

The 'Birch Hills Community Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Quayle Insurance, Quayle Pharmacy, Grumpy's Confectionary and various other businesses downtown. Pick up your free copy and share with a friend.

Send your email address and request for mailing list to birchhillsrec@sasktel.net

January 15th, 2013


Issue 38



Greetings All,
Just five more weeks until the 2nd Annual Brrr Chills Winter Festival begins! Buttons will be available this week. Show your support and help promote our winter fun festival. Activities scheduled for the week, tickets for events and registrations coming soon too...keep watch so you don't miss out on any exciting events. Take care,

Laurie Berube, Recreation Director

RYSC Youth Ski Trip

 Ages 12+ March 7-10
Nakiska Ski Resort
Canmore, Alberta
Cost \$300 per person

Includes 2 Full Days Skiing, Nakiska, Lodging & Transportation

Need more info or want to register, call Kathy at Youth Centre 749-2478

Canada's Double Portion in Concert

Sunday, January 20th 7:00 pm

at Lake Park Baptist Church

Highway # 3 Birch Hills

Freewill Offering

Visit www.lakepark.ca for more info



Curling Family FUN Spiel

Saturday, January 19th

starts 10am \$20 entry fee.

2 kids/team partial teams can register (they don't have to be your kids!)

Borrowing permitted)

Lunch & Treats all day

Please, register with Anna

by Jan 17 749-3425



The Flute and Fiddle presents
Saturday, January 19th
Donny Parenteau in Concert

Family Dinner 6 to 8pm

(no tickets required)

Concert starts 8:00pm

Tickets available at

www.fluteandfiddle.ca or

at the Clay Oven Cafe



Firemen's Funspiel & Stew Cookoff

January 25 & 26, 2013

Entry Fees: Curling - \$40 / Rink

Cookoff - \$20 / Stew

Only 16 curling and 10 cookoff entries will be accepted REGISTER EARLY!!

Deadline to Register is January 20

This is a FUN fundraiser for our local volunteer fire department! Cash Prizes for Stew Cookoff / Door Prizes for

Curlers. For more info, or to sign up, call

Tracy Lubyk 980-7675

This issue of our Community activity newsletter was paid for by you by:

Birch Hills Sno-Posse Snowmobile Club

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 'birchhillsrec@sasktel.net'

The cost is \$100 for printing, advertising and ensuring that the newsletter stays free for the community. Individual & half sponsorships are available. Thank you for supporting your local paper.



Please Share
Paper with a
Friend or Email
your request to
receive the news
letter online

birchhillsrec@sasktel.net

Birch Hills Assisted Living Units

A planning group has proposed an assisted living unit for Birch Hills. The unit will consist of 18-20 assisted living units along with common lounge area, dining area and staffed kitchen and laundry area. The building to house the facility will be 8000 - 10,000sq ft. The group is looking for interested individuals who:

- 1) are interested in living in the facility as "clients"
- 2) may be interested in investing capital in the project
- 3) may invest capital by means of a living will

There are many ways to contribute to this, but it has to start with a proposal. Contact 749-3390 (tel) or 749-3363 (fax)

Box 779, Birch Hills, SK S0J 0G0

IRELAND'S CHARM & HERITAGE TOUR SLIDE SHOW

Thursday, January 31st at Birch Hills Lutheran Church 7:30pm

All are welcome. Coffee served after

Birch Hills Council News

- * Randy Hoback, Member of Parliament for Prince Albert was in Birch Hills on Friday January 11th for a news conference to announce that the grant application has been approved under the Community Infrastructure Improvement fund (CIIF). Funding was applied for through Western Economic Diversification for the installation of a new HVAC system in the Civic Centre. The Civic Centre is a joint facility of the Town and RM of Birch Hills, Barry Evans as Emcee for the event, with MP Hoback making the announcement followed by Mayor Ulvild speaking for the Town, Councillor Rolfes for the Civic Centre Board and Gerald Olsen for the RM, all voiced their thanks for the funding and what it will mean to the community as a whole. A chance to visit and ask questions of the MP followed when coffee and donuts were served.
- * All councillors were present for the regular council meeting on January 8th, 2013.
- * Correspondence was read regarding the notice of the SAMA Annual meeting to be held in Regina on April 16, 2013
- * EPS management report from the Bylaw Officer.
- * Birch Hills Fire Department regarding their Honorariums
- * A new back up pump will be ordered for the water treatment plant
- * 500 yards of gravel will be stock piled by the lift station.
- * **The Town office will be closed on January 16th allowing Tara and Joan to attend the 2013 Assessment Revaluation and Property Tax Policy Workshop in PA**
- * The first meeting in January is the time to tend to the appointments of Auditors for the Town, The Board of Revision, Library Board, Cemetary Board, 2013 Council Committee Appointments, and the council meeting dates for the coming year which have been changed to the 2nd and 4th Wednesday of the month starting in February.

Mayor Shirley Ulvild

SKATING RINK NEWS

The canteen will be open 3:30 Mon-Fri, the grill & deep fryer will be available after 5:00 and will close after the last period of the last game has started or after the last practice has begun. Please feel free to order take out meals for after games or practices before the kitchen closes. Canteen hours will extend to weekends for games, tournaments & special events.

Public Skate Times (pending ice rentals) will be:

Mondays & Wednesdays 3:30 - 5:00pm.

Shared ice: half hockey sticks /half skating only

Tuesdays 12:00 - 1:00 pm Mr Vey supervising

Sundays Family Skate 10-2pm No sticks please

Saturday Shinny 2:00-4:00 when no tournaments or games are scheduled

Remember there is a **public skating fee** of \$3 each or you can purchase a Rink membership for **\$75 family rate** or **\$30** per individual or minor hockey/skating family rate. Please pay at the canteen.

Birthday Party Special minimum 10 kids, 1 hour private ice time, hotdogs, fries & soda. \$150 /party



Contact Laurie 749-7451 for more info or for ice rentals.

BOUQUETS OF THANKS



* We the family of the late Harold Braaten wish to thank Everyone who came to visit and brought food, flowers and fruit baskets. Also to those who came to the service and sent cards and donations in his memory. Thanks also to Dr. DePadua and the staff at the Victoria Hospital for his care and Brian, Bev and staff of the Northern Funeral Services for their kindness at our time of sorrow.

Marj Braaten and Families

* The Birch Hills Medical Facility, Primary Health Care Team would like to sincerely thank the Birch Hills Health Foundation for their generous donation of the CVSM 6400-Blood Pressure, Braun Tympanic and CVSM Mobile Stand that was purchased for the Birch Hills Health Clinic. This machine is used to monitor and regulate patient's vital signs and insure accurate ranges are maintained for blood pressure, oxygen and temperature levels. The cost of this unit was approximately \$4000.

Christine Getz

Prairie Women on Snowmobiles - 2013 Ride

A non-profit organization whose annual missions are provincial awareness events that are designed to focus attention on Breast Cancer and the recreation of snowmobiling as well as raise the much-needed funds for Breast Cancer research. PWOS have contributed 100% of the funds raised in the past 12 missions to the Canadian Cancer Society, providing more than \$1.8million in support of Breast Cancer research. The Canadian Cancer Society is grateful for the support and commitment of the Prairie Women on Snowmobiles over the past decade.

Each Mission consists of a group of 10 volunteer snowmobilers who travel across Saskatchewan, starting at Big River and ending in Saskatoon in eight days and covering approximately 1800kms. Volunteerism is the whole picture of PWOS women dedicating their time, resources and sleds to help make the Missions so successful. PWOS volunteers for 2013 are Candace Blair (Star City), Holly Brotzel (Prince Albert), Diana Darbyshire, Diana Dejarlais (Buffalo Narrows), Amber Edmunds, Jeannette Ens (Warman), Shari Kidney (Tisdale), Connie Kitson (Meota), Gerri Moeller (Meadow Lake), Jamie Sumlic (Tisdale), and Liz Paradzik (Buffalo Narrows)

PWOS needs our support to continue with this mission! Birch Hills has a chance to take part on Sat, Feb 2nd.

PWOS will be meeting at the Lake Park Church @ 9am. Anyone with a snowmobile can join them for their ride into Birch Hills. From 10:00-10:30am. PWOS will be at the Clay Oven Café. CIBC in Birch Hills and the Birch Hills Sno Posse will be presenting a donation and the public is asked to please join them for coffee to show support and donate to this worthy cause. Donations in advance can be made at CIBC or with Sno-Posse Pres, Peter Lubyk 980-7675

BIRCH HILLS BUSINESS HIGHLIGHTS - Birch Hills Sno-Posse

Ever wonder how this community club got its name? In the late 1980s, a few families and friends formed a group (Posse) that was always searching for good snowmobiling conditions (Sno) – and the Posse keeps growing! The club has now grown to around 30 volunteers, all dedicated to promoting the sport of snowmobiling in a safe and family-friendly manner and giving back to the community of Birch Hills.

The Sno-Posse has three warm-up shacks along the banks of the South Saskatchewan River for use in the winter by snowmobilers and in the summer by quadders and canoeists. These cabins are maintained and stocked by our volunteers, with proceeds from our yearly rally. Cabin 10 was the first cabin moved to this area in 1990. The cabin was a granary that belonged to Archie and Brad Brown. An addition was added to enlarge the seating area in 2000, followed by a deck. Due to the riverbank sliding, the cabin was moved a few feet back from the original location in 2009. In the fall of 2012, more landscaping had to be done and outdoor fixtures moved further back from the riverbank due to more sliding. A memorial cairn to Shawn Gordon - one of the founding members - was installed in 2003 and was also moved this past fall so it now rests beside the deck at the cabin. Cabin 10 is probably the most visited cabin as it is only five and a half miles from town. North Point Cabin (or Cabin 15) was added in 1992. This cabin was donated to us by the PA SnoRunner Club. North Point had to be relocated in 1997 to the land of John Hesje. Renovations this past fall made the interior seating area almost double to what it was previously, by moving wood storage outside and removing an interior wall. A new woodshed was built into the bank also. The plow wind of June 2012 hit this area hard and many fallen trees had to be cleaned up by our volunteers; thankfully, no damage was done to the cabin itself or the outside fixtures. The addition of Cabin 5 in 1995 made our set of warm-up shacks complete. The cabin, donated by the Stobbs family, was moved from Waskesiu and situated on Gordon Tomtene's land near Fenton.

The Birch Hills Sno-Posse is committed to giving back to the community. Our volunteers have taught snowmobile safety courses in the past to encourage young riders to obey the rules for safety. The course is available online now; however, if you are interested in attending a safety course, contact a Sno-Posse member for more information.

The Sno-Posse has made many donations over the years to various community projects, thanks to proceeds from our yearly rally. A few of our major contributions have been to the Civic Centre's kitchen renovation; "Rescue 42" stabilization equipment for the Birch Hills Fire Department; a new cooler at Civic Centre; and, most recently, co-funding new windows for viewing area at Curl-A-Drome.

The Birch Hills Sno-Posse is proud to once again host Prairie Women on Snowmobiles. They will be coming through on Saturday, February 2nd, 2013. We hope to see everyone out to support them in their fundraising efforts for Breast Cancer Research.

We would like to thank the community and surrounding area of Birch Hills for their support of our rallies since 1995. Your support allows us to support the community! We look forward to seeing everyone come out again for our 18th annual rally on Saturday, February 9th, 2013! The Sno-Posse is always open to new members, so please call if you are interested in joining the club or just volunteering for the day of the rally. For more information, please call Peter and Tracy at 980-7675 or Ron at 960-4331 or email us at BHSnoPosse@gmail.com.

The **2013 Brrr Chills Winter Festival** will run

February 8 - 16th, 2013

Fri: Light Parade, Tobogganing & Bonfire at Max Creek, Social at Flute and Fiddle w/ Open Jam session
Sat: Sno-Posse Snowmobile Rally, Afternoon Snowga, (tentative) Skate w/ Brrt, Ladies Curling Bonspiel, KG Hotel Entertainment, Teen Dance at Flute and Fiddle
Sun: Sno-Pitch, Country Gospel, Museum Potato Supper, Cross Country Skiing
Mon: (tentative) School Carnival, Legion & Daycare Talent Night
Tues: Curling Night & Karaoke, (tentative) Daytime Weight Loss Motivational Speaker
Wed: Senior Luncheon & Games, (tentative) Street Hockey 6:30-8:30
Thurs: 'Wish I was in Hawaii' Valentines Dinner (Clubhouse Fundraiser)
Fri: Birchview King & Queen Winter Festival, (tentative) Sr Hockey Playoff Game, Flute and Fiddle Open Jam/ tentative After Hockey Party
Sat: Library Breakfast, Snow Stomp Family Dance.



There are many small and big jobs to do. If you would like to be a part of helping before or during the festival, please contact Laurie 749-7451 or email birchhillsrec@sasktel.net.

Just 5 weeks left to sign up or get ready for :

Light Parade *Light up your ride & parade down Main Street or come watch.* Register with Duane 749-3446

Talent Night *Birch Hills, show off your stuff.* Register with Lyle 749-7927

Country Gospel *Be apart of the entertainment or come to enjoy the music.* Register with Inez 749-2716

Snow Sculpting *Create snow art in your own yard. Prizes for best in town.* Register with Danny 749-3540

Sno-Pitch *Gather your friends and play Slow-Pitch in the snow.* Register teams with Karen 960-0035

Febru-hairy Contest *Men & Women compete for the title of 'Hairiest' Legs.* Register with Laurie 749-7451

The final Winter Festival Planning Meeting is **TUESDAY, JAN 29TH, 2013 7:00PM** in the museum basement.

All ages are welcome and encouraged to participate in planning

Winter Festival Curling & Karaoke Night

Tuesday, February 12 7:00-9:00pm

Individuals and/or teams
or partial teams welcome.

No age restrictions.

\$10 for adults / \$5 for 14yrs &
under. Snacks will be served



COLORING CONTEST for KIDS up to 12 and big KIDS that act like KIDS. Get your *Brrt in the Winter Fest* color page at the Birch Hills Co-op this week. Draw & color Brrt in your favorite winter festival event. Enter to win on Feb 16 at the Snow Stomp Family Dance.

FEBRU-HAIRY CONTEST



Open to women and men of all ages who are willing to shave their legs February 1st and be voted the Most Hairiest Legs, Longest or Sexiest Legs and more at the Snow Stomp Family Dance on February 16th. **Dare your friends** and Contact Laurie 749-7451 to register now. Prizes to be won

Wish I was in Hawaii Valentines Luau

Wear your finest Hawaiian attire, limbo, enjoy island cuisine and entertainment. Tickets \$50ea, includes chance to *Win a Trip to Hawaii.*



You must be in attendance and must have valid passport to win. Contact Ethel (749-2668) if you would like to help with set up & clean up of this spectacular Valentines Event. All fund raised will go towards new Golf Clubhouse. Last years event sold out!!

WINTER FESTIVAL PROGRESSIVE 50 / 50

Tickets will be on sale at various businesses in town. Proceeds will be used for winter festival expenses not covered through Sask Lotteries Grant Program. Your support is very much appreciated. Good Luck!

SNOWSCULPTING CONTEST

Build your creation out of snow, register and have the in town address entered into the contest. Vote for your favorite. Contact Danny 749-2478 for more details. Props allowed



EVERY WEEK IN THE HILLS



MONDAY

Bowling at the Senior Hall 2:00 pm Vel 749-3364

T.O.P.S. (take pounds off sensibly) 5-6pm at the Health Centre

Thimbles & Threads 6:30pm at Birchview Melissa 749-3482

Curling Mixed League 7:30-9:30pm 749-2951

Drop in Hockey @ Rink 9:30-11pm \$10 ea Goalies Free Natalie 960-3408

Zumba with Tabitha @ Senior Hall 7-7:45pm \$10 drop in or 10 for \$85

TUESDAY

Karate 7:30pm St Louis Karate Club 422-8665

Library Open 12-4pm and 5-8pm

Knitting Grannies 1pm 2nd & 4th Tuesday of each month @ Senior Hall

Community Booster Mtg 3rd Tues of the month Civic Centre 7:30-9pm

Crystal Springs Bingo (Until Dec 4th) 7:30pm at the Crystal Springs Hall

Senior Curling League 1:30-3:30pm 749-2951

Sparks 6-7pm / Brownies 6-7:30pm Contact Audrey 749-2217

Awana for kids Ages Kindergarten-Gr 6 6:45-8:30.

Call 749-3185 or www.lakepark.ca



WEDNESDAY

Line Dancing CONTINUES 9:30-11am at the Sr Centre

Thrift Shop Open at the Museum 9-4:00pm Great Deals!

Coffee & Sweets at the Museum 3:00 pm

Volleyball School Gym 8-9:30 \$2 Drop In All Welcome

2 Person Precision Curling League Robyn 749-2951

Girl Guides 6:30-8pm Contact Audrey 749-2217



THURSDAY

Cribbage at the Senior Hall 2:00 pm Vel 749-3364

Library Open 12-4:30pm

Curling Mixed League 7:30-9:30pm 749-2951

Pathfinders 6:30-8pm Contact Audrey 749-2217



FRIDAY

Lutheran Church Coffee Break 9:30-11am Bellamy & 4th St

Birch Hills Library Open 12-4:30pm **Story time** for 3 - 4 yr olds 1-1:45

Senior Curling League 1:30-3:30pm 749-2951

Starting Feb 1st Flute and Fiddle Open Jam Session

All are welcome to listen & play

SUNDAY

Family Skate at the Rink 10 - 2pm (subject to change, pending rentals)

Volleyball School Gym 8-9:30 \$2 Drop In All Welcome

If you have something to add to this list, contact Laurie at 749-7451

Cross Country Ski trail
now open at golf course.
Please no walkers, pets,
snowmobilers or snowshoers on the
trails. Thanks



COMMUNITY COMMITTEE CONTACTS

Sr Hall Rentals

Vel Bompais at 749-3364

Birch Hills Sno-Posse

Peter Lubyk 980-7674

Birch Hills Legion

Don Lypchuk 749-2571

Birch Hills Lions Club

Ryan Shore 749-2525

Birch Hills Karate Club

Brett Enns 749-2690

Ladies Night Out

On Feb 9 & 10th the curling rink
is hosting a Ladies Bonspiel.

Even if you've never curled before,
come out and play with new and old
friends.

Call 749-2951 to register

Broomball for Fun...End of March

Are you interested? Looking for
help to organize from anyone who
knows broomball. Contact Laurie
Text or call 749-7451

birchhillsrec@sasktel.net

'Birch Hills Community & Recreation'

'Like' our facebook page to get activity
updates. Feel free to add your own
event or activity info

Other Local Facebook pages:

Birch Hills Bargain Basement, Birch Hills

Mamas, Birch Hills Dance Centre, Birch

Hills Blackhawks, Birch Hills

Sportsground Upgrade,

General Quarters Paintball,

Birch Hills Community Garden,

Birch Hills Sno-Posse, Clay Oven Café



'Like' these pages to become part of
these groups activities and events

Drop In Volleyball will resume again Sundays and Wednesdays
starting, Sun, January 20th.

Deadlines for submissions for newsletter are the 10th & 25th of each month.

Send to birchhillsrec@sasktel.net or call **749-7451**

Birch Hills Recreation

Laurie Berube, Recreation Director
Box 280 Birch Hills, SK S0J 0G0
Fax: 749-2545
E-mail: birchhillsrec@sasktel.net
Text or call cell: 749-7451
Facebook Page: 'Birch Hills Recreation'

Communities that play together,
...grow together!

Karate for all ages with Marcel Lussier
Monday & Wednesday 7-8:00pm
Lutheran Church 420 Bellamy Ave
Registration Jan 28th, 6:30pm,
class to follow @ 7pm.
Call 422-8665 or 749-7500
saskatchewanshotokankarate.com



Watch for details:
Drop in Ladies/Girls **Basketball**
Sunday 6:30-8:00pm Coming soon...

Birch Hills Minor Hockey

Thurs, Jan 17th	7:15pm	Midget Game
Sat, Jan 19th	starts 9am	IP Tournament
Sun, Jan 20th	2:00pm	Atom Game
Thurs, Jan 24th	7:15pm	Midget Game
Sat, Jan 26th	12:30pm	Atom Game
Mon, Jan 28th	7:30pm	PeeWee vs Nipawin Black
Wed, Jan 30th	7:00pm	Midget Girls PA vs Melfort
Thurs, Jan 31st	7:15pm	Atom Game



COME CHEER ON OUR KIDS!!



Funding Assists Recreational Activities in Birch Hills

BIRCH HILLS SENIOR HOCKEY

Fri, Jan 18	Home Game vs St Louis Blues	8:30pm
Sat, Jan 19	Away Game @ Shellbrook	8:00pm
Sat, Jan 26	Home Game vs NorthWest Rebels	8:00pm
Fri, Feb 1	Home Game vs Shellbrook Silvertips	8:30pm
Sat, Feb 2	Away Game @ Whitefish	8:00pm

WATCH FOR PLAYOFF SCHEDULES IN FEBRUARY
GO BLACKHAWKS, GO!



BIRCH HILLS CURL-A-DROME CORNER

Mon & Thurs 7:30-9:30pm Mixed League

Tues & Fri 1:30-3:30 Senior League

Memberships inquire within / Drop In Rate \$10.

Now serving "GREAT WEST" draft...even to non members!



Precision 2-Person Super League Wednesday Nights 7:15-8:30pm
Begins Jan 9th-March 20 16 team limit, \$150 entry/team
\$2500 prize money. Sponsored by Quayle Agencies
Contact Robyn at 749-2951 for private ice rentals, memberships or
other inquiries.

Raffle Tickets for Weekend for Four at Waskesiu on sale now

Lorraine Boger
Perogies for sale
5doz for \$20.
Call 749-3425 to
order.
Proceeds go to
Skating Club

Birch Hills Upcoming Events

Jan	15 - Community Booster Mtg
	16 - Town Office Closed
	18 - Blackhawks Home Game
	19 - Family Funspiel (2adults/2kids)
	- IP Minor Hockey Tourney
	- F&F Donny Parenteau Concert
	20 - Concert at Lake Park
	- Drop In Volleyball resumes
	25/26 - Firemans Funspiel & Stew Cookoff
	26 - Blackhawks Home Game
	29 - Winter Fest Mtg
	31 - Irelands Charm & Heritage Tour
Feb	1 - Febru-hairy Registration deadline
	Blackhawks Home Game
	2 - Prairie Women on Snowmobiles
	8-16 Brrr Chills Winter Festival
	8-10 SHA Minor Hockey Camp
	9/10 - Ladies Bonspiel
	9 - Sno Posse Snowmobile Rally
	25 - Mar 1 Senior Bonspiel
Mar	7-10 Youth Ski Trip Alberta
	8-10 Mixed Playdowns
	10 - Skating Carnival
	15-17 Open Bonspiel

RYSC Youth: Collecting your recyclables.
Call 749-2478 to make arrangements

Christmas Tree Drop Off

Up until January 18th, you
can drop off your used
Christmas trees, at the corner
of Bellamy & 3rd Avenue.



They will be used for the Bonfire at the
tobogganing hill on Fri, Feb 8th, the
opening night of the winter festival.