tek 2 Golf Simulator and
14ft screen

Kids....Want to
Learn? Want to
Practice?...

Drop in After School! No Golf
Clubs?...no Problem!, We Got
You Covered!



Phone 749-2478 for more info
or to book a 'tee time'

JOB OPPORTUNITY

Town of Birch Hills
Full—Time Position
FACILITY MANAGER

Duties will include taking care of the golf course in the summer and arena in the winter. As this is a new position, details will be discussed with the selected applicants. Drop off resumes at the Birch Hills Town Office on or before March 30, 2016

WHAT DO GET
WHEN YOU CROSS
POISON IVY AND A
FOUR LEAF CLOVER?



A rash of good luck!

WHY SHOULDN'T
YOU IRON A
FOUR LEAF CLOVER?



You don't want to
press your luck!

HOW IS A BEST
FRIEND LIKE A
FOUR LEAF CLOVER?



Because they're
hard to find and
lucky to have!

WHY DO FROGS
LIKE ST. PATRICK'S
DAY?



Because they're
always wearing green!

A TREASURABLE FREE PRINTABLE - neborndesigns.com

a
free
give
print



Please Share Paper with a
friend or Send request to
birchhillsrec@sasktel.net
to receive the news letter
online

Early payment of annual Golf Membership fees

To allow for the early purchase of an annual membership (individual or family) at *current rates to avoid a possible increase* in the new season, those who elect to purchase their memberships for the new season will have until January 15, 2016 ***Extended to April 15, 2016*** to do this. If the rates increase in 2016, the purchaser will not have to pay the increase. The payment must be made IN FULL by January 15, 2016 ***Extended to April 15, 2016***.

Installment payments of annual memberships (individual or family)

To allow for the gradual purchase of the annual membership through installment payments, those who elect to do this will be able to make up to 5 payments, via cash, money order or cheque (receipts will be given). You may start as soon as you wish but the final payment **must be made** no later than May 1st, 2016 and must include any new season increase. There will be an administration fee for any refunds.

Payment can be made at the Rec Director's office (Laurie Berube) or at the AGM April 6, 2016.

MANE EVENT

(Salon & Dance Hall)

Grambo Brothers Mar 19th
\$15 Tickets or at the door

March Birthday Celebration
Friday, Mar 25th

April Birthday Celebration
Saturday, Apr 16th



ADULT BALL SEASON is
coming. Start gathering your
team and register with the
Rec Office 749-7451

Games are weekly in July/
August. Spare players needed also



Nominated for Outstanding Volunteer Tyneal Lundquist

—“This school year is currently her third year of volunteering at the Birchview Nursing Home. She goes with her Grandma, Kerry Kyler who also volunteers her time”, “Tyneal helps with whatever is happening that day. She loves to go and see her *ladies and men*, read stories, talk, sing songs, prepare food, do a craft, etc....”

Tyneal is currently a student in Grade 6 at the Birch Hills School. I would like to add that 3 years ago, she helped at the ball diamonds canteen and even then, at 9 years old, I was impressed with her spirit and willingness to help out. I would like to congratulate and agree that Tyneal deserves to be nominated as an outstanding volunteer in the Birch Hills community... L. Berube

NOMINATIONS being accepted at the Rec Office for those you would like to recommend as Outstanding Volunteers in our Community. Send information of who and why you would like to recognize them for their Volunteerism and the difference that they make in our town. Big or small it all counts
Email Laurie at birchhillsrec@sasktel.net



National Volunteer Week

April 10 - 16, 2016

You are cordially invited to attend the Volunteer Appreciation Event held at Birchview Home April 14, 2016 @ 2:00pm

Volunteers are the Root to Strong Communities



Laurie Berube,
Recreation Director
Box 280, Birch Hills, SK
S0J 0G0

Cell: 306-749-7451 text or call
Fax: 306-749-2545
E-mail: birchhillsrec@sasktel.net
Facebook Page: 'Town of Birch Hills
Community & Recreation'
Website: www.birchhills.ca

ANNUAL CURLING RAFFLE Buy
your tickets now for the 'Winners Choice'
Choose your vacation: Winter at Elkridge
or Summer in Waskesiu!
Draw Date March 19th.
Tickets \$5 ea or 5 for \$20

LAST CHANCE FOR RAFFLES!!



CURLING CLUB NEWS

Junior Curlers: Afterschool Curling for
youth Tuesdays, 3:30-4:30

We have had several weeks with kids from Muskoday joining in
our afterschool curling program. There has been 10-15
youth participating and learning the basics of how to
curl. A huge thank you out to **Hugh Sampson,**
Ron Lyons, and Carl Barber for helping to teach
the youth. There has been talk about junior curling next year.
Talk to your kids to Keep in mind for next year! They are our
future Curling Club Members!!



EASTER RAFFLE - Dinner for 6 catered by Chef Jenni (Willems)
in your own home. Tickets on sale \$2 ea or 3 for \$5
Draw Date March 19th.

Birch Hills Recreation AGM's

Golf Board

Wed, April 6th
@ Senior Centre
Supper & Meeting to Follow
Call 749-7451 to reserve
for supper.

Skating Arena Board

Tues, April 12th
7:00pm @ Arena

Rec Board

Tues, April 26th
7:00pm @ Museum

Anyone is Welcome

Community members with
vested interest in recreational
activities in any of these
facilities are encouraged to
attend these meetings and to
consider joining a board that
they would like to see youth
and adult activities continue.
There will be empty seats and
it's time for new faces and
new ideas to relieve those
that have already given many
years to these boards. Thank
you to all of the volunteers
that help manage to keep
Recreation in Birch Hills.
For more info call
749-7451

Birch Hills and Area Health Foundation AGM

Wed, March 16
@ 7:00 p.m.
at the Health
Centre. Everyone
welcome to attend

The Prince Albert Co-operative Association Limited

Annual Membership Meeting
Saturday, March 19, 2016
John M. Cuelenaere Public Library
125 12 St. E Prince Albert, SK
10:30 a.m.
All Members Welcome!

You're at home here.



Birch Hills Upcoming Events

- Mar 16 - BH Health Foundation AGM
- Minor Ball Registration
- 17 - St Mary's Irish Stew Supper
- 18/19 - 2 Person Tuffspiel & Windup
- 18 - Game #4 Senior Hockey Playoffs
- 19 - Grambo Brothers curling dance
- 20 - Skating Club Super Hero Carnival
- 23 - Guides Cookie Blitz
- 25 - March Birthday Celebration
- Good Friday services (see page 1)
- 25 - Apr 3 No School
- April 1 - Firearm Safety Course
- 3 - Cowboy Church
- 6 - Golf Board AGM
- 8 - Birchview Nursing Home Dinner Theatre
- 9 - Community Boosters Spring Trade Show
- 12 - Arena Board AGM
- 14 - Volunteer Appreciate Event @ BV
- 16 - April Birthday Celebration
- Metis Local 43 AGM
- 21 - Library Annual Gala
- 23 - Beauties Playground Fundraiser Dance
- 26 - Rec Board AGM
- 29 - Dance Centre Showcase
- May 1 - Crystal Springs Brunch

Kinistino & Birch Hills Area

METIS LOCAL 43

General Election Meeting.
Come join us for a supper meeting
April 16th 6:30 to 9pm Kinistino Half Century
Club. Call Betty 864-3117 or Darlene 920-8182

