

HEARTBEAT

The 'Birch Hills Community Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Quayle Insurance, Quayle Pharmacy, Grumpy's Confectionary and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request for mailing list to birchhillsrec@sasktel.net

February 15, 2013



Happy Winter Festival! Not many days left to participate in the fun and activity. I hope you enjoyed your week and make sure to thank those that have given

endless hours and effort to put on such a great nine days of winter fun and festivities for our town. Word is that other towns are jealous! 'wishing they had such an event' as our winter festival. We are very fortunate to have such great volunteers to step up and help organize. Be proud to be the Town with a Big Heart, you earn it honestly. I still consider myself new to the community, (it has only been 1.5yrs) and I have seen many people step out of their comfort zone to help out and to watch the smiles and new friendships being made, just warms a Rec Directors heart. You make my job (yes, very fun yet sometimes very overwhelming)...but you make it all worthwhile, Thank You.

Laurie Berube, Recreation Director

Glad Tidings Tabernacle

Special Service February 17, 2013 11:00am Speaker Lori Froehlich (nee Grambo) Dinner to follow. Everyone Welcome

RYSC Youth Ski Trip Ages 12+ March 7-10 Nakiska Ski Resort Canmore, Albert Cost \$300 per person Includes 2 Full Days Skiing, Nakiska, Lodging & Transportation Need more info or to register, call Kathy at Youth Centre 749-2478 TELEMIRACLE 37 LUNCHEON Birch Hill s Civic Centre Wed Feb 27 11am – 1pm Homemade soups, buns & desserts. Donations gratefully received. Come out and support Telemiracle.. For a donation of \$137 you can receive a Telemiracle Teddy bear.

Maxine Cromartie

IT'S BACK... LADIES NIGHT OUT

CURLING & KAROAKE Friday, March 1st 7pm - till whenever



\$10 each includes snacks and fun! You don't have to be good at either, but you have to want to have a good time. Sandra Barber and Shelley Carrier will be co-organizing with Rec Dept for this Ladies Night Out for you.

SENIOR HOCKEY Playoff Game Birch Hills Blackhawks vs Shellbrook Silvertips Friday February 15th Puck drops 8:30 TONIGHT:



Issue 40

This issue of our Community activity newsletter was paid for you by: **Lemar Soyland and Family** If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 'birchhillsrec@sasktel.net' The cost is \$100 for printing, advertising and ensuring that the newsletter stays free for the community. Individual & half sponsorships are available. Thank you for supporting your local paper.



Contact birch-

hillsrec@sasktel.net

Want to make a difference in the life of someone who has been affected by crime or a tragedy? Volunteer *with Prince Albert Regional Victim Services* and be there for someone when they need it the most. Victim Services is a non-profit volunteer based organization dedicated to assisting your local RCMP and other community emergency services, to meet the needs of victims of crime and tragic circumstances by providing: crisis intervention, emotional support, and referrals to community based services and resources. We work as a liaison between victims and police, and offer continued support throughout the justice and court process.

Our organization is looking for volunteers from a variety of backgrounds. If you are 18 years of age or over, have good listening skills, are willing and able to complete a security clearance and want to make a difference in your community, Victim Services would like to hear from you.

We are currently recruiting volunteer support workers in the: Prince Albert, Shellbrook, Spiritwood, Big River, Wakaw and Smeaton Detachment areas. Please contact Rhonda at 765-5574 or rhonda.durand@rcmp-grc.gc.ca for more information.

Mark MARCH 9th on your calendars! The current Senior Blackhawks team will play against the '92/'93 Prov "C" Champion Blackhawks Alimni team. A



fun day starting at 1 with a fun skills competition, game at 2:30, Roast beef supper at 6:00. Beer gardens thru the afternoon as well as progressive 50/50 tickets being sold now by any team member. Admission to game is 12 & under -free; students \$3.00; adults \$5.00;

Supper is \$8,00 for 6-12 yrs ; 12 & up is \$15.00. 5 & under free.

Get these tickets from any team member and watch for posters around town!!!!

COMMUNITY BOOSTERS

Is for anyone who is interested in projects that will improve the general appearance of our community and want to promote their town for more businesses are welcome. Upcoming projects, Sportsgrounds Upgrade/ Playground Development, First Nations Summer Games, Communities in Bloom, Community Garden, and more. Receive updates from the town council and make recommendations. Meetings are every third Tuesday of the month. Next meeting in Council Chambers on

Tuesday, March 19th at 7:30pm (ends 9pm sharp)

NOTE: The Community Boosters will not be meeting in Feb due to key members being unavailable.

Deadlines for submissions for newsletter are the 10th & 25th of each month. Send to **birchhillsrec@sasktel.net** or call **749-7451**

FLUTE and FIDDLE EVENTS

Sat. Feb 23 - OLD TIME FIDDLE DANCE

8pm-12am This will be an amazing night with Dean Smith a local fiddle player well known for putting on amazing old fashion fun performances that will keep you dancing and smiling long after the night is over. He is also accompanied with 3 Local Legends. Its sure to be a sold out show so get your tickets while they last...

Wed. March 6th - SARAH CRIPPS - TORONTO INDEPENDENT MUSIC AWARD WINNER

Doors open at 7pm Show starts at 8pm. Tickets available at the Flute and Fiddle or the Clay Oven Cafe Birch Hills. or www.fluteandfiddle.ca

"Live Music Jams" every Friday evening.

It will be a time for musicians young or old, beginner or professional to play music. It will be a time for listeners to enjoy our local musical talent. Even if you only know one song come out and play Friday evening.



The 2013 Brrr Chills Winter Festival February 8 - 16th, 2013



Saturday February 16th - FINAL DAYS!!!



Pancake Breakfast hosted by the Library Board @ the Civic Centre 8-10am

\$5 for kids, \$7.50 for 12yrs+

Cross Country Skiing

1:00 - 3:00pm tours through the golf course trail. Extra skis 4 available for those that just want to try. Lessons and guiding available No Cost, ski as long as you'd like

SNOWSCULPTING CONTEST 6 have Entered:

20 Wilson St 46 Bellamy Ave 175 Bellamy Ave 346 Simpson Ave 93 4th Street 35 Poplar Dr



Drive around town, look for yellow signs. Vote for your favorite on Birch Hills Community facebook page and at the Snow Stomp Family Dance.

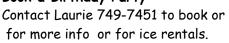
Pls note that warm weather this week has affected some sculptures made

SKATING RINK NEWS

Public Skate Times (pending ice rentals) will be: Mondays & Wednesdays 3:30 - 5:00pm. Shared ice: half hockey sticks /half skating only Tuesdays 12:00 - 1:00 pm Mr Vey supervising Sundays Family Skate 10-2pm No sticks please Saturday Shinny 2:00-4:00

(when no tournaments or games are scheduled) Public skating fee of \$3 or membership Please pay at the canteen.

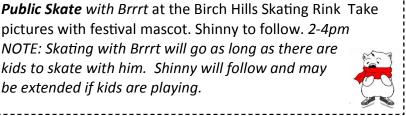
Book a Birthday Party





kids to skate with him. Shinny will follow and may be extended if kids are playing.

NOTE: Skating with Brrrt will go as long as there are



SNOW STOMP FAMILY DANCE Festival Wind Up



Bring the whole crew for a good Ol' Fashion, fun,

Tickets \$10 in advance, \$15 at the door.

Kids under 12 yrs & under, free when accompanied by an adult.

CONTESTS WINNERS ANNOUNCED THROUGHOUT EVENING KIDS! Bring your coloring contest pages to enter in for your very own Mascot Brrrt Bear.

50/50, Door Prizes, Febru-Hairy and Snow Sculpting Contest Winners Chosen

Tickets available at Quayle Agencies, or Laurie

WINTER FESTIVAL PROGRESSIVE 50 / 50

Tickets will be on sale at various businesses in town. Proceeds will be used for winter festival expenses not covered through Sask Lotteries Grant Program. Your support is very much appreciated. Good Luck!

COLORING CONTEST

for KIDS and big KIDS that act like KIDS. Bring your Brrrt in your favorite winter festival event Color Page to the Snow Stomp Family Dance on Feb 16th and Enter to win your very own Brrrt mascot One entry per child please.



FEBRU-HAIRY CONTEST

Who will be voted to have the Most Hairiest, Longest, Sexiest or Best Dancin' Legs at the Snow Stomp Family Dance on February 16th?

You won't want to miss this Contest!!

Wanted TLC Daycare Community Donations

Plastic and Cardboard milk jugs/washed Egg Cartons/clean Paper towel rolls Jars Cans with no sharp edges/washed Card board boxes/various sizes Fruit baskets/trays/sacks Buttons/beads/thimbles Spools/thread/extra cloth material Yarn/rope/ribbon Decorative scarves/dollies Rags/dress up clothing/work force clothing (hard hat/ apron/garden gloves) Wooden crates/assorted wooden blocks Wood Chips Assorted lids Measuring cups/funnels/turkey baste Sifters/tea bag holders Pots/pans/plastic utensils Eye droppers Muffin tins Timers Nature material (nests/beaver cut wood/snake shed/ antlers Old magazines/cook books especially cultural Wrapping paper/seasonal decorations Coloured rock/sand/sparkles Pipe cleaner/floral wire Fake flowers/plants Seeds/planting pots/black dirt Bubble blowers Balls of any size Paint/acrylic/indoor/outdoor Water colour/pastels/chalk/charcoal Picture frames Instruments Curtains/table clothes Room dividers Furnishings in good condition such as; End tables/coffee tables/sturdy low shelves/comfy chairs/love seats/small couches/bean bag chairs Area rug Large pillows Fish tanks Use your imagination, sometimes we cannot see a use for an item but it's amazing what a child can see and create all on their own. Volunteer your time, come and share a talent, family tradition or your culture. Read a story or share a recipe with us. Thank you for any donation of your time, material and effort. Remember, it takes a whole community to raise a child! TLC Daycare

SENIOR BOYS BASKETBALL

The first rankings came out of the SHSAA recently, and the Birch Hills senior boys basketball team is ranked #1 in the province among 2A schools. The boys have enjoyed a very successful season so far, and have been awarded the chance to host conferences.

Their upcoming games are listed below: Mar 7-9 Conferences (here) Mar 14-16 Regionals—if advance. Location TBA Mar 21-23 HOOPLA - if advance. Saskatoon *Birch Hills School*



Funding Assists Recreational Activities in Birch Hills

200 Minor Hockey Winners

Draw #1 Gary Sand Barb Jack Shirley Lyons

Draw #2 Heather Lundquist May Gudelot Candace McNabb

Draw #3 Sarah Lacombe, Tiffany Olson, Chester Ravndahl

Draw #4 Nova Shore Sarah Lacombe Chris Ravndahl

Draw #5 Erin McCleod Justin Isbister Barb Hunter

Draw #6 Jody Featherling Candace McNabb Drew Nevland

Draw #7 Darren Diederics Colleen Feffernan Sarah Lacombe

Draw #8 Bailey Swenson Nova Shore Shawn DeBray

Draw #9 Neil Braaten Diana Smith Colleen Heffernen THANK YOU FOR YOUR SUPPORT DURING THIS 2012/2013 HOCKEY SEASON CONGRATULATIONS!

Sarah Lacombe

EVERY WEEK IN THE HILLS



MONDAY

Bowling at the Senior Hall 2:00 pm Vel 749-3364 T.O.P.S. (take pounds off sensibly) 5-6pm at the Health Centre Thimbles & Threads 6:30pm at Birchview Melissa 749-3482 Drop in Hockey @ Rink 9:30-11pm \$10 ea Goalies Free Natalie 960-3408 Karate 7-8pm Call 422-8665 or 749-7500 Curling Mixed League 7:30-9:30pm 749-2951

TUESDAY



Karate 7:30pm St Louis Karate Club 422-8665 Library Open 12-4pm and 5-8pm

Knitting Grannies 1pm 2nd & 4th Tuesday of each month @ Senior Hall Community Booster Mtg 3rd Tues of the month Civic Centre 7:30-9pm Senior Curling League 1:30-3:30pm 749-2951



Sparks 6-7pm / Brownies 6-7:30Contact Audrey 749-2217 Awana for kids Ages Kindergarten-Gr 6 6:45-8:30. Call 749-3185 or www.lakepark.ca

WEDNESDAY

Line Dancing CONTINUES 9:30-11am at the Sr Centre Thrift Shop Open at the Museum 9-4:00pm Great Deals!

Coffee & Sweets at the Museum 3:00 pm

CANCELLED (Sundays only) Vollevball

2 Person Precision Curling League Robyn 749-2951 Girl Guides 6:30-8pm Contact Audrey 749-2217 Karate 7-8pm Call 422-8665 or 749-7500



THURSDAY



Cribbage at the Senior Hall 2:00 pm Vel 749-3364 Library Open 12-4:30pm Curling Mixed League 7:30-9:30pm 749-2951 Pathfinders 6:30-8pm Contact Audrey 749-2217 Salsa Classes \$8 at the Senior Hall Norma 864-8110 Starts Feb 1st



FRIDAY

Lutheran Church Coffee Break 9:30-11am Bellamy & 4th St Birch Hills Library Open 12-4:30pm Story time for 3 - 4 yr olds 1-1:45 Senior Curling League 1:30-3:30pm 749-2951 Flute and Fiddle Open Jam Session

All are welcome to listen & play

SUNDAY

Family Skate at the Rink 2-4pm (subject to change) Girls/Ladies Basketball 6:30-8pm at School Gym School Gym 8-9:30 \$2 Drop In Volleyball All Welcome



If you have something to add to this list, contact Laurie at 749-7451

Cross Country Ski trail now open at golf course. Please no walkers, pets,



snowmobilers or snowshoers on the trails. Thank you Bruce Stevenson and Ron Bodnarchuk for keeping up with the trail making this year...it has been an ongoing job for sure. Many appreciated it!!!

COMMUNITY COMMITTEE CONTACTS

Sr Hall Rentals Vel Bompais at 749-3364 **Birch Hills Sno-Posse** Peter Lubyk 980-7674 **Birch Hills Legion** Don Lypchuk 749-2571 **Birch Hills Lions Club** Ryan Shore 749-2525

Crystal Springs Bingo, will start up again in April 2013..watch for details

'Birch Hills Community & Recreation' 'Like' our facebook

🖒 Like

page to get activity updates. Feel free to add your own event or activity info

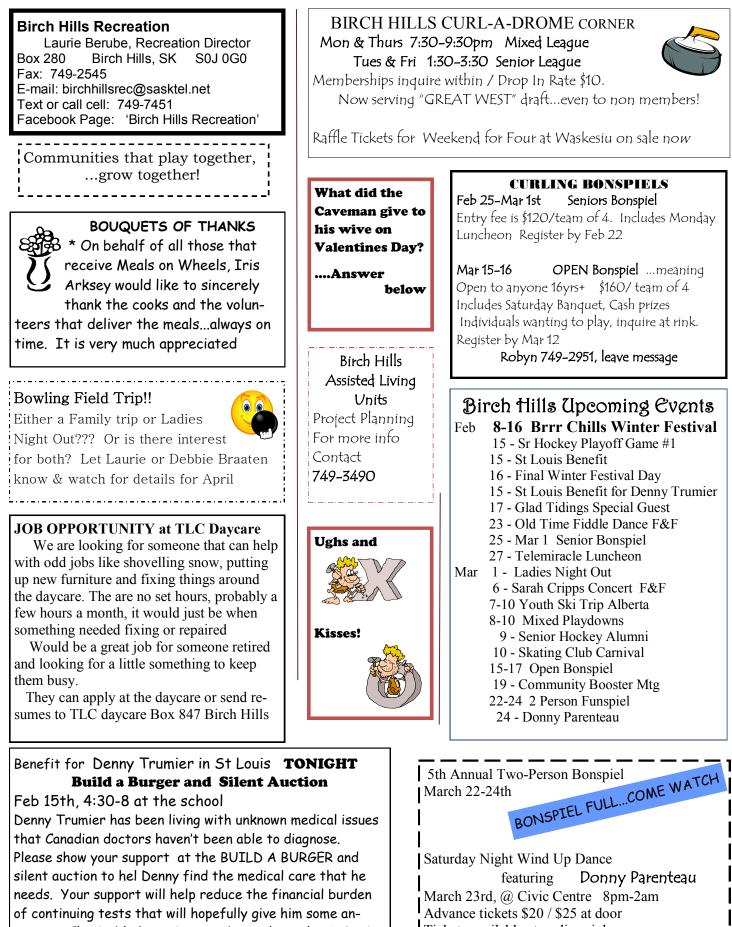
Other Local Facebook pages:

Birch Hills Bargain Basement, Birch Hills Mamas, Birch Hills Dance Centre, Birch Hills Blackhawks, Birch Hills Sportsground Upgrade, General Quarters Paintball, Birch Hills Community Garden, Birch Hills Sno-Posse, Clay Oven Café

NEW:

Birch Hills Co-op Like them on facebook and enter for a chance to win a \$50 Gas Card from the Birch Hills Coop. Draw to be made on March 13th, 2013.

'Like' these pages to become part of these groups activities and events



swers. Charitable Donations can be made at the St Louis Advantage Credit Union. Thank You

Tickets available at curling rink Midnight Lunch provided, Sorry No Minors