

# HEARTBEAT

The 'Birch Hills Community Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month at: Co-op Grocery & Hardware, Quayle Pharmacy, Grumpy's Confectionary and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request for mailing list to birchhillsrec@sasktel.net

March 15, 2012 Issue 18

Greetings, It seems that Old Man Winter may have forgotten about us. It has been a refreshingly warm winter for sure. Spring is just around the corner and that is exciting. There has been some talk about the following topics and we are searching for more people interested in getting together to make these things happen. 1) a walking path 2) a community garden 3) a playground & picnic area. Yes, these things take time, money and ambition but when a small amount of people get together, they can make big things happen. So if you would like to get involved, just contact me. My info is on the back page. Have a great day! Laurie Berube, Recreation Director

#### JUVENILE PROVINCIALS CURLING

March 23 - 26th

Another fabulous opportunity for Birch Hills to host a huge event for 96 youth curlers. *Volunteers Still Needed* to work lunch counter.

Contact Robyn at 794-2251 to sign up. Spectators Welcome \$5/day

## OPEN CURLING BONSPIEL March 16-18th

Saturday Night Supper & Banquet included. Come out to watch, visit friends and enjoy homemade lunch counter specials.

# TLC Daycare is hosting a St Patrick's Day Family Bingo & Chili Supper

for the young and old.

TONIGHT Mar 15 5:30 -8:00 pm at the Birch Hills Civic Centre
Great prizes and Snacks. Bring your dabbers and try your luck

Hawkeyes 7th Annual
"All You Can Eat" Fish Fry
Saturday, March 24
at Birch Hills Skating Arena
3-5 pm Take out, free delivery in
Birch Hills only. Call 749-2272
5:00 - 7:00 pm Dine In
Adults \$12 12 & under \$8.00
5 & under Free
Proceeds go to the Hawkeye
Recreation Hockey Team

### Birch Hills Library Gala Annual Fundraiser

Thursday, March 22nd at the Civic Centre

Roast Beef Banquet will be catered by the Brancepeth Group.

Guest speaker is Allan Casey, author of "Lakeland". His book is described as 'an interesting and enlightening journey across Canada exploring a quintessential element of Canadian landscape, and its very soul - Lakeland' Emma Lake was part of his exploration.

Tickets \$25 /person and available at the Library & from Library Board members

### ATTENTION DOWN HILL SKIERS

The Youth Centre is inviting all youth and adults to come to Table Mountain.

Monday, March 19th
Bus scheduled to leave the youth ctr
7:00 am and return around 8:00 pm
Cost is \$50/person (includes gas,
rentals and lift tickets) 15 or more
people required to take bus. Please
contact Kathy at 749-2478 by March
17th to reserve your seat.

This issue of our Community activity newsletter was paid for you by: **Birch Hills** 

#### **Dance Centre**

If you would like to be a sponsor of the next 'Heartbeat' newsletter, contact Laurie at 'birchhillsrec@sasktel.net'

The cost is \$100 for printing, advertising and ensuring that the newsletter stays free for the community. Half sponsorship are available. Thank you for supporting your local paper.

ADULT DROP IN
BADMINTON
Starting Tuesdays

April 10th 8:00 - 9:30 pm

\$2 drop in At the school gym

St Patricks Day

Irish Stew Supper

hosted by

St Mary's Church

Saturday, March 17th

5:00 - 7:00 pm

\$7.00 / plate

Take out available



Call 749-2223

#### BIRCH HILLS BUSINESS HIGHLIGHTS

#### Birch Hills Dance Centre

749-2606 bhrdc@live.com

Erica Cochrane began teaching dance in Birch Hills over 12 years ago while she was working and going to university in Saskatoon. She offered jazz, tap and ballet classes to students at the Legion hall. Since then the Birch Hills Dance Centre has evolved to over ninety students taking jazz, tap, ballet, hip hop, modern jazz, musical theatre, pointe and pre-pointe. The Dance Centre now employs four instructors: Ericka Cochrane, artistic director and owner; Jennifer Maczek, Bethany McKelvie and Amber Sansone. Classes for ages three to adult are offered from September to April.

Two years ago Erica and her husband Tyler purchased the former clinic/pre-school building and completely renovated it to accommodate all dance disciplines. It is located at 5 Wilson Street next to the Birchview Nursing Home.

Students will be competing in dance competitions at Rose Valley on March 30 to April 1, at Humboldt on April 18-22 and at Biggar on April 27-29.

This year's annual recital will take place at the E.A. Rawlinson Centre in Prince Albert on Sat, April 14 at 2pm. Tickets go on sale on March 15 and can be purchased at the box office or on-line.

## Two Person Bonspiel full

March 30 - April 1st at the Birch Hills Curl-a-drome Spectators Welcome

Saturday Night Dance with Marty Grambo

\$20 advance/ \$25 at door Tickets available at Curling rink Sorry no minors allowed

Birch Hills School presents 'HIGHSCHOOL MUSICAL'

Tuesday, April 3rd at 7:00 pm At the Birch Hills High school Gym Adults \$10 Students \$5 Preschool Free Tickets are at the door. Come and enjoy a great evening of entertainment! All proceeds go to the Birch Hills School Musical and Drama Club

The New Ground Café will be closing it's doors March 27th. Thank you Jenni for all the flavour you have brought to Birch Hills. Good Luck!

#### COMING SOON... Butts & Guts

## Boot Camp

Text Laurie 749-7451 or email birchhillsrec@sasktel.net if you are interested. 10 spots available. What times and dates work for you?

#### JOB OPPORTUNITY:

Birch Hills Skating Club is looking for a skating coach for the 2012-2103 season for Can Skate and Star Skate levels. Dates and times are negotiable. Reimbursement for certifications available. Contact Jackie Manson 749-2246 or Lisa Peterson 749-3137 for more information.

#### **Boys & Girls Minor Ball Registration**

was Wednesday March 14th At the Birch Hills School If you missed registration contact Shirley Pratchler 749-3135 or email pratchler@inet2000.com for softball or contact Mona Rask 749-3180 or email dmrask@skvelocity.ca. for baseball

## BRRR CHILLS WINTER FESTIVAL VOLUNTEER APPRECIATION

Potluck Supper Wednesday, March 28th 6:00 pm in the Museum Basement This is an invitation to anyone that volunteered or participated in the winter festival. This will be an opportunity to review this years festival and start planning for next years festival. Contact Laurie 749-7451 or just come on by

Would you like to see a

COMMUNITY GARDEN in Birch Hills?



March 28 7:30pm at the Museum
Basement to discuss ideas. People of

all gardening levels are invited to come so we can create an inviting green space for our community.

Individual and community plots available. Contact Ann at 749-3237 for more details

Goosers Rec Hockey hosts Fun Tournament March 16-17th at Birch Hills Skating Rink Come by to watch and visit with friends

#### **BOXING DAY DANCE REVIEW**

by Carlene Getz

Well Birch-Hilian's we've done it again. With the help of the community the Birch Hills Beauties have raised \$5000 for the new daycare with another successful Boxing Day Bash!

All ages gathered for another festive night of visiting and dancing to the music of Tim Toutant and his band. Magical nights like these don't just happen. The Birch Hills Beauties would like to put out a huge thank you to Hubert Parent who sold tickets at Grumpy's as well as the staff at the Credit Union who sold tickets and donated the coffee cups and plates.

Thank you to the Birch Hills Co-op who gave us a great deal on the ice, as well as Jody Mickelson who donated the limes. A huge thank you goes out to the Toutant who donated his personal proceeds of the night which was \$10000. Thank you to everyone who came, danced and enjoyed the night. Without you it would not have been a success. We look forward to seeing you all next year, mark it on your calendars. Boxing Day 2012!

#### **SKATING RINK NEWS**

The last day for public skating will be March 18th.

Skating Rink available now until March 31st for private party/skating rentals only. Contact Laurie at 749-7451 for more details. Thank you for your support in using the rink, memberships and spectating. See you in the fall.

#### Volunteers Needed for Lunch Counter!!

Servers. Bakers and Cooks wanted for Juvenile Curling Provincials the Weekend of March 23 - 26th. Sign Up at the Curling Rink or call Robyn 749-2951

#### CURLING RINK NEWS

Adult League Mon & Thurs nights 7:30-9:30pm Tues & Fri 1:30-3:30pm Seniors League

Try Curling - \$10 drop in till March 30 only

Thanks to our curling members for your support

### **Museum Coffee Pot**

•• We invite you to join us any Wednesday

from 2 to 4pm for coffee. The museum Thrift Shop is open from 9am to 4pm.

We're on Facebook! Select 'like' on the Birch Hills Recreation Facebook page to get activity updates.

#### CO-ED ADULT HOCKEY

Drop In Mondays at

Drop in Hockey is finished for this year. Thanks to those that came out to play. See you next year

9:30-11:00pm \$10/person. Full equip-

#### **BIRCH HILLS SENIORS**

#### Mondays for Bowling & **Thursdays for Cribbage** 2pm at the Seniors Hall

Having a gathering?? Why not use The Seniors Hall Kitchen, Hall, and Tables at no cost. However, donations are appreciated. Contact Vel Bompais at 749-3364



Funding Provides Recreational Activities

BIRCHVIEW HOME SPRING TEA & BAKE SALE

March 21st 2:00pm Entertainment by Wes Stubbs

## Kids in the Hills

RYSC Youth Center is Open Fridays 7:00 - 10:00 pm Play pool, ping pong, fooseball, air hockey, Wii Games Ages 12+ are welcome. Call 749-2478 for more details

## Play! Always

Spring is here and so is Unicycling! Anyone wanting to learn is welcome (from kids to adults) Bring your own helmet—vouth centre has 12 unicycles.

Great exercise and fun

# ZUMBA

#### **Wii Zumba Fitness**

Tuesdays at 5:30 \$2 fee

At the Youth Centre. Bring Water, Running Shoes, and a Friend

Zumba is a fun way to get the body moving. It increases cardio, strength and is for all exercise levels from beginner to advance.

Get Ready to Move, Get Ready to Groove

#### LIBRARY NEWS

**Story Time** for the wee ones (ages 3-4)

every Friday 1- 1:45.

### THE MUSEUM **QUILTERS**

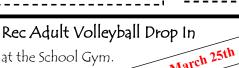
Come join us every Thursdays at 1pm

in the Museum basement.



Mondays 6:30-8 pm at Birchview Home

Bring your own sewing machine & fabric. \$2 donation Contact Melissa Braaten 749-3482 for more info



Last Day March 25th day 8-9:30



SOUP FOR.

Sunday & Thurs-



Sat, March 17th 11:00 - 1:00 pm At the Senior Hall

## COMMUNITY BOOSTERS

is for folks that are interested in community improvements and business development.

Meetings are 3rd Tuesday of the Month at the Town Office. Next Meeting is March **20 at 7:30pm** (ends at 9pm sharp ...we promise!)

All ages are encouraged

Deadlines for submissions for newsletter are the 10th and 25th of each month. Send to birchhillsrec@sasktel.net or call 749-7451

#### **Birch Hills Recreation**

Laurie Berube, Recreation Director Box 280 Birch Hills, SK SOJ 0G0

Tel: 306-749-2251 Fax: 749-2545

E-mail: birchhillsrec@sasktel.net

Text or call: 749-7451

Facebook: 'Birch Hills Recreation'

Communities that play together, grow together!

#### **Bouquet of Thanks**

To those who have volunteered at the Curling Rink. Each week a group of community members serve and bake for the curling rink lunch counter. Your efforts are not unnoticed and are appreciated by many.

#### Zumbatomic

Free Trial April 21

A High Energy Latin inspired dance fitness class for kids! Ages 4 - 16yrs. Watch for more details Limited Spots...Register with Cherie 961-1813

## Town of Birch Hills Garage Sale Day

Saturday, June 2nd
Start planning your sale. Let's make it special with groups getting involved with fundraising events plus food vendors and entertainment activities. Join us at the next Community Booster meeting on March 20th

welcome. Bring your ideas

## Win a Trip to Waskesiu Lake Lodge

7:30 pm in the council chambers, everyone

for a Golf Weekend Retreat for 4
Tickets are 5 for \$20 or \$5 each
Buy your raffle tickets at the Curling Rink.
Proceeds go towards maintenance and
repairs at the Curling Rink. Draw date
March 31 at the Open Bonspiel



#### **EARTH HOUR**

WWF needs vou! Join millions of people across Canada on Sat March 31st. Switch off your lights from 8:30-9:30pm to show your support for this annual global event. It is scheduled on the last Saturday of every March - closely coinciding with the equinox to ensure most cities are in darkness as it rolls out aroundEarth

#### RINK FUNDRAISER

3 Chances to Win Tickets to the Royal Bank Cup in Humboldt



Tickets are \$20 and available at Town Office or from Rink Board Members

Prize #1 2 seats to all 13 games (\$350 value) Prize #2 2 seats to 5 games, 1 Semi Final & Championship Game Prize #3 2 seats to 5 games and 1 Semi Final Game

#### Skating Rink Board AGM

April 18 7:00pm In Museum Basement All interested Community Members are welcome to attend General Quarters Paintball presents "Just Try It ... Again"

Fall's Paintball Day was such a success, we're going to do it again!! Individuals or Teams register with Chevy at 749-7934.

Cost is \$10/person

If any group is looking for a BBQ fundraiser on this day, contact Laurie at 749-7451

## Birch Hills Upcoming Events

March 15 - TLC Bingo & Chili Supper

16/17 - Goosers Hockey Tournament

17 - Soup for Seniors

17 - St Mary's Church Irish Stew Supper

16-18 - Open Curling Bonspiel

19 - Youth Table Mountain Ski Trip

21 - Birchview Spring Tea & Bake Sale

22 - Library Gala Fundraiser

23-26 Juvenile Provincials Curling Bonspiels

24 - Hawkeyes Fish Fry

28 - Community Garden Meeting

28 - Winter Festival Vol Appreciation

31 - Brancepeth Garage Sale Day

30-Apr 1 - Two person Curling Wind Up

31 - Marty Grambo Dance

31 - Earth Hour 8:30-9:30

Apr 3 - School Drama 'Highschool Musical'

18 - Skating Rink Board AGM

21 - Birch Hills Business Tradeshow

21 - Zumbatomic

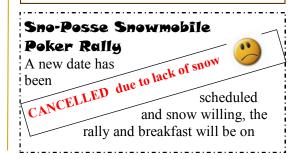
28 - GQ Paintball "Just Try it Again"

May 5 - Brancepeth Spring Fling (details TBA)

May TBA - Booster Club Town Cleanup

June 2 - Town Garage Sale

August 12 2012 Threshing Day



# Birch Hills Community Boosters

Business Showcase

Saturday April 21st 1:00 - 5:00pm at the Birch Hills Civic Centre All are welcome to come see what Birch Hills Businesses have to offer Refreshments will be available Tables are \$20 ea
(limited space)
(contact Leanne Baily at 749-2784 to book your spot now