



# HEARTBEAT

The 'Birch Hills Heartbeat' newsletter is printed bi-monthly and available at the following locations on the 1st and 15th of the month: Co-op Grocery, Brahma Insurance, Grumpy's Confectionary, Quayles Pharmacy, and various other businesses downtown. Pick up your free copy and share with a friend. Send your email address and request to be added to newsletter emailing list to [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net)

**January 1st, 2017**

**Issue 133**

Hello Readers,

As we usher in a New Year, I find myself looking forward, not back. We have many exciting events coming up in the next couple months. With hockey tournaments, curling bonspiels, snowmobile rally, and Winter Festival coming up, there are many things to see and do in our great community.

Until next time,  
*Natalie Matheson*

**JANUARY** issues of the Birch Hills Community activity news letter was provided to you by:  
**-BIRCH HILLS SNO-POSSE**  
**-NORTH CENTRAL WASTE MANAGEMENT CORP.**

**-BIRCH HILLS BARRACUDAS**

If you would like to be a sponsor of the 'Heartbeat' newsletter, contact Laurie at 306-749-7451/ [birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net). The cost is \$100 by 3 sponsors (\$300/mos) for printing, advertising and ensuring that the newsletter stays free for you & the community.

**Seeking Newsletter Sponsors for the New Year!!**

Call 306-749-7451  
Thank you for supporting your community with a free local paper.

Spaces available at the TLC Daycare!!  
We accommodate children from 6 weeks to 12 years.  
Hours of operation - Monday thru Friday  
7:00am - 6:00pm.  
TLC has trained ECE educators that are also trained in CPR and First Aid.  
We offer daily programming, follow the Canada Food Guide for meals, and have an environment that promoted learning and no screen time.  
TLC daycare involved our children in our community with our senior citizens and other community groups.  
TLC daycare offers all of this and more!! A safe, child loving environment with staff who genuinely care!!  
We are also a Charitable Organization and can issue receipts for any donations!!  
Check out our beautiful daycare facility!! We have spaces available today for your child/children. If you have questions please call or drop by.



## COMMUNITY KAISER NIGHT

Every second Thursday,  
beginning November 3  
7:30pm at the Youth Centre  
(Main St)  
Everyone Welcome!

## Birch Hills LIBRARY News

STORY TIME - Fridays w/ Ms Joanne.  
For ages 3 & 4  
Join us each Friday at 1:00pm



**Prince Albert Parkland Health  
Region Volunteer Service  
Opportunities**

The Prince Albert Parkland Health Region is in need of caring, compassionate and committed volunteers to fill service positions.

If you are in any volunteer service positions, or if you have a particular skill or talent you would like to share with patients, residents, or clients in the Health Region, please call your local health care facility to apply. You can also reach the PAPHR Volunteer Services Department at (306)765-6010, by email at [volunteers@paphr.sk.ca](mailto:volunteers@paphr.sk.ca) or find us on the web at [www.paphr.ca](http://www.paphr.ca).

We look forward to matching your talents and interests with the right position for you.



**MANE EVENT Salon & Dance Hall**

**Sack the Quarterback - Progressive Jackpot**

Every Wednesday evening 5-7pm...Draw @ 7:15pm (must be in attendance to win). Food & Drink Specials

We would like to thank everyone for your continued support of our little business! As of January we will be taking a break from the salon for a couple months. We will continue to be open Wednesdays from 5 - 10pm as well as for Events and Rentals.

*Book the Hall for birthdays, anniversaries, reunions, etc.  
Call / Text Kristy 306-749-7405*

**BIRCH HILLS BUSINESS HIGHLIGHTS  
and NEWSLETTER SPONSOR**

**NORTH CENTRAL WASTE MANAGEMENT CORPORATION**

North Central Saskatchewan Waste Management Corporation (NCSWMC), was formed to recycle paper and cardboard for the member municipalities. Over the sixteen years since NCSWMC was formed we have expanded to recycling residential paper, cardboard, plastic and tin cans.

**BIRCH HILLS BARRACUDAS LADIES HOCKEY TEAM**

The Birch Hills Barracudas were formed in 2013. The team includes players from Birch Hills, Prince Albert, Meath Park, Kinistino, Melfort Area, St. Brieux, and Wakaw.



We play against teams from Prince Albert, Wakaw, Melfort, Tisdale, and Humboldt. We are hosting our annual Ladies Hockey Tournament on Saturday January 21st.

**BIRCH HILLS SNO-POSSE**

*The Birch Hills Sno-Posse is a local snowmobile club that will host the Birch Hills Snowmobile Rally on Saturday February 11th, 2017. The executive consists of the following members: President: Mark Evans, Vice-President/Treasurer: Matthew Njaa, Secretary: Tammy Forsyth and 4 Directors: Sheldon Gordon, Cathy Gordon, Chris Braaten and Robert Fossen.*

*The snowmobile club would like to welcome anyone willing to join a great organization. The money raised from the rallies is used to maintain 3 cabins that are strategically located along the river. These cabins are stocked with wood and other survival supplies that make a great outdoor adventure. The club organization also donates money within the community of Birch Hills. This year the club voted on a \$1000.00 donation towards the Birch Hills Curling Club and also a \$1000.00 donation to the Birch Hills Skating Rink.*

*Without the hard work of volunteers none of this is possible. We would like to thank the past and present members for all their hard work and dedication towards this organization.*

*If you have an interest in snowmobiling/ATV, the love of the outdoor environment, or just want to meet folks that have the same interests, this is the club for you.*

*Follow us on Facebook under "Birch Hills Sno-Posse for the latest information on meeting dates and times, and photos of all generations enjoying the use of Cabin 5, Cabin 10 and Northpoint Cabin.*

*The club would like to remind all snowmobilers in the area to respect farmers crop that may be in the field, and no snowmobiling on the golf course as posted.*

*For more information about the Birch Hills Sno-Posse Club contact Mark Evans @960-2569 or Matthew Njaa @ 749-7010.*

## Sack the Quarterback Progressive Jackpot

*Congratulations to the December 21st winner Amanda Murphy who drew the King of Clubs and won \$151, and to the December 28th winner Travis Evans who drew the Nine of Hearts and won \$126.*

Join us Wednesdays at The Mane Event. Tickets on sale 5:00-7:00pm. Draw at 7:15pm. You must be in attendance to win. Tickets \$5 each, 3 for \$10, 8 for \$20



**Next week's Progressive Jackpot starts at \$1837.50.**

Join the 'SACK THE QUARTERBACK' Facebook page for updates, winners and Weekly Specials.

### Interested in Yoga?

**Mon, Jan 9- Feb 13**

**7:40 - 8:40 pm**

### Birch Hills Dance Studio



Hatha yoga practice will focus on core postures, breath work, relaxation techniques, and yoga philosophy. Practice for students with no previous experience of Yoga as well as those with experience wanting to work to improve their yoga practice.

5 class pass \$40.00      Drop in - \$10.00

For further information call, text or email  
Dawne @ 306-961-9073, [dmadams@sasktel.net](mailto:dmadams@sasktel.net),  
Gaylene @ 306-749-7474

### CRYSTAL SPRINGS NEWS

**Bingo:** Thank you for all the support at Bingo 2016. Bingo resumes in Crystal Springs on Tuesday April 4, 2017.



The hall is available for rent. Contact Lynn 306-864-8013

**Coffee Row:** The Crystal Springs Rec Co-op will be hosting a "coffee row" once monthly at their newly renovated facility at Crystal Springs Hall. Next date  
Wednesday January 11th      2:00 P.M. to 4:00 P.M.

# MACKENZIE

FUNERAL CHAPEL & CREMATORIUM  
Proudly Serving Prince Albert and Area Since 1935.

Lunch And Learn!  
Everyone Welcome

Pre-Planning Seminar in Birch Hills  
January 10, 2017 - 12:00PM  
Mane Event Salon & Event Hall

*We will be there when you need us!*  
For Pre-Planning, Monuments or Immediate Assistance  
24 Hours - 306.763.8488      [www.MacKenzieChapel.ca](http://www.MacKenzieChapel.ca)

For more information go to  
[www.MacKenzieChapel.ca](http://www.MacKenzieChapel.ca)  
or call the office at  
1.888.763.8488 or 1.306.749.2248

Please RSVP by January 7, 2017  
By Phone to Brian: 1.888.763.8488 or 1.306.749.2248  
Or by Email to: [Brian@MacKenzieChapel.ca](mailto:Brian@MacKenzieChapel.ca)

**MACKENZIE**  
FUNERAL CHAPEL & CREMATORIUM  
Proudly Serving Prince Albert and Area Since 1935  
130 9th Street East, Prince Albert, SK



Funding Assists Rec Activities in Birch Hills



## EVERY WEEK IN THE HILLS

Open to Community

### MONDAYS

Bowling at the Senior Hall 2:00 pm Dolores Jones 749-2680  
Line Dancing (beginners) all welcome 9:30-11am @ Civic Centre  
Fire Dept Mtgs every 2nd Mon 7pm @ fire hall Kyle Jensen 749-7536  
Dreamland Optimists Group meet 1st and 3rd Mon 7:30pm Sr Ctr

### TUESDAYS

Moms & Tots @ Youth Centre 10am-12pm \$2 drop in fee  
Library Open Weekly 12-4pm and 5-8pm  
Bingo in Crystal Springs 7:30 @ Crystal Springs Hall (till Dec 13)  
Rec Volleyball 8:00-9:30pm @ school gym \$2 to play  
Knitting Grannies meet 2nd & 4th Tues @ museum 1:00pm

### WEDNESDAYS

Line Dancing all welcome 9:30-11am @ Civic Centre  
Thrift Shop Open at the Museum 9-4:00pm Great Deals!  
Coffee & Sweets at the Museum 3:00 pm  
Birchview Ladies Aux 9:30 every 2nd Wed ea month  
Town Council Meetings 2nd and 4th Wed of the month  
Sack the Quarterback Draw 5-7 @ Mane Event

### THURSDAYS

Cribbage at the Senior Hall 2:00 pm Dolores Jones 749-2680  
Moms & Tots @ Youth Centre 9am-12pm \$2 drop in fee  
Library Open 12 - 4:30pm  
Kaiser Nite @ Youth Ctr 7:30pm every 2nd Thurs (starts Nov 3)  
Legion Mtg 2nd Thurs ea month 7pm @ legion hall.

### FRIDAYS

Lutheran Church Coffee Break 9:30-11am Bellamy & 4th  
**(No Coffee Break for the month of January)**  
Birch Hills Library Open 12-4:30pm/ Story time 1-1:45pm 4&5yrs



### SATURDAY

Thrift Shop Open at the Museum 1:00-4:00pm

### St Mary's Anglican Church News

We are hosting a **Community Luncheon** at the Anglican Church on the 3rd Friday of each month from 11am-1:30pm.

Free will offering. Everyone Welcome

The next luncheon is Friday January 20th.



### Birch Hills Cowboy Church

@ Community Centre

1st Sun of each month

Next Service

**Sunday, Feb 5th 7:00pm**

Featuring Country Gospel Music  
with down home bible message with  
Pastor RICK Martin (981-2235)

**Potluck Cookies & Cake to follow**

All are Welcome



The 2017 Graduating Class is planning on holding a bottle drive during the last 2 weeks of February to help support their big day. The funds will be used for the ceremony (Grand March) and banquet, not the safe grad.

Individuals wishing to rid themselves of bottles prior to the final drive in February can drop them off at 25 Birch Drive at anytime.



Lutheran Church Fri day AM Coffee  
Cancelled from December  
16th to the end of January.



Saturday Morning Coffee Row  
at the Youth Centre

7:00am - 10:00am.



## Ladies Curling Bonspiel

February 10th - 11th

Friday night wing night starting at 6:00pm. Everyone welcome.

\$160/team

Olympic Themed



To register, please contact Jodie Gordon @ 930-7306.



## CURLING CLUB BONSPIELS

Open Jan 27/28 **\*\*New Date\*\***  
 Ladies Feb 10/11  
 Masters Mar 8-12  
 2 Person Mar 24/25  
 Seniors bonspiels to be determined.  
 Afternoon, Rec and Competitive leagues starting mid November.

## Blackhawks Senior Hockey News

January 13 8:30pm vs Rosthern  
 20 8:30pm vs Dalmeny



Thanks to everyone who supported the Mackenzie Funeral Chapel & Crematorium Calcutta shoot-out at the Dec 28th game. The winning shooter was Kellen Harper and the winning bidder was Camryn H.

Louis F went home \$610 richer after winning the Investors Group (Rupert Bremner) guaranteed \$500 50/50 at the Dec 28th game.

Thanks to all who enjoyed a laugh with us at the Blackhawks ' 3rd Annual Comedy Night ' and to our Comedy Night sponsors, Crop Production Services and Cornerstone Insurance.

The Blackhawks host the Rosthern Wheatkings Friday January 13th. At 8:30pm. Admission to this game is free courtesy of Carter's Custom Ag.

REGULAR SEASON					
TEAM	GP	W	L	OL	PTS
Rosthern	13	10	2	1	21
St. Louis	12	9	3	0	18
Birch Hill.	11	8	2	1	17
Warman	13	6	5	2	14
Dalmeny	14	6	7	1	13
Cudworth	11	6	5	0	12
Clavet	13	5	8	0	10
Vonda	13	0	13	0	0

Please contact Jamie at 306-980-8687 if you are interested in helping with games

League website: [www.trhl.ca](http://www.trhl.ca).

Like us on Facebook - Birch Hills Sr. Blackhawks

## MINOR HOCKEY GAMES

January 11	Bantam vs Carrot River	6:30pm
January 14	Atom vs Porcupine Plain	11:00am
	IP vs Wakaw	1:00pm
January 24	Pee Wee vs St. Brieux	6:45pm
January 25	Atom vs Tisdale	6:30pm
January 28—29	Novice tournament	
January 29	Midget vs Tisdale	6:30pm

## BRR CHILLS WINTER FESTIVAL

February 16, 17, 18, 2017

Thursday Feb 16 - Birchview Winter Carnival  
 - Museum Meatball and Gravy Supper

Friday Feb 17 - Senior Soup and Sandwich Luncheon  
 - Mac's Creek Tobogganing

Saturday Feb 18 - Library Pancake Breakfast  
 - Windup Family Dance

A full schedule of times, venues and particulars will be posted in the January 15th Heartbeat.

Volunteers needed. To add your event and join in the fun, call Shirley @ 749-2500.

Next meeting Monday January 9th, 2017 @7:30pm in the Museum Boardroom.



## Gospel & Inspirational Music with Ralph Galambos



At St. Mary's and St. Anne's Church  
 Sunday January 8th 7:00pm

Free will offering proceeds to St. Anne's Church and the Birch Hills Ministerial  
 Coffee and Treats to follow.



Laurie Berube,  
Recreation Director

Box 280, Birch Hills, Sk S0J 0G0

Cell: 306-749-7451 text or call  
E-mail: birchhillsrec@sasktel.net  
Facebook Page: 'Town of Birch Hills  
Community & Recreation'  
Town Website: www.birchhills.ca

In Laurie's absence, please send  
your events and information to  
natalie.matheson@outlook.com  
or leave a message at  
306-749-7451.



### NOTICE OF NOMINATION

Nominations will be accepted January 23/2017 to February 03/2017  
for Delegates of The Prince Albert Co-operative Association.

Delegate Positions are available at the following locations:

- \* Domremy (one 3 year term)
- \* La Ronge (one 3 year term)
- \* Paddockwood (one 3 year term)
- \* Shellbrook (one 3 year term)
- \* Smeaton (one 3 year term)
- \* Wakaw (one 3 year term)
- \* Big River (one 3 year term)
- \* Kinistino (one 3 year term & one 1 year term)
- \* Marcelin (one 3 year term)
- \* Canwood (one 3 year term)
- \* Birch Hills (one 3 year term)
- \* Prince Albert (five 3 year terms & one 1 year term)

Nomination forms are available at the Food Store at each location,  
except Shellbrook where they can be picked up at the Agro Center.

Nominees must do the majority of their Co-op purchases at the  
location for which they are nominated, or be a resident of the district.

### Birch Hills Upcoming Events

- Jan 9 - Winter Festival Meeting at Museum
- 20 - Anglican Church Community Luncheon
- 21 - Birch Hills Barracudas Ladies Hockey  
Tournament
- 27/28 - Open Curling Bonspiel
- 28 /29 - Novice MH Tourney
- Feb 4 - Dreamland Optimist Trade Show
- 4/5 - Atom MH Tourney
- 10/11 - Ladies Curling Bonspiel
- 16 -18 - BRRR Chills Winter Festival
- 20 - 24 - School Break
- Mar 4 - IP MH Tourney
- 8-12 - Masters Curling Bonspiel
- 10/11 - Gooser Hockey Tournament
- 24/25 - 2 Person Curling Bonspiel

### FREE LITTLE LIBRARY

Take a book, Leave a book

@ 5 McCallum Avenue and TLC Daycare

Brought to Birch Hills by Kids First out of  
Prince Albert

Dreamland Optimist Club of Birch Hills Presents  
**CUPIDS FEBRUARY TRADESHOW** Sat Feb 4<sup>th</sup> 2017

We are now accepting vendor registrations.

Contact Susan @ 306-941-0400 or [sdutchak3@gmail.com](mailto:sdutchak3@gmail.com)

Or Rosa @ 306-930-1040

Table Fees: \$40/table. Book early so you do not miss out!



Please Share Paper with a  
friend or Send request to  
[birchhillsrec@sasktel.net](mailto:birchhillsrec@sasktel.net) to  
receive the news letter online

### STAY UPDATED

'LIKE' our Facebook page to get activity and  
news updates. Feel free to add your own event or  
activity info on the 'Birch Hills Community &  
Recreation' Facebook page.



Also on Facebook 'Birch Hills SK Golf  
Course'



Follow the Birch Hills Water Treatment Plant on Twitter

Follow the Birch Hills Water Treatment Plant @bhwaterplant on Twitter. Our goal is to try to inform,  
educate and update our community on water issues in general. There is also a blog that expands on the  
water plant's twitter account at: [bhwaterplant.wordpress.com](http://bhwaterplant.wordpress.com). This blog explains the water treatment process more  
in depth and can also be accessed through our twitter account. Please follow us on Twitter and read our blog!