

# HEARTBEAT

The 'Birch Hills Community Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Brahma Insurance, Quayle Pharmacy, Grumpy's Confectionary and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request for mailing list to birchhillsrec@sasktel.net

January 15th, 2014 Issue 62



Greetings Folks, Winter Festival planning is going well and BIG THANKS to those who have been helping to plan.

It is going to be another fabulous week!

Now we just need your participation.
Check out pages 2 and 3 for events and contests. Many events require preregistration. Even if you are not sure, pls contact organizers so they can save a spot for you. Tickets for SnowStomp & Valentines Dinner will be ready for pick up soon. You wont want to miss out these events.

If you have any questions, please feel free to contact me. Cheers,

Laurie Berube, Rec Director



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Now available online at www.birchhills.ca

# BIRCH HILLS FIREMEN'S FUNDRAISER FUNSPIEL & STEW COOKOFF

**January 24 & 25, 2014**Curling - \$40/Team of 4
Stew Cookoff - \$20/Entry



Looking for competition for the stew cook off ...Let's taste what you got!!

REGISTER EARLY!!

For more info or to sign up, call Tracy Lubyk 980–7675

#### Family Curling Funspiel

Sat, Jan 18th, 2014
Starts at 12:00pm
Bring the kids out
to play and learn
the game of curling
Curling Club
members willing to teach

Automated External Defibrillator
(AED) Training
January 18, 2014
8:00 - 1:30pm

St Johns Ambulance in PA with Marty Howe This course is free, only 10 spots available. Looking to fill with Skating & Hockey Coaches

## Birch Hills School... a Bully Free Zone

Donny Parenteau will be visiting our school on his "It Starts with a Dream/Bully Free Zone" Tour Thursday, January 16th, 11:00pm @ Birch Hills School

JANUARY issues of the Birch Hills Community activity newsletter was paid for you by: Sno Posse Snowmobile Club, Marcel & Monique Cousins Farm, Allan & Barbara Haug,

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/ birchhillsrec@sasktel.net/ The cost is \$100 ea sponsor (3/month) for printing, advertising and ensuring that the newsletter stays free for you & the community. Thank you for supporting your local paper.

### Alphabet Soup in Motion

returning... Jan 29 for 6 wks Wednesday evenings 5:30 to 7:30 pm @ TLC daycare.

This program mixes family literacy, healthy eating, and physical movement in a

fun filled program for children 2 - 5 years old and their parents. There are limited spots, pls RSVP Terri Morgan tmorgan.kidsfirst@gmail.com partnered with Kids First

Birch Hills and District Historical Society

#### Annual Meeting and Pot Luck Supper

Wednesday, January 15, 2014

Museum basement Pot luck supper 5:00

Annual meeting to follow

Everyone welcome. We invite people to get involved with their Historical Society. Plans are being made for 2014 Threshing Day and help is needed to continue.

#### BIRCH HILLS SKATING ARENA NEWS

Book a Staff, Family or Birthday Party at the Skating Rink Contact 749-7451 to book today

#### MINOR HOCKEY in BIRCH HILLS

ļ	Jan 15	Novice vs Melfort	6:30pm
ļ	Jan 16	Midget vs Nipawin	7:00pm
	Jan 18	IP Tournament	all day
	Jan 21	Atom vs Hudson Bay	6:30pm
	Jan 24	IP vs Wakaw	6:00pm
	Jan 25	Bantam vs Nipawin	12:15pm
	Jan 26	IP vs Nipawin	12:15pm
ı	Jan 27	Novice vs Star City	7:00pm
ļ	Jan 29	IP vs Cudworth	6:30pm

#### BIRCH HILLS SENIOR BLACKHAWKS HOME GAMES



Sat, Jan 18

vs Meadow Lake Broncos

8:00pm

Fri, Jan 24 vs St Louis Blues 8:30pm

#### DROP IN SCRIMMAGE

Monday Nights

\$1 CANCELLED due to lack of participation. Big Fr. Thanks to Natalie Matheson for her never ending patience for trying to make this happen.

7411 04.

**CORRECTION**: The Birch Hills Good Neighbour Baskets were donated by the Birch Hills Historical Society (not the Community Boosters)

## 3rd Annual Brrr Chills Winter Festival

February 7 - 15th, 2014

The next planning meeting is JAN 27th, 2014!! 7:00pm at the Museum. Contact Rec Office if you can not make it but are interested in helping. 749-7451 or birchhillsrec@sasktel.net

#### SCHEDULE OF EVENTS

Friday: Human Dog Sled Races (3boys, 3girls, 3 generations) Win Cash! Sponsored by Brahma Insurance

**Light Parade** - Light up your Ride! Register with Duane 749-3446 or 960-9937

**Toboganning and Bonfire**: (a) Max Creek Sponsored by McIntyre Construction & RM of BH

Flute & Fiddle - Opening early for race/parade. Regular Open Stage

19th Annual SnoPosse Poker Rally: Breakfast served by Pre-School Group Raffle Table & Food open Saturday:

to all, even if you are not snowmobiling

SnoPitch Ball Tournament: Individuals or Teams must register at Rec Office Sponsored by Lions Club Sunday:

County Gospel: Those wanting to share their gift of song/music contact Innez 749-2716

Potato Supper: you won't want to miss this amazin' Potato & Fixin' Dinner by the Historical Society

Monday: Birchview Nursing Home Winter Carnival - who will be crowned Queen/King, Prince/Princess this year?

(tentative) **Street Hockey**: @ 4pm between the rinks

Family Curling and Snacks - Bring the whole family out to play starts 7pm Sponsored by Curling Club

**Tuesday: Talent Show**: If you have talent and you want to share contact Lyle Mohn 749-7927 to register

Treats for fundraiser sales with the Birch Hills Fire Department

Soup/Sandwich Luncheon: hosted by Birch Hills Seniors Wed All are welcome Games to follow Thursday: Game Night: pick your favorite game, invite your friends and Play! Send in photos for prizes

Friday: Mexican Valentines Fiesta - Ola Amigos! Proceeds towards Birch Hill Recreation Board

Library Pancake Breakfast - Delicious homemade pancakes Event sponsored by Birch Hills Co-op Saturday:

Family Skate with Brrrt Come skate with the festival mascot. Event Sponsored by Cargill Birch Hills

(tentative) Cross Country Skiing @ Golf Course 1pm

**Snow Stomp Family Dance** - Draws, Contests and Dancing for the whole family

WATCH FOR PHOTOS AND MORE INFORMATION ON FACEBOOK - Birch Hills Community & Recreation Page

#### SIGN UP AND GET READY for contests, games and fun in the Brrr Chills Winter Festival

#### Sno-Pitch Tournament

February 9th, 2014

Seeking individuals and teams of 8
No fee for entry, just for fun but
you must register. Call 749-7451.
Weiner roast, chips & pop for players

Event Sponsored by Birch Hills Lion's Club

#### Snow Sculpt Contest:

Register your town address with Lorne 960-2456 by Jan 31st. Sculpture to be ready by February 7th.

Event Sponsored by Mayor, Shirley Ulvild
Cash Prizes 1st \$100, 2nd \$60, 3rd \$40



Enter your name for prizes. The more events you attend, the more chances to win.

Watch for helpers handing out ballots at events.

#### Progressive 50/50

Tickets available @
Brahma Insurance,
Quayle Pharmacy or
from Bud. Money Pot
over \$100 so far

#### Febru-hairy Contest returns....

Who will be awarded title of having the

- Hairiest Legs
- The Sexiest Legs
- The longest Legs
- or the Best Dancing Legs in town

Contest held at the Snow Stomp Family Dance.

Register 749-7451. Prizes to be won

## NEW: Human Dog Sled Races

(3 boys, 3 girls, 3 generations)

Teams do not have to be related. Must be 40 year span between youngest and oldest. 5 'dogs' will pull one on sled and race downtown for prizes and fame.

2 teams have registered already! Contact Rec Office

Event Sponsored by Brahma Insurance
CASH & PRIZES TO BE WON

#### Brrrt Color Contest -

Sponsored by Clay Oven and Knitting Grannies

Color Pages available soon at school, Co-op on online (Facebook). Kids 12yrs under bring your pages to the Snow Stomp Family Dance, February 15 to win your very own Brrrt Bear

#### SNOW STOMP FAMILY DANCE

Festival Wind up, Fun for the whole family Saturday, February 15th @ the Civic Center 7:00 - 12:00am

Tickets available soon at Grumpy's & CIBC. \$10 each Kids under 12yrs supervised by an adult are free. Old time Dancing, Contests, Draws, Midnight Lunch

For More Info Call Laurie @ Rec Office 749-7451



#### BIRCH HILLS COMMUNITY CLUBS

Birch Hills Sno-Posse would like to wish everyone a Happy New Year!!! We are the local snowmobile club in town and will be hosting our **19th ANNUAL SNOWMOBILE RALLY** this year on **Saturday February 8, 2014**. We would like to extend an invitation out to everyone to come to the civic center that day and check out some of the prizes we have to raffle off and our silent auction items.

The Birch Hills Pre-school will also be putting on a pancake breakfast in the morning and serving burgers in the afternoon. Keep an eye out for our posters around town with all the details!! This will be the 19<sup>th</sup> rally the Sno Posse has put on. The snowmobile rally is our only fundraiser for the club. Money is used to maintain the three local snowmobile shacks we have built up over the years. These warm up shacks are welcome for anyone to use. The club also makes donations to local organizations like the curling rink, civic center and fire dept.

This year our snowmobile club brought in a new board of members and we are excited to see new faces and open to new ideas to help continue the strength of our club since it was created.

Contact Sheldon Gordon at (306)749-7645, Mathew Njaa at (306)749-7010 or Jodie Guse (306) 930-7306 for further information about meetings or becoming a member!

#### JOB OPPORTUNITIES

Playground Program Leaders: The Recreation Depart will again host the Summer Playground Program in Birch Hills and Weldon. Candidates will be returning to highschool or post secondary school. Must be 15yrs of age. Preferably interested in careers involving children development. Number of position available pending grant approvals

Golf Course Positions: If you are interested in summer employment on the greens or in the clubhouse....

Send resumes to the Rec Office @ Box 280, Birch Hills or via email at birchhillsrec@sasktel.net

#### BIRCHVIEW NURSING HOME'S LADIES AUXILIARY.

which was organized when it opened in 1983, is still an active group of volunteers in Birch Hills. Among services we provide are Bingo and Hair Care for residents, and funding for 'extras' that help make Birchview Home such a special place to live. Getting volunteer drivers and arranging their schedules for delivery of Meals on Wheels is also faithfully looked after by one of our members.

As well we provide other satisfying volunteer opportunities for local people who are willing to become involved. Most of our funding now comes from monitory gifts given to our club in memory of departed loved ones and is used in various ways for enhancement of Birchview residents' quality of life.

Our meetings are held at 9:30 a.m. the 2<sup>nd</sup> Wednesday of each month in the Birchview Activities room. Why not join us there for a coffee and a meeting to see first hand what we are all about. "*Touching Lives and Lifting Spirits*" is our goal and a fine effort to be part of, and new members are always welcome

#### OLD TIME FIDDLE CONCERT

Monday, Feb 3rd 7:00pm Featuring accomplished Fiddlers Gordon Stobbe and JJ Guy with Cathy Sproule on piano

Birch Hills Sr Hall

Admission at the door \$20 12yrs and under \$5
Limited Seating, Dancing Encouraged

Donations at the door for use of the hall much appreciated. Seats can be reserved with

Marj Graham 749-3391



#### **UPCOMING CURLING BONSPIELS**

Family Funspiel Jan 18 Bring the Kids Firemens Bonspiel Jan 24/25 SCA Sr Playdowns Jan 31/Feb 1 Dominion Playoffs Feb 21-22

Seniors Bonspiel Moved to March TBA Includes luncheon

Ladies Bonspiel March 7-9 Includes Saturday banquet



Open Bonspiel March 15/16
Open to any adult curlers. includes banquet

2 Person Bonspiel March 29/30 Saturday Night Dance & Season Windup

Register at the Curling Rink 749–2951 Curling sheets are available to rent for parties & gatherings. Cost is \$75–350. Contact Robin for more information

# The Birch Hills COMMUNITY BOOSTERS

will meet on Tuesday February 18th, 2014 @ 7:30pm in the Museum Boardroom. (meeting ends 9pm sharp...we promise) ANYONE interested in making town improvements is WELCOME

#### KAISER TOURNAMENT

Saturday, January 25th @ St Louis Senior's Club



Entry Fee \$50/ team \$100, \$300, \$600 Cash Prizes to be won

For information or to Pre-Register call Luc @ 423-5435 or Marc @ 422-8679 or Marcel @ 422-8665

Deadlines for submissions for newsletter are the 10th and 25th of each month. end entries to **birchhillsrec@sasktel.net** or call 306-749-7451

#### EVERY WEEK IN THE HILLS

#### MONDAY

Line Dancing 930-1100am @ the Senior Hall

Bowling at the Senior Hall 2:00 pm Vel 749-3364

T.O.P.S. (take pounds off sensibly) 5-6pm at the Health Centre

Thimbles & Threads Sewing Club 6:30pm @ Birchview Melissa 749-3482

Drop In Co-ed Hockey 2nd & 4th Monday Natalie 960-3408

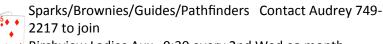
Fire Department Meetings 7pm @ fire hall

#### TUESDAY

Knitting Grannies 2nd & 4th Tues of ea month @ Sr Hall
Karate 7:30pm St Louis Karate Club 422-8665
Library Open 12-4pm and 5-8pm
Community Booster Mtg 3rd Tues of the month Civic Centre 7:30-9pm
St Louis Karate 7-8pm Call 422-8665 or 749-7500
Optimist Club 1st Tues of the month
AWANA Kids 6:45pm @LPBC For Kids 5-12yrs / kind-grade 6

#### WEDNESDAY

Line Dancing all welcome 9:30-11am at the Sr Hall Thrift Shop Open at the Museum 9-4:00pm Great Deals! Coffee & Sweets at the Museum 3:00 pm



Birchview Ladies Aux 9:30 every 2nd Wed ea month

#### THURSDAY

Cribbage at the Senior Hall 2:00 pm Vel 749-3364
Library Open 12 - 4:30pm
St Louis Karate 7-8pm Call 422-8665 or 749-7500
Legion Mtg 2nd Thurs ea month 7pm @ legion hall. New members welcome

#### FRIDAY

Lutheran Church Coffee Break 9:30-11am Bellamy & 4th St
Birch Hills Library Open 12-4:30pm Story time 1:00pm
Flute & Fiddle Steak Night, Open Mic & Karaoke Starts 5pm All Welcome

#### SUNDAY

Ladies Hockey 4:00-5:00pm Laurie 749-7451/Natalie 960-3408

#### SUNDAY WORSHIP SERVICES IN BIRCH HILLS



Birch Hills Community Church @ Civic Centre 11:00am 428 Bellamy Ave 9:30am

Lutheran Church Service (1st, 3rd & 5th Sun of the month) United Church Service (2nd & 4th Sundays of the month) Glad Tidings Tabernacle (Pentecostal) @ 101 4th St 11am

Lake Park Baptist Church @ Hwy 3 11:00am
Saron Lutheran Church near Hagen 9:30am
St Mary's Anglican Church @ 255 McCallum Ave 11:00am
St Anne's Roman Catholic Church @ 255 McCallum Ave 9:00am

#### BIRCH HILLS LIBRARY NEWS

#### Library Hours:

Tuesdays: 12-4 & 5-8 pm, Thursdays & Fridays:

12 to 4:30 pm



<u>StoryTime</u> Every Friday 1:00-1:45pm For kids 3yrs+-

#### **COMMUNITY COMMITTEE CONTACTS**

#### **Senior Hall**

Vel Bompais 749-3364 Hall Rentals

**Birch Hills Royal Cdn Legion** 

Lyle Mohn 749-7927 Rentals
Marlene Lypchuk 749-2571 Member Info
Lions Club

Bruce Tilford 749-7743 Todd Devenis 749-3425

Birch Hills Historical Society

Shirley Ulvild 749-2500

**Community Boosters** 

Stewart & Louise Adams 749-3521



**Dreamland Optimist Club** Stuart Matice 306-314-2378

Community Garden

Ann Woods 306-749-3237

Sparks/Brownies/Guides/Pathfinders

Audrey Matheson 749-2217
Fire Department
Tracy Lubyk
Sno-Posse Snowmobile Club
Jodi or Sheldon Gordon
Birchview Ladies Auxillary

'Like' our facebook page Like to get activity updates.

Feel free to add your own event or activity info

'Birch Hills Community & Recreation'
Other Local pages:

Birch Hills Bargain Basement, Birch Hills Mamas, Birch Hills Dance Centre, Birch Hills Blackhawks, General Quarters Paintball, Flute and Fiddle, Birch Hills Community Garden, Birch Hills Sno-Posse, Clay Oven Café, Birch Hills Co-op, Partie Perks Rental Studio, Community Boosters

NEW Dreamland Optimist Club of BH 'Like' these pages to become part of these groups activities events

#### Birch Hills & District Recreation

Laurie Berube. Recreation Director S0J 0G0 Birch Hills, SK Box 280

Fax: 306-749-2545

E-mail: birchhillsrec@sasktel.net Text or call cell: 306-749-7451

Facebook Page: 'Birch Hills Community &

Recreation'

#### Birch Hills Cowboy Church

@ Community Centre 1st Sunday of each month Next Feb 2nd, 7:00pm Featuring Country Gospel Music with down home bible message. All Welcome. Refreshments to follow. Pastor Rick Martin 981-2235

CROSS COUNTRY SKI TRAILS are open at the Golf Course.



#### **CURLING RAFFLE**

Tickets now available at Curling Rink or from Curling Members.

#### Winner's Choice

Summer Golf Vacation @ Waskesieu OR

Winter Ski Vacation @ Elk Ridge. \$5 ea or 5 for \$20 Draw Date March 22 @ 2 Person Bonspiel Wind up Dance

#### **CURL-A-DROME NEWS**

Monday: Adult Curling 7:00pm Drop In's Welcome Tuesday: Senior League 1:30pm coffee & dessert

Wednesday: 2 Person League sponsored by Brahma Insurance

Thursday: Super League 4/team 7:00pm

Friday: Senior League 4/team 1:30pm coffee & dessert

Drop In's Welcome just \$10, for those that can't commit to

weekly play or just want to try curling

MANY BONSPIELS COMING UP. SEE PAGE 4 FOR COMPLETE LIST

Learn to play Piano Flexible hours to suit you For more info call Mari Graham Call 749-3391

#### **SNOWMOBILERS**

Please spread the word to fellow riders to stay off the golf course. This area

is not

snowmobile permitted.

The riding alone causes problems for the greens and the donuts certainly do not help, let alone ruining trails for the cross country skiers. With alittle cooperation and consideration, we can all enjoy the winter. Thank you and safe riding!

Birch Hills Upcoming Events

Jan 15 - Historical Society AGM & Potluck

- 16 Donny Parenteau Bull Free Zone
- 18 Family Curling Funspiel
  - Soup for Seniors
  - IP Minor Hockey Tournament
  - Senior Hockey Game
- 24 Senior Hockey Game
- 24/25 Firemens Curling Bonspiel & Cookoff
  - 25 St Louis Sr's Kaiser Tournament
  - 29 Alphabet Soup in Motion
  - 31 Register Snow Sculpt address

#### **February**

2 - Cowboy Church

#### 7-16 3rd Annual Brrr Chills Winter Festival

- 7-Human Dog Sled Race, Light Parade, Tobogganing, F&F Open Stage
- 8 Sno-Posse Rally, PreSchool Breakfast
- 9 Country Gospel, SnoPitch, Museum Potatoe Supper
- 10 Family Curling, Street Hockey(?) Birchview Winter Carnival
- 11 Talent Night
- 12 Sr hosted Luncheon & Games
- 13 Family Game Night
- 14 Mexican Valentine Fiesta
- 15 Pancake Brkfst, Cross Country Skiing, Skate with Brrrt, Snow Stomp Family Dance
- 18 Community Booster Mtg
- 22 Soup for Seniors

March 7-9 - Ladies Curling Bonspiel Senior Curling Bonspiel (new date TBA) 15/16 - Open Curling Bonspiel

22 - TLC Daycare/Birchview Art Gala 29/30 - 2 Person Curling Bonspiel & Dance



Funding Assists Recreational Activities in Birch Hills

#### SOUP FOR SENIORS

Come down to the Senior Hall on January 18 and February 22 11:00 - 1:00pm

Lunch will be Served, the Friendship is up to you!



### Birch Hills Guiding Association Fruit Drive

Oranges and Grapefruits for sale. \$10 Half and \$20 for Full boxes available.

If you do not receive a phone call from one of our families by Jan 22, you can phone your order into Audrey @ 749-2217.

Fruit will be available for pick up Feb 6 & 7