

The 'Birch Hills Community Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Quayle Insurance, Quayle Pharmacy, Grumpy's Confectionary and various other businesses downtown. Pick up your free copy and share with a friend.

Send your email address and request for mailing list to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)

February 15, 2013

Issue 40



Happy Winter Festival!  
Not many days left to participate in the fun and activity. I hope you enjoyed your week and make sure to thank those that have given

endless hours and effort to put on such a great nine days of winter fun and festivities for our town. Word is that other towns are jealous! 'wishing they had such an event' as our winter festival. We are very fortunate to have such great volunteers to step up and help organize. Be proud to be the Town with a Big Heart, you earn it honestly.

I still consider myself new to the community, (it has only been 1.5yrs) and I have seen many people step out of their comfort zone to help out and to watch the smiles and new friendships being made, just warms a Rec Directors heart. You make my job (yes, very fun yet sometimes very overwhelming)...but you make it all worthwhile, Thank You.

*Laurie Berube, Recreation Director*

Glad Tidings Tabernacle

**Special Service**

February 17, 2013 11:00am

Speaker Lori Froehlich (nee Grambo)

Dinner to follow. Everyone Welcome

### RYSC Youth Ski Trip

Ages 12+ March 7-10

Nakiska Ski Resort

Canmore, Alberta

Cost \$300 per person

Includes 2 Full Days Skiing, Nakiska, Lodging & Transportation

Need more info or to register, call Kathy at Youth Centre 749-2478



### TELEMIRACLE 37 LUNCHEON

Birch Hills Civic Centre Wed Feb 27

11am - 1pm

Homemade soups, buns & desserts.

Donations gratefully received. Come

out and support Telemiracle.. For a

donation of \$137 you can receive a

Telemiracle Teddy bear.

Maxine Cromartie

### IT'S BACK...

### LADIES NIGHT OUT

### CURLING & KARAOKE

Friday, March 1st

7pm - till whenever



\$10 each includes snacks and fun!

You don't have to be good at either, but you have to want to have a good time. Sandra Barber and Shelley Carrier will be co-organizing with Rec Dept for this Ladies Night Out for you.

### SENIOR HOCKEY

Playoff Game Birch Hills Blackhawks

vs Shellbrook Silvertips

Friday February 15th

Puck drops 8:30

**TONIGHT!!**



### Birch Hills Minor Hockey

Good luck in Playoffs!

Watch Rink Board and

Facebook for updates

This issue of our Community activity newsletter was paid for you by: **Lemar Soyland and Family**

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 'birchhillsrec@sasktel.net'

The cost is \$100 for printing, advertising and ensuring that the newsletter stays free for the community. Individual & half sponsorships are available. Thank you for supporting your local paper.

### Drop in Ladies/Girls BASKETBALL

Sunday 6:30-8:00pm

at the

school

Come on

out even if

you haven't

played in awhile! All

Girls, Ladies welcome.

Contact Kathy 749-2478 for more information



### Broomball for Fun...

March 30th

For All Ages. Will be at the Skating Rink

Brooms provided. Wear

your own

shoes and

bring extra

clothes...

Contact birch-

hillsrec@sasktel.net



Want to make a difference in the life of someone who has been affected by crime or a tragedy?

Volunteer with **Prince Albert Regional Victim Services** and be there for someone when they need it the most. Victim Services is a non-profit volunteer based organization dedicated to assisting your local RCMP and other community emergency services, to meet the needs of victims of crime and tragic circumstances by providing: crisis intervention, emotional support, and referrals to community based services and resources. We work as a liaison between victims and police, and offer continued support throughout the justice and court process.

Our organization is looking for volunteers from a variety of backgrounds. If you are 18 years of age or over, have good listening skills, are willing and able to complete a security clearance and want to make a difference in your community, Victim Services would like to hear from you.



Saskatchewan  
Ministry of  
Justice and  
Attorney General



765-5574 or

We are currently recruiting volunteer support workers in the: Prince Albert, Shellbrook, Spiritwood, Big River, Wakaw and Smeaton Detachment areas. Please contact Rhonda at [rhonda.durand@rcmp-grc.gc.ca](mailto:rhonda.durand@rcmp-grc.gc.ca) for more information.

Mark MARCH 9th on your calendars!

The current Senior Blackhawks team will play against the '92/'93 Prov "C" Champion Blackhawks Alumni team. A fun day starting at 1 with a fun skills competition, game at 2:30, Roast beef supper at 6:00. Beer gardens thru the afternoon as well as progressive 50/50 tickets being sold now by any team member. Admission to game is 12 & under -free; students \$3.00; adults \$5.00; Supper is \$8.00 for 6-12 yrs ; 12 & up is \$15.00. 5 & under free.

Get these tickets from any team member and watch for posters around town!!!!



### COMMUNITY BOOSTERS

Is for anyone who is interested in projects that will improve the general appearance of our community and want to promote their town for more businesses are welcome. Upcoming projects, Sportsgrounds Upgrade/ Playground Development, First Nations Summer Games, Communities in Bloom, Community Garden, and more.

Receive updates from the town council and make recommendations. Meetings are every third Tuesday of the month. Next meeting in Council Chambers on

**Tuesday, March 19th at 7:30pm (ends 9pm sharp)**

NOTE: The Community Boosters will not be meeting in Feb due to key members being unavailable.

Deadlines for submissions for newsletter are the 10th & 25th of each month.

Send to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net) or call **749-7451**

### FLUTE and FIDDLE EVENTS

#### Sat. Feb 23 - OLD TIME FIDDLE DANCE

8pm-12am This will be an amazing night with Dean Smith a local fiddle player well known for putting on amazing old fashion fun performances that will keep you dancing and smiling long after the night is over. He is also accompanied with 3 Local Legends . Its sure to be a sold out show so get your tickets while they last...

#### Wed. March 6th - SARAH CRIPPS - TORONTO INDEPENDENT MUSIC AWARD WINNER

Doors open at 7pm Show starts at 8pm.

Tickets available at the Flute and Fiddle or the Clay Oven Cafe Birch Hills.

or [www.fluteandfiddle.ca](http://www.fluteandfiddle.ca)

#### "Live Music Jams" every Friday evening.

It will be a time for musicians young or old, beginner or professional to play music.

It will be a time for listeners to enjoy our local musical talent.

Even if you only know one song come out and play Friday evening.





**Saturday February 16th - FINAL DAYS!!!**



**Pancake Breakfast hosted by the Library Board**

**@ the Civic Centre 8-10am**  
\$5 for kids, \$7.50 for 12yrs+

**Cross Country Skiing**

1:00 - 3:00pm tours through the golf course trail. Extra skis available for those that just want to try. Lessons and guiding available. No Cost, ski as long as you'd like



**SNOWSCULPTING CONTEST**

6 have Entered:

20 Wilson St  
46 Bellamy Ave  
175 Bellamy Ave  
346 Simpson Ave  
93 4th Street  
35 Poplar Dr



Drive around town, look for yellow signs. Vote for your favorite on Birch Hills Community facebook page and at the Snow Stomp Family Dance. Pls note that warm weather this week has affected some sculptures made

**SKATING RINK NEWS**

**Public Skate Times** (pending ice rentals) will be:

**Mondays & Wednesdays 3:30 - 5:00pm.**

Shared ice: half hockey sticks /half skating only

**Tuesdays 12:00 - 1:00 pm** Mr Vey supervising

**Sundays Family Skate 10-2pm** No sticks please

**Saturday Shinny 2:00-4:00**

(when no tournaments or games are scheduled)

**Public skating fee** of \$3 or membership

Please pay at the canteen.

**Book a Birthday Party**

Contact Laurie 749-7451 to book or for more info or for ice rentals.



**Public Skate with Brrrt** at the Birch Hills Skating Rink Take pictures with festival mascot. Shinny to follow. 2-4pm  
*NOTE: Skating with Brrrt will go as long as there are kids to skate with him. Shinny will follow and may be extended if kids are playing.*



**SNOW STOMP FAMILY DANCE Festival Wind Up**



Bring the whole crew for a good Ol' Fashion, fun, family dancing time.

Tickets \$10 in advance, \$15 at the door.

Kids under 12 yrs & under, free when accompanied by an adult.

**CONTESTS WINNERS ANNOUNCED THROUGHOUT EVENING**

**KIDS!** Bring your coloring contest pages to enter in for your very own Mascot Brrrt Bear.

50/50, Door Prizes, Febru-Hairy and Snow Sculpting Contest Winners Chosen

Tickets available at Quayle Agencies, or Laurie

**WINTER FESTIVAL PROGRESSIVE 50 / 50**

Tickets will be on sale at various businesses in town. Proceeds will be used for winter festival expenses not covered through Sask Lotteries Grant Program. Your support is very much appreciated. Good Luck!

**COLORING CONTEST**

for KIDS and big KIDS that act like KIDS.

Bring your Brrrt in your favorite winter festival event Color Page to the Snow Stomp Family Dance on Feb 16th and Enter to win your very own Brrrt mascot  
One entry per child please.



**FEBRU-HAIRY CONTEST**

Who will be voted to have the Most Hairiest, Longest, Sexiest or Best Dancin' Legs at the Snow Stomp Family Dance on February 16th?

**You won't want to miss this Contest!!**



## Wanted TLC Daycare Community Donations

Plastic and Cardboard milk jugs/washed  
Egg Cartons/clean  
Paper towel rolls  
Jars  
Cans with no sharp edges/washed  
Card board boxes/various sizes  
Fruit baskets/trays/sacks  
Buttons/beads/thimbles  
Spools/thread/extra cloth material  
Yarn/rope/ribbon  
Decorative scarves/dollies  
Rags/dress up clothing/work force clothing (hard hat/apron/garden gloves)  
Wooden crates/assorted wooden blocks  
Wood Chips  
Assorted lids  
Measuring cups/funnels/turkey baste  
Sifters/tea bag holders  
Pots/pans/plastic utensils  
Eye droppers  
Muffin tins  
Timers  
Nature material (nests/beaver cut wood/snake shed/antlers)  
Old magazines/cook books especially cultural  
Wrapping paper/seasonal decorations  
Coloured rock/sand/sparkles  
Pipe cleaner/floral wire  
Fake flowers/plants  
Seeds/planting pots/black dirt  
Bubble blowers  
Balls of any size  
Paint/acrylic/indoor/outdoor  
Water colour/pastels/chalk/charcoal  
Picture frames  
Instruments  
Curtains/table clothes  
Room dividers  
Furnishings in good condition such as;  
End tables/coffee tables/sturdy low shelves/comfy chairs/love seats/small couches/bean bag chairs  
Area rug  
Large pillows  
Fish tanks  
Use your imagination, sometimes we cannot see a use for an item but it's amazing what a child can see and create all on their own.  
Volunteer your time, come and share a talent, family tradition or your culture. Read a story or share a recipe with us.  
Thank you for any donation of your time, material and effort. Remember, it takes a whole community to raise a child!

*TLC Daycare*

## SENIOR BOYS BASKETBALL

The first rankings came out of the SHSAA recently, and the Birch Hills senior boys basketball team is ranked #1 in the province among 2A schools. The boys have enjoyed a very successful season so far, and have been awarded the chance to host conferences.

Their upcoming games are listed below:

Mar 7-9 Conferences (here)

Mar 14-16 Regionals—if advance. Location TBA

Mar 21-23 HOOPLA – if advance. Saskatoon

*Birch Hills School*



Funding Assists Recreational Activities in Birch Hills

## **200 Minor Hockey Winners**

### Draw #1

Gary Sand      Barb Jack      Shirley Lyons

### Draw #2

Heather Lundquist   May Gudelot   Candace McNabb

### Draw #3

Sarah Lacombe,   Tiffany Olson,   Chester Ravndahl

### Draw #4

Nova Shore      Sarah Lacombe      Chris Ravndahl

### Draw #5

Erin McCleod      Justin Isbister      Barb Hunter

### Draw #6

Jody Featherling      Candace McNabb      Drew Nevland

### Draw #7

Darren Diederics      Colleen Feffernan      Sarah Lacombe

### Draw #8

Bailey Swenson      Nova Shore      Shawn DeBray

### Draw #9

Neil Braaten      Diana Smith      Colleen Heffernan

**THANK YOU FOR YOUR SUPPORT DURING  
THIS 2012/2013 HOCKEY SEASON  
CONGRATULATIONS!**

*Sarah Lacombe*



## EVERY WEEK IN THE HILLS



### MONDAY

Bowling at the Senior Hall 2:00 pm Vel 749-3364

T.O.P.S. (take pounds off sensibly) 5-6pm at the Health Centre

Thimbles & Threads 6:30pm at Birchview Melissa 749-3482

Drop in Hockey @ Rink 9:30-11pm \$10 ea Goalies Free Natalie 960-3408

Karate 7-8pm Call 422-8665 or 749-7500

Curling Mixed League 7:30-9:30pm 749-2951



### TUESDAY

Karate 7:30pm St Louis Karate Club 422-8665

Library Open 12-4pm and 5-8pm

Knitting Grannies 1pm 2nd & 4th Tuesday of each month @ Senior Hall

Community Booster Mtg 3rd Tues of the month Civic Centre 7:30-9pm

Senior Curling League 1:30-3:30pm 749-2951

Sparks 6-7pm / Brownies 6-7:30pm Contact Audrey 749-2217

Awana for kids Ages Kindergarten-Gr 6 6:45-8:30.

Call 749-3185 or www.lakepark.ca



### WEDNESDAY

Line Dancing CONTINUES 9:30-11am at the Sr Centre

Thrift Shop Open at the Museum 9-4:00pm Great Deals!

Coffee & Sweets at the Museum 3:00 pm

**Volleyball CANCELLED (Sundays only)**

2 Person Precision Curling League Robyn 749-2951

Girl Guides 6:30-8pm Contact Audrey 749-2217

Karate 7-8pm Call 422-8665 or 749-7500



### THURSDAY

Cribbage at the Senior Hall 2:00 pm Vel 749-3364

Library Open 12-4:30pm

Curling Mixed League 7:30-9:30pm 749-2951

Pathfinders 6:30-8pm Contact Audrey 749-2217

Salsa Classes \$8 at the Senior Hall Norma 864-8110 Starts Feb 1st



### FRIDAY

Lutheran Church Coffee Break 9:30-11am Bellamy & 4th St

Birch Hills Library Open 12-4:30pm **Story time** for 3 - 4 yr olds 1-1:45

Senior Curling League 1:30-3:30pm 749-2951

Flute and Fiddle Open Jam Session All are welcome to listen & play

### SUNDAY

Family Skate at the Rink 2-4pm (subject to change)

Girls/Ladies Basketball 6:30-8pm at School Gym

Volleyball School Gym 8-9:30 \$2 Drop In All Welcome



If you have something to add to this list, contact Laurie at 749-7451

Cross Country Ski trail  
now open at golf course.

Please no walkers, pets,  
snowmobilers or snowshoers on the  
trails. Thank you Bruce Stevenson  
and Ron Bodnarchuk for keeping up  
with the trail making this year...it has  
been an ongoing job for sure. Many  
appreciated it!!!



### COMMUNITY COMMITTEE CONTACTS

#### Sr Hall Rentals

Vel Bompais at 749-3364

#### Birch Hills Sno-Posse

Peter Lubyk 980-7674

#### Birch Hills Legion

Don Lypchuk 749-2571

#### Birch Hills Lions Club

Ryan Shore 749-2525

Crystal Springs Bingo, will start up  
again in April 2013..watch for details

#### 'Birch Hills Community & Recreation'

'Like' our facebook



page to get activity  
updates. Feel free to add your own  
event or activity info

#### Other Local Facebook pages:

Birch Hills Bargain Basement, Birch  
Hills Mamas, Birch Hills Dance Cen-  
tre, Birch Hills Blackhawks, Birch  
Hills Sportsground Upgrade, General  
Quarters Paintball, Birch Hills Com-  
munity Garden, Birch Hills Sno-  
Posse, Clay Oven Café

#### NEW:

**Birch Hills Co-op** Like them on  
facebook and enter for a chance to  
win a \$50 Gas Card from the Birch  
Hills Coop. Draw to be made on  
March 13th, 2013.

'Like' these pages to become part of  
these groups activities and events

### Birch Hills Recreation

Laurie Berube, Recreation Director  
Box 280 Birch Hills, SK S0J 0G0  
Fax: 749-2545  
E-mail: birchhillsrec@sasktel.net  
Text or call cell: 749-7451  
Facebook Page: 'Birch Hills Recreation'

Communities that play together,  
...grow together!



### BOUQUETS OF THANKS

\* On behalf of all those that receive Meals on Wheels, Iris Arksey would like to sincerely thank the cooks and the volunteers that deliver the meals...always on time. It is very much appreciated

### Bowling Field Trip!!

Either a Family trip or Ladies Night Out??? Or is there interest for both? Let Laurie or Debbie Braaten know & watch for details for April



### JOB OPPORTUNITY at TLC Daycare

We are looking for someone that can help with odd jobs like shovelling snow, putting up new furniture and fixing things around the daycare. There are no set hours, probably a few hours a month, it would just be when something needed fixing or repaired

Would be a great job for someone retired and looking for a little something to keep them busy.

They can apply at the daycare or send resumes to TLC daycare Box 847 Birch Hills

### Benefit for Denny Trumier in St Louis TONIGHT

#### Build a Burger and Silent Auction

Feb 15th, 4:30-8 at the school

Denny Trumier has been living with unknown medical issues that Canadian doctors haven't been able to diagnose.

Please show your support at the BUILD A BURGER and silent auction to help Denny find the medical care that he needs. Your support will help reduce the financial burden of continuing tests that will hopefully give him some answers. Charitable Donations can be made at the St Louis Advantage Credit Union. Thank You

### BIRCH HILLS CURL-A-DROME CORNER

Mon & Thurs 7:30-9:30pm Mixed League

Tues & Fri 1:30-3:30 Senior League

Memberships inquire within / Drop In Rate \$10.

Now serving "GREAT WEST" draft...even to non members!



Raffle Tickets for Weekend for Four at Waskesiu on sale now

**What did the  
Caveman give to  
his wife on  
Valentines Day?**

**....Answer  
below**

Birch Hills  
Assisted Living  
Units

Project Planning  
For more info  
Contact  
749-3490

### Ughs and



### Kisses!



### CURLING BONSPIELS

Feb 25-Mar 1st Seniors Bonspiel

Entry fee is \$120/team of 4. Includes Monday Luncheon Register by Feb 22

Mar 15-16 OPEN Bonspiel ...meaning Open to anyone 16yrs+ \$160/ team of 4 Includes Saturday Banquet, Cash prizes Individuals wanting to play, inquire at rink. Register by Mar 12

Robyn 749-2951, leave message

### Birch Hills Upcoming Events

Feb **8-16 Brrr Chills Winter Festival**

15 - Sr Hockey Playoff Game #1

15 - St Louis Benefit

16 - Final Winter Festival Day

15 - St Louis Benefit for Denny Trumier

17 - Glad Tidings Special Guest

23 - Old Time Fiddle Dance F&F

25 - Mar 1 Senior Bonspiel

27 - Telemiracle Luncheon

Mar 1 - Ladies Night Out

6 - Sarah Cripps Concert F&F

7-10 Youth Ski Trip Alberta

8-10 Mixed Playdowns

9 - Senior Hockey Alumni

10 - Skating Club Carnival

15-17 Open Bonspiel

19 - Community Booster Mtg

22-24 2 Person Funspiel

24 - Donny Parenteau

5th Annual Two-Person Bonspiel

March 22-24th

**BONSPIEL FULL...COME WATCH**

Saturday Night Wind Up Dance

featuring Donny Parenteau

March 23rd, @ Civic Centre 8pm-2am

Advance tickets \$20 / \$25 at door

Tickets available at curling rink

Midnight Lunch provided, Sorry No Minors